

Sports Specific Safety Check Lists--Fall Season

Cross Country				
	Check For	Date Inspected	Initials	Comments
Facility				
<i>Course</i>				
	Free of debris, ruts, gopher holes			
	Free of overhanging tree branches, limbs, etc.			
<i>Finish Chute/Area</i>				
	Free of debris, ruts, gopher holes			
	Lines and poles in good repair			
	Fill holes in runways			
<i>Course/Flags</i>				
	In good repair, securely anchored			
Equipment				
<i>Golf Carts</i>				
	Available for emergency transport			
<i>AED</i>				
	On site and in working order			
<i>Shoes</i>				
	Proper fit, arch support as needed			
<i>Uniforms</i>				
	Ventilated properly and approximate for temperature extremes			

Football				
	Check For	Date Inspected	Initials	Comments
Fields				

<i>Playing Area</i>				
	Holes, pits, debris			
	Adequate safety space to spectator areas			
Field Equipment				
<i>Pylons, Flags</i>				
	Soft, Pliable, brightly colored			
<i>Goal Posts</i>				
	Padded and removed from end line (competitive and practice goals)			
<i>Yard Marking</i>				
	Sideline markers are soft, pliable			
	Lines, non-corrosive material			
<i>Sanitation</i>				
	Receptacle with biohazard container for refuse with blood			
Player Equipment				
<i>Helmet</i>				
	Current NOCSAE certification.			
	Legal chin strap			
	Proper fitting			
	Proper wearing			
<i>Protective padding and mouth guard</i>				
	Proper fitting and wearing			
	Sanitary use of mouth guard			
<i>Uniform color</i>				
	Adequate contrast for competition			
	Adequate ventilation			
<i>Shoes</i>				
	Proper cleat length			
Practice Equipment				
<i>Charging sled</i>				

	Weld all broken leaf springs and struts			
	Replace broken springs and sleeves			
	Check for metal stress			
<i>Spring-Operated Resistance Machine</i>				
	Secure or isolate when not in use			
	Place warning signs on machine that cite potential danger to limbs and hand inherent in the spring-operated resistance arms			

Golf				
	Check For	Date Inspected	Initials	Comments
	Indoor Nets and Driving Range Nets			
<i>Mesh</i>				
	Prevents passage of ball			
<i>Sign</i>				
	Safety rules for indoor range			
<i>Club Shaft</i>				
	Metal Stress			

Soccer				
	Check For	Date Inspected	Initials	Comments
Facility				
	Adequate space between fields			
	Fields free of debris; holes filled			
	Safety space to keep fans away from sidelines			
	Sprinkler heads recessed			
	Sideline drains covered			
Equipment				
	Goal nets of soft mesh			

	Hooks/Fastening devices not protruding towards field			
	Goal cages securely anchored into ground			
Player Equipment				
	Shin/elbow pads fit properly			
	Shoes properly fit and worn			
	Properly cleat length			
<i>Uniforms</i>				
	Appropriate color contrast			
	Adequate ventilation			

Volleyball				
	Check For	Date Inspected	Initials	Comments
Backboards				
	Retracted			
Electrical Equipment				
<i>Public address and lights; scoreboard, wall plugs, record player, facility lights</i>				
	Powered by emergency generator			
	Ground plugs; ground fault interrupter in sockets			
	Control panels recessed			
Floor and Bleacher Area				
<i>Boards or artificial walkways</i>				
	Handrails in place, defined aisles to highest seating areas			
	Repair splinters and cracks or replace boards			