



NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

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East Carteret Principal Ralph Holloway To Serve As NCHSAA President For 2004-05 Academic Year

CHAPEL HILL—Ralph Holloway, principal of East Carteret High School, will serve as president of the North Carolina High School Board of Directors for the 2004-05 academic year.

Holloway will serve as the Association president, replacing Dr. Ed Sadler in that position. Sadler, superintendent of the Gaston County schools, moves into the role as immediate past president. Dr. Gene Moore, superintendent of the Cleveland County schools, will be vice-president for the coming year.

Holloway, a 1975 graduate of Elizabeth City State University, has been principal at East Carteret since 2001. Prior to that he was assistant principal and athletic director at West Carteret.

Ralph has a great athletic background, too. From 1975 through '83 he was employed by the Kinston City schools in a number of capacities, and then went to Burlington Cummings, where he was highly successful as an assistant football and head women's track coach, four times earning conference coach of the year honors in women's track. His teams won two state titles in that sport.

He left Burlington and returned to Kinston from 1989 to '98, including stints as athletic director and head football coach as well as assistant principal. He was twice named Big East Conference Football Coach of the Year.

Holloway, a nationally certified athletic administrator, was the Athletic Director of the Year in 2002 named by the North Carolina Athletic Directors Association.

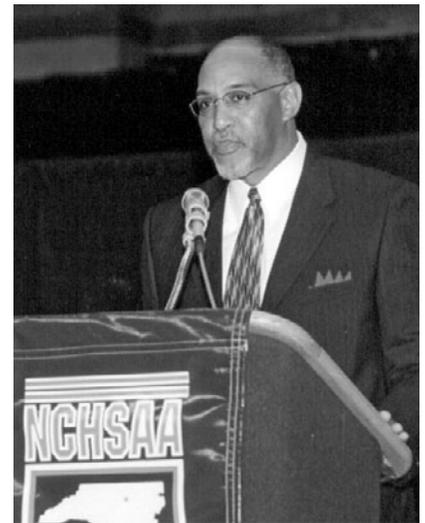
New Board members were recommended by the NCHSAA's Nominating Committee, based on the requirements of the Association's constitution and by-laws. The member schools at eight regional meetings select nominees for consideration across the state, then from among those nominees individuals are selected by the Nominating Committee to fill the available slots and then approved by the membership at the Annual Meeting.

The two new members joining the Board of Directors in 2004-05 are superintendent Jim Watson of Lincoln County, representing Region 6, and superintendent Rodney Shotwell of Macon County representing Region 8.

"We believe that we will continue to have outstanding leadership," said NCHSAA executive director Charlie Adams. "We

certainly look forward to Ralph Holloway stepping into the role as president and we feel sure that he will give us the same sort of great direction we have gotten from our last several presidents. He has certainly been a valuable member of the Board in his previous years of service.

"We are also really excited about the caliber of people who will be joining the Board of Directors, which should help us to maintain an outstanding Board to help us serve our membership."



Ralph Holloway

National Weather Service Develops Information About Excessive Heat

RALEIGH—The National Weather Service (NWS) office in Raleigh, in partnership with the North Carolina High School Athletic Association, has launched a public awareness and education campaign addressing the dangers of excessive heat.

When the topic of deadly weather arises, most people tend to think about high-profile events such as tornadoes, hurricanes and flooding. However, in reality, excessive heat is the number one weather-related killer.

National Weather Service statistics show that heat has led to an average of 237 deaths per year nationwide over the last decade, although it is widely believed that heat-related deaths as well as injuries have been grossly underreported.

Public education on the deadly hazards of excessive heat is the focus of this new awareness campaign. As the first stage of the campaign, the NWS office in Raleigh has sent an information packet to each of the high schools in the 31 counties in central North Carolina served by the NWS Raleigh office.

In addition, a new web site containing additional information, related links, and heat index readings and forecast has been developed which any NCHSAA member school may find helpful.

The website is www.erh.noaa.gov/rah/heat/. You may want to bookmark that for easy reference

Inside This Bulletin

- Final Wachovia Cup Standings
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- and much, much more!

RECORD BREAKERS? Don't forget, if you have any potential state or national listings for the record book, there is a form in the current edition of the FormsBook to send that information for consideration. Help us to make our state and national books as inclusive and complete as possible! Any questions call Rick Strunk at (919) 962-7786. And don't forget to check the latest version of the state record book on line.

NCHSAA Lists Student Services Sportsmanship Winners; Record Number Of Schools Are Ejection Free For 2003-04

CHAPEL HILL—The North Carolina High School Athletic Association has announced the winners of its ninth annual NCHSAA Student Services Sportsmanship Awards.

The winners for the 2003-2004 academic year include Princeton High School in the 1-A classification, while East Bladen High School and North Wilkes High School were co-winners among 2-A schools. Triton High School was named the winner among 3-A schools. There was no award made in the 4-A classification.

To be eligible for the Student Services Sportsmanship Awards, schools had to meet three criteria. First of all, the school could have no players or coaches ejected from any athletic contest during the course of the 2003-2004 academic year. The school also had to receive an overall positive rating from the game officials and booking agents who actually work with the school's athletic program. Finally, the school had to submit an outline or written action plan of how it attempts to promote sportsmanship and positive behavior at its events, and those plans were evaluated by a special committee.

Que Tucker, associate executive director of the NCHSAA and director of the Association's Student Services Division, noted that a whopping 157 schools, almost half of the NCHSAA membership, went ejection free in 2003-2004. That is the best ever, up from 149 the year before and 114 schools in 2001-2002.

The trend has continued to improve since the inception of the program. There were 92 ejection free schools in both 2000-2001 and the year before that. A total of 82 schools were ejection-free in 1998-99, and 75 schools went without an ejection during the 1997-98 year. The guidelines record ejections for unsportsmanlike acts such as fighting, taunting, profanity, obscene gestures or disrespectfully addressing or contacting officials.

"We are certainly pleased to recognize these schools as winners of this honor," said Tucker. "It is part of our continuing commitment to provide opportunities and recognize schools which are promoting the kind of behavior we want to see as part of a wholesome athletic environment."

Several other schools continued long streaks without a single player or coach ejected. Among 1-A schools, Highlands completed its 10th year without an ejection, while the North Carolina School for the Deaf in Morganton finished eight years and Midway seven. Nantahala has had six straight years and Chatham Central five in a row.

In the 2-A classification, Southwest Onslow is working on a string of five consecutive years. Mitchell, Northwest Halifax and Greene Central each have had four straight unblemished years.

At the 3-A level, Mooresville has been without an ejection for four straight years while Southern Durham, North Gaston, Shelby Crest, Nswton Fred T. Foard and Statesville have enjoyed three consecutive ejection-free years.

Among 4-A schools, Fuquay-Varina and Winston-Salem R.J. Reynolds completed four consecutive ejection-free years and Charlotte E.E. Waddell has had three straight.

All schools with no ejections for the year will receive a certificate of recognition. Those schools include:

Region 1 (16 schools): 1-A: Camden, Cape Hatteras, Columbia, Creswell, Farmville Central, Gates County, Jamesville, Mattamuskeet, Perquimans, Plymouth, Roanoke, Southside; 2-A: Currituck, Edenton Holmes, North Pitt; 3-A: South Central.

Region 2 (18 schools): 1-A: Jones Senior, Midway, North Brunswick, North Duplin, Pamlico; 2-A: Newport Croatan, East Carteret, Greene Central, North Lenoir, Northside (Onslow), Richlands, South Lenoir, Southwest Onslow; 3-A: Pikeville Charles B. Aycock, Pender, Southern Wayne, Jacksonville White Oak; 4-A: Havelock.

Region 3 (30 schools): 1-A: Durham School of the Arts, Eastern North Carolina School for the Deaf, Franklinton, North Edgecombe, North Johnston, Northampton-West, Princeton, Raleigh Charter; 2-A: Cedar Ridge, Northwest Halifax, Roanoke Rapids, Southeast Halifax, Warren County; 3-A: Wilson Hunt, Nash Central, Orange, Southern Durham, West Johnston; 4-A: Apex, Cary, East Wake, Fuquay-Varina, Durham Jordan, Raleigh Leesville Road, Raleigh Middle Creek, Raleigh Millbrook, Rocky Mount, Southeast Raleigh, Raleigh Wakefield, Wake Forest-Rolesville.

Region 4 (six schools): 2-A: East Bladen and St.Pauls; 3-A: Harnett Central, Triton, Cameron Union Pines; 4-A: Western Harnett.

Region 5 (28 schools): 1-A: Chatham Central, North Stokes, South Stokes; Thomasville; 2-A: High Point T.W. Andrews, Central Davidson, Burlington Cummings, Graham, Ledford, Lexington, Mayodan Dalton McMichael, Randleman, West Stokes, Western Alamance; 3-A: Bartlett Yancey, Kernersville Glenn, High Point Central, Eden Morehead, Northeast Guilford, Jamestown Ragsdale, Greensboro Ben Smith, Southeast Guilford, Southern Alamance, Trinity, Burlington Williams; 4-A: East Forsyth, Northwest Guilford, Winston-Salem R.J. Reynolds.

Region 6 (20 schools): 1-A: Bessemer City, Cherryville, Highland School of Technology; 2-A: Marshville Forest Hills, Lincoln, North Stanly, West Lincoln; 3-A: Kannapolis A.L. Brown, Lawndale B urns, Shelby Crest, East Rowan, North Gaston, Northwest Cabarrus, Monroe Parkwood; 4-A: Matthews David Butler, East Mecklenburg, Charlotte Garinger, Charlotte Myers Park, Charlotte E.E. Waddell, West Charlotte.

Region 7 (24 schools): 1-A: Alleghany, East Surry, East Wilkes, Elkin, Maiden, North Carolina School for the Deaf, Boonville Starmount, Surry Central; 2-A: Catawba Bandys, Claremont Bunker Hill, East Bend Forbush, Lenoir Hibriten, Newton-Conover, North Wilkes, West Caldwell, West Wilkes; 3-A: Newton Fred T. Foard, Lake Norman, Mooresville, Statesville; 4-A: East Burke, South Caldwell, South Iredell, Watauga

Region 8 (15 schools): Andrews, Cherokee, Hendersonville, Highlands, Hiwassee Dam, Nantahala, Robbinsville, Rosman; 2-A: Chase, Madison, Mitchell, West Henderson; 3-A: Asheville Clyde Erwin, Franklin, Smoky Mountain.

Note Change In Rule As Listed In Handbook

There is an important change in the residence rule that relates to student-athletes transferring and remaining eligible to play the same sport.

Please note this change for page 111 in the 2004-2005 edition of the North Carolina High School Athletic Association Handbook. The change was made by the Board of Directors at its May meeting but had to undergo legal review and thus did not make the deadline for the book.

The rule should read:

- No student may participate at a second school in the same sport during the same sports season, except in the event of a bona fide change in residence of the parent(s) or legal custodian; change in schools must be contemporaneous with change in residence

A student may change schools, but would not be eligible to play in that same sport unless there were a bona fide move involved.

The 20th annual **NCHSAA Day** is set for September 25, 2004, when the University of North Carolina faces Louisville at Kenan Stadium. The University has chosen this day to recognize the Association. Newest members of the NCHSAA Hall of Fame will be introduced and the Wachovia Cup winners for 2003-04 will be honored.

West Nips East In All-Star Football In Greensboro

GREENSBORO—A fake punt proved to be a big difference as the West All-Stars rallied to nip the East 10-7 in the 56th annual North Carolina Coaches Association Oasis Shrine East-West all-star football game at Jamieson Stadium.

The West trailed 7-3 and faced fourth and 12 near midfield with 5:35 to play. But the fake punt saw Brandon Franklin of A.L. Brown in Kannapolis complete a pass to Quentin Cotton of Kernersville Glenn for a 26-yard gain to keep the drive alive. Franklin later scored on a one-yard burst to cap a 14-play, 73-yard drive to cap the victory.

Franklin, headed to Western Carolina, was named the Most Valuable Player of the game.

West quarterback Jadarian Moore of East Gaston completed

11 of 18 passes on the night for 103 yards, while Trinity's John McEachin led the West rushers with 76 yards in 14 trips. The West's top receiver was Jerome Simpson of Reidsville, with seven receptions for 81 yards.

Andre Brown of Greenville Rose, who led the East with 56 yards on nine carries, scored on a 12-yard run with 9:04 to go in the second quarter to put the East on top after Matt Smith of Eastern Alamance had connected on a 34-yard field goal for the West to open the scoring.

Brown's TD climaxed a nine-play, 80-yard march for the East.

The West won its third straight contest and fourth in the last five years. The West now leads the all-time series 33-22-1.

A crowd of better than 9,000 saw the game.

West Captures Pair Of Victories In All-Star Soccer

GREENSBORO—Laura Crews of Northeast Guilford scored the only goal of the game midway through the first half as the West beat the East 1-0 in the 13th annual North Carolina Coaches Association Oasis Shrine East-West women's soccer all-star game at the UNCG Soccer Stadium.

The West women won for the second time in the last three years and now leads the all-time series, 5-4-4.

Crews, who is headed to Charlotte, was named the Most Valuable Player of the game. Western Guilford's Ashley Owens recorded the shutout in goal for the winners.

In the men's game, the West scored a 3-1 triumph to snap its losing streak at four and even the all-time series at 6-6-1. The West's last victory was in 1998.

Southwest Guilford's Zach Haines converted a penalty kick at the 14:04 mark to give the West a 1-0 lead, and then the West made it 2-0 less than four minutes into the second half.

Matt Gipe of Charlotte Catholic, who will attend East Carolina, scored on an assist from Todd Topolka of Greensboro Page. Gipe was named the all-star game MVP.

The East cut it to 2-1 in the 69th minute on a goal by Jonathan Bui of Raleigh Athens Drive, but the West put it away when Hugh Cronin of Winston-Salem Mount Tabor found the back of the net on a penalty kick at 73:18.

The East had a slight edge in shots, 11-10, and both teams had seven corner kicks.

A record crowd of close to 2,000 saw the matches.

East Takes Two In NCCA Basketball All-Star Contests

GREENSBORO—The East swept a pair from the West in action at the Greensboro Coliseum in the North Carolina Coaches Association Oasis Shrine East-West All-Star basketball games.

Wilmington Laney's Tamera Young, headed to James Madison, poured in 29 points and grabbed 15 rebounds to lead the East to an 85-71 victory in the women's game.

The East led by just four at halftime but pulled away in the third quarter as Young scored 17 secondhalf points.

Parkwood's Tiffany Brown paced the West with 23 points.

The East men held off a West rally to post an 85-74 triumph.

The balanced East attack was led by Raleigh Millbrook's Josh Haymond with 13 points, while Garner's James Mays had 11 points and 11 rebounds. Cedric Simmons of West Brunswick, going to N.C. State, was named the Most Valuable Player with 10 points, and Lee Elliott of Person also scored 10.

Jarhon Giddings of Winston-Salem Reynolds led the West with 12 points, while Mooresville's Joe Brice added 11 while Josh King of Trinity scored 10.

The East had an 18-point lead late in the game and the West rallied to within nine but could get no closer.

Record Crowd At AD Breakfast During Clinic

GREENSBORO—The week of the North Carolina Coaches Association clinic in July was also an eventful one for the North Carolina Athletic Directors Association.

Jerry McGee, executive director of the NCADA, reported that a record number of 240 attended the athletic directors' breakfast during Clinic Week.

A total of 64 athletic directors took LTC classes and 10 took the certified athletic administrator exam. There were also 60 attending various NCADA committee meetings and about 50

participating in the organization's mentoring program.

"We are really excited about the participation and involvement of our athletic directors," said McGee, "and we also appreciate the great support from the North Carolina High School Athletic Association."

Jerry also attended the second Executive Directors' Summit, held in August at Cape Cod. The event brings together leaders of athletic directors' organizations from across the country to share information and ideas.

In Memoriam

This is information of which the NCHSAA has been made aware since the publication of the last Bulletin. We appreciate all those who share information with us for the benefit of our membership.

Waverly Van Dorn Jones

PINE LEVEL—Waverly Van Dorn Jones, long time teacher and coach, died in May at the age of 69.

He began his career as a coach in Martin County and then went to North Johnston High School when the school opened. During his career there he was a teacher, coach, athletic director and assistant principal.

A U.S. Army veteran, he was also very active at the Pine Level Free Will Baptist Church, where he was a long-time member.

Mike Trifaro

PITTSBORO—Northwood High School principal Mike Trifaro died in June at the age of 37.

Trifaro was a native of New York who started at Northwood in 1993 as a social studies teacher. He became assistant principal at Northwood after six years and then assumed the principalship in 2001.

He had been an assistant football coach and had also coached wrestling during his career.

Donations may be made to the Mike Trifaro Memorial Fund at Central Carolina Bank, Box 399, Pittsboro, NC 27312.

Billy Lyles

ROCKINGHAM—Former teacher, coach and official Billy Lyles died in June after years of declining health.

He was born August 23, 1931 in New York City, a son of the late Cecile C. Lyles and William O. Lyles, Sr.

Lyles was a graduate of Wake Forest College, where he played baseball and was co-captain of the 1954 Southern Conference championship basketball team. After serving in the US Army, he was for 28 years a US Probation and Parole Officer. He coached basketball at St. Pauls and for many years was an outstanding basketball and football referee.

He was a member of the First United Methodist Church in Rockingham and a Paul Harris Fellow in the Rockingham Rotary Club. A person who thrived on helping others, he was a part-time instructor for many years at the Samaritan Colony, where he was also a member of the board of directors.

Memorials may be made to First United Methodist Church, PO Box 637 Rockingham, NC 28380 or to Samaritan Colony, 136 Samaritan Dr. Rockingham, NC 28379.

Dwight Duff

HOLLY RIDGE—Dixon High School coach Dwight Duff died suddenly in mid-July of an apparent brain aneurysm at the age of 59.

He had coached at Dixon for 22 years and coached women's varsity basketball and softball during the 2003-04 school year.

A devoted family man, Duff was coaching at his high school alma mater.

Nick Williams

GREENVILLE—Nicholas A. Williams, 17, died in mid-July.

Nicholas was a rising senior at J.H. Rose High School, where he was a kicker on the football team, as well as being a member of National Honor Society and other clubs. He also was a member of Boy Scout Troop 30 of Jarvis Memorial United Methodist Church.

The family requested that in lieu of flowers, donations be made to Rose Football, c/o J.H. Rose High School, 600 W. Arlington Blvd., Greenville, N.C. 27834; or to Boy Scout Troop 30 of Jarvis Memorial United Methodist Church, 510 S. Washington St., Greenville, N.C. 27834.

Carl James

CHARLOTTE—Former Big Eight Conference commissioner Carl James died in early July.

A graduate of Raleigh Broughton and Duke University, he earned seven varsity letters in football and track for the Blue Devils.

He had an outstanding career in athletic administration, serving as athletic director at both Duke and Maryland. He served as executive director of the Sugar Bowl Classic.

He has previously been honored for his contributions by the North Carolina High School Athletic Association.

Marvin "Skeeter" Francis

WINSTON-SALEM—Long-time Atlantic Coast Conference assistant commissioner Skeeter Francis died in early July at the age of 82.

A native of Durham, he was associated with the great state powerhouse basketball teams at Durham High as manager. He attended Wake Forest and later was the assistant sports editor of the Durham Morning Herald.

From there he became sports information director at Wake Forest, a position he held from 1955 until '68, when he joined the ACC and stayed with the league until retiring in 1989.

He is a charter member of the College Sports Information Directors Hall of Fame and a past president of the North Carolina Sports Hall of Fame.

Sports Nutritionists Are Now Available For NCHSAA Member Schools

Proper nutrition and hydration are essential to getting the most out of your athletes. You want to teach them to eat and drink the right way, but where do you start?

The American Dietetic Association and Gatorade have teamed up to create the Performance Challenge—a new tool that sports nutritionists can bring to your team and teach them about good nutrition and hydration in a fun, fast-moving way.

Getting a nutritionist to your school is only a few clicks away...

–Visit www.performancechallenge.com

–Type your zip code into the Nutritionist Locator to find someone in your area

–Select a nutritionist from the profiles presented to you

–Wait for the nutritionist to contact you and set up a presentation

The Performance Challenge is an interactive presentation containing questions on food, performance, hydration and safety. Athletes are split into teams and compete to correctly answer general and sport-specific questions on a variety of topics.

Questions about the program may be directed to: performancechallenge@fleishman.com.

NCHSAA Member Schools Web Sites Recognized Nationally

North Carolina High School Athletic Association member schools often excel on the playing court or field, but that's not the only place NCHSAA schools have received recognition lately.

iHigh.com, the national high school internet network of which northcarolina.ihigh.com is a part, recognizes the Top 100 Websites in the country and awards each of the winners the Five-Star School Award.

Richard A. Ford, chief executive officer of iHigh, and Tim Campbell, chief operating officer, have announced that almost 30 North Carolina schools earned the Five-Star Award, in recognition of excellence in bringing the high school experience online.

The NCHSAA schools earning the honor for the 2003-2004 academic year include Cary, East Lincoln, East Surry, Franklin, Garinger, Greene Central, Burlington Cummings, Monroe, Mount Pleasant, Myers Park, North Iredell, North Pitt, Northside (Jacksonville), Parkwood, Richlands, Rocky Mount Senior, Sanderson, Scotland, South Johnston, South Mecklenburg, Southeast Guilford, Southside, SouthWest Edgecombe, West Stokes and White Oak.

2003-2004 Wachovia Cup Winners Announced

Wachovia Bank, N.A., along with the North Carolina High School Athletic Association, has announced the final standings in the Wachovia Cup competitions for the 2003-2004 school year.

The Wachovia Cup award, sponsored by Wachovia Bank, N.A., and the NCHSAA, recognizes the high schools that achieve the best overall interscholastic athletic performance within each of the state's four competitive classifications. The Wachovia Cup program has concluded 25 successful years.

Durham School of the Arts reclaimed the 1-A cup, beating out perennial power Hendersonville. In the 2-A classification, Charlotte Catholic secured its sixth straight Wachovia Cup. Monroe Weddington inched past East Chapel Hill in the 3-A classification to break the Wildcats' five-year hold on the Cup. In the 4-A classification, Charlotte Providence clinched the top spot over Southeast Raleigh.

In the 1-A classification, Durham School of the Arts won a state championship in women's track and finished second among 1-A schools in men's tennis. DSA also tied for second in women's soccer to total 432.5 points for the year. Hendersonville remained in the runner-up position with a fifth-place finish in women's track, a sixth-place finish in men's track and sharing the sixth-place position in baseball with Surry Central to compile 362.5 points. Surry Central locked into third at 335 points, with a third-place finish in women's track and a tie for seventh in men's track.

In the 2-A classification, defending champion Charlotte Catholic dominated with 530 points, resulting from state championships in men's tennis and men's golf and a tie for third in women's soccer. West Henderson secured second place with 355 points, finishing fourth in women's track and sixth in women's soccer. Burlington Cummings moved into third place after finishing third among 2-A women's track teams and placing seventh in men's track.

In the 3-A classification, Weddington won the Cup with 522.5 points. Weddington had a strong spring by tying for fifth in men's golf, tying for sixth in women's soccer and softball, and finishing seventh in men's track. Weddington kept East Chapel Hill in the second-place position with 507.5 points. East won a state championship in women's soccer and finished second among 3-A men's tennis teams. With 365 points, Skyland T.C. Roberson claimed third place after placing second in men's track, tying for third in

women's soccer, and tying for sixth in baseball.

In the 4-A classification, Charlotte Providence with 469.17 points outdistanced Southeast Raleigh to take the top spot. Providence shared third in men's tennis and the seventh-place spot in men's track while taking sixth in women's track. Southeast Raleigh inched past the Chapel Hill Tigers for the runner-up position with 370 points by winning a state championship in men's track, tying for third in women's track and for sixth in women's soccer. Chapel Hill finished second in men's tennis and eighth in men's golf to secure third place with 360 points.

Wachovia Cup points are determined by a system based on performance in state-championship events. All schools that finish in the top eight positions (plus ties) earn points. In the playoff events involving teams from more than one classification, Wachovia Cup points are

awarded based on the school's standing against other schools in its own classification. If fewer than eight schools from a classification compete in a sport, only those schools that are represented are eligible to receive the Wachovia Cup points. Points are awarded for all sports as follows: 50 for first, 45 for second, 40 for third, 35 for fourth, 30 for fifth, 25 for sixth, 20 for seventh, 15 for eighth. In the event of a tie, the schools receive an equal number of points based on the number of teams that finish higher in the standings. Five points are awarded for each sanctioned sport in which a school competes.

Wachovia Cup standings are announced three times each school year: once after the fall and winter sports, concluding with the winner after the spring sports season ends in June. The engraved silver cups are presented during NCHSAA Day activities at UNC-Chapel Hill each fall.

NCHSAA WACHOVIA CUP FINAL STANDINGS 2003-04 ACADEMIC YEAR

1-A CLASSIFICATION

SCHOOL	POINTS
1. Durham School of the Arts	432.5
2. Hendersonville	362.5
3. Surry Central	335
4. Albemarle	292.5
5. Elkin	275
6. West Davidson	250.5
7. Hayesville	242.5
8. East Surry	240
9. Mount Airy	227.5
10. Polk County	225
11. North Brunswick	210
Seven Springs Spring Creek	210
13. Williamston	205
14. Farmville Central	202.5
Siler City Jordan-Matthews	202.5

2-A CLASSIFICATION

SCHOOL	POINTS
1. Charlotte Catholic	530
2. West Henderson	355
3. Burlington Hugh Cummings	335
4. High Point T.W. Andrews	327.5
5. Brevard	295
6. Reidsville Senior	265
7. Salisbury	263
8. Western Guilford	255
9. Wilkes Central	245.5
10. Hibernian	242.5
11. North Rowan	222.5
12. North Henderson	220
13. Shelby	210
14. Edenton John A. Holmes	202.5
15. Greene Central	197.5

3-A CLASSIFICATION

SCHOOL	POINTS
1. Weddington	522.5
2. East Chapel Hill	507.5
3. Skyland T.C. Roberson	365
4. Jamestown Ragsdale	347.5
Southwest Guilford	347.5
6. Hickory	297.5
7. West Brunswick	280
8. Burlington Williams	277.5
9. Asheville	275
10. Mooresville	245
11. Kings Mountain	240
12. Shelby Crest	237.5
13. Wilson Fike	222.5
Greensboro Ben L. Smith	222.5
15. Clayton	220

4-A CLASSIFICATION

SCHOOL	POINTS
1. Charlotte Providence	469.17
2. Southeast Raleigh	370
3. Chapel Hill	360
4. Raleigh Broughton	320
5. Winston-Salem Mount Tabor	305
6. Greensboro Page	297.5
7. Charlotte Myers Park	277.5
8. Wilmington Hoggard	270
9. Watauga	257.5
10. Greensboro Grimsley	237.5
West Charlotte	237.5
12. Raleigh Millbrook	235
13. Greenville J.H. Rose	227.5
14. Morrisville Green Hope	225
15. Charlotte Independence	217.5

DON'T FORGET THE WEB SITE! Check out the North Carolina High School Athletic Association's site at www.nchsaa.unc.edu for all sorts of important information, including updated regional assignments and locations in several sports and the latest brackets.

Spring Scholar-Athlete Winners Named By North Carolina High School Athletic Association

CHAPEL HILL—Almost 7,000 individual awards have been earned by students for the spring semester from the North Carolina High School Athletic Association for achievements in the classroom as well as on the playing court or athletic field.

The NCHSAA made the awards in its Scholar-Athlete program, which includes recognition of varsity teams which attain certain grades as well as individual athletes.

A total of 3,353 student-athletes earned the individual Scholar-Athlete award, and 208 varsity teams in sports captured team honors.

Individual Scholar-Athletes attained at least a 3.5 grade point average for the semester in which he or she competed. The award is based on first semester grades for fall and winter sports and second semester grades for spring sports, and the school submits the nomination form verifying the grade point average on behalf of the athlete or team.

In the team division, a varsity team earns Scholar-Athlete recognition by attaining a 3.1 aggregate GPA for that designated semester. The school receives a certificate from the Association honoring the accomplishment and each member of the squad will also receive a certificate. A total of 3,354 individual awards were

given in this category.

A minimum of five individuals is necessary to constitute a team, and all team members must be included in figuring the team GPA. The team achieving the highest grade point average in the state in its particular sport and submitting its application by the appropriate deadline receives a plaque commemorating that achievement.

West Rowan captured two top awards, in women's soccer and men's track, and the West Stanly men's tennis team compiled a brilliant team GPA of 3.964.

"We are very proud of the achievements of the students involved in our Scholar-Athlete program," said Charlie Adams, executive director of the NCHSAA. "We think this is definite proof that we have a tremendous number of athletes that are playing sports and succeeding in the classroom."

The Scholar-Athlete program recognized almost 20,000 individuals during the course of the 2003-2004 academic year. This recognition has been a part of the NCHSAA program for 18 years

NCHSAA SCHOLAR-ATHLETE TEAM AWARD WINNERS NCHSAA Spring Sports 2004

SPORT	SCHOOL	GRADE POINT AVERAGE
Softball	Eden Morehead	3.730
Baseball	Greensboro Page	3.711
Men's Tennis	West Stanly	3.964
Women's Soccer	West Rowan	3.800
Men's Track	West Rowan	3.600
Women's Track	North Wilkes	3.733
Men's Golf	A.L. Brown	3.654

Student Honored By Durham Sports Club In Sportsmanship Program With Russell Blunt Award

DURHAM—Southern Alamance High School's Brooke Isley is the ninth annual state winners in the North Carolina High School Athletic Association's "Be A Good Sport" program sponsored by the Durham Sports Club.

The winners were recognized at the Durham Sports Club's luncheon meeting at the Croasdaile Country Club in June. The award is known as the Russell E. Blunt Be A Good Sport award, in honor of the late long-time Durham Hillside coach who is a member of both the NCHSAA Hall of Fame and the National High School Sports Hall of Fame.

Isley was nominated by Southern Alamance counselor Brian Williams and selected as a finalist for the award, along with several others, by an NCHSAA committee. Then a special committee of the Durham Sports Club selected Isley as the overall statewide winner. Every school in the state was given the opportunity to nominate a student-athlete who exemplifies the ideals of sportsmanship.

The Southern Alamance athlete participated in volleyball and softball during her prep career, earning all-conference honors in both sports. She is a two-time conference player of the year in softball and is led her team into the NCHSAA state softball championships at Walnut Creek.

She was also the valedictorian of the senior class at Southern and served on the DREAM (Daring to Role Model Excellence as Athletic Mentors) Team.

In nominating Isley, Williams noted, "Brooke personifies the meaning of the term 'champion' in so many ways-athletically, academically, and in terms of sportsmanship. She always deflects personal honor in favor of her team and is a wonderful role model for young athletes in our community."

Southern Alamance received a cash donation for its athletic budget as a gift from the Durham Sports Club in honor of their student-athletes.

North Carolina Staff Members Attend NFHS Summer Meeting

SAN DIEGO—A number of North Carolina High School Athletic Association staff members attended the 85th annual National Federation of State High School Associations Summer Meeting here.

Executive director Charlie Adams, deputy executive director Dick Knox, associate executive directors Que Tucker and Rick Strunk, assistant executive director Carolyn Shannonhouse and director of development Karen DeHart all attended the conference, which was held at the San Diego Marriott Hotel and Marina.

Staff members attended general sessions, available for all delegates, as well as specific breakout sessions and workshops. Strunk was a speaker at a workshop on "handling difficult people" and DeHart addressed a workshop about game promotions and game ticket sales. Tucker helped lead a workshop on the role of coach as character educator.

Among other offerings were a technology workshop, a current issues forum, round tables for executive directors, associates and assistants, and sports information directors.

There was a workshop related to hazing, one on officials' accountability, sportsmanship programs and "the changing face of schools."

All members of the North Carolina group attended the National High School Hall of Fame ceremonies on the last night of the conference. Charlie Adams of the NCHSAA is a previous inductee into that prestigious Hall.

MEN'S TENNIS



Mount Airy's John, Elkin Doubles Win 1-A Men's Tennis Championships

CARY—Second-seeded William John of Mount Airy knocked off top-seed and defending champion Shawn Kwatra of the Durham School of the Arts in straight sets to win the North Carolina High School Athletic Association state 1-A singles tennis championship at the Cary Tennis Center.

It was the fifth NCHSAA state singles championship by a Mount Airy men's player in the last 12 years.

The top-seeded doubles duo of Alex Woodward and Matthew Mariani of Elkin lost only three games in four sets on Friday and continued their stellar play to win the doubles crown. The Elkin pair beat Northwest 1-A Conference rivals Luke McCann and David Murphy of East Wilkes in the championship match in straight sets of 6-1.

Brevard's Cloer, Greene Central Doubles Team Take 2-A Tennis Championships

CARY—Top-seeded Chris Cloer of Brevard finished strong to take the singles title in the North Carolina High School Athletic Association men's 2-A tennis championships at the Cary Tennis Center.

Cloer defeated Western Guilford's David Sutton 6-1, 7-5 in the championship match. Cloer trailed 5-3 in the second set but rallied, winning the last four games to earn the title.

A sophomore and the 2003 2-A singles runner-up, Cloer lost only three games in four sets on the first day.

The top-ranked pair of Andrew Hulbert and Brent Darden of Greene Central, which finished as state runners-up last year, took the championship by sweeping past Charlotte Catholic's Paul Bartholomy and Brandon Lamoureux, 6-2, 6-1.

Hulbert, a senior, and Darden, a junior, earned Greene Central's first-ever NCHSAA tennis state title.

Southwest Guilford's Schermerhorn, East Chapel Hill Duo Win In 3-A

BURLINGTON—Mason Schermerhorn of Southwest Guilford captured the singles championship on a brutally hot day in the North Carolina High School Athletic Association state 3-A men's tennis championships at the Burlington Tennis Center.

Schermerhorn, the fourth seed, defeated top-seeded Dan Greenberg of East Chapel Hill in a morning semifinal. Then the Southwest Guilford standout beat Daniel's brother Mike in the state championship, beating him 6-4, 6-2 and overcoming cramping problems to do so.

Players from the Mideast Regional were dominant in the state 3-A tournament, as three of the four semifinalists in both singles and doubles came from that regional. In fact, in the entire state tournament no Mideast player lost to anybody other than another qualifier from the Mideast.

The East Chapel Hill doubles duo of Robbie Paul and Jeff Archer played great tennis in winning the state title, outlasting conference rivals Brent Mills and Shaun Sumner of Burlington Williams in a tight championship match, 4-6, 6-3, 7-5. There were several service breaks in the third set but neither team could get the momentum going to blow it open.



Broughton's Plyler Makes Fourth Trip Successful; Terry Sanford Duo Wins

CHAPEL HILL—Top-seeded Will Plyler of Raleigh Broughton made his fourth trip to a state singles final successful as he took the title in the North Carolina High School Athletic Association state 4-A tennis championships at the Cone-Kenfield Tennis Center at the University of North Carolina on a blisteringly hot day.

Plyler got past Winston-Salem Mount Tabor's Dudley Colhoun in a morning semifinal and then topped Watauga's Bobby Lake, the third seed, in straight 6-2 sets for the championship.

Plyler qualified for the finals in the three previous state tournaments but finished as runner-up each time. A Broughton player has now made the championship match seven years in a row, and the NCHSAA 4-A men's singles title has been won by a Broughton player seven times in the last 16 years.

The Fayetteville Terry Sanford pair of Andy Orban and Kenny Warner, the top seeds in doubles, took that crown over the defending champions. Orban and Warner downed Brian Edmundson and Matt Stein of Raleigh Broughton, 6-3, 6-3.

TRACK AND FIELD



Durham School Of The Arts, Heide Trask Take Team Titles In 1-A Track And Field

RALEIGH—Philip Hardman was chosen as the meet Most Valuable Performer, leading Rocky Point Heide Trask to its first-ever state championship as Trask cruised to victory in the North Carolina High School Athletic Association state 1-A men's track and field championships at the Paul Derr Track on the N.C. State campus.

Trask rolled up 97 points to 64 for runner-up North Brunswick, while Chocowinity Southside was third with 62. Hardman took first place in both the 400 meters and the long jump.

Murphy's Mark Dewese won a pair of races, taking top honors in both the 800 and 160. Farmville Central's Robert Brady set a new state 1-A record in the discus, shattering the old mark by seven feet.

Durham School of the Arts earned at least a share of the women's team title for a third consecutive year, rolling to victory by a 41-point margin. DSA won the title outright in 2002 and this year and finished in a dead heat with South Stokes for the crown in '03.

South Stokes was the runner-up with 55 points while Surry Central was third with 51.

Princeton's Summer Graham was the women's MVP, winning both distance races at 1600 and 3200 meters. Evette Brown of South Stokes was also a double winner, taking both the 100 and 200 events.

OUR NATIONAL INTERNET PARTNER, ihigh.com, has some great information about high school athletics in our state. Don't forget to visit northcarolinaihigh.com for championship results, feature stories and lots of interesting updates on what's happening in our state. There is also a link directly off the NCHSAA site.

Tillman Leads North Rowan Men: High Point Andrews Edges Northside Onslow In Women's 2-A

RALEIGH—North Rowan's Andre Tillman was named the Most Valuable Performer as his team rolled to the North Carolina High School Athletic Association state 2-A men's track and field fashion in convincing fashion at the Paul Derr Track on the North Carolina State University campus.

Tillman won the triple jump and the 300 high hurdles while finishing second in the long jump as North rolled to its seventh state crown in the last 11 years. North Rowan tallied a whopping 98.5 points to 42 for runner-up Reidsville. High Point T.W. Andrews was third with 36 points.

Colton Weaver of North Henderson set a new Class 2-A record in the pole vault, clearing 15 feet even. West Caldwell's Willie Perry captured top honors in both the 100 and 200.

High Point Andrews outdueled Northside Onslow for the women's crown. Sarah Portee of High Point Andrews, a double winner in both the long jump and high jump, was named the meet MVP.

Andrews tallied 47 points to 41 for Northside, with perennial power Burlington Cummings third with 38 points.

Hillside Blows Away Field In Women's Competition, Greensboro Smith Takes Men's Honors In NCHSAA 3-A Track

RALEIGH—Durham Hillside put together a dominating performance, rolling with ease to the women's team championship in the North Carolina High School Athletic Association state 3-A track and field championships at the Paul Derr Track at North Carolina State University.

Hillside's depth was no match for the field on the blisteringly hot day, as the Hornets scored a whopping 132 points to win their third consecutive state track championship. Hertford County was a distant second with 37 points and Jamestown Ragsdale placed third with 35.

Hertford's Mae Boone was selected as the Most Valuable Performer in the women's meet. She set a meet record in winning the long jump, also won the 100, and was second in the triple jump.

Portia Baker of Southwest Guilford was also a double winner, taking both the 200 and 400.

The men's race was much closer, with Greensboro Ben Smith holding off Skyland T.C. Roberson for its third straight NCHSAA track crown. Smith had 70 points to 65 for runner-up Roberson. Asheville was way back in third with 26 points, followed by Ragsdale with 25 and Enka with 24.

Jerre Wyatt of Ben Smith led the state champs and was named the men's MVP. He ran on two victorious relay teams, took top honors in the 300 hurdles and was the runner-up in the 110 high hurdles.

Enka's Matt Pritchett took first place in both the 100 and 200.

Harding University, Southeast Raleigh Take 4-A Championships

RALEIGH—It came down to the last event of the day, and Harding University of Charlotte slipped past defending champion Winston-Salem Mount Tabor to win the women's competition in the North Carolina High School Athletic Association state 4-A track and field championships at the Paul Derr Track on the North Carolina State University campus.

Mount Tabor led Harding University by a single point entering the women's four by 400 meter relay, and the two teams ran in the same timed final. But the Harding University team put together a tremendous performance to win the event while Mount Tabor finished 11th.

Harding University finished with 89 points to 80 for Mount Tabor, while Charlotte Vance and Southeast Raleigh tied for third with 49.

Senior Erica Montgomery of Mount Tabor was named the Most Valuable Performer of the women's championships, winning both the

100 and 200 and running a leg on a pair of relay teams that finished second.

Durham Jordan's Kate Merrill was a distance double winner, taking both the 1600 and 3200, while Harding's Kamorean Hayes excelled in the field events with wins in the shot and discus.

Southeast Raleigh's depth helped it cruise to the men's title, with 66 points to 43 for defending men's champion West Charlotte. Raleigh Sanderson was third with 39.5

Johnathan Hancock of West Charlotte was the men's MVP, with a win in the 200 and second place finish in the 100 in addition to participation on a couple of relays.

WOMEN'S SOCCER



Western Guilford Downs Hibriten To Win 1-A/2-A Women's Soccer

CARY—Senior forward Marcy Laliberty of Western Guilford led her team to a 2-0 victory over Lenoir Hibriten for the North Carolina High School Athletic Association 1-A/2-A women's soccer championship at SAS Soccer Park.

Laliberty was named the Most Valuable Player of the championship as she sparked the Western offense. She opened the scoring midway through the first half, taking an excellent pass from Lindsay Rouser and finishing the play for a 1-0 Hornet lead.

Just over 11 minutes into the second half, Nikki Dumencich split a pair of defenders and the 2004 North State Conference Player of the Year hooked a shot into the net for her 31st goal of the season and a 2-0 Western lead.

Western Guilford recorded its 18th consecutive victory and snapped a 19-game Hibriten winning streak. The victorious Hornets won their first NCHSAA women's soccer state championship, finishing with a 19-2 mark under veteran coach George Kennedy. Hibriten closed the season with a 24-3-2 mark.

NCHSAA 7th ANNUAL STATE 1-A/2-A WOMEN'S SOCCER CHAMPIONSHIP SAS Soccer Park, Cary

Hibriten	0	0	—	0
Western Guilford	1	1	—	2

Scoring
21:29 WG-Marcy Laliberty (Lindsay Rouser)
51:05 WG-Nikki Dumencich

East Chapel Hill Rolls Past Parkwood 4-1 To Win Championship In 3-A Soccer

CARY—Kristine Falk scored a pair of goals for East Chapel Hill as the Wildcats downed Monroe Parkwood 4-1 in the North Carolina High School Athletic Association 3-A women's soccer championship at SAS Soccer Park.

The Wildcats broke on top midway through the first half when Elizabeth Williams gathered in a pass from Emme Glenn and pushed it past Parkwood keeper Brooke Hogan to make it 1-0. Parkwood then tied it late in the first half on a penalty kick by Brittany Forshay.

Junior forward Sterling Smith of East Chapel Hill, the school's record single-season goal scorer with 48, initiated a lot of the offensive fireworks in the second half and was named the game's Most Valuable Player. Eight minutes into the second half, she fired a curving shot that was punched out by Hogan, Falk popped a shot on the rebound that was saved but then she connected on the second rebound to make it 2-1.

Paige Morrow scored on another rebound after a Smith shot to up the score to 3-1. Then Falk's second goal of the day closed out the scoring.

East Chapel Hill won its third NCHSAA state title to go with crowns in 1998 and 2000 and finished the season at 26-2-1. Parkwood, in its 10th straight playoff trip but only its second championship visit, wound up 19-2-3.

NCHSAA STATE 3-A WOMEN'S SOCCER CHAMPIONSHIP SAS Soccer Park, Cary

East Chapel Hill	1	3	—	4
Monroe Parkwood	1	0	—	1

Scoring

19:57 ECH-Elizabeth Williams (Emme Glenn)
35:03 P-Brittany Forshay
48:00 ECH-Kristine Falk
71:02 ECH-Page Morrow
78:29 ECH-Kristine Falk (Rachel Zwigcher)

Greensboro Grimsley Downs Defending Champ Broughton To Take 4-A Title

CARY—Greensboro Grimsley won its sixth North Carolina High School Athletic Association 4-A women's soccer championship as the Whirlies downed defending champion Raleigh Broughton 2-0 in the 19th annual title match at SAS Stadium.

Freshman midfielder Holly Presson put the Whirlies on the board just over 20 minutes in to give Grimsley a 1-0 lead. Broughton continued to force the tempo and had numerous scoring opportunities, but was denied repeatedly by Grimsley goalkeeper Anna Rodenbough.

The junior keeper was selected as the Most Valuable Player of the championship. Grimsley allowed just five goals in 21 games this season, including five straight shutouts in the playoffs.

Grimsley went up 2-0 at the 52:14 mark when sophomore forward Lauren Atkinson knocked home a rebound, and that was all the Whirlies needed.

It was the renewal of what has become quite a state championship rivalry between these two schools. It was the eighth meeting between these two soccer powers in the NCHSAA women's championship, with Grimsley winning for the third time against the Caps.

Grimsley finished with a 20-1 mark while Broughton wound up 25-2-1.

NCHSAA STATE 4-A WOMEN'S SOCCER CHAMPIONSHIP SAS Soccer Park, Cary

Greensboro Grimsley	1	1	—	2
Raleigh Broughton	0	0	—	0

Goals

20:07 G-Holly Presson
52:14 G-Lauren Atkinson

SOFTBALL



North Brunswick Wins Third Straight State Title, Beats North Moore In Final

RALEIGH—North Brunswick won its third consecutive North Carolina High School Athletic Association state 1-A softball championship, blanking North Moore 3-0 in the final game at the Walnut Creek Softball Complex.

Senior pitcher Brittney Lehrschall of North Brunswick was named the tournament's Most Valuable Player for the third consecutive year.

Lehrschall picked up all three pitching victories for North Brunswick and did not yield an earned run in 21 innings in the tournament. She tossed a four-hit shutout to beat Camden 9-0 in North's opener, and then went the route on the mound in a 9-1 victory over North Moore in the winner's bracket final on Saturday while also collecting three this and driving in three runs. She also had one of North Brunswick's three hits in the final game.

In the championship, Ashley Pellom's two-run double gave the Scorpions a 2-0 lead in the second and that proved to be all the runs North Brunswick needed. Kelly Goforth was the losing pitcher.

North Moore finished its season at 31-3, losing twice to North Brunswick in the state tournament, while North Brunswick wound up 26-3.

North Moore had advanced into the championship game by slipping past North Lincoln in the losers' bracket final by a 5-0 count earlier. North Moore got a pair of runs in the fourth and two more in the fifth to break open a scoreless game. A perfect bunt by Ashley Marley produced the fifth-inning runs and enabled North Moore to beat North Lincoln for the second time in the tournament.

North Lincoln concluded its season with a 20-8 record.

Camden, which lost both of its games on the first day to fall from the double-elimination tournament, finished fourth.

NCHSAA 2004 STATE 1-A SOFTBALL CHAMPIONSHIPS WALNUT CREEK SOFTBALL COMPLEX, RALEIGH

STATE SEMIFINALS

North Moore 12, North Lincoln 1 (5 innings, 10-run rule)
North Brunswick 9, Camden 0

WINNERS' BRACKET FINALS

North Brunswick 9, North Moore 1

ELIMINATION GAME

North Lincoln 4, Camden 3 (9 innings)

LOSERS' BRACKET FINALS

North Moore 5, North Lincoln 0

CHAMPIONSHIP GAME

North Brunswick 3, North Moore 0

Hannah Angel Leads Defending Champ Forbush To Another 2-A Championship

RALEIGH—Hannah Angel was named the Most Valuable Player as she led her Forbush Falcons to their third consecutive championship of the North Carolina High School Athletic Association state 2-A softball tournament at the Walnut Creek Softball Complex.

Forbush downed North Lenoir 3-1 behind Angel's three-hit, 15-strikeout pitching. The Forbush star also set a North Carolina single-season strikeout record with a whopping 443, breaking the old mark of 429 held by Crystal Cox of Central Cabarrus, now a standout at the University of North Carolina.

Forbush was in the state championship series for the 12th time, now with five state titles and seven runner-up finishes, and the Falcons made their fourth consecutive trip to Walnut Creek.

Brittany Snow's three-run homer in the third provided all the runs that Forbush would need in the final.

Alli Childress and Caroline Wood each had two hits for the Falcons, 30-1 overall. Morgan Worthington was tagged with the pitching loss for North Lenoir, which finished 28-3.

North Lenoir had advanced into the championship game in an exciting extra-inning affair, outlasting East Davidson in nine innings by a 10-6 count earlier on Sunday. East Davidson had taken a 4-1 lead in the fifth with Amanda Beck and Katie Freeman each having hits to drive in two runs apiece. But North came roaring back with a

four-spot of its own in the top of the sixth for a 5-4 advantage.

A solo home run by Ashley Jones in the seventh for East Davidson knotted the contest at 5-5 and forced extra innings, but North Lenoir put it away with five in its half of the ninth.

Worthington had three hits and Chaney Lynch two for North Lenoir, while Paige Coleman was a perfect four-for-four at the plate for East Davidson. East ended its season with a 22-6 record.

Elizabeth City Northeastern, which dropped both its first two games to be eliminated from the double-elimination tournament, finished fourth.

NCHSAA 2004 STATE 2-A SOFTBALL CHAMPIONSHIPS WALNUT CREEK SOFTBALL COMPLEX, RALEIGH

STATE SEMIFINALS

East Bend Forbush 6, East Davidson 1
North Lenoir 3, Elizabeth City Northeastern 2

WINNERS' BRACKET FINAL

Forbush 1, North Lenoir 0

ELIMINATION GAME

East Davidson 9, Northeastern 4

LOSERS' BRACKET FINAL

North Lenoir 10, East Davidson 6 (9 innings)

CHAMPIONSHIP GAME

Forbush 3, North Lenoir 1

Southern Alamance Outlasts Enka In Extra Innings For State 3-A Title

RALEIGH—Carla Rogers rapped a dramatic two-run single to right in the 10th inning and Southern Alamance outlasted Enka 8-6 to win the North Carolina High School Athletic Association state 3-A softball championship in dramatic fashion on Sunday at the Walnut Creek Softball Complex.

Rogers' hit broke a 6-6 tie and lifted Southern to its 30th victory in 32 starts. Enka finished at 30-3.

Southern Alamance's Brooke Isley was named the Most Valuable Player of the championships. She was the winning pitcher in the championship game after shutting out Enka for nine innings earlier in the day only to drop a 2-0 decision. On Saturday, she had been dominating, hurling a pair of victories and striking out 37 in the two contests. She fanned 62 batters during the weekend action.

Southern Alamance, 3-A runners-up in both 2001 and '02, appeared to have the final game pretty well in hand with a 5-1 lead in the sixth. The Lady Patriots tallied four runs in the third, with the key blow a two-run double by Amanda Hodge, and added a single run in the sixth.

But Enka came storming back with four in its half of the sixth, taking advantage of a couple of Southern miscues in the field and a two-run single by Brittany Shetley.

Back-to-back doubles by Amanda Johnston and MaryBeth Ingle propelled Southern to a 6-5 lead in the ninth, but the Sugar Jets countered in their half when Katie Searcy's double scored Whitley Hinson with the tying run.

Amanda Hodge led Southern with three hits and Rogers had two for the Lady Patriots, while Searcy had three hits in five trips and four RBI for Enka.

The climactic game was forced when Enka got a couple of unearned runs in the 10th and won a dramatic 2-0 contest to deal Southern Alamance its first loss of the double-elimination event. Both teams had threatened in the seventh, but regulation play ended at 0-0. Isley allowed five hits and struck out 16, getting just her second loss to go with 24 victories. Sarah Soesbee was the winning pitcher. Enka out-hit Southern 5-3 in the contest.

Harnett Central finished third and Southwestern Randolph fourth, with both of those teams losing a pair of games in the tournament on the first day.

NCHSAA 2004 STATE 3-A SOFTBALL CHAMPIONSHIPS WALNUT CREEK SOFTBALL COMPLEX, RALEIGH

STATE SEMIFINALS

Enka 3, Southwestern Randolph 2
Southern Alamance 1, Harnett Central 0 (12 innings)

WINNERS' BRACKET FINALS

Southern Alamance 2, Enka 0

ELIMINATION GAME

Harnett Central 4, Southwestern Randolph 3

LOSERS' BRACKET FINAL

Enka 3, Harnett Central 1

CHAMPIONSHIP GAME

Enka 2, Southern Alamance 0 (10 innings)
Southern Alamance 8, Enka 6 (10 innings)

Allen Is Most Valuable Player As Central Cabarrus Wins 4-A Title

RALEIGH—Central Cabarrus pitching star Gina Allen was named the Most Valuable Player as she led her Central Cabarrus Vikings to the state title in the North Carolina High School Athletic Association state 4-A softball championships at Walnut Creek Softball Complex.

Allen tossed a five-hit shutout on Sunday afternoon as Central blanked Fayetteville Cape Fear 1-0 to win the Vikings' third NCHSAA crown in five years. Central Cabarrus won back-to-back 3-A titles in 2000 and 2001.

The Central sophomore earned her 29th pitching victory of the season and won all three Central games in the state championships.

Central Cabarrus scored the only run of the game in the bottom of the fourth. Destiny Covington singled and a sacrifice bunt moved her to second. A single by Karie Pushard moved Covington to third and she scored on a throwing error.

Kim Page was charged with the loss but did not give up an unearned run in the state championships. Central had beaten Cape Fear on Saturday by a 2-1 count with a pair of unearned runs in the winners' bracket finals.

Sarah Clark of Cape Fear was the only player with more than one hit on the day, with a pair of singles in three trips.

Cape Fear finished the season with a 29-5 slate, with three losses to highly regarded Hope Mills South View and two to Central Cabarrus in the state tournament. Central wound up 32-1.

West Forsyth placed third and Garner was fourth, with both of those teams being ousted during the first day of play in the double-elimination tournament.

NCHSAA 2004 STATE 4-A SOFTBALL CHAMPIONSHIPS WALNUT CREEK SOFTBALL COMPLEX, RALEIGH

STATE SEMIFINALS

Fayetteville Cape Fear 2, Garner 0
Central Cabarrus 3, West Forsyth 1

WINNER'S BRACKET FINAL

Central Cabarrus 2, Cape Fear 1

ELIMINATION GAME

West Forsyth 2, Garner 0

LOSER'S BRACKET FINAL

Cape Fear 2, West Forsyth 0

CHAMPIONSHIP GAME

Central Cabarrus 1, Cape Fear 0

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION STATE CHAMPIONS 2003-2004 ACADEMIC YEAR

(Head Coach in Parentheses)

FALL SPORTS

VOLLEYBALL

- 1A—STARMOUNT (Jon Symons)
- 2A—WEST HENDERSON (Jan Stanley)
- 3A—FRED T. FOARD (Lettie Wilkes)
- 4A—CHAPEL HILL (Sherry Norris)

WOMEN GOLF

- 1A/2A/3A—EAST HENDERSON
(Carl Taylor)
- 4A—RICHMOND SENIOR
(Wayne Williams)

WOMEN'S CROSS COUNTRY

- 1A—HAYESVILLE (Buck Carney)
- 2A—CHARLOTTE CATHOLIC
(Susan Airheart)
- 3A—WEDDINGTON (David Malady)
- 4A—PROVIDENCE (Kurt Niedenzu)

MEN'S CROSS COUNTRY

- 1A—SURRY CENTRAL (Rex Mitchell)
- 2A—EAST DAVIDSON (Bob Schilly)
- 3A—EAST CHAPEL HILL
(Amanda Justus)
- 4A—SOUTH VIEW (Jesse Autry)

WOMEN'S TENNIS (DUAL TEAM)

- 1A—JORDAN—MATTHEWS
(Ann Mathias)
- 2A—CHARLOTTE CATHOLIC (Jo Cabana)
- 3A—EAST CHAPEL HILL (Lindsey Linker)
- 4A—BROUGHTON (Steve Spivey)

MEN'S SOCCER

- 1A—POLK COUNTY (Lennox Charles)
- 2A—CHARLOTTE CATHOLIC
(Gary Hoilet)
- 3A—T.C. ROBERSON (Rob Wilcher)
- 4A—ATHENS DRIVE (Chris Barefoot)

FOOTBALL

- 1A—ELKIN (Richard Grissom)
- 1AA—ALBEMARLE (Jack Gaster)
- 2A—SOUTHWEST ONSLOW (Phil Padgett)
- 2AA—REIDSVILLE (Jimmy Teague)
- 3A—SOUTH POINT (John Devine)
- 3AA—CREST (Roy Kirby)
- 4A—ROSE (Gregg Thomas)
- 4AA—INDEPENDENCE (Tommy Knotts)

WINTER SPORTS

WRESTLING (DUAL TEAM)

- 1A—ELKIN (Perry Lloyd)
- 2A—MCMICHAEL (John Bullins)
- 3A—RAGSDALE (Andy Chappell)
- 4A—RIVERSIDE (Walt Tolarchyk)

WRESTLING (TOURNAMENT)

- 1A/2A—BANDYS (Forrest Blake)
BREVARD (Vernon Bryson)
- 3A—EAST GASTON (Scott Goins)
- 4A—RIVERSIDE (Walt Tolarchyk)

WOMEN'S INDOOR TRACK

- MOUNT TABOR (Mainert Luther)

MEN'S INDOOR TRACK

- NORTH ROWAN (Robert Steele)

WOMEN'S SWIMMING

- 1A/2A—CHARLOTTE CATHOLIC (Marcus Green)
- 3A—EAST CHAPEL HILL (Becky Campbell)
- 4A—PROVIDENCE (Sandy Martin)

MEN'S SWIMMING

- 1A/2A—WEST HENDERSON
(Mike Rochelle)
- 3A—EAST CHAPEL HILL
(Becky Campbell)
- 4A—ENLOE (Vickie Peoples)

WOMEN'S BASKETBALL

- 1A—THOMASVILLE (Eric Rader)
- 2A—SALISBURY (Jennifer Shoaf)
- 3A—ASHEVILLE (Sonita Gibbs)
- 4A—SEVENTY—FIRST (Tracie Taylor)

MEN'S BASKETBALL

- 1A—HAYESVILLE (Michael Cottrell)
- 2A—CUMMINGS (George Robinson Jr)
- 3A—TRINITY (Tim Kelly)
- 4A—WAKEFIELD (Tom Kinkelaar)

SPRING SPORTS

MEN'S GOLF

- 1A—JORDAN—MATTHEWS (Patrick Bass)
- 2A—CHARLOTTE CATHOLIC
(Susan Stauffer)
- 3A—SOUTHWEST GUILFORD (Don Dixon)
- 4A—BROUGHTON (Phil Ratliff)

MEN'S TRACK AND FIELD

- 1A—HEIDE TRASK (Bill Mercier)
- 2A—NORTH ROWAN (Robert Steele)
- 3A—BEN L. SMITH (Chris Lassiter)
- 4A—SOUTHEAST RALEIGH
(Benny Morgan)

WOMEN'S TRACK AND FIELD

- 1A—DURHAM SCHOOL OF ARTS
(Thomas Lockamy)
- 2A—T.W. ANDREWS (Stephen Walker)
- 3A—HILLSIDE (Bob Hill)
- 4A—HARDING UNIVERSITY
(Rudolph Brown)

MEN'S TENNIS (DUAL TEAM)

- 1A—ELKIN (Andrew Brown)
- 2A—CHARLOTTE CATHOLIC (Ken Hazen)
- 3A—HICKORY (Linney Teague)
- 4A—BROUGHTON (Steve Spivey)

WOMEN'S SOCCER

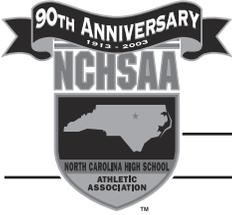
- 1A/2A—WESTERN GUILFORD
(George Kennedy)
- 3A—EAST CHAPEL HILL (Mark Kadlecik)
- 4A—GRIMSLEY (Herk DeGraw)

BASEBALL

- 1A—SOUTH STOKES (Gary Nail)
- 2A—EAST RUTHERFORD
(Bobby Reynolds)
- 3A—WEST BRUNSWICK (Mike Alderson)
- 4A—ROSE (Ron Vincent)

FAST PITCH SOFTBALL

- 1A—NORTH BRUNSWICK (J.B. Sholar)
- 2A—FORBUSH (Matt Pruitt)
- 3A—SOUTHERN ALAMANCE
(Mike Johnson)
- 4A—CENTRAL CABARRUS
(Monte Sherrill)



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