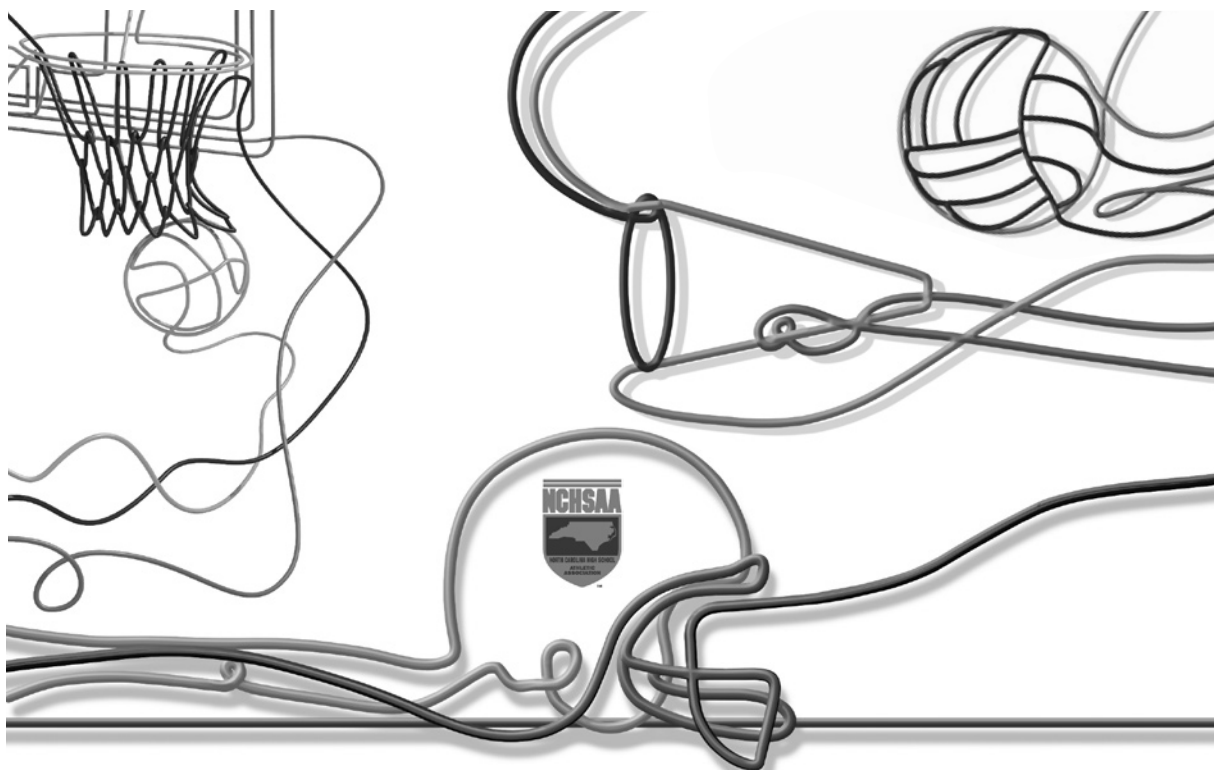


NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

# BULLETIN

Volume 61, Number 3

Spring 2009



## Like High School Sports? So Do We.

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| <ul style="list-style-type: none"> <li>• NCHSAA WOMEN'S VOLLEYBALL CHAMPIONSHIPS<br/>November 1 – Carolina On Demand</li> <li>• NCHSAA CHEERLEADING CHAMPIONSHIPS<br/>November 8 – Carolina On Demand</li> <li>• NCHSAA MEN'S FOOTBALL CHAMPIONSHIPS<br/>December 13 – News 14 Carolina, Carolina On Demand</li> </ul> | <ul style="list-style-type: none"> <li>• NCHSAA MEN'S WRESTLING CHAMPIONSHIPS<br/>February 20, 21 – Carolina On Demand</li> <li>• NCHSAA MEN AND WOMEN'S BASKETBALL CHAMPIONSHIPS<br/>March 14 – News 14 Carolina, Carolina On Demand</li> <li>• NCHSAA WOMEN'S SOCCER CHAMPIONSHIPS<br/>May 29, 30 – Carolina On Demand</li> </ul> |
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# North Carolina Athletic Directors Association Names Annual Hall Of Fame Class For Induction *Festivities Scheduled at Annual State Conference in Wilmington*

Three members have been named by the North Carolina Athletic Directors Association as the 15th class for induction in its own Hall of Fame.

Sandra Langley of Pinetops, Bob Catapano of Raleigh and Shelly Marsh of Smithfield will become the newest members of the NCADA Hall of Fame. The three will be recognized at the annual North Carolina Athletic Directors Association state conference at the Wilmington Hilton Riverside with the Hall of Fame banquet scheduled for Tuesday night, March 31.

The NCADA Hall of Fame has been established to recognize achievement and excellence for athletic administration. The inductees are honored at the NCADA's annual state convention, and a permanent display honoring the athletic directors' Hall of Fame is located in the offices of the North Carolina High School Athletic Association in Chapel Hill. The new class brings to 61 the number in the Hall.

In addition, two members will be added to the Roll of Honor for deceased honorees, including Branch Pope of Rosewood and Marshall Hamilton of Raleigh.

This year's inductees include:

## **BOB CATAPANO**

Bob Catapano is one of the state's most successful high school soccer coaches as well as a leading athletic director.

A native of Glen Rock, N.J., Catapano attended North Carolina State University, where he was a four-year starter on the men's soccer team. Following graduation, he embarked on a teaching and coaching career in Wake County that has

spanned 36 years.

After four years at Martin Middle School, he went to Sanderson High School, where he created a soccer dynasty. In 20 years as head coach his teams won 17 conference championships and compiled an amazing 363-44-21 record, including a stretch spanning five seasons that Sanderson teams went a then-national record 103 games without a loss.

A former member of the NCHSAA Realignment Committee and the National Federation soccer rules committee, Catapano has been athletic director at Sanderson for 27 years. He is an NFHS Fundamentals of Coaching instructor and was inducted into the North Carolina Soccer Hall of Fame in 1999.

## **SANDRA LANGLEY**

Sandra Langley has compiled a brilliant record as a head women's basketball coach and athletic director, primarily at SouthWest Edgecombe.

A lifelong resident of Edgecombe County and graduate of Atlantic Christian College (now Barton), Langley has coached track, softball, volleyball and basketball during her career. She has been the head women's basketball coach at SouthWest since 1978 and is currently the winningest active coach with a total around the 650 mark.

Her teams have won four basketball state crowns and been runners-up twice to go with 17 conference titles, and she also coached volleyball teams to nine conference championships. The Associated Press has named her the North Carolina Coach of the Year on four different occasions.

She has served as athletic director since 1991 and during her tenure 13 sports have been added to

the school program as well as starting a SouthWest Edgecombe Hall of Fame.

Sandra is a member of the Twin County (Nash/Edgecombe) Hall of Fame and the Barton College Sports Hall of Fame.

## **SHELLY MARSH**

Shelly Marsh is currently the deputy superintendent of the Johnston County schools have an outstanding career as a men's basketball coach and administrator.

After graduation from North Carolina A&T State University, he began his career in coaching and teaching. He spent 11 years as basketball coach and athletic director at Greenville's D.H. Conley High School, during which time he was the head coach of the East team in the North Carolina Coaches Association all-star basketball game. He also served at Havelock as assistant principal and basketball coach from 1985 to '93, and then while coaching at West Johnston, he earned his 500th career victory in 2007.

His administrative stints have also included four years as assistant principal at Princeton High, five years as principal of Cleveland Middle in Johnston County, and four years as the hearing officer and county athletic director for the Johnston system.

He previously earned a service award from the North Carolina Athletic Directors Association and has been honored by the NCHSAA.

In terms of the Roll of Honor, Marshall Hamilton was an athletic director for 25 years and was an outstanding basketball coach during stints at Clinton, Southern Wayne, Broughton and Leesville Road. Branch Pope, a former president of the North Carolina Athletic Directors' Association, served at Rosewood as athletic director and also coached football and basketball. ★

## 95th Anniversary Recognition

The University of North Carolina, of which the North Carolina High School Athletic Association is a part, recognized the NCHSAA in its 95th anniversary year during pregame ceremonies at the UNC-Virginia basketball game. North Carolina athletic director Dick Baddour, center, presented a UNC print to NCHSAA executive director Charlie Adams (left) and NCHSAA president Dr. Bill Harrison (right).

*(UNC photo).*



## The National High School Sports Record Book

*The National High School Sports Record Book* can be purchased from the National Federation of State High School Associations.

A number of North Carolinians are among the national record holders. More information is available at (317) 972-6900.

## Past Presidents Recognized At Football Championships

CHAPEL HILL—In honor of the 95th anniversary of the North Carolina High School Athletic Association, a special recognition was made during a couple of the NCHSAA football championship games.

There were ten past presidents of the North Carolina High School Athletic Association who came to Chapel Hill to be recognized on the field prior to the Friday night 2-A championship and against before the 4-A game on Saturday.

The NCHSAA presidents who were honored, along with the term they served as president, included Pat Harrell (1988-90), Larry Ivey (1990-91), Richard Hicks (1992-94), Bill Steed (1995-97), Bob McRae (1997-98), Travis Twiford (1998-99), Charles Long (2001-02), Bill Harrison (2002-03), Ralph Holloway (2004-05) and Vann Pennell (2006-07).

“We have been blessed to have great leadership from our presidents over the years,” said Charlie Adams, NCHSAA executive director, “and it was great to have so many of them come to be a part of the state championship festivities and to be recognized for their efforts with the organization.”

One of the past presidents was actually doing double duty, since Dr. Bill Harrison is not only a past president but also the current president of the Association and superintendent of the Cumberland County schools. He is one of only a few people who have served multiple terms as president.

“Bill will probably go down as one of the best, most active presidents we have ever had,” said



### NCHSAA Past Presidents

A number of past presidents of the North Carolina High School Athletic Association were recognized during festivities during the NCHSAA football championships in December. Those with NCHSAA executive director Charlie Adams (front row, left), included from left Pat Harrell, Travis Twiford, Larry Ivey, Charles Long, Vann Pennell and Richard Hicks; second row: Ralph Holloway, Bill Steed and Bob McRae.

(NCHSAA photo)

Adams. “He is just great to work with and has such a great grasp of the issues that high school athletics confronts.”

Bill and his wife were in Chapel Hill for all three days of the football championships and he helped present the awards for all three games at

Kenan Stadium. The 4-A game was unusual in that both of the schools competing in that one were members of his school system, Seventy-First and Douglas Byrd, and then in the 4-AA game another Fayetteville school, Jack Britt, took on a conference rival in Richmond Senior. ★

## NCHSAA President Harrison To Resign Association Post

CHAPEL HILL—Charlie Adams, executive director of the North Carolina High School Athletic Association, has announced that Dr. Bill Harrison, superintendent of the Cumberland County Schools and current president of the North Carolina High School Athletic Association, has tendered his resignation as president of the NCHSAA effective April 26.

Adams received an email from Dr. Harrison confirming his plans to resign. Harrison has recently been named chief executive of North Carolina’s K-12 school system and chairman of the state Board of Education by Governor Beverly Perdue and wanted to see how those new duties might impact his NCHSAA responsibilities before he made a decision about his term.

Harrison said he selected April 26 because the Association’s spring meeting of its board of directors on May 5-6 conflicts with the meeting of the State Board of Education, but he will still be able to fulfill many of the other responsibilities prior to that date.

“This is a huge loss for the Association because you don’t get a Bill Harrison very often,” said Adams. “He is a consummate professional and one of the best ever to serve on our Board and as president.

“Bill has great people skills and is a wonderful communicator. He is very knowledgeable and has used his excellent athletic and education background along with his decision-making abilities to help the NCHSAA move forward in a number of ways. We’ll certainly miss him in



Charlie Adams (left) and Dr. Bill Harrison at NCHSAA Football Championships

his role as president. Besides being a trusted colleague, though, Bill is also a dear friend. No association in the country could have better leadership from its president than we’ve gotten in two different terms from Bill.” ★

## NCHSAA Board of Directors Holds Winter Meeting

CHAPEL HILL—The North Carolina High School Athletic Association Board of Directors held its three-day winter meeting at the Simon F. Terrell Building in Chapel Hill.

The Board received nine recommendations from a special Athletic Safety Task Force. President Bill Harrison, superintendent of Cumberland County schools, noted that the Board supported, in concept, the recommendations made by the Athletic Safety Task Force, but there are a number of stakeholders. He noted it would be prudent for the NCHSAA to take the lead in bringing representatives from the State Board of Education, State Department of Public Instruction, Association of School Administrators, and the North Carolina School Boards Association, as well as members of the General Assembly, to begin to develop an additional course of action. Charlie Adams, executive director, will help facilitate that initial meeting.

Staff will develop a document that highlights exactly where the NCHSAA is currently with each of those nine recommendations, since some are already in place. No additional voting occurred, and NCHSAA legal counsel will also re-

view a couple of the items that have not yet been enacted.

Among the action items which were approved by the board included:

—sanctioning both men's lacrosse and women's lacrosse as an NCHSAA championship sport starting with the academic year 2009-10. Details about number of games, sports seasons and play-off qualification will be worked out and approved prior to the start of school in 2009

—changed the start of winter sports for the 2009-2010 academic year, delaying the start by a week; the first practice may be November 9, first contest November 16; in two different weeks of the season, a school would be able to play four basketball games in a week if the fourth is on a non-school day

—authorized NCHSAA staff to look at the option of using a 24-team bracket in 1-A dual team tennis, if needed

—approved a change that high school tennis teams may play four matches in a single week if the fourth is on a non-school day, starting with the spring season of 2009

—require STAR Sportsmanship program to be completed by any student-athlete, coach or administrator who is ejected or disqualified from a contest before he or she returns to play, starting with the 2009-10 academic year

—reviewed current policy on fighting; change policy to “a team whose players or coaches accumulate three individual ejections for fighting (note: if a situation occurs where four players on one team are ejected during one fighting incident, then those four individual ejections will cause the team to lose its playoff privileges)”

—approved action budget for 2008-09 since the audit has been completed, but investment revenues are down substantially

—raised the ticket prices for regional basketball tournament from eight to nine dollars, effective with the 2010 tournament

An appeal from Greenville's J.H. Rose High School to change its conference placement in the upcoming realignment, which had been previously approved by the Board last May to start in 2009, was denied by the Board. ★

## South Carolina Downs North Carolina Stars 24-16 In Shrine Bowl

SPARTANBURG, SC—South Carolina scored 21 unanswered points in the second half as the Sandlappers beat their North Carolina counterparts 24-16 in the 72nd annual Shrine Bowl of the Carolinas in a battle of high school football all-stars.

North Carolina had opened the scoring with a 29-yard field goal by Matt Millisor of Greensboro Page after South Carolina had fumbled on its first play from scrimmage and Richmond Senior's Justin Brewington recovered.

The North Carolina team then later broke a 3-3 tie on a 59-yard fumble return by South Stanly's Terry Shankle.

The Tar Heels moved the lead to 16-3 on a 54-yard touchdown run on a quarterback draw by Desmond Lowery of Belmont South Point with 5:26 to go in the first half. Lowery was a late addition to the team during the week of practice when Everett Proctor of Fayetteville Jack Britt was unable to participate due to an injury.

Lowery, who wound up with 75 yards rushing for North Carolina, was his team's offensive Most Valuable Player. However, the Sandlapper defensive unit limited North Carolina to just 120 yards in total offense and just 17 in the second half, and South Carolina's three second half touchdowns proved to be the difference.

Stephon Gilmore of South Carolina led all rushers with 117 yards rushing on 18 attempts. The win improved South Carolina's lead in the all-time series to 40-28-4.

Linebacker Spencer Shuey of South Mecklenburg was the North Carolina defensive MVP, participating in eight tackles.

Clayton's Gary Fowler was the head coach of the North Carolina squad. Assistant coaches included Bob Blick of Green Hope, Steve Gardner of Hunter Huss, Bryan Lingerfelt of East Davidson, Bruce Ollis of Polk County, Steve Shaughnessy of David Butler and Northhampton-East's Gregg Watford. ★



## Think Pink

Gastonia Ashbrook is one of a number of NCHSAA member schools who helped raise awareness and funds for breast cancer research during the basketball season. Ashbrook donned the pink warm-up shirts for a regular season game as part of the efforts involving Kay Yow Women's Basketball Coaches Association Cancer Fund.

*(photo courtesy Ashbrook High School).*

# Heritage Biographies

As part of the North Carolina High School Athletic Association's celebration of its 95th anniversary, we thought it would be appropriate to highlight just a few of the people who have been instrumental in the history of the NCHSAA.

We will feature a handful of prominent figures in each edition of the Bulletin during this school year. The list is by no means completely exhaustive but all of these people have made significant contributions to the organization over the years.

## BILL CARVER

Bill Carver has made significant contributions to high school athletics as a coach, administrator and game official.

A graduate of Fayetteville's E.E. Smith High School and Hampton University, Carver spent 37 years of his career in Cumberland County, first as a successful coach in several sports at his high school alma mater. He coached at E.E. Smith in various capacities for 18 years before moving into administration, first for 10 years as assistant principal and athletic director at Smith and then as director of student activities for the county.

An excellent high school and collegiate official, Carver is a member of the Central Intercollegiate Athletic Association (CIAA) Football Officials Hall of Fame. He is also a member of the North Carolina Athletic Directors Hall of Fame and for many years served as chairman of the NCHSAA nominating committee.

Carver earned the National Interscholastic Athletic Administrators Association (NIAAA) Distinguished Service Award in 1999. He joined the NCHSAA Hall of Fame in 2007.

## MARTHA LAND

Martha Land is the long-time principal at Mount Tabor High School in Winston-Salem and is a president of the NCHSAA Board of Directors.

A 1967 graduate of North Mecklenburg, where she played basketball, field hockey and ran track under the format of the old Girls' Athletic Association, she went on to graduate from Wake Forest in 1971. Martha earned her master's degree from UNC-Greensboro.

She began her career in education as a math teacher at Walkertown Junior High, where she coached track and cheerleading. She went into administration and served as an assistant principal at the elementary, middle and high school levels, including several years at Winston-Salem Carver. Martha has been at Mount Tabor since the spring of 1992.

Besides her seven-year term on the NCHSAA Board, from 1995 to 2002, she has served as a conference president on three different occasions.

She was inducted into the Winston-Salem Sportsman's Hall of Fame in May of 2008.

## BOB MCRAE

Bob is a former superintendent and president of the North Carolina High School Athletic Association Board of Directors.

A graduate of Anson County High School and then Wake Forest University, Bob taught and coached prior to getting into administration. He served at Forbush High and Southview Academy before becoming an assistant principal at Piedmont.

He later served as principal there as well as at Kings Mountain High and was an assistant superintendent with the Randolph County schools before returning as superintendent at Kings Mountain.

Bob was tremendously involved with the NCHSAA. He served on the Board of Directors for a total of 10 years and had the distinction of serving on the Realignment Committee on four different occasions, including chairing it three times. He has also served on the Hall of Fame selection committee.

## DON PATRICK

A native of Shelby, Don Patrick built a tremendous record as a coach and athletic administrator, primarily at Newton-Conover High School.

A 1968 graduate of Appalachian State University, where he played baseball and served as president of the student body, Patrick was an assistant football and head baseball coach at Wilkes Central and also coached at Burns before heading to Newton-Conover. From 1974 through the '98 season, his Red Devil teams compiled a brilliant 197-88-1 mark, winning 13 conference championships and making the playoffs 15 times, including three trips to the state semifinals.

Patrick has been involved in just about every major organization serving high school athletics in the state. He served on the NCHSAA Board of Directors from 1983-87 and was president of the North Carolina Athletic Directors Association in 1985-86. In addition, he was the North Carolina Coaches Association president in 1989-90 and served on the NCCA Board.

The field house at Gurley Stadium on the Newton-Conover campus is named in his honor. He is also a member of the North Carolina Athletic Directors Hall of Fame and in joined the NCHSAA Hall of Fame in 2000.

## JIMMY TILLMAN

Jimmy Tillman has touched a number of different bases in an outstanding career in education and has been involved with the NCHSAA on a number of levels.

He got into administration after an outstanding coaching career in which he coached five different sports at various high schools, including Rosewood, Lucama, Wilson Beddingfield and

SouthWest Edgecombe. He was selected to coach in the 1990 Shrine Bowl and coached in the 1985 East-West all-star football game. He earned coach of the year honors in three different sports, including eight different times in football.

His career in administration including 10 years at Wilson Fike, including six as principal. He served two different terms on the Realignment Committee and has also served on the NCHSAA Nominating Committee.

A graduate of UNC-Wilmington, he was also an excellent high school game official, with 19 years as both a basketball official and softball umpire. He umpired the state 4-A softball championships in 1984 and worked some at the collegiate level in that sport.

## GEORGE WHITFIELD

The name George Whitfield has become synonymous with excellence in baseball in North Carolina.

A graduate of Kinston's Grainger High School and East Carolina University, Whitfield is nationally known for baseball. He was successful wherever he coached; as head baseball coach at Goldsboro from 1959 through '67 and posted a 103-37 mark, went to Hamlet High where his teams were 91-17 and won the state 3-A championship in 1968, and then coached at the consolidated Richmond Senior High where he won three state titles and rolled up an amazing 159-19 mark.

Overall, his prep coaching mark was a stellar 360-75 and included 12 conference crowns. As an American Legion baseball coach, his teams were equally brilliant. Whitfield-coached Legion squads posted an overall record of 560-195, won four state championships and made an appearance in the Legion World Series in 1983.

Whitfield was named as the national high school baseball coach of the year in 1974. He served on the Board of Directors of the NCHSAA for four years. He also served a stint as the athletic director at Mount Olive College and as an assistant baseball coach at East Carolina and Mississippi State.

George continues to run one of the top baseball clinics in the nation, attracting nationally known speakers, and joined the NCHSAA Hall in 1993. ★

Check out the North Carolina High School Athletic Association's web site [www.nchsaa.org](http://www.nchsaa.org)

for all sorts of important information, including updated regional assignments and locations in several sports and the latest brackets.

# In Memorium

This is information of which the NCHSAA has been made aware since the publication of the last *Bulletin*. We appreciate all those who share information with us for the benefit of our membership.

## LEON BROCK

STEDMAN—Leon Brock, who for many years served as a coach and athletic director, died in early February on his 79th birthday.

A graduate of Clinton High School and East Carolina University, Brock was a highly successful basketball coach at Stedman and Cape Fear High Schools, with his first 10 years at Stedman and then 23 at Cape Fear. His teams won 488 basketball games and he also coached baseball for a while, earning 177 victories in that sport.

A member of the Fayetteville Sports Hall of Fame, he won his only state title in 1966, when he took over the Stedman football team early in the year and wound up winning the championship.

The funeral was held at Cape Fear, where the basketball court is named in his honor.

## ART CULLEN

HOPE MILLS—Long-time North Carolina High School Athletic Association game official Art Cullen died in late December.

A retired staff sergeant with the United States Army and a veteran of both the Korean and Vietnam wars, Cullen started officiating in North Carolina in 1973 and was an active volleyball official. He was also registered to work softball this spring.

## H.K. DAVIS

CHARLOTTE—Veteran teacher, coach and athletic administrator H.K. Davis died in mid-February at the age of 65.

Davis, who was born in Wilmington, was a graduate of North Carolina State University and had an excellent 30-year plus career in the Charlotte-Mecklenburg school system. Among his stints, he coached and served as athletic director at both Harding and Providence High Schools.

He served on the Board of Directors of the North Carolina Athletic Directors Association Harding and Providence High Schools.

## NEAL HATCHER

GREENSBORO — Former Greensboro Grimsley High School athletic director Neal Hatcher died in mid-February of kidney failure.

A native of Virginia, Hatcher became Grimsley athletic director in 2000 after NCHSAA Hall of Famer Bob Sawyer retired. Hatcher had come to the school in the mid-1980's as an assistant football coach and also coached football at Glenn and Asheboro.

## CLINT HEGE

NORLINA—Long-time game official Clint Hege died in early February in Roanoke, VA, at the age of 83.

A World War II veteran and North Carolina State University graduate, Hege spent his entire 41-year career as a teacher and principal at Norlina High School. He also officiated at both the high school and college levels for over 50 years and worked state championships in both North Carolina and Virginia.

## DONALD JONES

FREMONT—Long-time educator Donald Jones died in late February at the age of 72.

He began his career as a coach and teacher at the old Harrellsville High School and retired in 1995 after a 37-year education career, including a stint as the superintendent of Wayne County schools.

He also had served as principal at a number of schools, including Red Springs, Elm City, Charles B. Aycock and Eastern Wayne High Schools.

## JIM MILLS

APEX—Long-time official and baseball executive Jim Mills died at the age of 89 in mid-November.

Mills was a high school and college game official for many years, working football and basketball in both the Atlantic Coast Conference and the Southeastern Conference as well as NCHSAA events. He was inducted into the North Carolina High School Athletic Association Hall of Fame in the class of 1999 and was also a member of the North Carolina Sports Hall of Fame.

A graduate of Apex High School and a standout two-sport athlete at North Carolina State University, Jim was a renowned baseball executive for more than 50 years. He was a minor league baseball general manager for many years and then served as president of the Carolina League from 1977 until '83..

## JIM PETTIT

FAYETTEVILLE—Veteran sports writer Jim Pettit died in early February as a result of complications from heart transplant surgery at the age of 63.

Jim earned his journalism degree from Louisiana State University, and began his newspaper career in his hometown of Marion as a sportswriter with the McDowell News.

He also worked as a sportswriter at several other papers, including the Asheboro

Courier-Tribune, the Thomasville Times, the Greensboro News and Record and as assistant sports editor at the High Point Enterprise before joining the Fayetteville Observer sports staff. He covered numerous high school events during his career. He became a metro columnist for the Fayetteville paper in 2001.

## DUDLEY WHITLEY

ROCKY MOUNT—Former Rocky Mount coach and administrator Dudley Whitley died in early January at the age of 74.

A native of Pinetops, he was an outstanding high school athlete and then attended North Carolina State University on a baseball scholarship, earning all-Atlantic Coast Conference honors twice.

After a stint in the Milwaukee Braves farm system, Whitley returned to Rocky Mount to teach and coach in the system there. Before his retirement in 1996, Whitley served in a vast array of capacities.

During the 1962-63 academic year, in which Rocky Mount won three state championships (in football, basketball and baseball), Whitley was an assistant coach in both football and basketball and head baseball coach.

He was the North Carolina Athletic Director of the Year as chosen by the N.C. Athletic Directors Association in 1982, and he was inducted into the North Carolina Athletic Directors Hall of Fame in 1998.

## KAY YOW

RALEIGH—Long-time North Carolina State University women's basketball coach Kay Yow died in late January at the age of 66 after a long battle with cancer.

A native of Gibsonville, Yow began her coaching career in the NCHSAA ranks, coaching for five years at Allen Jay and Gibsonville High School and notching a 92-27 mark at those two.

She was head coach at Elon from 1971 to '75, where her teams posted a 57-19 mark, and then went on to N.C. State, where her teams earned 20 NCAA tournament bids and went to the Final Four in 1998. She coached over 1,000 games with the Wolfpack also helped coach the USA Olympic team to the gold medal in 1988.

A member of a number of Halls of Fame, Yow was one of a handful of collegiate basketball coaches to win more than 700 games with 737 victories in 38 years as a head coach. She was also very supportive of the NCHSAA and its Endowment.



## 3-A, 4-A CROSS COUNTRY

### Gilland, Spano Win Third Consecutive Individual Crowns

CLEMMONS—Taylor Gilland of Chapel Hill and Kim Spano of North Mecklenburg each won their third consecutive individual championship in the North Carolina High School Athletic Association state 4-A cross country championships at Tanglewood Park.

Gilland, a senior, beat Northwest Guilford's Seth Crawford to the finish line in the 4-A men's race by just over six seconds to earn the victory in a time of 15:50.68.

Raleigh Broughton won its second straight men's 4-A team title with 59 points to 94 for runner-up Chapel Hill. Northwest Guilford was third with 118 points, followed by Morrisville Green Hope (118) and Winston-Salem Mount Tabor (164).

Spano, also a senior, won her third straight title in the women's 4-A competition in a winning time of 18:04.02, better than 20 seconds faster Carolyn Baskir of East Chapel Hill. However, Baskir helped lead East Chapel Hill to the team title with 94 points to 115 for Green Hope. Watauga was third, followed by Charlotte Myers Park and West Johnston.

Chapel Hill, which had won the last three 4-A women's crowns, placed seventh. Asheville T.C. Roberson won its fifth state 3-A women's team title in succession, tallying 57 points to 84 for runner-up Lake Norman. Monroe Sun Valley was third at 104, followed by Asheville at 117 and Marvin Ridge with 137.

Junior Kenyatta Iyerbele of Charlotte Olympic was the individual 3-A women's champion, edging T.C. Roberson runners Marie Mauher and Laura Hoer who were second and third, respectively.

Mooresville captured its third consecutive men's team crown with 69 points, 14 points ahead of second-place Nash Central. Waxhaw Marvin Ridge was third with 109, followed by Asheville with 126 and Eastern Alamance with 133.

Asheville junior John Harwell took top individual honors among the 3-A men in a winning time of 15:57.36, just over 13 seconds ahead of runner-up Steven Bollinger of Olympic.

Visit Winston-Salem is the official host city sponsor of the NCHSAA cross-country championships.



## 1-A, 2-A CROSS COUNTRY

### Owen Wins Second Straight 2-A Men's Cross Country Crown

CLEMMONS—Black Mountain Charles D. Owen won its second straight state team championship in the North Carolina High School Athletic Association men's 2-A cross country championships at Tanglewood Park.

Owen placed five runners among the top 17 scoring positions to tally 56 points, 32 ahead of runner-up West Stanly. Orange was third with 99 points, followed by Raleigh Cardinal Gibbons with 108 and then West Henderson well back in fifth at 207.

West Stanly senior Daniel Yeakley was the individual winner, finishing just over 17 seconds ahead of second place Ben Sterett of Swansboro.

Sarah Rapp led Cardinal Gibbons to the 2-A women's team title for the fourth consecutive year, as she won the individual competition in a time of 19:30.36.

Gibbons had 45 team points to 68 for Orange in the 2-A women's standings, followed by Carrboro (102), North Henderson (146) and West Henderson (149).

In 1-A competition, East Wilkes senior Eric Blackburn crossed the finish line just over eight seconds ahead of Polk's John Spence Wolfe to take the individual title. However, Hayesville won the team championship, with sophomore Tyler Breedlove leading Hayesville with a third-place individual finish.

Hayesville scored 50 points to 63 for runner-up Misenheimer Gray Stone Day. Durham's North Carolina School of Science and Math placed third with 101 points, followed by Hendersonville (117) and Raleigh Charter (131).

Kernersville Bishop McGuinness overcame Hayesville to win the women's 1-A crown in a tiebreaker that went to the sixth runner's finish after both finished with 84 points. Robbinsville was just back in third with 89, while Hendersonville was fourth at 117 and Hampstead Topsail fifth at 139.

Robbinsville's Faith Trammell won one of the closest races of the day in 19:58.77, less than three seconds ahead of Hendersonville's Kristen Trout in second place.

Visit Winston-Salem is the official host city sponsor of the NCHSAA cross-country championships.

# CHAMPIONSHIP REVIEW



## MEN'S SOCCER

### Cardinal Gibbons Rolls Past Shelby 5-0 In 2-A Men's Soccer

RALEIGH—Senior forward Daniel Montero had a hat trick to lead the Crusaders of Raleigh Cardinal Gibbons to a dominating 5-0 victory over Shelby in the North Carolina High School Athletic Association state 2-A men's soccer championship at the Curtis and Jackie Dail Soccer Stadium at N.C. State University.

Montero was named the Most Valuable Player of the championship match as Gibbons made its fourth consecutive appearance in the final. The Crusaders, who also won the state crown in 2006, finished the season 24-2-2.

The Crusaders built a 3-0 first half lead, including a pair of goals within a 32-second span late in the half, to take command.

Senior Seph Babington opened the scoring in the 28th minute, tallying on an assist from Ryan McAnallen, and then Montero made it 2-0, hammering a shot home from eight yards out after a nice through ball from Michael Zimmerman with just less than three minutes to play in the first half.

Just seconds later, Gibbons went on top 3-0 as Montero beat a defender and then the goalkeeper with a couple of one-on-one moves.

Junior Marc Lenzo scored a goal off an assist from Babington in the 44th minute for a 4-0 advantage, and then Montero's third goal of the day in the 67th minute, closed out the scoring. Montero finished the season with 24 goals on the year, leading Gibbons in scoring for the second consecutive season.

Gibbons outshot Shelby 18-4 on the day and recorded its 16th shutout of the year.

Shelby, in its first NCHSAA men's soccer final, ended the season 19-3-2, but the Golden Lions had not lost since the fourth match of the regular season.

Wendy's is the presenting sponsor of the NCHSAA sports program. The Raleigh Sports Consortium serves as a host city sponsor for these championships, along with the city of Raleigh and the Greater Raleigh Convention and Visitors' Bureau.

### Porter's Goal Lifts Catholic To 3-A State Title Over Jacksonville

RALEIGH—Sutton Porter scored the only goal of the contest to lift Charlotte Catholic to a 1-0 triumph over Jacksonville in the North Carolina High School Athletic Association state 3-A men's soccer championship at the Curtis and Jackie Dail Soccer Stadium at N.C. State University.

Porter, a junior forward, broke a scoreless tie in the tightly contested game in the 78th minute. Charlotte Catholic's Chris Kyriliuk served a corner kick to Ben Needham of the Cougars, who headed it to Porter for the shot. Porter, who scored his 20th goal of the season, was chosen as the championship Most Valuable Player.

Senior goalkeeper Patrick Evenson recorded the shutout for the Cougars. Jacksonville had three shots on goal to six for Catholic, which also had nine corner kick attempts.

Charlotte Catholic made a record 15th appearance in the NCHSAA state soccer championships and the Cougars won their seventh state title. Catholic had won previously in 1986, '87, '92, 2001, '03 and '04.

Catholic ended the season 24-1-1 while Jacksonville, a veteran team which won a state championship in 2005 and had 13 seniors on its roster this season, closed at 25-4.

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### Topsail Records 3-0 Victory Over Albemarle In 1-A Men's Soccer

RALEIGH—Forward Candon Rusin tallied a goal and had an assist to lead Hampstead Topsail to a 3-0 shutout over Albemarle in the North Carolina High School Athletic Association state 1-A men's soccer championship at the Curtis and Jackie Dail Soccer Stadium at N.C. State University.

Rusin, a 6-3, 185-pound senior, scored a goal in the 13th minute and assisted Brandon Batson's goal three minutes later to put the Pirates in command. Rusin was selected as the Most Valuable Player of the championship match.

Nick Colangelo, who also had a goal and an assist on the night, closed out the scoring with an unassisted goal in the 79th minute.

Topsail, making its first trip to the NCHSAA men's soccer finals, ended the

year with a 17-5 record, although two of its losses were to 4-A Wilmington Laney. Albemarle, which was the 2002 1-A runner-up in its only other finals appearance, finished the season 16-6-1.

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## Myers Park Holds Off New Hanover In Thrilling 4-3 4-A Soccer Championship

RALEIGH—Charlotte Myers Park built a big lead and then held off a furious rally to edge Wilmington New Hanover 4-3 in the North Carolina High School Athletic Association state 4-A men's soccer championship at the Curtis and Jackie Dail Soccer Stadium at N.C. State University.

Myers Park led 2-1 at the half and pushed the lead to 4-1 before the Wildcats came roaring back in a game that featured four goals within a seven-minute span in the waning minutes. The win completed a perfect 25-0 season for the Mustangs.

Senior midfielder Justin Davis, the Southwestern 4-A Conference Player of the Year who opened the scoring for the Mustangs in the 25th minute, was named Most Valuable Player of the championship. Davis Carter had the first of his two assists on the Davis goal, which tied the game after Parker Antis had put New Hanover on top 1-0.

Myers Park grabbed a 2-1 lead before halftime on a tally by Brenden Kelley with the assist to Ruben Perez. Then the Mustangs pushed the margin to 4-1 on goals by Casey Caronis and Patrick Lipps in the space of about a minute and looked to be in command.

But the Wildcats' C.J. Pennock found the back of the net on an assist from Gentry Johnson in the 75th minute and then two minutes later junior midfielder Ross Tomaselli of New Hanover cut the lead to 4-3. But Myers Park held off New Hanover the rest of the way.

Both schools were seeking their initial NCHSAA men's soccer championship. New Hanover made its first trip to the final while Myers Park was in the championship match for the third time, with runner-up finishes in 1988 and 2003.

New Hanover finished the season with a record of 24-2-1.

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## FOOTBALL

## Mount Airy Storms Back To Beat Williamston In 1-A Championship

RALEIGH—Mount Airy stormed back from a 14-0 deficit to defeat Williamston 37-14 in the North Carolina High School Athletic Association state 1-A football championship at Carter-Finley Stadium.

Aaron Wheeler rushed for a touchdown and passed for another score, earning the Wendy's Most Valuable Player award as the Granite Bears completed a perfect 16-0 record and won their first state championship in 60 years.

Wheeler completed 9 of 15 passes for 124 yards and rushed 12 times for 101 yards, including a 34-yard touchdown run in the second quarter that put Mount Airy ahead to stay at 17-14. The Granite Bears put it away with 20 fourth-quarter points.

Michael Dobson scored twice and picked up 61 yards rushing on 19 carries for the winners.

Emery Griggs had thrown two TD passes to Kareem Bell in the first nine minutes to give Williamston the early lead. However, the Tigers managed just 50 of their 145 yards of total offense in the final three quarters were limited to just three net yards rushing for the game.

Williamston ended the season 10-6 overall.

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Post-Game Awards: Wendy's MVP: Mount Airy QB Aaron Wheeler; Mount Airy—Outstanding Defensive Player: Aaron Culler; Outstanding Offensive Player: RB Michael Dobson; Williamston—Outstanding Defensive Player: LB Debrian Everett; Outstanding Offensive Player: WR Kareem Bell.

## Thomasville Runs Past East Bladen 42-13 For 1-AA Championship

RALEIGH—John Hinson-Brady ran for 144 yards and three touchdowns as Thomasville sprinted to a 42-13 victory over East Bladen in the North Carolina High School Athletic Association state 1-AA football championship at Carter-Finley Stadium.

Hinson-Brady was named the Wendy's Most Valuable Player of the championship as he helped the Bulldogs jump to a 21-0 lead.

D.J. McLendon added nine receptions for 179 yards and two scores for Thomasville, while Chris Brooks completed 10 of 12 passes for 199 yards and two touchdowns.

East Bladen closed to 21-13 early in the third quarter after a 57-yard touchdown run and an 18-yard touchdown reception, both by James Hatcher, before Thomasville took control.

Brooks fired his second TD pass to McLendon, this one covering 39 yards to cap a four-play, 55-yard drive, and then on Thomasville's next possession Brad Wilkes broke away for a 48-yard TD run.

Thomasville earned its seventh NCHSAA football championship in 10 trips to the final game and fourth title in the last five years. The Bulldogs finished 16-0 while East Bladen, in its first championship game since 1973, ended 14-2.

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Post-Game Awards: Wendy's MVP: Thomasville RB John Hinson-Brady; Thomasville—Outstanding Defensive Player: LB Brandon Moss; Outstanding Offensive Player: WR D.J. McLendon; East Bladen—Outstanding Defensive Player: LB Dajour Smith; Outstanding Offensive Player: RB James Hatcher.

## Newton-Conover Rolls Past Tarboro 51-28 In 2-A Football

CHAPEL HILL—Dorian Jones rushed for 157 yards in 22 carries and scored two touchdowns as Newton-Conover rolled past Tarboro 51-28 at Kenan Stadium to win the North Carolina High School Athletic Association state 2-A football championship.

Jones was named the Wendy's Most Valuable Player as Newton-Conover finished with a 15-1 record and its first NCHSAA state football crown. Josh Thompson added 106 yards in 15 carries and also completed a 42-yard halfback pass.

After Tarboro had tied the game at 7-7 on a Demarius Harper two-yard run with 10:25 left in the first half, Newton-Conover reeled off 37 unanswered points to take command. Two of those scores came on interception returns for touchdowns after the score reached 31-7, as Joseph Hill and Jordon Bryant both had picks that results in TDs.

The Red Devils rolled up 326 yards in total offense, including 273 on the ground, and had 21 first downs to eight for the Vikings.

Tarboro ended the season with a 14-2 record. Brandon Dozier led the Vikings with 137 yards in 10 carries.

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Post-Game Awards: Wendy's MVP: Newton-Conover RB Dorian Jones; Newton-Conover—Outstanding Defensive Player: DT Tevin James; Outstanding Offensive Player: FB Josh Thompson; Tarboro—Outstanding Defensive Player: LB Mike Graham; Outstanding Offensive Player: RB Brandon Dozier.

## Reidsville Downs East Lincoln For 2-AA Crown By 24-7

RALEIGH—Reidsville won its 32nd consecutive game and earned its second straight North Carolina High School Athletic Association state football championship as the Rams downed East Lincoln 24-7 in the 2-AA title game at Carter-Finley Stadium.

The Rams completed a perfect 16-0 season in a defensive oriented contest. In fact, the Wendy's Most Valuable Player was Reidsville defensive lineman Damien Lee, who was on a total of 10 tackles.

East Lincoln broke on top on a 19-yard scoring pass from Josh Wilson to Austin Culp, but the Rams came back to lead 14-7 at the half, added a field goal and then Mike Stacey ran in a fumble recovery for a touchdown to put the game away.

East Lincoln quarterback Josh Wilson led the way for the Mustangs (14-2), rushing for 76 yards and completing 10 of 25 passes for 171 yards. E.J. Foster led Reidsville's rushers with 53 yards and Tyrell Houghton picked up 42.

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Post-Game Awards: Wendy's MVP: Reidsville DT Damien Lee; Reidsville—Outstanding Defensive Player: LB Michael Stacey; Outstanding Offensive Player: RB E.J. Foster; East Lincoln—Outstanding Defensive Player: LB Matt Fortenberry; Outstanding Offensive Player: QB Josh Wilson.

## CONGRATULATIONS TO MARC PAYNE

of Ashe County High School, who earned his 500th career victory as a men's varsity basketball coach during the 2008-2009 season.



## West Rowan Cruises Past West Craven 35-7 In 3-A

WINSTON-SALEM—West Rowan completed its best season in school history as the Falcons cruised by previously unbeaten West Craven 35-7 to win the North Carolina High School Athletic Association state 3-A football championship at BB&T Field.

Kevin Parks rushed for 219 yards on 24 carries and scored three touchdowns to lead the way for West Rowan, which got off to a great start when he burst 81 yards for a touchdown on the first play from scrimmage. Then the Falcons struck for a pair of scores within a 1:47 span early in the second quarter on a 52-yard run by B.J. Sherrill and a three-yard burst by Parks to take a 21-0 advantage.

West Craven quarterback Brian Mooring completed 25 of 47 passes for 224 yards and a score but was intercepted four times. Eric Highsmith had eight receptions.

West Rowan won its 14th straight game to finish at 15-1 overall, with its only loss to 4-A Davie County. West Craven ended the year at 15-1 after 15 consecutive victories.

BB&T is the title sponsor of the NCHSAA football championships.

Post-Game Awards: Wendy's MVP: West Rowan RB Kevin Parks; West Rowan—Outstanding Defensive Player: A.J. Little; Outstanding Offensive Player: B.J. Sherrill; A.L. Brown—Outstanding Defensive Player: Justin Bryant; Outstanding Offensive Player: Eric Highsmith.

## Dudley Wins Second Straight 3-AA Title, Beats Kannapolis Brown

WINSTON-SALEM—Ricky Lewis rushed for 160 yards and J.R. Peterson ran for 147 more in a potent rushing attack as the Panthers of Dudley defeated Kannapolis A.L. Brown 34-18 in the North Carolina High School Athletic Association state 3-AA football championship at BB&T Field.

Lewis was named the Wendy's Most Valuable Player for the second straight year and scored two touchdowns while Peterson also scored twice. Dudley rambled for 355 yards on the ground and a strong Panther defense limited Brown to just 32 net yards rushing.

The Panthers led just 8-6 after one quarter and then reeled off 28 unanswered points to carry a 34-6 advantage into the final period.

Dudley won its 21st consecutive game and captured its second straight NCHSAA title. The Panthers were in the finals for the fourth time in the last seven years. Brown ended 13-3.

The Wonders were paced by Jamill Lott, who completed nine of 23 passes for 163 yards and two scores but was picked off twice and sacked five times.

BB&T is the title sponsor of the NCHSAA football championships.

Post-Game Awards: Wendy's MVP: Dudley QB Ricky Lewis; Dudley—Outstanding Defensive Player: Josh Jones; Outstanding Offensive Player: J.R. Peterson; A.L. Brown—Outstanding Defensive Player: Desmond Gray; Outstanding Offensive Player: Jamill Lott.

## Seventy-First Downs Douglas Byrd In All-Fayetteville Battle

CHAPEL HILL—James Hopper rambled for 192 yards rushing and scored all four of his team's touchdowns to lead Seventy-First to a 28-7 victory over Douglas Byrd in a battle of Fayetteville schools in the North Carolina High School Athletic Association state 4-A football championship game at Kenan Stadium on Saturday afternoon.

Hopper, the Wendy's Most Valuable Player for the game, helped veteran coach Bob Paroli to earn his first state championship.

Byrd had cut a 14-0 halftime deficit to 14-7 when Malcolm Rowe capped a 55-yard, 11-play drive on a six-yard scoring run with 3:46 to go in the third quarter. But Hopper scored a pair of fourth-quarter touchdowns to put the game away.

Rowe led Byrd with 53 yards rushing in 13 tries, but completed just four of 21 passes and had three intercepted. Seventy-First did not complete a pass on the day.

The Falcons finished with a 14-2 mark while Douglas Byrd wound up 12-4 overall. The two had met during the regular season in a Mid-Southeastern Conference game with Seventy-First coming out on top 27-14.

BB&T is the title sponsor of the NCHSAA football championships.

Post-Game Awards: Wendy's MVP: Seventy-First RB James Hopper; Seventy-First—Outstanding Defensive Player: DE John Brown; Outstanding Offensive Player: RB Maurice Scruggs; Douglas Byrd—Outstanding Defensive Player: DT Donnie Owens; Outstanding Offensive Player: RB Chris Zavala.

## Richmond Rallies, Outlasts Britt 38-35 In 4-AA Championship

CHAPEL HILL-- Richmond Senior quarterback Tedarrius Wiley accounted for almost 400 yards of total offense as his Raiders rallied in the fourth quarter and then held on to outlast Fayetteville Jack Britt in a 38-35 shootout for the North Carolina High School Athletic Association state 4-AA football championship on Sunday at Kenan Stadium.

Wiley earned Wendy's Most Valuable Player honors with a phenomenal performance, completing 20 of 25 passes for 325 yards and four touchdowns while rushing 20 times for an additional 68 yards.

Richmond led 21-14 early in the third quarter before Britt came storming back, with quarterback Everett Proctor hitting Curtis Maheu on a 58-yard scoring play and Tremale France scoring on runs of 23 and three yards. That put the Buccaneers ahead 35-24 with 5:20 to play.

The Raiders then engineered a nine-play, 65-yard drive capped by a two-yard TD pass from Wiley to Gabe Love, who had seven receptions for 112 yards on the day, and then the two-point conversion pass from Wiley to Lovell Joy made it 35-32 with 2:19 to go.

But one play after Britt had recovered the Richmond onside kick attempt, Britt's Eric Johnson fumbled and Justin Jackson pounced on the ball for the Raiders at the Richmond 42. Wiley hit Joy for 43 yards on the next play and then connected with Joy again five plays later on a four-yard scoring pass with 53 seconds remaining to put Richmond ahead 38-35 after the PAT was blocked.

Britt drove to the Richmond 47 in the waning seconds but two passes fell incomplete and the Raiders had clinched their seventh NCHSAA football championship but first since 1998.

Everett Proctor led Britt, rushing for 75 yards in 13 carries and completing nine of 16 passes for 215 yards and a pair of touchdowns.

Richmond finished 12-3-1 overall while Britt wound up 14-2. The two Mid-Southeastern Conference foes had met during the regular season with the Raiders prevailing, 21-15.

BB&T is the title sponsor of the NCHSAA football championships.

Post-Game Awards: Wendy's MVP: Richmond QB Tedarrius Wiley; Richmond—Outstanding Defensive Player: LB Phillip LeGrande; Outstanding Offensive Player: WR Gabe Love; Jack Britt—Outstanding Defensive Player: LB Cory Johnson; Outstanding Offensive Player: QB Everett Proctor.



## DUAL TEAM WRESTLING

### Topsail Captures State 1-A Dual Team Title Over West Wilkes

THOMASVILLE—Hampstead Topsail broke a 16-16 tie and tallied 28 unanswered team points to hold off West Wilkes 44-28 and win the North Carolina High School Athletic Association state 1-A dual team wrestling championship at Thomasville High School.

Topsail was making its fourth consecutive appearance in the dual team championship match, but earned its first state crown.

Topsail's Stuart Nadeau at 171 pounds was named the Most Valuable Performer of the championship.

Topsail had advanced to the final with a 42-36 victory over host Thomasville in the regional final held earlier on Saturday, while West Wilkes moved into the championship with a 34-29 regional triumph over Polk County.

### Orange Beats Newton-Conover In 2-A Dual Team Rematch

HILLSBOROUGH—For the second year in a row, Orange downed Newton-Conover in a close match to win the North Carolina High School Athletic Association state 2-A dual team wrestling championship at Orange.

## RECORD BREAKERS?

Don't forget, if you have potential state or national listings for the record book, there is a form on line to send that information for consideration. Help us to make our state and national books as inclusive and complete as possible. Any questions call Rick Strunk at (919) 962-7786. And don't forget to check the latest version of the state record book on line!

Orange beat the Red Devils 33-27 for the state title in their home gymnasium after downing the Red Devils at Newton-Conover in the 2008 final, 29-25.

It was the third NCHSAA dual team title for Orange, which earned the 2005 3-A championship to go with the Panthers' two straight at 2-A and has a 27-3 mark.

Nicholas Shriner, the Orange 171-pounder, was named the Most Valuable Performer of the championship match. Shriner's father Bobby, the head coach of the state champs, won his 400th career dual team victory.

Newton-Conover was in the finals for the third consecutive year and finished with a dual team record of 36-6.

## Parkland Rolls To Third Straight 3-A Dual Team Wrestling Crown

GREENSBORO—Winston-Salem Parkland earned its third consecutive North Carolina High School Athletic Association state 3-A dual team wrestling championship by rolling past Greensboro Dudley 46-18 at Dudley.

Parkland, winning its fifth state championship in dual-team wrestling in the 20-year history of the tournament, kept its record unblemished on the season at 38-0 while Dudley is 20-6.

Parkland's Luis Ramos at 145 pounds was named the Most Valuable Performer of the championship match. He helped lead the charge after Dudley had opened with a 3-0 lead to enable Parkland to take command.

## Cary Continues Dominance, Rolls Past David Butler In 4-A

CARY—Cary won its third consecutive North Carolina High School Athletic Association state 4-A dual team wrestling crown and eighth in the 20-year history of the event as the Imps rolled past Matthews David Butler 43-18 at Cary High School.

The Imps were appearing in their ninth consecutive championship match and 14th all-time as they ran their perfect record to 36-0 on the season under veteran coach Jerry Winterton.

Butler, which advanced to the state finals after earning the Western Regional title on Friday night with a pair of victories, jumped out to a 6-0 lead with decisions in the first two matches at 135 and 140 pounds. But the Imps got it rolling, paced by the performances of Gabe Brotzman at 152 pounds and Eloheim Palma at heavyweight. The Cary duo shared the Most Valuable Performer award for the championship match.

Butler finished the dual-team campaign with a 21-4 record.



## SWIMMING AND DIVING

### Cardinal Gibbons Sweeps To Victory In 1A/2A Swimming

RALEIGH—Cardinal Gibbons swept to victory in both the men's and women's competition in the North Carolina High School Athletic Association state 1-A/2-A swimming and diving championships at the Willis Casey Natatorium at North Carolina State University.

Gibbons won its second straight men's crown by tallying 346 points to 248 for second-place Carrboro. Lenoir Hibernian was third with 223.5, followed by Valdese Draughn at 159 and the Durham School of the Arts with 145.

Kyle Hites of Hibernian was selected as the MVP of the men's meet. He recorded first-place finishes in the 200 IM and 100 breast, breaking the 1A/2A state record in the 100 breast.

In the women's competition, Cardinal Gibbons had a 173-point margin over the field with 403 points to 230 for runner-up Carrboro, winning its fourth consecutive team title. West Davidson was third with 169, followed by Elkin (164) and Salisbury (120).

Kelly Ann Baird from West Davidson and Caroline Smith from South Davidson shared Most Valuable Performer honors in the women's meet. Baird won both the 200 free and 500 free, breaking the 1A/2A state record in the 500 free. She also achieved automatic All-American times in both events.

Smith took first place in both the 200 IM and the 100 backstroke while breaking the 1A/2A state record in the 100 backstroke. She also achieved automatic All-American times in both events.

## CONGRATULATIONS TO JERRY WINTERTON,

head wrestling coach at Cary High School, who notched his 600th career dual team victory in January during the 2008-2009 season.

## Charlotte Catholic Women, Lake Norman Men Win State 3-A Swimming Team Crowns

CHAPEL HILL—Christine McDonough led Charlotte Catholic a convincing margin of victory in the North Carolina High School Athletic Association state 3-A swimming and diving championships at the Maurice J. Koury Natatorium on the campus of UNC-Chapel Hill.

Charlotte Catholic earned the women's team title by a whopping 145 points over second-place Waxhaw Marvin Ridge, tallying 396 points to 253 for the runners-up. Waynesville Tuscola was third with 219, followed by Lake Norman (200) and Pfafftown Ronald Reagan (174). A total of 32 schools scored in the women's meet.

McDonough was the Most Valuable Performer in the women's meet. She won first in the 100 breast and established a new NCHSAA 3-A state record while achieving an All-American automatic time.

On the men's side, Lake Norman captured the team title with 229 points to 155.5 for Charlotte Catholic. Marvin Ridge was third with 149, with Tuscola seven points back in fourth at 142 and Northwest Cabarrus fifth with 135 points.

Forty schools tallied points in the men's competition.

Tanner Lowman from East Rowan was the MVP of the men's meet, earning a pair of first place finishes in the 200 individual medley and 100 breast. In the breaststroke event, he achieved an All-American automatic time and established a new all-classification state record, breaking a 17-year-old mark set in 1992 by Ian Johnson of South Mecklenburg.

## Providence Women Earn Fifth Title In Six Years, North Mecklenburg Men Triumph In 4-A

RALEIGH—Charlotte Providence continued its dominance in women's swimming, capturing the North Carolina High School Athletic Association state 4-A swimming and diving team championship for the fifth time in six years and 10th in the last 12 seasons in action at the Willis Casey Natatorium at N.C. State.

Providence recorded 221 points to 177 for runner-up Raleigh Leesville Road. East Chapel Hill was third with 171, while Morrisville Green Hope was fourth with 160 and Raleigh Enloe was fifth at 154.

Lauren Perdue of Greenville Rose was selected as the Most Valuable Performer in the women's meet with a great performance. She took first place in both the 50 free (23.40) and the 100 free (51.25) and in both events she broke the state record in the preliminaries and again in the finals. Both were automatic All-American times.

North Mecklenburg nipped Providence in the men's meet, giving a Charlotte school its first men's NCHSAA 4-A swimming championship since 1998. North Meck scored a total of 290 points to 287 for Providence, followed by Raleigh Enloe (158), East Chapel Hill (147) and South Mecklenburg (135).

The men's MVP was Ben Correll of Providence, who captured top honors in both the 200 freestyle (1:40.11) and the 500 freestyle (4:33.38), with both times meeting the automatic All-American standard.



## INDOOR TRACK

### Cummings Wins Third Straight Title, Southwest Guilford Rallies To Win 1A/2A/3A Indoor

CHAPEL HILL—Sherice Walker and her Burlington Cummings High School teammates had a great day.

Walker, a senior, took first place in three individual events to lead Cummings to its third consecutive 1-A/2-A/3-A North Carolina High School Athletic Association women's state indoor track and field championship at the Eddie Smith Indoor Arena on the University of North Carolina campus.

Cummings has won the team title in each of the three years that there has been a separate classification for 1-A/2-A/3-A in indoor track, and Walker repeated as the championship meet's Most Valuable Performer. She took first place in the triple jump, long jump and the 55-meter hurdles.

Cummings tallied 74 points to 53 for Asheville T.C. Roberson. Jacksonville White Oak was third with 35, followed by Winston-Salem Parkland (28) and Greensboro Dudley (25). A total of 43 teams earned points in the women's meet.

The men's meet was much closer, with Asheville hanging on to a three-point lead over Southwest Guilford in the team standings entering the final event of the day. But Southwest Guilford finished third in the four by 400 relay while Asheville was 12th in the event, lifting Southwest to victory.

Southwest scored 51 points to 48 for Asheville, followed by Waxhaw Marvin Ridge (45), Hendersonville (31) and Winston-Salem Parkland (26.5). There were 52 schools that scored points in the men's competition.

Cordell Livingston of Southwest Guilford captured top honors in both the 55-meter hurdles and the triple jump and was second in the long jump to earn Most Valuable Performer honors. His time of 7.47 seconds in the hurdles established a new 1-A/2-A/3-A state record.

Hendersonville's Darryl Demps set a new classification record in the 300 meter dash (35.77) and ran the lead leg on the four by 400 relay team that established a new classification mark of 3:28.19.

## Southeast Raleigh Nudges New Bern In 4-A Men's Meet; Mount Tabor Takes Women's

CHAPEL HILL—By the slimmest of margins, Southeast Raleigh nipped New Bern to win the team title in the North Carolina High School Athletic Association men's 4-A indoor track and field championships at the Eddie Smith Indoor Arena on the University of North Carolina campus.

Southeast Raleigh won the title by 0.5 points and what boiled down to 0.89 seconds. New Bern won the final event of the night, the four by 400 relay, in a state record time of 3:21.79. But Southeast Raleigh finished fourth, 0.89 seconds out of fifth, and that was just enough to nip the Bears in the team standings.

Southeast Raleigh scored 62.5 points to 62 for New Bern. Morrisville Green Hope was well back in third with 31 points, followed by West Charlotte (28) and a tie for fifth at 23 points between Charlotte Z.B. Vance and East Forsyth. There were 43 schools scoring points in the men's competition.

New Bern's Fuquawn Greene was the MVP, winning the 300 and finishing second in the 55 while running a leg of the four by 400.

Lincoln Carr of Fayetteville Pine Forest won a pair of individual titles, winning both the triple jump and the long jump.

Winston-Salem Mount Tabor won the women's title with 50 points to 46 to runner-up Matthews David Butler. Southeast Raleigh and Charlotte Myers Park tied for third with 43 points and West Charlotte was fifth at 31.

A total of 41 schools scored points in the women's meet.

West Charlotte's Nyosha Bryant was the women's MVP, taking first in the long jump, runner-up in the 55 and placing seventh in the 300.



## TOURNAMENT WRESTLING

### Cary Makes It Five Titles In A Row In 4-A Wrestling Championships

WINSTON-SALEM—Four-time defending champion Cary made it five state team titles in a row in convincing fashion in the North Carolina High School Athletic Association 4-A wrestling tournament championships at the Lawrence Joel Veterans Memorial Coliseum.

Cary, under veteran coach Jerry Winterton, placed four wrestlers in the championship matches and went on to record 126.5 points, ahead of Davie County in second place with 98. All four Cary wrestlers in the finals earned state titles, including Ben Creed at 103 pounds, Gabe Brotzman at 152, Matthew Colvard at 160 and heavyweight Eloheim Palma. Palma, a senior and one of the top ranked wrestlers in the nation, completed a perfect 62-0 season.

Concord Jay Robinson was third in the team standings with 78.5 points, just ahead of Hope Mills South View with 77. Fayetteville Pine Forest was fifth with 68 points and Fayetteville Seventy-First sixth at 58.5 and Fayetteville Jack Britt seventh at 55 in a strong showing by Cumberland County teams.

Chapel Hill's Corey Mock won the 135-pound title to become only the seventh four-time champion in NCHSAA history and was named the Most Outstanding Wrestler of the championships.

Wendy's is the presenting sponsor for the NCHSAA sports program, and the event was sponsored by Visit Winston-Salem.

### Defending Champ Parkland Wins Again In 3-A Wrestling

WINSTON-SALEM—Winston-Salem Parkland rolled to its third straight team state championship in the North Carolina High School Athletic Association state 3-A wrestling tournament championships at the Lawrence Joel Veterans Memorial Coliseum.

Parkland scored a total of 148 points to 99 for runner-up Hickory St. Stephens.



The late Scott Adams, son of NCHSAA executive director Charlie and Sue Adams, was memorialized at the NCHSAA wrestling championships after his untimely death in February. He was a former high school wrestler and had also coached wrestling.

Trinity was third at 93 points, followed by Mooresville with 84 and Jamestown Ragsdale with 78.5.

Parkland's strength in the middle weights was evident as five Parkland wrestlers made it to the state final in their respective weight classes. Luis Ramos (140), Desean Grimes-Hines (152) and Marciano Ali (160) earned individual state championships for Parkland, with Ali finishing with a perfect 65-0 record on the season.

Jamestown Ragsdale's Jacob Creed, the 135-pound champion and one of two Ragsdale individual titlists—Brandon Hodges at 130 was the other—was the Most Outstanding Wrestler of the championships.

Wendy's is the presenting sponsor for the NCHSAA sports program, and the event was sponsored by Visit Winston-Salem.

### Orange Wins Tight Battle In State 1-A/2-A Wrestling

WINSTON-SALEM—Orange held off Newport Croatan to take the team title in the North Carolina High School Athletic Association 1-A/2-A state wrestling tournament championships at the Lawrence Joel Veterans Memorial Coliseum.

Defending champion Orange, which also won the 2009 2-A dual team title, had three wrestlers in the finals while Croatan had only Ryan Blackwell, who won the 112-pound title. But all three Panthers came through to win individual state titles for Orange and secure the team crown, including Chris Johnson at 125, James Norman at 130 and Remington Jarrett at 145.

Seven teams were within nine points of one another at the top of the standings after Friday's opening rounds of competition.

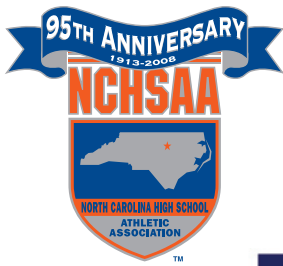
Orange tallied 98 points to 87 for runner-up Croatan. Mayodan Dalton McMichael was third with 59.5 points, followed by Robbinsville (53), Raleigh Cardinal Gibbons (52.5), Lenoir Hibernites (51.5) and Newton-Conover (49).

Ashe County's Aaron Scott, the 140-pound champion, was named the Most Outstanding Wrestler of the championships.

Wendy's is the presenting sponsor for the NCHSAA sports program, and the event is sponsored by Visit Winston-Salem.

## CONGRATULATIONS TO DOUG HOLLEMAN,

who was honored in February at a Cary High School basketball game. He is the only living member of the 1939 Cary state championship basketball team and a proclamation was read in his honor.



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