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NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

# BULLETIN

SUMMER 2008

## Robinson, Abrams-Ward Named NCHSAA Athletes Of The Year At Annual Meeting



**NCHSAA Athletes of Year**  
**E.J. Abrams-Ward,**  
**Janetta Robinson**  
*NCHSAA photo by John Bell*

CHAPEL HILL—Jannetta Robinson of Pender High School and E.J. Abrams-Ward of Thomasville High School have been named winners of the 2008 Athlete of the Year awards by the North Carolina High School Athletic Association (NCHSAA).

These are the top athletic awards given by the NCHSAA to honor the most outstanding male and female high school athletes in the state. They were presented at the Dean E. Smith Center on the University of North Carolina campus during the NCHSAA's Annual Meeting.

Both of the winners were selected by a special panel of media representatives from across the state. They were each presented with the Pat Best Memorial Trophy, named for the former Goldsboro High principal and president of the NCHSAA who died unexpectedly in 1988.

"We congratulate these fine student-athletes on their great achievements during their high school careers," said Charlie Adams, executive director of the NCHSAA. "Both have tremendous

impressive credentials along the lines of the previous outstanding winners of this award, and we certainly wish them the best in the future."

Abrams is a three-sport athlete, excelling in football, basketball and baseball.

In football, he was a 6-5, 220-pound star who was a linebacker but played quarterback because that is where his team, a perennial power, needed him. During the 2007 campaign he rushed for 1,288 yards and scored nine touchdowns while throwing for better than 2,000 yards and 24 scores. He was named to several all-state teams in that sport and played in the Shrine Bowl.

In basketball he averaged 20 points, eight rebounds and two steals a game and wound up with better than one thousand points for his career. He was an all-Northwest selection by the Winston-Salem Journal on a team that got to the regional finals and he was the Lexington Dispatch county Player of the Year.

A pitcher and outfielder who started late due to the length of the basketball season, he is one of the team's top hitters and had 20 strikeouts in his first 12 innings as a pitcher, winning his first two starts. He will attend the University of Tennessee next year on a football scholarship.

Robinson has been a star in three varsity sports for four years and recently added a fourth sport. She has played for five NCHSAA state championships in three different sports and has won two in her career.

Her volleyball team had a 96-11 record during her four-year career. She was second on the team in kills and blocks and led her club in digs, earning all-Waccamaw Conference honors in that sport.

She led the Pender basketball team to a 30-2 mark this year and state runner-up finish, averaging 17.1 points, 8.6 rebounds, 5.1 steals and 4.3 assists per game. She was Eastern Regional Most Valuable Player this season and made the Associated Press all-state second team. Her teams posted a 92-26 mark during her four seasons of play.

Softball is perhaps her best sport, as she is the leadoff hitter for the defending state 1-A champions who were 28-2 a year ago. Recently she was batting .545 with an on base percentage of .636. Her teams have posted a 79-12 record in her first three varsity seasons and she was selected as the 1-A Eastern Player of the Year by the North Carolina Fastpitch Softball Association.

And because the team needed her, she tried track for the first time recently. In her second meet, she won the conference championship in the 200 and was second in the 100 and has qualified for the regionals in three different events. She plans to further her education at Barton College.

This is the 23rd year in which awards have been given to the top overall male and female athletes. Over 140,000 athletes compete in the NCHSAA's 21-sport program.

### NCHSAA ATHLETES OF THE YEAR

#### Previous Winners of the Pat Best Memorial Trophy

1985-86	Pam Doggett, Dudley Patrick Lennon, Whiteville
1986-87	Andrea Stinson, North Mecklenburg Robert Siler, Jordan-Matthews
1987-88	LeAnn Kennedy, Trinity Chester McGlockton, Whiteville
1988-89	Danyel Parker, Clinton Ethan Albright, Grimsley
1989-90	Karen Davis, Forbush David Inman, Terry Sanford
1990-91	Christy Cagle, Hayesville Mike Kendall, Albemarle
1991-92	Wendy Palmer, Person Rusty LaRue, Northwest Guilford
1992-93	Holly Hill, Southwestern Randolph Tyrone Westmoreland, South Iredell
1993-94	Jamie Parsons, Millbrook Brian Roseboro, T.Wingate Andrews
1994-95	Aedrin Murray, Chatham Central Na Brown, Reidsville
1995-96	Shea Ralph, Terry Sanford Titcus Pettigrew, West Forsyth
1996-97	Jackie Houston, Kings Mountain Tyrell Godwin, East Bladen
1997-98	Clifeteana McKiver, East Duplin Julius Peppers, Southern Nash
1998-99	Anna Tharrington, Southern Nash Nick Maddox, A.L. Brown
1999-2000	Courtney Willis, Terry Sanford Manny DeShauteurs, Brevard
2000-01	Molly Pyles, Hendersonville Derrele Mitchell, R.J. Reynolds
2001-02	Katrelle Armwood, Durham School of Arts A.J. Davis, Northern Durham
2002-03	Anna Evans, Lumberton Drew Williamson, Cummings
2003-04	Eva Baucom, Forest Hills Jim Ollis, Polk County
2004-05	Jessie Sims, West Henderson Terrell Hudgins, Rocky Mount
2005-06	Megan Zullo, Farmville Central Kendric Burney, Southwest Onslow
2006-07	Gabby Mayo, Southeast Raleigh Dee Bost, Concord

**RECORD BREAKERS?** Don't forget, if you have any potential state or national listings for the record book, there is a form on line to send that information for consideration. Help us to make our state and national books as inclusive and complete as possible. Any questions call Rick Strunk at (919) 962-7786. And don't forget to check the latest version of the state record book on line!

## NCHSAA Board Of Directors Makes Changes At Spring Meeting

CHAPEL HILL—The North Carolina High School Athletic Association Board of Directors concluded its spring meeting at the Simon F. Terrell Building by taking a number of actions.

Among the items approved was the realignment plan for 2009-13, with Board accepting the proposal the Realignment Committee recommended without any changes.

In other actions, the Board:

- Changed penalty code to include 365-day suspension from eligibility for student-athlete who has utilized falsified information
- Recommended some type of preseason power point presentation relative to eligibility rules of the NCHSAA for preseason meeting presentation to athletes as well as coaches; mandated for coaches prior to the sports season they coach; also that it is made available to parents as well as guidance counselors and other administrators
- Approved NCHSAA staff developing an eligibility checklist for use at the member schools, to be signed by principal and athletic director at each member school
- Mandated the sharing of eligibility forms by all schools in each sport in a particular conference
- Approved of the two-year football calendar, for 2009 and 2010
- Recommend continuing current system of weekly weigh ins for wrestling
- Approved two-year trial period for locations for championships in dual team wrestling, going with two in the East and two in the West each year starting in 2009
- Made several adjustments in women's golf qualifying in state tournament: the top four teams qualify with best three scores, regardless of individual position; if school does not finish in top four but qualifies three individuals, school could compete as team at state finals; a team could still qualify players four and

five if their scores were among the best qualifying scores; remaining individual spots, based on the percentages for that regional, that number of best scores would advance to state finals

- Made eight-quarter rule for football permanent since the two-year experimental phase is over
- Approved one year trial basis for 3-A swimming for qualifying in 2008-09, to bring eight fastest times in East and eight fastest in West to the finals, and then the eight overall fastest times to complete field. Staff then will bring in committee to evaluate the process after the one-year experiment.
- Approved insurance recommendation, with catastrophic the same cost as last year and all-athletic insurance premiums reduced
- Approved refund to schools for deficit, lost revenue or excessive travel for football
- Endowment is now at \$11.5 million, with fifty percent restricted; money will also be returned to schools for interest on Endowment, with \$232,910 allocated out, with \$100,000 being returned to schools to help offset cost of catastrophic insurance; \$36,910 going to offset cost of some events in Winston-Salem after sponsorship failed, with \$86,000 going for previously approved program to provide AEDs to selected schools
- Accepted ejection report, noting concerning that ejections are up 95 percent overall, including up in football 188%, men's basketball up 148%, men's soccer up 85%, wrestling down 15%, women's basketball down 25%

Charlie Adams, executive director of the NCHSAA, said, "It was a really strong performance from the Board in some critical issues, and our Board members did quite a bit of work over the last couple of days tackling some things that needed to be addressed."

## NCHSAA Coach-Captain Retreat Helps Promote Teamwork For Students

RESEARCH TRIANGLE PARK—The North Carolina High School Athletic Association held its spring 2008 Coach-Captain Retreat in early April, the 27th in a series of successful events.

The event, part of the Association's Student Services program, was held at the Radisson Governors Inn and attracted students from all over North Carolina.

Retreat teams include student-athletes who will be captains or leaders of their athletic squads in the coming year, a coach from the school and a parent representative. They are designed to promote the concept of "teamwork." Issues such as leadership development, alcohol, tobacco and other drugs, violence prevention strategies and academic success are addressed at these retreats, the first of which was held in the spring of '95.

The retreats are designed to help student-athletes define leadership qualities, identify key

issues that affect them, learn to communicate effectively with other students and adults about these issues, and

Coach-Captain retreats are organized and administered by NCHSAA assistant executive director Mark Dreibelbis and student services assistant Chiquana Dancy.

"Student Services is the 'value-added' division of the NCHSAA," said Dreibelbis. "The Coach/Captain Retreat emphasizes the responsibility of student-athletes to take their leadership skills and implement programs promoting positive life skills and total development through athletics to both their school and community. Having the opportunity to develop these initiatives and assist in their implementation is what Student Services is all about. Our programs make

a difference and create winners for life."

Facilitators included the following NCHSAA Student Services Trainers: Mike Brown, retired athletic director from the New Hanover County schools and president of B&M Associates; P.J. Taylor, retired teacher/coach at Williamston High and former safe and drug free schools coordinator for the Martin County Schools; Teresa Coleman, coach and athletic director at West Bladen High School; Faye Corbin, teacher and coach at Hope Mills South View High School; Susan Cox, athletic director at Perquimans High School; and Coleman Bailey, a teacher and coach at Greenville D.H. Conley High School.

Teams always conclude their retreat experience by developing an action plan, something that can be taken back and executed in their local school. Among the components of the action plan are bulletin boards in the school, public service announcements for the school intercom, a community service project, a newsletter for student-athletes and other school/community ideas generated by the team itself.

In addition to the staff, there were 94 participants in the retreat, with a total of 67 student-athletes and 27 adults attending. The adult total included 20 coaches or administrators, representing a total of 15 different schools, and seven parents of athletes.

Teams at the retreat represented the following schools:

Asheboro, Greenville D. H. Conley, East Carteret, Charlotte Independence, McDowell, Mayodan Dalton McMichael, Northampton-East, Northampton-West, Monroe Parkwood, Perquimans, South Johnston, Hope Mills South View, West Bladen, West Brunswick, Western Harnett.

## Watauga, Asheboro Earn Special Awards At NCHSAA Annual Meeting

CHAPEL HILL—Two new major awards were presented to schools for the second year in a row at the North Carolina High School Athletic Association Annual Meeting at the Smith Center on the University of North Carolina campus.

Watauga High School was named the second annual winner of the Exemplary School Award while Asheboro High School earned the 2008 Sportsmanship Award.

The awards are given as a cooperative venture among the NCHSAA, the North Carolina Coaches Association and the North Carolina Athletic Directors Association. In addition to a trophy and a banner for display at the respective schools, each school received a \$1000 cash award.

The Exemplary School Award recognizes the top overall school in the state in terms of the "total program," including but not limited to athletic success, scope of athletic opportunities offered, facilities, community interest and involvement, academics and the like.

Watauga is recognized as a North Carolina School of Distinction and is consistently ranked among the top in state Scholastic Aptitude Testing scores.

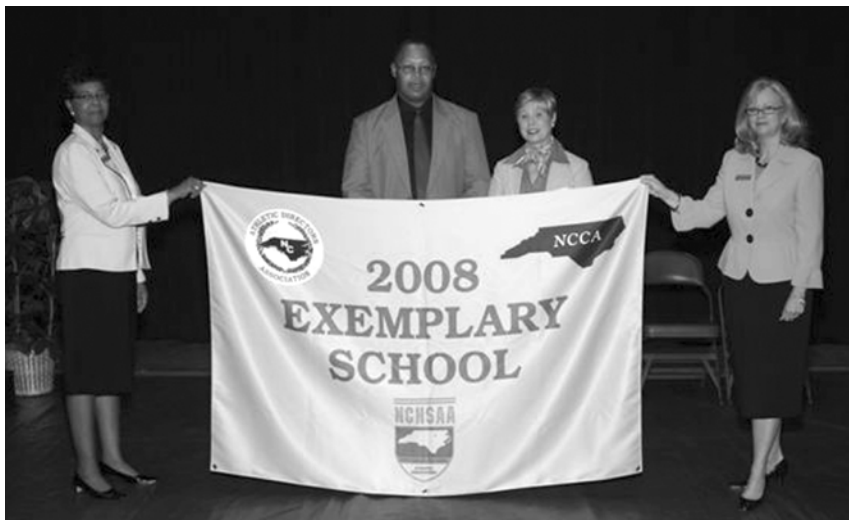
The Pioneers have won the Northwestern 4-A Wachovia Conference Cup nine of the past 11 years and fields 33 different teams in 22 different sports. Already the school has won league titles in football, volleyball, men's and women's tennis, men's cross country and men's soccer this year. Veteran track and cross country coach Randy McDonough, has produced 68 conference championship teams and 10 NCHSAA state championship teams.

The women's soccer program has won 16 conference championships since 1993 but has also won an NCHSAA Scholar-Athlete team award for nine consecutive years. More than that, though many of the Watauga athletic programs are involved in community service, including several that conduct free clinics for youngsters

The sportsmanship honor is designed to recognize a school that has been ejection free, has a plan to promote and implement good sportsmanship, is welcoming to visiting fans, makes appropriate accommodations for officials and their own fans demonstrate good sportsmanship.

Asheboro has made treating the visiting fans and teams a major priority. The booster club assists with the hospitality that is provided to visitors. The school is continuing a streak of ejection free years.

Plans are for the Asheboro coaching staff to undergo the National Federation of State High School Associations (NFHS) coaching education next month, and the school also



*Watauga athletic director Lavell Hall (standing at center) and superintendent Bobbie Short stand with banner for Exemplary School award.*



NCHSAA photos by John Bell

*Asheboro athletic director Sam Whitley, superintendent Diane Frost and principal Larry Riggin (left to right standing at center) display Sportsmanship banner.*

has a meeting in the spring for all prospective student athletes and parents, in addition to the mandatory pre season meetings, where the appropriate behavior expected of the school's athletes is discussed.

The process of selection for both the awards is a multi-tiered one, including nominations and feedback from schools to select finalists, and then the finalists submitted applications with specific information relative to their potential award.

Greenville's J.H. Rose won the inaugural Exemplary School award and North Duplin was last year's Sportsmanship winner.



## Cindi Simmons, Thomas Evaul Win Toby Webb Awards For North Carolina High School Athletic Association

CHAPEL HILL—Cindi Simmons of Smoky Mountain High School in Sylva and Thomas Evaul of Avery County High School are the recipients of the third annual Toby Webb Coach of the Year Award given by the North Carolina High School Athletic Association.

The two outstanding coaches were recognized at the NCHSAA's Annual Meeting at the Smith Center on the campus of the University of North Carolina.

The Webb Award is made possible through the generosity of gifts from individuals and companies through the NCHSAA Endowment and annually recognizes an outstanding male and female coach. To be eligible for the award, a coach must be nominated by school personnel at the NCHSAA member school where he or she coaches, to have coached for a minimum of 10 years, and have made major contributions to the success of high school athletics at the school, in the community and beyond.

Simmons has coached women's basketball for 25 seasons and volleyball for 21, all at Sylva-Webster or at Smoky Mountain, and has been highly successful in both. She has won three state titles and 11 conference championships in volleyball, and her 2007 basketball team won the state championship to go with seven league titles in that sport. She has an outstanding overall record of 453-218 as a basketball head coach.

She was president of the North Carolina Coaches Association in 2005-06, the first woman to hold that position, and has won numerous Coach of the Year honors in both sports. A graduate of Hayesville High School and Western Carolina University, Simmons is in the WCU Athletic Hall of Fame and is a National Board Certified Teacher. She has also started community outreach programs such as "Reading with the Lady Mustangs," a program that sends her basketball players into the elementary school classrooms.

Thomas Evaul has been a head coach in wrestling, tennis and soccer during his career, with over 20 years as a head soccer coach at Avery County. He helped initiate both the men's and women's soccer programs as well as tennis at his school.



### WEBB AWARD WINNERS

*Cindi Simmons of Smoky Mountain (left) and Thomas Evaul of Avery County (right) proudly display their Toby Webb Awards, with the award's namesake, Toby Webb, at center*

*(NCHSAA photo by John Bell)*

He also served as Avery's athletic director for eight years and coached in the North Carolina Coaches' Association East-West all-star soccer game in 2003.

Evaul, who also teaches Spanish, has provided translation services in his county for civic organizations, hospitals and the sheriff's department, among others, and has been involved with recreation department sports in the county. He has also served as the faculty sponsor for student government at Avery.

The award is in honor of Toby Webb, a member of the NCHSAA Hall of Fame who was an outstanding coach as well as a principal and superintendent. He helped turn Albemarle into a football power and posted a brilliant 103-18-6 mark as a head coach there.



*State Award winners in several different categories were presented at the NCHSAA Annual Meeting.*

*Complete story is on Page 10. Pictured are Jim Connors of News 14 Carolina, Anna Spear of Havelock, Dave Diamont of East Surry, Sheila Boles of Hoggard, and Ralph Holloway of East Carteret*

*(NCHSAA photo by John Bell).*

## Recipients Named Of Second Annual Golden Whistle Merit Awards

CHAPEL HILL—Two outstanding individuals from the world of high school officiating were honored with an award for lifetime achievement at the North Carolina High School Athletic Association Annual Meeting.

Jerry Johnson of Goldsboro and Brenda Halford of Mount Holly received the second annual Golden Whistle Merit Award, created in a partnership among the North Carolina High School Athletic Association (NCHSAA), the North Carolina Coaches Association (NCCA) and the North Carolina Athletic Directors Association (NCADA).

The awards were presented at the NCHSAA at the Dean E. Smith Center on the campus of the University of North Carolina.

Criteria for the award include demonstrating leadership, performance, service and training for the betterment of officiating, possessing officiating abilities emulated by fellow officials, being regarded as a person of integrity and character, and a minimum of 10 years of experience as an active official.

Recipients of the Golden Whistle Merit Award include:

- Jerry Johnson currently serves as the booking agent for the East Carolina Baseball Umpires Association but has amazing officiating experience in a variety of sports. He has worked over 3,000 baseball games in the past 33 years, in addition to 1,795 basketball games during 26 seasons and almost 1,000 football games. He has worked eight NCHSAA state baseball championship series involving all four classifications, several state 4-A championships in basketball as well as football state title games. He also has worked a number of important collegiate events in baseball and basketball. A graduate of North Carolina A&T State University, he has retired from the Wayne County Public Schools as a teacher and then school administrator.

- Brenda Halford is currently a National Board-certified elementary school teacher in the Charlotte-Mecklenburg system with a wonderful resume as an official. A member of the Enka High School Hall of Fame, and a two-sport athlete at Western Carolina University, Halford has been an NCHSAA volleyball official for 25 years and a facilitator and clinic leader in that sport for 10 years. She has officiated in three NCHSAA championship matches and works out of the Western Piedmont Officials Association.

"These two are truly representative of excellence and leadership in officiating," said Mark Dreibelbis, supervisor of officials for the NCHSAA. "We are extremely proud to make this presentation to these individuals who have demonstrated sacrifice and commitment."



### GOLDEN WHISTLE RECIPIENTS

*For great service in the field of officiating, Brenda Halford (left) and Jerry Johnson were honored at the NCHSAA Annual Meeting. Assistant executive director Mark Dreibelbis presented the awards to the winners.*

*(NCHSAA photo by John Bell).*

## David Riggs Receives Grid Award From Triangle Chapter

CHAPEL HILL—Veteran football coach David Riggs has received a prestigious honor.

The Triangle Chapter of North Carolina of the National Football Foundation and College Hall of Fame named Riggs winner of the Outstanding Contribution to Amateur Football award.

The presentation was made at the chapter's 13th annual awards dinner, held this year at the Vaughn Towers at Carter-Finley Stadium in Raleigh.

Riggs had most recently been head football coach at Fuquay-Varina during a career of over 35 years. He also coached at Raleigh Broughton, where he won a state title in his first year of coaching in 1970; McDowell, Athens Drive, Cary and Sanderson. Riggs graduated from Morganton High School and then played football at the University of North Carolina from 1964 through '67.

In addition, a total of 13 high school football scholar-athletes were recognized from the Triangle area and received scholar-

ships donated from various sources. The winners included Ben Goudeau of Apex, Nick DeMuro of Athens Drive, Wade Snedecor of Raleigh Broughton, Ethan Pond of Cary, Christopher Wojnarowski of Hillsborough Cedar Ridge, Karl von Allmen of Chapel Hill, Josh Grizzard of East Wake, Travis Bradley of Fuquay-Varina, Austin Gulley of Garner, Mike Cheston of Green Hope, Quinton Scotton of Hillside, Andrew Reid of Durham Jordan, Terry Mitchell James III of Apex Middle Creek, Adam Walton of Raleigh Millbrook, Charles McMillan of Northern Durham, Dalton Lile of Durham Riverside and Tyler Zoda of Raleigh Sanderson.

Those honorees from NCHSAA member schools included Founded in 1947, the National Football Foundation and College Hall of Fame is dedicated to mobilizing the constructive forces of amateur football, at all levels, for the benefit of society as a whole, helping bring together all of the organized groups that play, coach, administer, support and report amateur football.

## Salisbury's Wear, Pamlico's Moye Named NCHSAA Clary Medal Winners

CHAPEL HILL—Susie Wear of Salisbury High School and Greg Moye of Pamlico County High School have been named the recipients of the Clary Medals awarded by the North Carolina High School Athletic Association.

The two outstanding student-athletes were recognized at the NCHSAA's Annual Meeting on at the Dean E. Smith Center on the campus of the University of North Carolina at Chapel Hill.

The Clary Medal is made possible through the generosity of the Eddie and Jo Allison Smith Family Foundation through the NCHSAA Endowment. It annually recognizes an outstanding male and female student-athlete who will each receive a \$1,000 scholarship to further his or her education at the college level.

To be eligible for the award, a student must be a senior at an NCHSAA member school, participate on at least two athletic teams, maintain at least a 3.2 cumulative grade point average on a 4.0 scale, and demonstrate excellence in athletic participation, extra-curricular activities and community service.

Wear played three different sports all four years at Salisbury, including tennis, swimming and soccer, earning all-conference honors in all three while serving as co-captain of all three squads. She played number-one singles on the tennis team that won the NCHSAA state 2-A team title, and she was a member of the doubles team that earned a state championship.

Vice-president of the National Honor Society at Salisbury, Wear was selected to attend the National Youth Leadership Forum on Medicine as well as the North Carolina Youth Legislative Assembly in Raleigh. A member of St. Luke's Episcopal Church, she has gone on a mission trip to Mexico with her church and organized a tennis program for at-risk children in the community.

Moye has been a three-sport athlete at Pamlico, competing in football, wrestling and baseball. He has served as a co-captain in all three sports and earned all-conference honors in football and baseball, including being the football team MVP as a junior. A serious automobile accident just prior to the first

football game last August kept him out for a while but he battled back from injuries to start at middle linebacker in the final two games of the regular season.

A Wendy's High School Heisman nominee from Pamlico, Moye was an NCHSAA Heart of a Champion recipient in 2007.

The award is in memory of Wilburn Columbus Clary, a member of the NCHSAA Hall of Fame who was an outstanding coach and game official. He served as the executive secretary of the old Western North Carolina High School Activities Association from 1948 through 1977, when its schools joined the NCHSAA. Clary was also the first collegiate football official to be inducted into the National Football Foundation and College Hall of Fame.

"Both Susie and Greg are exemplary citizens and student-athletes," said Charlie Adams, executive director of the NCHSAA. "They are outstanding selections for the Clary Medals, which we believe is becoming one of the top awards the NCHSAA can present to a student."

The inaugural winners of the award were Nicole Harris of North Wilkes and Brad Hardee of South Caldwell, and the 2007 winners included Lauren White of North Mecklenburg and Colby Meador of Rockingham County.



### CLARY MEDAL WINNERS

*The second annual Clary Medal winners received their awards at the NCHSAA Annual Meeting. Pictured from left are Greg Moye of Pamlico; Jo Allison Clary Smith, daughter of the late W.C. Clary, who presented the award, and Susie Wear of Salisbury.*

*(NCHSAA photo by John Bell).*



### NATIONAL RECOGNITIONS

*Three people were honored at the NCHSAA Annual Meeting for their involvement and awards received from the National Federation of State High School Associations (NFHS). From left, they include Tim Stevens of the Raleigh News and Observer, who was inducted into the National High School Sports Hall of Fame last summer; Jim Maxwell, Association counsel from Durham, who received an NFHS Outstanding Service Award; and Jerry McGee of the N.C. Athletic Directors Association, who received the NFHS Award of Merit and will join the National High School Sports Hall of Fame this summer.*



## New Hanover Coach, Swansboro Athlete Win Second Annual Pat Gainey Awards

CHAPEL HILL—The North Carolina High School Athletic Association announced today the winners of two special awards established in the name of the late Pat Gainey, long-time coach who was inducted into the NCHSAA Hall of Fame in 2007.

Vertha Dixon-Wright of New Hanover High School in Wilmington is the recipient of the Pat Gainey Coach Award, and Thomas John "T.J." Scholl of Swansboro High School is the winner of the Gainey Student Scholarship award.

The awards were presented at the NCHSAA Annual Meeting at the Smith Center on the University of North Carolina campus.

The Pat Gainey Coach Award recognizes excellence in character, achievement and coaching. It is designed to go to a varsity coach at an NCHSAA school who provides great leadership, who shows interest in his or her athletes on and off the field or court, is recognized as scrupulously honest, and has strongly supported an anti-drug and alcohol policy.

Dixon-Wright has been head women's basketball coach at New Hanover for 20 years, and also served as head volleyball coach there from 1988 through '97 and a couple of years as an assistant softball coach. A former basketball standout at UNC-Wilmington, she has 293 career victories in basketball and is a three-time Midwestern Conference Coach of the Year.

Dixon-Wright has involved her athletes in the community, with her team regularly visiting the local pediatric ward of the hospital, working at elementary schools during field days, and her team has worked with the Pink Ribbon campaign for breast cancer awareness.

The Gainey Student Scholarship recognizes athletic achievement and strength of character. The criteria for this year's award included that the student be a senior male athlete with at least a cumulative GPA of 3.2, possess a strong work ethic, demonstrate athletic success during the high school career and demonstrate respect for coaches and teammates.

A senior at Swansboro, Scholl played four years of soccer, basketball and baseball during his high school years and earned all-conference honors in both soccer and basketball. He was the Jacksonville Daily News co-Defensive Player of the Year in soccer this fall.

Scholl served as editor of the Swansboro yearbook this year and is a class marshal. He has earned the NCHSAA Scholar-Athlete award for every semester he has been in school and has also been active in student government.

The Student Scholarship Award is available to NCHSAA member schools in counties having a poverty rate of 20 percent or more for children 17 and under, and the coaches' award is available for nominations from all NCHSAA member schools. Student scholarship recipients alternate annually between a female athlete and a male baseball player meeting the established criteria.

The awards are made possible by a gift from Gainey's daughter, Mrs. Berry Jo Gainey Shoen, who currently resides in Port Townsend, Washington.

A native of Dunn, Gainey recorded a phenomenal record in women's basketball at a couple of different stops during his coaching career and was a real supporter of women's athletics. His overall record at Pamlico was an incredible 93-6 in women's basketball and he also fielded outstanding baseball teams there. He then moved to Taylorsville, where he coached from 1955-64. His women's basketball teams won five Western North Carolina High School Activities Association titles and at one point recorded 54 consecutive wins and a whopping 140 straight conference victories. His overall women's basketball mark was 358-57.

"We are really excited about both of these awards and believe these are great additions to the legacy of Pat Gainey," said NCHSAA executive director Charlie Adams. "The recipients certainly embody many of the wonderful characteristics that made Pat so successful."



*Swansboro High School's T.J. Scholl receives the Gainey Scholarship Award, flanked at left by NCHSAA director of development Karen DeHart and at right by executive director Charlie Adams*  
(NCHSAA photo by John Bell)



*Vertha Dixon-Wright of New Hanover High School receives the Gainey Award for coaches, flanked at left by NCHSAA director of development Karen DeHart and at right by executive director Charlie Adams*  
(NCHSAA photo by John Bell)

## State Award Winners Honored At 2008 NCHSAA Annual Meeting

CHAPEL HILL—Coaches, administrators and media representatives were among those receiving awards when the North Carolina High School Athletic Association held its 2008 Annual Meeting.

The event occurred at the Dean E. Smith Center on the campus of the University of North Carolina at Chapel Hill, the day after the spring meeting of the NCHSAA's Board of Directors has concluded.

The Association annually presents these statewide awards in several different categories, all based on those "who have done the most for high school athletics" rather than a single accomplishment or having an outstanding won-loss record. All state winners are previous regional award winners, and the regional awards are actually voted on by school administrators and coaches in the respective regions.

The awards are named in memory or in honor of outstanding individuals in each category, three of whom are current members of the NCHSAA Hall of Fame. The state winners for 2008 include:

- Doris Howard Female Coach of the Year: Anna Spear of Havelock graduated from East Carolina University after attending Peace College. She has been the women's basketball coach at Havelock for the last nine years, also serving as assistant athletic director for women's sports and assistant softball coach. Prior to that, the Southern Nash High School grad coached 17 years at North Lenoir, including taking a softball team to the state finals and initiating the volleyball program there.

- Harvey Reid Male Coach of the Year: Dave Diamont of East Surry has been an outstanding head football coach during stops at Mount Airy and East Surry, with teams regularly in the playoffs. He attended the old Ashley High in Gastonia and graduated from Wake Forest University. During his time as a representative in the General Assembly for a 20-year period from 1976-1995, he rose to chair the Education Committee and he was a great advocate for the North Carolina High School Athletic Association.

- Dave Harris Athletic Director of the Year: Sheila Boles of Wilmington's Hoggard High School took over as athletic director at the school after 11 successful seasons as the men's varsity basketball coach during which her teams posted a record 167-120, the first coach ever to post a winning mark in that sport. She was a standout athlete at Fayetteville Seventy-First High School and then played at UNC-Wilmington, where she was the first female to earn a basketball scholarship. She is a former Courage award winner from the NCHSAA.

- Bob Deaton Principal of the Year: Ralph Holloway of East Carteret is a former president of the North Carolina High School Athletic Association Board of Directors. He was an outstanding coach at Burlington Cummings and Kinston, with teams winning state championships in women's track and football, and then was a successful athletic director, winning the Dave Harris award above in 2002 as the athletic director at West Carteret. He has been involved in just about every aspect of Association activity.

- Bob McRae Superintendent of the Year: Steve Page of Henderson County is the superintendent there after serving as associate superintendent of Buncombe County for several years and an 11-year stint as principal at Asheville's Clyde Erwin. He was the Western chair of the Realignment Committee this year and has served on various other NCHSAA committees. Page earned his bachelor's and master's degrees from Western Carolina and his doctorate from UNC-Greensboro.

- Tim Stevens Media Representative of the Year: News 14 Carolina Sports has done a terrific job covering high school athletics across the state, especially in their two main markets in the Raleigh area and Charlotte area led by Jim Connors and Mike Solarte, respectively. Members of that sports team have been involved with the telecasts of NCHSAA championships in a variety of sports, have assisted in many ways with the promotion of those championships, and have produced a major football scoreboard show on Friday nights.

- Elton Hawley Athletic Trainer of the Year: Dr. Jack Hamrick of Shelby has been very involved with education in his community, serving as chairman of the Shelby City Schools Board of Education and also serving as one of the team doctors for the Shelby football team, a perennial power. He has also served with distinction as a member of the NCHSAA Sports Medicine Committee, which makes recommendations relative to student-athlete safety and the like to the Board of Directors.

In terms of background of the award's names, here are some highlights:

Doris Howard of Fayetteville was one of the state's most successful female coaches during a 41-year career at Hope Mills, Central and Cape Fear High Schools, winning 533 games in basketball, and is in the NCHSAA Hall of Fame.

Harvey Reid, also an NCHSAA Hall of Famer, is the state's all-time winningest basketball coach with over 800 victories, most of which came at Wilson Fike.

Dave Harris was the athletic director of the Charlotte-Mecklenburg schools from 1967 to '91 after an excellent football coaching career, primarily at Harding. He was a charter member of the NCHSAA Hall of Fame.

Bob Deaton was one of the state's outstanding high school principals during a long career in education, primarily at Winston-Salem R.J. Reynolds, and was president of the NCHSAA in 1977-78.

Bob McRae is the former superintendent in Randolph County after a long career at Kings Mountain and was president of the NCHSAA in 1997-98. He has served as chair of the Realignment Committee as well as in other NCHSAA capacities.

Tim Stevens is the long time prep sports editor at the Raleigh News and Observer and has been recognized nationally for his work covering high school athletics.

Elton Hawley is a native of Dunn who for many years was the athletic training coordinator for the Charlotte-Mecklenburg schools. He was the initial inductee into the North Carolina Athletic Trainer Association Hall of Fame.

*See photo on page 4*



# MORE NCHSAA ANNUAL MEETING

Official NCHSAA photos by John Bell



*President Dr. Diane Frost receives President's Gavel from Vice-President Dr. Bill Harrison*



*Sanderson's Junior ROTC presented colors*

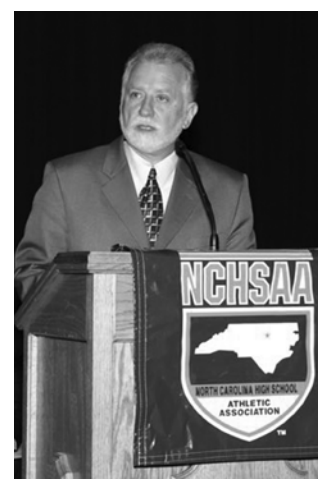


*Special Contributors were recognized by the NCHSAA for their efforts*

*The band Liquid Pleasure entertained the crowd prior to the meeting's start*



*Dr. Mitch Simpson of Chapel Hill's University Baptist Church provides perspective*



## Eight Coaches Earn Homer Thompson Sportsmanship Awards From NCHSAA

CHAPEL HILL—Eight “coaches who make a difference” by virtue of their exemplary sportsmanship were honored by the North Carolina High School Athletic Association at the NCHSAA’s Annual Meeting at the Dean E. Smith Center on the campus of the University of North Carolina.

The coaches were selected for the Homer Thompson Memorial Eight Who Make a Difference award. The award is named in honor of the late Homer Thompson, the long-time Winston-Salem Parkland coach and member of the NCHSAA Hall of Fame. “It is fitting that Homer Thompson’s name be affixed to an award about coaches who make a difference,” says NCHSAA executive director Charlie Adams, “for Homer certainly did make a difference in the lives of many and truly was an outstanding role model.”

The winners were chosen by a special committee based on nominations from the member schools. They will receive a plaque from NCHSAA assistant executive director Mark Dreibelbis as part of the Association’s student services program.

Coaches receiving this honor for 2007-08 include the following:

- Region 1 Rex Sponhaltz, Currituck head football coach (formerly First Flight head coach)
- Region 2 Clay Jordan, West Craven head football coach
- Region 3 Tony Lewis, Sanderson assistant football and head track
- Region 4 Chris Bunting, West Montgomery head track and assistant football and wrestling coach
- Region 5 Jim Spivey, R.J. Reynolds athletic director
- Region 6 Mark Woody, Jesse Carson head football coach



*Eight Who Make A Difference Winners for 2008*

- Region 7 Joanna Crew, Alexander Central assistant athletic director
- Region 8 Van Allen, Clyde Erwin men’s head basketball coach

Each school had the opportunity to nominate one of its coaches for this award. “These coaches provide excellent role models with their positive approach,” says Adams.

GlaxoSmithKline, a long-time supporter of the NCHSAA, underwrites the recognition for high school coaches.

## New Funding Initiatives Established For NCHSAA Endowment Fund Revenue

By **KAREN DEHART**, NCHSAA Director of Development

Following the spring meeting of the North Carolina High School Athletic Association Board of Directors in Chapel Hill, we are please to share that several initiatives will be funded through investment income earned on the NCHSAA Endowment Fund during the previous fiscal year per the Board’s recent approval.

AED Placement Project: Over \$84,000 has been allocated to purchase AED (automated external defibrillator) units for 38 schools and pay for the necessary American Red Cross or American Heart Association training for AEDs.

Schools were surveyed in recent years and based on responses, 142 schools and the NCHSAA office building are eligible to receive a unit. Priority is given to schools located within counties of limited financial resources. These counties and schools were identified through the 2003 US Census report concerning counties in North Carolina with the highest poverty rates for children ages 0-17.

This is a four-tiered project but our hope is to get an AED unit into each member school currently not possessing one.

Once we have fulfilled this initial project, we will address schools’ needs for additional units.

Reimbursements to member schools: Once again, the Association will return a total of \$100,000 to member schools based upon their payments for catastrophic insurance relative to the total cost for all membership.

Funds for expenses not covered at state and regional events: Approximately \$45,000 was utilized to offset non-covered expenses related to Winston-Salem events when local funding fell through.

In addition to these funding outlays, \$8,000 was awarded in cash recognitions and scholarships to recipients of the 2008 Toby Webb Coach of the Year awards, Clary Medal recipients, and Gainey Student and Coach award recipients.

We are pleased with the growth of the NCHSAA Endowment Fund and the wonderful opportunities available to work with member schools on these and similar initiatives. Stay tuned for additional information as we move into 2008-09! Questions - contact Karen DeHart, Director of Development; 919-962-0293 or kmdehart@email.unc.edu.

## TruGreen® Named Preferred Vendor By NCHSAA

CHAPEL HILL—The North Carolina High School Athletic Association has named TruGreen® as its preferred lawn care vendor.

The NCHSAA's partnership with the nation's largest lawn care company will allow athletic directors, principals and other school officials throughout the state to have consistency in their sports turf programs, meaning the quality of their fields will match the excellent play that takes place on it.

"This partnership is about providing high schools throughout North Carolina with consistency, ensuring each one has a high-quality playing surface," said Kevin Haddox, TruGreen® Region Commercial Sales Manager. "Historically, various organizations, volunteers or even coaches have tried to maintain the state's athletic fields, but the wide variety of approaches has returned unreliable results. Our proven lawn care methods will be used throughout the state and will guarantee athletic programs have a playing field that is ready for the season ahead."

TruGreen®'s relationship with the NCHSAA will involve the use of TruGreen®'s Sports Turf Program. This advanced approach to

lawn care uses sophisticated equipment to apply products, sand and other materials needed to promote the existing turf and eliminate weeds, crabgrass and other imperfections in the playing surface.

"We are certainly pleased to add TruGreen® to our corporate partner family and look forward to a long and healthy relationship," said Charlie Adams, executive director of the NCHSAA. "We believe this company will be able to provide some excellent services for our member schools."

TruGreen® has seven branches throughout North Carolina and employs more than 500 across the state.

TruGreen® is the largest lawn care company in the world. Combined with the commercial services business unit, TruGreen TruGreen® LandCare, the company serves more than 3.4 million residential and commercial customers across the U.S. TruGreen® is headquartered in Memphis, Tenn., and services customers from 350 locations across the United States and Canada. To learn more about TruGreen®, visit their Web site at [www.trugreen.com](http://www.trugreen.com).

## CampusDoor® Becomes Partner With NCHSAA

CHAPEL HILL—The North Carolina High School Athletic Association is pleased to announce the addition of CampusDoor® as an official corporate supporter.

CampusDoor®, a leader in private student lending, offers college planning resources, articles and information to help students understand their financial aid options. The company also provides supplemental funding when scholarships, grants and federal loans are not enough to cover the total cost of a student's education.

"We are pleased to have CampusDoor® as the newest member of our corporate partnership family," said Charlie Adams, executive director of the North Carolina High School Athletic Association. "The services, resources and information which CampusDoor® can provide can be of direct benefit for thousands of student-athletes involved in the North Carolina High School Athletic Association as they pursue their higher education goals. We believe this unique

partnership is one that many student-athletes and their families will find advantageous in many different ways." Whether a student needs money to help pay for college expenses or has to cover the entire cost of a post-secondary education, a CampusDoor® student loan can help students get the money needed to help pay for college. With a CampusDoor® School-Certified Student Loan, students can get up to \$250,000\* to pay for college and make no payments until 12 months after graduating.

For more information, please visit [CampusDoor.com/NCChamps](http://CampusDoor.com/NCChamps) to learn more about CampusDoor®.

(All loans are subject to credit approval. Trade/Service marks are the property of Campus Door, Inc. and/or its affiliates. Lender is Lehman Brothers Bank, FSB. Equal Opportunity Lender. (c) 2008 Campus Door, Inc. All Rights Reserved. \*Maximum loan amount denotes a lifetime aggregate maximum.)



### NCHSAA HALL OF FAME

*The newest members of the North Carolina High School Athletic Association Hall of Fame were inducted into the prestigious Hall and received their rings at the ceremony at the George Watts Hill Alumni Center on the campus of the University of North Carolina. Pictured are, seated from left, Stuart Allen, Bill Carver, Bob Brooks and Ronald Scott; standing from left, Fred Lanford, Daryl Barnes, NCHSAA executive director Charlie Adams who addressed the crowd; Elton Hawley and Bill Rucker.*



## Scholar-Athlete Winners Named By North Carolina High School Athletic Association

CHAPEL HILL—Over 12,000 individual awards have been given by the North Carolina High School Athletic Association to student-athletes for their achievements in the classroom as well as on the playing court or athletic field.

The NCHSAA made the awards in its Scholar-Athlete program, which includes recognition of varsity teams which attain certain grades as well as individual athletes.

Individual Scholar-Athletes attained at least a 3.5 grade point average for the semester in which he or she competed. The award is based on first semester grades for fall and winter sports and second semester grades for spring sports, and the school submits the nomination form verifying the grade point average on behalf of the athlete or team.

For the fall semester of 2007, a total of 6,616 student-athletes were nominated by NCHSAA member schools and qualified for this award.

In the team division, a varsity team earns Scholar-Athlete recognition by attaining a 3.1 aggregate GPA on a straight 4.0 scale for that designated semester. The school receives a certificate from the NCHSAA honoring the accomplishment and each member of the squad receives a certificate. A total of 412 varsity teams and 5,750 individual athletes from across the state achieved this distinction.

A minimum of five individuals is necessary to constitute a team, and all team members must be included in figuring the team GPA. The team achieving the highest grade point average in the state in its particular sport and submitting its application by the appropriate deadline receives a plaque commemorating that achievement.

Southern Guilford grabbed three team awards and Rocky Mount earned two, both in cross-country.

"We are very proud of the achievements of the students involved in our Scholar-Athlete program," said Charlie Adams, executive director of the NCHSAA. "We think this is definite proof that we have a tremendous number of athletes that are playing sports and also succeeding in the classroom."

### NCHSAA SCHOLAR-ATHLETE TEAM AWARD WINNERS

#### Fall and Winter Sports (Fall Semester 2007)

West Wilkes	Football	3.210
Southern Guilford	Volleyball	3.784
Southern Guilford	Cheerleading	3.702

Southern Guilford	Men's Soccer	3.544
Lumberton	Men's Swimming	3.621
Rocky Mount	Women's Cross Country	3.984
Rocky Mount	Men's Cross Country	3.946
Terry Sanford	Women's Golf	3.690
Clinton	Women's Tennis	3.837
North Lincoln	Women's Swimming	3.751
South Rowan	Wrestling	3.536
Central Davidson	Women's Basketball	3.750
West Stanly	Men's Basketball	3.520
Surry Central	Women's Indoor Track	3.700
Walter Williams	Men's Indoor Track	3.725

## North Carolina, South Carolina Split Games In Carolinas All-Star Classic

CHARLOTTE—North Carolina and South Carolina split a pair in the annual Carolinas All-Star basketball classics, played this year for the first time at Charlotte Bobcats Arena (now Time Warner Cable Arena).

North Carolina won the men's game 84-80, with Bo Ingram of Kinston earning Most Valuable Player honors by scoring 17 points and hauling down 12 rebounds.

Reginald Johnson of Winston-Salem Prep added 18 points and pulled in a game-record 14 rebounds. The North Carolina team trailed 43-42 at halftime but came back to earn its seventh victory in the 11-game series.

C.J. Williams of Fayetteville Jack Britt added 13 for the Tar Heel state and Malik Stith of East Mecklenburg and Ty Walker of Wilmington New Hanover scored 10 points apiece.

South Carolina overcame North Carolina in the women's game by an 81-66 score, despite 17 points by Secily Ray of Thomasville. Jasmine Gay of Greensboro Page added 12 points while Gastonia Forestview's Jessica Capers scored 10.

South Carolina won for the fourth time in the women's series.

## In Memoriam

This is information of which the NCHSAA has been made aware since the publication of the last Bulletin. We appreciate all those who share information with us for the benefit of our membership

### Buck Carney

HAYESVILLE—Veteran coach Buck Carney died in late March at the age of 64 after a courageous battle with throat cancer.

A science teacher, Carney coached track and cross country for 38 years as well as coaching other sports, including a 20-year stint at Hayesville in which he founded the school's cross-country program.

His teams at Hayesville won seven NCHSAA state championships. He was also involved as what Hayesville called an "academic coach", assisting all athletes at the school.

### Jerry Copas

NEWTON—Long-time coach Jerry Copas died in late March at the age of 77.

A graduate of Mountain View High School and Lenoir-Rhyne College, Copas began teaching and coaching in the Catawba County schools in 1957. He spent 28 years at Fred T. Foard, where his men's basketball teams won 460 games and his baseball teams were also very successful, before he retired after the 1987-88 school year.

He also coached at West Lincoln, Bandys and Bunker Hill after that in addition to coaching American Legion baseball at Hickory Post 48.

### Branch Pope

GOLDSBORO—Former coach and athletic director Branch Pope died in late April at Wayne Memorial Hospital. He was 59 years old.

Pope was the former athletic director at Rosewood High School and had been involved in the North Carolina Athletic Directors Association, serving as president of that organization in 1994-95.

### Emmett Gill, Sr.

DURHAM—Long-time educator and game official Emmett Gill Sr. died in late April at the age of 68.

A graduate of Raleigh's Ligon High, he graduated from Winston-Salem State University and then had a career in education as a teacher and administrator that spanned 36 years, including stints at Hillside and then as principal at Durham High.

For many years he was a registered official with the North Carolina High School Athletic Association, working in both football and basketball.

## 2008-2009 NCHSAA STATE CLINICS

### Football: (All @ 6:30pm)

7/28/08 Southwestern Community College  
 7/29/08 AB Tech-Asheville  
 (Ferguson Auditorium)  
 7/30/08 East Burke High School  
 7/31/08 West Forsyth High School  
 8/4/08 Douglas Byrd High School  
 8/5/08 East Duplin High School  
 8/6/08 J.H. Rose High School  
 8/11/08 Vance High School  
 8/12/08 Garner High School

### Basketball: (All @ 6:30pm)

10/8/08 West Forsyth High School  
 10/13/08 Smoky Mountain High School  
 10/14/08 AB Tech-Asheville  
 10/15/08 East Burke High School  
 10/20/08 Douglas Byrd High School  
 10/21/08 East Duplin High School  
 10/22/08 J.H. Rose High School  
 10/27/08 Vance High School  
 10/28/08 Garner High School

### Volleyball:

7/12/08 Smoky Mountain High School  
 3:00pm Mountain West  
 7/13/08 Wilson County Agriculture  
 Building 2:00pm Eastern North Carolina  
 7/20/08 Elizabeth City Parks and Rec  
 Dept. 6:00pm Outer Banks  
 7/24/08 Newton-Conover HS  
 6:00pm Western Piedmont  
 7/26/08 Trask HS  
 1:00pm Coastal Plains  
 7/26/08 Holmes HS  
 2:00pm Northeastern  
 7/28/08 Bobby Andrews  
 7th St. Rec. Center, Washington  
 6:30 Pitt County  
 7/28/08 Providence HS  
 6:30pm Metrolina  
 7/28/08 Graham Recreation Dept.  
 7:00pm ALCO  
 7/30/08 Pine Forest High School  
 6:00pm Southeastern  
 8/3/08 A-B Tech  
 3:00pm WNCOA  
 8/3/08 West Forsyth HS  
 5:00pm Northwest  
 8/4/08 Granville Central HS  
 6:00pm Tri-County  
 8/4/08 Garner HS  
 6:30pm Triangle

8/5/08 Rockingham Co. HS 7:00pm  
 Rockingham County  
 8/10/08 Mocksville Recreation Dept  
 3:00pm Triad  
 8/13/08 UNC Woollen Gym Room 302  
 7:00pm Western Triangle

### Soccer:

7/13/08 UNC-G, Sullivan Science Building  
 4:00 pm Piedmont  
 7/28/08 AB Tech  
 6:30pm WNCOA  
 7/28/08 Providence HS  
 8:00pm Metrolina  
 8/2/08 Wilkes Central HS  
 8:00am Blue Ridge  
 8/2/08 Holmes HS  
 2:00pm Northeastern  
 8/3/08 J.H. Rose HS  
 4:00pm Eastern Plains  
 8/4/08 Fayetteville Christian School  
 6:00pm Southeastern  
 8/4/08 Hillyer Memorial Christian Church  
 7:00pm Triangle  
 8/9/08 Jacksonville HS  
 6:00pm Eastern  
 2/9/09 AB Tech  
 6:30pm WNCOA

### Wrestling:

10/12/08 Ragsdale HS  
 2:00pm Piedmont  
 10/13/08 Haywood Co. Conf. Center  
 7:00pm Mountain  
 10/19/08 Kannapolis Middle School  
 3:00pm Central  
 10/20/08 Chapel Hill HS  
 7:00pm Triangle  
 10/25/08 King's Barbeque in Kinston  
 11:00am Eastern  
 10/27/08 Douglas Byrd HS  
 6:30pm Southeastern  
 10/29/08 South Caldwell HS  
 7:00pm Northwest

### Baseball:

1/10/09 Cherryville American Legion  
 1:00pm Western Piedmont  
 1/11/09 Douglas Byrd HS  
 4:30pm Southeastern  
 1/11/09 Jacksonville Recreation Center  
 6:00pm Jacksonville  
 1/14/09 Kinston HS  
 6:30pm East Carolina  
 1/18/09 Laney HS  
 3:00pm Cape Fear

1/24/09 Holmes HS  
 11:00am (lunch at 12pm) Outer Banks  
 1/25/09 Apex Community Center  
 2:00pm Capital Area  
 1/25/09 Smoky Mountain HS  
 2:00pm Mountain West  
 1/25/09 West Forsyth HS  
 2:00pm Northwest  
 1/25/09 Eastern Randolph HS  
 3:30pm Mid-State  
 1/25/09 Southern Nash HS  
 6:00pm Eastern Plains  
 1/26/09 Graham Recreation Dept.  
 6:00pm ALCO  
 1/29/09 Vance HS  
 7:30pm Metrolina  
 2/2/09 AB Tech  
 8:00pm WNCOA  
 2/7/09 South Central HS  
 11:00am Down East  
 2/9/09 Edgewood Baptist Church,  
 Winston-Salem 7:15pm Twin City

### Softball:

1/11/09 Douglas Byrd HS  
 2:00pm Southeastern  
 1/18/09 Laney HS  
 4:00pm Cape Fear  
 1/24/09 Swansboro High School  
 9:00am Jacksonville  
 1/24/09 Holmes HS  
 1:00pm (lunch at 12:00pm) Outer Banks  
 1/25/09 N. Durham HS  
 2:00pm Durham  
 1/25/09 Eastern Randolph HS  
 2:00pm Mid-State  
 1/25/09 Smoky Mountain HS  
 3:00pm Mountain West  
 1/25/09 West Forsyth HS  
 3:30pm Northwest  
 1/25/09 Apex Community Center  
 4:30pm Triangle  
 1/26/09 Graham Recreation Dept.  
 7:00pm ALCO  
 1/27/09 Wilson County Agriculture Center  
 3:00 pm Eastern North Carolina  
 1/29/09 Vance HS  
 6:30pm Metrolina  
 2/1/09 Newton-Conover HS  
 3:00pm Western Piedmont  
 2/2/09 AB Tech  
 6:30pm WNCOA  
 2/7/09 South Central HS  
 10:00am Down East  
 2/9/09 Edgewood Baptist Church,  
 Winston-Salem 6:30pm Twin City

**Track: TBA**

## WRESTLING



## Defending Champion Cary Takes Title In State 4-A Wrestling

WINSTON-SALEM—Cary had little trouble in running its string of state championships to four with an excellent performance Saturday in the North Carolina High School Athletic Association 4-A wrestling tournament championships at the Lawrence Joel Veterans Memorial Coliseum.

The Imps, who won the dual team championship earlier this month and have earned five of the last six tournament crowns, placed six wrestlers in the championships Saturday night and five of them earned state titles. Cary rolled up 174.5 points to 85.5 for runner-up Chapel Hill.

Davie County was third with 78.5 points, followed by Matthews David Butler (74.5) and Durham Riverside (62.5).

Chris Townsend of South Caldwell, the 135-pound state champion, was named the Most Outstanding Wrestler of the 4-A championship.

Wendy's and the Carolina Ford Dealers are the presenting sponsors for the NCHSAA sports program, and the event is sponsored by Visit Winston-Salem.

## Defending Champ Parkland Rolls To Win In 3-A Wrestling

WINSTON-SALEM—Winston-Salem Parkland built up a big lead over the field after the opening day and increased it on the final day of action to capture the team title easily in the North Carolina High School Athletic Association state 3-A wrestling tournament championships at the Lawrence Joel Veterans Memorial Coliseum.

Parkland, the defending tournament champ which also won the NCHSAA dual team title earlier this month, had eight wrestlers advance to the finals Saturday night and five of them earned state titles as the team rolled up a whopping 269.5 points in the tournament, the first time a team had ever broken the 200-point barrier.

Parkland far outdistanced runner-up Eden Morehead with 130.5 points, followed by High Point Andrews (95.5), Jamestown Ragsdale (82) and Hickory St. Stephens (69).

Marcus Blue, the state champion at 152 pounds, earned the Most Outstanding Wrestler award for the tournament.

Wendy's and the Carolina Ford Dealers are the presenting sponsors for the NCHSAA sports program, and the event is sponsored by Visit Winston-Salem.

## Orange Takes Team Crown In State 1-A/2-A Wrestling

WINSTON-SALEM—Orange pulled away on Saturday's second and final day of action to win the team crown in the North Carolina High School Athletic Association 1-A/2-A state wrestling tournament championships at the Lawrence Joel Veterans Memorial Coliseum.

The two teams which met for the NCHSAA dual team title two weeks ago were one-two in the team standings, led by Orange with 111.5 points and Newton-Conover in second with 74. Orange beat Newton-Conover for the dual team championship.

Mount Pleasant, the defending champion, was third with 72.5 followed by Mayodan Dalton McMichael with 67 and Robbinsville with 66.

Jonathan Burns of Raleigh Cardinal Gibbons, won the state crown at 145 pounds, was selected the Most Outstanding Wrestler of the championship.



## CHAMPIONSHIP REVIEW

Wendy's and the Carolina Ford Dealers are the presenting sponsors for the NCHSAA sports program, and the event is sponsored by Visit Winston-Salem.

## MEN'S BASKETBALL



## Winston-Salem Prep Takes 1-A Title Over Pamlico By 73-42

CHAPEL HILL—Big Reginald Johnson, a 6-9, 280-pounder, scored 25 points and pulled down a whopping 23 rebounds to lead the Phoenix of Winston-Salem Preparatory Academy to a 73-42 victory over Pamlico for the North Carolina High School Athletic Association state 1-A men's basketball title at the Smith Center.

Johnson, a University of Miami signee, was the Wendy's MVP and led the Phoenix to their first state title in any sport. The Phoenix led 13-5 after one quarter, 27-14 at halftime and were never headed.

Marcus Wright added 21 points for the winners, who finished 29-6 overall. Pamlico shot just 22.4 percent from the floor for the game and just four of 29 in the first half, a chilly 13.8 percent.

Maurice King led Pamlico (20-7) with 15 points as the Hurricanes finished 20-7 overall.

Wendy's and the Carolinas Ford Dealers are the presenting sponsors of the NCHSAA sports program.

Post-game Awards: Wendy's Most Valuable Player—Reginald Johnson, Winston-Salem Prep; Most Outstanding Players—Marcus Wright, Winston-Salem Prep; Maurice King, Pamlico.

## West Bladen Rolls Past Pisgah To Earn 2-A Men's Championship

RALEIGH—Matt McCall pumped in 20 points, grabbed eight rebounds and handed out six assists to lead West Bladen to a 65-50 victory over Canton Pisgah in the North Carolina High School Athletic Association state 2-A men's basketball championship at Reynolds Coliseum.

West Bladen spurred to a 16-3 first period lead and never trailed, having little trouble in recording its 30th victory in 32 starts.

Pisgah went the first 13 minutes of the game without a field goal and missed 22 of 23 shots in the first half as West Bladen led 30-12 at halftime. The Black Bears shot just 26 percent from the floor for the game after the difficult start.

Austin Moore had points and Jarrod Conard 13 for Pisgah (25-5).

Post-game Awards: Wendy Most Valuable Player—Matt McCall, West Bladen; Most Outstanding Players—Rodd Baxley, West Bladen; Jarrod Conard, Pisgah.

## Kinston Holds Off Trinity In 3-A Championship Thriller

CHAPEL HILL—Kinston raced to a 13-0 lead in the game's first 4:30, but Trinity actually battled back and took the lead in the third quarter before Kinston prevailed by 60-58 in the North Carolina High School Athletic Association state 3-A men's basketball championship before a large crowd at the Smith Center.



Kinston earned its sixth NCHSAA men's crown in 16 final appearances but first state men's basketball championship in 43 years. The Vikings finished with a record of 28-4.

Donovan Ingram tallied 21 points and pulled down eight rebounds for Kinston. Reggie Bullock, a UNC recruit, scored 13 but was injured in the game but could not play down the stretch.

Josh Pittman led Trinity (30-2) with 23 points, including tying a state championship game record with seven three-pointers on 16 attempts from behind the arc. Josh Jones added 14 points and Chris King 11 for the Bulldogs, who finished 30-2 overall.

Three times in the fourth quarter Trinity sliced the lead to one point, the last time at 54-53 with 1:10 to play, but the Vikings hit key free throws down the stretch, making eight straight in the final 1:38.

Wendy's and the Carolinas Ford Dealers are the presenting sponsors of the NCHSAA sports program.

Post-game Awards: Wendy's Most Valuable Player—Donovan Ingram, Kinston; Most Outstanding Players—Josh Pittman, Trinity; Reggie Bullock, Kinston.

## East Mecklenburg Holds Off Apex 72-63 In 4-A Hoop Final

RALEIGH—Titus Robinson scored 20 points and pulled down 11 rebounds to lead East Mecklenburg to a hard-fought 72-63 victory over Apex in the North Carolina High School Athletic Association state 4-A men's basketball championship at Reynolds Coliseum.

East opened up a 20-11 first-quarter advantage, Apex battled back to lead 30-29 at the half, and then finally East took the lead for good late in the third quarter, leading by as many as 17 points in the final minutes. East was boosted by shooting 56.5 percent from the floor in the second half.

Malik Stith also tallied 20 for the winners and had seven steals. Adam Perry scored 17 and Weston Murphy 15 for Apex, the Cinderella team in the tournament, finished 19-12 overall, rallying from a 4-9 start and a seven-game losing streak earlier in the year. East Mecklenburg wound up 25-8 overall.

Wendy's and the Carolinas Ford Dealers are the presenting sponsors of the NCHSAA sports program.

Post-game Awards: Wendy's Most Valuable Player—Titus Robinson, East Mecklenburg; Most Outstanding Players—Malik Stith, East Mecklenburg; Adam Perry, Apex.

## WOMEN'S BASKETBALL



## Bishop McGuinness Wins Third Straight 1-A Championship

CHAPEL HILL—Erinn Thompson earned Wendy's MVP honors for the second consecutive year, scoring 14 points but grabbing 19 rebounds to pace Bishop McGuinness to a 56-43 triumph over Pender in the North Carolina High School Athletic Association state 1-A women's basketball championship at the Smith Center.

Bishop took the lead late in the first quarter and never trailed thereafter, although the Lady Villains led just 38-33 entering the final quarter and the 13-point margin was the largest of the game. Bishop hit six key free throws in the final 39 seconds.

Maggie Ronan led the Lady Villains with 16 points while Jannetta Robinson scored 18 for Pender (30-2) and Muriel Seabrooks pulled down 18 rebounds for the Patriots.

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Post-game Awards: Wendy's Most Valuable Player—Erinn Thompson, Bishop McGuinness; Most Outstanding Players—Maggie Ronan, Bishop McGuinness; Janetta Robinson, Pender.

## East Davidson Slips Past Graham For 2-A Women's Championship

RALEIGH—Wendy's MVP Anna Freeman scored 18 points, grabbed 12 rebounds and blocked four shots to lead East Davidson to a 62-59 victory over Graham in the North Carolina High School Athletic Association state 2-A women's basketball championship at Reynolds Coliseum.

The lead changed hands six times and the score was tied five times, the last occasion with just 1:37 to play. East was buoyed by shooting a sizzling 57.9 percent from the floor in the second half.

Stacy Hicks contributed 10 points for East Davidson, which finished 27-4.

Kiki Allen led Graham (31-2) with 14 points and Courdne Miles added 12. It was the second consecutive state runner-up finish for Graham, which also hurt itself by making just eight of 17 foul shots.

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Post-game Awards: Wendy's Most Valuable Player—Anna Freeman, East Davidson; Most Outstanding Players—Stacy Hicks, East Davidson; Kiki Allen, Graham.

## Concord Runs Past Beddingfield For 3-A Women's Title 77-62

CHAPEL HILL—Concord's high-octane offense and pressure defense resulted in a 77-62 victory over Wilson Beddingfield in the North Carolina High School Athletic Association state 3-A women's basketball championship at the Smith Center.

Concord took the lead at the end of the first quarter and then went on a 24-7 run to take command, leading 37-24 at halftime. Concord's press helped to force 25 Beddingfield turnovers.

Wendy's MVP Nyshia Hammonds had 20 points and Jatzmin Johnson added 16 for the winners in a very balanced attack, offsetting Jean Best's perfect 10 for 10 from the floor and 21 points for Beddingfield (30-2).

Monique Spry scored 17 for the Lady Bruins and Shaniqua Clay added 10.

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Post-game Awards: Wendy's Most Valuable Player—Nyshia Hammonds, Concord; Most Outstanding Players—T.T. Belcher, Concord; Jean Best, Beddingfield.

## Westover Downs West Charlotte To Earn 4-A Championship

RALEIGH—Tequila Jones scored 20 points and collected 10 rebounds to lead Fayetteville Westover to the North Carolina High School Athletic Association state 4-A women's basketball championship, as the Lady Wolverines beat West Charlotte 58-53 at Reynolds Coliseum.

Westover finished the season at 30-2 while West Charlotte wound up with a 29-3 mark.

Brittney Deas tallied 13 and Tiara Gause 12 for the winners, who earned their first women's basketball title. West Charlotte got 22 points from Christal Caldwell and Ebony Caldwell added 10.

Westover hit eight free throws in the final 1:51 after the game was tied at 48 with 2:23 remaining.

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Post-game Awards: Wendy's Most Valuable Player—Tequila Jones, Westover; Most Outstanding Players—Brittney Deas, Westover; Christal Caldwell, West Charlotte.



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