



NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

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Morris, Melvin Named NCHSAA Athletes Of Year At Annual Meeting

CHAPEL HILL—Romar Morris of Salisbury High School and Courtney Melvin of East Bladen High School have been named winners of the 2011 Athlete of the Year awards by the North Carolina High School Athletic Association (NCHSAA).

These are the top athletic awards given by the NCHSAA to honor the most outstanding male and female high school athletes in the state. They were presented at the Dean E. Smith Center on the University of North Carolina campus during the NCHSAA's Annual Meeting.

Both of the winners were selected by a special panel of media representatives from across the state. They were each presented with the Pat Best Memorial Trophy, named for the former Goldsboro High principal and president of the NCHSAA who died unexpectedly in 1988.

"On behalf of our Board of Directors and the entire membership of the NCHSAA, we congratulate these outstanding student-athletes on their tremendous achievements during their high school careers," said Davis Whitfield, commissioner of the NCHSAA. "Both have extremely impressive credentials which are in the same vein as previous winners of this award, and we certainly wish them well in their future pursuits."

Morris is a tremendous three-sport athlete in football, basketball and track, a four-year member of those teams at Salisbury.

During his senior year, he was the leading rusher and Most Valuable Player in the NCHSAA 2-AA state championship game in football, earning the Central Carolina Conference Player of the Year award. He also played an important role in helping the Hornets reach the Western Regionals in basketball.

Additionally in the winter season, he ran winter track and won the state championship in the 55 meters. In the spring, he runs outdoor track and will be defending his crown as the two-time defending champion in both the 100 and 200 meters. He will also participate in other relay events. During his last three years at Salisbury, he has won five individual state championships and helped lead three teams to state crowns with this spring's season remaining.

He will attend the University of North Carolina next year on a football scholarship.



(NCHSAA photo by John Bell)

2011 NCHSAA Athletes of the Year Romar Morris of Salisbury and Courtney Melvin of East Bladen

Melvin has had a remarkable high school career, participating in volleyball, basketball and track. In volleyball she averaged seven kills, three blocks and 16 service points a game for East Bladen. She shattered the school career scoring record in women's basketball, finishing with 2,502 points. She averaged 24.2 points per game and 10.9 rebounds as a senior and was the Eastern Regional MVP as she helped lead East Bladen to the state championship game for the fourth time in the last five years.

In track, she has twice been selected as the Most Valuable Player for her team. She is the 2011 conference champion in the shot put and has qualified for regional competition.

She will continue her athletic and academic career at East Carolina University next fall.

This is the 26th year in which awards have been given to the top overall male and female athletes.

NCHSAA ATHLETES OF THE YEAR Winners of the Pat Best Memorial Trophy

1985-86	Pam Doggett, Dudley Patrick Lennon, Whiteville
1986-87	Andrea Stinson, North Mecklenburg Robert Siler, Jordan-Matthews
1987-88	LeAnn Kennedy, Trinity Chester McGlockton, Whiteville
1988-89	Danyel Parker, Clinton Ethan Albright, Grimsley
1989-90	Karen Davis, Forbush David Inman, Terry Sanford
1990-91	Christy Cagle, Hayesville Mike Kendall, Albemarle
1991-92	Wendy Palmer, Person Rusty LaRue, Northwest Guilford
1992-93	Holly Hill, Southwestern Randolph Tyrone Westmoreland, South Iredell
1993-94	Jamie Parsons, Millbrook Brian Roseboro, T. Wingate Andrews
1994-95	Aedrin Murray, Chatham Central Na Brown, Reidsville
1995-96	Shea Ralph, Terry Sanford Titcus Pettigrew, West Forsyth
1996-97	Jackie Houston, Kings Mountain Tyrell Godwin, East Bladen
1997-98	Clifeteana McKiver, East Duplin Julius Peppers, Southern Nash
1998-99	Anna Tharrington, Southern Nash Nick Maddox, A.L. Brown
1999-2000	Courtney Willis, Terry Sanford Manny DeShauteurs, Brevard
2000-01	Molly Pyles, Hendersonville Derrele Mitchell, R.J. Reynolds
2001-02	Katrelle Armwood, Durham School of Arts A.J. Davis, Northern Durham
2002-03	Anna Evans, Lumberton Drew Williamson, Cummings
2003-04	Eva Baucom, Forest Hills Jim Ollis, Polk County
2004-05	Jessie Sims, West Henderson Terrell Hudgins, Rocky Mount
2005-06	Megan Zullo, Farmville Central Kendric Burney, Southwest Onslow
2006-07	Gabby Mayo, Southeast Raleigh Dee Bost, Concord
2007-08	Jannetta Robinson, Pender E.J. Abrams-Ward, Thomasville
2008-09	Ali Ford, Freedom Tyler Shatley, East Burke
2009-10	Leah Mackley, Pender Kareem Martin, Roanoke Rapids
2009-10	Courtney Melvin, East Bladen Romar Morris, Salisbury

About 200,000 athletes compete in the NCHSAA's 23-sport program. ★

NCHSAA Board Of Directors Completes Spring Meeting

CHAPEL HILL—The North Carolina High School Athletic Association Board of Directors completed a busy spring Board meeting at the NCHSAA offices.

Among the major items was the decision to return additional monies to the NCHSAA member schools, to preserve the Student Services program and a change in the preseason conditioning requirements for football.

The Board voted to make a one-time payment of one thousand dollars to each member school for the 2010-11 academic year to assist schools in these challenging economic times. The Board also voted that for the next four years, 25% of the dollar surcharge on tickets designed to go to the NCHSAA Endowment will be directed to the member schools. Other changes the Board had made at earlier Board meetings in terms of percentages of money kept for playoffs and travel reimbursement has meant that an additional \$125,000 has been sent to the member schools.

The Board also approved an projected adjusted budget for the NCHSAA Student Services program that the Association will absorb if the current funding that has come from the General Assembly is not continued for next year.

Specific changes were made in preseason football conditioning guidelines, based on National Athletic Trainers Association guidelines, that limit time on the field and three “cool hours” must separate multiple practices or a practice and a walk-through in a single day. The entire policy will be distributed to the NCHSAA membership

and posted on line.

“The Board had a very productive meeting over the past two days, highlighted by the fact that the NCHSAA is doing all that is possible to help the membership in these tough economic times,” said Davis Whitfield, commissioner. “In addition, to approve the funding of our student-services program because of the wonderful programming it provides related to integrity, teamwork, sportsmanship, healthy lifestyle choices and producing positive citizens is a big step.”

Other items included:

—all fall sports will now be able to begin practice on July 30 for 2011

—background checks will now be made by the NCHSAA on all those who register to officiate in the program

—live streaming of regular season games, including football and basketball, was approved

—some changes in wrestling weigh in and weight management procedures; recommend adjustment in weekly weigh in procedure; once matches begin, match weigh ins should be used and must be entered into OPC within 24 hours of match; mandated Friday weigh ins up to beginning of regular season competition; if no matches in a week, must have a weigh in during the week; if wrestler absent and does not weigh in at match, must have one during week

—baseball and softball now have the identical off

season skill development rules as other sports, with the removal of “grandfather” clause for skill development for baseball and softball, so now all sports would have the same restrictions relative to out of season rules and regulations, starting with the 2011-12 academic year

—the NCHSAA will no longer sanction all-star games, as many other states have already gotten out of that business, but will continue to endorse the North Carolina Coaches Association events; information will be posted on web site relative for players, parents and coaches to consider when playing in an event of this nature; senior still must have completed eligibility in that sport, and play in no more than two games (football or basketball) during the school year

—approved request to allow wrestling for 3A, 2A and 4A all to wrestle on Thursday of state individual wrestling championships

—approved addition to Handbook about sports in which the NCHSAA does not have a championship: “Even though such sports are not sanctioned by the NCHSAA, member schools should work, wherever possible, to adhere to the ideals and guidelines established by the NCHSAA for their member schools in sports which they do sanction. The need to promote sportsmanship, to protect instructional time, or the physiological and emotional needs of maturing teens should not disappear simply because it is not a sport sanctioned by the NCHSAA.” ★

Three Win Courage Awards From NCHSAA At Annual Meeting

CHAPEL HILL—Three student-athletes were honored by the North Carolina High School Athletic Association at its 2011 Annual Meeting with the NCHSAA’s A.J. “Tony” Simeon Courage Award.

Emily Newton of Broughton High School in Raleigh, Craig Mitchell of Fuquay-Varina High School and Bradley Greeson of Southern Alamance High School were presented Courage Awards at the Smith Center.

The Courage Awards are designed to honor individuals who, despite adversity, have demonstrated exemplary character and performance and, as a result, have been an inspiration to all those involved with the programs of the North Carolina High School Athletic Association. They are named in honor of NCHSAA Hall of Famer Tony Simeon, a long-time coach at High Point Central.

Emily Newton has been an inspiration to many, as she overcame a near-fatal liver disorder and had a liver transplant in March of 2010. The transplant proved to be a perfect match, and she was able to go out for basketball in the 2010-11

season, make the team and play once again.

Craig Mitchell had an acoustic neuroma, a tumor in the brain that was growing unusually rapidly and necessitated a 19-hour surgery at UNC Hospitals on December 30, 2010. He battled back, was medically cleared to play baseball and actually pitched in March, with his younger brother serving as his battery mate.

Bradley Greeson has an amazing story, as he has been an outstanding wrestler despite having spina bifida and is basically unable to use his legs. He has had 13 surgeries during his young life, yet he compiled a 46-23 career wrestling record at Southern Alamance and was on pace to win his conference tournament this year as a senior. But he got an infection in his feet and wound up having season-ending surgery in which a toe was amputated.

“These individuals are truly inspirational and exemplify what is great about high school athletics,” said Davis Whitfield, commissioner of the NCHSAA.

The individuals received standing ovations from the crowd. ★



(NCHSAA photo by John Bell)

NCHSAA Courage Award Winners, from left, are Emily Newton of Broughton, Bradley Greeson of Southern Alamance and Craig Mitchell of Fuquay-Varina

East Bladen Coach Evers, Two Students Earn Fifth Annual Pat Gainey Awards

CHAPEL HILL—The North Carolina High School Athletic Association has announced the winners of two special awards established in the name of the late Pat Gainey.

East Bladen High School head women's basketball and softball coach Patty Evers and two students, Haley Lanier of Pender High School and Elizabeth Batchelor of Washington High School, have been named this year's winners of the Gainey Awards. They were honored at the NCHSAA Annual Meeting at the Smith Center on the University of North Carolina campus.

The awards are in memory of Gainey, a native of Dunn who recorded a outstanding record in women's basketball at a couple of different stops during his coaching career and was a great supporter of women's athletics. His overall record at Pamlico was an incredible 93-6 in women's basketball and he also coached outstanding baseball teams there. He then moved to Taylorsville, where he coached from 1955-64. His women's basketball teams won five Western North Carolina High School Activities Association titles and at one point recorded 54 consecutive wins and an amazing 140 straight conference victories. His overall women's basketball mark was 358-57. He was inducted into the NCHSAA Hall of Fame in 2007.

The Pat Gainey Coach Award recognizes excellence in character, achievement and coaching. It is awarded to a varsity coach at an NCHSAA school who provides great leadership, shows interest in his or her athletes on and off the field or court, is recognized as scrupulously honest, and has strongly supported an anti-drug and alcohol policy. All NCHSAA member schools may nominate individuals for the coach's award.

Evers has coached women's basketball for 15 years, the last nine at East Bladen, and is the only coach to lead a team from Bladen County to an NCHSAA women's championship. She has had her basketball team in the finals for the past three years in two different classifications, approaching 300 career victories, and has also

coached softball.

She has been involved with Special Olympics as a volunteer coordinator and has also taken student-athletes to the NCHSAA Student-Athlete Summer Institute (SASI) for over a decade. She has led the school's Fellowship of Christian Athletes as well as the DREAM team that has tutored, mentored and started reading programs at area elementary schools.

The Gainey Student Scholarship Awards are available to NCHSAA member schools in counties having a poverty rate of 20 percent or more for children 17 and under. Student scholarship recipients alternate annually between a female athlete and a male baseball player meeting the established criteria.

Lanier is a four-year varsity player in both softball and volleyball at Pender, helping lead her team to back-to-back NCHSAA state volleyball championships in 2009 and '10 and earning Most Valuable Player honors in the 2010 championship. She is the sports editor of the award-winning Pender school yearbook and is also involved in the Beta Club and Fellowship of Christian Athletes.

Active in her church, Lanier did a graduation project that centered on organ donation, and as part of that she organized a successful two-day organ donation registration program on the Pender campus. She plans to attend Catawba College in Salisbury and major in athletic training.

Batchelor is a three-sport, four-year varsity player in tennis, women's basketball and women's soccer. She is a two-time Coastal 3-A Conference Player of the Year in tennis; all-conference, team MVP and captain who led her team in scoring at 21 points per game in basketball; and is the all-

Gainey Scholarship Award winners (L) Haley Lanier of Pender and (R) Beth Batchelor of Washington; at center is Gainey Coach Award winner Patty Evers of East Bladen

(NCHSAA photo by John Bell)



time leading goal-scorer at her school in soccer and serves as captain of that team as well.

Beth is president of the Student Government Association at Washington and ranks in the top five students in her senior class. She will continue her career at East Carolina University in the fall.

The awards are made possible by a gift from Gainey's daughter, Mrs. Berry Jo Gainey Shoen, who currently resides in Port Townsend, Washington.

"These awards are a wonderful tribute to the legacy of Pat Gainey and all that he did for high school athletics throughout his career," said NCHSAA commissioner Davis Whitfield. "This year's recipients are outstanding representatives of the attributes that helped make Pat a great educator and coach." ★

North Carolina Chapter Of National Wrestling Hall Of Fame Honors Six

CHAPEL HILL—The National Wrestling Hall of Fame, North Carolina chapter, has honored a number of individuals for their "lifetime service to wrestling."

Six were recognized at the annual Hall of Fame Day banquet at the Friday Center in Chapel Hill. The group will also be permanently recognized at the National Wrestling Hall of Fame and Museum in Stillwater, Oklahoma.

The honorees included Jim Coggins, head coach, Southwest Guilford High School; John Sanderson, retired coach, Cary High School; Ralph Shatterly, retired coach and athletic director, Rowan County schools; Homer

Spring, current athletic director and former head coach, Dixon High School; Mike Stanbridge, head coach, Terry Sanford High School in Fayetteville, and the late R.W. "Red" Watkins, coach and professor, Appalachian State University.

This is the ninth group of inductees for the North Carolina chapter and brings to 46 the total number of individuals to receive this prestigious recognition.

The purpose of the banquet is to honor people in the sport of wrestling for years of commitment as positive role models to student-athletes. ★

Salisbury, South Lenoir Earn Major Awards At Annual Meeting

CHAPEL HILL—Two major awards were presented to schools for the fifth year in a row at the North Carolina High School Athletic Association Annual Meeting at the Smith Center on the University of North Carolina campus.

Salisbury High School is the fifth annual winner of the Exemplary School Award while South Lenoir High School is the winner of the 2011 Sportsmanship Award.

The awards are given as a cooperative venture among the NCHSAA, the North Carolina Coaches Association and the North Carolina Athletic Directors Association. In addition to a trophy and a banner for display at the respective schools, each school received a \$1000 cash award.

The Exemplary School Award recognizes the top overall school in the state in terms of the “total program,” including but not limited to athletic success, scope of athletic opportunities offered, facilities, community interest and involvement, academics and the like.

Salisbury is the defending Wachovia Cup champion among 2-A schools and has won the crown for overall sports excellence in the state five times, with Hornet teams having already earned three NCHSAA state titles this year. The school has averaged having 13 teams earn Scholar-Athlete honors annually over the past five years and two Salisbury squads earned the highest grade point average in the state in their respective sports during the fall and winter sports seasons.

Salisbury has twice been a “School of Distinction” since the state ABC testing program began, the last time in 2010, and Newsweek has recognized the school as one of the “Best High Schools in America” during the last past four years. In addition, a four-venue athletic complex has been built on the Salisbury campus in the last several years, including a softball facility in 2008.

The sportsmanship honor is designed to recognize a school that has been ejection free, has a plan to promote and implement good sportsmanship, is welcoming to visiting fans, makes appropriate accommodations for officials and their own fans demonstrate good sportsmanship.

South Lenoir has long promoted sportsmanship and has been ejection free for nearly six years. The school has developed its own contract that must be signed by parents and athletes before they can participate which goes beyond the NCHSAA pledge. The school also sets as a goal a good “South Lenoir experience” for visiting teams and fans, ranging from how visitors are greeted to directions for things on campus.

South Lenoir student-athletes and coaches have been involved in the Student Athlete Summer Institutes for 15 years and its active chapter of the Fellowship of Christian Athletes has the promotion of sportsmanship as one of the goals of the organization, to which a vast majority of South Lenoir athletes belong.

The process of selection for both the awards is a multi-tiered one, including nominations and feedback from schools to select finalists, and then the finalists submitted applications with specific information relative to their potential award.

“Salisbury and South Lenoir have set themselves apart during the 2010-11 academic year by earning these prestigious honors,” said Davis Whitfield, NCHSAA commissioner. “We applaud their commitments in the areas of sportsmanship and overall excellence.”

Greenville Rose won the inaugural Exemplary School award in 2007 while North Duplin was the Sportsmanship winner. In 2008, Watauga took the Exemplary School while Asheboro earned the Sportsmanship honor, and in 2009 Fayetteville Jack Britt was the Exemplary School with Hendersonville winning the Sportsmanship award.

Last year’s winners were Charlotte Myers Park for the Exemplary School and Raleigh Sanderson for Sportsmanship ★



(NCHSAA photo by John Bell)

Sportsmanship School Winner South Lenoir



(NCHSAA photo by John Bell)

Exemplary School Salisbury High School



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The NCHSAA is pleased to bring you an expanded *Bulletin*,
with more news and information for the membership.

Second Annual NCHSAA Adams Scholarship Winners Announced

CHAPEL HILL—Holly Kristen Monteith of Swain County High School and Gray Burn of Burns High School in Lawndale have been named winners of the second annual Charles Adams Endowed Scholarships awarded by the North Carolina High School Athletic Association.

The two outstanding student-athletes were recognized at the NCHSAA's Annual Meeting at the Dean E. Smith Center on the campus of the University of North Carolina at Chapel Hill.

The scholarships are made possible through the generosity of donors to the fund in honor of the long-time NCHSAA executive director, who retired in 2010 after 42 years with the organization. He was inducted into the NCHSAA Hall of Fame in 2009 and is also the only North Carolinian ever to serve as president of the National Federation of State High School Associations.

Monteith was a four-year member of the Swain County varsity cross-country team and served as team captain during both her junior and senior seasons. She went from being the last runner on her middle school cross country team to earning all-conference honors at Swain and leading her team to qualify and compete in the state championship meet.

She plans to continue her education at Western Carolina University, where she plans to major in elementary education.

Burn has played football and wrestled at Burns High School, although he was diagnosed with autism when he was three and was told by some that he would never be able to make it in the public school system. He qualified for the regionals this year at the 171-pound weight class, and the wrestling team had the highest grade-point average of any team at Burns.

Gray has been a very active member of Polkville Baptist Church, where he has been involved in the youth group and on several mission trips. He plans to attend Western Carolina University.

One scholarship award annually recognizes a male wrestler in memory of Charlie and Sue's son Scott, who was the first individual wrestler from Chapel Hill High School to compete in the state wrestling championships. One goes to a female cross-country runner in honor of Charlie's daughter Michelle Adams Szwajkun, who participated in cross country at Chapel Hill and ran on the 1984 state championship team. Each recipient receives a \$1,500 scholarship to further his or her education at the college level.

"We are pleased to honor Charlie and his family with these scholarship awards and are proud of the accomplishments that these recipients have achieved," said Davis Whitfield, commissioner of the NCHSAA. ★



(NCHSAA photo by John Bell)

Adams Scholarship Award Winners Holly Monteith of Swain County and Gray Burn of Burns



(NCHSAA photo by John Bell)

The North Carolina High School Athletic Association Student Athlete Advisory Council was created to serve as a voice for student-athletes who participate in NCHSAA programs. Sponsored by the Student Services Division, eight student-athletes were selected to represent each NCHSAA region based on leadership characteristics, athletic participation, academic success, and community involvement. Those who attended the Annual Meeting, from left, include Mary Catherine Webb, McDowell; Julia Roberts, Watauga; Jazmine Kemp, East Bladen; Patrick Hernandez, Croatan; and advisor Chiquana Dancy of the NCHSAA. ★

Ray Horton, Zoe Bell Named Toby Webb Winners For NCHSAA

CHAPEL HILL—Ray Horton of Pender High School and Zoe Bell of Ardrey Kell High School in Charlotte are the recipients of the sixth annual Toby Webb Coach of the Year Awards given by the North Carolina High School Athletic Association.

The two outstanding coaches were recognized at the NCHSAA's Annual Meeting at the Smith Center on the campus of the University of North Carolina.

The Webb Award is made possible through the generosity of gifts from individuals and companies through the NCHSAA Endowment and annually recognizes an outstanding male and female coach. To be eligible for the award, a coach must be nominated by school personnel at the NCHSAA member school where he or she coaches, to have coached for a minimum of 10 years, and have made major contributions to the success of high school athletics at the school, in the community and beyond.

Horton has been at Pender for the past 26 years and has 32 years of coaching experience. During his career he has served as a head coach in football, women's basketball, track and field and volleyball. His volleyball record is phenomenal, with a career slate of 607-112 with two state championships, including titles in 2009 and 2010, and four runner-up finishes.

A Vietnam veteran, Horton has also been active at Pender in other ways. For example, he built the trophy case that sits in the gymnasium lobby to house the awards from the school's 35-year history. And when another school in Pender's conference had a change in volleyball coaches and the new coach was not very experienced in volleyball, he offered and then ran a week-long summer camp at the rival school to help build its program, even though Pender would play the school twice during the regular season.

Bell has been at Ardrey Kell for three years after 19 years at Charlotte's Providence High, which opened in 1989, and has a total of 29 years of coaching experience. Her volleyball teams at Providence won 12 conference titles

and four state crowns and her Ardrey Kell team made the state finals in 2009. Her career record in that sport is an outstanding 488-111.

She has also made community service a priority, as among other projects her volleyball teams have raised money for breast cancer in the Serve For The Cure Tournament for the last seven years.

"Ray and Zoe are dedicated professionals who epitomize in many ways the role of coaches and the far-reaching impact they have," said NCHSAA commissioner Davis Whitfield. "They are most deserving of this recognition and receiving the prestigious Toby Webb Award is a credit to their service and dedication to young people."

The awards are given in honor of Toby Webb, a member of the NCHSAA Hall of Fame who was an outstanding coach as well as a principal and superintendent. He helped turn Albemarle into a football power and posted a brilliant 103-18-6 mark as a head coach there. ★



(NCHSAA photo by John Bell)

Webb Award Winner (L) Zoe Bell of Ardrey Kell (L) and Ray Horton of Pender (R), with presenter and award namesake Toby Webb in center

NCHSAA, Greensboro Renew Partnership For Three More Years

GREENSBORO—The North Carolina High School Athletic Association, the Greensboro Sports Commission, the Greensboro Coliseum Complex, and the Greensboro Area Convention and Visitors Bureau have renewed their partnership agreement for another three years.

The Western Regional Basketball Championships, the NCHSAA Wrestling Championships, the NCHSAA Track and Field Championships will continue to be held in Greensboro from the 2011-12 academic year through 2013-14.

"Greensboro has a great tradition of hosting major sporting events and we have had an excellent relationship with these fine partners for the past several years," said Davis Whitfield, commissioner of the NCHSAA. "We look forward to continuing the relationship and building upon the momentum that has been generated. We will continue to offer first-class events for our student-athletes and fans and we are proud to be a part of this partnership."

Other partners in this endeavor are the Greensboro Sports Council, the University of North Carolina at Greensboro, and North Carolina A&T State University.

"We are thrilled to renew our commitment to host these high school state and regional cham-

pionship events in Greensboro," said Greensboro Sports Commission president Kim Strable. "The NCHSAA has been a great partner and we appreciate the confidence the staff has placed in us to deliver a Tournament Town championship experience to the youth of North Carolina."

For the last three years, the Western Regional Basketball Championships have been in the Special Events Center of the Greensboro Coliseum Complex and at Fleming Gymnasium on the campus of the University of North Carolina at Greensboro. The State Individual Wrestling Championships have been contested in the Greensboro Coliseum for the last two years. The NCHSAA track and field championships have been held at the Irwin Belk Track on the campus of North Carolina A&T State University since 2004.

"We are delighted to be part of the continuing tradition of outstanding track and field in North Carolina and pleased that North Carolina A&T State University and the Belk Track will again host the state championship meets," said Earl Hilton, director of athletics at North Carolina A&T State University.

Greensboro has a long history of hosting North Carolina High School Athletic Association state championship events. The Class A

Basketball Championships were the first event in Greensboro in 1955 and started a series in which one of the basketball championships were held in Greensboro either at Grimsley High School, the Greensboro Coliseum, or at North Carolina A&T every year except 1967 until 1985.

From 1981 until 1985, all four classifications of the NCHSAA basketball championships were held at the Greensboro Coliseum.

The Coliseum also became the site of the State Individual Wrestling Championships from 1991 until 1994. The first NCHSAA wrestling championship ever held in Greensboro was in 1956, with Greensboro (Grimsley) High School as the champion. Greensboro also hosted the Open State Individual Wrestling in 1960 and Grimsley was the host location for the AAA championship in 1989 and AAAA championship in 1990.

"To secure the NCHSAA western regional basketball, state championship wrestling and state championship track and field for three more years reconfirms Greensboro's moniker of 'Tournament Town,'" said Henri Fourrier, President Greensboro CVB. "It makes sense for the NCHSAA to hold its championships in Greensboro because of our fine facilities as well as ease of access by all North Carolina athletes." ★

Fifth Annual Golden Whistle Merit Awards Recipients Named

CHAPEL HILL—Three outstanding individuals from the world of high school officiating will be honored with an award for lifetime achievement.

David Gaskins of Greenville, Bill Freeman of Charlotte and Wendell Hampton of Pfafftown are the recipients of the fifth annual Golden Whistle Merit Award, created in a partnership among the North Carolina High School Athletic Association (NCHSAA), the North Carolina Coaches Association (NCCA) and the North Carolina Athletic Directors Association (NCADA).

Criteria for the award include demonstrating leadership, performance, service and training for the betterment of officiating, possessing officiating abilities emulated by fellow officials, being regarded as a person of integrity and character, and a minimum of 10 years of experience as an active official.

They will be presented their awards at the NCHSAA Annual Meeting on May 5 at the Smith Center in Chapel Hill.

This year's recipients of the Golden Whistle Merit Award include:

David Gaskins: Gaskins is an NCAA official who has had postseason tournament assignments at that level in each of the last 10 years but is also very active in high school officiating. He has worked NCHSAA state championship con-

tests in both football and men's basketball and has worked conference and sectional tournaments for the last 20 years and the football state playoffs for the last 16 years. A Greenville area clinic leader in football and basketball, his mentoring of officials through the intramural and club sports program at East Carolina University has been directly responsible for many quality officials becoming a part of the NCHSAA program.

Bill Freeman: Freeman's career as an official began in 1953 and he has been extensively involved with the NCHSAA for over 35 years. He has specialized in recruiting, training and scheduling officials for football, basketball, baseball, soccer and volleyball, forming the Metrolina Officials Association in 1975. He was one of the first booking agents to implement a detailed web-based officiating scheduling program and has earned the respect of both officials and school administrators throughout his career.

Wendell Hampton: currently the booking agent for the Piedmont Officials Association, Hampton has served as the head official for the NCHSAA state wrestling championships for the last five years. He is one of the top trainers of wrestling officials in North Carolina, continually giving his time, talent and energy to ensure the officiating in that sport is of top quality. His rules



(NCHSAA photo by John Bell)

Golden Whistle Award Winners, from left, David Gaskins, Bill Freeman and Wendell Hampton

knowledge and experience make him one of the most respected figures in the sport of wrestling in North Carolina.

"These three individuals are truly representative of excellence and leadership in officiating," said Mark Dreibelbis, supervisor of officials for the NCHSAA. "We are extremely proud to honor these individuals who have demonstrated sacrifice and commitment." ★

Coaches Earn Homer Thompson Sportsmanship Awards At Annual Meeting

CHAPEL HILL—Eight "coaches who make a difference" by virtue of their exemplary sportsmanship were honored by the North Carolina High School Athletic Association at the NCHSAA Annual Meeting.

The coaches were selected for the Homer Thompson Memorial Eight Who Make a Difference award. The award is named in honor of the late Homer Thompson, the long-time Winston-Salem Parkland coach and member of the NCHSAA Hall of Fame. Each honoree will receive the award at the Smith Center on May 5.

"Homer Thompson's name is affixed to this award because he certainly did make a difference in the lives of many and truly was an outstanding role model," said NCHSAA commissioner Davis Whitfield.

The winners were chosen by a special committee based on nominations from the member schools. They received a plaque as part of the Association's student services program.

Coaches receiving this honor for 2010-11 include the following:

Region 1: Michael Horwat, athletic director, Perquimans High School

Region 2: Ruby Sutton, head volleyball, cheerleading and tennis coach, Laney High School, Wilmington

Region 3: Izzy Hernandez, head men's and women's soccer coach, Broughton High School, Raleigh

Region 4: Michael Baker, head men's basketball coach and athletic director, Fairmont High School

Region 5: Alton Tyre, head men's and women's indoor and outdoor track coach, Southeast Guilford High School

Region 6: Wesley Kidd, head women's basketball and softball coach, West Stanly High School

Region 7: Mark Weycker, head football coach and athletic director, West Iredell High School

Region 8: Jeff Smith, head wrestling coach, West Henderson High School



(NCHSAA photo by John Bell)

Eight Who Make A Difference Award Winners with presenter Susan Herring of North Carolina Farm Bureau (center back row)

Each school had the opportunity to nominate one of its coaches for this award. "These coaches are excellent role models who provide support and encouragement to our young people," says Whitfield.

The North Carolina Farm Bureau Mutual Insurance Company underwrites the recognition for high school coaches. ★

NCHSAA Coach-Captain Retreat Attracts Record Number Of Students

RESEARCH TRIANGLE PARK—The North Carolina High School Athletic Association held its spring 2011 Coach-Captain Retreat in early April, the 31st in the history of this program.

The event, part of the Association's Student Services program, was held at the Radisson RTP and attracted students from all over North Carolina. It was one of the largest retreats in the program's history.

Retreat teams include student-athletes who will be captains or leaders of their athletic squads in the coming year, a coach from the school and a parent representative. The retreats are designed to promote the concept of "teamwork." Issues such as leadership development, alcohol, tobacco and other drugs, violence prevention strategies and academic success are addressed at these retreats, the first of which was held in the spring of '95.

The retreats are designed to help student-athletes define leadership qualities, identify key

issues that affect them, learn to communicate effectively with other students and adults about these issues, and then to understand what captains can do to use their influence to prevent problems and promote healthy lifestyles.

"The Coach-Captain Retreat is just one example of the tremendous programs offered through the NCHSAA for our member schools," said Davis Whitfield, commissioner of the NCHSAA. "Our staff and the facilitators do a great job of developing the content for the retreats and coordinating the activities, so this program will reach schools and student-athletes all over the state."

Facilitators included the following NCHSAA Student Services Trainers: Mike Brown, retired athletic director from the New Hanover County schools and president of B&M Associates; P.J. Taylor, retired teacher/coach at Williamston High and former safe and drug free schools coordinator for the Martin County Schools who is also an NCHSAA volleyball official; Faye Corbin, teacher and coach at Hope Mills South View High School; Susan Cox, retired athletic director at Perquimans High School and a DREAM (Daring to Role model Excellence as Athletic Mentors) team trainer; Larry Ratliff, teacher and coach at Southern Guilford High School; and Mike Greene, teacher and coach at North Wilkes High School.

Coach-Captain retreats are organized and administered by NCHSAA assistant commissioner Mark Dreibelbis and assistant director Chiquana Dancy.

"Student Services is the 'value-added' division of the NCHSAA," said Dreibelbis. "The Coach/Captain Retreat emphasizes the responsibility of student-athletes to take their leadership skills and implement programs promoting positive life skills and total development through athletics to both their school and community. Having the opportunity to develop these initiatives and assist in their implementation is what Student Services is all about. Our programs make a difference and create winners for life."

Teams always conclude their retreat experience by developing an action plan, to be taken back and executed in their local school. Among the components of the action plan could be bulletin boards in the school, public ser-

vice announcements for the school intercom, a community service project, a special newsletter for student-athletes or other school/community ideas generated by the team itself.

Student-athletes and their leaders also participated in a special community service project, "Coaches and Captains Against Hunger." Retreat participants collected canned goods and other non-perishables in their communities and then brought them to the event for donation to the North Carolina Food Bank.

In addition to the staff, there were 126 participants in the retreat, with a total of 92 student-athletes and 34 adults attending. The adult total included 26 coaches or administrators, representing a total of 16 different schools, and eight parents of athletes.

Teams at the retreat represented the following schools:

Fayetteville Jack Britt, Matthews David Butler, Fayetteville Douglas Byrd, Dixon, East Duplin, Newton Fred T. Foard, Hoke County, McDowell, Mayodan Dalton McMichael, North Wilkes, Fayetteville Pine Forest, Saxapahaw River Mill Academy, Rockingham County, Hope Mills South View, Southern Guilford, and Seven Springs Spring Creek . ★



(NCHSAA photo by John Bell)

Commissioner Davis Whitfield recognizes President Allison Sholar, superintendent of Pender County, for her service on the Board. ★

DON'T FORGET TO CHECK THE WEB SITE!

Check the North Carolina High School Athletic Association's site daily at

www.nchsaa.org

for all sorts of important information, including updated regional assignments and locations in several sports and the latest brackets.

State Award Winners Honored At Annual Meeting

CHAPEL HILL—Coaches, administrators and media representatives received awards at the North Carolina High School Athletic Association 2011 Annual Meeting.

The Association annually presents these statewide awards in several different categories, all based on those “who have done the most for high school athletics” rather than a single accomplishment or having an outstanding won-loss record.

The awards are named in memory or in honor of outstanding individuals in each category, five of whom are current members of the NCHSAA Hall of Fame. The state winners for 2011 include:

- Doris Howard Female Coach of the Year: Dee Hardy of E.E. Smith in Fayetteville has spent her entire athletic career in the Cape Fear region. She was a three-sport high school star at E.E. Smith and a college standout at UNC-Pembroke in both volleyball and basketball, where she scored 1,554 career points. She returned to coach at her high school alma mater and has been successful for over 20 years, coaching both women’s basketball and volleyball. She has coached in the North Carolina Coaches Association basketball game in Greensboro as well as the Carolinas All-Star Basketball Classic between North Carolina and South Carolina. She is a member of the Fayetteville Sports Club Hall of Fame as well as the UNC-Pembroke Hall of Fame.

- Harvey Reid Male Coach of the Year: Johnny Sowell of Monroe has been at his high school for 20 years after a brilliant athletic career there. Sowell has been an administrative assistant at Monroe High for the past seven years, and prior to that he was attendance counselor. He graduated from Monroe in 1981, where he was a member of the team that won the state championship in basketball during the 1979-80 season and twice was named Union County Player of the Year in football. He has coached football, basketball and track during his tenure at Monroe, including serving 17 years as head men’s basketball coach and winning the 2010 NCHSAA state 1-A basketball championship. He graduated from Appalachian State University with a degree in criminal justice in 1985.

- Dave Harris Athletic Director of the Year: Leigh Hebbard of the Guilford County schools attended Roanoke High and graduated in 1981. He graduated from East Carolina in 1986 with a degree in health and physical education. While at ECU, he also completed the sports medicine curriculum and his experiences included an internship with the New York Giants in the summer of 1985. He began his career in education in 1987 as a teacher and athletic trainer at High Point Andrews and moved to a similar role at Eastern Guilford in 1993. In June of 1994 he was selected

as athletic director at Eastern Guilford and remained in that position until filling an assistant principal vacancy at Eastern Guilford in January of 2006 and is now director of activities, athletics and drivers’ education for Guilford County. He has also served as director for the NCHSAA Individual State Wrestling Tournament for a number of years.

- Bob Deaton Principal of the Year: Page Carver of Gastonia Ashbrook is principal at the Gaston County school and also a member of the NCHSAA Board of Directors. A 1974 graduate of Ashbrook, she became principal at her high school alma mater in 2001 after serving 16 years in the classroom and then working as an administrator at both Grier Middle and McAdenville Elementary in Gaston County. She received her undergraduate degree in special education from Appalachian State University, with her masters in special education and an EDS in administration and supervision from Winthrop University. She also serves as chairperson on the Gaston County American Red Cross Board of Directors.

- Bob McRae Superintendent of the Year: Rick McMahon of Nash-Rocky Mount has enjoyed a great career in education of 35 years. He is a former varsity baseball coach and athletic director at Southern Nash High School who then served as a principal for 15 years in the Nash-Rocky Mount system. He served a stint as the county athletic director for Wilson County schools and is currently the superintendent of the Nash-Rocky Mount school system. He has served in a number of capacities with the NCHSAA, including a stint on the realignment committee.

- Tim Stevens Media Representative of the Year: Mike London of the Salisbury Post is a veteran sports writer at an award-winning media outlet which includes extensive game coverage, notebooks and features on high school athletics. A graduate of A.L. Brown High School in Kannapolis and the University of North Carolina, London has been at the Post since May of 1997 and has won several North Carolina Press Association awards. Since 2000, high school teams in Rowan County have won 27 state championships and Mike has reported on most of them.

- Elton Hawley Athletic Trainer of the Year: Shannon Poole of Millbrook has been the head athletic trainer at the Raleigh school for nine years after a stint at N.C. State and is a Board Certified Athletic Trainer, licensed in North Carolina. She has created a highly successful sports medicine student assistant program at Millbrook and several former students have pursued careers in this area. She was the team trainer for the North Carolina team in the 2010 Shrine Bowl and serves as an adjunct instructor at Campbell University’s



(NCHSAA photo by John Bell)

State Award Winners Display Their Hardware

RTP campus. Poole is a graduate of Appalachian State University and earned her master’s in kinesiology at Penn State.

In terms of background of the award’s names, here are some highlights:

Doris Howard of Fayetteville was one of the state’s most successful female coaches during a 41-year career at Hope Mills, Central and Cape Fear High Schools, winning 533 games in basketball, and is in the NCHSAA Hall of Fame.

Harvey Reid, also an NCHSAA Hall of Famer, is the state’s all-time winningest basketball coach with over 800 victories, most of which came at Wilson Fike.

Dave Harris was the athletic director of the Charlotte-Mecklenburg schools from 1967 to ‘91 after an excellent football coaching career, primarily at Harding. He was a charter member of the NCHSAA Hall of Fame.

Bob Deaton was one of the state’s outstanding high school principals during a long career in education, primarily at Winston-Salem R.J. Reynolds, and was president of the NCHSAA in 1977-78.

Bob McRae is the former superintendent in Randolph County after a long career at Kings Mountain and was president of the NCHSAA in 1997-98. He has served as chair of the Realignment Committee as well as in other NCHSAA capacities.

Tim Stevens is the long time prep sports editor at the Raleigh News and Observer and has been recognized nationally for his work covering high school athletics.

Elton Hawley is a native of Dunn who for many years was the athletic training coordinator for the Charlotte-Mecklenburg schools. He was the initial inductee into the North Carolina Athletic Trainer Association Hall of Fame. ★

Sixth Annual Clary Medal Winners Named For NCHSAA

CHAPEL HILL—Kearra Brinson of Tarboro High School and Nathaniel Dunlap of Albemarle High School are the recipients of the sixth annual Clary Medals awarded by the North Carolina High School Athletic Association.

The two outstanding student-athletes were recognized at the NCHSAA's Annual Meeting at the Dean E. Smith Center on the campus of the University of North Carolina at Chapel Hill.

The Clary Medal is made possible through the generosity of the Eddie and Jo Allison Smith Family Foundation through the NCHSAA Endowment. It annually recognizes an outstanding male and female student-athlete, who will each receive a \$2,000 scholarship to further his or her education at the college level.

To be eligible for the award, a student must be a senior at an NCHSAA member school, participate on at least two athletic teams, maintain at least a 3.2 cumulative grade point average on a 4.0 scale, and demonstrate excellence in athletic participation, extra-curricular activities and community service.

Brinson was a four-year athlete in volleyball, while also playing basketball and running track during her career at Tarboro. She was a two-time captain and most valuable player of the volleyball team and twice earned all-conference honors.

She has also excelled academically, earning membership in the National Honor Society,

as well as serving in the Interact Club, the Environmental Awareness Club, and the yearbook staff. She has also participated in the NCHSAA's Coach-Captain Retreat program. Brinson will continue her education at the University of North Carolina.

Dunlap played three years of football and basketball at Albemarle and is a four-year baseball player, earning 10 varsity letters during this career. He was the Most Valuable Player as the Albemarle quarterback in the NCHSAA 2010 1-AA state football championship game.

A member of the Beta Club, the National Honor Society and vice-president of the Fellowship of Christian Athletes, Dunlap has also served on the Student Council and with the Junior Civitans. He is president of the youth fellowship at Main Street United Methodist Church and has been on several mission trips with his church. He plans to continue his education either at Gardner-Webb University or Wingate University.

The award is in memory of Wilburn Columbus Clary, a member of the NCHSAA Hall of Fame who was an outstanding coach and game official. He served as the executive secretary of the old Western North Carolina High School Activities Association from 1948 through 1977, when its schools joined the NCHSAA. Clary was also the first collegiate football official to be inducted into the National Football Foundation



(NCHSAA photo by John Bell)

Clary Medal winners Kearra Brinson of Tarboro (L) and Nat Dunlap of Albemarle (R), flanking Chris Smith, who presented the award on behalf of his grandfather the late W.C. Clary

and College Hall of Fame.

"Both are exemplary citizens and student-athletes," said Davis Whitfield, NCHSAA commissioner. "They are outstanding selections for the Clary Medals, which is one of the top awards the NCHSAA can present to a student." ★

Several Rules Changes in High School Swimming and Diving Made By National Federation

INDIANAPOLIS—Two significant changes in high school diving were among the six rules revisions approved by the National Federation of State High School Associations (NFHS) Swimming and Diving Rules Committee at its recent meeting in Indianapolis. The rules changes were subsequently approved by the NFHS Board of Directors.

The definition of the forward approach in diving was revised to reflect current trends in the sport. In between the initial three steps and the jump off one foot to a landing on both feet at the end of the board, divers now may use additional steps, hops, leaps and/or jumps.

The revised Rule 9-5-2 now reads as follows: "The forward approach shall begin with not less than three steps and finish with a hurdle, defined as a jump off one foot to a landing on both feet at the end of the board. The diver may use additional steps, hops, leaps and/or jumps between the initial three steps and the culminating hurdle. The forward takeoff shall be from both feet simultaneously to an adequate height to perform the dive."

"This change supports the advancement of high school diving and reflects the current trends in the variations of the forward approach and the athleticism of today's high school divers," said Becky Oakes, NFHS assistant director and liaison to the Swimming and Diving Rules Committee.

Another important diving change deals with the order of divers in championship meets. Beginning next season, in addition to determining the order by lot, the meet director will have the option of seeding based on the diver's best competitive 11-dive score submitted. If the seeding is done by dive scores, divers without 11 dive scores will be seeded by lot at the beginning of the diving order.

The flexibility of seeding divers, which also may be used in non-championship meets that are conducted under the championship-meet format, is similar to the option in swimming.

Two additional diving rules were revised by the committee. A note in Rule 9-5-6 was expanded to clarify that flying dives demonstrating

1½ somersaults require the straight position to be maintained until the body has rotated to the vertical position.

The degree of difficulty for three twisting dives were changed as follows: 5227D from 3.1 to 3.2; 5126D from 2.7 to 2.8; and 5136D from 3.0 to 3.1.

In swimming rules changes, the committee changed the starting procedure for pools with a water depth of less than 4 feet and at least 3½ feet. Beginning in 2011-12, swimmers must start in the water rather than from the deck in pools with 3½ to 4 feet of water.

The final change is one that has been approved by the NFHS Board of Directors for use in all NFHS rules books regarding the meet referee's jurisdiction. The rule extends the clerical duties of the referee beyond the end of the contest through the completion of any reports required from actions that occurred while the referees had jurisdiction. ★

In Memoriam

This is information of which the NCHSAA has been made aware since the publication of the last *Bulletin*. We appreciate all those who share information with us for the benefit of our membership.

DARIC BEITER

MOCKSVILLE—Daric Beiter, the track and cross country coach at Davie County High School, died in early April, the day he turned 37.

According to the Winston-Salem Journal, Beiter's wife, Michelle, found her husband unresponsive early in the morning on the day of his death and that EMS personnel were unable to resuscitate him.

Beiter coached and taught history at Davie starting in 1999. A native of Homer, N.Y., he was the chair of Davie's history department and the school's teacher of the year for the 2009-10 academic year.

Born in Homer, N.Y., Daric had done undergraduate work at Allegheny College in Meadville, PA and later did graduate work at State University of New York in Oswego.

GENE DANIELS

APEX—Gene Daniels, who coached at Apex High School, died in mid-April at the age of 47 of an apparent heart attack.

Daniels, who was the athletic director at Salem Middle School in Wake County, was the head coach of the junior varsity women's soccer team at Apex and assisted with the varsity. He was involved in the Apex High soccer program for 20 years. He had also taught for 14 years at Penny Road Elementary School.

Gene was born in Nash County. He graduated from Broughton High School in Raleigh in 1982 and then graduated from Appalachian State University in 1986.

In addition to the funeral service, a candlelight service was held at Apex High School and attended by hundreds, including women's soccer players from both Salem Middle and Apex High School.

MARCUS HANKINS

BOLIVIA—Marcus Hankins, 19, an outstanding athlete at South Brunswick High School, was shot and killed in mid-April.

He was shot following a wedding reception held at the Democratic

Headquarters in Bolivia.

Hankins had rushed for 2,025 yards during the 2010 football season in which South Brunswick won a pair of NCHSAA playoff game.

In a prepared statement, Brunswick school superintendent Edward Pruden said, "Marcus Hankins was an impressive young man, bright and engaging. His future had unlimited potential. His death is an unspeakable tragedy for the entire community."

HENRY LILES

RALEIGH—Henry Liles, an outstanding high school baseball coach in the 1960's and '70's, died in mid-April at the age of 79.

A native of Rolesville, Liles was an athlete at Wake Forest University and then went on to coach baseball at Garner High School. His record there was 179-70 as he led the Trojans from 1961 through '76. His teams own 10 conference championships during that time.

He also taught and coached at the junior high and middle school level during his 30-year teaching career.

DR. CRAIG PHILLIPS

WILMINGTON—Dr. Craig Phillips, long-time state superintendent of public instruction for the state of North Carolina, died in mid-April at the age of 88.

Phillips served in education for over 40 years, including five terms as state superintendent, spanning a time from 1969 through 1989.

He began his career as a teacher and coach and then became a principal and superintendent in Winston-Salem, and he also served the Charlotte-Mecklenburg schools as superintendent.

After retirement from the state department, he served as the superintendent of the Vance County schools.

He was inducted into the North Carolina High School Athletic Association Hall of Fame in the Class of 1998. ★

NFHS Now Offers Middle School Coach Education Course

INDIANAPOLIS—A new coach education course—*Coaching Sports in Middle School*—is now available online through the National Federation of State High School Associations (NFHS) at www.nfhslearn.com. This course is the newest addition to the NFHS Coach Education Program.

Coaching Sports in Middle School focuses on middle school issues and how to address them. All NFHS coaching education courses are applicable to the middle school/junior high level, but this one has been tailored to the unique characteristics of that level. It factors that middle school athletes aren't young adults yet and are at a different skill level.

NFHS Assistant Director Tim Flannery en-

courages all coaches to take the new course in order to make certain that middle school students receive the proper instruction.

"Every coach and administrator at the middle school level should be required to complete the online course *Coaching Sports in Middle School* to ensure the students who participate in athletics have an educational experience," Flannery said. "Some schools have been using middle school teams as feeder systems for their high school programs, but that is not how they are intended to be used. This course is a reminder that middle school activities should be fundamentally about participation."

Coaching Sports in Middle School takes ap-

proximately one hour to complete and costs \$20.

The NFHS Coach Education Program was started in 2007, and more than 160,000 coaches have taken the core course—*Fundamentals of Coaching*. Forty-five of the 51 NFHS member associations have adopted the course.

The NFHS offers coaches the ability to become certified as an Accredited Interscholastic Coach. In addition to the *Fundamentals of Coaching* course, coaches must complete NFHS *First Aid for Coaches*, or its equivalent, and one of the sport-specific courses or *Teaching Sport Skills*, and then can apply for certification online.

All NFHS coach education courses are available at www.nfhslearn.com. ★

The National High School Sports Record Book can be purchased from the National Federation of State High School Associations. A number of North Carolinians are among the national record holders. More information is available at (317) 972-6900.

North Carolina Athletic Directors Association Names 17th Hall Of Fame Class At Festivities In Wilmington

Three members have been honored by the North Carolina Athletic Directors Association as the 17th class inducted in its own Hall of Fame.

Carolyn Shannonhouse, Guy Mendenhall and Joe Miller are the newest members of the NCADA Hall of Fame. The three were recognized at the annual North Carolina Athletic Directors Association state conference at the Wilmington Hilton Riverside in mid-April.

The NCADA Hall of Fame has been established to recognize achievement and excellence for athletic administration. The inductees are honored at the NCADA's annual state convention, and a permanent display honoring the athletic directors' Hall of Fame is located in the offices of the North Carolina High School Athletic Association in Chapel Hill. The new class brings to 70 the number in the Hall.

This year's inductees included:

GUY MENDENHALL

Guy Mendenhall has had a distinguished career in athletic as a player, coach and athletic administrator, with much of it centered around Cary High School.

He helped lead Cary to a 1954 NCHSAA basketball championship and later served as athletic director at Cary for 16 years, from 1977 to '93. Guy also coached at Gaston, Clinton and Raleigh

Enloe High Schools and coached in the North Carolina Coaches Association East-West all-star basketball game in 1975.

A four-year starter in basketball at East Carolina, Guy was inducted into the Cary High School Hall of Fame in '93 and the Cary High School Spirit Award, given annually to a senior and also to a teacher, bears his name.

JOE MILLER

Joe Miller came to New Hanover High School in Wilmington in 1974 after coaching stints in Georgia, Florida and at Missouri Southern University.

He was an outstanding football coach and athletic director there until he moved into the central office in 1994 as the athletic director for the New Hanover County schools.

He has been very active with the NCADA, serving as its president from 2000 through '03, and has been honored locally, statewide and nationally for his role in athletic administration.

CAROLYN SHANNONHOUSE

Carolyn has served at the NCHSAA since 1986, first as assistant executive director and now as assistant commissioner, after an outstanding career as a teacher and coach in a variety of different sports in several different schools, including

Broughton and Cary.

In her role with the NCHSAA, Shannonhouse has been primarily responsible for working with women's sports programs and sports such as soccer, cross country, tennis and swimming played by both men and women. She was inducted into the NCHSAA Hall of Fame in 2010.

She has also been very involved with the National Federation of State High School Associations (NFHS), serving on a variety of national committees, as well as working closely with the North Carolina Athletic Directors Association and the N.C. Coaches Association.

Honorees in the charter class of the Hall of Fame, inducted in 1995, included NCHSAA executive director Charlie Adams, former Charlotte-Mecklenburg director of athletics Dave Harris, Russ Blunt of Durham's Hillside High School, long-time Greenville Rose athletic director and NCADA executive secretary Richard "Bud" Phillips; former High Point athletic administrator A.J. "Tony" Simeon, and Norma Harbin of Winston-Salem, the first female athletic director at a 4-A school in North Carolina.

Last year's inductees included Bruce Hardin of Charlotte, Marion Kirby of Greensboro and Que Tucker of the NCHSAA. ★

AAA Scholar-Athlete Winners Named By NCHSAA

CHAPEL HILL—Over 11,000 individual awards have been given by the North Carolina High School Athletic Association to student-athletes for their achievements in the classroom as well as on the playing court or athletic field.

The NCHSAA made the awards in its AAA Scholar-Athlete program, which includes recognition of varsity teams which attain certain grades as well as individual athletes.

Individual AAA Scholar-Athletes attained at least a 3.5 grade point average for the semester in which he or she competed. The award is based on first semester grades for fall and winter sports and second semester grades for spring sports, and the school submits the nomination form verifying the grade point average on behalf of the athlete or team.

For the fall semester of 2010, a total of 11,002 student-athletes were nominated by NCHSAA member schools and qualified for this award.

In the team division, a varsity team earns AAA Scholar-Athlete recognition by attaining a 3.1 aggregate GPA on a straight 4.0 scale for that designated semester. The school receives a

certificate from the NCHSAA honoring the accomplishment and each member of the squad receives a certificate. A total of a whopping 604 varsity teams and 10,029 individual athletes from across the state achieved this distinction.

A minimum of five individuals is necessary to constitute a team, and all team members must be included in figuring the team GPA. The team achieving the highest grade point average in the state in its particular sport and submitting its application by the appropriate deadline receives a plaque commemorating that achievement.

Salisbury and Surry Central each had two team winners.

The top three teams in every sport also receive a cash award from AAA for their achievement, to be used in their athletic program.

"We are extremely proud of the achievements of the students involved in our AAA Scholar-Athlete program," said Davis Whitfield, NCHSAA commissioner. "This demonstrates that we have a large number of athletes that are playing sports and also succeeding in the classroom."

NCHSAA AAA SCHOLAR-ATHLETE TEAM AWARD WINNERS

Fall and Winter Sports (Fall Semester 2010)

Highland Tech	Football	3.380
West Wilkes	Volleyball	3.876
Richlands	Cheerleading	3.700
Weddington	Men's Soccer	3.570
East Burke	Men's Swimming	3.652
Salisbury	Women's Cross Country	3.880
Salisbury	Women's Swimming	3.930
Ashe County	Men's Cross Country	3.760
South Point	Women's Golf	3.950
North Wilkes	Women's Tennis	3.916
Hayesville	Wrestling	3.430
South Rowan	Women's Basketball	3.810
Surry Central	Men's Basketball	3.550
Surry Central	Women's Winter Track	3.680
Northern Guilford	Men's Winter Track	3.600

NCHSAA Hall of Fame 2011

All NCHSAA photos by John Bell



Hall of Famer Carolyn Rogers (center) with NCHSAA commissioner Davis Whitfield (l) and Board of Directors member Bobby Guthrie



The induction class of 2010-11 for the NCHSAA Hall of Fame



Marcia Cashion, representing the late Joe Hunt



Commissioner Davis Whitfield addresses crowd



Bob Catapano and Que Tucker



Harvey Brooks



Tunney Brooks



Hall of Famer Carolyn Tom Brown (center) with NCHSAA commissioner Davis Whitfield (l) and Board of Directors member Bobby Guthrie

Jenna Huff Wins North Carolina Spirit Of Sport Award

CHAPEL HILL—Jenna Huff of North Stanly High School is the first recipient of the North Carolina Spirit of Sport Award presented by the North Carolina High School Athletic Association.

The NCHSAA is participating in the “Spirit of Sport Award” program sponsored by the National Federation of State High School Associations. It was established to recognize those individuals who exemplify the ideals of the positive spirit of sport that represents the core mission of education-based athletics.

The award is given in recognition of a specific act or an activity of longer duration. Nominees can be a coach, athletic administrator, trainer, student-athlete or any others associated with the school's athletic program. Huff was recognized at the NCHSAA Annual Meeting at the Smith Center on the campus of the University of North Carolina.

Davis Whitfield, NCHSAA commissioner, said, “Jenna’s act of selflessness defines what the Spirit of Sport Award represents. She did what was uncommon in the eyes of many by turning her focus to aid a competitor. Her act of compassion taught us all a life lesson that day.”

Tommy Harkey, athletic director at North Stanly High School, provided information for the nomination, noting, “This event at the regional cross country meet had spectators clapping, cheering, and crying at the same time.” Drew Laucher, the North Stanly cross-country coach, wrote a story about it for the local paper, The Stanly News and Press, which drew additional attention to it.

Huff, a cross-country runner for North Stanly, was competing at Dan Nicholas Park in the 2010 2-A Midwest Regional for the right to advance to the state championship. Late in the race she was in 22nd place, trailing Deb Gunther of Cuthbertson by about five meters. Suddenly Gunther screamed in pain and grabbed her hip, almost stopping.

Instead of sprinting past Gunther to gain a spot in the standings, Huff slowed down, checked on her and told her, “Come on,” gently putting her hand on Gunther’s elbow.

They shuffled along toward the finish line, and as coach Laucher said, “As they approach the finish line, the crowd catches on. Applause and cheers erupt. Jenna puts Deb in front of her, just as it would have been before Deb’s hip gave out. Jenna didn’t take that point; it was always Deb’s so it stayed Deb’s.”

That in itself is remarkable, but it also had an impact on the meet. It turned out that Cuthbertson and Salisbury tied for first in the regional meet, and ties in cross country means that the performance of the sixth-place finisher is used. Cuthbertson’s sixth-place runner: Deb Gunther.

As Harkey noted, “Jenna could have passed the Cuthbertson runner, but instead made sure she went across the finish line in front of her,



(NCHSAA photo by John Bell)

North Stanly’s Jenna Huff (center) wins the N.C. Spirit of Sport Award, flanked by Mark Dreibelbis (left) and Davis Whitfield of the NCHSAA.

which ended up giving Cuthbertson the victory over Salisbury.”

Coach Laucher was right when he said, “Cuthbertson won the regional meet that day. Jenna Huff won the crowd.” ★

Weight Classes Changed In High School Wrestling

INDIANAPOLIS, IN—The most significant changes in weight classes in high school wrestling in 23 years will take place in the 2011-12 season.

In its April meeting in Indianapolis, the National Federation of State High School Associations (NFHS) Wrestling Rules Committee approved an upward shift of the weight classes, beginning with the 103-pound class moving to 106 pounds, which resulted in new weights for 10 of the 14 classes. The changes in weight classes, along with 17 other rules revisions, were subsequently approved by the NFHS Board of Directors.

The 14 weight classes approved by the committee for 2011-12 are as follows: 106 (pounds), 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285. Three middle weight classes – 145, 152 and 160 – were retained, although they are 7-8-9 in order now rather than 8-9-10. The largest weight class (285 pounds) remains unchanged as well.

“The change in weight classes resulted from

a three-to-four year process utilizing data from the National Wrestling Coaches Association (NWCA) Optimal Performance Calculator,” said Dale Pleimann, chair of the NFHS Wrestling Rules Committee and former assistant executive director of the Missouri State High School Activities Association. “The rules committee was able to analyze data from almost 200,000 wrestlers across the country, with the goal to create weight classes that have approximately seven percent of the wrestlers in each weight class.

The last wholesale shift in weight classes occurred in 1988, when the lowest weight class was increased from 98 to 103 pounds. The only other changes since then were in 2002, when the number of classes went from 13 to 14 and the 215-pound weight class became mandatory, and in 2006, when the 275-pound class was increased to 285 pounds.

Among changes in wrestling holds, the Figure 4 around the head has been ruled an illegal hold/maneuver. Previously, the Figure 4 was illegal

around the body or both legs.

“This move was being used by high school wrestlers more and more on the head, so to minimize the risk of injury, the committee voted to outlaw the Figure 4 on the head as well as around the body and both legs,” said Bob Colgate, NFHS assistant director and liaison to the Wrestling Rules Committee.

Another significant change was made in Rule 2-1-3, which now makes the boundary line inbounds and, thus, expands the wrestling area. Previously, a wrestler was out of bounds if he or she was touching any part of the 2-inch-wide line which marks the wrestling area.

An additional exception was added to Rule 8-2-1 stating that if the second injury time-out is taken at the conclusion of the second period, and the opponent already has the choice at the beginning of the third period, the opponent would then have the added choice at the first restart after the beginning of the third period.

Continued on page 15



"Previously, at the end of the second period and before the third period, Wrestler A takes his or her second injury time-out, which now gives the choice to Wrestler B," Colgate said. "However, it's already Wrestler B's choice by virtue of the original flip of the disk. Therefore, Wrestler B gains no advantage or benefit from Wrestler A's second injury time-out. With this change, Wrestler B would now have his or her choice at the first restart after the beginning of the third period."

In other changes, a revision in Rule 3-1-13 allows the referee the flexibility to determine his or her best position to monitor the clock and wrestlers during injury, blood or recovery time-outs. Also, language in Rule 6-2-2 was changed from "forfeit" to "disqualification" to reflect correct terminology.

The rules committee also devoted considerable time to developing rules for multi-team dual meets and team-formatted tournaments. Previously, the NFHS Wrestling Rules Book addressed only dual meets and individually bracketed tournaments. Definitions for individually bracketed tournaments, dual meet/team-formatted tournaments and combination tournaments will be contained in Rule 1-3.

"In recent years, high school wrestling has moved from dual meets and individually bracketed tournaments to tournaments incorporating a dual meet/team format," Pleimann said. "The new Rule 11 will provide rules coverage for this type of tournament format."

The final change is one that has been approved by the NFHS Board of Directors for use in all NFHS rules books regarding the meet referee's jurisdiction. The rule extends the clerical duties of the referee beyond the end of the meet through the completion of any reports required from actions that occurred while the referees had jurisdiction.

Points of emphasis adopted by the committee for 2011-12 include communicable diseases, injury time-outs, coach/referee conference, and concussion recognition and management.

Wrestling is the sixth-most popular sport for boys at the high school level with 272,890 participants in 10,363 schools during the 2009-10 season, according to the NFHS Athletics Participation Survey. In addition, 6,134 girls were involved in wrestling in 1,009 high schools. ★

Mid-State 3-A Conference Makes Donations To Fight Cancer Through Tournament

EDEN—There are numerous ways that high schools and their athletic teams are involved in community service, and here is an example of a whole conference doing something special.

The Mid-State 3-A Conference, for the last two years, has voted to add a one-dollar surcharge to the admission of the conference basketball tournament in February. One-half of the proceeds from the surcharge go to the Jimmy V Foundation and one-half to the Kay Yow/WBCA Cancer Fund.

The conference sent \$834 to the V Foundation and \$834 to the Kay Yow Fund after this year's men's and women's tournaments.

With this donation, the Mid State 3A Athletic Conference has now given \$3,504 in memory of Kay Yow and Jim Valvano since the 2009-10 school year.

Writing to the organizations, Jim Wilson, commissioner of the conference, said, "We hope that this small gift will one day bring big results in your efforts to find a cure for cancer."

Members of the conference include Eastern Alamance, Eastern Guilford, McMichael, Morehead, Northern Guilford, Rockingham County, Western Alamance and Walter Williams.

Well done, Mid-State 3-A Conference! ★



MEN'S GOLF

Bishop McGuinness Team, Individuals Roll To Victory In NCHSAA 1-A Men's Golf

BUIES CREEK—Kernersville Bishop McGuinness rolled to a convincing team victory and also swept individual honors in the 14th annual North Carolina High School Athletic Association state 1-A men's golf championships at the Keith Hills Country Club.

Bishop McGuinness had a 29-shot lead in the team standings after the first day and wound up winning by 48 shots, recording 299 totals on both days of play for a 598 total. West Montgomery, the defending team champ, was second with a 646 and East Surry placed third at 669. The best four of six individual scores count toward the team total.

The championship was contested on a par-72, 6,625-yard layout for the NCHSAA event.

Bishop golfers took four of the top six spots and went one-two, with Stanhope Johnson taking medalist honors with rounds of 74 and 71 for a 145 total, good for a three-shot advantage over teammate Tanner Owen.

Patrick Cover of Pine Lake Preparatory, a charter school, was third at 149. Colyn Petty of Swain County captured fourth in a one-hole playoff with William Whitacre of Bishop McGuinness, after they tied with 152 totals after 36 holes.

Prior to 1986, all NCHSAA schools competed for a single title in an open tournament. Play went to three classifications in 1986 and then to four classes beginning with the 1998 tournaments.

A total of 84 golfers began play in the two-day tournament. Wendy's is the presenting sponsor of the NCHSAA sports program.

NCHSAA 2011 MEN'S 1-A GOLF CHAMPIONSHIPS Keith Hills Country Club, Buies Creek

FINAL TEAM STANDINGS

Kernersville Bishop McGuinness	299-299 — 598
West Montgomery	328-318 — 646
East Surry	335-334 — 669
Lake Norman Charter	348-326 — 674
Hendersonville	350-335 — 685
Riverside-Martin	349-342 — 691
Swain County	345-350 — 695
Midway	359-343 — 702
Rosewood	352-356 — 708
Durham N.C. School Science and Math	366-352 — 718
Raleigh Charter	370-368 — 738
Southwest Onslow	382-367 — 749

FINAL INDIVIDUAL LEADERS

Stanhope Johnson, Bishop McGuinness	74-71 — 145
Tanner Owen, Bishop McGuinness	72-76 — 148
Patrick Cover, Pine Lake Prep	74-75 — 149
Colyn Petty, Swain	77-75 — 152
William Whitacre, Bishop McGuinness	74-78 — 152

North Surry's Coalson Wins Individual Title; Salisbury Takes 2-A Team Championship

SOUTHERN PINES—North Surry's Taylor Coalson emerged from a group of three golfers tied for the lead and captured the individual championship in the 26th annual North Carolina High School Athletic Association state 2-A men's golf championships at the Longleaf Golf and Country Club.

Coalson had a 71 on the final day and finished with a 140 total, good for a two-shot victory over defending champion Roy Dixon of Salisbury. Dixon, who finished 13th in the individual standings in the 2009 tournament and won it all last year, had a 73 in the final round for a 142 total.

Sam Goodnight of North Lincoln placed third, three shots back. The course was set at par 71 and a 6,600-yard layout.

Salisbury and North Lincoln were deadlocked at 293 in the team standings after the first day of play, but Salisbury put together a score of 287 on Tuesday to storm to a 24-shot victory over North Lincoln. Shelby finished third at 605. The best four of six individual scores counted toward the team total.

Prior to 1986, all NCHSAA schools competed for a single title in an open tournament. Play went to three classifications in 1986 and then to four classes beginning with the 1998 tournaments.

A total of 84 golfers began play in the two-day tournament. Wendy's is the presenting sponsor of the NCHSAA sports program.

NCHSAA 2011 MEN'S 2-A GOLF CHAMPIONSHIPS Longleaf Golf and Country Club, Southern Pines

FINAL TEAM STANDINGS

Salisbury	293-287 — 580
North Lincoln	293-311 — 604
Shelby	298-307 — 605
Clinton	317-312 — 629
North Surry	312-318 — 630
Carrboro	322-319 — 641
West Davidson	319-330 — 649
Hampstead Topsail	323-329 — 652
Southwest Edgecombe	327-329 — 656
Randleman	338-349 — 687
Hillsborough Cedar Ridge	347-342 — 689
West Lincoln	353-341 — 694

FINAL INDIVIDUAL LEADERS

Taylor Coalson, North Surry	69-71 — 140
Roy Dixon, Salisbury	69-73 — 142
Sam Goodnight, North Lincoln	69-74 — 143
Tyler Lail, Bunker Hill	73-71 — 144
Alex Niancuris, Salisbury	73-71 — 144
Miller Capps, North Lincoln	74-71 — 145

Poston Sets 36-Hole Record; Burlington Williams Wins Team Crown In NCHSAA 3-A Golf

FOXFIRE VILLAGE—Hickory's J.T. Poston clinched his second consecutive North Carolina High School Athletic Association individual championship in record fashion in the 26th annual state 3-A men's golf championships at the Foxfire Golf and Country Club.

Poston, the defending individual champion, fired the lowest 36-hole total in the history of the NCHSAA championships by putting up a 68 on Tuesday to go with a blistering nine-under 63 on the opening day for a 13-under par total of 131. He had a nine-shot advantage over second place Robert Register of Burlington Williams.

The previous low score for 36 holes was a 134 by East Davidson's John Carter III at Broken Arrow in Statesville in the 1999 championships.

The championship was held on a par-72, 6,851-yard layout for the NCHSAA event.

Burlington Williams, under veteran head coach Tommy Cole, surged ahead with a 288 on the final day of play for a 579 total, five shots ahead of Hickory as Robert Register (67 on Tuesday) and William Register (71) led the way. Gastonia Forestview, the first day leader by three shots with a 288, had a 300 on Tuesday for a 588 total, good for third place.

The best four of six individual scores count toward the team total.

Prior to 1986, all NCHSAA schools competed for a single title in an open tournament. Play went to three classifications in 1986 and then to four classes beginning with the 1998 tournaments.

A total of 84 golfers began play in the two-day event. Wendy's is the presenting sponsor of the NCHSAA sports program.

NCHSAA 2011 MEN'S 3-A GOLF CHAMPIONSHIPS Foxfire Golf and Country Club

TEAM STANDINGS

Burlington Williams	291-288 — 579
Hickory	291-293 — 584
Gastonia Forestview	288-300 — 588
Waynesville Tuscola	307-303 — 610
Asheboro	301-313 — 614
Concord JM Robinson	311-312 — 623
Waxhaw Marvin Ridge	313-319 — 632
Northern Guilford	317-315 — 632
West Carteret	322-313 — 635
Charlotte Catholic	323-313 — 636
Wilson Fike	323-316 — 639
Rocky Mount	370-348 — 718

INDIVIDUAL LEADERS—par 72

J.T. Poston, Hickory	63-68 — 131
Robert Register, Burlington Williams	73-67 — 140
William Register, Burlington Williams	70-71 — 141
Trevor Cone, Jay Robinson	71-71 — 142
Matt Yelverton, Weddington	71-72 — 143

East Chapel Hill's Ben Griffin Wins In Playoff; Leesville Road Takes Team Crown In 4-A Golf

PINEHURST—Ben Griffin of East Chapel Hill won a dramatic playoff with Greenville Rose's Andrew Decker to take the individual championship in the 75th annual North Carolina High School Athletic Association state 4-A men's golf championships at Pinehurst number six.

Griffin won it on the second playoff hole, chipping in to save par on a par four, after the two had finished deadlocked in the regulation 36 holes with 137 totals, five under par.

Andrew Klassing of Charlotte Ardrey Kell was third in the individual standings with a 140. Defending champ Grayson Murray of Raleigh Leesville Road was one of three golfers in a tie for fourth at even par 142, but Carter Jenkins of Leesville won on the first playoff hole to take the fourth spot over Murray and Philip Oweida of Charlotte Myers Park.

The championship was held on a par-71 layout set at 6,537 yards or the NCHSAA event.

Leesville Road held on to capture the team championship with a 292 score on Tuesday for a 577 total, four shots ahead of Myers Park. Ardrey Kell was third with a 593, followed by Raleigh Wakefield and Cary Green Hope. Six of the 12 teams in the field broke 600.

Green Hope had won the 4-A team title four times in the last five years.

The best four of six individual scores count toward the team total.

Prior to 1986, all NCHSAA schools competed for a single title in an open tournament. Play went to three classifications in 1986 and then to four classes beginning with the 1998 tournaments.

A total of 84 golfers began play in the two-day tournament. Wendy's is the presenting sponsor of the NCHSAA sports program.

NCHSAA 2011 MEN'S 4-A GOLF CHAMPIONSHIPS **Pinehurst Resort and Country Club** **Pinehurst number six**

TEAM STANDINGS

Raleigh Leesville Road	285-292 — 577
Charlotte Myers Park	290-291 — 581
Charlotte Ardrey Kell	300-293 — 593
Raleigh Wakefield	294-301 — 595
Cary Green Hope	298-298 — 596
Southern Pines Pinecrest	305-294 — 599
Clayton	304-298 — 602
Alexander Central	304-299 — 603
Greensboro Grimsley	308-307 — 615
West Forsyth	311-304 — 615
Davie County	305-323 — 628
Wilmington Hoggard	317-329 — 646

INDIVIDUAL LEADERS—par 71

Ben Griffin, East Chapel Hill	69-68 — 137
Andrew Decker, Greenville Rose	68-69 — 137
Andrew Klasing, Ardrey Kell	71-69 — 140
Carter Jenkins, Leesville Road	69-73 — 142
Grayson Murray, Leesville Road	71-71 — 142
Phillip Oweida, Myers Park	69-73 — 142



MEN'S TENNIS

NCSSM's Turner Wins Singles Crown In Three Sets; Bishop Pair Takes Doubles Championship

CARY—Russell Turner of Durham's North Carolina School of Science and Math rallied to win the singles title in a tough three match in the North Carolina High School Athletic Association state 1-A tennis championships at the Cary Tennis Center.

Turner came back to beat Elkin's Tyler Macy 3-6, 6-1, 6-2 for the championship. Both finalists had won each of their two matches in straight sets and each lost only four games in the process on Friday.

Macy was the 2010 singles runner-up, losing to Mount Airy's Nicholas John in last year's final.

Kevin Weckworth and Joseph Riazzi of Kernersville Bishop McGuinness took the doubles title with a straight set victory over the Mount Airy duo of Mitch Kessler and Eric Belton, 6-2, 6-3.

The Mount Airy team had advanced to the championship by defeating Brackin Kirkland and Charles Colhoun of Hendersonville in a third-set tiebreaker, 7-5, 2-6, 7-6(5), in the Friday semifinals, after outlasting Alex Dunham and Jordan Deloatch of Raleigh Charter in a three-set match Friday morning.

NCHSAA 1-A STATE MEN'S TENNIS CHAMPIONSHIPS **Cary Tennis Center**

Singles Championship

Russell Turner (Durham N.C. School of Science and Math) def. Tyler Macy (Elkin) 3-6, 6-1, 6-2.

Doubles Championship

Kevin Weckworth-Joseph Riazzi (Kernersville Bishop McGuinness) def. Mitch Kessler-Eric Belton (Mount Airy) 6-2, 6-3.

Brevard's Lovett Wins Singles Title, Newton-Conover Wins In Doubles

CARY—Korey Lovett of Brevard captured the singles title in the North Carolina High School Athletic Association state 2-A men's tennis championships at the Cary Tennis Center.

Lovett downed South Iredell's Patrick Hensley in straight set fashion, 6-3, 6-4, in the title match. Lovett had defeated Jordan Bailey of Hampstead Topsail in the morning semifinals while Hensley was ousting Salisbury's Steven Page in a tough three-setter, 6-4, 1-6, 6-3.

Lovett swept all four of his matches in the state tournament in straight sets.

The Newton-Conover team of Hang Lak Choi and Ryan Lampe won the doubles championship, defeating the Shelby pair of Ray Webb Parker and Ben Cheaney by 6-3, 7-5. The Shelby team had beaten another Newton-Conover twosome, Austin Adams and John Tate, in a three-set Saturday morning semifinal, rallying to win 3-6, 6-3, 7-5.

In an interesting twist, both Choi and Lampe played in the doubles final a year ago when it was an all-Newton-Conover championship. Choi and Will Huggins teamed to beat Lampe and Dillon Cervantez in the 2010 final.

NCHSAA 2-A STATE MEN'S TENNIS CHAMPIONSHIPS **Cary Tennis Center**

Singles Semifinals

Korey Lovett (Brevard) def. Jordan Bailey (Hampstead Topsail) 6-1, 6-2; Patrick Hensley (South Iredell) def. Steven Page (Salisbury) 6-4, 1-6, 6-3.

Singles Championship

Lovett (Brevard) def. Hensley (South Iredell) 6-3, 6-4.

Doubles Semifinals

Hang Lak Choi-Ryan Lampe (Newton-Conover) def. Evan Day-Jesse Massucco (Wilkes Central) 6-1, 6-3; Ray Webb Parker-Ben Cheaney (Shelby) def. Austin Adams-John Tate (Newton-Conover) 3-6, 6-3, 7-5.

Doubles Championship

Choi-Lampe (Newton-Conover) def. Parker-Cheaney (Shelby) 6-3, 7-5.

RECORD BREAKERS? Don't forget, if you have any potential state or national listings for the record book, there is a form on line to send that information for consideration. Help us to make our state and national books as inclusive and complete as possible.

Any questions call Rick Strunk at (919) 240-7367. And don't forget to check the latest version of the state record book on line!

Johnson Wins Third Straight Singles Title In State 3-A Men's Tennis Championships

BURLINGTON—Kyle Johnson of Charlotte Catholic won his third consecutive state singles title in the North Carolina High School Athletic Association state 3-A men's tennis championships at the Burlington Tennis Center and then later at the Piedmont Indoor Tennis Center.

Johnson defeated Matt Daly of Raleigh Cardinal Gibbons in a morning semifinal and then battled past Eric Greene of Western Alamance in the championship match, 7-6 (6), 7-5. Johnson had lost only three games in four sets on Friday's opening day of play.

Johnson and Greene were knotted at 2-2 in the first set of the final when the rains came and the championship moved indoors. Greene's booming first serve helped keep him in the competitive match. He struggled with cramps in the final after rallying from a set down to win his morning semifinal over Joey Hatala of Waxhaw Marvin Ridge.

Johnson's win marked the seventh time in NCHSAA history that a men's player has won three singles championships and Johnson, a junior, would have a chance for an unprecedented feat with a fourth state title. Will Rollinson of Cardinal Gibbons has the most recent accomplishment of that feat, winning titles from 2006-08 in the 2-A classification.

The Cardinal Gibbons pair of Chris Geaslen and Killian Steer earned the doubles crown with a 6-4, 6-1 win over the Asheville team of Morris Porter and Tito Poplawski. Geaslen had been part of the state runner-up team in doubles with Daly a year ago.

NCHSAA 3-A STATE MEN'S TENNIS CHAMPIONSHIPS Burlington Tennis Center, Burlington

Singles Semifinals

Eric Greene (Western Alamance) def. Joey Hatala (Waxhaw Marvin Ridge) 4-6, 6-4, 6-3; Kyle Johnson (Charlotte Catholic) def. Matt Daly (Raleigh Cardinal Gibbons) 7-5, 6-2.

Singles Championship

Johnson (Charlotte Catholic) def. Greene (Western Alamance) 7-6 (6), 7-5.

Doubles Semifinals

Morris Porter-Tito Poplawski (Asheville) def. Alex Southard-Logan Williams (Northern Guilford) 6-3, 7-6(2); Chris Geaslen-Killian Steer (Raleigh Cardinal Gibbons) def. Owen Fike-Adam Glover (Southern Nash) 6-2, 6-1.

Doubles Championship

Geaslen-Steer (Cardinal Gibbons) def. Porter-Poplawski (Asheville) 6-4, 6-1.

Mudge Takes Singles Championship, Millbrook Team Wins Doubles

RALEIGH—Robbie Mudge of Winston-Salem R.J. Reynolds captured the singles championship for the second time in three years in the North Carolina High School Athletic Association state 4-A men's tennis championships at Millbrook Exchange Park.

Mudge, the 2009 champion defeated Roman Cacha of Raleigh Athens Drive 6-1, 6-3 to take the crown. Mudge was unable to compete in last year's tournament due to injury.

Mudge had outlasted Peter McDonald of East Chapel Hill, last year's runner-up, 4-6, 7-5, 6-3 in the semifinals on Friday, the final match of the day, while Cacha was eliminating Landon Kinsey of Greensboro Page, rallying from a set down to win 3-6, 6-0, 6-1. Three rounds were played in the tournament on the first day.

In doubles, the Raleigh Millbrook pair of Quinn and Sean Carmean prevented an R.J. Reynolds sweep of championships as they defeated Paul Yamane and Jack Riazzi of Reynolds for the title, 6-2, 6-4.

Quinn Carmean had teamed with Sean Weber to win the 2009 4-A doubles crown for Millbrook.

NCHSAA 4-A STATE MEN'S TENNIS CHAMPIONSHIPS Millbrook Exchange Park, Raleigh

Singles Championship

Robbie Mudge (Winston-Salem R.J. Reynolds) def. Roman Cacha (Raleigh Athens Drive) 6-1, 6-3.

Doubles Championship

Quinn Carmean-Sean Carmean (Raleigh Millbrook) def. Paul Yamane-Jack Riazzi (Winston-Salem R.J. Reynolds) 6-2, 6-4.



MEN'S DUAL TEAM TENNIS

R.J. Reynolds Wins Second Straight 4-A Title; Gibbons, McGuinness Newton-Conover Also Win

BURLINGTON—Winston-Salem R.J. Reynolds won its second consecutive state championship in convincing fashion in the 21st annual North Carolina High School Athletic Association state men's dual team tennis championships at the Burlington Tennis Center.

Reynolds, in its third straight 4-A championship match, blanked East Chapel Hill by a 5-0 count, the match halted when the Demons clinched the title. Despite the final score, it was very competitive, as three sets went to a tiebreaker.

Robbie Mudge of R.J. Reynolds, who had won the 2011 4-A singles title last previously, was a straight set winner over East's Peter McDonald at the number-one slot.

East Chapel Hill made its 12th appearance in the dual team finals and has previously won eight state dual team titles, the last one in 2008. The Wildcats ended with a 19-2 mark while Reynolds wrapped up a 21-1 campaign.

Raleigh Cardinal Gibbons swept all six singles matches in blanking Charlotte Catholic 6-0 for the 3-A championship. Matt Daly of Gibbons defeated Kyle Johnson of Catholic, who won the 3-A singles title the week prior, in the number-one singles and the Crusaders rolled from there.

Gibbons won for the 26th time in 28 starts while Catholic finished its season 11-5 in dual team play.

Newton-Conover stormed to its second consecutive state 2-A title, rolling past the Durham School of the Arts 6-0.

The Red Devils, making their fifth straight appearance in the championship match, won in dominating fashion. Newton-Conover won all six singles matches in straight sets and either won at love or dropped only one game in nine of the 12 sets contested.

Newton-Conover finished the dual team season with a 25-2 mark while DSA ended 16-6.

Kernersville Bishop McGuinness, which defeated Gastonia Highland Tech on Friday in the regionals to advance to the state championship, topped Durham's North Carolina School of Science and Math 5-2 in the 1-A final.

Bishop won four of the six singles matches and then clinched the crown when Noveed Foroudi and Lane Kiser teamed to win the second doubles match.

It was the only loss of the season for NCSSM, which finished 18-1, while Bishop McGuinness wound up 17-1 overall.



WOMEN'S LACROSSE

Apex Rolls Past Myers Park In Women's Lacrosse Final

CARY—Apex built a big lead early and coasted to a 24-3 victory over Charlotte Myers Park in the North Carolina High School Athletic Association's second annual state women's lacrosse championship at the WakeMed Soccer Park.

The Cougars, completing a perfect 20-0 season, sprinted to a 14-3 half-time lead, dominating play, and then shut the Mustangs out in the second half.

The game was actually tied 3-3 in the first half before Apex wound up reeling off 21 unanswered goals. Senior Cawley Bromley of Apex was named the championship Most Valuable Player. She scored three goals, running her total to 49 on the season, and handed out seven assists to help lead her team to victory.

It was the second meeting of the season between the two, as Apex had beaten Myers Park 17-9 in a regular-season contest. Myers Park finished the season with a 15-4 record.

The lacrosse state championships are currently conducted as an "open" tournament, with all classifications competing for a single crown.



MEN'S LACROSSE

Northwest Guilford Tops East Chapel Hill In Men's Lacrosse

CARY—Senior attackman Jay Goldsmith scored seven goals and had two assists to lead Northwest Guilford past East Chapel Hill 13-9 in the North Carolina High School Athletic Association's second annual state men's lacrosse championship at the WakeMed Soccer Park.

Goldsmith, who has been one of Northwest's leaders all year, was named the championship Most Valuable Player. His scoring barrage gave him 64 goals for the season.

Northwest Guilford got off to a blistering start, spurting to a 7-0 lead after one quarter while also stifling the high-powered East Chapel Hill offense. The Wildcats had not scored fewer than 12 goals in any playoff game this year and had scored 18 or more goals in eight of their previous 20 games.

The Vikings had a 10-3 lead at the half and kept the Wildcats at bay.

Northwest finished with a 20-2 record and won its last 10 in a row, while East Chapel Hill wound up at 18-3.

The Vikings had dedicated the season to the late Chase Bunting, an outstanding defenseman and teammate who died in an accident in the fall. Northwest had dubbed its quest for the title the "Chase for the Championship," and it made for an emotional state final.

The lacrosse state championships are currently conducted as an "open" tournament, with all classifications competing for a single crown.

NCHSAA MEN'S LACROSSE CHAMPIONSHIP Wakemed Soccer Park, Cary

East Chapel Hill	0	3	2	4 — 9
Northwest Guilford	7	3	2	1 — 13



OUTDOOR TRACK AND FIELD

Fayetteville Byrd Wins Men's Title In Final Event; South Central Takes Women's 3-A Track Crown

GREENSBORO—It went down to the last event, and Fayetteville Douglas Byrd's victory in the four by 400 men's relay lifted the Eagles to a thrilling one-point decision and the team championship in the North Carolina High School Athletic Association state 3-A track and field championships at the Irwin Belk Track on the campus of North Carolina A&T State University.

Eight points out of first entering the final event, Byrd raced to victory in the relay in a winning time of 3:24.14, with the team of Donte' Smith, Justice Boykin, Frank Quarles and Eric Winfrey earning a margin of two and a half seconds over Nash Central and 2.80 over Waxhaw Marvin Ridge, which was also in the hunt for the team title.

Byrd wound up with 42 team points to 41 for runner-up Burlington Williams, with Marvin Ridge third with 36 points. Kings Mountain and Chapel Hill tied for fourth with 32 points and Crest was sixth with 30. A total of 48 teams scored in the men's meet.

Winfrey, who also took top honors in the 400 and was second in the 200, was named the meet's Most Valuable Performer.

Harvey McSwain II of Crest won both the 100 and 200 meters.

In the women's meet, Danielle Butts helped lead Winterville South Central to the team championship. She won both the triple jump and the high jump as well as running the lead leg on the winning four by 100 meter relay team as South Central tallied 51 team points. Raleigh Cardinal Gibbons was second with 45, with North Buncombe and Concord Cox Mill knotted at third with 42 points. Franklin was fifth with 35 points as 51 teams tallied.

Tori Elliot of Cox Mill was the women's MVP as she won the long jump, finished second in both the 100 and 200 and ran a leg on the state runner-up four by 100 relay team.

Sarah Rapp led the way for Cardinal Gibbons, winning both the 1600 and 3200 while also running anchor on the victorious 3200 meter relay team.

Kayla Padgett of West Brunswick was a double winner, taking both the shot put and discus and setting a new state 3-A record in the shot, while Nyshedra Brown of West Craven captured top honors in the 100 and 200.

Knightdale Captures 1st NCHSAA Men's Track Crown; Wakefield Wins Women's 4-A Track And Field

GREENSBORO—Knightdale's balance and depth propelled the Knights to the top spot in the North Carolina High School Athletic Association state 4-A men's track and field championships at the Irwin Belk Track on the campus of North Carolina A&T State University.

Knightdale, winning its first ever NCHSAA track crown, tallied 66 points for a convincing margin over second-place Huntersville Hopewell, which had 38. Raleigh Wakefield was third with 37 followed by Raleigh Millbrook (33) and Durham Riverside (28). A total of 59 schools scored points in the men's events.

The Knights were strong in the relays, winning both the four by 200 and the four by 400, and Burkheart Ellis Jr. won the 400 for Knightdale. He was one of three sprinters finishing in the top eight in the 200 for the winners.

Courtland Clavette of Asheville A.C. Reynolds took first place in both the shot put and the discus, setting a new state 4-A record in the discus with a toss of 184-3 that snapped a standard established back in 1993 by Ben Huff of Charlotte Providence at 182-0. He earned Most Valuable Performer honors in the men's championship.

Stanley Broaden of Wilmington Ashley also took two individual titles, winning both hurdle events.

In the women's meet, a balanced Raleigh Wakefield team scored 70.5 points on its way to the team championship. Asheville T.C. Roberson was the runner-up with 48.5 points, followed by Apex (40), Clayton (34) and Watauga (31.5). A total of 51 schools scored in the women's meet.

Ariah Graham was an individual champ for Wakefield, winning the 400.

Senior Keni Harrison of Clayton, who won both hurdle events, was selected as the MVP of the women's meet, Sequoia Watkins of T.C. Roberson was also a double winner, taking first place in both the shot and the discus. West Mecklenburg captured first place in both the 800 and 1600 relays.

Cary's four by 800 relay team set a new women's 4-A mark in the event with a time of 9:06.17, and junior Sydney White of East Forsyth cleared 12 feet, seven inches in the women's pole vault to establish a new all classification record.

Harvey McSwain II of Crest won both the 100 and 200 meters.

Berry Academy Rolls To Men's 2-A Track Crown, Carrboro Holds On To Win Women's Championship

GREENSBORO—Charlotte Berry Academy was impressive from start to finish to capture the team title in the North Carolina High School Athletic Association men's state 2-A track and field championships at the Irwin Belk Track on the campus of North Carolina A&T State University.

Berry Academy piled up the margin of victory primarily on the strength of its sprinters, winning both the four by 100 and four by 200 relays in new state 2-A record time and taking three of the four top spots in the 100, led by Kedrick Davis and his record 10.47 clocking. Berry Academy also won both the 1600 and 3200 relays for a clean sweep in the relay department, the first time that has happened since the four relays have been a part of the championship starting in 1986.

Camron Hudson of Berry won both the long jump and the 200, where the Cards also took three of the top four spots, while Larry Gibson of the Cardinals earned the state crown in the 400. Hudson, who was also fourth in the 100 and ran a leg on the four by 100 relay, was named the Most Valuable Performer for the meet.

Berry rolled up 113 team points to 41.50 for runner-up Burlington Cummings. Hillsborough Cedar Ridge and East Lincoln tied for third with 33 points and two-time defending champion Salisbury was fifth with 30. A total of 42 schools scored points in the men's meet.

Adam Manns of Valdese Draughn captured individual crowns in both the shot put and discus.

The battle for the women's team championship was much tighter, with several schools in contention until the end. Just 13 points separated the top six teams entering the final event of the meet.

Carrboro held on, finishing third in the 1600 meter relay, to grab the crown with 55 points to 48 for second-place Salisbury. Carrboro sophomore Grace Morken aided the Jaguar cause by winning both the 800 and 1600.

Bunn was third in the team standings with 46 points and then came a three-way tie for fourth among High Point T.W. Andrews, Burlington Cummings and Waxhaw Cuthbertson with 36 each. Cummings had won the last five NCHSAA 2-A women's titles.

There were 43 schools in the scoring column in the women's meet.

Bunn junior Marisa Bellamy had a huge day and captured three individual championships, taking first place in the 100, 200 and 400, and was named the women's MVP. She also ran a leg on the second-place 1600-meter relay team.

Sophomore Nora McKiver of High Point T.W. Andrews earned top honors in both hurdle events, and East Rutherford's Cheyenne Miller set a new 2-A record in the high jump clearing 5-7.

North Rowan Dominates To Win Men's Title, Hendersonville Captures Women's 1-A Crown

GREENSBORO—Johnny Oglesby of North Rowan won three individual events to lead his team to the championship in the North Carolina High School Athletic Association state 1-A track and field championships at the Irwin Belk Track on the campus of North Carolina A&T State University.

Oglesby was the leader for North as he won both the 110 high hurdles and the 300 intermediate hurdles as well as the long jump to earn Most Valuable Performer honors. North Rowan distanced itself from the field early, taking first place in four of the six field events as Garland Archie of North swept top honors in both the discus and the shot put.

The Cavaliers scored 116 team points to 83 for runner-up North Carolina School of Science and Math, which had won two of the last four 1-A crowns. West Montgomery was third with 47 points while Robbinsville and Hendersonville were knotted in fourth with 32 apiece. A total of 45 schools earned points in the men's meet.

A perennial track power, North Rowan reeled off nine NCHSAA 2-A titles from 1994 through 2007.

Mount Airy's Matus Kriska won the 1600 meters for the second straight year and set a new 1-A classification record with a time of 4:24.55.

The women's standings were much closer, with Hendersonville and defending champion North Rowan battling throughout the day. Hendersonville, led by the distance double wins in the 1600 and 3200 by Kristen Stout, piled up points in those two events, taking three of the first four places in the 1600 and three of the top five in the 3200.

That helped the Bearcats pull away at the end as Hendersonville won the 1-A women's meet with 84 points to 75 for second-place North Rowan. Hailey Cook aided the Hendersonville cause with first-place finishes in the shot put and discus.

Monroe finished third with 67 points, followed by Kernersville Bishop McGuinness with 36 and Winston-Salem Prep with 31. A total of 45 schools scored in the women's meet.

North Rowan's Meloney Ramos was named the MVP of the women's meet with a stellar performance. She won the 100 meter high hurdles, finished second in both the long jump and triple jump, and was fourth in the 300 meter hurdles, although her team fell just short of the title.

Leroya Banks of Perquimans established a new 1-A state women's standard in the 100 meters with a time of 12.12, just .02 ahead of a nine-year-old mark previously held by Evette Brown of South Stokes. Chelsea Treadway of Swain County set a new 1-A women's mark in the 800 meters, winning in 2:14.70.

The North Rowan quartet of Christen Jones, Tameisha Allen, Tiana White and Teanna Cuthbertson broke their own record in the 400 relay set a year ago, with a winning time of 48.31 seconds, and Tess Rogers of North Stokes cleared a 1-A record 11 feet even in the pole vault. ★



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