



# NFHS Coach Education Program



*Get Certified!*<sup>™</sup>  
[www.nfhslearn.com](http://www.nfhslearn.com)

## NFHS COACH EDUCATION PROGRAM

Get Certified! For Yourself ... Your Students ... Your School.

### How do I get certified? To become an Accredited Interscholastic Coach you must complete:

- ★ NFHS Fundamentals of Coaching
- ★ Fundamentals of Coaching (Sport-Specific) or Teaching Sports Skills
- ★ NFHS First Aid, Health and Safety for Coaches or its equivalent
- ★ Completion of Specific Free Courses as Determined by the NFHS Board of Directors

### EARN COLLEGE CREDIT AT THIS CONFERENCE!

The NFHS and the NIAAA are proud to offer college credit for anyone who attends the 2012 National Athletic Directors Conference in San Antonio, Texas. Please visit [www.nfhslearn.com](http://www.nfhslearn.com) and click on college credit to get started!

Schools have a legal responsibility to train sport coaches!

*"If training coaches prevents one lawsuit it will more than pay for the cost of the training."*

— Lee Green, J.D., Professor of Business and Economics,  
Baker University, Kansas



### Core Courses

- ★ Fundamentals of Coaching (Revised 2013)
- ★ First Aid, Health and Safety for Coaches (Revised 2012)

### Sport-Specific Courses

- ★ Teaching Sports Skills
- ★ Fundamentals of Coaching Soccer
- ★ Fundamentals of Coaching Wrestling
- ★ Fundamentals of Coaching Football
- ★ Fundamentals of Coaching Volleyball
- ★ AACCA Spirit Safety Certification
- ★ Fundamentals of Coaching Softball
- ★ Fundamentals of Coaching Basketball
- ★ Fundamentals of Coaching Cheer and Dance
- ★ Fundamentals of Coaching Track and Field
- ★ Fundamentals of Coaching Field Hockey
- ★ Fundamentals of Coaching Boys Lacrosse
- ★ Fundamentals of Coaching Girls Lacrosse
- ★ Fundamentals of Coaching Golf

### Elective Courses

- ★ Engaging Effectively with Parents
- ★ Teaching and Modeling Behavior
- ★ Coaching Sports in Middle School
- ★ Strength and Conditioning
- ★ World Book: Learning Pro

### Free Courses

- ★ Concussion in Sports – What You Need to Know
- ★ Role of the Parent in Sports
- ★ Sportsmanship
- ★ NCAA Eligibility Coaching Education
- ★ Creating a Safe and Respectful Environment
- ★ A Guide to Acclimatization and Heat Illness Prevention

### Coming Soon!

- ★ Fundamentals of Coaching Baseball
- ★ A Guide to Nutrition and Supplements
- ★ Character and Coaching
- ★ Level 2 National Coach Certification
  - Certified Interscholastic Coach (CIC)