Dear Coach,

In a continual effort by NC Tennis Association and the NC Tennis Foundation to help NC High School tennis, we are pleased to have contracted with Club and Tennis Resort Services to allow free access to a coaching website. The NC Tennis Foundation has funded this opportunity for you and we sincerely hope that you will log on and use this site to help your team!

Sincerely, Henry Hostetler, President NC Tennis Foundation

FREE Access to www.jobeasier.com "The Resource for Tennis Coaches"

Drills * Practice Formats * Lesson Plans * Team Discounts * Match Coaching

Some of the highlights include:

- Access to over **300 diagramed drills** and **video clips** in easy to use categories with search capabilities and over **150 lesson plans** for your team practices, lessons, clinics and camps.
- Your school will also have access to separate lesson plans, study guides and tests designed specifically for Tennis PE Classes.
- View samples of actual college practices including topics, time spent on each area and comments from the coach.
- Access to the Match Coaching Forum. Learn what the top college coaches say to their players before, during and after a match.
- Access to the Mental Game Forum, tips and ideas from leading sports psychologists.
- Draw sheets, double elimination brackets and more
- **New and innovative materials added each month.** With your subscription you will be able to copy, print or download drills, lesson plans, handouts, fitness information and much more.

To get started:

Just email Kelly@nctennis.com for a passcode.

You will also receive an e-mail each month highlighting new information and areas of the site. We will also send you an evaluation at the end of the season for your valuable comments about the site.



