

Central Area Wrestling Local Clinics

LOCAL CLINICS Provided by the Central Area:

Asheboro, at Professional Development Center on South Church St., immediately behind Asheboro High School. Dates: Oct. 14, 21, 28, Nov. 4 starting time for these dates - 7:00 p.m. Conducted by Jack Embree, phone: 336-953-0412

China Grove at the Frank Tadlock Library (South Branch, 920 Kimball Rd. China Grove. Near South Rowan High. Dates: Oct. 15, Nov. 5 starting 7:00 pm, Conducted by Howard Cowan, his phone: 704-433-0070

Lexington hosted by West Lamoureaux at his home located at 545 Eastwood Dr., Lexington. Dates: Oct. 14, 21, and 28 starting at 6:30 pm. Phone for West is 336-240-0817

Cornelius at the Lake Norman Chamber of Commerce, located on Catawba Avenue, hosted by Tim Sappenfield; Dates: October 15, 23rd, 29 starting 6:00 p.m. Tim's phone 704-502-8519

Matthews, NC conducted by Michael Rollins. Location at 2008 Moore Road, Matthews, 28105. Near Butler High School. Dates: Oct. 15 and Oct.29 starting 6:00 pm Mike's phone 704-294-0300.