

Safe Sport Schools

Several North Carolina High School Athletic Association member schools have been awarded Safe Sport designation.

Safe Sport Schools are high schools that are nationally recognized by the National Athletic Trainers' Association. The award champions safety and recognizes secondary schools that provide safe environments for student athletes. North Carolina was part of the award winning District 3, for the number of high schools that were awarded safe sport designation during a national competition. District 3 includes Washington DC, Virginia, North Carolina and South Carolina.

Fewer than 1% of high schools nationally have received this award. These North Carolina high schools were recognized for their commitment to safety by meeting criteria that showed commitment to positive health care of the high school athletes. The schools were evaluated on the following criteria:

- Create a comprehensive athletic health care administrative system
- Provide or coordinate pre-participation physical examinations
- Promote safe and appropriate practice and competition facilities
- Plan for selection, fit, function and proper maintenance of athletic equipment
- Provide a permanent, appropriately equipped area to evaluate and treat injured athletes
- Develop injury and illness prevention strategies, including protocols for environmental conditions
- Provide or facilitate injury intervention
- Create and rehearse venue-specific Emergency Action Plans
- Provide or facilitate psychosocial consultation and nutritional counseling/education
- Educate athletes and parents about the potential benefits and risks in sports as well as their responsibilities

For more information or to apply for the award please go to www.athletictrainers.org

SAFE SPORT SCHOOLS

Ayden-Grifton High School (Ayden) 1st Team

Currituck County High School (Barco) 1st Team

D.H. Conley High School (Greenville) 1st Team

Farmville Central High School (Farmville) 1st Team

J.H. Rose High School (Greenville) 1st Team

Myers Park High School (Charlotte) 1st Team

Nash Central High School (Rocky Mount) 1st Team

North Pitt High School (Bethel) 1st Team

Northwest Cabarrus High School (Concord) 1st Team

Overhills High School (Spring Lake) 1st Team

South Central High School (Winterville) 1st Team

Southeast Guilford High School (Greensboro) 1st Team