

NCHSAA Handbook, page 129

21. PRACTICE GAMES AND SCRIMMAGES: page 129, 3rd paragraph

Schools that have individuals qualifying ~~from~~ *to the* regional and/or ~~to~~ state *individual playoffs, after the regular season is over for the team (for the sport of wrestling, once individual regional seeding is completed)* may work out or scrimmage one-on-one against students from another school where competition is not available at their own school. *The number is limited to one partner for each qualifier advancing, whether from their own school or another school.*