

NCHSAA INDOOR TRACK AND FIELD CHAMPIONS
(updated through 2013 championships)

WOMEN

4 TIME CHAMPIONS

ATHLETE	SCHOOL	CLASS	EVENT	YEARS
Kim Jones	Statesville	2A	High Jump	1989-92
DeAnne Davis	Cummings	1A	55M Hurdles	1993-96

3 TIME CHAMPIONS

ATHLETE	SCHOOL	CLASS	EVENT	YEARS
Sabrina Thompson	Fike	3A	55M Dash	1995-97
Crystal Cox	Pine Forest	4A	300M Dash	1995-97
Karen Medlin	Athens Drive/ Broughton	4A	1000M Run	1999-01
Latasha Pharr	North Rowan	2A	55M Hurdles	1998, 2000-01
Tempess Stark	Northwest Cabarrus	3A	55M Dash	2001-2003
Portia Baker	Southwest Guilford	3A	300M Dash	2002-2004
Debbie Martin	Apex	4A	High Jump	2001-03
Ayo Johnson	Dudley	3A	4X800	1988-1990
Michelle Ruble	East Mecklenburg	4A	4X800	1994-96
Shana Jung	East Mecklenburg	4A	4X800	1994-96
Julia Morton	Mount Tabor	4A	4X800	2000, 2002-03
Amy Dibianca	Mount Tabor	4A	4X800	2000, 2002-03
Callan Fike	Athens Drive	4A	1600M Run	2005-07
Patience Coleman	Southern Durham	4A	High Jump	2004, 2006-07

MEN

3 TIME CHAMPIONS

ATHLETE	SCHOOL	CLASS	EVENT	YEARS
J-Mee Samuels	Mount Tabor	4-A	55 yard dash	2002, 03, 05
Matt DeBole	Mount Tabor	4-A	1000 meters	2001-03
Johnny Dutch	Clayton	4-A	55M Hurdles	2005-07
Sherice Walker	Cummings	1A/2A/3A	Triple Jump	2007-09
Chrishawn Williams	Southeast Raleigh	4A	Triple Jump	2007-09