NWCA OPC Instructions for using the 2-pound Growth Allowance Be sure to do this ONLY after a wrestler has made scratch weight at the LOWEST weight class at which he intends to compete

- 1) Wrestlers who have made scratch weight at the lowest weight class they intend to wrestle for the remainder of the season will receive the growth allowance starting January 1. In order for the on-line system to recognize who receives the growth allowance you MUST go to the Show Entire Roster section of the NWCA OPC, under Wrestlers on the new Coaches Dashboard, and identify which wrestlers have made scratch weight and at what weight class.
- 2) If coaches want to raise a wrestler's minimum weight class (MWC) they do so by going to the **Show Entire Roster under Wrestlers on the new Coaches Dashboard and making the change**. For example, if a wrestler's MWC is 113#, but he is never going to compete below the 120# weight class the coach should change his MWC to 120#. If the MWC is not changed the wrestler's descent plan will be affected as the system is still programmed for the wrestler to go to 113#.

Please log into the OPC using your Login ID and Password to perform this task.

How to raise a wrestler's MWC to a higher weight class:

- 1. From the Coaches Dashboard, click on *Wrestlers* then click on *Show Entire Roster*.
- 2. You may now change a wrestler's original MWC.
- **3.** Be sure "No" is selected under the Using Original MWC column.
- **4.** Under the column "**New (Higher) MWC**" select the **NEW** minimum weight class at which the wrestler will be competing.
- **5.** If the wrestler has made the new higher scratch weight, continue to indicate so in Step 6. If not, click the *Save Roster Information* button at the top of the page to save the new higher MWC.
- 6. Indicate the wrestler has made the New (Higher) MWC by clicking 'Yes' under the column "Made Scratch Weight". The printed weigh in forms will now show that the wrestler has certified their MWC.
- 7. Then click the **Save Roster Information** button to save the "**New Higher MWC**" and that the wrestler **Made Scratch Weight**" at their new higher MWC.
- 8. To return to the dashboard, click the link titled: Click here to return to the Dashboard

How to indicate that a wrestler has certified their MWC by making scratch weight at least one time:

- 1. From the Coaches Dashboard, click on Wrestlers then click on Show Entire Roster.
- 2. You may now indicate that a wrestler has made scratch weight.
- **3.** Under the column "Using MWC" change the 'No' to 'Yes' only if the wrestler is using his/her original MWC listed from their original assessment.
- **4.** Under the column "Made Scratch Weight" change the 'No' to 'Yes'. The printed weigh-in forms will now show that a wrestler has certified their MWC.
- 5. Then click the Save Roster Information button at the top of the page to save.
- 6. To return to the dashboard, click the link titled: Click here to return to the Dashboard

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