

2015 NCHSAA STUDENT LEADERSHIP CONFERENCE

Leading the Pack

Student Athlete Registration Packet

APRIL 25, 2015

**Fairfield Inn & Suites
Charlotte, NC**

Hosted by the 2014-2015
Student Athlete Advisory Council

Saturday, April 25, 2014

Fairfield Inn & Suites Charlotte Uptown

The North Carolina High School Athletic Association invites each of our member schools to register for the second annual Student Leadership Conference (SLC)! Our hope is that student-athletes will (1) further develop their understanding of positive leadership; (2) gain the knowledge and skills to effectively lead their peers; (3) acquire a general understanding of the importance of community service, positive values, sportsmanship, healthy lifestyles and self-evaluation; and (4) feel empowered to serve as advocates for their school, community and state. This **one-day** conference is a great opportunity for them to take steps in the right direction of achieving new levels of leadership.

The 2015 SLC will be held in Charlotte, NC at the Fairfield Inn & Suites. We invite 150 student-athletes to participate in a day of fun, learning, sharing, and growing with our prestigious keynote speaker and session leaders. Each presentation and breakout session uniquely combines interactive learning with fun and excitement.

Schools can register up to **two student-athletes** who exemplify leadership characteristics or show great potential to be leaders amongst their peers. We also invite one adult chaperone (coach, Athletic Director, Principal, etc.) to accompany the student leaders. The SLC will include four breakout sessions and two exciting keynote presentations. Each participant will be **required to attend all sessions**. There is one required breakout session and four others from which to choose.

There will be a \$5.00 parking fee per vehicle. We strongly encourage carpooling.

We hope to see you and your student-athletes in attendance!

PLEASE REGISTER BY April 15th, 2015



CONFERENCE SCHEDULE

9:00AM – 9:35AM	REGISTRATION
9:35AM – 10:25AM	WELCOME/OPENING SESSION
10:30AM – 11:20AM	1 ST BREAKOUT SESSIONS
11:30AM – 12:20AM	2 ND BREAKOUT SESSIONS
12:30PM – 1:00PM	LUNCH/POSTER SESSION
1:00PM – 1:50PM	KEYNOTE SPEAKER
2:00PM – 2:50PM	3 RD BREAKOUT SESSIONS
3:00PM – 3:50PM	4 TH BREAKOUT SESSIONS
3:55PM – 4:00 PM	FINAL REMARKS/CLOSING SESSION

Breakout Sessions and Presenters

Ms. PJ Taylor, Retired Coach and Teacher; Lead NCHSAA Facilitator

Required Session: Leadership and Influence

This session will focus on defining and understanding your leadership position and abilities. Participants will explore the positive and negative consequences of influence and discover how to effectively evoke change to achieve positive results.

Ms. Kayla Austin, Marketing Coordinator at Fleet Feet Sports, former NCHSAA intern.

Session: The Transition: From High School Student-Athlete to College Student

The transition from high school to college is difficult for any student, but it can be even more difficult for the student-athlete who does not play at the collegiate level. No longer is there an athletic team that one can fall back on as a source of friendship and camaraderie. This session will explore the transition from being a student-athlete to a regular student and ways to get involved on college campus's that will assist the transition from high school to college. We will focus on time management skills, resources on campus, and the other interest you might have outside of athletics that you can explore during the college years.



Ms. Teresa Coleman, Physical Education Teacher at Bladenboro Middle School

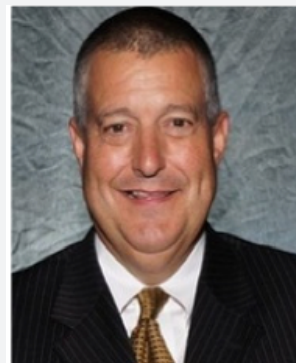
Session: Teaming for Success: Building Positive Coach/Athlete Relationships

Learning to work together is critical for athletic teams to succeed. Perhaps one of the most important aspects of this team effort hinges upon a positive coach/athlete relationship. In this session, we'll examine some realities of working with teens, evaluate how teens view adults, and consider strategies for communicating expectations so everyone feels respected. We'll focus on building win-win relationships!

Mr. Mark Dreibelbis, Associate Commissioner of the NCHSAA

Session: The Power of Positive Thinking

This session will center on a performance-based approach in regards to positive thinking creating positive outcomes. Students will be presented with interactive activities and real life examples of how focus and environmental distractions are part of performance and positive response. Power of the mind will be highlighted and students will be empowered with applications to promote positive performance.



Mr. Omari Pearson, Founder and President of Passion to Purpose, LLC

Session: The Millionaire Student-Athlete

The balancing of goals, athletics, academics, and family can be a hard act to juggle when you have a \$1,000,000 dream. This session is for student-athletes with goals and dreams but may not have a clear plan of action. Students will be challenged to evaluate their dreams, create short and long-term goals, and develop a game plan to prevent their dreams from becoming fantasies.

April 25, 2015
NCHSAA STUDENT LEADERSHIP CONFERENCE REGISTRATION
DEADLINE: April 15th, 2015

PLEASE FILL IN THE FOLLOWING:

Name of High School _____

❶ Adult chaperones are allowed to attend any session. Please indicate below your topic preferences.

<u>NAME</u>	<u>POSITION</u>	<u>GENDER</u>	<u>SESSIONS</u>	<u>T-SHIRT SIZE</u>

EMAIL: _____

❷ Please list a **maximum of 2** student-athletes per school, who portray leadership potential. Each participant is required to attend the *Leadership and Influence* session presented by Ms. PJ Taylor and may **choose 3** from the list below. Please note that we will do our best to assign you to each of your selections.

<u>STUDENT #1</u>	<u>SPORT (S)</u>	<u>GENDER*</u>	<u>RACE*</u>	<u>CLASS*</u>	<u>AGE*</u>	<u>T-SHIRT SIZE</u>

Breakout Sessions (Please check only 3 from the list below):

- ☐ Option #1: ***The Transition: From High School Student-Athlete to College Student***
☐ Option #2: ***The Power of Positive Thinking***
☐ Option #3: ***The Millionaire Student-Athlete***
☐ Option #4: ***Teaming for Success: Building Positive Coach/Athlete Relationships***

<u>STUDENT #2</u>	<u>SPORT (S)</u>	<u>GENDER*</u>	<u>RACE*</u>	<u>CLASS*</u>	<u>AGE*</u>	<u>T-SHIRT SIZE</u>

(* This information is requested only for the purpose of reports required by DHHS.)

Breakout Sessions (Please check only 3 from the list below):

- ☐ Option #1: ***The Transition: From High School Student-Athlete to College Student***
☐ Option #2: ***The Power of Positive Thinking***
☐ Option #3: ***The Millionaire Student-Athlete***
☐ Option #4: ***Teaming for Success: Building Positive Coach/Athlete Relationships***

PLEASE SUBMIT YOUR REGISTRATION TO:
Chiquana Dancy
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