

NCHSAA OUTDOOR TRACK AND FIELD RECORDS

WOMEN

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2007	Kamorean Hayes	Harding University	51' 3.50"
DISCUS	2006	Kamorean Hayes	Harding University	155' 03"
LONG JUMP	1976	Kathy McMillan	Hoke	21' 7"
TRIPLE JUMP	1990	Nikki Friday	Lexington	42' 0"
HIGH JUMP	1997	Adrianne Sims	Douglas Byrd	6' 0"
POLE VAULT	2013	Kristen Lee	Wakefield	13' 0"
3200 METER RELAY	2011	Deanna Foshee Sheridan Jordan Jenna Christensen Erin Foshee	Cary	9:06.17
100 METER HIGH HURDLES	2006	Gabby Mayo	Southeast Raleigh	13.60
100 METER DASH	2007	Gabby Mayo	Southeast Raleigh	11.43
800 METER RELAY	2013	Myshale Spigner Katlin Sherman Ebony Williams Erin Morrison	Parkland	1:37.83
1600 METER RUN	2012	Samantha George	Millbrook	4:51.54
400 METER RELAY	2010	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	46.94
400 METER DASH	2009	Sanura Eley-O'Reilly	Jack Britt	54.07
300 METER INTERMEDIATE HURDLES	2011	Keni Harrison	Clayton	41.41
800 METER RUN	2012	Shelby Howell	New Hanover	2:11.99
3200 METER RUN	2011	Anna McBride	Davie	10:46.08
200 METER DASH	2006	Gabby Mayo	Southeast Raleigh	23.51
1600 METER RELAY	2012	Tiana Patillo Tyra Lee JeMay Ward Ariah Graham	Wakefield	3:47.72

NOTE: All records set at English distance events (prior to 1980) have been retired. Mayo ran an 11.17 in the 100 in the 2006 meet but it was wind-aided and therefore not recognized as the record. **run in preliminary heat
These records are updated through the 2013 championship meet.

NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS
WOMEN
CLASS A

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2002	Shanara Mintz	Bessemer City	43' 4.75"
DISCUS THROW	2013	Hailey Cook	Hendersonville	146' 05"
LONG JUMP	2010	Teaunna Cuthbertson	North Rowan	19' 3.25"
TRIPLE JUMP	2013	Chryssandra Tatum	Lejeune	39' 0"
HIGH JUMP	2001	Shannon Meadows	Hendersonville	5' 8"
POLE VAULT	2011	Tess Rogers	North Stokes	11' 0"
3200 METER RELAY	2012	Davi Barbour Alex Mayes Jordan Hiatt Kirsten Parries	Mount Airy	9:42.16
100 METER HIGH HURDLES	2001	Chandra Pulliam	Cummings	**14.17
100 METER DASH	2011	Leroya Banks	Perquimans	12.10
800 METER RELAY	2012	Reneazia Collins Kendall Cox Simone Gwehi Janieyah Collins	Monroe	1:41.30
1600 METER RUN	2013	Malia Ellington	Community Sch. Davidson	5:01.37
400 METER RELAY	2012	Mica Hargrove Sloan Williams Deonica Reid Jazman Richardson	Winston-Salem Prep	48.51
400 METER DASH	2013	Reneazia Collins	Monroe	56.28
300 METER INTERMEDIATE HURDLES	2009	Camille Wilkerson	Winston-Salem Prep	44.55
800 METER RUN	2011	Chelsea Treadway	Swain	2:14.70
3200 METER RUN	2002	Erika Schneble	Hendersonville	11:00.97
200 METER DASH	2009	Leroya Banks	Perquimans	24.86
1600 METER RELAY	2009	Dominique Preudhomme Rose O'Shea Julia Gomez Cissy Nitz	Bishop McGuinness	4:04.48

NOTE: All records set at English distance events (prior to 1980) have been retired.

*Overall State Records shown in bold print under Record column

**run in preliminary heat

These records are updated through the 2013 championship meet.

NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS

WOMEN CLASS AA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2002	Beverly Burnett	Cummings	44' 1.5"
DISCUS	2009	Tremonisha Taylor	Southern Vance	141' 00"
LONG JUMP	2000	Cora Johnson	East Carteret	19' 4"
TRIPLE JUMP	2000	Latasha Pharr	North Rowan	40' 9"
HIGH JUMP	2011	Cheyenne Miller	East Rutherford	5' 7"
POLE VAULT	2008	Megan Williams	Ledford	10' 6"
	2012	Korie Bennett	Swansboro	10' 6"
	2013	Liz Wood	Cuthbertson	10' 6"
3200 METER RELAY	2006	Bernadette O'Neil Melissa Prasnikar Lauren Holesh Heather Beichner	Cardinal Gibbons	9:39.06
100 METER HIGH HURDLES	2000	Latasha Pharr	North Rowan	14.06
100 METER DASH	1986	Vanessa Smyth	South Granville	11.90
800 METER RELAY	2006	Sherice Walker Shareka Michell Brittany Wilkins Latoya James	Cummings	1:42.33
1600 METER RUN	2008	Heather Beichner	Cardinal Gibbons	4:57.05
400 METER RELAY	2013	Mikel Franklin Nora McKiver Traniece Wilson Paisley Simmons	T.W. Andrews	48.27
400 METER DASH	2012	Marissa Bellamy	Bunn	55.73
300 METER INTERMEDIATE HURDLES	2013	Nora McKiver	T.W. Andrews	42.70
800 METER RUN	2013	Grace Morken	Carrboro	2:16.71
3200 METER RUN	2013	Callie Wynn	West Davidson	11:12.28
200 METER DASH	2010	Briana Heath	Granville Central	24.33
1600 METER RELAY	2005	Courtney White Fairren Thompson Lakeyshia Foust Augusta Bartis	Eastern Alamance	4:01.37

NOTE: All records set at English distance events (prior to 1980) have been retired.

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NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS

WOMEN CLASS AAA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2011	Kayla Padgett	West Brunswick	42' 7"
DISCUS	2010	Tremonisha Taylor	Southern Vance	137' 0"
LONG JUMP	2004	Mae Boone	Hertford County	18' 11"
	2008	Jessica Morgan	Parkland	18' 11"
TRIPLE JUMP	1990	Nikki Friday	Lexington	42' 0" *
HIGH JUMP	1983	April Cooke	Watauga	5' 8.25"
POLE VAULT	2006	Caitlan Thornley	Ragsdale	12' 00"
3200 METER RELAY	2013	Blair Pearce Madeline Fisher Blake Dodge Katie Cease	West Carteret	9:22.11
100 METER HIGH HURDLES	2012	Ariel Davis	Northern Guilford	14.39
100 METER DASH	2012	Nyshedra Brown	West Craven	11.77
800 METER RELAY	2010	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	1:39.32
1600 METER RUN	2013	Blake Dodge	West Carteret	4:59.35
400 METER RELAY	2010	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	46.94
400 METER DASH	1983	April Cooke	Watauga	55.6
300 METER INTERMEDIATE HURDLES	2008	Sophia Treakle	Asheville	43.15
800 METER RUN	2013	Blake Dodge	West Carteret	2:13.23
3200 METER RUN	1998	Sarah Vance Goodman	T. C. Roberson	10:54.64
200 METER DASH	2008	Kelsey McCorkle	South Central	23.63
1600 METER RELAY	2009	Shaquilla Gibson Tyler Brockington Natalie Nelson Kaneisha Williams	Dudley	3:55.47

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Overall State Records shown in bold print under Record column

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NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS
WOMEN
CLASS AAAA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2007	Kamorean Hayes	Harding University	51'03.50"
DISCUS	2006	Kamorean Hayes	Harding University	155' 03"
LONG JUMP	1976	Kathy McMillan	Hoke County	21' 7"
TRIPLE JUMP	1995	Twyla Smith	Pinecrest	41' 2.5"
HIGH JUMP	1997	Adrianne Sims	Douglas Byrd	6' 0"
POLE VAULT	2013	Kristen Lee	Wakefield	13' 0"
3200 METER RELAY	2011	Deanna Foshee Sheridan Jordan Jenna Christensen Erin Foshee	Cary	9:06.17
100 METER HIGH HURDLES	2006	Gabby Mayo	Southeast Raleigh	13.60
100 METER DASH	2006	Gabby Mayo	Southeast Raleigh	11.43
800 METER RELAY	2013	Myshale Spigner Katlin Sherman Ebony Williams Erin Morrison	Parkland	1:37.83
1600 METER RUN	2012	Samantha George	Millbrook	4:51.54
400 METER RELAY	2006	Sherelle Fromberger Ashley Bethune Renee Nelson Felicia Paulding	Harding University	47.22
	2013	Ila Mumford Erin Morrison Katlin Sherman Miaysha Bryant	Parkland	47.22
400 METER DASH	2009	Sanura Eley-O'Reilly	Jack Britt	54.07
300 METER INTERMEDIATE HURDLES	2011	Keni Harrison	Clayton	41.41
800 METER RUN	2012	Shelby Howell	New Hanover	2:11.99
3200 METER RUN	2011	Anna McBride	Davie	10:46.08
200 METER DASH	2006	Gabby Mayo	Southeast Raleigh	23.51
1600 METER RELAY	2013	Myshale Spigner Erin Morrison McKinley McNeill Ebony Williams	Parkland	3:47.70

NOTE: All records set at English distance events (prior to 1980) have been retired. *Overall State Records shown in bold print under Record column

**run in preliminary heat

These records are updated through the 2013 championship meet.

NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS

MEN

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	1975	Mike Salzano	Northern Durham	61' 4.50"
DISCUS	2010	Tavis Bailey	A.L. Brown	185' 1"
LONG JUMP	1991	Eric Alford	High Point Central	25' 0.75"
TRIPLE JUMP	1991	Brian Ellis	North Rowan	52' 1.50"
HIGH JUMP	2010	Tanner Anderson	East Burke	7' 2.50"
POLE VAULT	2008	Scott Houston	Northwest Guilford	16' 0"
3200 METER RELAY	2006	Andy Wacker Chase Williams Jordan Rickland Jed Black	Pinecrest	7:45.82
110 METER HIGH HURDLES	2008	Spencer Adams	Butler	13.51
100 METER DASH	2005	Jerek Hewett	West Brunswick	10.40
800 METER RELAY	1991	Sam McIver Kenny Shaw Duane Hill Darius Brewington	T. W. Andrews	1:25.35
1600 METER RUN	2006	Jack Bolas	Chapel Hill	4:04.38
400 METER RELAY	1999	Alex Midgette Darnell Sawyer Bobby Minor Fred Fisher	Pamlico	41.19
400 METER DASH	1983	Delton Hall	Grimsley	46.41
300 METER INTERMEDIATE HURDLES	2007	Spencer Adams	Butler	36.04
800 METER RUN	1980	Greg Roseboro	Hillside	1:51.39
3200 METER RUN	2009	Taylor Gilland	Chapel Hill	9:01.68
200 METER DASH	2005	J-Mee Samuels	Mount Tabor	20.61
1600 METER RELAY	2013	Henry Kiedy Bernard Freeman Marcell Johnson Marquavious Johnson	Knightdale	3:12.87

NOTE: All records set at English distance events (prior to 1980) have been retired.

These records are updated through the 2013 championship meet.

NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS

MEN CLASS A

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2005	Torrey Prayer	Farmville Central	60' 10.25"
DISCUS	2007	Ahmad Garrison	Topsail	159' 06.00"
LONG JUMP	1986	Clifton Etheridge	Hendersonville	25' 0"
TRIPLE JUMP	2010	Isaac Blakeney	Monroe	49' 2"
HIGH JUMP	2003	Dakota Dunn	East Montgomery	7' 0"
POLE VAULT	2010	Landon Hunt	Robbinsville	15' 0"
3200 METER RELAY	2009	Cody LaBelle Jake Cosgrove Thomas O'Connell Eddie Hernandez	Hendersonville	8:09.33
110 METER HIGH HURDLES	2009	David Lindsay	W. Salem Prep	14.24
100 METER DASH	2013	Trentavis Friday	Cherryville	10.48
800 METER RELAY	2009	Daniel Orr Tyler Combs Brandon Neale Darryl Demps	Hendersonville	1:28.10
1600 METER RUN	2011	Matus Kriska	Mount Airy	4:24.55
400 METER RELAY	1999	Alex Midgette Darnell Sawyer Bobby Minor Fred Fisher	Pamlico	41.19
400 METER DASH	2013	Trentavis Friday	Cherryville	48.00
300 METER INTERMEDIATE HURDLES	2010	T.J. Wilson	Princeton	38.58
800 METER RUN	1988	Greg Taylor	Swain County	1:54.30
3200 METER RUN	1993	Tommy Trehern	Swain County	9:35.10
200 METER DASH	2013	Trentavis Friday	Cherryville	21.71
1600 METER RELAY	2009	Darryl Demps Tyler Combs James Tolleson Brandon Neale	Hendersonville	3:20.42

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NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS

MEN CLASS AA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	2009	Kenneth Rowland	Northside	57' 7.00"
DISCUS	2009	Andrew Byrd	Orange	181' 01"
LONG JUMP	2003	Robert Tillman	South Robeson	24' 4"
TRIPLE JUMP	1989	Robert Cunningham	Whiteville	50' 9.25"
HIGH JUMP	2010	Tanner Anderson	East Burke	7' 2.50"
POLE VAULT	2012	Ethan Smith	Cedar Ridge	15' 3"
3200 METER RELAY	2006	Graham Rothrock Samuel Bryan Tyler Mooney Stephon Roach	Reidsville	8:02.09
110 METER HIGH HURDLES	2008	John Bostick	North Rowan	14.10
100 METER DASH	2011	Kedrick Davis	Berry Academy	10.47
800 METER RELAY	2011	Kedrick Davis Terrance Winchester Larry Gibson Germone Hopper	Berry Academy	1:26.14
1600 METER RUN	2007	Sean Sewell	Cardinal Gibbons	4:17.69
400 METER RELAY	2011	Kedrick Davis Camron Hudson Terrance Winchester Germone Hopper	Berry Academy	41.78
400 METER DASH	1989	Andre Steele	Salisbury	47.41
300 METER INTERMEDIATE HURDLES	1995	Robert Steele	North Rowan	37.71
800 METER RUN	2006	Drew Tucker	West Stokes	1:52.73
3200 METER RUN	2007	Sean Sewell	Cardinal Gibbons	9:25.83
200 METER DASH	2013	James Drummond	Lexington	21.23
1600 METER RELAY	1987	Jasper Cuthrell Adrian Steele Anthony Brittain Harvey Archie	North Rowan	3:21.43

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NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS

MEN CLASS AAA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	1989	Rodney Edwards	Concord	60' 4.25"
DISCUS	2010	Tavis Bailey	A.L. Brown	185' 1"
LONG JUMP	1991	Eric Alford	High Point Central	25' 0.75"
TRIPLE JUMP	1991	Brian Ellis	North Rowan	52' 1.50"
HIGH JUMP	1995	Derek Frink	West Brunswick	6' 11"
POLE VAULT	2005	Daniel Keller	Southwest Guilford	15' 9"
3200 METER RELAY	2010	James Fladeland Tyron Alston Michael Tomayo Jake Hurysz	Eastern Alamance	7:48.48
110 METER HIGH HURDLES	2005	Johnny Dutch	Clayton	13.88
100 METER DASH	2005	Jerek Hewett	West Brunswick	10.40
800 METER RELAY	1991	Sam McIver Kenny Shaw Duane Hill Darius Brewington	T. W. Andrews	1:25.35
1600 METER RUN	1980	Jeff Hutchinson	West Rowan	4:08.01
400 METER RELAY	1986	Warren Scott Jasper Roberson Junior Robinson Tony Holland	T. W. Andrews	41.45
400 METER DASH	1991	Andre Steele	Salisbury	46.86
300 METER INTERMEDIATE HURDLES	1987	Scott Grell	Western Alamance	37.80
800 METER RUN	2010	Isaac Presson	Asheville	1:52.07
3200 METER RUN	1985	Paul Carpenter	T. C. Roberson	9:11.87
200 METER DASH	1987	Randy Jordan	Warren County	21.20
1600 METER RELAY	1991	Noel Peterkin Pernell Williams Kenny Shaw Duane Hill	T. W. Andrews	3:15.51

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**run in preliminaries

These records are updated through the 2013 championship meet.

NCHSAA OUTDOOR TRACK AND FIELD STATE RECORDS
MEN
CLASS AAAA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOT PUT	1975	Mike Salzano	Northern Durham	61' 4.5"
DISCUS	2011	Courtland Clavette	A.C. Reynolds	184' 3"
LONG JUMP	2001	A.J. Davis	Northern Durham	24' 10.5"
TRIPLE JUMP	1977	Greg Artis	Fike	51' 5.5"
HIGH JUMP	2002	Jesse Williams	Broughton	7' 2"
POLE VAULT	2008	Scott Houston	Northwest Guilford	16' 0"
3200 METER RELAY	2006	Andy Wacker Chase Williams Jordan Rickland Jed Black	Pinecrest	7:45.82
110 METER HIGH HURDLES	2008	Spencer Adams	Butler	13.51
100 METER DASH	2008	T.J. Graham	Wakefield	10.44
800 METER RELAY	1981	Dwayne McDaniel Arthur Glenn Greg Neal Alston Glenn	Northern Durham	1:25.50
1600 METER RUN	2006	Jack Bolas	Chapel Hill	4:04.38
400 METER RELAY	1980	Phillip Jones David Umstead Arthur Glenn Alston Glenn	Northern Durham	41.23
400 METER DASH	1983	Delton Hall	Grimsley	46.41
300 METER INTERMEDIATE HURDLES	2007	Spencer Adams	Butler	36.04
800 METER RUN	1980	Greg Roseboro	Hillside	1:51.39
3200 METER RUN	2009	Taylor Gilland	Chapel Hill	9:01.68
200 METER DASH	2005	J-Mee Samuels	Mount Tabor	20.61
1600 METER RELAY	2013	Henry Kiedy Bernard Freeman Marcell Johnson Marquavious Johnson	Knightdale	3:12.87

NOTE: All records set at English distance events (prior to 1980) have been retired.

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OTHER EVENTS: WOMEN

100 METER, WHEELCHAIR	2011	Jill Moore	Northwest Cabarrus	20.63
200 METER, WHEELCHAIR	2011	Jill Moore	Northwest Cabarrus	36.86
400 METER, WHEELCHAIR	2011	Jill Moore	Northwest Cabarrus	1:05.54
800 METER, WHEELCHAIR	2011	Jill Moore	Northwest Cabarrus	2:17.66
1600 METER, WHEELCHAIR	2010	Jill Moore	Northwest Cabarrus	4:43.87
3200 METER, WHEELCHAIR	2010	Jill Moore	Northwest Cabarrus	9:58.92
SHOT PUT, WHEELCHAIR	2013	Catherine Armstrong	SouthWest Edgeconbe	7' 4"
DISCUS, WHEELCHAIR	2013	Catherine Armstrong	SouthWest Edgeconbe	18' 6"

OTHER EVENTS: MEN

100 METER, WHEELCHAIR	2012	Matthew McDonald	Wake Forest-Rolesville	29.38
200 METER, WHEELCHAIR	2013	Bryce Floyd	South Lenoir	1:07.69
SHOT PUT, WHEELCHAIR	2013	Bryce Floyd	South Lenoir	11' 8"
DISCUS, WHEELCHAIR	2013	Bryce Floyd	South Lenoir	31' 7"