

Western Triangle HS Volleyball Agenda 2012

Tutor Sessions

JV match starts at 5pm and varsity just after. Bring apencils & CLIPBOARD or something to score on. Arrive around 5pm but by 5:30pm for sure. Tutor leaders will be there at 5pm.

For JV set 1, If you get there early enough, visit with refs and listen to their pre matches. As others arrive, watch the match flow and discuss court area and safety and why playable area is what it is. Watch LJ and how they handle their duties and what can be said during TO or b/w games to improve. Ask any general questions about how a match is conducted. Split into 2 equal groups so leaders have a smaller group to work with.

JV Set 2

One leader takes scoresheets and has their group score this set. So be prepared to write down lineup as R2 checks to begin set. Lead will help make sure you have it right. Lead will talk you through all the aspects of scoring a set. They will remind you what is absolutely essential – running score, service points, subs down serving order and at bottom run list, TO at top. But after studying you should be able to do it all, every pt and loss of rally beside each server and the essentials above. But if you are just starting, do this first set with essentials so you can keep up and actually score the set and then next session or if match goes longer, then score fully & properly.

2nd lead takes Libero tracking sheets and has their group track. Do this fully & properly listing all subs.

JV game if goes to 3rd set

Groups switch and both score or track.

If JV ends in 2 games, you will begin varsity match here switched with scoring / tracking.

Between JV & varsity match. Get up and go over to scorer table and be ready to listen to Capt/coach pregame with referees. They do this pretty quickly after the JV match finishes. Then listen to R2 talk to scorer and then R1 with LJ training. And somewhere in there will be their partner pregame which they will repeat for you. As match begins, go back to stands in your 2 groups and either score/track if no 3rd game of JV or begin below:

Varsity Set 1 if no JV 3 game, finish score/track – if 3rd set occurred then begin below:

One leader discusses ball handling and Back row decisions, critiques every decision, explaining decisions, mechanics and philosophy of why call was made or not made. Look for consistency in each decision.

2nd lead discusses rotation patterns and overlaps as well as keeping up with setter and any back row faults. You may want to have some scratch paper to write down lineups or diagram all 6 positions. This will show you some of the patterns they use. Also consider using a digital camera/phone to snapshot the positions on the court. The DVD from Thur night clinic only had an obvious set up on court. In actuality, the lead can show you why they use primary passers and how they hide poor passers. They can also show why the setter is positioned in each rotation to get to her primary position as quickly as possible.

Varsity Set 2 if no JV 3 game, do varsity set 1, otherwise continue below:

Groups switch and the other does ball handling or rotation/setter session.

Varsity Set 3 if no JV 3 game, do varsity set 2

One lead discusses R1 duties and mechanics/positioning and how to use R2/LJ team.

2nd lead discusses R2 duties and mechanics/positioning and how to help R1.

Varsity Set 4 if no JV 3 game, do varsity set 3

Switch groups with R1 / R2 duties.

We'd prefer you to stay until the end of match but if goes long or you must leave, it is OK after you get through at least 4 sessions/games. We want you to have the chance to speak to the referees after the match, listen to their de-brief and ask any questions. If it goes to 5th set