

2013 - 2014 Cross Country Regional Directors

1A

EAST	MIDEAST	MIDWEST	WEST
Gary Baker Manteo HS	Beth Martin Franklin Academy HS WakeMed Soccer Park	Robert Youtz Bishop McGuinness HS Ivey M. Redmon Park	Eddie Swimmer Cherokee HS

2A

EAST	MIDEAST	MIDWEST	WEST
Paul Scruggs North Pitt HS Boyd Lee Park	Mimi O'Grady Carrboro HS	Rodney King North Stokes HS Ivey M. Redmon Park	Odell Williams East Burke HS Freedom Park

3A

EAST	MIDEAST	MIDWEST	WEST
Jeff Dodrill Northern Nash HS Red Oak Middle	Nathan Gardner Eastern Alamance HS Hagan Stone Park	Rick Spencer Weddington HS McAlpine Park	Odell Williams East Burke HS Freedom Park

4A

EAST	MIDEAST	MIDWEST	WEST
Jesse Autry South View HS	Michael Miragliuolo Green Hope HS WakeMed Soccer Park	Paul Eglestone NW Guilford HS Ivey M. Redmon Park	Steve Touranjoe Providence HS McAlpine Park