

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

REPORT OF THE POLICY COMMITTEE

The following items are to be discussed by the Policy Committee, and ultimately shared with the full Board of Directors during the NCHSAA Board of Directors meeting:

Committee Members:

M.D. Guthrie, Chairman
Paul Hoggard, Vice Chair
Sherry Hoyle
Reggie Peace
Marc Whichard
Burt Jenkins

Staff:

Whitney Frye
Brad Alford

AGENDA ITEMS:

1. Assessment and Discussion of NCHSAA Rule 2.1.3(d) Regarding Transgender Student Participation

a. Recommendation:

Discussion Only; NO ACTION

b. Point(s) of Discussion:

- i. "A student's gender is determined by the gender noted on his/her certificate birth."
- ii. Topic receiving much more national attention
- iii. Receiving inquiries from member schools with transgender students
- iv. Receiving more inquiries from attorneys

Approved _____

Denied _____

Tabled _____

2. Discussion of Rule 2.3.13(a) relative to member school's participation in national events (Attachment to be provided at Board Meeting)

a. Recommendation:

Discussion Only; NO ACTION

b. Point(s) of Discussion:

- i. "The season ends for all sports with the last regularly scheduled game, completion of the conference tournament or when defeated in state playoffs."
- ii. Had a member school make a request in February 2015

iii. Education and Athletic Committee would support a change in this rule

Approved _____ Denied _____ Tabled _____

3. Request to Modify Participation Rules for Students Enrolled in full time EC Programs (Chapel Hill-Carrboro City Schools) (Attachments P2.1, 2.2, & 2.3)

a. Recommendation:

Allow students with diagnosed intellectual disabilities who are enrolled in full time Exceptional Child programs and who qualify for participation in Special Olympics to continue to participate in high school sports throughout the duration of their high school career.

b. Rationale:

Students with diagnosed intellectual disabilities who are enrolled in full-time Exceptional Child (EC) programs are eligible to stay in educational programs through their 21st year. Their participation will not interfere with general education students' ability to pursue scholarships or college opportunities.

c. Budget Impact:

The recommendation has no financial implications noted.

d. Educational Impact:

The recommendation has no educational impact noted; however it adds that there will be an increase in self-confidence, friendships and health and wellness factors.

e. Equity Impact:

The recommendation notes that the proposal will be fair to both males and females and equitable to students with disabilities.

f. Effective Date:

Spring 2016

g. Point(s) of Discussion:

i. Allowance would require exceptions to Rules 1.1.3 and 1.1.7.

Approved _____ Denied _____ Tabled _____

4. Adjust Language in Rule 2.3.19(g)

a. Recommendation:

Modify language to ensure that prohibition of live regular season telecasts of football and basketball games is clear; to read, "live regular telecasts of NCHSAA football and basketball games are prohibited."

b. Rationale:

The rule as written may be confusing to some as some readings may imply that the member school is not telecasting the game but rather the media outlet is

telecasting the game. However, the intention is to prohibit live regular season telecasts of NCHSAA member schools' football and basketball games.

c. Budget Impact:

none

d. Educational Impact:

none

e. Equity Impact:

This rule should be applicable to all member schools.

f. Effective Date:

2016-2017 Academic Year

Approved _____ Denied _____ Tabled _____

5. Sports Medicine Advisory Committee Recommendation #4

a. Recommendation:

Require that the Wet Bulb Globe Temperature (WBGT) reading be used in all instances regarding heat and humidity issues and illnesses. Any reference to the Heat Index would be omitted and school's reliance would be on the WBGT Index.

b. Rationale:

The WBGT reading provides a more accurate reading than reliance on the heat index. When dealing with heat related illnesses the goal is to be as accurate as possible.

c. Budget Impact:

In order to comply with this request member schools would have to expend funds to procure equipment that provides accurate WBGT readings. It is estimated that this equipment costs between \$200.00 and \$400.00 per instrument.

d. Educational Impact:

None.

e. Equity Impact:

The ability of each school system to procure this equipment may vary greatly.

f. Effective Date:

2016-2017 Academic School Year

Approved _____ Denied _____ Tabled _____

6. Sports Medicine Advisory Committee Recommendation #5

a. Recommendation:

To allow a grace period, whereby additional penalties will not be imposed; would allow a student to procure a physical after it has expired.

b. Rationale:

Rule 1.1.18, regarding Medical Examination, requires student-athletes to receive a medical examination once every 365 days. However, insurance regulations dictate that individuals cannot receive a new physical until after a 365 day period has expired. The addition of a grace period would serve to accommodate insurance carrier policies.

c. Budget Impact:

There may be a cost associated with the receipt of a physical, however those costs are incurred by students and their parents under current rules.

d. Educational Impact:

none

e. Equity Impact:

The rule would apply evenly to all students and member schools.

f. Effective Date:

2016-2017 Academic Year

Approved _____ Denied _____ Tabled _____

7. Discussion of Signature Requirements and Dates for Gfeller-Waller Concussion Forms.

a. Recommendation:

Discussion Only; NO ACTION

Approved _____ Denied _____ Tabled _____

8. Miscellaneous Items

a. Recommendation:

Discussion Only; NO ACTION.

b. Point(s) of Discussion:

i. Bylaw Quorum Definition

ii. Transfer Waiver Request Update

Approved _____ Denied _____ Tabled _____

**North Carolina High School Athletic Association
Meeting of the Board of Directors - Agenda Item Submission**

Name: Melissa Barry, Exceptional Child Teacher; April Ross, Athletic Director

LEA/Conference/Group: Chapel Hill-Carrboro City Schools, #681

We request that the following item be placed on the agenda for the next meeting of the NCHSAA Board of Directors:

We propose that students with diagnosed intellectual disabilities who are enrolled in our full time Exceptional Child programs and who qualify for participation in Special Olympics be allowed to continue to participate in High School sports throughout the duration of their school career.

see attached form for Special Olympics eligibility requirements

Rationale:

Students with diagnosed intellectual disabilities who are enrolled in our full time Exceptional Child programs are eligible per law to stay in our educational programs through their 21st year. Many of our students enter our high school programs later than our “traditional” (general education) students. Our students are slower to mature; many of our students are not “ready” to attempt participation in school sports until their 18th year ~ the year they will “age out” of our athletic program. Our students are not competitive with general education athletes ~ They are not in competition with general education athletes for scholarships or college opportunities. The majority of our students will eventually enter supported living and work environments. The ability to participate in high school sports is the “last” opportunity for many of our students to participate with equity alongside their general education peers. We are requesting that students with Intellectual Disabilities who are enrolled in our full time Exceptional Child programs and are eligible for Special Olympics be allowed to benefit from the sportsmanship and collegiality that our athletic programs provide to all students throughout their high school career.

Student Lucia Romano is an example of a student with intellectual disabilities who currently participates in our high school athletic program. She benefits from our school’s cheerleading program and contributes to both the program and community at large by her participation. Crowds in the bleachers during home football games have delighted in cheering along with Lucia, an energetic young woman with great school spirit and Down Syndrome. Cheerleading peers have benefited from Lucia’s perseverance in learning skills and her positive attitude. Lucia is a model of a “typical” student in our self-contained program for students with moderate intellectual disabilities. When Lucia first arrived at high school, she did not yet have the maturity to participate in high school sports. She did not try out for the program until her second year at high school. Now at age 18, Lucia will “age out” of the program this Spring. While Lucia will stay in high school until 2019, she will be denied the opportunity to participate in athletics with

her schoolmates. Her current inclusive environment will shrink due to her lack of opportunity. Lucia's upcoming "end" to athletic participation at Carrboro High School is a source of sadness for her; she is already talking about the end of her athletic career and her lessened impact as a "Jaguar" athlete.

Budget Impact:

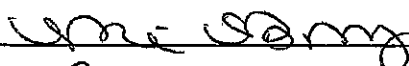
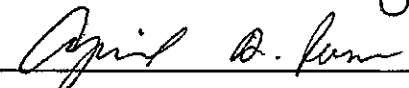
The allowance for students with diagnosed intellectual disabilities who are enrolled in our full time Exceptional Child programs to participate in athletic programs throughout their 21st year will not impact our athletic budget in any way. In our school of 821 students, we currently have 2 students with moderate intellectual disabilities participating in the school's athletic program (cheerleading & cross country). We hope that these students can continue to benefit from their athletic opportunities throughout their school career.

Educational Impact:

There will be no negative educational impact with this proposal in terms of loss of school time or interference with study time. To the contrary, there is a great positive educational impact. Our students who have participated in general education athletic opportunities have shown increases in self-confidence, friendships with general education peers, health and wellness factors (which is frequently a challenge for individuals with intellectual disabilities), and an increase in the ability to regulate their energy levels thereby improving focus on educational activities during the school day.

Gender Impact: This proposal is fair to both males and females. It is also equitable to students with disabilities.

Effective Date: Spring 2016

Signature	<u></u>	Date	<u>10/27/15</u>
Signature	<u></u>	Date	<u>10/27/15</u>



Special Olympics North Carolina (SONC) is a non-profit organization which provides sports training and competition for over 38,000 children and adults with intellectual disabilities. In North Carolina, 19 sports are offered on a year-round basis including alpine skiing, aquatics, athletics, basketball, bocce, bowling, cheerleading, cycling, equestrian, figure skating, golf, gymnastics, powerlifting, roller skating, speed skating, soccer, softball, tennis and volleyball.

Special Olympics was created by the Joseph P. Kennedy, Jr. Foundation. Special Olympics North Carolina is authorized and accredited by Special Olympics Inc. and is licensed by the Secretary of State's office with the State of North Carolina and is a 501(c)3 organization as determined by the Internal Revenue Service.

Special Olympics athletes get continuing opportunities, to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

To become a Special Olympics athlete, contact the local program in your county. A full list of contact information is available on the Web site at www.sonc.net.

Athlete Eligibility

Special Olympics training and competition is open to every person with an intellectual disability who is at least eight years of age. There is no maximum age limit. Children who are ages two through seven may participate in the Young Athletes Program (there is a different registration form available on the Web site for this program).

A person is considered to have an intellectual disability if that person satisfies any one of the following requirements: 1) the person has been identified by an agency/professional as having an intellectual disability as determined by their localities, 2) the person has a cognitive delay, as determined by standardized measures such as intelligent quotient (IQ), or 3) the person has a closely related developmental disability meaning that person has functional limitations in both general learning (such as IQ) and in adaptive skills such as in recreation, work, independent living, self-direction, or self-care. Persons whose functional limitations are based solely on a physical, behavioral, or emotional disability or a specific learning or sensory disability are not, however, eligible to participate as Special Olympics athletes.

Athlete Participation Form Procedures

All persons who are eligible to participate in Special Olympics training and/or competition must complete this form. The form consists of three parts. The first portion requests the athlete's identifying information and medical background and contains a physician's report and certification concerning results of the initial physical examination. A physical examination is required for the first participation form completed. Subsequent participation forms can be completed by an adult athlete, parent, guardian or caregiver unless there has been a significant change in the athlete's health or the answer to any item is "yes". In these cases, a physician must conduct a follow-up examination. Participation forms must be renewed every three years.

The second portion is the release form concerning medical matters, Healthy Athletes screenings, the SONC housing policy and permissions regarding publicity. It is to be signed by an adult athlete, parent, guardian or caregiver. This does not have to be renewed as long as the most updated release form is on file (containing housing policy information).

The third portion consists of background questions. This section only needs to be completed if an athlete is also serving in a volunteer capacity for the organization.

Special Olympics North Carolina Athlete's Code of Conduct

All Special Olympics athletes are expected to abide by the following code of conduct:

Sportsmanship

Every Special Olympics athlete shall:

- practice good sportsmanship.
- act respectfully to other athletes, coaches, volunteers and spectators.
- not use bad language, swear or insult other persons.
- not fight with other athletes, volunteers, coaches, volunteers or staff.

Training and competition

Every Special Olympics athlete shall:

- train regularly as determined by their coach.
- learn and follow the rules of their sports.
- listen to the coaches and officials and ask questions when they do not understand.
- always try their best when training, divisioning and competing.
- not "hold back" in preliminaries just to get into an easier final heat.

Responsibility for Actions

Every Special Olympics athlete shall:

- not make inappropriate or unwanted physical, verbal or sexual advances on others.
- not smoke in non-smoking areas.
- not drink alcohol, use illegal drugs or possess weapons at Special Olympics functions/events.
- not take drugs for the purpose of improving one's performance.
- obey all laws and Special Olympics rules and policies.

Code of Conduct Violations

If a Special Olympics athlete violates any part of the code of conduct, Special Olympics may impose disciplinary actions.

APPLICATION FOR PARTICIPATION IN SPECIAL OLYMPICS

DEMOGRAPHICS

LOCAL
PROGRAM: _____

Athlete's Primary (First)

Sport: _____
Athlete's
Name: _____

Athlete's
Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Parent/Guardian's
Name: _____

Parent/Guardian's Address (if different than
athlete): _____

Emergency Contact (if other than
parent/guardian): _____

Alternate Emergency Contact: _____

Health/Accident Insurance

Company: _____

Policy #: _____

SONC receives inquiries from various agencies and granting organizations regarding racial/ethnic composition.

Please mark the appropriate box in each category:

Race: ☐ White ☐ Black/African American ☐ American Indian/Alaskan Native ☐ Asian ☐ Two or More Races ☐ Other

Ethnicity: ☐ Hispanic/Latino (any race) ☐ Not Hispanic/Latino

Athlete School/Workplace: _____
Grade (if applicable): _____

☐ Male ☐ Female Date of Birth
(month/day/year) _____/_____/_____

Please include Area Code

Athlete Home Phone #: _____

Athlete Mobile Phone #: _____

Parent Primary Phone #: _____

Parent Secondary Phone #: _____

Primary Phone #: _____

Primary Phone #: _____

HEALTH HISTORY

Yes No ☐ ☐ *Heart disease/heart defect / high blood pressure

☐ ☐ *Chest pain

☐ ☐ *Seizures / epilepsy / fainting spells

☐ ☐ *Diabetes

☐ ☐ *Concussion or serious head injury

☐ ☐ *Major surgery or serious illness

☐ ☐ *Blindness / severe visual problem

☐ ☐ *Asthma

☐ ☐ Heat stroke / exhaustion

☐ ☐ Contact lenses / glasses

☐ ☐ Complete hearing loss

☐ ☐ Bone or joint problem

Date of most recent tetanus immunization: _____/_____/_____

(*) Requires physical examination every three years if checked "yes"

Yes No

☐ ☐ Allergy:

Medicines: _____

☐ ☐ Food: _____

☐ ☐ Insect

stings/bites: _____

☐ ☐ Special diet

☐ ☐ Tobacco use

☐ ☐ Uses Wheelchair/Walker

☐ ☐ Emotional / psychiatric / behavioral

☐ ☐ Sickle cell trait or disease

☐ ☐ Immunizations up to date

☐ ☐ Easy Bleeding

☐ ☐ Other: _____

Signature-parent/guardian/caregiver/adult athlete: _____ Date: _____/_____/_____

SIGNATURE REQUIRED FOR FORM TO BE CONSIDERED COMPLETE

FOR ATHLETES WITH DOWN SYNDROME

EXAMINER'S NOTE: If the athlete has Down Syndrome, Special Olympics requires a full radiological examination establishing the absence of Atlanto-Axial instability before he/she may participate in sports or events which by their nature may result in hyperextension, radical flexion or direct pressure on the neck or upper spine. The sports and events for which such radiological examination is required are: judo, equestrian sports, gymnastics, diving, pentathlon, butterfly stroke and diving starts in swimming, high jump, alpine skiing, snowboarding, squat lift, and football team competition (soccer).

Yes No

☐ ☐ Does the athlete have Down Syndrome?

☐ ☐ Has an x-ray evaluation for atlanto-axial instability been done?

☐ ☐ If yes, was it positive for atlanto-axial instability? (positive indicates that the atlanto-dens interval is 5mm or more)

PHYSICAL EXAMINATION

Blood pressure: _____/_____/_____ Weight: _____ Height: _____

Normal/Abnormal

☐ ☐

Vision

☐ ☐

Hearing

☐ ☐

Oral cavity

☐ ☐

Neck

☐ ☐

Extremities

Normal/Abnormal

☐ ☐

Cardiovascular system

☐ ☐

Respiratory system

☐ ☐

Gastrointestinal system

☐ ☐

Genitourinary system

☐ ☐

Skin

Normal/Abnormal

☐ ☐

Cranial nerves

☐ ☐

Coordination

☐ ☐

Reflexes

Other: _____

Primary MR Etiology/Category: _____

I have reviewed the above health information and have performed the above examination on this athlete within the past 6 months and certify that the athlete can participate in Special Olympics.

RESTRICTIONS: _____

EXAMINER'S SIGNATURE: _____ Date: _____/_____/_____

EXAMINER'S NAME: _____

ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____

OFFICIAL SPECIAL OLYMPICS RELEASE FORM
TO BE COMPLETED BY PARENT, GUARDIAN, CAREGIVER OR ADULT ATHLETE (OWN GUARDIAN)

A release form only needs to be completed once with no renewals required. Due to a recent change to this form as of 8/18/13, however, any athletes renewing their participation form must complete an updated release form this one time.

Local Program _____

I represent and warrant that to the best of my knowledge and belief, _____ is physically and mentally able to participate in Special Olympics. With my approval, a licensed physician has reviewed the health information set forth in the Application for Participation, and has certified, based on an independent medical examination, that there is no medical evidence which would preclude the athlete's participation. I understand that if the athlete has Down Syndrome, he/she cannot participate in sports or events which, by their nature, result in hyper-extension, radical flexion or direct pressure on the neck or upper spine unless I and two physicians have completed the official "Special Release for Athletes with Atlanto-Axial Instability," available from the Special Olympics Program in my jurisdiction, or I have a full radiological examination that establishes the absence of Atlanto-Axial instability. I am aware that the sports and events for which this release or radiological examination is required are judo, equestrian sports, gymnastics, diving, pentathlon, butterfly stroke and diving starts in swimming, high jump, alpine skiing, snowboarding, squat lift and soccer.

In permitting the athlete to participate, I am specifically granting my permission, forever, to Special Olympics to use the athlete's likeness, name, voice and words in television, radio, film, newspapers, magazines, and other media, and in any form for the purpose of publicizing, promoting, or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

By signing below, I am also allowing the athlete to participate in the Special Olympics Healthy Athletes Program which provides individual screening assessments of health status and healthcare needs in the areas of vision; oral health; hearing; physical therapy; and a variety of health promotion areas (height, weight, sun protection, etc.). I understand that information that is gathered as a part of the Healthy Athletes Program may be used in group form (anonymously) to assess and communicate the overall health needs of athletes and to develop programs to address those needs. I understand that notwithstanding my consent, there is no obligation for the athlete to participate in the Healthy Athlete Program and I may decide that the athlete will not participate. I understand that the provision of these health services is not intended as a substitute for regular care.

I acknowledge that Special Olympics events may involve overnight activities and that the housing arrangements for each event may differ. I understand that I should contact the Special Olympics Program in my jurisdiction if I have any questions about housing arrangements for a specific event or the housing policy in general.

If a medical emergency should arise during the athlete's participation in any Special Olympics activities at a time when I am not personally present so as to be consulted regarding the athlete's care, I hereby authorize Special Olympics, on my behalf, to take whatever measures are necessary to ensure that the athlete is provided with any emergency medical treatment, including hospitalization, that Special Olympics deems advisable in order to protect the athlete's health and well-being. If you have religious objections to receiving such medical treatment, please cross out this paragraph, initial it and sign and attach the Special Provisions Regarding Medical Treatment form.

I, the undersigned, am parent/guardian/caregiver/athlete (own guardian) of the athlete named in this application. I have read and fully understand the provisions of the above release and have explained these provisions to the athlete. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and on the behalf of the athlete named above.

I hereby give my permission for _____ to participate in Special Olympics training, competition, and physical activity programs.

Signature of Parent/Guardian/Caregiver/Athlete (over 18-own guardian) _____ Date _____

ATHLETE VOLUNTEER SCREENING INFORMATION

Only to be completed if athlete is serving in a volunteer capacity (i.e. Global Messenger, speech coach, sport coach, etc.)

Please check yes or no

- | | | |
|---|------------|----------|
| 1. Do you use illegal drugs? | *yes _____ | no _____ |
| 2. Have you ever been convicted of a criminal offense? | *yes _____ | no _____ |
| 3. Have you ever been charged with neglect, abuse, or assault? | *yes _____ | no _____ |
| 4. Has your driver's license ever been suspended or revoked in any state? | *yes _____ | no _____ |

*** You may be asked to provide a written explanation for questions answered "yes"**



To: State Association Executive Directors
From: John Black
Re: Age Rule for Students with Disabilities
Date: October 12, 2015

Responses to Inquiry on Age Rule for Students with Disabilities
Sent October 6, 2015

Dear Executive Directors,

We have received an inquiry regarding an age rule for students with disabilities. Specifically, the inquiring state association would like to know the following:

1. Has your state association office ever created a waiver for an age rule in reference to students with disabilities?
2. If so, would you be willing to scan and email your waiver rule, bylaw and/or application form?

{Answers} in brackets are the interpretation of the NFHS based on the response provided.

Comments:

Number of state associations answering 'yes' to question 1:	8
Number of state associations answering 'no' to question 1:	18
Total Number of state associations responding:	26

Responses:

State 1:

1. Yes
2. See attached

State 2:

1. No
2. N/A

State 3:

1. No
2. We have no waivers in [State]; however, the student-athlete may appeal like any other eligibility ruling.

State 4:

1. No
2. See attached.

State 5:

1. No. [State] has not created a waiver for something this specific. We simply require all students go through our hardship process.
2. See attached.

State 6:

1. Yes.
2. We have waived the age rule of students with disabilities; however, they have only served as managers or non-scoring participants.

State 7:

1. No.
2. The [State] High School Association does not allow appeals of the age rule, no matter the physical or mental disabilities of the student.

State 8:

1. No
2. [State] has not created a waiver to the age rule of any reason.

State 9:

1. No
2. [State] has not created a specific waiver for the age rule due to disability. In nearly all of the cases, the 8 semester rule (limit of 8 consecutive semesters of eligibility upon entering the ninth grade) takes effect prior to the age rule being an issue.

State 10:

1. Yes
2. See attached at bottom of page 44 and page 45

State 11:

1. Yes
2. See attached. We have had a few students in the past years be granted an exception to the age rule based upon the ADA as long as they didn't gain a 5th year of participation. It is a case-by-case determination. There is no form and it is handled at the local section level.

State 12:

1. {No}
2. See attached. Our age rule is coded into statute, as well as an exception that is there for special needs students. We are not permitted to make any alteration to our age rule due to the statute.

State 13:

1. No
2. N/A

State 14:

1. Yes
2. See attached.

State 15:

1. Yes.
2. See attached.

State 16:

1. No
2. N/A.

State 17:

1. No.
2. We have never granted or created a waiver for the age rule for any students.

State 18:

1. No
2. There are no exceptions or waiver granted for our age rule.

State 19:

1. No
2. We apply our age and consecutive semester and 4 seasons of sports rules uniformly, whether a student is disabled or not.

State 20:

1. Yes
2. See attached.

State 21:

1. No
2. N/A

State 22:

1. No
2. N/A

State 23:

1. No
2. N/A

State 24:

1. No
2. N/A.

State 25:

1. No
2. No waiver has been approved for the maximum age requirement for participation.

State 26:

1. Yes
2. See attached.

CA Rule

203. AGE REQUIREMENT

A student whose 19th birthday is attained prior to June 15 shall not participate or practice on any team in the following school year. A student whose 19th birthday is on or before June 14 is ineligible. Each Section may waive this provision so long as criteria for such a waiver shall include, but not be limited to, the following:

- A. Such a waiver would not grant more than four (4) years [eight (8) semesters] of eligibility; AND
- B. Such a waiver would not grant more than four (4) years of participation in any sport; AND
- C. That a hardship exists which, in the judgment of the Section, requires a waiver. Hardship is defined in Bylaw

213; AND

- D. A decision to deny such a waiver by the Section Commissioner may be appealed only to the Section and in accordance with the provisions set forth in Bylaw 1101.



ELIGIBILITY REGULATION WAIVER

IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION
8011 Ustick Rd Boise ID 83704 Fax: 208-322-5505

The Eligibility Regulation Waiver must be filed with the IHSAA when it is determined that a student does not meet the criteria for eligibility as outlined in the Rules and Regulations.

Complete all items requested on this form. NO request will be considered unless all information is supplied.

Student _____ Male / Female Birthdate: _____

Parent or Guardian _____

Address of Parent _____

Person with whom student will live _____ Relationship _____

Address (where student will live) _____

Is this address within the boundaries of your school district? Yes _____ No _____

Identify IHSAA eligibility regulation you are requesting to be waived _____
(Use current year manual for references)

Date of first enrollment in 9th grade _____
(Month & Year)

Did student attend school last semester? _____

Did student pass the required number of courses last grading period? _____

If transfer: what school did student transfer from: _____

Was student eligible to participate at previous school at time of transfer? _____ List all activities in which student participated during the last 12 months preceding the date of transfer. _____

Required – Check when completed:

_____ Transcript of student's grades & credits

_____ Letter of request of waiver from school authority (from school filing request)

_____ Letter of support from principal of previous school

_____ Supporting letters/documentation from parents, doctors, or others pertinent to the explanation of situation

School _____ Signature _____

Principal or Authorized Administrator

Date _____

DO NOT WRITE IN THIS SPACE

(MUST HAVE STAMP TO BE OFFICIAL)

Approved by _____ Date _____

Eligible _____

Restrictions (if applicable)

Ineligible _____

No Action _____

BYLAW 2. AGE

Sec. 1) AGE RESTRICTION

- a) Pursuant to KRS 156.070 (2) (e), a student who becomes nineteen (19) years old before August 1 shall be ineligible for interscholastic athletic competition at a KHSAA member high school.
- b) A student who becomes nineteen (19) on or after August 1 shall remain eligible for the entire school year.

Sec. 2) WAIVER PROVISION

- a) The Ruling Officer and the Commissioner may waive the provisions of this bylaw and the student shall be eligible for high school athletics in Kentucky if the written documentation is provided to clearly demonstrate that the student:
 - (1) Qualified for exceptional children services and had an individual education program developed by an admissions and release committee (ARC) while the student was enrolled in the primary school program;
 - (2) Was retained in the primary school program because of an ARC committee recommendation; and
 - (3) Has not completed four (4) consecutive years or eight (8) consecutive semesters of eligibility following initial promotion into grade nine (9).
- b) The Ruling Officer and the Commissioner shall not adopt administrative procedures that allow for waiver of this rule under any other condition.

Case BL-2-1- Why is there an age restriction?

To ensure equality of competition and opportunity, a standard must be established at some point to determine the cutoff date for age eligibility. Use of a specific cutoff date gives notice to all parties involved in interscholastic athletics and maintains equality of participant eligibility between schools.

An age limitation requirement:

- (1) Provides commonality between student-athletes and schools in interscholastic competition;
- (2) Inhibits "redshirting" or failing to make normal progress through school;
- (3) Allows the participation of younger and less experienced players;
- (4) Enhances the opportunity for more students to participate;
- (5) Promotes quality of competition;
- (6) Avoids over-emphasis on athletics; and
- (7) Helps to diminish the inherent risk of injury associated with participation in athletics.

Case BL-2-2- Are rulings related to Bylaw 2 (Age) appealable through the KHSAA Due Process Procedure other than the published exception stipulated in KRS 156.070?

No. Bylaw 2 as approved by the Kentucky Board of Education expressly prohibits appeals concerning this bylaw. In addition, with the adoption of HB215 from the 1998 Legislative Session, the Kentucky General Assembly has placed this provision in KRS 156.070 in the form of state law with the only exception being the provisions passed by the 2007 Kentucky General Assembly.

Case BL-2-3- What is the primary school program as used in KRS 156.070 (2) (e) as amended by the 2007 Kentucky General Assembly?

KRS 158.031 defines "primary school program" as "that part of the elementary school program which children are enrolled from the time they begin school until they are ready to enter the fourth grade" (PK-3). Bylaw 2 applies this same definition.

PART VII: PROCEDURES

87. Student Eligibility Waiver – The Process

- 87.1 Any request for the waiver of any eligibility rule on behalf of an individual student must be made by the principal on the White Book form designated, "Application for Waiver of Athletic Eligibility Rule." This form, together with any background information, additional pertinent facts, extenuating or unusual circumstances, documents required by the rules, doctors' statement or certificate shall be sent to the MIAA office. Waivers approved are for that school year only and may be restricted to one or two seasons depending on the circumstances.

Seasonal deadlines are: September 22, December 15, and April 1. Waivers for the next school year may be submitted after final grades for the current school year are issued.

- 87.2 The MIAA Executive Director or his/her designee shall have the authority to set aside the effect of any eligibility rule upon an individual student if (1) the rule works an undue hardship on the student, (2) granting the waiver will not result in an unfair competitive advantage, (3) the waiver approval would not cause displacement of another student-athlete from the appellant's own team, and (4) the waiver would not be in conflict with the general well-being of MIAA interscholastic athletic objectives.

- 87.3 Requests for waivers shall be stated on the form described above and must contain sufficient data to make it possible for the Executive Director or his/her designee to reach a decision without further investigation. When presented with unusual circumstances offered as justification for the waiver, the Executive Director or his/her designee may contact the sending school principal or athletic director to obtain further information prior to making a decision on the request.

Whenever a request to waive the transfer rule is acted upon by the Executive Director or his/her designee, a copy of that action will be forwarded to the principal of the sending school at the same time the decision is mailed to the receiving school principal. The sending school principal should phone the MIAA office within two days of receipt of the decision if he/she wishes to appeal the initial positive decision, or wishes to be notified if the negative decision is appealed by the receiving school.

- 87.4 An adverse decision by the Executive Director may be appealed before a subcommittee of the Eligibility Review Board (ERB). Three ERB members will constitute a quorum. Requests for an appeal hearing before the ERB must be submitted in writing to the Executive Director within seven school days of notification of the adverse decision. The appeal must include the endorsement in writing of the school principal.

87.5 Adverse decisions of the ERB may be appealed by the student's principal for a hearing before a subcommittee of the Massachusetts Interscholastic Athletic Council (MIAC). All appeals before the ERB or the MIAC must be presented in person by the high school principal or his/her designee who must be an assistant principal in that high school or the athletic director. Appeals of ERB decisions must be filed in writing with the Executive Director within seven school days of receipt of notification of the adverse decision (See Rule 87.4). The student, parents or guardians or other representatives may appear in person before the ERB and MIAC. The four standards which must be addressed in an appeal before the Board or Council are:

87.5.1 The rule works an undue hardship on the student; and

87.5.2 Granting the waiver will not result in an unfair competitive advantage; and

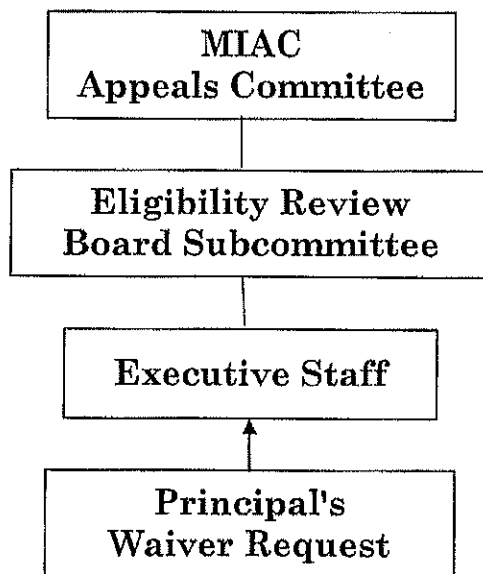
87.5.3 The waiver approval would not cause displacement of another student-athlete from the appellant's own team; and

87.5.4 The waiver would not be in conflict with the general well-being of MIAA interscholastic athletic objectives.

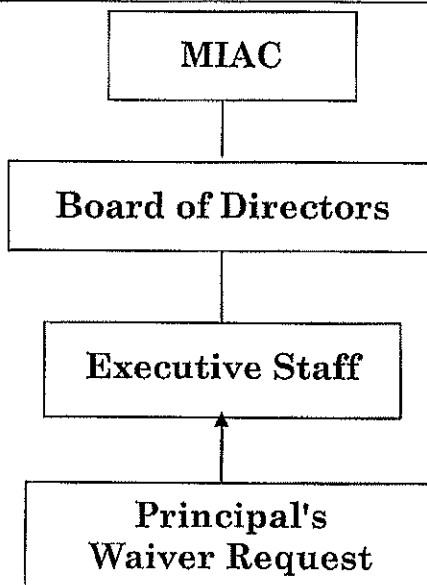
- * • Bay State League
- District F
- Middlesex League/Merrimack Valley Conference
- Tri-Valley League

The above have been delegated by the MIAA Board of Directors to deal with some student eligibility waivers from their schools and their decisions are final and not reviewable by the MIAA.

Eligibility Appeals Procedure In Behalf Of An Individual Student-Athlete



Eligibility Appeals Procedure Affecting More Than One Student-Athlete



DEADLINES FOR SUBMISSION OF WAIVER REQUESTS:
FALL – SEPTEMBER 22 WINTER – DECEMBER 15 SPRING – APRIL 1

TEL: (508) 541-7997
 33 Forge Parkway
 FRANKLIN, MA 02038



E-mail: miaa@miaa.net
 FAX: (508) 541-9888

APPLICATION FOR STUDENT WAIVER OF ATHLETIC ELIGIBILITY

PART A

(Reference MIAA Rule 85)

(To be completed by the PRINCIPAL who is requesting a waiver)

District F, Middlesex/MVC, Bay State Conference, and the Tri-Valley League all have been delegated by the MIAA Board of Directors to deal with some student eligibility waivers from their schools and their decisions are final and not reviewable by the MIAA. *Waivers approved are for that school year only & may be restricted to one or two seasons depending on the circumstances.*

Rule Number for which waiver is requested _____

NAME OF STUDENT _____

ADDRESS (Street) _____

CITY/TOWN _____ STATE _____ ZIP _____

DATE OF BIRTH _____ DATE ENTERED PRESENT SCHOOL _____

NAME OF SCHOOL REQUESTING WAIVER _____ SCHOOL TEL _____

CITY/TOWN _____ ZIP _____

HIGH SCHOOL RECORD (Please include Grade 9-12)

- Indicate sport and level played (e.g., Freshman, J.V., Varsity, **AAU and any non-school sport participation – see Rule 57.2**);
- Attach **transcript & attendance** for every year since first entering Grade 9 until the present; and
- Use one line for each school year and/or school.

SCHOOL YEAR	GRADE	SCHOOL WHERE ENROLLED	DATES	FALL SPORT	WINTER SPORT	SPRING SPORT	CREDITS EARNED

~ continued ~

Revised 2/9/11

EXPLAIN YOUR REQUEST: Explain fully what extenuating or unusual circumstances the Association in considering this ineligibility case should know, and please make sure to address any and all other MIAA Rules that would be affected. The four standards that must be addressed at the least are:

85.5.1 The rule works an undue hardship on the student.

85.5.2 Granting the waiver will not result in an unfair competitive advantage.

85.5.3 The waiver approval would not cause displacement of another student-athlete from the appellant's own team.

85.5.4 The waiver would not be in conflict with the general well-being of MIAA interscholastic athletic objectives.

(Attach other documents that are required or that seem advisable. If financial hardship is a factor in the waiver request, please secure from the MIAA the "Support for Financial Consideration" form)

DATE _____ PRINCIPAL'S SIGNATURE _____

PART B

To be completed by the STUDENT seeking the waiver and applicant's parent(s) or guardian(s).

NAME OF PARENT _____

ADDRESS (Street) _____

CITY/TOWN _____ STATE _____ ZIP _____

MIAA meetings are open to the public. However, state law allows for an "executive session" (closed to the public) in cases where private, personal, physical, or medical matters are discussed.

Check here ☐ if you request executive session consideration of the waiver application.

No personally identifiable information in or attached to the student's application shall be released to anyone other than the staff and reviewing Board/Council members without the specific, informed written consent of the student or parent.

We _____, give permission for any and all pertinent
(STUDENT AND PARENT)

information and attached records related to this athletic eligibility waiver request to be shared with the MIAA Board, Council Members, and Staff who must act upon this request.

DATE _____ SIGNATURE of PARENT _____

STUDENT _____

**MAIL OR FAX PART A AND B (along with Form 200 if Transfer Rule)
WITH DOCUMENTATION TO:**

MIAA, 33 Forge Parkway, Franklin MA 02038
FAX: (508) 541-9888

Revised 6/17/13

MN By-Law

BYLAW 101.00 AGE Cross Reference: Bylaw 109 (Seasons of Participation) and Bylaw 110 (Semesters Enrolled) A student who turns 20 during the 11th or 12th semester since first entering the 7th grade shall be allowed to participate through the completion of the 12th semester. Students who participate in the Adapted Athletics Program shall be under 22 years of age. A student under age 22 who has started a sport season will be permitted to complete that sports season.

- semester of school membership.
- 2.2.2.2 The records of the school or schools in which the student was a member shall be used to determine the total number of days of school membership.
- 2.2.2.3 Semesters are not charged consecutively. If a student is not enrolled in school, the student is not charged with a semester of membership. When he or she re-enrolls in school, however, it takes one semester, for which the student is charged, to regain eligibility.
- 2.2.3 Season Limitations. No student shall be permitted to participate in more than four seasons of any one activity at the high school level. After initial enrollment in grade ten, no student shall be permitted to participate in more than three seasons of any one activity. Competing in any part of an interscholastic contest shall count as a season of participation in that activity.

APPROVED RULINGS AND INTERPRETATIONS FOR SECTION 2.2.3

Participation by a student in a high school interschool contest shall count as a semester of membership as well as a season of participation.

- 2.2.4 **High School Graduates.** A graduate from a four-year high school or its equivalent is no longer considered a student for interscholastic activity purposes even though the student enters another high school and is classed there as a fourth-year or even a third-year student and is a candidate for graduation.
- Mid-Year Graduates.** At the end of the first semester, a student who becomes ineligible to play through graduation but who is eligible to play until the end of the semester, shall be eligible up to and including Saturday night of the week the semester is completed.
 - Graduation Prior to State Contest.** A student who is eligible to compete throughout the regular season in an activity, but who graduates or completes eight semesters of high school attendance before the state tournament in that activity shall be eligible to compete in such tournament or meet provided the tournament or meet is held before the next semester starts.
- 2.2.5 **Second Semester Eligibility.** A student who becomes eligible the second semester shall be eligible the first day of the second semester, provided his/her name has been included on an eligibility list sent to the NSAA office before the contests.
- Students who will become eligible the second semester may be included on an eligibility list sent during the first semester, provided a note indicates the date on which they will become eligible.

2.3 AGE

- 2.3.1 **Age Limitation.** No student shall be eligible for interschool competition who has attained the age of nineteen years except as follows: A student who becomes nineteen years of age on or after August 1 shall be eligible on the basis of age until the end of the current school year.

Exception: If the student is a bona fide student with a disability as defined at 42 U.S.C. Section 12102 (ADA) and the regulations promulgated there under, and the student's specific disability has contributed significantly to the student's inability to meet the requirements of this Bylaw, that student may be declared eligible by the Executive Director if, in the sole discretion of the Executive Director through the hardship application process, on a case-by-case the Executive Director determines that:

- The student does not pose a safety risk to himself/herself or others; and
- The student does not enjoy any advantages in terms of physical maturity, mental maturity or activity maturity over the other participants; and
- The student's participation does not affect the principles of competitive equity; and
- There is no evidence of "red-shirting" or other indicia of academic dishonesty.

Students granted this exception will be limited to 4 years (8 semesters) of participation at the varsity level.

Students granted this exception must adhere to all applicable NSAA Bylaws and Approved rulings.

APPROVED RULINGS AND INTERPRETATIONS FOR 2.3.1

- Students who have become ineligible because of age are ineligible for all interscholastic contests including non-varsity team competition.*
- The oldest age given on any annual report shall be accepted as the student's age unless a birth certificate certified by the Bureau of Vital Statistics, State Capitol, Lincoln, or the Bureau of Vital Statistics of any other*

in relationship to other pupils on those teams in accordance with standards established by the commissioner.

- (ii) **Interschool athletic competition for pupils in senior high school grades 9, 10, 11 and 12.** Inter-high school athletic competition shall be limited to competition between high school teams, composed of pupils in grade 9 to 12 inclusive, except as otherwise provided in sub clause (a)(4) of this subparagraph. Such activities shall be conducted in accordance with the following:
- (4) **DURATION OF COMPETITION.** A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation, except as otherwise provided in this sub clause, or except as authorized by a waiver granted under clause (d) of this subparagraph to a student with a disability. If a board of education has adopted a policy, pursuant to sub clause (a)(4) of this subparagraph, to permit pupils in seventh and eighth grades to compete in senior high school athletic competition, such pupils shall be eligible for competition during five consecutive seasons of a sport commencing with the pupil's entry into the eighth grade, or six consecutive seasons of a sport commencing with the pupil's entry into the seventh grade. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. A pupil shall be eligible for interschool competition in grades 9, 10, 11 and 12 until the last day of the school year in which he or she attains the age of 19, except as otherwise provided in sub clause (a)(4) or clause (d) of this subparagraph or in this sub clause. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1st may be extended under the following circumstances.
 - (i) If sufficient evidence is presented by the chief school officer to the section to show that the pupil's failure to enter competition during one or more seasons of a sport was caused by illness or accident beyond the control of the student, such pupil's eligibility shall be extended accordingly in that sport. In order to be deemed sufficient, the evidence must include documentation showing that as a direct result of the illness, accident or other circumstance beyond the control of the student, the pupil will be required to attend school for one or more additional semesters in order to graduate.
 - (ii) If the chief school officer demonstrated to the satisfaction of the section that the pupil's failure to enter competition during one or more seasons of a sport is caused by such pupil's enrollment in a national or international student exchange program, that as a result of such enrollment the pupil will be required to attend school for one or more additional semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil's eligibility shall be extended accordingly in such sport. (d) Waiver from the age requirement and four-year limitation for interschool athletic competition for students with disabilities in senior high school

grades 9, 10, 11, and 12. For purposes of this clause, the term non-contact sport shall include swimming and diving, golf, track and field, cross country rifle, bowling, gymnastics, skiing and archery, and any other such non-contact sport deemed appropriate by the Commissioner. A student with a disability, as defined in section 4401 of the Education Law, who has not yet graduated from high school may be eligible to participate in a senior high school non-contact athletic competition for a fifth year under the following limited conditions: (1) such student must apply for and be granted a waiver to the age requirement and four-year limitation prescribed in sub clause (b)(1) of this subparagraph. A waiver shall only be granted upon a determination by the superintendent of schools or chief executive officer of the school or school system, as applicable, that the given student meets the following criteria:

- (a) Such student has not graduated from high school as a result of his or her disability delaying his or her education for one year or more;
 - (b) such student is otherwise qualified to compete in the athletic competition for which he or she is applying for a waiver and the student must have been selected for such competition in the past;
 - (c) such student has not already participated in an additional season of athletic competition pursuant to a waiver granted under this sub clause;
 - (d) such student has undergone a physical evaluation by the school physician, which shall include an assessment of the student's level of physical development and maturity, and the school physician has determined that the student's participation in such competition will not present a safety or health concern for such student; and
 - (e) the superintendent of schools or chief executive officer of the school or school system has determined that the given student's participation in the athletic competition will not adversely affect the opportunity of the other students competing in the sport to successfully participate in such competition.
- (2) **REGISTRATION.** A pupil shall be eligible for interschool competition in a sport during a semester, provided that he is a bona fide student, enrolled during the first 15 school days of such semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement, and has been in regular attendance 80 percent of the school time, bona fide absence caused by personal illness excepted.
- (3) **SPORTS STANDARDS.** Interschool athletic programs shall be planned so as to provide opportunities for pupils to participate in a sufficient variety of types of sports. Sports standards, such as number of contests, length of seasons, time between contests, required practice days, etc., for all interschool sports shall conform to guidelines established by the Commissioner of Education.

OR Rule

8.3.1. Age Hardship Appeals Procedure. The Executive Director, may in individual cases, upon written request once the student has begun his/her last transcribed grading period prior to exhausting his/her eligibility, declare eligible for up to one year a student who would otherwise be ineligible under Rule 8.3. (regarding age) if the student has not previously been granted eligibility based upon a fifth year or age hardship appeal and all of the following conditions have been met:

- (a) the student has not graduated from high school;
- (b) the student establishes that the student's Individualized Education Program Team has determined that the student has a "disability" (as defined in Rule 8.2.4);
- (c) the student establishes, to the reasonable satisfaction of the Executive Board or Executive Director, as the case may be, that the student entered school later than others of the student's age or was retained primarily because of the disability; and
- (d) the student establishes, to the reasonable satisfaction of the Executive Board or Executive Director, as the case may be, that the student's participation would not constitute an undue risk to the health or safety of other participants.
- (e) Without limiting the evidence that may be considered, the Executive Board or Executive Director, as the case may be, may consider the following in determining whether the student's participation would constitute an undue risk to the health or safety of other participants:
 - (1) whether the student has presented a report from a physician regarding the student's height, weight and whether the student is likely to pose an undue risk to the safety and health of other participants; the student shall submit to an independent medical examination by a physician selected by and paid for by the Association at the request of the Executive Board or Executive Director; and
 - (2) whether the sport is a contact or a non-contact sport.
- (f) Should an otherwise ineligible student who has already been granted a year of eligibility under the provisions of this rule apply for eligibility for a subsequent year, the Executive Board, or as it may provide, the Executive Director may consider the following factors in addition to those previously stated in this rule:
 - (1) Whether the student has previously participated in the sport for which eligibility is sought, or a similar sport; and
 - (2) Whether the student's skill level in the sport for which eligibility is sought is such that the student was ever a member of a starting team or was the recipient of league or other honors as a result of participation in the sport; and
 - (3) Whether the student has participated in a prior state championship competition (either in an individual sport or a team sport).

The Executive Board or the Executive Director may grant eligibility as to one sport and deny it as to another sport.

A decision of the Executive Director may be appealed to the Executive Board. A decision of the Executive Board may be appealed to a Hearings Officer under Rule 9, "Hearings Officer."



CRITERIA FOR VHSL AGE RULE APPEALS

PURPOSE: The intent of the Age Rule is to encourage academic success and equitable competition; and to discourage “red-shirting.”

Procedure: Appeals will be reviewed by the District Committee and the Assistant Director for Compliance, with appeal of adverse decisions to the Executive Committee (or a duly authorized sub-committee thereof) and the Independent Hearing Officer as outlined in Sections 28C-1-1, 33-1-1 through 33-7-1(6).

Vote Requirement: Majority of the District Committee, followed by approval by the Assistant Director for Compliance. In the event either recommends denial, then two-thirds of the Executive Committee (or a duly authorized sub-committee thereof); or approval of the Independent Hearing Officer.

Waiver WILL be considered

- A. For the student who experienced a delayed start or interruption in his/her educational progression due to a **significant** disability. Disabled persons shall be defined as those who, by reason of one or more of the following conditions, are unable to receive reasonable benefit from ordinary education: long-term physical impairment or illness, significant limited intellectual capacity, significant identifiable emotional disorder, identifiable perceptual or communicative disorder, or speech disorders; or
- B. For a non-native language speaking student placed in a lower grade than his/her age would dictate when first enrolling in a new school; or
- C. For the foreign student in refugee status.

Even in those cases above, waiver will be considered only –

- D. If the principal certifies that the student’s physical maturity will not jeopardize the health and safety of other participants; **and**
- E. If a qualified physician certifies that he/she has examined the student and found that the student’s physical maturity will not jeopardize the health and safety of other participants.

Notes:

- (1) “Undue hardship” is defined as follows. “Undue” means “not requisite or necessary; excessive; too great.” A second meaning is “not proper, fitting or right.” It must be noted that the reference is to **undue** hardship. That a rule works **some** hardship upon a student is not a compelling reason to waive the regulation involved. Sometimes hardship upon one party is required or necessary in order to avoid precedent that will make the regulation difficult or impossible to apply in similar circumstances in the future, thus eroding the regulation and opening the door to the very problems the regulation was created to reduce or eliminate. In such cases, even **extreme** hardship is not **undue** hardship.
- (2) If the student experienced a delayed start or interruptions totaling more than one year, all such time must be covered by one or more of the above-stated criteria.

Waiver will NOT be considered

- 1. For the student who is denied participation in League activities because of local rules authorized in Section 27-1-10, or because of any rule or regulation of any local school board or division superintendent; or
- 2. If the student had the opportunity to participate in the same VHSL activity for each of the eight continuous semesters beginning with the first semester in the ninth grade or the first semester in which he/she became classified as ungraded, whichever comes first; or
- 3. If the student repeats a grade after making grades satisfactory for promotion to the next level; or
- 4. For loss of eligibility in itself or an injury in itself which prevents the student from exercising an opportunity to participate; or
- 5. If there is sufficient evidence to make it reasonable to believe that the non-compliance to the Age Rule was motivated by the student’s or school’s efforts to gain a desired athletic outcome or to intentionally circumvent this rule; or
- 6. For a student who exceeds the age limit by more than one year; or
- 7. For any student who exceeds the age limit by more than one year; or
- 8. For any student who is suspended or expelled from school and as a result repeats a semester or school year; or
- 9. If sufficient evidentiary documentation does not accompany a waiver application. In such event, the Assistant Director for Compliance may suspend or dismiss the appeal.



APPLICATION FOR VHSL AGE RULE APPEALS

(This Form May Be Duplicated)

Appellant must provide copies of all materials to the appropriate committee on the date of the hearing as follows –
District Committee, 4 sets; Assistant Director for Compliance, 6 sets; Independent Hearing Officer, 2 sets

SECTION A – To be completed by Principal

Student Name _____ Date of Birth _____

Address _____ Phone Number _____
Street City State Zip

Date Student Entered 9th Grade First Time _____ High School _____

For what VHSL sport or activity does this student want eligibility? _____

Does this student's situation meet one of the criteria for waiver? If so, check the proper reference. ☐ A. ☐ B. ☐ C.

I support this request for waiver and the above information is correct. I recognize that this student may, in some activities, be taking the place of other students from our school. Further, I believe that this student's age will not place other participants in sports this year to any added risk or should result in any increased probability of harm.

Signature - Principal _____ Date _____ Daytime Phone _____

I do not support this request for waiver, however, the above information is correct.

Signature - Principal _____ Date _____ Daytime Phone _____

SECTION B – To be completed by Parent (Guardian) and Student

Parent Name _____ Daytime Phone _____

Email Address _____ Daytime Fax _____

Required Written Documentation For This Application

One or more of the following items -

- Documentation of IEP and dates IEP was in effect
- Documentation that student was a refugee
- Documentation that no school was available
- Documentation that student is/was non-English speaking
- Documentation of medical record, if applicable

All of these items -

- Copy of student's transcript (grades K-12)
- Copy of student's birth certificate
- Copy of District Committee Appeals Report

I understand and agree that in order to process this appeal, the school district and the Virginia High School League must be able to exchange and review the relevant educational and other records regarding my child/ward. I hereby release and grant consent to the reviewing parties under FERPA and other state and federal law to exchange and review such records. In doing so, I understand that the information so exchanged and released will be kept confidential by the school district and the League, and will be used only for the purposes of reviewing and deciding this appeal unless I consent in writing to its public release.

We certify all information is accurate and understand that ineligibility may result if the information is incorrect.

☐ I DO wish to be present at the District Committee Hearing. ☐ I DO NOT wish to be present at the District Committee Hearing.

Signature – Parent/Guardian _____ Date _____ Signature - Student _____ Date _____

SECTION C – To be completed by Physician

Signature – Physician _____ Date _____

Print Address/City/State/Zip _____ Phone Number _____

Print CLEARLY Physician's Name _____

WA Rule

18.14.4 A student who has been defined as developmentally disabled may apply for a waiver of this rule by submitting a request for extended eligibility to the WIAA Executive Director. The WIAA Executive Director may grant a waiver of this rule provided the student does not pose a safety risk to him/herself or to other students.

11. The committee was updated on the latest catastrophic sports injury figures for fall 2015. Next, the SMAC was updated on the National Center for Catastrophic Sport Injury Research (NCCSIR) Consortium. Finally, the committee reviewed 2013-2014 32nd Annual Catastrophic Injury Report from NCCSIR.
12. The SMAC reviewed in detail the 2014-15 High School RIO Injury Surveillance Study Summary/Convenience Reports. Next, the committee discussed possible risk minimization recommendations for NFHS Sports Rules Committees for 2016-17. Finally, the SMAC assigned committee members to be responsible for reviewing injury data for specific sports/activities.
13. The committee reviewed some of the latest sports medicine research and was updated on a current study the NFHS Foundation has funded on "The Impact of Sport Specialization on Injury Rates in High School Athletes."
14. The NFHS SMAC approved the revisions and updates as amended to the following NFHS SMAC Position Statements and Guidelines:
 - A. "Position Statement on Emerging Technology and Risk Minimization"
 - B. "General Guidelines for Sports Hygiene, Skin Infections and Communicable Diseases"
 - C. "NFHS Statement on Medical Appliances"
15. The committee reviewed the NFHS SMAC Workshop Sessions from the 2015 NFHS Summer Meeting. Next, the SMAC approved the topic on "Overuse Injuries" for the NFHS SMAC Workshop Session at 2016 NFHS Summer Meeting in Reno, Nevada.
16. The SMAC finalized NFHS SMAC Workshop Sessions for the December 2015 NFHS/NIAAA National Athletic Directors Conference in Orlando, Florida on:
 - A. "What You Must Know About Sudden Cardiac Arrest"
 - B. "Current Issues with Concussion Management"
17. NFHS Executive Director met with the NFHS SMAC and reviewed and discussed the following items:
 - A. Reviewed sports medicine issues from 2015 NFHS Section Meetings
 - B. Gave an update on Telemedicine Pilot Project in Mississippi
 - C. Gave an update on the 2015-16 NFHS Board of Directors Goals
 - D. Discussed some health and safety items for the 2016-2021 NFHS Strategic Plan
18. NFHS General Counsel met with the NFHS SMAC and gave a Sports Medicine Legal Update and also a Federal and State Legislative Update from a sports medicine perspective.
19. NFHS Director of Coach Education met with the committee to give them an update on the NFHS Learning Center and all of the current NFHS Health and Safety Courses. The NFHS is currently working with the Taylor Hooton Foundation in the development of an online course on Appearance Performance Enhancing Drugs and Substances (APEDS).

20. The NFHS SMAC approved a recommendation that member state associations move toward using pitch counts in Baseball, and that pitchers do not throw to fatigue in both Baseball and Softball.
21. The committee reviewed various equipment items from the NFHS Rules Committees and was given updates from a few of the respective NFHS Rules Editors in the sports of Girls Lacrosse, Ice Hockey, Football and Field Hockey.
22. The SMAC had an open discussion on the future direction of the NFHS SMAC and the goals and objectives to best serve the NFHS and the membership from a sports medicine perspective.



SPORTS MEDICINE ADVISORY COMMITTEE (SMAC)

OCTOBER 2015 - MEETING SUMMARY

1. The NFHS SMAC met in person for their annual fall meeting on October 10-12, 2015 at the Hyatt Regency in Indianapolis, Indiana with 16 of the 18 committee members present.
2. The April 2015 NFHS SMAC Meeting Minutes were officially approved as amended by the NFHS SMAC.
3. Members of the SMAC who serve as the liaison for other organizations reported to the committee on the current events taking place within those outside organizations that impact the NFHS SMAC.
4. NFHS Sports Medicine Section Reports and NFHS Coaches and Officials Association reports were reviewed with the SMAC by NFHS Section representatives and NFHS Association representatives on the committee.
5. The NFHS SMAC approved January 28, 2016 at 9:00 pm. Eastern Time as the date for their winter 2016 NFHS SMAC Teleconference. The date for the spring 2016 NFHS SMAC Meeting will be April 23-25, 2016 in Indianapolis at the Hyatt Regency Hotel.
6. The committee was updated on the 2015-16 NFHS Skin Lesion Form and the 2015 MSHSL "Anyone Can Save a Life" booklets that were distributed this past summer to the NFHS membership.
7. The SMAC reviewed the 2015-16 NFHS rules changes and risk minimization items for all NFHS sports.
8. The committee reviewed and assigned future sports medicine articles for NFHS High School Today.
9. The SMAC reviewed and discussed the latest concussion research studies and reports. Next, the committee was updated on what the NFHS membership has done for their member schools in regards to the NFHS "Recommendations and Guidelines for Minimizing Head Impact Exposure and Concussion Risk in Football." Finally, the SMAC discussed limiting contact in other collision/contact sports. The committee will continue this discussion in April 2016.
10. The NFHS SMAC approved a recommendation that the NFHS host a summit in the spring of 2016 on "Overuse and Sport Specialization in the Secondary School Aged Athlete."

**NORTH CAROLINA STATE BOARD OF EDUCATION
Policy Manual**

Policy Identification**Priority:** Healthy Responsible Students**Category:** Athletics**Policy ID Number:** HRS-D-001**Policy Title:** Policy regarding interscholastic athletics**Current Policy Date:** 07/11/2012**Other Historical Information:** Previous board dates: 07/01/1995, 11/05/1998, 05/06/1999, 08/01/2000, 10/02/2008, 02/03/2011**Statutory Reference:** GS 115C-47(4)**Administrative Procedures Act (APA) Reference Number and Category:****INTERSCHOLASTIC ATHLETICS**

- (a) Only students in grades 7-12 may participate in interscholastic athletic competition. In order to qualify for public school participation, a student must meet the following requirements:
- (1) The student must meet the residence criteria of G.S. 115C-366(a). The student may participate only at the school to which the student is assigned by the LEA or, if over the age requirements, the school to which the student would be assigned at the next higher grade level.
 - (2) The student must meet age requirements at each grade level to participate. The principal must have evidence of the legal birth date of the student. A student who is ineligible to participate at one grade level due to age is eligible to participate at the next higher grade level only. However, no student may participate at the high school level for more than eight consecutive semesters, beginning with the student's first entry into grade nine or participation on a high school team, whichever occurs first.
 - (A) A student is eligible to participate in high school athletic contests during a school year if the student does not reach the 19th birthday on or before August 31 of that school year.
 - (B) A student shall not participate on a ninth grade junior high school team if the student becomes 16 years of age on or before August 31 of that school year.
 - (C) A student shall not participate on a seventh or eighth grade team if the student becomes 15 years of age on or before August 31 of that school year.
 - (3) In grades 9-12, the student must pass at least five courses (or the equivalent for non-traditional school schedules) each semester to be eligible anytime during the present semester and meet promotion standards established by the LEA. In grades 7 and 8, the student must pass at least one less course than the number of required core courses each semester and meet promotion standards established by the LEA. Regardless of the school organization pattern, a student who is promoted from the eighth grade to the ninth grade

automatically meets the courses passed requirement for the first semester of the ninth grade.

- (4) The student must receive a medical examination each year by a duly licensed physician, nurse practitioner, or physician assistant, subject to the provisions of G.S. 90-9, 90-18.1, and 90-18.2.
- (5) The student may not participate after any of the following:
 - (A) graduation;
 - (B) becoming eligible to graduate;
 - (C) signing a professional athletic contract;
 - (D) receiving remuneration as a participant in an athletic contest; or
 - (E) participating on an all-star team or in an all-star game that is not sanctioned by the association of which the student's school is a member. The student is ineligible only for the specific sport involved.
- (b) Each principal of a school, which participates in interscholastic athletics must certify a list of eligible students for each sport.
- (c) Any student-athlete, coach or school official in grades 7-12 who is ejected from any athletic contest shall at least be penalized as follows:
 - (1) for the first offense, the person shall be reprimanded and suspended for the next game at that level of play (varsity or junior varsity) and for any intervening games at either level;
 - (2) for a second offense, the person shall be placed on probation and suspended for the next two games at that level of play (varsity or junior varsity) and for any intervening games at either level;
 - (3) for a third offense, the person shall be suspended for one calendar year;
 - (4) a coach who is suspended at any level of grades 7-12 (middle school, junior high or high school) may not coach in any other grade level in grades 7-12 during the period of suspension.
 - (5) Penalties are cumulative from sport to sport and from sport season to sport season. If no member of the school's coaching staff is present to assume an ejected coach's duties, the contest shall be terminated by a forfeit.
- (d) LEAs may allow their schools to belong to the North Carolina High School Athletic Association (NCHSAA), which has established as a minimum the rules adopted by the SBE. The NCHSAA may waive any eligibility requirement contained in this Rule, except the age requirement, if it finds that the rule fails to accomplish its purpose or it works an undue hardship when applied to a particular student. The NCHSAA may enforce penalties for the violation of this Rule at the high school level.
- (e) The LEA which has jurisdiction over the high school may impose additional penalties. LEAs or conferences may adopt and impose penalties at the middle and junior high school levels.
- (f) The Middle/Junior High School Athletic Manual is available at the following link:
<http://www.ncpublicschools.org/curriculum/healthfulliving/athletics/>.

History Note: Statutory Authority G.S. 115C-47(4);
Eff. July 1, 1986;
Amended Eff. August 1, 2000; July 1, 1995; July 1, 1994; July 1, 1990.