

## NCHSAA WOMEN'S CROSS COUNTRY STATE CHAMPIONS

| YEAR | SITE                     | CHAMPION         | PTS | INDIVIDUAL CHAMPION          | TIME    |
|------|--------------------------|------------------|-----|------------------------------|---------|
| 1980 | McAlpine Park, Charlotte | Chapel Hill      | 77  | Charlotte McCall, McDowell   | 19:14.9 |
| 1981 | McAlpine Park, Charlotte | Chapel Hill      | 61  | Karen Dunn, Garner           | 19:00.0 |
| 1982 | McAlpine Park, Charlotte | East Mecklenburg | 66  | Kathy Ormsby, Richmond       | 18:09.6 |
| 1983 | McAlpine Park, Charlotte | Chapel Hill      | 39  | Beth Ruggles, East Burke     | 18:48.0 |
| 1984 | McAlpine Park, Charlotte | Chapel Hill      | 28  | Tomika Whitten, West Forsyth | 19:06.0 |
| 1985 | McAlpine Park, Charlotte | Watauga          | 107 | Tomika Whitten, West Forsyth | 18:49.0 |

**RECLASSIFICATION WAS MADE IN 1986**

### CLASS A/AA

| YEAR | SITE                     | CHAMPION       | PTS | INDIVIDUAL CHAMPION            | TIME     |
|------|--------------------------|----------------|-----|--------------------------------|----------|
| 1986 | McAlpine Park, Charlotte | Monroe         | 71  | Heather Lenglade, Ledford      | 20:49.0  |
| 1987 | McAlpine Park, Charlotte | East Davidson  | 63  | Heather Lenglade, Ledford      | 20:01.0  |
| 1988 | McAlpine Park, Charlotte | Lejeune        | 47  | Erin Smyth, Lejeune            | 19:42.0  |
| 1989 | McAlpine Park, Charlotte | Lejeune        | 86  | Julie Barba, Lejeune           | 19:43.0  |
| 1990 | McAlpine Park, Charlotte | Murphy         | 66  | Karen Godlock, Polk County     | 19:31.6  |
| 1991 | McAlpine Park, Charlotte | Murphy         | 49  | Karen Godlock, Polk County     | 18:07.9  |
| 1992 | McAlpine Park, Charlotte | Polk County    | 64  | Karen Godlock, Polk County     | 17:24.9  |
| 1993 | McAlpine Park, Charlotte | West Henderson | 60  | Amy Knox, West Henderson       | 19:43.8  |
| 1994 | McAlpine Park, Charlotte | Murphy         | 53  | Kristy Whitaker, Murphy        | 19:32.81 |
| 1995 | McAlpine Park, Charlotte | Murphy         | 76  | Julie Stackhouse, Hayesville   | 19:28.7  |
| 1996 | McAlpine Park, Charlotte | Murphy         | 44  | Jennifer Dimsdale, Polk County | 18:46.4  |

**PLAY WENT TO CLASS A AND CLASS AA IN 1997**

### CLASS AA

| YEAR | SITE                      | CHAMPION           | PTS | INDIVIDUAL CHAMPION              | TIME     |
|------|---------------------------|--------------------|-----|----------------------------------|----------|
| 1997 | McAlpine Park, Charlotte  | North Henderson    | 113 | Macy Little, Brevard             | 19:51.1  |
| 1998 | McAlpine Park, Charlotte  | Charles D. Owen    | 98  | Diana Henderson, North Henderson | 18:56.6  |
| 1999 | McAlpine Park, Charlotte  | Brevard            | 84  | Heidi Sloop, West Wilkes         | 19:32.6  |
| 2000 | McAlpine Park, Charlotte  | North Henderson    | 62  | Heidi Sloop, West Wilkes         | 19:20.0  |
| 2001 | McAlpine Park, Charlotte  | Brevard            | 51  | Jessica Durrant, North Henderson | 18:47.6  |
| 2002 | Tanglewood, Clemmons      | Charlotte Catholic | 24  | Leigh Ann Taylor, Monroe         | 19:43.72 |
| 2003 | Tanglewood, Clemmons      | Charlotte Catholic | 37  | Leigh Ann Taylor, Monroe         | 19:30.21 |
| 2004 | Tanglewood, Clemmons      | Charlotte Catholic | 89  | Lindsey Groce, Wilkes Central    | 19:51.0  |
| 2005 | Tanglewood, Clemmons      | Cardinal Gibbons   | 27  | Tria Metzler, Bunn               | 19:19.11 |
| 2006 | Tanglewood, Clemmons      | Cardinal Gibbons   | 31  | Heather Beichner, Gibbons        | 18:51.84 |
| 2007 | Tanglewood, Clemmons      | Cardinal Gibbons   | 21  | Heather Beichner, Gibbons        | 18:48.58 |
| 2008 | Tanglewood, Clemmons      | Cardinal Gibbons   | 45  | Sarah Rapp, Gibbons              | 19:30.36 |
| 2009 | Tanglewood, Clemmons      | Carrboro           | 45  | Catie Byrd, North Henderson      | 19:43.74 |
| 2010 | Beeson Park, Kernersville | Carrboro           | 80  | Grace Morken, Carrboro           | 19:28.56 |
| 2011 | Beeson Park, Kernersville | Carrboro           | 27  | Grace Morken, Carrboro           | 19:13.57 |
| 2012 | Beeson Park, Kernersville | Carrboro           | 30  | Grace Morken, Carrboro           | 18:42.49 |
| 2013 | Redmon Complex, K'ville   | East Lincoln       | 70  | Maysa Araba, Carrboro            | 18:03.66 |
| 2014 | Redmon Complex, K'ville   | Carrboro           | 59  | Maysa Araba, Carrboro            | 18:54.13 |
| 2015 | Redmon Complex, K'ville   | Brevard            | 77  | Amanda Hickey, Carrboro          | 19:20.75 |

## CLASS A

| YEAR | SITE                      | CHAMPION              | PTS | INDIVIDUAL CHAMPION               | TIME     |
|------|---------------------------|-----------------------|-----|-----------------------------------|----------|
| 1997 | McAlpine Park, Charlotte  | Murphy                | 36  | Jennifer Dimsdale, Polk County    | 19:27.8  |
| 1998 | McAlpine Park, Charlotte  | Murphy                | 51  | Jennifer Dimsdale, Polk County    | 19:42.5  |
| 1999 | McAlpine Park, Charlotte  | Hayesville            | 43  | Ariel Glassman, Hendersonville    | 18:17.7  |
| 2000 | McAlpine Park, Charlotte  | Murphy                | 72  | Erika Schneble, Hendersonville    | 19:45.0  |
| 2001 | McAlpine Park, Charlotte  | Hendersonville        | 51  | Kasey Smith, South Stokes         | 19:01.6  |
| 2002 | Tanglewood, Clemmons      | Hendersonville        | 51  | Kasey Smith, South Stokes         | 19:50.49 |
| 2003 | Tanglewood, Clemmons      | Hayesville            | 51  | Kala Robertson, Surry Central     | 19:41.61 |
| 2004 | Tanglewood, Clemmons      | Hayesville            | 59  | Elisabeth Elliot, Polk County     | 20:25.88 |
| 2005 | Tanglewood, Clemmons      | Hayesville            | 61  | Elisabeth Elliot, Polk County     | 20:36.33 |
| 2006 | Tanglewood, Clemmons      | Hayesville            | 61  | Zatha Loewen, Topsail             | 19:22.76 |
| 2007 | Tanglewood, Clemmons      | Topsail               | 67  | Zatha Loewen, Topsail             | 19:38.69 |
| 2008 | Tanglewood, Clemmons      | Bishop McGuinness     | 84* | Faith Trammell, Robbinsville      | 19:58.77 |
| 2009 | Tanglewood, Clemmons      | Robbinsville          | 62  | Carol Blankenship, East Wilkes    | 18:59.30 |
| 2010 | Beeson Park, Kernersville | Hendersonville        | 68  | Carol Blankenship, East Wilkes    | 18:48.75 |
| 2011 | Beeson Park, Kernersville | Lake Norman Charter   | 55  | Kirsten Parries, Mount Airy       | 19:29.97 |
| 2012 | Beeson Park, Kernersville | Bishop McGuinness     | 58  | Sophia Bhalla, Lincoln Charter    | 18:53.94 |
| 2013 | Redmon Complex, K'ville   | Bishop McGuinness     | 60  | Malia Ellington, Com.Sch.Davidson | 19:05.13 |
| 2014 | Redmon Complex, K'ville   | Comm. School Davidson | 68  | Malia Ellington, Com.Sch.Davidson | 19:09.61 |
| 2015 | Redmon Complex, K'ville   | Gray Stone Day        | 71  | Blakely Moore, Highlands          | 20:42.13 |

\*tied with Hayesville with 84 points but won tiebreaker on finish of sixth runner

## CLASS AAA

| YEAR | SITE                      | CHAMPION           | PTS | INDIVIDUAL CHAMPION            | TIME                 |
|------|---------------------------|--------------------|-----|--------------------------------|----------------------|
| 1986 | McAlpine Park, Charlotte  | T. C. Roberson     | 30  | Francie Dumas, T. C. Roberson  | 19:30.0              |
| 1987 | McAlpine Park, Charlotte  | Washington         | 40  | Janet Osada, T. C. Roberson    | 19:52.0              |
| 1988 | McAlpine Park, Charlotte  | Washington         | 68  | Robyn Land, Wilkes Central     | 19:33.0              |
| 1989 | McAlpine Park, Charlotte  | Sun Valley         | 26  | Suzanne Black, Sun Valley      | 19:40.0              |
| 1990 | McAlpine Park, Charlotte  | Northwest Cabarrus | 75  | Ami Knox, West Henderson       | 19:55.9              |
| 1991 | McAlpine Park, Charlotte  | Northwest Cabarrus | 56  | Suzanne Black, Sun Valley      | 19:29.9              |
| 1992 | McAlpine Park, Charlotte  | Franklin           | 38  | Rebekah Frick, East Rowan      | 19:18.8              |
| 1993 | McAlpine Park, Charlotte  | Franklin           | 42  | Tammy Duckett, Enka            | 19:37.4              |
| 1994 | McAlpine Park, Charlotte  | Franklin           | 50  | Mandy Becker, Fuquay-Varina    | 18:50.0              |
| 1995 | McAlpine Park, Charlotte  | Franklin           | 129 | Erin Musson, Wilkes Central    | 19:03.4              |
| 1996 | McAlpine Park, Charlotte  | Fuquay-Varina      | 93  | Sarah Vance-Goodman, Roberson  | 17:24.7 <sup>4</sup> |
| 1997 | McAlpine Park, Charlotte  | T.C. Roberson      | 93  | Sarah Vance-Goodman, Roberson  | 17:58.9              |
| 1998 | McAlpine Park, Charlotte  | T.C. Roberson      | 65  | Erin Kelley, T.C. Roberson     | 19:09.2              |
| 1999 | McAlpine Park, Charlotte  | T.C. Roberson      | 53  | Alicia Valtin, Western Harnett | 19:11.1              |
| 2000 | McAlpine Park, Charlotte  | T.C. Roberson      | 52  | Alicia Valtin, Western Harnett | 18:39.0              |
| 2001 | McAlpine Park, Charlotte  | Eastern Wayne      | 43  | Jessica Collins, Eastern Wayne | 18:28.5              |
| 2002 | Tanglewood, Clemmons      | T.C. Roberson      | 96  | Maggie Kovach, T.C. Roberson   | 19:38:50             |
| 2003 | Tanglewood, Clemmons      | Weddington         | 72  | Claire Duval, T.C. Roberson    | 19:55.64             |
| 2004 | Tanglewood, Clemmons      | T.C. Roberson      | 60  | Monique Jones, NW Cabarrus     | 19:42.04             |
| 2005 | Tanglewood, Clemmons      | T.C. Roberson      | 33  | Caroline Kirby, T.C. Roberson  | 19:15.85             |
| 2006 | Tanglewood, Clemmons      | T.C. Roberson      | 46  | Caroline Kirby, T.C. Roberson  | 19:09.34             |
| 2007 | Tanglewood, Clemmons      | T.C. Roberson      | 31  | Lindsey Ester, Williams        | 19:13.13             |
| 2008 | Tanglewood, Clemmons      | T.C. Roberson      | 57  | Kenyatta Iyerbele, Olympic     | 19:06.86             |
| 2009 | Tanglewood, Clemmons      | Chapel Hill        | 52  | Sarah Rapp, Cardinal Gibbons   | 19:29.50             |
| 2010 | Beeson Park, Kernersville | Cardinal Gibbons   | 82  | Sarah Rapp, Cardinal Gibbons   | 18:29.00             |
| 2011 | Beeson Park, Kernersville | Cardinal Gibbons   | 44  | Blake Dodge, West Carteret     | 18:50.29             |
| 2012 | Beeson Park, Kernersville | Cardinal Gibbons   | 31  | Mary Grace Doggett, Gibbons    | 18:02.82             |
| 2013 | Redmon Complex, K'ville   | Cardinal Gibbons   | 37  | Mary Grace Doggett, Gibbons    | 17:57.07             |
| 2014 | Redmon Complex, K'ville   | Cardinal Gibbons   | 42  | Anna Vess, A.C. Reynolds       | 18:44.81             |
| 2015 | Redmon Complex, K'ville   | Chapel Hill        | 32  | Anna Vess, A.C. Reynolds       | 18:49.57             |

## CLASS AAAA

| YEAR | SITE                      | CHAMPION          | PTS | INDIVIDUAL CHAMPION               | TIME     |
|------|---------------------------|-------------------|-----|-----------------------------------|----------|
| 1986 | McAlpine Park, Charlotte  | Grimsley          | 60  | Jamie Newnan, Chapel Hill         | 18:38.0  |
| 1987 | McAlpine Park, Charlotte  | Chapel Hill       | 73  | Cessy Hudson, East Burke          | 19:16.0  |
| 1988 | McAlpine Park, Charlotte  | Grimsley          | 53  | Silica Johnson, Grimsley          | 19:09.0  |
| 1989 | McAlpine Park, Charlotte  | Grimsley          | 49  | Tammy Carpenter, Smithfield-Selma | 18:55.0  |
| 1990 | McAlpine Park, Charlotte  | Watauga           | 55  | Tammy Carpenter, Smithfield-Selma | 18:44.7  |
| 1991 | McAlpine Park, Charlotte  | Providence        | 90  | Ami Herrman, Providence           | 18:44.0  |
| 1992 | McAlpine Park, Charlotte  | Watauga           | 86  | Ami Herrman, Providence           | 18:18.5  |
| 1993 | McAlpine Park, Charlotte  | Providence        | 88  | Frances Warner, E. E. Smith       | 18:44.5  |
| 1994 | McAlpine Park, Charlotte  | West Forsyth      | 115 | Addie Bower, Watauga              | 18:44.4  |
| 1995 | McAlpine Park, Charlotte  | Watauga           | 71  | Angie Morley, Chapel Hill         | 19:18.8  |
| 1996 | McAlpine Park, Charlotte  | West Forsyth      | 63  | Whitney Webber, West Forsyth      | 18:45.3  |
| 1997 | McAlpine Park, Charlotte  | Cary              | 64  | Julie Wilhelm, Hoggard            | 18:45.6  |
| 1998 | McAlpine Park, Charlotte  | Leesville Road    | 64  | Alisha Little, East Burke         | 18:13.6  |
| 1999 | McAlpine Park, Charlotte  | Southeast Raleigh | 95  | Casey McGraw, Freedom             | 18:01.3  |
| 2000 | McAlpine Park, Charlotte  | Eastern Wayne     | 122 | Ginger Wheeler, Mount Tabor       | 18:28.0  |
| 2001 | McAlpine Park, Charlotte  | Mount Tabor       | 71  | Carly Matthews, Mount Tabor       | 17:44.0  |
| 2002 | Tanglewood, Clemmons      | Mount Tabor       | 64  | Katherine Merrill, Durham Jordan  | 19:10:15 |
| 2003 | Tanglewood, Clemmons      | Providence        | 70  | Katherine Merrill, Durham Jordan  | 19:25.55 |
| 2004 | Tanglewood, Clemmons      | Providence        | 56  | Lindsey Nadolski, Chapel Hill     | 19:17.73 |
| 2005 | Tanglewood, Clemmons      | Chapel Hill       | 60  | Callan Fike, Athens Drive         | 18:53.84 |
| 2006 | Tanglewood, Clemmons      | Chapel Hill       | 40  | Kim Spano, North Mecklenburg      | 18:20.92 |
| 2007 | Tanglewood, Clemmons      | Chapel Hill       | 85  | Kim Spano, North Mecklenburg      | 18:59.35 |
| 2008 | Tanglewood, Clemmons      | East Chapel Hill  | 94  | Kim Spano, North Mecklenburg      | 18:04.02 |
| 2009 | Tanglewood, Clemmons      | Green Hope        | 47  | Laura Hoer, T.C. Roberson         | 18:13.01 |
| 2010 | Beeson Park, Kernersville | Green Hope        | 34  | Darby Middlebrook, Watauga        | 17:52.16 |
| 2011 | Beeson Park, Kernersville | Green Hope        | 37  | Samantha George, Millbrook        | 17:27.19 |
| 2012 | Beeson Park, Kernersville | Green Hope        | 83  | Megan Sullivan, Broughton         | 17:48.03 |
| 2013 | Redmond Complex, K'ville  | Green Hope        | 81  | Kayla Montgomery, Mount Tabor     | 17:29.12 |
| 2014 | Redmond Complex, K'ville  | Green Hope        | 45  | Elly Henes, Green Hope            | 18:02.47 |
| 2015 | Redmond Complex, K'ville  | Cardinal Gibbons  | 63  | Nevada Moreno, Leesville Road     | 17:46.50 |