2016 3A NCHSAA INDOOR TRACK & FIELD STATE CHAMPIONSHIP MEET SCHEDULE FERUARY 12, 2016 FRIDAY AFTERNOON

| 2:30 | Facility opens for Coaches and athletes |
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| 2:30 | Packets available for Coaches |
| 2:40-3:00 | Pole Vaulters (Men & Women) weigh in |
| 3:00-3:55 | Pole Vaulters (Men & Women) warm-up |
| 3:00 | Meeting for Officials |
| 3:15 | Meeting for Coaches |
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4:00 FIELD EVENTS BEGIN

Men's Pole Vault
Women's Pole Vault
Women's High Jump followed by Men's High Jump
Women's Long Jump followed by Women's Triple Jump
Men's Long Jump followed by Men's Triple Jump follows
Men's Wheelchair Shot Put followed by Women's Wheelchair Shot Put
Men's Shot Put follows Women's Wheelchair Shot Put

RUNNING EVENTS:

Women's Shot Put follows Men's Shot Put

3200 Meter Relay Finals (Women Followed By Men)
55 Meter Hurdles Semi-Finals (Women Followed By Men)
55 Meter Dash Semi-Finals (Women Followed By Men)
55 Meter Dash Wheelchair (Women Followed By Men)
55 Meter Hurdles Finals (Women Followed By Men)
55 Meter Dash Finals (Women Followed By Men)
800 Meter Relay Finals (Women Followed By Men)
1600 Meter Run Finals (Women Followed By Men)
500 Meter Run Finals (Women Followed By Men)
1000 Meter Run Finals (Women Followed By Men)
300 Meter Dash Finals (Women Followed By Men)
3200 Meter Run Finals (Women Followed By Men)
1600 Meter Relay Finals (Women Followed By Men)

4:00