

# 2016 NCHSAA STUDENT LEADERSHIP CONFERENCE



Student Athlete Registration Packet

**APRIL 16, 2016** 

Doubletree by Hilton Hotel 4810 Page Creek Rd Durham, NC 27703

Hosted by the 2015-2016 Student Athlete Advisory Council

# Saturday, April 16, 2016 Doubletree by Hilton Hotel-RDU Airport, Research Triangle Park

The North Carolina High School Athletic Association invites each of our member schools to register for the Student Leadership Conference (SLC)! Our hope is that student-athletes will (1) further develop their understanding of positive leadership; (2) gain the knowledge and skills to effectively lead their peers; (3) acquire a general understanding of the importance of community service, positive values, sportsmanship, healthy lifestyles and self-evaluation; and (4) feel empowered to serve as advocates for their school, community and state. This **one-day** conference is a great opportunity for them to take steps in the right direction of achieving new levels of leadership.

The 2016 SLC will be held in Durham, NC at the quaint Doubletree Hotel. We invite 150 student-athletes to participate in a day of fun, learning, sharing, and growing with our prestigious keynote speaker and session leaders. Each presentation and breakout session uniquely combines interactive learning with fun and excitement.

Schools can register up to **two student-athletes** who exemplify leadership characteristics or show great potential to be leaders amongst their peers. We also invite one adult chaperone (coach, Athletic Director, Principal, etc.) to accompany the student leaders. The SLC will include three breakout sessions and two exciting keynote presentations. Each participant will be **required to attend all sessions**. There is one required breakout session and three others from which to choose.

In lieu of a registration fee, we ask that each participant bring at least <u>two canned goods or non-perishable food items</u> to contribute to a NC Food Bank.

We sincerely hope that you will give your student-athletes the opportunity to "Lead the Pack!"

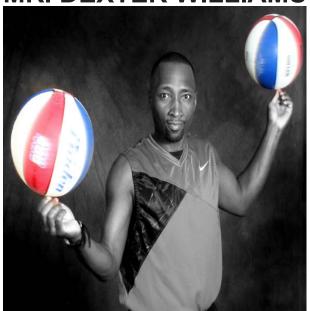
### PLEASE REGISTER BY MARCH 25, 2016

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CONFE	RENCE	SCHEDU	JLE

COM EXEMPLE		
9:00AM	REGISTRATION	
9:30AM – 10:30AM	WELCOME/OPENING KEYNOTE	
10:40AM - 11:30AM	1 <sup>ST</sup> BREAKOUT SESSIONS	
11:40AM - 12:30PM	2 <sup>ND</sup> BREAKOUT SESSIONS	
12:35PM	LUNCH	
1:30PM - 2:20PM	3RD BREAKOUT SESSIONS	
2:30PM - 3:20PM	CLOSING KEYNOTE	
3:30PM - 4:00PM	FINAL REMARKS/EVALUATIONS	

## OPENING KEYNOTE SPEAKER

## MR. DEXTER WILLIAMS



Dexter Williams is a motivational speaker that travels the world delivering his message of "Living your Dreams". His inspirational message combined with a unique basketball presentation has captivated audiences for the last 20 years. Dexter uses his own life experiences of overcoming obstacles as an example to encourage audiences of all ages. Dexter played college basketball at Clinton Junior College where he was a two-time Academic and Basketball All-American. Dexter continued his college basketball career at Hampton University where he broke every 3 point record in Hampton University's history. He continues to hold the 3 point shooting record for

most 3 pointers in one game. He continued his basketball career overseas with Christian basketball teams including Athletes in Action, Spirit Express and Sports Ambassadors to several countries including Taiwan, Romania, Argentina and China. He traveled professionally with the Harlem Legends, a group of the Harlem Globetrotters, where he was named one of the "World's Best Basketball handlers".

# **CLOSING KEYNOTE SPEAKER**

## MR. KWAIN BRYANT

Kwain Bryant is a keynote presenter, program developer, and training specialist with Empowerment Exchange. He is an "educator" in every sense of the word. Mr. Bryant presents at local, regional, and national events. He is a native of Garner, North Carolina and currently resides in Charlotte, North Carolina. Kwain is a graduate of North Carolina Central University, the place in which he developed his passion for Health Education and empowering others. After receiving several awards for his work in the Human Service Field, Kwain founded Empowerment Exchange in 2001. It has been quoted that Mr. Bryant has the uncanny ability to speak with both adults and



teens with skill and ease. As a highly sought after speaker and trainer, Kwain is known for his energetic and enthusiastic presentations. Mr. Bryant believes that knowledge is power but enthusiasm is the switch that turns it on. All of his presentations are designed to be responsive, timely and engaging.

Submit application no later than MARCH 25, 2016

## **Breakout Sessions and Presenters**

#### Ms. PJ Taylor, Retired Coach and Teacher; Lead NCHSAA Facilitator

### Required Session: Leadership and Influence

This session will focus on defining and understanding your leadership position and abilities. Participants will explore the positive and negative consequences of influence and discover how to effectively evoke change to achieve positive results.

# Ms. Kayla Austin, Marketing Coordinator at Fleet Feet Sports, former NCHSAA intern

#### Session: The Transition: From High School Student-Athlete to College Student

The transition from high school to college is difficult for any student, but it can be even more difficult for the student-athlete who does not play at the collegiate level. No longer is there an athletic team that one can fall back on as a source of friendship and camaraderie. This session will explore the transition from being a student-athlete to a regular student and ways to get involved on college campus's that will assist the transition from high school to college. We will focus on time management skills, resources on campus, and the other interest you might have outside of athletics that you can explore during the





Ms. Teresa Coleman, Assistant Principal at East Bladen High School, NCHSAA Facilitator and SASI Regional Director

Session: Teaming for Success: Building Positive Coach/Athlete Relationships

Learning to work together is critical for athletic teams to succeed. Perhaps one of the most important aspects of this team effort hinges upon a positive coach/athlete relationship. In this session, we'll examine some realities of working with teens, evaluate how teens view adults, and consider strategies for communicating expectations so everyone feels respected. We'll focus on building win-win relationships!

# Mr. Omari Pearson, Founder and President of Passion to Purpose, LLC; NFHS Consultant and Trainer

#### Session: Social Media and Your Digital Identity

In today's society social media has dominated the time and interest of high school student athletes across America and beyond. In this session, students will learn how to better position themselves and their peers through social media so their digital identity mirrors their long term dreams and goals.

