Football - Team Defense - Fewest First Downs Allowed

| Graham | 0 | vs. Rockingham Co. | W 35-0 | 10/6/00 | |
|-----------------|---|---------------------------|--------|---|--|
| Graham | 0 | vs. North Moore | W 70-0 | 10/13/00 North Moore: -88 yards total offense | |
| Tarboro | 0 | vs. A.L. Brown | | 1984 | |
| Jordan-Matthews | 0 | vs. Southwestern Randolph | | 1992 | |
| North Pitt | 0 | vs. Jamesville | W 53-0 | 1994 Jamesville: -33 yards total offense | |
| Hickory | 0 | vs. Taylorsville | | 1960 Taylorsville: -26 yards total offense | |
| Roanoke | 0 | vs. Creswell | W 56-0 | 1995 Creswell: -11 yards total offense | |
| Anson | 0 | vs. Lumberton | W 55-0 | 1995 | |
| North Edgecombe | 0 | vs. Jamesville | | 1994 | |
| North Edgecombe | 0 | vs. Jamesville | W 60-0 | 1992 | |
| Oxford Webb | 0 | vs. Northwest Halifax | W 67-0 | 1996 | |
| Esat Duplin | 0 | vs. C.B. Aycock | | 1995 | |
| Northern Nash | 0 | vs. Southern Nash | W 66-0 | 2001 Southern Nash: 10 yards total offense | |
| West Wilkes | 0 | Alleghany | W 43-0 | 10/15/05 | |
| Olympic | 0 | vs. Harding | W 55-0 | 11/1/13 Harding: -17 yards total offense | |
| | | | | | |