



Get in the game

don't be left on the sidelines!

About the NCHSAA

Mission and Vision

Mission
- Governance
- Leadership
- Enrich educational experience

Vision
- National model
- Develop and inspire greatness through athletics



Core VALUES

Sportsmanship

Integrity

Fair Play

Honesty

Respect

Equity

Fair Competition

Development of Student-Athletes

Student-Athlete Eligibility



Restrictions

- Must be under 19 years of age prior to August 31
- No more than 8 consecutive semesters
- No more than 4 seasons in a sport
- No felony convictions



Academics & Attendance

- Must be enrolled and attending
- Must pass a minimum load
- Must meet local promotion standards
- Must meet local attendance policy



Residence

- Must live in the administrative unit
- Must live with
 - Parents
 - Sole parent
 - A parent the majority of time
 - Legal custodian

Requirements



Medical

- Must have physical examination every 395 days
- Must have "Return to Play" form for returning to practice after injury and/or concussion



School

- Complete eligibility forms
- Conduct mandatory parent/guardian pre season meeting
- Have parents and students sign "Eligibility and Authorization Statement"
- Pay membership and catastrophic insurance dues

North Carolina High School Athletic Association

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