

2015 REGIONAL TRACK TIME SCHEDULES

REGIONAL	HOST SCHOOL(S)	DIRECTOR(S)	DIRECTOR'S EMAIL
1A EAST	MANTEO	MIKE TWIGG	twiggmi@daretolearn.org
1A MIDEAST	VOYAGER ACADEMY	NORTH CENTRAL ATHLETIC CONF	dharris@voyageracademy.net
1A MIDWEST	SURRY CENTRAL	JASON BRYANT	runningmtn.goat@yahoo.com
1A WEST	LINCOLN CHARTER	JOSH WILLIAMS	josh.williams@lincolncharter.org
2A EAST	WASHINGTON	TOBY MCMAHON	tmcmahon@beaufort.k12.nc.us
2A MIDEAST	NCSSM/CARRBORO/DSA	CHARLIE PAYNE/MIMI O'GRADY/CHRIS HUGGINS	coachpayne@aol.com/mimiogrady@gmail.com/christopher.huggins@dpsnc.net
2A MIDWEST	SURRY CENTRAL	JASON BRYANT	runningmtn.goat@yahoo.com
2A WEST	FREEDOM	LAURA MCGLAMERY	lmcglamery@burke.k12.nc.us
3A EAST	NORTHERN NASH	JEFF DODRILL	Coachd1967@yahoo.com
3A MIDEAST	NORTHWOOD	RICHARD MCDONALD	Rmcdonald1950@hotmail.com
3A MIDWEST	TBD	TBD	TBD
3A WEST	FREEDOM	LAURA MCGLAMERY	lmcglamery@burke.k12.nc.us
4A EAST	SOUTH VIEW	JESSE AUTRY	coachjesseautry@yahoo.com
4A MIDEAST	GREEN HOPE	MIKE MIRAGLIUOLO	mmiragliuolo@wcpss.net
4A MIDWEST	NORTHWEST GUILFORD	PAUL EGLESTON	eglestp@gcsnc.com
4A WEST	PROVIDENCE	STEVE TOURANJOE	steven.touranjoe@cms.k12.nc.us