

## Women's Indoor Track & Field Individual Event Champions

\* - denotes meet held outdoors, not indoor

| 60 Yard / 55 Meter Dash      |                  |                    |      |                    |                     |                    |                     |                    |      |
|------------------------------|------------------|--------------------|------|--------------------|---------------------|--------------------|---------------------|--------------------|------|
| Became 55 Meter Dash in 1995 |                  |                    |      |                    |                     |                    |                     |                    |      |
| Open Classification          |                  |                    |      |                    |                     |                    |                     |                    |      |
| 1987                         | Nickie Harris    | Richmond           | 7.38 | 1997               | Aspen Powell        | Pinecrest          | 7.22                |                    |      |
| 1988                         | Marlene Poole    | Grimsley           | 7.27 | 1998               | Demetria Washington | Terry Sanford      | 7.20                |                    |      |
| 1989                         | Marlene Poole    | Dudley             | 7.14 | 1999               | Lasonia Collins     | Independence       | 7.10                |                    |      |
| 1990                         | Alice Vinson     | Sun Valley         | 7.23 | 2000               | Kiki Collins        | Grimsley           | 7.15                |                    |      |
| 1991                         | Lynetta Golden   | South Stokes       | 7.08 | 2001               | Tempess Stark       | Northwest Cabarrus | 7.26                |                    |      |
| 1992                         | Monique Wilkins  | North Forsyth      | 7.34 | 2002               | Tempess Stark       | Northwest Cabarrus | 7.20                |                    |      |
| 1993                         | Toi Wilson       | D.H. Conley        | 7.14 | 2003               | Tempess Stark       | Northwest Cabarrus | 7.09                |                    |      |
| 1994                         | Sabrina Thompson | Fike               | 7.16 | 2004               | Portia Baker        | Southwest Guilford | 7.13                |                    |      |
| 1995                         | Sabrina Thompson | Fike               | 7.15 | 2005               | Chalonda Silver     | Rocky Mount        | 7.10                |                    |      |
| 1996                         | Sabrina Thompson | Fike               | 7.00 | 2006               | Gabby Mayo          | Southeast Raleigh  | 6.87                |                    |      |
| 1A/2A/3A                     |                  |                    |      | 4A                 |                     |                    |                     |                    |      |
| 2007                         | Kelsey McCorkle  | South Central      | 7.11 | Gabby Mayo         | Southeast Raleigh   | 6.87               |                     |                    |      |
| 2008                         | Stormy Kendrick  | Forestview         | 7.02 | Nyosha Bryant      | West Charlotte      | 6.94               |                     |                    |      |
| 2009                         | Stormy Kendrick  | Forestview         | 7.04 | Dominique Weathers | Vance               | 7.04               |                     |                    |      |
| 2010                         | Erin Tucker      | J.M. Robinson      | 7.19 | Ebony Scott        | Southeast Raleigh   | 7.00               |                     |                    |      |
| 2011                         | Zikeena Parker*  | Rocky Mount        | 7.28 | Olicia Sharp*      | Wakefield           | 7.21               |                     |                    |      |
| 2012                         | Paisley Simmons  | T.W. Andrews       | 7.17 | Jden Williams      | Wakefield           | 6.96               |                     |                    |      |
| 2013                         | Paisley Simmons  | T.W. Andrews       | 7.17 | Sabrina Moore      | North Mecklenburg   | 7.10               |                     |                    |      |
| 1A/2A                        |                  |                    |      | 3A                 |                     |                    |                     | 4A                 |      |
| 2014                         | Reneazia Collins | Monroe             | 7.24 | Kylie McMillian    | Southern Guilford   | 7.25               | Charminique Hackney | Cary               | 7.05 |
| 2015                         | Deonica Reid     | Winston-Salem Prep | 7.23 | Alex Council       | Northwood           | 7.17               | Sydnei Murphy       | Apex               | 6.95 |
| 2016                         | Tajah Walston    | Cummings           | 7.26 | Natasha Johnson    | Eastern Wayne       | 7.21               | Tamara Clark        | High Point Central | 7.04 |

| 300 Yard / 300 Meter Dash     |                  |                    |       |                   |                     |                    |                   |                    |       |
|-------------------------------|------------------|--------------------|-------|-------------------|---------------------|--------------------|-------------------|--------------------|-------|
| Became 300 Meter Dash in 1995 |                  |                    |       |                   |                     |                    |                   |                    |       |
| Open Classification           |                  |                    |       |                   |                     |                    |                   |                    |       |
| 1987                          | Alisa Foust      | Jacksonville       | 38.30 | 1997              | Crystal Cox         | Pine Forest        | 40.56             |                    |       |
| 1988                          | Marlene Poole    | Grimsley           | 37.04 | 1998              | Demetria Washington | Terry Sanford      | 40.44             |                    |       |
| 1989                          | Marlene Poole    | Dudley             | 36.47 | 1999              | Lasonia Collins     | Independence       | 40.19             |                    |       |
| 1990                          | Tonya Avery      | Jacksonville       | 37.72 | 2000              | Carol Merritt       | Garner             | 41.40             |                    |       |
| 1991                          | Tonya Avery      | Jacksonville       | 37.71 | 2001              | Tempess Stark       | Northwest Cabarrus | 42.41             |                    |       |
| 1992                          | Katrina Jarrett  | North Rowan        | 38.40 | 2002              | Portia Baker        | Southwest Guilford | 41.07             |                    |       |
| 1993                          | Toi Wilson       | D.H. Conley        | 37.52 | 2003              | Portia Baker        | Southwest Guilford | 39.87             |                    |       |
| 1994                          | Sabrina Thompson | Fike               | 37.40 | 2004              | Portia Baker        | Southwest Guilford | 39.55             |                    |       |
| 1995                          | Crystal Cox      | Pine Forest        | 40.46 | 2005              | Felicia Paulding    | Harding            | 40.73             |                    |       |
| 1996                          | Crystal Cox      | Pine Forest        | 41.09 | 2006              | Gabby Mayo          | Southeast Raleigh  | 38.94             |                    |       |
| 1A/2A/3A                      |                  |                    |       | 4A                |                     |                    |                   |                    |       |
| 2007                          | Kelsey McCorkle  | South Central      | 40.22 | Gabrielle Glenn   | Providence          | 40.45              |                   |                    |       |
| 2008                          | Radiane Basden   | Western Guilford   | 40.65 | Nyosha Bryant     | West Charlotte      | 41.23              |                   |                    |       |
| 2009                          | Trisha Bennett   | Winston-Salem Prep | 40.39 | Taylor Dewberry   | Mount Tabor         | 40.32              |                   |                    |       |
| 2010                          | Breahna Morrison | Weddington         | 41.26 | Ariah Graham      | Wakefield           | 39.85              |                   |                    |       |
| 2011                          | Briana Haith*    | Granville Central  | 39.94 | Ariah Graham*     | Wakefield           | 39.17              |                   |                    |       |
| 2012                          | Briana Haith     | Granville Central  | 39.81 | Tyler Brockington | Dudley              | 39.25              |                   |                    |       |
| 2013                          | Reneazia Collins | Monroe             | 40.56 | Tyra Lee          | Wakefield           | 38.76              |                   |                    |       |
| 1A/2A                         |                  |                    |       | 3A                |                     |                    |                   | 4A                 |       |
| 2014                          | Shakai Ward      | Elkin              | 41.60 | Cambria Shuford   | Statesville         | 41.43              | Ama-Selina Tchume | Providence         | 39.21 |
| 2015                          | Shakai Ward      | Elkin              | 41.81 | Courtney Warner   | C.B. Aycock         | 40.67              | Ebony Williams    | Parkland           | 39.06 |
| 2016                          | Tajah Walston    | Cumming            | 40.95 | Kev'via Copening  | Ledford             | 40.80              | Tamara Clark      | High Point Central | 39.23 |

| 600 Yard / 500 Meter Dash     |                   |                       |         |                    |                     |                   |                  |          |         |
|-------------------------------|-------------------|-----------------------|---------|--------------------|---------------------|-------------------|------------------|----------|---------|
| Became 500 Meter Dash in 1995 |                   |                       |         |                    |                     |                   |                  |          |         |
| Open Classification           |                   |                       |         |                    |                     |                   |                  |          |         |
| 1987                          | Tomi Ogunba       | East Mecklenburg      | 1:30.50 | 1997               | Kiona Kirkpatrick   | Providence        | 1:19.25          |          |         |
| 1988                          | Tomi Ogunba       | East Mecklenburg      | 1:28.10 | 1998               | Demetria Washington | Terry Sanford     | 1:17.42          |          |         |
| 1989                          | Leslie McCaskill  | East Mecklenburg      | 1:28.72 | 1999               | Tondra White        | Olympic           | 1:20.58          |          |         |
| 1990                          | Marlene Poole     | Dudley                | 1:29.14 | 2000               | Daniello David      | Seventy-First     | 1:21.02          |          |         |
| 1991                          | Frances Morgan    | East Mecklenburg      | 1:30.36 | 2001               | Samantha Murillo    | Davie County      | 1:18.15          |          |         |
| 1992                          | Bridget Johnson   | Ben L. Smith          | 1:30.80 | 2002               | Jeretha Massey      | Ben L. Smith      | 1:18.03          |          |         |
| 1993                          | Michelle McRae    | Williams              | 1:27.10 | 2003               | Carlitha Sturdivant | Independence      | 1:18.05          |          |         |
| 1994                          | Keeya McManus     | Olympic               | 1:31.80 | 2004               | Janet Carruthers    | Harding           | 1:19.59          |          |         |
| 1995                          | Crystal Cox       | Pine Forest           | 1:17.53 | 2005               | Ebonie Cunningham   | Southeast Raleigh | 1:16.45          |          |         |
| 1996                          | Florencia Hunt    | Hillside              | 1:17.87 | 2006               | Lynda Hiller        | Apex              | 1:18.11          |          |         |
| 1A/2A/3A                      |                   |                       |         | 4A                 |                     |                   |                  |          |         |
| 2007                          | Erika Charles     | Durham School of Arts | 1:17.36 | Ebonie Cunningham  | Southeast Raleigh   | 1:14.41           |                  |          |         |
| 2008                          | Brandy Swann      | Jacksonville          | 1:19.08 | Lauren Guley       | Mallard Creek       | 1:17.33           |                  |          |         |
| 2009                          | Kaneisha Williams | Dudley                | 1:17.39 | Sanura Eley-O'Reil | Jack Britt          | 1:15.89           |                  |          |         |
| 2010                          | Francesca Evans   | Cummings              | 1:17.04 | T'Shelia Mungo     | Independence        | 1:15.53           |                  |          |         |
| 2011                          | Sage Proffitt*    | North Buncombe        | 1:18.99 | Keni Harrison*     | Clayton             | 1:16.26           |                  |          |         |
| 2012                          | Sage Proffitt     | North Buncombe        | 1:17.53 | Tiana Patillo      | Wakefield           | 1:17.29           |                  |          |         |
| 2013                          | Maya Evans        | Fike                  | 1:16.50 | Layla White        | Cary                | 1:14.94           |                  |          |         |
| 1A/2A                         |                   |                       |         | 3A                 |                     |                   |                  | 4A       |         |
| 2014                          | Reneazia Collins  | Monroe                | 1:19.09 | Kacie Hicks        | Marvin Ridge        | 1:20.84           | Layla White      | Cary     | 1:15.12 |
| 2015                          | Wimi Gbadegesin   | Durham School of Arts | 1:21.37 | Cambria Shuford    | Statesville         | 1:18.24           | Layla White      | Cary     | 1:14.10 |
| 2016                          | Julia Grainda     | Comm. School Davidson | 1:21.60 | Mackenzie Whitaker | West Carteret       | 1:21.13           | McKinley McNeill | Parkland | 1:14.24 |

| 1000 Yard / 1000 Meter Dash    |                  |                       |         |                    |                   |                   |                   |                |         |
|--------------------------------|------------------|-----------------------|---------|--------------------|-------------------|-------------------|-------------------|----------------|---------|
| Became 1000 Meter Dash in 1995 |                  |                       |         |                    |                   |                   |                   |                |         |
| Open Classification            |                  |                       |         |                    |                   |                   |                   |                |         |
| 1987                           | Kerry Porter     | Jordan                | 2:57.40 |                    | 1997              | Jennifer Dimsdale | Polk County       | 3:10.56        |         |
| 1988                           | Tomi Ogunba      | East Mecklenburg      | 2:51.07 |                    | 1998              | Jennifer Dimsdale | Polk County       | 3:08.77        |         |
| 1989                           | Amy Neal         | East Forsyth          | 2:50.66 |                    | 1999              | Karen Medlin      | Athens Drive      | 3:09.64        |         |
| 1990                           | Trudy Stallings  | Dudley                | 2:49.55 |                    | 2000              | Karen Medlin      | Athens Drive      | 3:11.30        |         |
| 1991                           | Karen Godlock    | Polk County           | 2:50.28 |                    | 2001              | Karen Medlin      | Broughton         | 3:07.32        |         |
| 1992                           | Mia Richardson   | McMichael             | 2:46.19 |                    | 2002              | Julia Lucas       | Myers Park        | 2:56.73        |         |
| 1993                           | Ami Herrman      | Providence            | 2:49.67 |                    | 2003              | Krystle Medlin    | Southeast Raleigh | 3:05.54        |         |
| 1994                           | Laura Hughes     | Sun Valley            | 2:47.20 |                    | 2004              | Krystle Medlin    | Southeast Raleigh | 3:05.85        |         |
| 1995                           | Mandy Becker     | Fuquay-Varina         | 3:10.06 |                    | 2005              | Callan Fike       | Athens Drive      | 3:07.03        |         |
| 1996                           | Mandy Becker     | Fuquay-Varina         | 3:06.08 |                    | 2006              | Katie Fields      | Pinecrest         | 3:01.50        |         |
| 1A/2A/3A                       |                  |                       |         | 4A                 |                   |                   |                   |                |         |
| 2007                           | Heather Beichner | Cardinal Gibbons      | 3:10.26 | Amanda Lapp        | Southeast Raleigh | 3:02.45           |                   |                |         |
| 2008                           | Laura Hoer       | T.C. Roberson         | 3:05.49 | Marya Slater       | West Johnston     | 3:09.07           |                   |                |         |
| 2009                           | Ryanna Henderson | Jacksonville          | 3:03.22 | Maraya Slater      | West Johnston     | 3:04.74           |                   |                |         |
| 2010                           | Destine Kirkman  | Harding University    | 3:08.66 | Becca Deloache     | Myers Park        | 2:56.70           |                   |                |         |
| 2011                           | Sarah Rapp*      | Cardinal Gibbons      | 3:06.43 | Jennie Cunningham* | Pinecrest         | 3:02.98           |                   |                |         |
| 2012                           | Emily Vance      | Overhills             | 3:08.46 | Jennie Cunningham  | Pinecrest         | 2:57.41           |                   |                |         |
| 2013                           | Blake Dodge      | West Carteret         | 3:01.59 | Jennie Cunningham  | Pinecrest         | 2:57.46           |                   |                |         |
| 1A/2A                          |                  |                       |         | 3A                 |                   |                   | 4A                |                |         |
| 2014                           | Malia Ellington  | Comm. School Davidson | 2:59.72 | Blake Dodge        | West Carteret     | 2:58.25           | Nevada Mareno     | Leesville Road | 2:56.24 |
| 2015                           | Malia Ellington  | Comm. School Davidson | 3:09.14 | Naomi Cartier      | Asheville         | 3:02.59           | Nevada Mareno     | Leesville Road | 2:53.81 |
| 2016                           | Alex Rodman      | First Flight          | 3:02.92 | Anna Passannante   | Chapel Hill       | 2:58.37           | G'Jasmyne Butler  | Leesville Road | 2:58.33 |

| 1 Mile / 1600 Meter Run       |                  |                       |         |                   |                     |                |               |                |         |
|-------------------------------|------------------|-----------------------|---------|-------------------|---------------------|----------------|---------------|----------------|---------|
| Became 1600 Meter Run in 1995 |                  |                       |         |                   |                     |                |               |                |         |
| Open Classification           |                  |                       |         |                   |                     |                |               |                |         |
| 1987                          | Stacey Watkins   | Grimsley              | 5:14.50 | 1997              | Jennifer Dimsdale   | Polk County    | 5:21.53       |                |         |
| 1988                          | Cessy Hudson     | East Burke            | 5:23.61 | 1998              | Sarah Vance Goodman | T.C. Roberson  | 5:12.26       |                |         |
| 1989                          | Leslie McCaskill | East Mecklenburg      | 5:33.70 | 1999              | Alisha Little       | East Burke     | 5:13.10       |                |         |
| 1990                          | Andrea Bailey    | Millbrook             | 5:23.36 | 2000              | Casey McGraw        | Freedom        | 5:16.93       |                |         |
| 1991                          | Andrea Bailey    | Millbrook             | 5:14.70 | 2001              | Katherine Merrill   | Jordan         | 5:21.00       |                |         |
| 1992                          | Karen Godlock    | Polk County           | 5:18.40 | 2002              | Erika Schneble      | Hendersonville | 5:06.16       |                |         |
| 1993                          | Karen Godlock    | Polk County           | 5:09.12 | 2003              | Taylor Steelman     | Mount Tabor    | 5:16.99       |                |         |
| 1994                          | Frances Wagner   | E.E. Smith            | 5:18.50 | 2004              | Katie Fields        | Pinecrest      | 5:14.83       |                |         |
| 1995                          | Mandy Becker     | Fuquay-Varina         | 5:12.43 | 2005              | Callan Fike         | Athens Drive   | 5:20.50       |                |         |
| 1996                          | Mandy Becker     | Fuquay-Varina         | 5:14.88 | 2006              | Callan Fike         | Athens Drive   | 5:16.24       |                |         |
| 1A/2A/3A                      |                  |                       |         | 4A                |                     |                |               |                |         |
| 2007                          | Kylie Smith      | T.C. Roberson         | 5:25.96 | Callan Fike       | Athens Drive        | 5:11.93        |               |                |         |
| 2008                          | Ryanna Henderson | Jacksonville          | 5:18.37 | Andie Cozzarelli  | Apex                | 5:10.21        |               |                |         |
| 2009                          | Laura Hoer       | T.C. Roberson         | 5:18.27 | Samantha George   | Millbrook           | 5:13.94        |               |                |         |
| 2010                          | Sarah Rapp       | Cardinal Gibbons      | 5:19.31 | Samantha George   | Millbrook           | 5:03.82        |               |                |         |
| 2011                          | Sarah Rapp*      | Cardinal Gibbons      | 5:14.63 | Lauren Colberg*   | Green Hope          | 5:12.89        |               |                |         |
| 2012                          | Blake Dodge      | West Carteret         | 5:09.54 | Darby Middlebrook | Watauga             | 5:01.72        |               |                |         |
| 2013                          | Blake Dodge      | West Carteret         | 5:12.35 | Maura McDonald    | Green Hope          | 5:10.30        |               |                |         |
| 1A/2A                         |                  |                       |         | 3A                |                     |                | 4A            |                |         |
| 2014                          | Malia Ellington  | Comm. School Davidson | 4:58.43 | Blake Dodge       | West Carteret       | 5:08.12        | Blair Ramsey  | Grimsley       | 4:59.41 |
| 2015                          | Malia Ellington  | Comm. School Davidson | 5:35.27 | Alexa King        | Marvin Ridge        | 5:09.90        | Nevada Mareno | Leesville Road | 4:57.77 |
| 2016                          | Brittany Stanley | Mount Pleasant        | 5:08.46 | Alexa King        | Marvin Ridge        | 5:12.10        | Blair Ramsey  | Grimsley       | 5:01.83 |

| 2 Mile / 3200 Meter Run       |                     |                       |          |                  |                     |               |                  |             |          |
|-------------------------------|---------------------|-----------------------|----------|------------------|---------------------|---------------|------------------|-------------|----------|
| Became 3200 Meter Run in 1995 |                     |                       |          |                  |                     |               |                  |             |          |
| Open Classification           |                     |                       |          |                  |                     |               |                  |             |          |
| 1987                          | Stacey Watkins      | Grimsley              | 11:29.60 | 1997             | Fran Lattie         | Lumberton     | 12:00.92         |             |          |
| 1988                          | Silica Johnson      | Grimsley              | 12:03.00 | 1998             | Sarah Vance Goodman | T.C. Roberson | 10:48.48         |             |          |
| 1989                          | Windi McIntire      | Watauga               | 11:53.19 | 1999             | Alisha Little       | East Burke    | 11:16.20         |             |          |
| 1990                          | Silica Johnson      | Grimsley              | 11:25.10 | 2000             | Casey McGraw        | Freedom       | 11:28.27         |             |          |
| 1991                          | Andrea Bailey       | Millbrook             | 11:32.45 | 2001             | Ginger Wheeler      | Mount Tabor   | 11:41.80         |             |          |
| 1992                          | Karen Godlock       | Polk County           | 11:15.70 | 2002             | Carly Matthews      | Mount Tabor   | 10:52.67         |             |          |
| 1993                          | Karen Godlock       | Polk County           | 11:25.24 | 2003             | Amy Dibianca        | Mount Tabor   | 11:27.10         |             |          |
| 1994                          | Meredith Faircloth  | Broughton             | 12:13.30 | 2004             | Alissa Wilke        | Providence    | 11:30.97         |             |          |
| 1995                          | Mandy Becker        | Fuquay-Varina         | 11:22.68 | 2005             | Alissa Wilke        | Providence    | 11:29.37         |             |          |
| 1996                          | Erin Musson         | Wilkes Central        | 11:56.16 | 2006             | Caroline Kirby      | T.C. Roberson | 11:25.02         |             |          |
| 1A/2A/3A                      |                     |                       |          | 4A               |                     |               |                  |             |          |
| 2007                          | Kathryn Dispennette | T.C. Roberson         | 11:49.31 | Andie Cozzarelli | Apex                | 11:29.79      |                  |             |          |
| 2008                          | Lindsay Ester       | Williams              | 11:31.21 | Andie Cozzarelli | Apex                | 11:23.53      |                  |             |          |
| 2009                          | Sarah Rapp          | Cardinal Gibbons      | 11:46.85 | Kim Spano        | North Mecklenburg   | 11:10.25      |                  |             |          |
| 2010                          | Sarah Rapp          | Cardinal Gibbons      | 11:39.15 | Lexie Schustrom  | Pinecrest           | 11:10.25      |                  |             |          |
| 2011                          | Sarah Rapp*         | Cardinal Gibbons      | 11:27.59 | Julie Swaim*     | Reagan              | 11:10.31      |                  |             |          |
| 2012                          | Mary Grace Doggett  | Cardinal Gibbons      | 11:36.58 | Anna McBride     | Davie County        | 11:04.51      |                  |             |          |
| 2013                          | Mary Grace Doggett  | Cardinal Gibbons      | 11:13.85 | Bianca Bishop    | Providence          | 11:15.23      |                  |             |          |
| 1A/2A                         |                     |                       |          | 3A               |                     |               | 4A               |             |          |
| 2014                          | Malia Ellington     | Comm. School Davidson | 11:27.96 | Sophie Ebihara   | Cardinal Gibbons    | 10:55.82      | Kayla Montgomery | Mount Tabor | 10:43.87 |
| 2015                          | Malia Ellington     | Comm. School Davidson | 11:19.82 | Sophie Ebihara   | Cardinal Gibbons    | 11:13.93      | Elly Henes       | Green Hope  | 10:43.45 |
| 2016                          | Brittany Stanley    | Mount Pleasant        | 11:27.81 | Anna Vess        | A.C. Reynolds       | 10:57.71      | Sara Platek      | Ragsdale    | 10:31.94 |

| 60 Yard Hurdles / 55 Meter High Hurdles |                   |               |      |                  |                    |                  |                   |                   |      |
|-----------------------------------------|-------------------|---------------|------|------------------|--------------------|------------------|-------------------|-------------------|------|
| Became 55 Meter High Hurdles in 1995    |                   |               |      |                  |                    |                  |                   |                   |      |
| Open Classification                     |                   |               |      |                  |                    |                  |                   |                   |      |
| 1987                                    | Shana Mitchell    | Apex          | 8.79 |                  | 1997               | Brenda Taylor    | Watauga           |                   | 8.28 |
| 1988                                    | Lorie Peele       | Hillside      | 8.74 |                  | 1998               | Latasha Pharr    | North Rowan       |                   | 8.33 |
| 1989                                    | Lorie Peele       | Hillside      | 8.43 |                  | 1999               | Kim Jones        | Grimsley          |                   | 8.45 |
| 1990                                    | Cassandra Adams   | Richmond      | 8.50 |                  | 2000               | Latasha Pharr    | North Rowan       |                   | 8.33 |
| 1991                                    | Yohanna Chavis    | Myers Park    | 8.95 |                  | 2001               | Latasha Pharr    | North Rowan       |                   | 8.15 |
| 1992                                    | Jennifer Kalanick | Grimsley      | 8.74 |                  | 2002               | Chandra Pulliam  | Cummings          |                   | 8.19 |
| 1993                                    | DeAnne Davis      | Cummings      | 8.60 |                  | 2003               | Chandra Pulliam  | Cummings          |                   | 8.07 |
| 1994                                    | DeAnne Davis      | Cummings      | 8.48 |                  | 2004               | Dominique Price  | Cummings          |                   | 8.28 |
| 1995                                    | DeAnne Davis      | Cummings      | 8.37 |                  | 2005               | Jennifer Webster | Providence        |                   | 8.39 |
| 1996                                    | DeAnne Davis      | Cummings      | 8.21 |                  | 2006               | Gabby Mayo       | Southeast Raleigh |                   | 7.92 |
| 1A/2A/3A                                |                   |               |      | 4A               |                    |                  |                   |                   |      |
| 2007                                    | Latoya James      | Cummings      | 8.18 | Ashley Bethune   | Harding            | 8.08             |                   |                   |      |
| 2008                                    | Sherice Walker    | Cummings      | 8.16 | Ashley Bethune   | Harding            | 8.10             |                   |                   |      |
| 2009                                    | Sherice Walker    | Cummings      | 8.07 | Brittany Carroll | Harding            | 8.22             |                   |                   |      |
| 2010                                    | Erin Tucker       | J.M. Robinson | 8.28 | Danielle Davis   | Southeast Raleigh  | 8.12             |                   |                   |      |
| 2011                                    | Juanita Leto*     | Concord       | 8.45 | Mollie Williams* | Clayton            | 8.38             |                   |                   |      |
| 2012                                    | Francesca Evans   | Cummings      | 8.42 | Alexis Perry     | Jordan             | 8.18             |                   |                   |      |
| 2013                                    | Nora McKiver      | T.W. Andrews  | 8.21 | Hunter Roberts   | Southwest Guilford | 8.10             |                   |                   |      |
| 1A/2A                                   |                   |               |      | 3A               |                    |                  |                   | 4A                |      |
| 2014                                    | Kayla Moore       | Cummings      | 8.20 | Kylie McMillan   | Southern Guilford  | 8.08             | Jacklyn Howell    | Southeast Raleigh | 7.95 |
| 2015                                    | Kayla Moore       | Cummings      | 8.49 | Kylie McMillan   | Southern Guilford  | 8.11             | Ebony Williams    | Parkland          | 7.81 |
| 2016                                    | Kayla Moore       | Cummings      | 8.28 | Torri Weathers   | Hickory Ridge      | 8.60             | Breanne Bygrave   | Wakefield         | 7.89 |

| High Jump           |                    |               |          |                         |                   |                 |                  |             |       |
|---------------------|--------------------|---------------|----------|-------------------------|-------------------|-----------------|------------------|-------------|-------|
| Open Classification |                    |               |          |                         |                   |                 |                  |             |       |
| 1987                | Chentelle LeGendre | Jacksonville  | 5'09"    | 1997                    | Lindsay Taylor    | Watauga         | 5'08.5"          |             |       |
| 1988                | Chentelle LeGendre | Jacksonville  | 5'02"    | 1998                    | Allison Bowden    | Leesville Road  | 5'06"            |             |       |
| 1989                | Kim Jones          | Statesville   | 5'04"    | 1999                    | Jo Ann Jackson    | Millbrook       | 5'04"            |             |       |
| 1990                | Kim Jones          | Statesville   | 5'05"    | 2000                    | Adrienne Lunsford | Northern Durham | 5'04"            |             |       |
| 1991                | Kim Jones          | Statesville   | 5'09.25" | 2001                    | Debbie Martin     | Apex            | 5'04"            |             |       |
| 1992                | Kim Jones          | Statesville   | 5'06"    | 2002                    | Debbie Martin     | Apex            | 5'08"            |             |       |
| 1993                | Halima Haith       | Ben L. Smith  | 5'02"    | 2003                    | Debbie Martin     | Apex            | 5'06"            |             |       |
| 1994                | Adriane Sims       | Douglas Byrd  | 5'06"    | 2004                    | Patience Coleman  | Southern Durham | 5'10"            |             |       |
| 1995                | Lindsay Taylor     | Watauga       | 5'08.5"  | 2005                    | Jennifer Webster  | Providence      | 5'04"            |             |       |
| 1996                | Adriane Sims       | Douglas Byrd  | 5'10"    | 2006                    | Patience Coleman  | Southern Durham | 5'06"            |             |       |
| 1A/2A/3A            |                    |               |          | 4A                      |                   |                 |                  |             |       |
| 2007                | Amy Wenner         | Ragsdale      | 5'02"    | Patience Coleman        | Southern Durham   | 5'08"           |                  |             |       |
| 2008                | Jordan Lee         | Cedar Ridge   | 5'04"    | Shanika McRae           | Pinecrest         | 5'02"           |                  |             |       |
| 2009                | Sarah Watts        | T.C. Roberson | 5'00"    | Andrea Beck             | Mount Tabor       | 5'04"           |                  |             |       |
| 2010                | Jasmine Williams   | Nash Central  | 5'02"    | Cassidie Cierra Burdick | Butler            | 5'04"           |                  |             |       |
| 2011                | Emily Kimble*      | Owen          | 5'04"    | Sarah Graham*           | Wake Forest       | 5'08"           |                  |             |       |
| 2012                | Makayla Roten      | West Wilkes   | 5'06"    | Alexis Perry            | Jordan            | 5'06"           |                  |             |       |
| 2013                | Makayla Roten      | West Wilkes   | 5'06"    | Amara Bell              | Southeast Raleigh | 5'04"           |                  |             |       |
| 1A/2A               |                    |               |          | 3A                      |                   |                 | 4A               |             |       |
| 2014                | Hunter Welborn     | Starmount     | 5'06"    | Elizabeth Oleson        | Hickory Ridge     | 5'08"           | Jordyn Brown     | Jordan      | 5'04" |
| 2015                | Kylie Polsgrove    | Avery County  | 5'04"    | Brittany Small          | East Rowan        | 5'06"           | Jordyn Brown     | Jordan      | 5'06" |
| 2016                | Mikel Franklin     | T.W. Andrews  | 5'06"    | Maggie Bamber           | Swansboro         | 5'04"           | Kenya Livingston | Rocky River | 5'08" |

| Long Jump           |                     |                    |           |                    |                   |                        |               |            |          |
|---------------------|---------------------|--------------------|-----------|--------------------|-------------------|------------------------|---------------|------------|----------|
| Open Classification |                     |                    |           |                    |                   |                        |               |            |          |
| 1987                | Jeanell McIver      | T.W. Andrews       | 16'11.5"  | 1997               | Maria Steadman    | Millbrook              | 18'04"        |            |          |
| 1988                | Tammy Houston       | Garinger           | 17'10"    | 1998               | Kim Jones         | Grimsley               | 18'09.25"     |            |          |
| 1989                | Marcella Gardin     | Ashbrook           | 18'00"    | 1999               | Randi Chapman     | Northern Durham        | 18'02.75"     |            |          |
|                     | Shevon Martin       | East Forsyth       | 18'00"    | 2000               | Ronda White       | Olympic                | 18'05"        |            |          |
| 1990                | Alice Vinson        | Sun Valley         | 17'11"    | 2001               | Kellie Todd       | Wake Forest-Rolesville | 18'00.5"      |            |          |
| 1991                | Kim Jones           | Statesville        | 17'10"    | 2002               | Vonteena Knotts   | Butler                 | 17'09.75"     |            |          |
| 1992                | Rahma Mateen        | Ben L. Smith       | 18'05.75" | 2003               | Sherina Steele    | West Rowan             | 18'07"        |            |          |
| 1993                | Amanda Johnson      | East Carteret      | 17'00.75" | 2004               | Camelia Morman    | Hillside               | 18'00.25"     |            |          |
| 1994                | April Phillips      | Myers Park         | 16'09"    | 2005               | Pat Springs       | Mount Tabor            | 18'10"        |            |          |
| 1995                | Nikki Wells         | Richmond County    | 18'01"    | 2006               | Nyosha Bryant     | Harding                | 18'03"        |            |          |
| 1996                | DeAnne Davis        | Cummings           | 18'04.25" |                    |                   |                        |               |            |          |
| 1A/2A/3A            |                     |                    |           | 4A                 |                   |                        |               |            |          |
| 2007                | Kiara Crutchfield   | Ragsdale           | 18'03.5"  | Ranae Nelson       | Harding           | 19'00.25"              |               |            |          |
| 2008                | Sherice Walker      | Cummings           | 17'07.5"  | Jacinda Evans      | Southern Durham   | 19'01.25"              |               |            |          |
| 2009                | Sherice Walker      | Cummings           | 18'11.75" | Nyosha Bryant      | West Charlotte    | 19'00"                 |               |            |          |
| 2010                | Teaunna Cuthbertson | North Rowan        | 18'06.75" | Joann Blakney      | West Mecklenburg  | 18'00"                 |               |            |          |
| 2011                | Shelby Hall*        | Graham             | 17'05.75" | Ariah Graham*      | Wakefield         | 17'11.25"              |               |            |          |
| 2012                | Courtney Crawford   | McMichael          | 18'01.25" | Ariah Graham       | Wakefield         | 19'00"                 |               |            |          |
| 2013                | Lydia Laws          | Western Alamance   | 17'04"    | Sabrina Moore      | North Mecklenburg | 18'07"                 |               |            |          |
| 1A/2A               |                     |                    |           | 3A                 |                   |                        | 4A            |            |          |
| 2014                | Kayla Moore         | Cummings           | 18'03"    | Chelsey Hargrave   | Williams          | 17'10.5"               | Sydnei Murphy | Apex       | 19'04"   |
| 2015                | Deonica Reid        | Winston-Salem Prep | 17'02.25" | Courtney Cefalo    | Ledford           | 17'04.75"              | Sydnei Murphy | Apex       | 19'07"   |
| 2016                | Kenvae Majors       | Cummings           | 17'11.75" | Mackenzie Whitaker | West Carteret     | 17'10.5"               | Lauren White  | Rolesville | 18'06.5" |

| Triple Jump         |                  |                 |           |                    |                    |                    |               |          |           |
|---------------------|------------------|-----------------|-----------|--------------------|--------------------|--------------------|---------------|----------|-----------|
| Open Classification |                  |                 |           |                    |                    |                    |               |          |           |
| 1987                | Karen Dixon      | J.H. Rose       | 36'01"    | 1997               | Taressa Davis      | Southern Durham    | 38'09.75"     |          |           |
| 1988                | Nikki Poteat     | Dudley          | 37'10"    | 1998               | Virginia Lacombe   | South Caldwell     | 36'07.5"      |          |           |
| 1989                | Alice Vinson     | Sun Valley      | 36'11"    | 1999               | Latasha Pharr      | North Rowan        | 39'01.5"      |          |           |
| 1990                | Alice Vinson     | Sun Valley      | 38'05.75" | 2000               | Latasha Pharr      | North Rowan        | 39'07"        |          |           |
| 1991                | Tonya Avery      | Jacksonville    | 37'06.75" | 2001               | Jennifer Cloud     | Northwest Guilford | 37'09"        |          |           |
| 1992                | Crystal Carlton  | Wilkes Central  | 35'11.25" | 2002               | Sherina Steele     | West Rowan         | 38'01"        |          |           |
| 1993                | Twyla Smith      | Pincrest        | 38'02"    | 2003               |                    |                    |               |          |           |
| 1994                | DeAnne Davis     | Cummings        | 38'09.75" | 2004               | Camelia Morman     | Hillside           | 38'09.50"     |          |           |
| 1995                | Twyla Smith      | Pincrest        | 40'11.5"  | 2005               | Amelia Black       | Millbrook          | 36'01.5"      |          |           |
| 1996                | DeAnne Davis     | Cummings        | 40'08"    | 2006               | Danielle Thorpe    | Jordan             | 38'00.5"      |          |           |
| 1A/2A/3A            |                  |                 |           | 4A                 |                    |                    |               |          |           |
| 2007                | Sherice Walker   | Cummings        | 38'07.5"  | Chrishawn Williams | Southeast Raleigh  | 37'03.5"           |               |          |           |
| 2008                | Sherice Walker   | Cummings        | 37'10"    | Chrishawn Williams | Southeast Raleigh  | 37'05.75"          |               |          |           |
| 2009                | Sherice Walker   | Cummings        | 38'08"    | Chrishawn Williams | Southeast Raleigh  | 38'02"             |               |          |           |
| 2010                | Kortney Williams | Cummings        | 36'07.75" | Tristine Johnson   | Jordan             | 38'05.25"          |               |          |           |
| 2011                | Francesca Evans* | Cummings        | 36'11.75" | Alexis Hall*       | Page               | 37'09.25"          |               |          |           |
| 2012                | Francesca Evans  | Cummings        | 39'00.5"  | Shemiah Brooks     | Southwest Guilford | 39'07"             |               |          |           |
| 2013                | Teshlyn Smith    | South Granville | 36'08"    | Tyra Lee           | Wakefield          | 37'06"             |               |          |           |
| 1A/2A               |                  |                 |           | 3A                 |                    |                    | 4A            |          |           |
| 2014                | Hunter Welborn   | Starmount       | 36'05"    | Chelsey Hargrave   | Williams           | 38'09"             | Alexis Davis  | Butler   | 37'05.5"  |
| 2015                | Peighton Simmons | T.W. Andrews    | 36'11"    | Tamilia Wright     | Williams           | 36'10"             | Sydnei Murphy | Apex     | 39'10.5"  |
| 2016                | Peighton Simmons | T.W. Andrews    | 37'02.5"  | Imani Bennett      | Southern Guilford  | 38'01"             | Jada Woods    | Hopewell | 37'11.25" |

| Shot Put            |                    |                  |           |                      |                     |                  |                |               |          |
|---------------------|--------------------|------------------|-----------|----------------------|---------------------|------------------|----------------|---------------|----------|
| Open Classification |                    |                  |           |                      |                     |                  |                |               |          |
| 1987                | Janene McClure     | Hendersonville   | 37'05"    | 1997                 | Tara Clinding       | North Rowan      | 38'09.75"      |               |          |
| 1988                | Janene McClure     | Hendersonville   | 43'05"    | 1998                 | Keisha Boggan       | West Mecklenburg | 35'08"         |               |          |
| 1989                | Kelly Sensing      | Erwin            | 38'03"    | 1999                 | Tara Clinding       | North Rowan      | 39'03"         |               |          |
| 1990                | Dashontia Atkinson | Smithfield-Selma | 39'11"    | 2000                 | Lashonda Horton     | J.H. Rose        | 38'02"         |               |          |
| 1991                | Vernia Wilson      | Jacksonville     | 35'04.5"  | 2001                 | Kristie Boggan      | West Mecklenburg | 37'04.25"      |               |          |
| 1992                | Peaches Johnson    | Hendersonville   | 36'11"    | 2002                 | Christina Hernandez | A.C. Reynolds    | 40'11"         |               |          |
| 1993                | Vernia Wilson      | Jacksonville     | 40'02.5"  | 2003                 |                     |                  |                |               |          |
| 1994                | Michelle Clayton   | East Forsyth     | 38'11"    | 2004                 | Kamorean Hayes      | Harding          | 39'10.25"      |               |          |
| 1995                | Saleemah Abdullah  | Leesville Road   | 35'10.5"  | 2005                 | Norjai Palma        | Cary             | 42'01"         |               |          |
| 1996                | Eve Hammet         | Providence       | 39'10"    | 2006                 | Norjai Palma        | Cary             | 41'07"         |               |          |
| 1A/2A/3A            |                    |                  |           | 4A                   |                     |                  |                |               |          |
| 2007                | Morrison Deirdra   | Wilkes Central   | 37'05.75" | Kamorean Hayes       | Harding             | 48'11.75"        |                |               |          |
| 2008                | Morrison Deirdra   | Wilkes Central   | 39'05.5"  | Aslynn Halvorson     | Butler              | 44'07.75"        |                |               |          |
| 2009                | Gayshawn Watkins   | East Rutherford  | 40'06.25" | Clair Watkins        | Butler              | 42'11.5"         |                |               |          |
| 2010                | Alisha Bradshaw    | Salisbury        | 38'09"    | Clair Watkins        | Butler              | 39'07.25"        |                |               |          |
| 2011                | Alisha Bradshaw*   | Salisbury        | 40'11.5"  | Sequoia Watkins*     | T.C. Roberson       | 38'05.25"        |                |               |          |
| 2012                | Hailey Cook        | Hendersonville   | 40'00"    | Breanna Warren       | Western Guilford    | 37'00"           |                |               |          |
| 2013                | Hailey Cook        | Hendersonville   | 41'06.25" | Breanna Warren       | Western Guilford    | 44'06.75"        |                |               |          |
| 1A/2A               |                    |                  |           | 3A                   |                     |                  | 4A             |               |          |
| 2014                | Alex Cooke         | North Surry      | 40'07.75" | Alexis Dickerson     | Western Alamance    | 41'01.25"        | Alycia Springs | Mallard Creek | 43'11"   |
| 2015                | Samantha Layko     | Croatan          | 39'06.75" | Ngozi Frances Obuseh | Marvin Ridge        | 36'06.75"        | Khayla Dawson  | Olympic       | 47'05.5" |
| 2016                | LesLeigh Tabor     | Franklin         | 37'06"    | Katelyn Prakash      | Weddington          | 36'01.5"         | Khayla Dawson  | Olympic       | 47'06"   |

| Pole Vault          |                  |                   |        |                 |                |        |              |          |        |
|---------------------|------------------|-------------------|--------|-----------------|----------------|--------|--------------|----------|--------|
| Open Classification |                  |                   |        |                 |                |        |              |          |        |
| 2000                | Jodie Nettles    | Providence        | 11'03" |                 |                |        |              |          |        |
| 2001                | Erica Derrickson | Millbrook         | 11'00" |                 |                |        |              |          |        |
| 2002                | Jessica Fowler   | Hendersonville    | 9'06"  |                 |                |        |              |          |        |
| 2003                | Jessica Fowler   | Hendersonville    | 10'06" |                 |                |        |              |          |        |
| 2004                | Tracy Prehoniak  | Vance             | 10'06" |                 |                |        |              |          |        |
| 2005                | Sallie Gurganus  | Watauga           | 10'06" |                 |                |        |              |          |        |
| 2006                | Sallie Gurganus  | Watauga           | 11'06" |                 |                |        |              |          |        |
| 1A/2A/3A            |                  |                   |        | 4A              |                |        |              |          |        |
| 2007                | Kristina Parker  | White Oak         | 10'06" | Joanna Wright   | R.J. Reynolds  | 12'01" |              |          |        |
| 2008                | Jordan Lee       | Cedar Ridge       | 9'06"  | Tori Rivers     | Clayton        | 10'06" |              |          |        |
| 2009                | Rebekah Johnston | White Oak         | 9'06"  | Cassie Crawford | Panther Creek  | 11'06" |              |          |        |
| 2010                | Elizabeth Ambler | Northern Guilford | 10'03" | Cassie Crawford | Panther Creek  | 11'06" |              |          |        |
| 2011                | Sage Proffitt*   | North Buncombe    | 10'06" | Sydney White*   | East Forsyth   | 12'02" |              |          |        |
| 2012                | Sage Proffitt    | North Buncombe    | 12'00" | Sydney White    | East Forsyth   | 12'00" |              |          |        |
| 2013                | Tess Rogers      | North Stokes      | 10'06" | Kristin Lee     | Wakefield      | 12'06" |              |          |        |
| 1A/2A               |                  |                   |        | 3A              |                |        | 4A           |          |        |
| 2014                | Danielle Brown   | Franklin          | 10'00" | Marief Finger   | North Gaston   | 11'00" | Anna Eaton   | Apex     | 12'00" |
| 2015                | Ce'nedra Dillard | North Pitt        | 8'06"  | Savannah Creed  | South Johnston | 11'00" | Zoe Early    | Apex     | 12'00" |
| 2016                | Emma Laughter    | Hendersonville    | 8'00"  | Tessa Sheets    | Northwood      | 11'00" | Chesnev Ward | Ragsdale | 12'06" |

## Women's Indoor Track & Field Relay Event Champions

\* - denotes meet held outdoors, not indoor

| 800 Meter Relay |                |                  |              |         |                   |                   |           |         |                |                     |                   |
|-----------------|----------------|------------------|--------------|---------|-------------------|-------------------|-----------|---------|----------------|---------------------|-------------------|
| 1A/2A           |                |                  |              | 3A      |                   |                   |           | 4A      |                |                     |                   |
| <b>2015</b>     | Mikel Franklin | LaDeja Miller    | T.W. Andrews | 1:48.94 | Imani Williams    | Sydni Fields      | Cleveland | 1:49.78 | Miaysha Bryant | Katlin Sherman      | Parkland          |
|                 | Shabria Bethae | Peighton Simmons |              |         | Cassidy McNierney | Alyssa Rivera     |           |         | Shanone Canon  | Ebony Williams      |                   |
| <b>2016</b>     | Kelsia Moore   | Tajah Walston    | Cummings     | 1:47.19 | Imani Williams    | Naelee Stone      | Cleveland | 1:46.96 | Samantha Davis | Charminique Hackney | Southeast Raleigh |
|                 | Lashonda Tate  | Jaida Torain     |              |         | Sydni Fields      | Cassidy McNierney |           |         | Kaila Lewis    | Asya Macon          |                   |

| 1 Mile / 1600 Meter Relay       |                     |                      |                       |         |      |                      |                       |                   |         |                  |                 |
|---------------------------------|---------------------|----------------------|-----------------------|---------|------|----------------------|-----------------------|-------------------|---------|------------------|-----------------|
| Became 1600 Meter Relay in 1995 |                     |                      |                       |         |      |                      |                       |                   |         |                  |                 |
| Open Classification             |                     |                      |                       |         |      |                      |                       |                   |         |                  |                 |
| 1987                            | Tahnnya Carter      | Ashley Taylor        | Grimsley              | 4:18.00 | 1997 | Lindsay Taylor       | Carrie Storie         | Watauga           | 4:06.46 |                  |                 |
|                                 | Marlene Poole       | Danez Lyons          |                       |         |      | Donna Bealer         | Brenda Taylor         |                   |         |                  |                 |
| 1988                            | Danez Lyons         | Alisa Stone          | Grimsley              | 4:11.10 | 1998 | Keisha Williams      | Markita Mackey        | West Charlotte    | 4:14.69 |                  |                 |
|                                 | Marlene Poole       | Silica Johnson       |                       |         |      | Janelle Johnson      | Nicolette Shackelford |                   |         |                  |                 |
| 1989                            | Ayo Johnson         | Kumba Fuller         | Dudley                | 4:07.36 | 1999 | Samantha Porter      | Lasonia Collins       | Independence      | 4:02.70 |                  |                 |
|                                 | Angie Artis         | Marlene Poole        |                       |         |      | Cheraton Love        | Janelle Johnson       |                   |         |                  |                 |
| 1990                            | Cynthia Parker      | Donna Alston         | Hillside              | 4:11.91 | 2000 | Samantha Porter      | Shante Williams       | Independence      | 4:15.80 |                  |                 |
|                                 | Karen McIlwain      | Belinda Hope         |                       |         |      | Phyllesha Blackmon   |                       |                   |         |                  |                 |
| 1991                            | Grace Crawford      | Millie James         | East Mecklenburg      | 4:16.36 | 2001 | Weahdee Blidee       | Whitney Hill          | Olympic           | 4:13.17 |                  |                 |
|                                 | Pat Miller          | Frances Morgan       |                       |         |      | Stephanie Hall       | Carla Wabibi          |                   |         |                  |                 |
| 1992                            | Bridget Johnson     | Dara Flemings        | Ben L. Smith          | 4:15.10 | 2002 | Jeretha Massey       | Christian Woodward    | Ben L. Smith      | 4:10.52 |                  |                 |
|                                 | Halima Haith        | Rahma (Rocky) Mateen |                       |         |      | Adelia Fuller        | Lateisha Johnson      |                   |         |                  |                 |
| 1993                            | Erika Strowd        | Dakar Scott          | Olympic               | 4:17.10 | 2003 | Erica Montgomery     | Julia Morton          | Mount Tabor       | 4:12.58 |                  |                 |
|                                 | Tamera Smith        | Keeya McManus        |                       |         |      | Claire Ritenle       | Alycia Polzene        |                   |         |                  |                 |
| 1994                            | Keeya McManus       | Shawnta Person       | Olympic               | 4:14.00 | 2004 |                      |                       | Harding           | 4:03.36 |                  |                 |
|                                 | Dakar Scott         | Tamera Smith         |                       |         |      |                      |                       |                   |         |                  |                 |
| 1995                            | Andrya Brown        | Crystal Cox          | Pine Forest           | 4:11.10 | 2005 | Felicia Paulding     | Alexis Ivey           | Harding           | 4:09.71 |                  |                 |
|                                 | Loraine Claytor     | Melinda Woodard      |                       |         |      | Sherelle Froneberger | Janet Carothers       |                   |         |                  |                 |
| 1996                            | Carol Haskin        | Sylvia Lalinde       | Providence            | 4:14.09 | 2006 | Alexis Ivey          | Felicia Paulding      | Harding           | 4:06.39 |                  |                 |
|                                 | Chrissy Zemak       | Kiona Kirkpatrick    |                       |         |      | Brittany Carrol      | Janet Carothers       |                   |         |                  |                 |
| 1A/2A/3A                        |                     |                      |                       |         | 4A   |                      |                       |                   |         |                  |                 |
| 2007                            | Jasmine Irby        | Christine Council    | Parkland              | 4:16.29 | 2007 | Ebonie Cunningham    | Tyra Green            | Southeast Raleigh | 4:04.65 |                  |                 |
|                                 | Cassie Brannon      | Latia Page           |                       |         |      | Shenise Gilyard      | Amanda Lapp           |                   |         |                  |                 |
| 2008                            | Brittney Cuthrell   | Crystal Webley       | Western Guilford      | 4:05.98 | 2008 | Becca Deloache       | Rachel Myrick         | Myers Park        | 4:11.91 |                  |                 |
|                                 | Jasmin Richardson   | Radiance Basden      |                       |         |      | Kristen Thalman      | Katherine Shintay     |                   |         |                  |                 |
| 2009                            | Kierra Demery       | Natalie Nelson       | Dudley                | 4:08.98 | 2009 |                      |                       | Mount Tabor       | 4:02.60 |                  |                 |
|                                 | Tyler Brockington   | Kaneisha Williams    |                       |         |      |                      |                       |                   |         |                  |                 |
| 2010                            | Carly Griffith      | Haley Kapheim        | Weddington            | 4:12.69 | 2010 |                      |                       | Southeast Raleigh | 3:57.52 |                  |                 |
|                                 | Brittany Sturdivant | Breahna Morrison     |                       |         |      |                      |                       |                   |         |                  |                 |
| 2011                            | Taylor Dove*        | Anna Lipocky*        | Marvin Ridge          | 4:17.13 | 2011 | Olivia Sharp*        | Michaela Birek*       | Wakefield         | 4:02.16 |                  |                 |
|                                 | Brittany Fritz*     | Taylor Berry*        |                       |         |      | Kayla Johnson*       | Ariah Graham*         |                   |         |                  |                 |
| 2012                            | Mikaela Seibert     | Veronica Pfaff       | Cuthbertson           | 4:09.24 | 2012 | Tiana Patillo        | Olivia Sharp          | Wakefield         | 3:51.74 |                  |                 |
|                                 | Raven Covington     | Nikolette Hurrinus   |                       |         |      | Dejah Jones          | Ariah Graham          |                   |         |                  |                 |
| 2013                            | Blake Dodge         | Blair Pearce         | West Carteret         | 4:07.65 | 2013 | Tiana Patillo        | Dejah Jones           | Wakefield         | 3:53.30 |                  |                 |
|                                 | Katie Cease         | Becky Branche        |                       |         |      | Destiny Robinson     | JeMay Ward            |                   |         |                  |                 |
| 1A/2A                           |                     |                      |                       |         | 3A   |                      |                       |                   |         | 4A               |                 |
| 2014                            | Simi Gbadegesin     | Destiny Stevons      | Durham School of Arts | 4:21.96 | 2014 | Courtney Blanden     | Cyan Mercer           | Weddington        | 4:09.87 | Wakefield        |                 |
|                                 | Lydia Gamble        | Hana Ratcliffe       |                       |         |      | Maria Sanchez        | Tracey Weekes         |                   |         |                  |                 |
| 2015                            | Tori Riggs          | Tyler Glynn          | Croatan               | 4:24.86 | 2015 | Maria Sanchez        | Morgan Garrett        | Weddington        | 4:12.22 | McKinley McNeill | Katlin Sherman  |
|                                 | McKayla Walker      | Lydia Best           |                       |         |      | Jessica Sommers      | Cyan Mercer           |                   |         | Kimani Davis     | Ebony Williams  |
| 2016                            | Madeline Mayfield   | Shalin Revels        | Mount Airy            | 4:14.94 | 2016 | T'Keyah Macklin      | Caresha Leonard       | Nash Central      | 4:09.57 | Kleo Torres      | Saidah Hardwick |
|                                 | Jessica Bevard      | Jo Snow              |                       |         |      | Anaiya Harris        | Teona Hill            |                   |         | Kyna Robinson    | Sierra Fletcher |

## 2 Mile / 3200 Meter Relay

Became 3200 Meter Relay in 1995

### Open Classification

|             |                    |                 |                  |          |             |                  |                 |                   |          |
|-------------|--------------------|-----------------|------------------|----------|-------------|------------------|-----------------|-------------------|----------|
| <b>1987</b> | Leslie McCaskill   | Kim Eldridge    | East Mecklenburg | 10:19.70 | <b>1997</b> | Jessica Thomas   | Alex Autry      | Myers Park        | 10:23.12 |
|             | Valerie Sowers     | Jamie Oxendine  |                  |          |             | Lauren Yoder     | Kathryn Daniel  |                   |          |
| <b>1988</b> | Ayo Johnson        | Kumba Fuller    | Dudley           | 10:35.80 | <b>1998</b> | Jessica Thomas   | Alex Autry      | Myers Park        | 10:19.88 |
|             | Irish Dick         | Sanya Lewis     |                  |          |             | Lauren Yoder     | Kathryn Daniel  |                   |          |
| <b>1989</b> | Ayo Johnson        | Tonia Malloy    | Dudley           | 10:15.16 | <b>1999</b> | Theresa Gilligan | Myra Keever     | Cary              | 10:15.66 |
|             | Krystie Horne      | Paula Johnson   |                  |          |             | Melissa McGhee   |                 |                   |          |
| <b>1990</b> | Trudy Stallings    | Tonia Malloy    | Dudley           | 10:06.92 | <b>2000</b> | Ginger Wheeler   | Julia Morton    | Mount Tabor       | 10:28.69 |
|             | Ayo Johnson        | Paula Johnson   |                  |          |             | Maria Gonzales   | Amy Dibianca    |                   |          |
| <b>1991</b> | Millie James       | Shantel Jung    | East Mecklenburg | 10:49.72 | <b>2001</b> | Suzanna Bailey   | Leslie Jimison  | Page              | 10:01.48 |
|             | Julie Vanhellemont | Peg Martin      |                  |          |             | Sarah Johnson    | Allie Park      |                   |          |
| <b>1992</b> | Paula Johnson      | Jamie Perkins   | Dudley           | 10:28.70 | <b>2002</b> | Amy Dibianca     | Carly Matthews  | Mount Tabor       | 9:54.76  |
|             | Yzette Bynum       | April Walker    |                  |          |             | Taylor Steelman  | Julia Morton    |                   |          |
| <b>1993</b> | Kristen Iking      | Kelley Wolff    | Providence       | 10:28.60 | <b>2003</b> | Amy Dibianca     | Taylor Steelman | Mount Tabor       | 9:53.99  |
|             | Liz Wolff          | Ami Herrman     |                  |          |             | Kenzie Metlwain  | Julia Morton    |                   |          |
| <b>1994</b> | Michelle Ruble     | Jennifer Wyatt  | East Mecklenburg | 10:35.70 | <b>2004</b> |                  |                 | Providence        | 10:04.31 |
|             | Shana Jung         | Natalie DeLorme |                  |          |             |                  |                 |                   |          |
| <b>1995</b> | Michelle Ruble     | Virginia Fluitt | East Mecklenburg | 10:38.10 | <b>2005</b> |                  |                 | Pinecrest         | 9:58.06  |
|             | Shana Jung         | Natalie DeLorme |                  |          |             |                  |                 |                   |          |
| <b>1996</b> | Michelle Ruble     | Kathryn Daniel  | East Mecklenburg | 10:23.40 | <b>2006</b> | Candy Pambu      | Desinia Johnson | Southeast Raleigh | 10:01.19 |
|             | Rhonda Gibson      | Shana Jung      |                  |          |             | Kristina Layden  | Robin Allen     |                   |          |

### 1A/2A/3A

|             |                   |                    |               |          |
|-------------|-------------------|--------------------|---------------|----------|
| <b>2007</b> | Kayla Price       | Samantha Sawyer    | Sun Valley    | 10:12.36 |
|             | Dannielle Hobbs   | Christina Hobbs    |               |          |
| <b>2008</b> | Katherine Justice | Ryanna Henderson   | Jacksonville  | 9:52.25  |
|             | Nicole Davis      | Brandy Swann       |               |          |
| <b>2009</b> | Kayla Price       | Amy Hofmann        | Sun Valley    | 9:56.56  |
|             | Samantha Sawyer   | Jessica Thompson   |               |          |
| <b>2010</b> | Brittany Fritz    | Kayli Buckley      | Marvin Ridge  | 10:04.57 |
|             | Caitlyn Colo      | Alyssa Clark       |               |          |
| <b>2011</b> | Mallary Price*    | Carly Griffith*    | Weddington    | 10:02.05 |
|             | Shannon Martin*   | Chelsea Matson*    |               |          |
| <b>2012</b> | Kelly Erickson    | Samantha Schleiker | West Carteret | 9:49.34  |
|             | Katie Cease       | Blake Dodge        |               |          |
| <b>2013</b> | Blake Dodge       | Samantha Schleiker | West Carteret | 9:45.89  |
|             | Katie Cease       | Emma Gomez         |               |          |

### 1A/2A

|             |                     |                   |                       |          |
|-------------|---------------------|-------------------|-----------------------|----------|
| <b>2014</b> | Sarah Grace Johnson | Carly Kreber      | Bishop McGuinness     | 10:21.89 |
|             | Claire McDonough    | Bailey Seach      |                       |          |
| <b>2015</b> | Rebecca Fesperman   | Lissi Gordon      | Comm. School Davidson | 10:09.65 |
|             | Hunter Cashion      | Malia Ellington   |                       |          |
| <b>2016</b> | Lydia Best          | Kaleigh Hanson    | Croatan               | 10:27.43 |
|             | Tori Riggs          | Marissa Yarbrough |                       |          |

### 4A

|             |                    |                     |            |          |
|-------------|--------------------|---------------------|------------|----------|
| <b>2007</b> | Becca DeLoache     | Catherine Shoemaker | Myers Park | 10:01.93 |
|             | Allison Hofmann    | Taylor Holt         |            |          |
| <b>2008</b> | Brittany Estermyer | Sheridan Jordan     | Cary       | 9:51.50  |
|             | Jenna Christensen  | Kristen Azarelo     |            |          |
| <b>2009</b> |                    |                     | Myers Park | 9:42.51  |
|             |                    |                     |            |          |
| <b>2010</b> |                    |                     | Cary       | 9:30.90  |
|             |                    |                     |            |          |
| <b>2011</b> | Erin Foshee*       | Sheridan Jordan*    | Cary       | 9:31.98  |
|             | Jenna Christensen* | Deanna Foshee*      |            |          |
| <b>2012</b> | Lauren Colberg     | Erica Amatori       | Green Hope | 9:25.85  |
|             | Sarah Alexander    | Jesica Rossabi      |            |          |
| <b>2013</b> | Gina Daniel        | Kayla Glova         | Providence | 9:37.43  |
|             | Bianca Bishop      | Grace Sullivan      |            |          |

### 3A

|             |                 |                  |                  |          |
|-------------|-----------------|------------------|------------------|----------|
| <b>2014</b> | Blake Dodge     | Emme Fisher      | West Carteret    | 9:59.30  |
|             | Madeline Fisher | Emma Gomez       |                  |          |
| <b>2015</b> | Annie Pierce    | Abby Doyle       | Cardinal Gibbons | 10:04.23 |
|             | Alina Rovnak    | Sophie Ebihara   |                  |          |
| <b>2016</b> | Jennae Jacob    | Alexa King       | Marvin Ridge     | 9:50.04  |
|             | Katie Ropers    | Lindsay Harrison |                  |          |