



NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

**8TH ANNUAL
LACROSSE STATE CHAMPIONSHIPS**



**May 19-20, 2017
SAHLEN'S STADIUM, CARY, N.C.**



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we make the right call

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2017 NCHSAA LACROSSE STATE CHAMPIONSHIPS



Sahlen's Stadium
Wake Med Soccer Park • Cary • May 19-20

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THE SCHEDULE

FRIDAY, MAY 19, 2017

1A/2A/3A MEN'S CHAMPIONSHIP - 7:30 PM
CEDAR RIDGE VS. WEDDINGTON

SATURDAY, MAY 20, 2017

WOMEN'S CHAMPIONSHIP - NOON
CARDINAL GIBBONS VS. MYERS PARK

4A MEN'S CHAMPIONSHIP - 2:30 PM (APPROXIMATE)
MIDDLE CREEK VS. LAKE NORMAN

THE MATCH UPS

- 8 **1A/2A/3A Men's Championship Team Capsules**
Cedar Ridge vs. Weddington
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Middle Creek vs. Lake Norman
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May 19-20, 2017

Welcome to the 8th annual edition of the NCHSAA Lacrosse Championships!

This weekend at Sahlen's Stadium we will crown three champions after a season full of hard work and dedication. We believe that this will be a tremendous experience for the student-athletes, the coaches, administrators and the fans of the schools who have won their way through the playoffs to reach this point.

We are grateful to all of those who have a hand in making these championships possible, including the host city sponsor, Greater Raleigh Sports Alliance, and our television partner, Spectrum Cable, who will provide live television coverage once again this year.

There are also a lot of volunteers and NCHSAA staff members who have worked tirelessly toward making this event the best it can be. If you are a high school athletics fan, then you are in the right place to enjoy a great weekend of lacrosse competition!

We appreciate your support of high school athletics and hope you enjoy the best lacrosse our state has to offer -- The NCHSAA state championships!



Que Tucker
Commissioner

Action photos by Paul Lowe of MaxPreps.com

Live television of all four Championship Games available on Spectrum Cable Channel 77 & online at myspectrumsports.com.

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Welcome from the President

Fans,

Welcome to the NCHSAA Lacrosse State Championship. Competing for the state title is a highlight in any high school athlete's career. Every team remembers the preseason workouts and the first weeks of practice thinking to themselves this will be our year to play for a state title. Now, here we are watching the two best lacrosse teams compete for the right to be called a champion...a state champion.

The amount of time and effort by the athletes, the coaches and volunteers has paid off to punch a ticket to Cary today to finish strong and bring a state championship trophy home. For many of our seniors this is the last time to make an indelible mark for their school's sports legacy. Regardless of which team you are here today to cheer on to the title, we must never forget these are student-athletes who play volleyball for the love of the game and the competition it provides.

Ever since the NCHSAA was established in 1913, our core mission has been to provide opportunities for interscholastic competitions within the state of North Carolina. We offer this opportunity understanding that success in the classroom is key to success in life. Those students who play sports in high school learn valuable lessons about winning and losing, working hard, setting goals, building leadership characteristics to name just a few. Each year, at our annual meeting in May, we recognize those individuals and teams who excel in the classroom and on the field of competition. We also recognize teams from all four classifications who over the course of one year are also recognized for displaying sportsmanship in all of their athletic teams.

Prior to the match today we will be recognizing an athlete from each team which embodies sportsmanship and serves as ambassador for their team in the community. Sportsmanship is more important than ever in the world of high school athletics, especially when some of our professional athletes cannot display the same level of integrity as our high school athletes. The honorees at today's state championship exhibit sportsmanship not only during competition, but also during practice when they help a fellow teammate get up after being knocked down. These athletes are the role models we want all of our younger athletes to follow and look up to.

Most of all, I want to thank you the FAN for supporting your favorite team today. Regardless of the outcome, this is a special day for all of our athletes. Thank you for supporting the NCHSAA and all 409 member schools which makes this association the best in the country.

Sincerely,

Rodney Shotwell
President





Photo by Paul Lowe of MaxPreps.com

1A/2A/3A Men's: Marvin Ridge sprints past Carrboro

CARY - Marvin Ridge (14-7) scored early and often to race past Carrboro 16-3 in the 1A/2A/3A Men's Lacrosse Championship Game at WakeMed Soccer Stadium in Cary, winning the school's first Men's Lacrosse title in three trips to the state finals.

Cam Renner was hot early as he put the Mavericks on the board just two minutes into the contest, and would add three more goals in the first quarter to lift Marvin Ridge past Carrboro. Renner finished the game with five goals and four assists on the night as he was named the game's most valuable player.

Marvin Ridge scored the game's first 11 goals, and led 11-0 at halftime. Carrboro (15-2) got on the board in the third period right out of halftime scoring a goal on a man advantage in the opening minute of the quarter when Logan Marro broke the ice for the Jaguars. He would add one more goal on the night, finishing with two of the Jaguars three markers on the night. Chad Osborne had the other goal for Carrboro.

The Mavericks made their third straight appearance in the 1A/2A/3A Men's Championship game, and finally broke through to win the championship after tough losses to Cardinal Gibbons in each of the last two years.

4A Men: Gibbons starts fast, defeats Lake Norman

CARY — Cardinal Gibbons jumped in front early, turning up the pressure on Lake Norman in a 7-0 first quarter that saw the Crusaders hold Lake Norman without a shot in the period. The Crusaders went on to win 14-8, hoisting their third straight men's lacrosse championship, and their first at the 4A level.

The Crusaders poured on the pressure, outshooting Lake Norman 38-27 on the day. They also dominated in the faceoff circle, winning 16 faceoffs of the 20 total on the day. Crusader faceoff man, Trevor Kirsch, was named the game's MVP. He was 16-7 at the faceoff spot. Gibbons on the day was 17-8 in faceoffs for the day.

Mark Schachte from Gibbons scored four goals on five shots for the Crusaders in his final high school game. Kevin Barry and Jack Shelton each chipped in three goals on the day. Anthony Digirolamo had a pair of goals and Charles Van Dyke and Jack Biestek each added a single goal on the afternoon.

Lake Norman trailed 8-0 before Jakob Sawicki tallied in the second quarter to break the ice. They added two more in the frame before Cardinal Gibbons scored at the halftime horn to take a 10-3 lead into the break. Sawicki added two more goals on the afternoon for a total of three. Jake Hogan added two late goals for the Wildcats and Duncan Heredia and Blake Lecky both chipped in single goals.

Wesley Wagner had 12 saves for the Crusaders on the afternoon and was solid in goal all afternoon. Gibbons won the ground ball battle 46-40.

Women's: Skowron's 8 goals lifts Gibbons to first title

CARY - Cardinal Gibbons jumped out to a three goal advantage, and senior Erica Skowron had two of the game's first three goals, the other was scored by senior Crusader attacker Morgan Winstead. Lake Norman called time out to regroup and that's when Emily Chironna put in the Wildcats first marker of the day.

In the end, Skowron was just too much for the Wildcats to handle as she poured in eight goals on the afternoon and added two assists. She was named the game's Most Valuable Player as the Crusaders won their first Women's Lacrosse State Championship in school history.

Lake Norman dominated the draws on the day with Julianna Dworschak controlling 18 draws of the 22 won by Lake Norman. Dworschak only allowed 8 draws won by the Crusaders. Her dominance in the draw department all afternoon allowed Lake Norman to erase a 5 goal halftime advantage, cutting Cardinal Gibbons lead to just one at 15-14 with 7:50 to play as Dworschak hit Kieran Rinaldi for Rinaldi's fifth goal of the afternoon.

Gibbons responded immediately as Jordan Lappin stepped in to win a draw and Cassie New poured in her only goal of the game with 7:16 to play, making the score 16-14. Lappin and teammate Elizabeth Wilson tacked on two more for the Crusaders to close out the scoring.

Lappin had four goals for the Crusaders, adding two assists. Wilson had three goals and a pair of assists. Winstead had a goal and two assists for the Crusaders. Forbes Collier had a first half goal to round out the scoring for Cardinal Gibbons.

For Lake Norman, Kieran Rinaldi led the Wildcats with five goals, Carly Vaccaro scored four times adding an assist, Chironna and Vanessa Grauds had two goals each, and Dworschak added a single marker and two assists.

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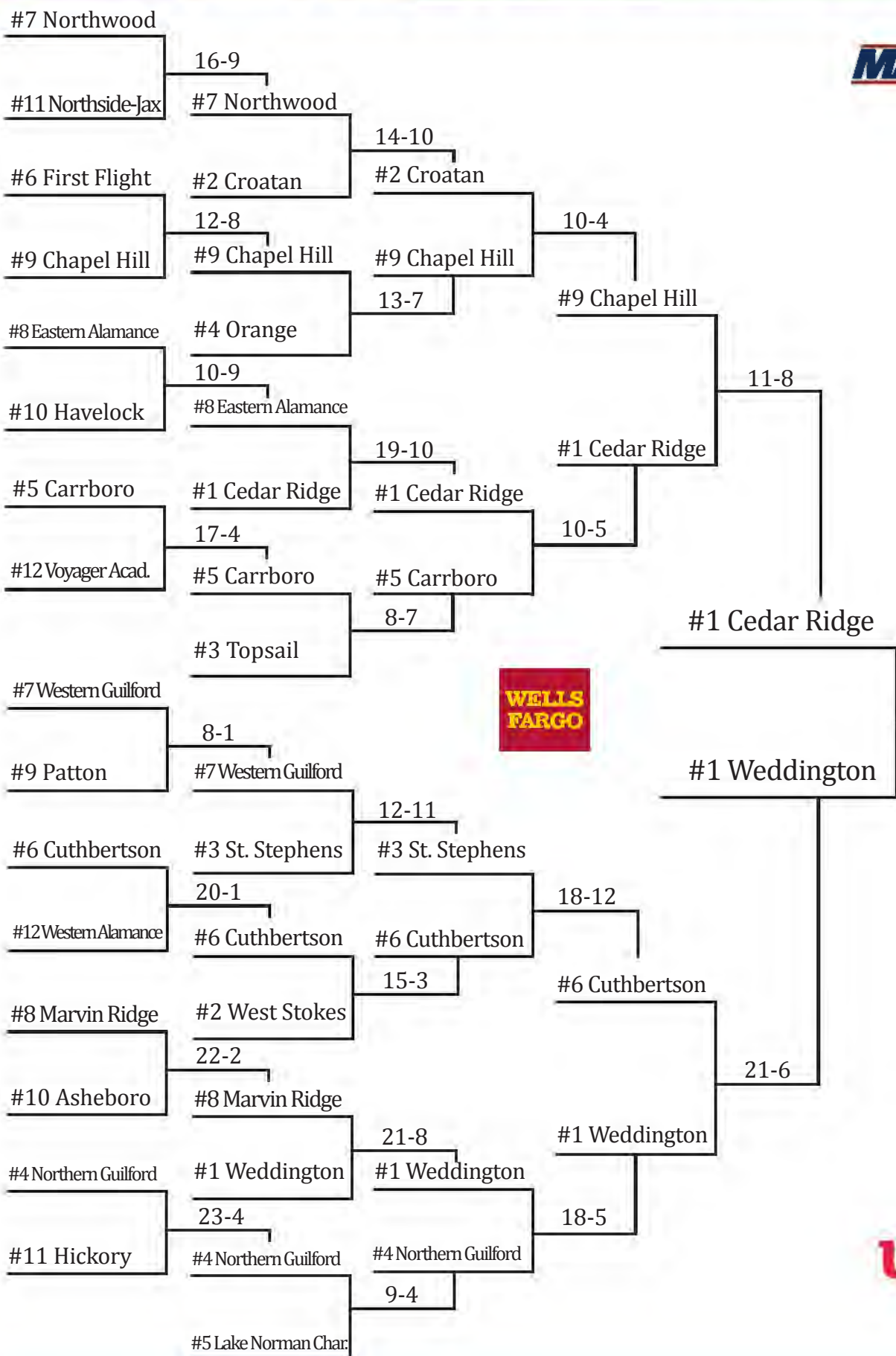
Join us for the NC Lacrosse Coaches Clinic January 2018

We are welcoming new board members!

*If you are interested in serving on the NC Chapter Board or an event committee,
please contact the Chapter President Matthew DiRocco: mdirocco5@gmail.com*



2017 MEN'S 1A/2A/3A LACROSSE BRACKET



Men's 1A/2A/3A Championship Team Information



CEDAR RIDGE RED WOLVES



Location: Hillsborough, N.C.

Conference: Conference 6

Colors: Gray & Cardinal

Principal: Heather Blackmon

Athletic Director: Andy Simmons

Head Coach: Patrick Kavanaugh

Assistant Coaches: Joshua Paterni, David Brown & John Toptine

Players to Watch: Jack Widman (56 goals, 31 assists), Sean Tobin (36 goals, 17 assists) & Kelsey Acome (142/186 faceoff)

Team Record: 12-4 (8-0)

Location: Matthews, N.C.

Conference: Conference 13

Colors: Kelly Green & Navy

Principal: Bill Breckenridge

Athletic Director: Mike Hart

Head Coach: Erik Gundersen

Assistant Coaches: John Klish, Jason Dinwiddie, Ken Fasanaro, Mike Mabarak & Brad Burnam

Players to Watch: Cole Dinwiddie (63 goals), Hunter Fasanaro (39 goals, 41 assists) & Alex Helms (35 goals, 21 assists)

Team Record: 18-1 (8-0)

Date	Opponent	Result
2/28	Jordan	10 - 11 (L)
3/3	@ J.F. Webb*	15 - 0 (W)
3/7	Northern Guilford	9 - 6 (W)
3/15	@ Northwood*	13 - 12 (W)
3/16	Southern Durham*	21 - 0 (W)
3/21	@ Roxboro Community*	17 - 1 (W)
3/23	@ Orange	13 - 14 (L)
3/31	Camden Catholic	11 - 12 (L)
4/4	Voyager Academy*	23 - 1 (W)
4/7	Orange*	14 - 4 (W)
4/13	Carrboro*	10 - 7 (W)
4/21	East Chapel Hill	11 - 12 (L)
4/28	@ Chapel Hill*	16 - 14 (W)
5/9	Eastern Alamance#	19 - 10 (W)
5/12	Carrboro#	10 - 5 (W)
5/16	Chapel Hill#	11 - 8 (W)
5/19	Weddington#	

Cedar Ridge makes their first appearance in an NCHSAA Lacrosse State Championship game coming off of a second-straight conference championship. The Red Wolves were perfect in the conference season, posting a 12-4 mark on the year. All four losses were by a single goal.

Coach Patrick Kavanaugh has seen his team play solid defense and control the faceoff circle thanks to the expertise of Kelsey Acome who is 142 for 186 at the faceoff spot. After a tough loss to Orange in March, Coach Kavanaugh said that, "the team dedicated themselves to playing as a team and making sure they put the effort in required to repeat as conference champions."

That effort showed and the Red Wolves turned the table on Orange just a few weeks later with a 14-4 victory over the cross-county rival Panthers.

Date	Opponent	Result
2/28	Cuthbertson*	17 - 3 (W)
3/2	@ Hough	14 - 6 (W)
3/3	@ Porter Ridge*	18 - 1 (W)
3/6	@ Providence	18 - 0 (W)
3/8	Myers Park	14 - 1 (W)
3/10	@ Northwest Guilford	11 - 9 (W)
3/21	Porter Ridge*	18 - 0 (W)
3/24	@ Marvin Ridge*	11 - 8 (W)
3/28	@ Sun Valley*	18 - 1 (W)
3/29	Page	16 - 5 (W)
4/1	@ Charlotte Catholic	17 - 9 (W)
4/4	Lake Norman	10 - 11 (L)
4/6	@ Cuthbertson*	12 - 4 (W)
4/17	Sun Valley*	19 - 1 (W)
4/19	Ardrey Kell	11 - 7 (W)
4/21	Marvin Ridge*	11 - 4 (W)
5/9	Marvin Ridge#	21 - 8 (W)
5/12	Northern Guilford#	18 - 5 (W)
5/16	Cuthbertson#	21 - 6 (W)
5/19	Cedar Ridge#	

A balanced and high-powered offense combined with aggressive defense and ground ball work have been the keys to a magical season thusfar for the Weddington Warriors. The team is making their first appearance in an NCHSAA Men's Lacrosse State Championship Game coming off of an 18-1 season and a perfect 8-0 conference championship mark.

The Warriors lone loss this year came against Lake Norman in a hard-fought 11-10 decision. Weddington enters the state title game ranked number two in the state by MaxPreps and number 34 in the nation by the same system.

The Warriors have four players that have 30+ goals, Cole Dinwiddie leads the way with 63 on the year. Hunter Fasanaro leads the squad in assists with 41 for the season. Junior netminder Bryce Cheek has played the bulk of the minutes in the net, piling up 121 saves and limiting opponents to 5.3 goals a game.



Cedar Ridge Red Wolves

Head Coach: Patrick Kavanaugh

Assistant Coaches: Joshua Paterni,

David Brown & John Toptine

Team Bench: Taryn Strickland (trainer), Shermar

Miles (manager)

#	NAME	YR	HT	WT	P
1	Sean Tobin	Sr.	5' 11"	165	A
2	Nick Bachelder	Jr.	5' 4"	128	A
3	Jacob Miles	So.	5' 5"	150	M
4	Michael Mullenix	Jr.	5' 6"	150	A
5	Job Wosinski	So.	5' 7"	130	G
6	Kelsey Acome	Sr.	5' 10"	182	M
7	Ziyad Kide-Mofako	Fr.	5' 5"	125	M
9	Colin Davis	Jr.	6' 0"	165	LSM
10	Felix Smith	Fr.	5' 8"	130	M
11	Miguel Montoya	Fr.	5' 6"	130	M
12	Brody Young	Fr.	5' 9"	132	M
14	Noah Upchurch	Jr.	5' 11"	150	M
15	Luke Hernandez	Jr.	5' 7"	160	LSM
16	Carter Danku	Sr.	6' 3"	185	M
17	Justin Holmes	So.	6' 0"	175	M
18	Justin Hilton	So.	5' 10"	150	DM
19	Chase Finley	Fr.	5' 8"	145	G
20	Ryan Wallace	Sr.	5' 11"	240	G
21	Jacob Turner	Fr.	5' 5"	115	A
22	Griffin Ross	Sr.	6' 2"	175	D
23	Tyler Coleman	So.	5' 10"	150	M



#	NAME	YR	HT	WT	P
24	Jack Widman	Sr.	6' 0"	195	M
25	Chase Kimball	Jr.	5' 6"	160	D
26	Augustus Waltman	So.	5' 10"	150	LSM
27	William Stiffler	Jr.	5' 9"	170	M
28	Ethan Strowd	Sr.	6' 1"	190	M
29	Alex Bernal	Sr.	6' 1"	149	M
30	Jackson Berry	So.	5' 10"	165	A
32	Zachary Holmes	Fr.	5' 11"	165	A
33	Ian Corbin	Jr.	5' 11"	180	D
34	Demetrius Lyles	Sr.	5' 11"	185	M
35	Nick Hurst	So.	5' 11"	190	M
36	Isaac Rivera	Sr.	5' 8"	220	M
37	Braedon Thompson	Fr.	5' 6"	130	D
38	Cole Bullard	Sr.	6' 2"	225	D
39	Jacob Lloyd	Jr.	6' 3"	230	D
40	Zak Berry	Jr.	6' 0"	270	G



Weddington Warriors

Head Coach: Erik Gundersen

Assistant Coaches: John Klish, Jason

Dinwiddie, Ken Fasanaro, Mike Mabarak &

Brad Burnam

Team Bench: Jim Burns & Huston Mattson

#	NAME	YR	HT	WT	P
1	Sean Tobin	Sr.	5' 11"	165	A
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22	Griffin Ross	Sr.	6' 2"	175	D
23	Tyler Coleman	So.	5' 10"	150	M

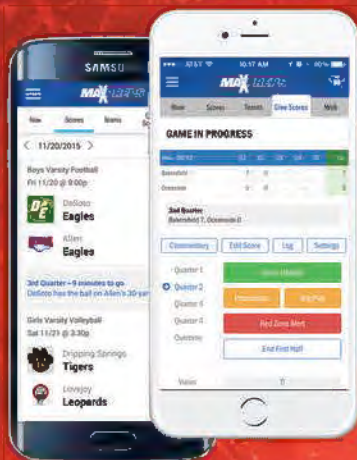


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39	Jacob Lloyd	Jr.	6' 3"	230	D
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*Roster information provided by schools

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2017 Women's Lacrosse Championship Bracket



FIRST ROUND	SECOND ROUND	THIRD ROUND	FOURTH ROUND	FOURTH ROUND	THIRD ROUND	SECOND ROUND	FIRST ROUND
14 Green Hope	Green Hope					Marvin Ridge	Northwest Guilford
19 J.H. Rose	18-11 Hogard	Hogard	15-11 Hogard		Lake Norman	12-6 Lake Norman	Marvin Ridge
4		16-3			15-11	2	
7	Middle Creek	Middle Creek			Myers Park	R.J. Reynolds	12
11	E.A. Laney	12-9	Broughton	Myers Park	15-10	Myers Park	7
6	Wakefield			16-12	Charlotte Catholic	Charlotte Catholic	4
10	East Chapel Hill	13-4	20-9	Charlotte Catholic	17-2	North Davidson	14
2	Broughton			18-6	Hough	Southeast Guilford	6
15 Heritage	Heritage	20-0	REGIONAL FINAL Broughton	Cardinal Gibbons	14-9	Hough	Hough
18 Enloe	14-10		11-9	20-3	13-10		10 Page
			Cardinal Gibbons	17-4 Myers Park			
16 Jacksonville	Apex Friendship	Apex	20-16 Weddington	16-15 Myers Park	STATE CHAMPIONS		
17 Apex Friendship	19-6 Apex	13-3	21-8 Apex	18-8 Ardrey Kell	17-4 Ragsdale	Ardrey Kell	Ardrey Kell
1			16-7 Apex	13-6 Weddington	Weddington	Weddington	5
9	Ashley	Ashley			13-6	Carrboro	13
8	Panther Creek	12-5	Cardinal Gibbons	Weddington			
3	Cardinal Gibbons			11-4	Chapel Hill	Chapel Hill	8
13	Topsail	17-4	20-0	Chapel Hill	20-13	Hickory	9
5	New Bern			12-11	West Forsyth	West Forsyth	3
12 Millbrook	Millbrook	13-8			14-5	Ronald Reagan	Ronald Reagan
20 Havelock	14-8				15-4	Sun Valley	15

Wilson

Women's Championship Team Information



CARDINAL GIBBONS CRUSADERS



MP MYERS PARK MUSTANGS

Location: Raleigh, N.C.
Conference: Conference 5
Colors: Hunter Green & Vegas Gold
Principal: Jason Curtis
Athletic Director: Todd Schuler
Head Coach: Patricia Alexander
Assistant Coaches: Shayna Bolton & Kristi Marks
Players to Watch: Jordan Lappin, Grace Nelson, Elizabeth Wilson, Ella Reaves Vaughan, Cassie New & Grace New
Team Record: 19-2 (8-0)

Location: Charlotte, N.C.
Conference: Conference 11
Colors: Kelly Green, White & Black
Principal: Mark Bosco
Athletic Director: Rick Lewis
Head Coach: Catherine LeBlanc
Assistant Coach: Molly Lehman-Lewis & Emma Sissman
Players to Watch: Hannah Perkins, Rachel Perkins, Landon Shelley & Becca Riopel
Team Record: 20-2 (5-1)

Date	Opponent	Result
3/3	Durham Academy	16 - 3 (W)
3/8	Terry Sanford*	18 - 2 (W)
3/10	St. Catherine's (VA)	16 - 6 (W)
3/11	Cy-Fair (TX)	17 - 5 (W)
3/16	@ Chapel Hill*	18 - 2 (W)
3/21	Jordan*	17 - 2 (W)
3/24	@ Riverside-Durham*	19 - 0 (W)
3/31	St. Stephen's & St. Agnes (VA)	4 - 15 (L)
4/1	St. Anne's-Belfield (VA)	16 - 9 (W)
4/4	Jack Britt*	17 - 2 (W)
4/7	@ Carrboro*	16 - 1 (W)
4/8	Charlotte Catholic	14 - 6 (W)
4/11	East Chapel Hill*	22 - 11 (W)
4/12	Harrington (PA)	12 - 7 (W)
4/21	@ Chattahoochee (GA)	19 - 12 (W)
4/22	@ Milton (GA)	9 - 18 (L)
4/25	Pinecrest*	19 - 2 (W)
5/5	Topsail#	21 - 2 (W)
5/9	Millbrook#	20 - 0 (W)
5/12	@ Apex#	17 - 4 (W)
5/16	@ Broughton#	20 - 3 (W)
5/20	Myers Park#	

Date	Opponent	Result
3/2	Independence*	17 - 0 (W)
3/4	Hoggard	16 - 11 (W)
3/6	@ Marvin Ridge	11 - 7 (W)
3/10	@ Durham Academy	10 - 4 (W)
3/11	St. Catherine's (VA)	15 - 14 (W)
3/16	@ Charlotte Catholic*	12 - 16 (L)
3/18	Broughton	19 - 12 (W)
3/23	@ David W. Butler*	18 - 1 (W)
3/27	Providence*	19 - 0 (W)
3/31	@ Kell (GA)	16 - 8 (W)
4/1	@ Harrison (GA)	17 - 6 (W)
4/6	Ardrey Kell*	11 - 8 (W)
4/8	@ Wando (SC)	17 - 4 (W)
4/10	@ Bishop England (SC)	23 - 14 (W)
4/18	South Mecklenburg*	18 - 1 (W)
4/20	Charlotte Country Day (NC)	14 - 8 (W)
4/24	David W. Butler**	17 - 2 (W)
4/26	Ardrey Kell**	6 - 10 (L)
5/5	R.J. Reynolds#	15 - 10 (W)
5/9	@ Lake Norman#	16 - 12 (W)
5/12	@ Charlotte Catholic#	20 - 16 (W)
5/16	@ Weddington#	16 - 15 (W)
5/20	Cardinal Gibbons#	

The defending state champion Crusaders return to the title game coming off of one of the toughest schedules in program history. Head Coach Patricia Alexander praised this year's Crusader team saying, "From the begginging they were focused on what they wanted to achieve for the season and their vision was on how we get there. They continue to adapt, learn, push and achieve anything and everything that is asked of them.

The Crusaders are led by Jordan Lappin, a senior with 83 goals and 53 assists. The Crusaders feature a lineup with five 30+ goal scorers. Grace Nelson is second on the team with 43 goals tallied on the year.

A team that battles, that is what has defined the Myers Park Mustangs this season. The Mustangs are battle tested and not afraid to come from behind with Hannah Perkins (69 goals) capable of leading an explosive offense back from a deficit. One example of the team's perserverance came in a game against Lake Norman. Myers Park was down by five before mounting a 10-3 run in the second half to come back and take the victory.

Sophomore Becca Riopel is second on the team in goals scored with 35 on the year. Parker Bergeron is the team's assist leader on the campaign with 32 during her junior year.

Cardinal Gibbons Crusaders



Head Coach: Patricia Alexander
Assistant Coaches: Shayna Bolton & Kristi Marks

Team Bench: Chelsea Bartles (trainer), Cathy Boney, Maria Young & Debbie Collier (statisticians)



#	NAME	YR	HT	P
1	Forbes Collier	Jr.	5' 2"	A
2	Caroline Kimel	So.	5' 7"	A
3	Hayden Callahan	Jr.	5' 4"	DM
4	Mason Plymire	Jr.	5' 4"	A
5	Gillian Barret	Jr.	5' 4"	A
6	Morgan Cody	Jr.	5' 5"	D
7	Grace Nelson	Jr.	5' 5"	DM
8	Jordan Lappin	Sr.	5' 6"	A
9	Ella Reaves Vaughan	So.	5' 6"	M
10	Elizabeth Wilson	Jr.	5' 5"	M
11	Grace New	So.	5' 6"	A
12	Tara Dorsett	So.	5' 6"	A
13	Nicole McCormick	Sr.	5' 7"	A
14	Sarah Boney	Sr.	5' 8"	D
15	Cassie New	Sr.	5' 8"	M
16	Ali Rodgers	Fr.	5' 6"	M

#	NAME	YR	HT	P
17	Caitlin Freddoso	Sr.	5' 2"	D
18	Catherine Field	So.	5' 9"	D
19	Emily O'Dowd	Sr.	5' 7"	A
20	Caelyn Barrett	Jr.	5' 5"	D
21	Caroline Paquin	Sr.	5' 8"	D
22	Elizabeth Spellman	Jr.	5' 9"	A
23	Jillian Foye	Jr.	5' 4"	D
24	Lauren Wildgoose	Fr.	5' 7"	D
25	Katie Wozencroft	Fr.	5' 3"	D
31	Kelsey Wilder	Sr.	5' 3"	G
32	Gabby Young	Jr.	5' 6"	G

Myers Park Mustangs



Head Coach: Catherine LeBlanc
Assistant Coaches: Molly Lehman-Lewis & Emma Sissman

Team Bench: Stephanie Bowman (trainer), Andy Barksdale (photos), Don Bergeron (stats)



#	NAME	YR	HT	P
1	Hannah Perkins	Sr.	5' 3"	M
2	Elizabeth Robertson	Sr.	5' 7"	M
3	Caroline Wise	So.	5' 6"	D
4	Annie Juraschek	Sr.	5' 2"	A
5	Collier Barksdale	Sr.	5' 5"	A
6	Becca Riopel	So.	5' 4"	M
7	Landon Shelley	Sr.	5' 5"	A
8	Ann Langhorne Crutchfield	Fr.	5' 4"	D
9	Jocelyn Riopel	Jr.	5' 3"	D
10	Parker Bergeron	Jr.	5' 4"	A
11	Hope Hamel	Sr.	5' 6"	M
12	Georgia Muller	Jr.	5' 7"	D
13	Elizabeth Rayner	Fr.	5' 4"	M
14	Tate Mueller	So.	5' 2"	M
15	Caroline Dittner	Fr.	5' 7"	D
16	Rachel Perkins	Sr.	5' 4"	M
18	Grace Crutchfield	Fr.	5' 5"	A
19	Mia McGuire	Fr.	5' 9"	M

#	NAME	YR	HT	P
20	Lily Cann	Fr.	5' 8"	D
21	Harriet Christianson	Fr.	5' 6"	M
22	Katherine Crutchfield	Jr.	5' 8"	D
25	Amy Karp	Sr.	6' 0"	A
26	Landon Sule	Jr.	5' 4"	G
27	Mary Alice Collins	Fr.	5' 6"	G

*Roster information provided by schools

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2017 4A Men's Lacrosse Championship Bracket



FIRST ROUND		SECOND ROUND		THIRD ROUND		FOURTH ROUND		FOURTH ROUND		THIRD ROUND		SECOND ROUND		FIRST ROUND	
16	J.H. Rose		Jack Britt		Broughton		Apex		10-9		Lake Norman		Myers Park		Myers Park
17	Jack Britt	13-12		20-5		Apex		14-6		20-2		Lake Norman		4	Southeast Guilford
2	Broughton							Ardrey Kell		23-6		Ardrey Kell		8	
7	Apex							Grimsley		11				11	
11	Wakefield			11-7		Cardinal Gibbons		Lake Norman				Porter Ridge		6	
4	New Bern			Jordan				R.J. Reynolds		18-1		R.J. Reynolds		15	
9	Jordan			14-7				8-6		12-11		Ronald Reagan		2	
5	Cardinal Gibbons							Middle Creek		14-8		Mount Tabor		10-6	East Forsyth
14	Millbrook			18-2		REGIONAL FINAL		14-5		17-4		Charlotte Catholic		13-9	Middle Creek
20	Panther Creek	15-9				Cardinal Gibbons		11-7		11-9		Charlotte Catholic		11-9	Charlotte Catholic
15	E.A. Laney							11-7		9-4		Mount Tabor		14-8	Mount Tabor
18	Holly Springs	16-6		17-6		Charlotte Catholic		17-4		17-4		Green Hope		12-7	
1	Middle Creek							17-4		18-5		Northwest Guilford		13-7	Hough
10	New Hanover							18-5		11-9		Charlotte Catholic		5	Charlotte Catholic
8	Green Hope							18-5		11-9		Charlotte Catholic		14-8	David W. Butler
6	Leesville Road							18-5		11-9		Charlotte Catholic		14-8	Southern Alamance
13	Heritage			9-8				18-5		11-9		Charlotte Catholic		14-8	David W. Butler
3	Hoggard							18-5		11-9		Charlotte Catholic		14-8	David W. Butler
12	East Chapel Hill			18-13				18-5		11-9		Charlotte Catholic		14-8	David W. Butler
19	Athens Drive	17-11						18-5		11-9		Charlotte Catholic		14-8	David W. Butler

Wilson

WELLS
FARGO

4A Men's Championship Team Information



MIDDLE CREEK MUSTANGS



LAKE NORMAN WILDCATS

Location: Apex, N.C.

Conference: Conference 3

Colors: Red, White & Black

Principal: Wade Martin

Athletic Director: Jeremy Thompson

Head Coach: Nicholas Holota

Assistant Coaches: Chris Cote, Matt Dumbleton, Bryce Harrison, Fred Stienhauer, Sam Adler, Nick Flohr & Cole Shearin

Players to Watch: Owen Caputo, Jake Caputo, Jared Medwar, A.J. King, Charlie Doetzer

Team Record: 21-0 (16-0)

Location: Mooresville, N.C.

Conference: Conference 11

Colors: Midnight Blue & White

Principal: Keith Gentle

Athletic Director: Jay Keener

Head Coach: James Brugger

Assistant Coaches: Dan Mesler, Mike Caplis, Chris Sawicki, Steve supek, Scott Troy & Gary Rinaldi

Players to Watch: Ricky bockavich, Ryan Caplis, James Brugger, Ryan Werner, Matt Elder

Team Record: 19-4 (4-0)

Date	Opponent	Result
3/3	Panther Creek*	19 - 3 (W)
3/7	Athens Drive*	14 - 6 (W)
3/8	@ Millbrook	16 - 8 (W)
3/10	Cary*	18 - 4 (W)
3/13	@ Apex Friendship*	17 - 1 (W)
3/14	Holly Springs*	13 - 4 (W)
3/17	Fuquay - Varina*	14 - 1 (W)
3/21	Green Hope*	19 - 5 (W)
3/24	@ Apex*	15 - 7 (W)
4/4	@ Athens Drive*	19 - 3 (W)
4/5	@ Panther Creek*	14 - 0 (W)
4/7	@ Holly Springs*	17 - 4 (W)
4/18	Apex Friendship*	15 - 3 (W)
4/19	@ Cary*	20 - 1 (W)
4/21	@ Fuquay - Varina*	14 - 2 (W)
4/27	@ Green Hope*	17 - 6 (W)
4/28	Apex*	11 - 7 (W)
5/5	Holly Springs#	12 - 4 (W)
5/9	Green Hope#	17 - 6 (W)
5/12	Hoggard#	17 - 4 (W)
5/16	Cardinal Gibbons#	14 - 8 (W)
5/20	Lake Norman#	

It's been a magical season for the Middle Creek Mustangs who ran through their conference schedule unbeaten, posting a 21-0 record overall with 16 conference wins. Coach Nicholas Holota said his team has, "been playing with great effort and energy each game. We've been playing excellent as a team both offensively and defensively."

In mid-March, the Mustangs found themselves down 3-0 in the early going to conference and cross-town rival, Apex. That's when the Mustangs kicked things into another gear, scoring 4 straight goals to retake the lead. It was then that the Mustangs realized what they had as a group, and the team hasn't looked back.

Middle Creek is powered offensively by Owen Caputo who has scored 62 goals to go along with 52 assists. Including Caputo, the Mustangs have four players who have scored more than 40 goals this year.

Date	Opponent	Result
3/2	Charlotte Country Day (NC)	12 - 4 (W)
3/4	@ Cardinal Gibbons	4 - 9 (L)
3/10	Kiski School (PA)	7 - 8 (L)
3/11	East Chapel Hill	12 - 0 (W)
3/15	Northwest Guilford	13 - 17 (L)
3/17	@ Community School of Davidson*	15 - 0 (W)
3/18	Montgomery Bell Academy (TN)	9 - 12 (L)
3/23	Hough*	12 - 10 (W)
3/25	Myers Park*	8 - 3 (W)
3/31	St. Charles (OH)	12 - 5 (W)
4/1	Marvin Ridge	11 - 10 (W)
4/4	@ Weddington	11 - 10 (W)
4/6	Lake Norman Charter*	16 - 2 (W)
4/12	@ Mooresville*	18 - 4 (W)
4/19	@ Rockville Centre South Side (NY)	10 - 9 (W)
4/20	@ Carey (NY)	14 - 7 (W)
4/21	Sewanhaka (NY)	15 - 3 (W)
4/25	Lake Norman Charter**	13 - 6 (W)
4/28	@ Hough**	13 - 2 (W)
5/5	Myers Park#	14 - 6 (W)
5/9	Ardrey Kell#	10 - 9 (W)
5/12	R.J. Reynolds#	11 - 7 (W)
5/16	Charlotte Catholic#	9 - 4 (W)
5/20	Middle Creek#	

Perennial contender Lake Norman started off the season 4-4 thanks to some early-season inconsistency and a challenging schedule. After the rocky start, the Wildcats ripped off three straight wins and got some momentum for a stretch run that has seen Lake Norman take an undefeated mark through conference play, including a conference tournament title and a three-win week in New York to close out the year.

Ryan Caplis leads the team with 55 goals on the year to go along with 18 assists. Matt Elder and Mitchell Cody have both put up more than 40 goals and more than 40 assists on the season. The Wildcats are stingy defensively as well, only allowing 6.4 goals per game. Junior Ricky Bokavich has pulled the majority of the goal keeping duties posting a 216 save season with 60.1% save percentage.



Middle Creek Mustangs

Head Coach: Nicholas Holota

Assistant Coaches: Chris Cote, Matt

Dumbleton, Bryce Harrison, Fred Stienhauer,

Sam Adler, Nick Flohr & Cole Shearin

Team Bench: Caroline Gagen, Jade Hendricks, Bailey Russell



#	NAME	YR	HT	WT	P
1	Jared Medwar	Sr.	5' 6"	155	A
2	Dylan Bryan	Sr.	5' 6"	120	M
3	Jack Mullaney	Sr.	5' 8"	150	M
4	Drew Young	Jr.	5' 11"	160	M
5	Keith Phillips	Sr.	5' 8"	170	D
6	Harrison Rider	Jr.	5' 10"	180	D
7	James (Jimmy) Slaughter	Jr.	5' 10"	140	A
8	Graham Schwartz	So.	5' 10"	160	M
9	Jake Caputo	So.	5' 10"	175	M
10	Thomas (Tommy) Weir	Jr.	6' 0"	150	A
11	Nathaniel (Garrett) Patrick	Jr.	5' 8"	155	D
12	Caleb (Tanner) Patrick	Sr.	5' 9"	155	A
13	David Baird	So.	5' 7"	150	M
14	Anthony (AJ) King	Jr.	5' 8"	150	LSM
15	Matthew Kaminski	Sr.	5' 10"	155	A
16	Nathanial (Nate) Post	Sr.	5' 10"	155	M
17	Daniel Engman	Sr.	6' 2"	210	D
18	Stephen (Jonny) Floyd	Sr.	5' 10"	150	M
20	Josh Kintz	Sr.	5' 11"	160	M
21	James (JJ) Tolentino	Jr.	6' 0"	185	M

#	NAME	YR	HT	WT	P
22	Owen Caputo	Jr.	5' 11"	165	A
23	Owen Harrison	Fr.	5' 8"	140	M
24	Jonathan (Johnny) Kelley	Sr.	6' 0"	170	G
26	Luke McDonald	Fr.	5' 7"	150	LSM
27	Thomas Wilson	Jr.	5' 11"	190	M
28	Jackson Popielarcheck	Sr.	6' 1"	170	D
29	Benjamin Lever	Fr.	6' 0"	175	D
30	Lance Skelton	Fr.	5' 10"	180	
31	Chase Young	So.	5' 10"	150	D
32	Ben Ivey	Sr.	5' 9"	160	M
33	James Jay (Jay) Hooker	Sr.	5' 9"	205	G
98	Daniel (DJ) Jackson	Sr.	6' 2"	185	M
99	Charlie Doetzer	Sr.	5' 10"	150	M
	Seth Rogers	Jr.			



Lake Norman Wildcats

Head Coach: James Brugger

Assistant Coaches: John Klish, Jason

Dinwiddie, Ken Fasanaro, Mike Mabarak &

Brad Burnam

Team Bench: Jim Burns & Huston Mattson



#	NAME	YR	HT	WT	P
1	Ryan Caplis	Sr.	5' 11"	175	M
2	Matthew Elder	Jr.	5' 8"	175	A
3	Tucker Goodelle	Fr.	5' 9"	140	A
4	Ben Belding	Jr.	6' 1"	165	M
5	Chase Tweedy	Jr.	6' 3"	155	A
6	Travis Maynard	Fr.	5' 9"	160	M
7	Mitchell Cody	Jr.	5' 10"	165	A
8	James Jakubowski	Jr.	5' 10"	176	M
9	Owen Barrows	Jr.	5' 9"	150	A
10	Blake Lecky	Jr.	6' 0"	170	A
11	James Brugger	Sr.	5' 11"	170	D
12	Chris Pannenbacker	So.	5' 4"	115	M
14	Quinn Porter	So.	6' 0"	152	M
16	John-barron Davidson	So.	6' 0"	175	LSM
17	Christian Nell	Jr.	5' 9"	150	D
18	Ryan Swarts	So.	6' 1"	165	LSM
19	Issac Kaufman	Fr.	6' 0"	145	M
20	Nate Moore	Fr.	5' 7"	110	M
21	Brandon Garcia	Jr.	5' 10"	160	LSM

#	NAME	YR	HT	WT	P
23	Lucas Drum	So.	6' 0"	150	M
25	Sean Riley	Jr.	6' 3"	250	D
26	Grayson Baker	Sr.	6' 0"	165	D
29	Ricky Bokavich	Jr.	5' 11"	185	G
30	Zac Zipadelli	Fr.	5' 9"	150	M
31	Aiden Fox	Fr.	6' 1"	165	M
32	Trey Gillis	Fr.	5' 8"	130	D
33	Henry Heredia	Fr.	5' 9"	125	A
38	Elijah Nixon	Jr.	5' 7"	124	M
44	Nick Alberse	Fr.	5' 11"	145	D
47	Anthony Vaccaro	So.	5' 4"	125	A
50	Joey Buzynski	Jr.	5' 11"	230	G
59	Will Clark	So.	5' 10"	210	G
99	Ryan Werner	Sr.	6' 1"	185	A

*Roster information provided by schools

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LACROSSE STATE CHAMPIONSHIP RESULTS



WOMEN

OPEN	SITE	CHAMPION		RUNNER-UP		MVP
2010	WakeMed Soccer Park	Charlotte Catholic	12	Hoggard	11	Bridget Hogan, Catholic
2011	WakeMed Soccer Park	Apex	24	Myers Park	3	Cawley Bromley, Apex
2012	WakeMed Soccer Park	Green Hope	17	Charlotte Catholic	6	Maggie Auslander, GH
2013	WakeMed Soccer Park	East Chapel Hill	15	Charlotte Catholic	13	Sydney Holman, ECH
2014	WakeMed Soccer Park	Charlotte Catholic	10	Apex	9	Mia Castagnero, Apex
2015	WakeMed Soccer Park	Lake Norman	17	Cardinal Gibbons	15(ot)	Jordan Lappin, CG
2016	WakeMed Soccer Park	Cardinal Gibbons	18	Lake Norman	14	Erica Skowron, CG

MEN

OPEN	SITE	CHAMPION		RUNNER-UP		MVP
2010	WakeMed Soccer Park	Myers Park	15	Apex	11	Craig Passenant, Myers Park
2011	WakeMed Soccer Park	Northwest Guilford	13	East Chapel Hill	11	Jay Goldsmith, NW Guilford
2012	WakeMed Soccer Park	Lake Norman	9	Cardinal Gibbons	8	Kyle Gradert, Lake Norman
2013	WakeMed Soccer Park	Apex	12	Lake Norman	11	Tyler Nesbitt, Apex

PLAY WENT TO TWO CLASSIFICATIONS IN 2014

4A

2014	WakeMed Soccer Park	Charlotte Catholic	11	Apex	8	Connor Pool, Catholic
2015	WakeMed Soccer Park	Apex	7	Charlotte Catholic	6	Nick Greco, Apex
2016	WakeMed Soccer Park	Cardinal Gibbons	14	Lake Norman	8	Trevor Kirsch, Gibbons

1A/2A/3A

2014	WakeMed Soccer Park	Cardinal Gibbons	11	Marvin Ridge	8	Reilly McDermott, MR
2015	WakeMed Soccer Park	Cardinal Gibbons	13	Marvin Ridge	12 (ot)	Nick Forbes, Gibbons
2016	WakeMed Soccer Park	Marvin Ridge	16	Carrboro	3	Cam Renner, MR

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MEN'S LACROSSE STATE PLAYOFF RECORDS



Class	School	App	W	L	Pct.	Last App.	Class	School	App	W	L	Pct.	Last App.
O, 4A	Apex	7	23	5	0.821	2016	4A	Mooresville	3	0	3	0.000	2016
O, 4A	Ardrey Kell	5	5	5	0.500	2016	O, 4A	Mount Tabor	7	4	7	0.364	2016
O, 4A	Athens Drive	5	7	5	0.500	2016	O, 4A	Myers Park	7	12	6	0.667	2016
O, 4A	Ashley	6	2	6	0.250	2016	O, 4A	New Bern	4	0	4	0.000	2016
O, 123A	Bishop McGuinness	5	2	5	0.286	2016	O, 4A	New Hanover	5	2	5	0.286	2016
O, 4A	Broughton	7	4	7	0.364	2016	O	Northern Durham	1	0	1	0.000	2011
4A	Butler	3	2	3	0.400	2016	O, 123A	Northern Guilford	6	9	6	0.600	2016
O, 123A	Cardinal Gibbons	7	22	4	0.846	2016	O	North Mecklenburg	1	0	1	0.000	2010
O, 123A	Carrboro	6	4	6	0.400	2016	123A	Northside-Jax	3	4	3	0.571	2016
O, 123A	Cedar Ridge	5	4	5	0.444	2016	O, 4A	Northwest Guilford	7	18	6	0.750	2016
O, 123A	Chapel Hill	7	10	7	0.588	2016	123A	Northwood	3	0	3	0.000	2016
O, 4A	Charlotte Catholic	7	15	6	0.714	2016	123A	Orange	2	1	2	0.333	2016
O, 123A	C.S. of Davidson	4	4	4	0.500	2016	O, 4A	Page	6	5	6	0.455	2016
123A	Croatan	1	1	1	0.500	2016	4A	Panther Creek	2	3	2	0.600	2015
123A	Cuthbertson	2	3	2	0.600	2016	O	Patton	2	0	2	0.000	2012
O, 4A	East Chapel Hill	7	13	7	0.650	2016	O, 4A	Providence	5	5	5	0.500	2015
4A	East Forsyth	3	2	3	0.400	2016	4A	Ragsdale	3	0	3	0.000	2016
O, 123A	Eastern Alamance	4	3	4	0.429	2016	O, 4A	Reagan, Ronald	6	4	6	0.400	2016
O, 4A	Enloe	3	1	3	0.250	2016	O, 4A	Reynolds, R.J.	7	5	7	0.417	2016
O, 123A	First Flight	3	0	3	0.000	2016	O, 4A	Riverside	6	4	6	0.400	2015
123A	Freedom	1	0	1	0.000	2014	4A	Robinson, Jay M.	1	0	1	0.000	2015
O, 4A	Green Hope	4	3	4	0.429	2016	4A	Rose	3	0	3	0.000	2016
O, 4A	Grimsley	6	8	6	0.571	2016	123A	Roxboro Community	2	1	2	0.333	2015
123A	Havelock	3	2	3	0.400	2016	123A	South Brunswick	3	0	3	0.000	2016
4A	Heritage	2	2	2	0.500	2016	4A	South Mecklenburg	1	1	1	0.500	2016
O, 123A	Hickory	5	0	5	0.000	2016	O, 4A	Southeast Guilford	2	0	2	0.000	2014
O, 4A	Hoggard	7	7	7	0.500	2016	4A	Southern Alamance	1	0	1	0.000	2016
O, 4A	Holly Springs	7	8	6	0.571	2016	4A	Southwest Guilford	3	5	3	0.625	2016
4A	Hough	3	0	3	0.000	2016	123A	St. Stephens	3	0	3	0.000	2016
123A	Jacksonville	3	4	3	0.571	2016	123A	Topsail	3	0	3	0.000	2016
O, 4A	Jordan	7	5	7	0.417	2016	O, 4A	Wakefield	6	2	6	0.250	2016
O, 4A	Lake Norman	7	17	6	0.739	2016	O, 4A	Watauga	4	0	4	0.000	2016
O, 123A	Lake Norman Charter	4	2	4	0.333	2015	123A	Weddington	2	2	2	0.500	2016
4A	Laney	3	0	3	0.000	2016	O, 123A	Western Alamance	4	1	4	0.200	2014
O, 4A	Leesville Road	4	4	4	0.500	2016	4A	West Forsyth	3	0	3	0.000	2016
O, 123A	Marvin Ridge	5	16	4	0.800	2016	123A	West Stokes	2	0	2	0.000	2016
O, 4A	Millbrook	6	2	6	0.250	2016	O, 123A	Western Guilford	6	2	6	0.250	2016
O, 4A	Middle Creek	6	8	6	0.571	2016	123A	Williams	3	1	3	0.250	2016



WOMEN'S LACROSSE STATE PLAYOFF RECORDS



School	App	W	L	Pct.	Last App.	School	App	W	L	Pct.	Last App.
Apex	7	13	6	0.684	2016	Middle Creek	3	2	3	0.400	2016
Ardrey Kell	4	3	4	0.250	2016	Millbrook	3	0	3	0.000	2016
Ashley	7	6	7	0.462	2016	Mount Tabor	2	0	2	0.000	2015
Athens Drive	6	3	6	0.333	2015	Myers Park	7	11	7	0.611	2016
Bishop McGuinness	4	3	3	0.500	2014	New Bern	2	2	2	0.500	2016
Broughton	6	6	6	0.500	2016	New Hanover	4	2	4	0.333	2014
Cardinal Gibbons	7	16	6	0.727	2016	Northern Guilford	7	1	7	0.125	2016
Carrboro	3	1	3	0.333	2016	Northwest Guilford	7	3	7	0.300	2016
Chapel Hill	5	4	5	0.444	2016	Page	3	2	3	0.400	2016
Charlotte Catholic	7	21	5	0.808	2016	Panther Creek	4	2	4	0.333	2014
Cuthbertson	2	0	2	0.000	2016	Pinecrest	1	0	1	0.000	2016
East Chapel Hill	7	14	6	0.700	2016	Providence	2	3	2	0.600	2011
East Forsyth	4	2	4	0.333	2016	Ragsdale	4	0	4	0.000	2016
Green Hope	7	10	6	0.625	2016	Reagan	4	2	4	0.333	2016
Grimsley	3	2	3	0.400	2015	Reynolds, R.J.	6	3	6	0.375	2016
Heritage	3	1	3	0.250	2016	Rose, J.H.	3	1	3	0.000	2016
Hoggard	7	11	7	0.611	2016	Sanderson	1	1	1	0.500	2015
Hopewell	1	0	1	0.000	2010	South Mecklenburg	3	2	3	0.333	2016
Hough	5	1	5	0.167	2016	Southeast Guilford	3	5	3	0.667	2016
Independence	1	1	1	0.500	2014	Southwest Guilford	1	0	1	0.000	2015
Jacksonville	3	0	3	0.000	2016	Topsail	4	1	4	0.000	2016
Lake Norman	7	19	6	0.760	2016	Wakefield	7	8	7	0.533	2016
Lake Norman Charter	1	0	1	0.000	2016	Watauga	2	1	2	0.333	2015
Laney	7	3	7	0.300	2016	Weddington	3	0	3	0.000	2016
Leesville Road	1	0	1	0.000	2016	West Forsyth	3	1	3	0.250	2016
Marvin Ridge	6	10	6	0.625	2016	Western Guilford	4	3	4	0.429	2014

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