

NCHSAA/Gfeller-Waller Concussion Awareness Act Seasonal Compliance Checklist

This checklist is designed to help your school work toward compliance with the Gfeller-Waller Concussion Awareness Act. *According to the law, "each school shall maintain complete and accurate records of its compliance with the requirements ..."* Beside each component is a checkbox you can use indicating compliance steps are completed.

Educational Compliance

1. ☐ Concussion Information Sheet distributed to student-athletes and parent/ legal custodian
2. ☐ Concussion Statement Forms signed and collected from student-athletes and parent/ legal custodian
3. ☐ Concussion Information Sheet distributed to head and assistant coaches/athletic trainers/first responders/school nurses/volunteers
4. ☐ Concussion Statement Forms signed and collected from head and assistant coaches/athletic trainers/first responders/school nurses/volunteers

Post-Concussion Protocol/Plan Compliance

A Post Concussion Plan in place that at a minimum includes:

- a. ☐ No same day return-to-play for any student-athlete exhibiting signs and symptoms consistent with concussion
- b. ☐ Student-athlete exhibiting signs and symptoms consistent with concussion must complete a Return to Play Protocol
- c. ☐ Return to Play Form completed by a medical professional trained in concussion management prior to return-to-play/practice for any student-athlete exhibiting signs and symptoms consistent with concussion

Emergency Action Plan Compliance

1. ☐ Each school must have a venue specific Emergency Action Plan (EAP) reviewed by an Athletic Trainer Licensed (LAT) in North Carolina. If your school has an LAT, that person can review the EAP. If your school needs an LAT to review your plan you can email it to a member of the NCATA Secondary Schools EAP Review Committee.
2. ☐ The Emergency Action Plan shall include a delineation of roles, methods of communication, available emergency equipment, and access to and plan for emergency transport.
3. ☐ The Emergency Action Plan must be in writing.
4. ☐ The Emergency Action Plan must be provided to all coaches, administrators, volunteers, etc. involved in interscholastic athletics.
5. ☐ The Emergency Action Plan must be posted conspicuously at all venues.
6. ☐ The Emergency Action Plan must be annually reviewed and rehearsed by all licensed athletic trainers (LAT), first responders, coaches, school nurses, athletic directors, and volunteers for interscholastic athletics.
7. ☐ The Emergency Action Plan must be approved by the school principal.

☐ CONCUSSION STATEMENT FORMS HAVE BEEN CHECKED AGAINST BOTH TEAM AND STAFF ROSTERS AND ARE CURRENTLY ON FILE WITH _____.

(NAME OF SCHOOL OFFICIAL RESPONSIBLE FOR COMPLIANCE)

☐ FALL ☐ WINTER ☐ SPRING

PRINCIPAL'S SIGNATURE (OR DESIGNEE): _____ DATE: _____