

**2018 3A Eastern NCHSAA Regional Championships - 2/2/18 to 2/3/18**

**Swimming & Diving**

**Psych Sheet**

**Event 1 Women 200 Yard Medley Relay**

| <b>2:08.99 REGA</b>          |              |                  |      |
|------------------------------|--------------|------------------|------|
| <b>3:30.99 REGC Regional</b> |              |                  |      |
| <b>Team</b>                  | <b>Relay</b> | <b>Seed Time</b> |      |
| 1 Conley, D. H.              |              | 1:56.46          | REGA |
| 2 New Hanover                |              | 1:58.75          | REGA |
| 3 Topsail                    |              | 1:59.21          | REGA |
| 4 Northern Durham            |              | 1:59.33          | REGA |
| 5 South Brunswick            |              | 2:02.14          | REGA |
| 6 West Carteret              |              | 2:06.33          | REGA |
| 7 Rose, J. H.                |              | 2:07.93          | REGA |
| 8 Fike                       |              | 2:09.17          | REGC |
| 9 Clayton                    |              | 2:09.66          | REGC |
| 10 Rocky Mount               |              | 2:10.86          | REGC |
| 11 Swansboro                 |              | 2:14.62          | REGC |
| 12 Cape Fear                 |              | 2:15.57          | REGC |
| 13 West Johnston             |              | 2:16.68          | REGC |
| 14 Havelock                  |              | 2:16.94          | REGC |
| 15 Triton                    |              | 2:19.57          | REGC |
| 16 Smithfield-Selma          |              | 2:21.56          | REGC |
| 17 Cleveland                 |              | 2:22.78          | REGC |
| 18 Jacksonville              |              | 2:22.80          | REGC |
| 19 Franklinton               |              | 2:23.97          | REGC |
| 20 Sanford, Terry            |              | 2:24.40          | REGC |
| 21 Gray's Creek              |              | 2:27.78          | REGC |
| 22 Eastern Wayne             |              | 2:29.33          | REGC |
| 23 White Oak                 |              | 2:29.36          | REGC |
| 24 Northern Nash             |              | 2:30.11          | REGC |

**Event 2 Men 200 Yard Medley Relay**

| <b>1:54.99 REGA</b>          |              |                  |      |
|------------------------------|--------------|------------------|------|
| <b>3:29.99 REGC Regional</b> |              |                  |      |
| <b>Team</b>                  | <b>Relay</b> | <b>Seed Time</b> |      |
| 1 Rose, J. H.                |              | 1:46.94          | REGA |
| 2 Conley, D. H.              |              | 1:47.00          | REGA |
| 3 Northern Durham            |              | 1:47.53          | REGA |
| 4 New Hanover                |              | 1:48.18          | REGA |
| 5 South Brunswick            |              | 1:49.09          | REGA |
| 6 Hunt                       |              | 1:50.95          | REGA |
| 7 Swansboro                  |              | 1:51.56          | REGA |
| 8 Topsail                    |              | 1:53.95          | REGA |
| 9 Cleveland                  |              | 1:54.55          | REGA |
| 10 West Brunswick            |              | 1:56.57          | REGC |
| 11 Sanford, Terry            |              | 1:57.38          | REGC |
| 12 Clayton                   |              | 1:57.68          | REGC |
| 13 Gray's Creek              |              | 1:58.76          | REGC |
| 14 Rocky Mount               |              | 1:58.86          | REGC |
| 15 Harnett Central           |              | 1:59.89          | REGC |
| 16 White Oak                 |              | 2:00.33          | REGC |
| 17 South Johnston            |              | 2:02.60          | REGC |
| 18 Fike                      |              | 2:03.15          | REGC |
| 19 West Carteret             |              | 2:04.98          | REGC |
| 20 Cape Fear                 |              | 2:06.36          | REGC |
| 21 Havelock                  |              | 2:06.91          | REGC |
| 22 Franklinton               |              | 2:09.59          | REGC |
| 23 Southern Nash             |              | 2:11.19          | REGC |
| 24 Eastern Wayne             |              | 2:11.25          | REGC |

**Event 3 Women 200 Yard Freestyle**

| <b>2:08.99 REGA</b>          |           |                  |                  |
|------------------------------|-----------|------------------|------------------|
| <b>2:50.99 REGC Regional</b> |           |                  |                  |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |
| 1 Kate, Pottle               | JR        | New Hanover      | 1:57.49 REGA     |
| 2 Despres, Morgan            | SR        | Conley, D. H.    | 1:59.02 REGA     |
| 3 Hoover, Madison            | SO        | Topsail          | 2:02.55 REGA     |
| 4 Gooch, Ellen               | JR        | Northern Durham  | 2:06.13 REGA     |
| 5 DeVente, Nioelle           | FR        | Rose, J. H.      | 2:06.60 REGA     |
| 6 Loynes, Anna               | SR        | West Carteret    | 2:10.30 REGC     |
| 7 Jones, Sarah               | SR        | Fike             | 2:12.27 REGC     |
| 8 Torres, Sophia             | SO        | Smithfield-Selma | 2:13.06 REGC     |
| 9 Martin, Lillie             | FR        | Clayton          | 2:13.74 REGC     |
| 10 Hill, Lauren              | SR        | Conley, D. H.    | 2:21.50 REGC     |
| 11 Martinez, Micaela         | SO        | Northside (Jax)  | 2:22.21 REGC     |
| 12 Stone, Willow             | SO        | Clayton          | 2:23.79 REGC     |
| 13 Shook, Amelia             | FR        | Cape Fear        | 2:24.80 REGC     |
| 14 Vasques-Soto, Jarianna    | FR        | Conley, D. H.    | 2:25.23 REGC     |
| 15 Dostie, Addison           | FR        | Topsail          | 2:25.29 REGC     |
| 16 Rogers, Abigail           | SR        | Fike             | 2:26.26 REGC     |
| 17 Huddleson, Maggie         | SR        | Northern Nash    | 2:27.00 REGC     |
| 18 Hodge, Sophie             |           | Sanford, Terry   | 2:27.23 REGC     |
| 19 Danner, Maggie            | JR        | South Brunswick  | 2:31.30 REGC     |
| 20 Hamilton, Lindsay         | SO        | Clayton          | 2:33.21 REGC     |
| 21 Parks, Katherine          | SO        | South Brunswick  | 2:34.14 REGC     |
| 22 Scheel, Sydney            | FR        | Swansboro        | 2:34.35 REGC     |
| 23 Farrell, Mary-Clare       | SR        | Topsail          | 2:34.35 REGC     |
| 24 Bardowell, Madalyn        | JR        | Southern Nash    | 2:35.03 REGC     |

**Event 4 Men 200 Yard Freestyle**

| <b>1:58.99 REGA</b>          |           |                  |                  |
|------------------------------|-----------|------------------|------------------|
| <b>2:49.99 REGC Regional</b> |           |                  |                  |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |
| 1 Pritchard, Thomas          | JR        | Northern Durham  | 1:46.67 REGA     |
| 2 Dennison, Conner           | JR        | Conley, D. H.    | 1:53.36 REGA     |
| 3 Eberhardt, Andrew          | SO        | New Hanover      | 1:55.46 REGA     |
| 4 Beasley, Josiah            | SO        | Triton           | 1:55.83 REGA     |
| 5 Exum, Russell              | FR        | Rose, J. H.      | 1:58.39 REGA     |
| 6 Metzger, Riley             | FR        | Cleveland        | 2:04.06 REGC     |
| 7 Graham, Charlie            | SR        | Hunt             | 2:06.94 REGC     |
| 8 Davis, Chase               | FR        | Topsail          | 2:07.72 REGC     |
| 9 Wallis, Trenton            | SR        | Harnett Central  | 2:08.00 REGC     |
| 10 Berenji, Keyon            | SO        | West Brunswick   | 2:08.30 REGC     |
| 11 Price, Jacob              | JR        | Swansboro        | 2:08.45 REGC     |
| 12 Imbody, Sean              | SR        | Swansboro        | 2:11.39 REGC     |
| 13 Smith, Jacob              | SO        | Conley, D. H.    | 2:14.45 REGC     |
| 14 Batten, Dalton            | JR        | Smithfield-Selma | 2:15.44 REGC     |
| 15 Davidson, Dylan           | SR        | Northern Durham  | 2:16.25 REGC     |
| 16 Jenkins, Ammon Bryant     | FR        | Harnett Central  | 2:17.47 REGC     |
| 17 Topoly, Drew              | JR        | Smithfield-Selma | 2:17.69 REGC     |
| 18 Mongeau, James            | SR        | Topsail          | 2:18.05 REGC     |
| 19 Dermer, Adam              | JR        | Hunt             | 2:18.33 REGC     |
| 20 Souza, Travis             | SO        | Topsail          | 2:19.80 REGC     |
| 21 Holder, Sam               | SO        | Cleveland        | 2:21.00 REGC     |
| 22 Folgleman, Max            | JR        | Fike             | 2:21.38 REGC     |
| 23 Horstmann, Matthew        | FR        | Clayton          | 2:21.47 REGC     |
| 24 Herzig, Dakota            | SR        | Cleveland        | 2:21.57 REGC     |

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**Psych Sheet**

**Event 5 Women 200 Yard IM**

| <b>2:21.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>3:30.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Ruiz, Sara                 | SO        | New Hanover     | 2:14.37          | REGA |
| 2 Ruck, Caroline             | FR        | West Brunswick  | 2:16.10          | REGA |
| 3 Koesters, Faith            | FR        | Conley, D. H.   | 2:24.13          | REGC |
| 4 Paschall, Meghan           | JR        | West Carteret   | 2:28.34          | REGC |
| 5 Eason, Corry               | JR        | Rose, J. H.     | 2:29.92          | REGC |
| 6 Jones, Cassie              | SR        | Fike            | 2:33.49          | REGC |
| 7 Autry, Samantha            | SO        | Jacksonville    | 2:34.58          | REGC |
| 8 Lucy, Gittings             | JR        | New Hanover     | 2:35.39          | REGC |
| 9 Bullard, Meredith          | JR        | Conley, D. H.   | 2:38.50          | REGC |
| 10 Gross, Kylie              | FR        | Conley, D. H.   | 2:42.34          | REGC |
| 11 Yarborough, Hannah        | SR        | Sanford, Terry  | 2:47.00          | REGC |
| 12 Kazel, Mia                | FR        | Jacksonville    | 2:47.07          | REGC |
| 13 Dalsimer, Madeline        | JR        | Rocky Mount     | 2:50.14          | REGC |
| 14 Van Vlack, Hannah         | FR        | Franklinton     | 2:52.50          | REGC |
| 15 Bailey, Alexis            | JR        | South Brunswick | 2:59.57          | REGC |
| 16 Yates, Emmi               | SO        | Swansboro       | 3:00.15          | REGC |
| 17 Schreck, Jacqualine       | JR        | Swansboro       | 3:01.08          | REGC |
| 18 Thibeault, Kourtney       | JR        | Cape Fear       | 3:03.31          | REGC |
| 19 Von Hofen, Katie          | JR        | Topsail         | 3:03.66          | REGC |
| 20 Riddle, Mary              | FR        | Clayton         | 3:05.40          | REGC |
| 21 Schwartz, Katlin          | JR        | Rose, J. H.     | 3:07.60          | REGC |
| 22 Puckett, Sarah            | SO        | Cleveland       | 3:07.94          | REGC |
| 23 Voss, Morgan              | SR        | Fike            | 3:08.16          | REGC |
| 24 Terwilliger, Lily         | SO        | Cape Fear       | 3:08.84          | REGC |

**Event 6 Men 200 Yard IM**

| <b>2:10.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>3:05.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Falise, Nicholas           | SO        | Northern Durham | 2:02.68          | REGA |
| 2 Landry, Andrew             | SR        | Conley, D. H.   | 2:07.12          | REGA |
| 3 Maddrey, Ethan             | SO        | Hunt            | 2:10.58          | REGA |
| 4 Despres, Garrett           | SO        | Conley, D. H.   | 2:14.16          | REGC |
| 5 Leong, Luke                | SO        | Rose, J. H.     | 2:17.97          | REGC |
| 6 Hastings, Jack             | SO        | Rose, J. H.     | 2:18.15          | REGC |
| 7 Li, David                  | JR        | Sanford, Terry  | 2:19.41          | REGC |
| 8 Gleason, Declean           | FR        | Franklinton     | 2:19.78          | REGC |
| 9 Kuhn, Lucas                | SO        | South Brunswick | 2:20.89          | REGC |
| 10 Mainz, Creed              | SO        | Jacksonville    | 2:20.96          | REGC |
| 11 Nakaya, Ryo               | SO        | Fike            | 2:26.44          | REGC |
| 12 Waiau, Marcus             | SR        | Havelock        | 2:26.53          | REGC |
| 13 Bryan, Luke               | SR        | Harnett Central | 2:26.90          | REGC |
| 14 Donnelly, Casey           | SR        | Swansboro       | 2:27.65          | REGC |
| 15 Gallek, Nicholas          | SO        | Topsail         | 2:28.18          | REGC |
| 16 Thompson, Dawson          | SR        | Clayton         | 2:30.17          | REGC |
| 17 Hynde, Cameron            | SR        | South Brunswick | 2:30.23          | REGC |
| 18 Tong, Ben                 | FR        | Hunt            | 2:33.82          | REGC |
| 19 Gallagher, Jonathan       | SO        | Topsail         | 2:34.88          | REGC |
| 20 Deffinbaugh, Johnny       | JR        | New Hanover     | 2:35.31          | REGC |
| 21 Harts, Noah               | JR        | West Brunswick  | 2:37.72          | REGC |
| 22 Childer, Zachary          | SR        | Eastern Wayne   | 2:38.96          | REGC |
| 23 Hall, Justin              | SO        | Cleveland       | 2:39.04          | REGC |
| 24 Savage, Chance            | FR        | Northern Nash   | 2:39.48          | REGC |

**Event 7 Women 50 Yard Freestyle**

| <b>26.49 REGA</b>          |           |                 |                  |      |
|----------------------------|-----------|-----------------|------------------|------|
| <b>31.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Torres, Svea             | SR        | Conley, D. H.   | 25.43            | REGA |
| 2 Howard, Emma             | SR        | Northern Durham | 25.99            | REGA |
| 3 McGee, Ruth              | SO        | Conley, D. H.   | 26.17            | REGA |
| 4 Ervin, Bridgette         | FR        | Northern Durham | 26.21            | REGA |
| 5 Jones, Jazmin            | SO        | Eastern Wayne   | 26.36            | REGA |
| 6 Prosser, Sarah           | SO        | West Carteret   | 26.80            | REGC |
| 7 Temple, Scotty           | SO        | Triton          | 27.40            | REGC |
| 8 Shook, Madeline          | SR        | Cape Fear       | 27.42            | REGC |
| 9 Day, Emily               | JR        | Hunt            | 27.48            | REGC |
| 10 Lavelly, Jenna          | SO        | Rocky Mount     | 27.48            | REGC |
| 11 Hill, Lauren            | SR        | Conley, D. H.   | 27.53            | REGC |
| 12 Scharf, Hannah          | SR        | South Brunswick | 27.59            | REGC |
| 13 Colantoni, Rhiannon     | JR        | Havelock        | 27.85            | REGC |
| 14 Martinez, Micaela       | SO        | Northside (Jax) | 27.91            | REGC |
| 15 Kohake, Virginia        | SR        | Conley, D. H.   | 27.99            | REGC |
| 16 Lee, Julianna           | SR        | West Johnston   | 28.29            | REGC |
| 17 Moss, Katherine         | JR        | Rocky Mount     | 28.38            | REGC |
| 18 Seaman, Sydney          | SR        | Rocky Mount     | 28.44            | REGC |
| 19 Daniel, Caroline        | SR        | New Hanover     | 28.78            | REGC |
| 20 Gray, Maya              | SO        | Clayton         | 28.79            | REGC |
| 21 Rose, Ellie             | SR        | West Carteret   | 28.82            | REGC |
| 22 Reddick, Nina           | FR        | Cleveland       | 28.90            | REGC |
| 23 Hopper, Maggie          | JR        | South Brunswick | 29.10            | REGC |
| 24 Barbee, Sarah           | JR        | South Brunswick | 29.18            | REGC |

**Event 8 Men 50 Yard Freestyle**

| <b>23.49 REGA</b>          |           |                 |                  |      |
|----------------------------|-----------|-----------------|------------------|------|
| <b>26.49 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Humphreys, Grant         | JR        | Rose, J. H.     | 22.70            | REGA |
| 2 Lu, Zizhou               | JR        | Gray's Creek    | 22.84            | REGA |
| 3 Meadows, Grant           | JR        | Swansboro       | 22.92            | REGA |
| 4 Torres, Trevor           | SO        | Conley, D. H.   | 23.23            | REGA |
| 5 Johnson, Teddy           | SR        | South Brunswick | 23.25            | REGA |
| 6 Rivera, Christian        | SR        | Swansboro       | 23.51            | REGC |
| 7 Eberhardt, Andrew        | SO        | New Hanover     | 23.53            | REGC |
| 8 Bell, Jacob              | SO        | Conley, D. H.   | 23.59            | REGC |
| 9 Bell, Owen               | JR        | South Brunswick | 23.96            | REGC |
| 10 Malsch, Hunter          | SR        | Northern Durham | 24.32            | REGC |
| 11 Bryson, Toby            | SO        | Conley, D. H.   | 24.34            | REGC |
| 12 Cain, Jackson           | FR        | Northern Durham | 24.42            | REGC |
| 13 Coles, William          | SO        | West Carteret   | 24.51            | REGC |
| 14 Hobart, Finch           | JR        | New Hanover     | 24.79            | REGC |
| 15 Wallis, Trenton         | SR        | Harnett Central | 24.80            | REGC |
| 16 Anderson, John          | SO        | Conley, D. H.   | 25.04            | REGC |
| 17 Cruz, Colton            | SR        | Southern Nash   | 25.12            | REGC |
| 18 Kerstein, Spencer       | SR        | West Carteret   | 25.30            | REGC |
| 19 Carmillo, Matt          | SR        | Clayton         | 25.42            | REGC |
| 20 Gross, Joshua           | JR        | Eastern Wayne   | 25.54            | REGC |
| 21 Davis, Christian        | SR        | Cleveland       | 25.60            | REGC |
| 22 Butler, Trent           | FR        | Topsail         | 25.65            | REGC |
| 23 Tew, Nick               | JR        | Hunt            | 25.79            | REGC |
| 24 Russell, Brandon        | SR        | Aycock, C. B.   | 25.82            | REGC |

**2018 3A Eastern NCHSAA Regional Championships - 2/2/18 to 2/3/18**

**Swimming & Diving**

**Psych Sheet**

**Event 11 Women 100 Yard Butterfly**

| <b>1:02.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:50.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Ruck, Caroline             | FR        | West Brunswick  | 1:01.55          | REGA |
| 2 White, McKenzie            | SR        | South Brunswick | 1:02.47          | REGA |
| 3 Gooch, Ellen               | JR        | Northern Durham | 1:02.67          | REGA |
| 4 Popella, Delaney           | JR        | Topsail         | 1:02.92          | REGA |
| 5 Jones, Jazmin              | SO        | Eastern Wayne   | 1:04.62          | REGC |
| 6 Boldt, Elizabeth           | FR        | South Brunswick | 1:05.15          | REGC |
| 7 Paschall, Meghan           | JR        | West Carteret   | 1:05.18          | REGC |
| 8 Loynes, Anna               | SR        | West Carteret   | 1:05.33          | REGC |
| 9 Brynn, Jewell              | JR        | New Hanover     | 1:05.66          | REGC |
| 10 Jones, Cassie             | SR        | Fike            | 1:08.81          | REGC |
| 11 Kohake, Virginia          | SR        | Conley, D. H.   | 1:10.73          | REGC |
| 12 Raynor, Faith             | JR        | Clayton         | 1:11.44          | REGC |
| 13 Barbee, Sarah             | JR        | South Brunswick | 1:11.66          | REGC |
| 14 Bullard, Meredith         | JR        | Conley, D. H.   | 1:11.87          | REGC |
| 15 Higgins, Hannah           | FR        | Conley, D. H.   | 1:12.50          | REGC |
| 16 Taylor, Alyson            | SO        | Swansboro       | 1:12.58          | REGC |
| 17 Tarrant, Bailey           | SO        | Northern Durham | 1:12.67          | REGC |
| 18 Lord, Clara               | FR        | Rocky Mount     | 1:12.68          | REGC |
| 19 Dhunjshaw, Sarah          | JR        | South Brunswick | 1:13.17          | REGC |
| 20 Potteiger, Kamryn         | SO        | West Johnston   | 1:16.75          | REGC |
| 21 Kerner, Camille           | JR        | Northern Durham | 1:18.06          | REGC |
| 22 Osterhout, Kathryn        | SO        | Rocky Mount     | 1:18.57          | REGC |
| 23 Scheel, Sydney            | FR        | Swansboro       | 1:19.07          | REGC |
| 24 Leahy, Bella              | SO        | East Wake       | 1:21.25          | REGC |

**Event 12 Men 100 Yard Butterfly**

| <b>57.99 REGA</b>            |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:35.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Langston, Mitchell         | JR        | Cleveland       | 53.39            | REGA |
| 2 Tillery, Seth              | SO        | Conley, D. H.   | 55.74            | REGA |
| 3 Anselmo, Matt              | JR        | South Brunswick | 56.55            | REGA |
| 4 Brown, Riley               | SO        | Conley, D. H.   | 56.94            | REGA |
| 5 Popejoy, Cade              | SR        | White Oak       | 57.07            | REGA |
| 6 Husketh, Dalton            | FR        | Northern Durham | 59.12            | REGC |
| 7 Kuhn, Lucas                | SO        | South Brunswick | 1:01.60          | REGC |
| 8 Fallon, Tommy              | SR        | West Brunswick  | 1:02.35          | REGC |
| 9 Li, David                  | JR        | Sanford, Terry  | 1:03.23          | REGC |
| 10 Butler, Trent             | FR        | Topsail         | 1:04.02          | REGC |
| 11 Zhang, Kevin              | SR        | Topsail         | 1:04.20          | REGC |
| 12 Ervin, Benjamin           | JR        | Northern Durham | 1:05.06          | REGC |
| 13 Bryson, Toby              | SO        | Conley, D. H.   | 1:05.95          | REGC |
| 14 Weeks, Kenneth            | JR        | Eastern Wayne   | 1:06.27          | REGC |
| 15 Nakaya, Ryo               | SO        | Fike            | 1:06.27          | REGC |
| 16 Griffin, Harry            | FR        | Northern Durham | 1:08.01          | REGC |
| 17 Brown, Evan               | JR        | Franklinton     | 1:08.06          | REGC |
| 18 Diaz, Hayden              | JR        | Gray's Creek    | 1:08.32          | REGC |
| 19 Gallek, Nicholas          | SO        | Topsail         | 1:08.52          | REGC |
| 20 Gallagher, Jonathan       | SO        | Topsail         | 1:09.39          | REGC |
| 21 Maamoun, Eslam            | SO        | Rose, J. H.     | 1:09.78          | REGC |
| 22 Fitzhugh, Ryan            | FR        | Clayton         | 1:09.85          | REGC |
| 23 Eldib, Adam               | SR        | Conley, D. H.   | 1:09.85          | REGC |
| 24 Penny, Trey               | SO        | South Johnston  | 1:10.95          | REGC |

**Event 13 Women 100 Yard Freestyle**

| <b>57.99 REGA</b>            |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:10.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Kate, Pottle               | JR        | New Hanover     | 54.08            | REGA |
| 2 Despres, Morgan            | SR        | Conley, D. H.   | 55.22            | REGA |
| 3 Koesters, Faith            | FR        | Conley, D. H.   | 57.75            | REGA |
| 4 McGee, Ruth                | SO        | Conley, D. H.   | 57.85            | REGA |
| 5 Howard, Emma               | SR        | Northern Durham | 58.29            | REGC |
| 6 Morden, Sarah              | JR        | Smith, E. E.    | 59.75            | REGC |
| 7 Lavelly, Jenna             | SO        | Rocky Mount     | 1:00.48          | REGC |
| 8 Kohake, Julia              | JR        | Conley, D. H.   | 1:01.29          | REGC |
| 9 Day, Emily                 | JR        | Hunt            | 1:02.11          | REGC |
| 10 Parrella, Kersten         | SR        | Topsail         | 1:03.00          | REGC |
| 11 Colantoni, Rhiannon       | JR        | Havelock        | 1:03.01          | REGC |
| 12 Seaman, Sydney            | SR        | Rocky Mount     | 1:03.16          | REGC |
| 13 Rose, Ellie               | SR        | West Carteret   | 1:04.05          | REGC |
| 14 Hopper, Maggie            | JR        | South Brunswick | 1:05.13          | REGC |
| 15 Davila, Zoe               | SR        | Jacksonville    | 1:05.40          | REGC |
| 16 Dostie, Addison           | FR        | Topsail         | 1:05.49          | REGC |
| 17 Roberson, Noelle          | FR        | Clayton         | 1:06.22          | REGC |
| 18 Hodge, Sophie             |           | Sanford, Terry  | 1:06.22          | REGC |
| 19 Palmquist, Elizabeth      | SR        | South Brunswick | 1:06.55          | REGC |
| 20 Parrish, Amber            | SR        | Cleveland       | 1:07.79          | REGC |
| 21 Becker, Carina            | SO        | Rose, J. H.     | 1:08.03          | REGC |
| 22 Parks, Katherine          | SO        | South Brunswick | 1:08.30          | REGC |
| 23 Yuziuk, Carolyn           | SR        | Cleveland       | 1:08.47          | REGC |
| 24 Gray, Maya                | SO        | Clayton         | 1:08.59          | REGC |

**Event 14 Men 100 Yard Freestyle**

| <b>52.99 REGA</b>            |           |                  |                  |      |
|------------------------------|-----------|------------------|------------------|------|
| <b>1:08.99 REGC Regional</b> |           |                  |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |      |
| 1 Smith, Sadler              | FR        | Rose, J. H.      | 50.33            | REGA |
| 2 Lu, Zizhou                 | JR        | Gray's Creek     | 50.95            | REGA |
| 3 Meadows, Grant             | JR        | Swansboro        | 51.16            | REGA |
| 4 Bell, Jacob                | SO        | Conley, D. H.    | 52.47            | REGA |
| 5 Bell, Owen                 | JR        | South Brunswick  | 52.50            | REGA |
| 6 Francis, Sanjeev           | FR        | Hunt             | 52.68            | REGA |
| 7 Humphreys, Grant           | JR        | Rose, J. H.      | 53.40            | REGC |
| 8 Fallon, Tommy              | SR        | West Brunswick   | 53.57            | REGC |
| 9 Cook, Turner               | FR        | Conley, D. H.    | 53.61            | REGC |
| 10 Cain, Jackson             | FR        | Northern Durham  | 53.83            | REGC |
| 11 Rivera, Christian         | SR        | Swansboro        | 54.06            | REGC |
| 12 Popejoy, Cade             | SR        | White Oak        | 54.40            | REGC |
| 13 Graham, Charlie           | SR        | Hunt             | 55.55            | REGC |
| 14 Coles, William            | SO        | West Carteret    | 55.56            | REGC |
| 15 Anderson, John            | SO        | Conley, D. H.    | 55.69            | REGC |
| 16 Wallis, Spencer           | SR        | Harnett Central  | 56.79            | REGC |
| 17 Batten, Dalton            | JR        | Smithfield-Selma | 56.88            | REGC |
| 18 Hucks, Tyler              | SR        | West Brunswick   | 56.97            | REGC |
| 19 Hobart, Finch             | JR        | New Hanover      | 57.58            | REGC |
| 20 Cruz, Colton              | SR        | Southern Nash    | 58.06            | REGC |
| 21 Coburn, Andrew            | SO        | Northern Durham  | 58.15            | REGC |
| 22 Price, Jacob              | JR        | Swansboro        | 58.23            | REGC |
| 23 Tew, Nick                 | JR        | Hunt             | 58.56            | REGC |
| 24 Brown, Bryson             | SO        | Rose, J. H.      | 58.93            | REGC |

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**Event 15 Women 500 Yard Freestyle**

| <b>5:50.99 REGA</b>          |           |                  |                  |      |
|------------------------------|-----------|------------------|------------------|------|
| <b>8:00.99 REGC Regional</b> |           |                  |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |      |
| 1 Burns, Abigail             | JR        | Conley, D. H.    | 5:23.80          | REGA |
| 2 Hoover, Madison            | SO        | Topsail          | 5:26.53          | REGA |
| 3 Marshall, Lauren Drew      | SR        | Topsail          | 5:28.76          | REGA |
| 4 Brynn, Jewell              | JR        | New Hanover      | 5:29.33          | REGA |
| 5 Martin, Reagan             | JR        | Clayton          | 5:31.17          | REGA |
| 6 Martin, Lillie             | FR        | Clayton          | 5:43.44          | REGA |
| 7 Torres, Sophia             | SO        | Smithfield-Selma | 5:46.45          | REGA |
| 8 DeVente, Nioelle           | FR        | Rose, J. H.      | 5:47.10          | REGA |
| 9 Jones, Sarah               | SR        | Fike             | 5:47.94          | REGA |
| 10 Raynor, Faith             | JR        | Clayton          | 5:59.82          | REGC |
| 11 Gross, Kylie              | FR        | Conley, D. H.    | 6:21.00          | REGC |
| 12 Kazel, Mia                | FR        | Jacksonville     | 6:22.62          | REGC |
| 13 Tarrant, Bailey           | SO        | Northern Durham  | 6:35.06          | REGC |
| 14 Maybee, Delaney           | FR        | Havelock         | 6:35.17          | REGC |
| 15 Yarborough, Hannah        | SR        | Sanford, Terry   | 6:40.36          | REGC |
| 16 Rogers, Abigail           | SR        | Fike             | 6:42.70          | REGC |
| 17 Danner, Maggie            | JR        | South Brunswick  | 6:47.40          | REGC |
| 18 Carlson, Caroline         | SO        | West Johnston    | 6:48.91          | REGC |
| 19 Nelson, Bailey            | SO        | Swansboro        | 6:51.24          | REGC |
| 20 Bardowell, Madalyn        | JR        | Southern Nash    | 6:57.65          | REGC |
| 21 Schnitzler, Isabella      | JR        | Jacksonville     | 6:58.20          | REGC |
| 22 McCormick, Margaret       | SO        | Harnett Central  | 7:05.39          | REGC |
| 23 Elder, Elizabeth          | FR        | New Hanover      | 7:07.05          | REGC |
| 24 Cauthren, Madyson         | SO        | Cleveland        | 7:10.52          | REGC |

**Event 16 Men 500 Yard Freestyle**

| <b>5:30.99 REGA</b>          |           |                  |                  |      |
|------------------------------|-----------|------------------|------------------|------|
| <b>7:35.99 REGC Regional</b> |           |                  |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |      |
| 1 Pritchard, Thomas          | JR        | Northern Durham  | 4:48.29          | REGA |
| 2 Dennison, Conner           | JR        | Conley, D. H.    | 5:02.36          | REGA |
| 3 Landry, Andrew             | SR        | Conley, D. H.    | 5:07.31          | REGA |
| 4 Despres, Garrett           | SO        | Conley, D. H.    | 5:16.36          | REGA |
| 5 Beasley, Josiah            | SO        | Triton           | 5:22.88          | REGA |
| 6 Metzger, Riley             | FR        | Cleveland        | 5:30.32          | REGA |
| 7 Rogers, Matthew            | FR        | Harnett Central  | 5:38.91          | REGC |
| 8 Husketh, Dalton            | FR        | Northern Durham  | 5:41.06          | REGC |
| 9 Berenji, Keyon             | SO        | West Brunswick   | 5:48.24          | REGC |
| 10 Hastings, Jack            | SO        | Rose, J. H.      | 5:48.41          | REGC |
| 11 Childer, Zachary          | SR        | Eastern Wayne    | 6:13.13          | REGC |
| 12 Weeks, Kenneth            | JR        | Eastern Wayne    | 6:14.50          | REGC |
| 13 Taylor, Nate              | SR        | Swansboro        | 6:17.23          | REGC |
| 14 Matrejek, Shane           | JR        | Hunt             | 6:18.07          | REGC |
| 15 Schieffer, Blake          | SR        | Topsail          | 6:18.38          | REGC |
| 16 Tong, Ben                 | FR        | Hunt             | 6:21.45          | REGC |
| 17 Topoly, Drew              | JR        | Smithfield-Selma | 6:25.01          | REGC |
| 18 Gordon, Will              | SR        | West Carteret    | 6:26.55          | REGC |
| 19 Pennington, Jacob         | JR        | West Carteret    | 6:29.83          | REGC |
| 20 Baker, Nate               | FR        | Havelock         | 6:31.96          | REGC |
| 21 Paramore, Grant           | JR        | Topsail          | 6:38.29          | REGC |
| 22 Jones, Will               | SO        | Harnett Central  | 6:38.85          | REGC |
| 23 Herzig, Dakota            | SR        | Cleveland        | 6:39.25          | REGC |
| 24 Horstmann, Matthew        | FR        | Clayton          | 6:40.57          | REGC |

**Event 17 Women 200 Yard Freestyle Relay**

| <b>1:56.99 REGA</b>          |              |                  |
|------------------------------|--------------|------------------|
| <b>3:20.99 REGC Regional</b> |              |                  |
| <b>Team</b>                  | <b>Relay</b> | <b>Seed Time</b> |
| 1 Conley, D. H.              |              | 1:45.67 REGA     |
| 2 Northern Durham            |              | 1:46.93 REGA     |
| 3 South Brunswick            |              | 1:47.95 REGA     |
| 4 West Carteret              |              | 1:51.70 REGA     |
| 5 Rocky Mount                |              | 1:52.33 REGA     |
| 6 Topsail                    |              | 1:55.44 REGA     |
| 7 Cape Fear                  |              | 1:57.91 REGC     |
| 8 Swansboro                  |              | 1:58.54 REGC     |
| 9 Fike                       |              | 1:59.10 REGC     |
| 10 Cleveland                 |              | 1:59.86 REGC     |
| 11 Sanford, Terry            |              | 2:00.27 REGC     |
| 12 Jacksonville              |              | 2:00.30 REGC     |
| 13 Smithfield-Selma          |              | 2:00.86 REGC     |
| 14 Havelock                  |              | 2:02.56 REGC     |
| 15 Clayton                   |              | 2:02.62 REGC     |
| 16 Triton                    |              | 2:02.76 REGC     |
| 17 West Johnston             |              | 2:02.97 REGC     |
| 18 Hunt                      |              | 2:03.88 REGC     |
| 19 Rose, J. H.               |              | 2:06.37 REGC     |
| 20 Franklinton               |              | 2:08.48 REGC     |
| 21 Harnett Central           |              | 2:08.77 REGC     |
| 22 Gray's Creek              |              | 2:09.77 REGC     |
| 23 New Hanover               |              | 2:09.83 REGC     |
| 24 Eastern Wayne             |              | 2:09.85 REGC     |

**Event 18 Men 200 Yard Freestyle Relay**

| <b>1:40.99 REGA</b>          |              |                  |
|------------------------------|--------------|------------------|
| <b>3:15.99 REGC Regional</b> |              |                  |
| <b>Team</b>                  | <b>Relay</b> | <b>Seed Time</b> |
| 1 South Brunswick            |              | 1:32.49 REGA     |
| 2 Conley, D. H.              |              | 1:34.15 REGA     |
| 3 Northern Durham            |              | 1:35.26 REGA     |
| 4 Hunt                       |              | 1:37.90 REGA     |
| 5 Swansboro                  |              | 1:39.58 REGA     |
| 6 West Brunswick             |              | 1:41.97 REGC     |
| 7 Harnett Central            |              | 1:42.05 REGC     |
| 8 Cleveland                  |              | 1:42.80 REGC     |
| 9 Gray's Creek               |              | 1:43.10 REGC     |
| 10 Clayton                   |              | 1:44.09 REGC     |
| 11 Topsail                   |              | 1:44.14 REGC     |
| 12 Sanford, Terry            |              | 1:44.55 REGC     |
| 13 Aycock, C. B.             |              | 1:44.67 REGC     |
| 14 White Oak                 |              | 1:45.46 REGC     |
| 15 West Carteret             |              | 1:46.03 REGC     |
| 16 Fike                      |              | 1:46.40 REGC     |
| 17 Southern Nash             |              | 1:47.47 REGC     |
| 18 Rose, J. H.               |              | 1:47.62 REGC     |
| 19 Smithfield-Selma          |              | 1:48.61 REGC     |
| 20 Rocky Mount               |              | 1:48.62 REGC     |
| 21 East Wake                 |              | 1:48.64 REGC     |
| 22 Havelock                  |              | 1:49.59 REGC     |
| 23 South Johnston            |              | 1:51.89 REGC     |
| 24 Franklinton               |              | 1:52.49 REGC     |

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**Event 19 Women 100 Yard Backstroke**

| <b>1:04.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:25.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Martin, Reagan             | JR        | Clayton         | 1:02.58          | REGA |
| 2 Marshall, Lauren Drew      | SR        | Topsail         | 1:03.11          | REGA |
| 3 White, McKenzie            | SR        | South Brunswick | 1:04.00          | REGA |
| 4 Boldt, Elizabeth           | FR        | South Brunswick | 1:04.63          | REGA |
| 5 Eason, Corry               | JR        | Rose, J. H.     | 1:07.07          | REGC |
| 6 Contreras, Tihani          | SO        | Topsail         | 1:09.49          | REGC |
| 7 Kohake, Julia              | JR        | Conley, D. H.   | 1:09.88          | REGC |
| 8 Shook, Madeline            | SR        | Cape Fear       | 1:10.29          | REGC |
| 9 Lucy, Gittings             | JR        | New Hanover     | 1:12.54          | REGC |
| 10 Higgins, Hannah           | FR        | Conley, D. H.   | 1:12.85          | REGC |
| 11 Shook, Amelia             | FR        | Cape Fear       | 1:13.18          | REGC |
| 12 Stone, Willow             | SO        | Clayton         | 1:13.40          | REGC |
| 13 Patton, Kaiya             | FR        | Fike            | 1:13.80          | REGC |
| 14 Temple, Scotty            | SO        | Triton          | 1:14.45          | REGC |
| 15 Malsch, Hailey            | JR        | Northern Durham | 1:14.79          | REGC |
| 16 Dhunjshaw, Sarah          | JR        | South Brunswick | 1:15.54          | REGC |
| 17 Hodges, Abby              | SR        | Fike            | 1:15.71          | REGC |
| 18 Daniel, Caroline          | SR        | New Hanover     | 1:16.69          | REGC |
| 19 Karstens, Ella            | FR        | Clayton         | 1:16.74          | REGC |
| 20 Lord, Clara               | FR        | Rocky Mount     | 1:16.76          | REGC |
| 21 Leidy, Claire             | JR        | Swansboro       | 1:16.78          | REGC |
| 22 Von Hofen, Katie          | JR        | Topsail         | 1:17.41          | REGC |
| 23 Morrison, Virginia        | JR        | Conley, D. H.   | 1:17.42          | REGC |
| 24 Foreman, Ronnie           | SR        | Havelock        | 1:17.61          | REGC |

**Event 20 Men 100 Yard Backstroke**

| <b>1:03.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:27.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Langston, Mitchell         | JR        | Cleveland       | 54.92            | REGA |
| 2 Falise, Nicholas           | SO        | Northern Durham | 56.67            | REGA |
| 3 Brown, Riley               | SO        | Conley, D. H.   | 58.28            | REGA |
| 4 Smith, Sadler              | FR        | Rose, J. H.     | 58.75            | REGA |
| 5 Tillery, Seth              | SO        | Conley, D. H.   | 59.86            | REGA |
| 6 Maddrey, Ethan             | SO        | Hunt            | 59.98            | REGA |
| 7 Mainz, Creed               | SO        | Jacksonville    | 1:01.89          | REGA |
| 8 Exum, Russell              | FR        | Rose, J. H.     | 1:01.95          | REGA |
| 9 Davis, Chase               | FR        | Topsail         | 1:04.64          | REGC |
| 10 Waiau, Marcus             | SR        | Havelock        | 1:04.87          | REGC |
| 11 Taylor, Nate              | SR        | Swansboro       | 1:06.91          | REGC |
| 12 Lord, Austin              | JR        | Rocky Mount     | 1:07.57          | REGC |
| 13 Rogers, Matthew           | FR        | Harnett Central | 1:08.12          | REGC |
| 14 Karstens, Walter          | JR        | Clayton         | 1:09.16          | REGC |
| 15 Imbody, Sean              | SR        | Swansboro       | 1:10.63          | REGC |
| 16 Hines, Carter             | FR        | South Johnston  | 1:10.71          | REGC |
| 17 Davis, Christian          | SR        | Cleveland       | 1:11.71          | REGC |
| 18 Nason, Chandler           | FR        | Northern Durham | 1:13.95          | REGC |
| 19 Prichard, Harrison        | SR        | Cape Fear       | 1:14.36          | REGC |
| 20 Salter, Logan             | SR        | Clayton         | 1:14.53          | REGC |
| 21 Reid, De'Rishio           | SO        | Northern Durham | 1:14.80          | REGC |
| 22 Gordon, Will              | SR        | West Carteret   | 1:15.35          | REGC |
| 23 Baker, Nate               | FR        | Havelock        | 1:15.94          | REGC |
| 24 Miller, Bryce             | SO        | South Brunswick | 1:16.53          | REGC |

**Event 21 Women 100 Yard Breaststroke**

| <b>1:12.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:37.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Ruiz, Sara                 | SO        | New Hanover     | 1:09.26          | REGA |
| 2 Ervin, Bridgette           | FR        | Northern Durham | 1:09.62          | REGA |
| 3 Torres, Svea               | SR        | Conley, D. H.   | 1:10.10          | REGA |
| 4 Burns, Abigail             | JR        | Conley, D. H.   | 1:10.59          | REGA |
| 5 Popella, Delaney           | JR        | Topsail         | 1:12.40          | REGA |
| 6 Morden, Sarah              | JR        | Smith, E. E.    | 1:14.59          | REGC |
| 7 Prosser, Sarah             | SO        | West Carteret   | 1:18.30          | REGC |
| 8 Autry, Samantha            | SO        | Jacksonville    | 1:19.89          | REGC |
| 9 Taylor, Alyson             | SO        | Swansboro       | 1:20.43          | REGC |
| 10 Scharf, Hannah            | SR        | South Brunswick | 1:20.63          | REGC |
| 11 Reddick, Nina             | FR        | Cleveland       | 1:21.39          | REGC |
| 12 Harrell, Madeline         | SR        | Fike            | 1:22.08          | REGC |
| 13 Maybee, Delaney           | FR        | Havelock        | 1:22.34          | REGC |
| 14 Farrell, Mary-Clare       | SR        | Topsail         | 1:23.50          | REGC |
| 15 Van Vlack, Hannah         | FR        | Franklinton     | 1:23.71          | REGC |
| 16 Anderson, Emma            | FR        | Rose, J. H.     | 1:24.76          | REGC |
| 17 Dalsimer, Madeline        | JR        | Rocky Mount     | 1:25.15          | REGC |
| 18 Nelson, Bailey            | SO        | Swansboro       | 1:25.29          | REGC |
| 19 Zingerle, Medea           | SR        | Topsail         | 1:25.30          | REGC |
| 20 Roberson, Noelle          | FR        | Clayton         | 1:25.80          | REGC |
| 21 Becker, Carina            | SO        | Rose, J. H.     | 1:26.34          | REGC |
| 22 Palmquist, Elizabeth      | SR        | South Brunswick | 1:27.56          | REGC |
| 23 Nelson, Makenna           | FR        | Swansboro       | 1:28.82          | REGC |
| 24 Miller, McKenzie          | JR        | Swansboro       | 1:28.97          | REGC |

**Event 22 Men 100 Yard Breaststroke**

| <b>1:08.99 REGA</b>          |           |                 |                  |      |
|------------------------------|-----------|-----------------|------------------|------|
| <b>1:35.99 REGC Regional</b> |           |                 |                  |      |
| <b>Name</b>                  | <b>Yr</b> | <b>School</b>   | <b>Seed Time</b> |      |
| 1 Torres, Trevor             | SO        | Conley, D. H.   | 1:02.03          | REGA |
| 2 Anselmo, Matt              | JR        | South Brunswick | 1:02.18          | REGA |
| 3 Francis, Sanjeev           | FR        | Hunt            | 1:07.87          | REGA |
| 4 Leong, Luke                | SO        | Rose, J. H.     | 1:08.60          | REGA |
| 5 Coburn, Andrew             | SO        | Northern Durham | 1:09.83          | REGC |
| 6 MacVaugh, Kennard          | SR        | Topsail         | 1:10.01          | REGC |
| 7 Gleason, Declean           | FR        | Franklinton     | 1:10.06          | REGC |
| 8 Johnson, Teddy             | SR        | South Brunswick | 1:10.73          | REGC |
| 9 Cook, Turner               | FR        | Conley, D. H.   | 1:11.28          | REGC |
| 10 Grady, Zachary            | SR        | South Johnston  | 1:11.75          | REGC |
| 11 Maamoun, Eslam            | SO        | Rose, J. H.     | 1:11.88          | REGC |
| 12 Donnelly, Casey           | SR        | Swansboro       | 1:12.55          | REGC |
| 13 Folgleman, Max            | JR        | Fike            | 1:13.54          | REGC |
| 14 Leavitt, Tyson            | SR        | Cape Fear       | 1:14.03          | REGC |
| 15 Kimmel, Bradley           | SO        | Topsail         | 1:14.29          | REGC |
| 16 Gordon, Nikhil            |           | Sanford, Terry  | 1:15.15          | REGC |
| 17 Jenkins, Ammon Bryant     | FR        | Harnett Central | 1:15.35          | REGC |
| 18 Souza, Travis             | SO        | Topsail         | 1:15.67          | REGC |
| 19 Gaetano, Dante            | SO        | Hunt            | 1:16.25          | REGC |
| 20 Malsch, Hunter            | SR        | Northern Durham | 1:16.37          | REGC |
| 21 Smith, Jacob              | SO        | Conley, D. H.   | 1:16.40          | REGC |
| 22 Deffinbaugh, Johnny       | JR        | New Hanover     | 1:16.40          | REGC |
| 23 Stewardson, Colin         | SR        | Cape Fear       | 1:16.75          | REGC |
| 24 Davis, Colby              | SO        | Cleveland       | 1:17.44          | REGC |

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**Event 23 Women 400 Yard Freestyle Relay**

**4:25.99 REGA**

**6:35.99 REGC Regional**

| <b>Team</b>         | <b>Relay</b> | <b>Seed Time</b> |      |
|---------------------|--------------|------------------|------|
| 1 New Hanover       |              | 3:52.08          | REGA |
| 2 Conley, D. H.     |              | 3:53.50          | REGA |
| 3 Clayton           |              | 4:08.23          | REGA |
| 4 Topsail           |              | 4:08.24          | REGA |
| 5 Rocky Mount       |              | 4:13.10          | REGA |
| 6 Fike              |              | 4:17.40          | REGA |
| 7 Rose, J. H.       |              | 4:22.66          | REGA |
| 8 Swansboro         |              | 4:27.22          | REGC |
| 9 Cleveland         |              | 4:29.50          | REGC |
| 10 Smithfield-Selma |              | 4:29.56          | REGC |
| 11 South Brunswick  |              | 4:29.66          | REGC |
| 12 Cape Fear        |              | 4:30.90          | REGC |
| 13 Sanford, Terry   |              | 4:39.78          | REGC |
| 14 Jacksonville     |              | 4:48.63          | REGC |
| 15 Hunt             |              | 4:53.06          | REGC |
| 16 Northern Nash    |              | 5:01.44          | REGC |
| 17 Gray's Creek     |              | 5:11.18          | REGC |
| 18 West Carteret    |              | 5:12.35          | REGC |
| 19 West Johnston    |              | 5:12.61          | REGC |
| 20 Harnett Central  |              | 5:15.83          | REGC |
| 21 Northern Durham  |              | 5:17.87          | REGC |
| 22 Eastern Wayne    |              | 5:19.61          | REGC |
| 23 South Johnston   |              | 5:20.61          | REGC |
| 24 White Oak        |              | 5:21.20          | REGC |

**Event 24 Men 400 Yard Freestyle Relay**

**3:51.99 REGA**

**5:45.99 REGC Regional**

| <b>Team</b>         | <b>Relay</b> | <b>Seed Time</b> |      |
|---------------------|--------------|------------------|------|
| 1 Conley, D. H.     |              | 3:32.47          | REGA |
| 2 Rose, J. H.       |              | 3:36.04          | REGA |
| 3 Northern Durham   |              | 3:37.72          | REGA |
| 4 Swansboro         |              | 3:45.17          | REGA |
| 5 Cleveland         |              | 3:46.95          | REGA |
| 6 Hunt              |              | 3:47.26          | REGA |
| 7 West Brunswick    |              | 3:49.18          | REGA |
| 8 West Carteret     |              | 3:51.22          | REGA |
| 9 Clayton           |              | 3:57.20          | REGC |
| 10 Topsail          |              | 3:57.21          | REGC |
| 11 Smithfield-Selma |              | 4:03.52          | REGC |
| 12 Gray's Creek     |              | 4:05.18          | REGC |
| 13 White Oak        |              | 4:05.53          | REGC |
| 14 Havelock         |              | 4:09.56          | REGC |
| 15 Sanford, Terry   |              | 4:12.95          | REGC |
| 16 South Brunswick  |              | 4:14.80          | REGC |
| 17 Southern Nash    |              | 4:16.00          | REGC |
| 18 Rocky Mount      |              | 4:22.76          | REGC |
| 19 Cape Fear        |              | 4:23.28          | REGC |
| 20 Franklinton      |              | 4:23.35          | REGC |
| 21 Harnett Central  |              | 4:27.10          | REGC |
| 22 South Johnston   |              | 4:30.11          | REGC |
| 23 New Hanover      |              | 4:36.53          | REGC |
| 24 West Johnston    |              | 4:52.70          | REGC |