Regional Seeding for North Carolina Wrestling

The regional seeding format will be based on a point system that uses the following formula. Points will be awarded using the wrestler's current winning percentage and their **previous year's** state placement or state qualification. A wrestler's state placement must be from an accredited state association. Independent state placers will be awarded the same points as a state qualifier from an accredited state association. An independent state qualifier will not receive any points. For purposes of the state placement points, the formula will include a graduated point system for all wrestlers who placed in the top six at the previous year's state tournament. All other state qualifiers will receive the same amount of points toward regional seeding. The number of points gained through winning percentage and state placement/qualification will be combined to give each wrestler a total that will be used to seed the regional tournament. The seeding will be done through a tournament program set up by Track Wrestling.

Winning Percentage: A wrestler's winning percentage will be determined by dividing the number of wins by the total number of matches wrestled. This percentage will be based on a 15 match minimum.

Example 1: Wrestler A has a 15-5 record. He/she would have a .750 winning percentage which would earn them 75 points toward the regional seeding formula.

Example 2: Wrestler B has an actual record of 8-2. He/she would have a .533 (8 divided by 15) winning percentage due to the minimum match rule of 15 matches. As a result, they would receive 53.3 points toward the regional seeding formula.

State Placement/Qualification: A wrestler who placed in the previous year's state tournament would earn additional points based on the quality of their placement. These points would be added to the wrestler's winning percentage total. The state points would be based on the following ladder:

State Champion	50
State Runner-up	45
3 rd Place	40
4 th Place	35
5 th Place	30
6 th Place	25
State Qualifier/Independent State Placer	20

Example 1: Wrestler C has a 40 -1 record and placed third in the previous year's state tournament. He/she would gain 97.6 points due to their winning percentage and an additional 40 points for placing 3rd in the previous year's state tournament. The total points used for seeding Wrestler C would be 137.6.

Tiebreaking criteria: All ties will be broken with the same criteria as in past years. The first criteria is head to head, then total number of matches, followed by a coin flip.