


Trackwrestling Instructions for Regional Entries

1. Verify that you received your login information through Trackwrestling. If not, contact your Regional Director, Tra Waters @ tra@nchsaa, Elizabeth Carpenter @ ecarpenter@lcsnc.org.

Sample Email:

IMPORTANT!!!

Please let us know A.S.A.P. if someone else should have received this email (reply to this message). Also, due to some schools email filters not allowing these emails through, could you please click on the following link as soon as you receive this email so we can verify you got it.



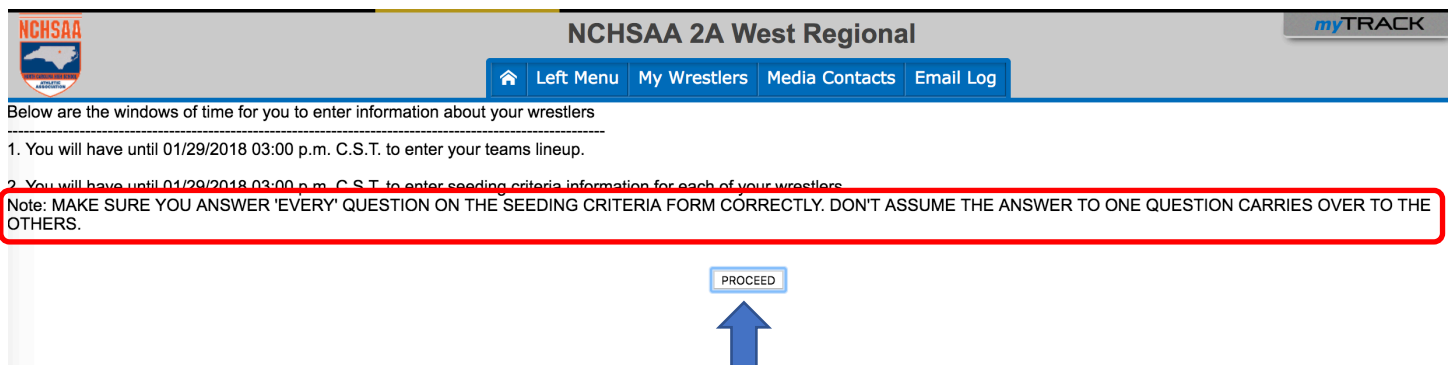
<http://www.trackwrestling.com/predefinedtournaments/VerifyPassword.jsp?tournamentId=27253132&userType=statistician&userName=West123&password=yjwsatsnrwcacpfdqpmtrlrjnqaggii zenxlhednvtplebbsryvsrmhxwvrgdifq>

We are excited to have your wrestlers participating in the NCHSAA 2A West Regional tournament this year, and we look forward to getting this tournament underway. We are using an internet based program to run our tournament, so your wrestler's information can now be entered online. Below are some requirements and tips to follow when you enter your teams information.

Requirements/Tips for entering wrestler information

1. You will need to enter information from a computer that is connected to the internet.
 2. You can use any standard computer.
 3. Make sure if you are using any kind of 'Add Zapper' or 'Pop Up Zapper' software that you turn it off while you enter your wrestlers information.
- Note: Most school computers conform to the requirements and tips specified, and almost all home computers do as well, so if you are wondering whether or not your computer will work, chances are it will.

2. Login to TrackWrestling as a Statistician by clicking on the link in the email.



NCHSAA 2A West Regional myTRACK

Home Left Menu My Wrestlers Media Contacts Email Log

Below are the windows of time for you to enter information about your wrestlers

1. You will have until 01/29/2018 03:00 p.m. C.S.T. to enter your teams lineup.
2. You will have until 01/29/2018 03:00 p.m. C.S.T. to enter seeding criteria information for each of your wrestlers.

Note: MAKE SURE YOU ANSWER 'EVERY' QUESTION ON THE SEEDING CRITERIA FORM CORRECTLY. DON'T ASSUME THE ANSWER TO ONE QUESTION CARRIES OVER TO THE OTHERS.

PROCEED

If you have any questions regarding TrackWrestling, please feel free to contact Elizabeth Carpenter at ecarpenter@lcsnc.org, 704-530-0585 (cell) or 704-736-1017 ext. 21102 during school hours.

3. Click “here” to import your wrestlers from your team. **It is important that you import them and not type them in individually.**

NCHSAA 2A West Regional myTRACK

Left Menu My Wrestlers Media Contacts Email Log

My Participants

Click on the participant you would like to edit.

Print My Wrestlers Information

Click [here](#) to import this teams roster from trackwrestlings dual program.

Participant Name	Team	Weight Class	Unattached	Scoring
Unknown, Unknown	West Lincoln	106	N	Y
Unknown, Unknown	West Lincoln	113	N	Y
Unknown, Unknown	West Lincoln	120	N	Y
Unknown, Unknown	West Lincoln	126	N	Y
Unknown, Unknown	West Lincoln	132	N	Y
Unknown, Unknown	West Lincoln	138	N	Y
Unknown, Unknown	West Lincoln	145	N	Y
Unknown, Unknown	West Lincoln	152	N	Y
Unknown, Unknown	West Lincoln	160	N	Y
Unknown, Unknown	West Lincoln	170	N	Y
Unknown, Unknown	West Lincoln	182	N	Y
Unknown, Unknown	West Lincoln	195	N	Y
Unknown, Unknown	West Lincoln	220	N	Y
Unknown, Unknown	West Lincoln	285	N	Y

4. Choose each wrestler. **Be sure to change the weight class to the appropriate weight.** If you have 2 wrestlers for the same weight class, it will only import 1 of the wrestlers. When you are ready to import, you must choose whether to add Media Contacts. It is always a good idea to choose yes so that your news media will receive email updates.

NCHSAA 2A West Regional

Left Menu My Wrestlers Media Contacts Email Log

Import Roster from Dual Meets

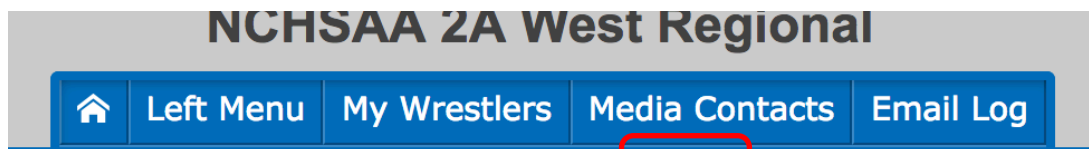
Select the wrestlers you would like to import, and then click on the [NEXT] button.

PREVIOUS NEXT Yes

<input type="checkbox"/> Weight Class	First Name	Last Name	Grade	Record	Weight	Wrestler Info
<input type="checkbox"/> 106	Treva	Phansook	Fr.	5 - 5		
<input checked="" type="checkbox"/> 113	Dylan	Avery	So.	1 - 0		
<input type="checkbox"/> 113	Langston	Hoffman	Fr.	12 - 4		
<input checked="" type="checkbox"/> 120	Luke	Stewart	Fr.	21 - 11		
<input type="checkbox"/> 126	Pedro	Reyna	So.	0 - 0		
<input type="checkbox"/> 126	Ethan	Stewart	Sr.	10 - 4		
<input type="checkbox"/> 126	Mason	Huitt	Fr.	0 - 0		
<input type="checkbox"/> 132	Chance	Norman	So.	25 - 12		

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- Check to see that all of your wrestlers were **successfully added and then click finish to finalize**. If you find that a wrestler hasn't been added, you can import from the team page again.



The importing process is complete. Click **FINISH** to finalize everything.

Trevan Phansook was successfully added.
 Luke Stewart is was successfully updated.
 Chance Norman was successfully added.
 Michael Waldrop was successfully added.
 Kolbe Ayres was successfully added.
 Jessie Hatcher was successfully added.
 Daniel Wilkins was successfully added.
 David Willis was successfully added.
 Nakathan Phansook was successfully added.
 Austin Robertson was successfully added.
 Jacob Brown was successfully added.
 Harley Scronce was successfully added.



- All of your wrestlers should now show up on your "My Participants" page. If you don't see one of your wrestlers, you can click "here" to import again. **The first thing to check if your wrestler wasn't added was if they are listed on the Import Roster under a weight class that you already have a wrestler listed.**

Click on the participant you would like to edit.

my Participants

Print My Wrestlers Information

Click [here](#) to import this teams roster from trackwrestlings dual program.

Participant Name	Team	Weight Class	Unattached	Scoring
Phansook, Trevan	West Lincoln	106	N	Y
Avery, Dylan	West Lincoln	113	N	Y
Stewart, Luke	West Lincoln	120	N	Y
Unknown, Unknown	West Lincoln	126	N	Y
Norman, Chance	West Lincoln	132	N	Y
Waldrop, Michael	West Lincoln	138	N	Y
Ayres, Kolbe	West Lincoln	145	N	Y
Hatcher, Jessie	West Lincoln	152	N	Y
Wilkins, Daniel	West Lincoln	160	N	Y
Willis, David	West Lincoln	170	N	Y
Phansook, Nakathan	West Lincoln	182	N	Y
Robertson, Austin	West Lincoln	195	N	Y
Brown, Jacob	West Lincoln	220	N	Y
Scronce, Harley	West Lincoln	285	N	Y

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7. Click on each participant's name to enter the needed seeding information for each wrestler. Your first screen will be the Participant Info. Enter the Adjusted Seeding Record here. If a wrestler has 15 or more matches, you will need to enter the wrestler's record in the Adjusted Seeding Record. If needed, give the wrestler enough losses to reach 15 matches.

My Participants Participant Info Criteria Values Head to Head

Enter this wrestler's correct information using the form below and then click on the 'Save Participant' button. Click on 'My Participants' to go back to your participant list. Click on 'Criteria Values' to enter this wrestler's seeding information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

Participant First Name	Trevan		
Participant Last Name	Phansook		
Team	West Lincoln		
Weight Class	106		
Grade	Freshmen		
Actual 2017-18 Record	5	5	
2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th)	0		
Unattached	No		
Scoring Wrestler	Yes		
Save			

Enter this wrestler's correct information using the form below and then click on the 'Save Participant' button. Click on 'My Participants' to go back to your participant list. Click on 'Criteria Values' to enter this wrestler's seeding information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

Participant First Name	Trevan		
Participant Last Name	Phansook		
Team	West Lincoln		
Weight Class	106		
Grade	Freshmen		
Actual 2017-18 Record	5	5	
2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th)	5	10	
Unattached	No		
Scoring Wrestler	Yes		
Save			

8. Once you save the wrestler's information, you will be directed to the Edit Seeding Criteria page. The spreadsheet you are receiving will be a huge help in feeling out this page. Otherwise you will need to compute the points manually.

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Edit Trevan Phansook's Criteria

Enter this wrestler's seeding information using the form below and then click on the 'Save Participant Information' button. Click on 'My Participants' to go back to your participant list. Click on 'Participant Info' to enter this wrestler's basic information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

[My Participants](#) | [Participant Info](#) | [Criteria Values](#) | [Head to Head](#)

Adjusted points PLUS placement points (USE ADJUSTED RECORD WINNING % TO CALCULATE): Enter seeding points here

0.000

Has had 15 match(es) towards 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th): Select yes or no from the select box

Yes

2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) winning percentage: Enter the value of (Number of 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins)/(Total 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) matches)

0.333

2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins: Enter the number of 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins

5.000

Has had 0 match(es) towards Actual 2017-18 Record: Select yes or no from the select box

Yes

Actual 2017-18 Record winning percentage: Enter the value of (Number of Actual 2017-18 Record wins)/(Total Actual 2017-18 Record matches)

0.500

Actual 2017-18 Record wins: Enter the number of Actual 2017-18 Record wins

5.000

9. Add the Adjusted Seeding Record Winning % (As a whole number with the decimal ex. 33.3, Do NOT round up or down) + State placer/qualifier points. (1st-50, 2nd-45, 3rd-40, 4th-35, 5th-30, 6th-25, State Qualifier/Independent State Placer)

State Placer

Edit Keaton Norman's Criteria

Enter this wrestler's seeding information using the form below and then click on the 'Save Participant Information' button. Click on 'My Participants' to go back to your participant list. Click on 'Participant Info' to enter this wrestler's basic information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

[My Participants](#) | [Participant Info](#) | [Criteria Values](#) | [Head to Head](#)

Adjusted points PLUS placement points (USE ADJUSTED RECORD WINNING % TO CALCULATE): Enter seeding points here

134.300

Has had 15 match(es) towards 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th): Select yes or no from the select box

Yes

2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) winning percentage: Enter the value of (Number of 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins)/(Total 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) matches)

0.943

2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins: Enter the number of 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins

33.000

Has had 0 match(es) towards Actual 2017-18 Record: Select yes or no from the select box

Yes

Actual 2017-18 Record winning percentage: Enter the value of (Number of Actual 2017-18 Record wins)/(Total Actual 2017-18 Record matches)

0.943

Actual 2017-18 Record wins: Enter the number of Actual 2017-18 Record wins

33.000

Other Participant Information

Save Participant Information

Non-Qualifier

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Edit Trevan Phansook's Criteria

Enter this wrestler's seeding information using the form below and then click on the 'Save Participant Information' button. Click on 'My Participants' to go back to your participant list. Click on 'Participant Info' to enter this wrestler's basic information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

[My Participants](#) | [Participant Info](#) | [Criteria Values](#) | [Head to Head](#)

Adjusted points PLUS placement points (USE ADJUSTED RECORD WINNING % TO CALCULATE): Enter seeding points here

33.3

Has had 15 match(es) towards 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th): Select yes or no from the select box

Yes

2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) winning percentage: Enter the value of (Number of 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins)/(Total 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) matches)

0.333

2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins: Enter the number of 2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th) wins

5.000

Has had 0 match(es) towards Actual 2017-18 Record: Select yes or no from the select box

Yes

Actual 2017-18 Record winning percentage: Enter the value of (Number of Actual 2017-18 Record wins)/(Total Actual 2017-18 Record matches)

0.500

Actual 2017-18 Record wins: Enter the number of Actual 2017-18 Record wins

5.000

Other Participant Information

10. Once you save that participant, you will be taken back to the Participant Info page. Click on "My Participants" to return to your roster and continue editing your wrestlers' info and criteria value.

Edit Participant

[My Participants](#) | [Participant Info](#) | [Criteria Values](#) | [Head to Head](#)

Enter this wrestler's correct information using the form below and then click on the 'Save Participant' button. Click on 'My Participants' to go back to your participant list. Click on 'Criteria Values' to enter this wrestler's seeding information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

Participant First Name	Unknown
Participant Last Name	Unknown
Team	West Lincoln
Weight Class	106
Grade	
Actual 2017-18 Record	0 0
2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th)	0 0
Unattached	No
Scoring Wrestler	Yes

Save

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