



Men's Swimming & Diving State Meet Event Records



200 Medley Relay															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nathan Murray	South Mecklenburg	2016	1:32.58	Nathan Murray	South Mecklenburg	2016	1:32.58	Preston Forst	Northern Guilford	2018	1:34.79	Will Macmillan	Carrboro	2015	1:35.00
Jacob Rauch				Jacob Rauch				Jeremy Lalumondier				Simon Deshusses			
Graham Cooper				Graham Cooper				Jonathan Wachendorfer				Thomas Bilden			
Graham Weaver				Graham Weaver				Bryan Hill				Connor Murphy			
200 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Will Macmillan	Carrboro	2016	1:36.99	Jack Walker	Myers Park	2018	1:37.75	Preston Forst	Northern Guilford	2018	1:38.86	Will Macmillan	Carrboro	2016	1:36.99
200 Individual Medley															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Matt Houser	J.H. Rose	2009	1:48.26	Matt Houser	J.H. Rose	2009	1:48.26	Colson Zucker	South Iredell	2018	1:49.20	Danny Dilks	Mount Pleasant	2016	1:52.27
50 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Chris Compton	T.W. Andrews	1990	:20.44	Kyle Darmody	Providence	2013	:20.49*	Chris Compton	T.W. Andrews	1990	:20.44	Joe Bonk	Raleigh Charter	2012	:20.46
1 Meter Diving															
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Nick McCrory	East Chapel Hill	2008	637.30	Nick McCrory	East Chapel Hill	2008	637.30	Patrick O'Brien	Cox Mill	2018	499.10	Nick Garberina	Pine Lake Prep	2017	553.30
100 Butterfly															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Ricky Berens	South Mecklenburg	2006	:47.33	Ricky Berens	South Mecklenburg	2006	:47.33	Eugene Godsoe	Southeast Guilford	2006	:48.49	Will Macmillan	Carrboro	2016	:48.26
100 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Jack Messenger	Broughton	2017	:44.64	Jack Messenger	Broughton	2017	:44.64	Chris Compton	T.W. Andrews	1990	:45.47	Joe Bonk	Raleigh Charter	2012	:45.12
500 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Charlie Houchin	Enloe	2006	4:25.52	Charlie Houchin	Enloe	2006	4:25.52	Curtis Wiltsey	Weddington	2018	4:29.30	Ross Dant	Newton-Conover	2018	4:26.97
200 Freestyle Relay															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Eyan Eagle	J.H. Rose	2014	1:23.66	Eyan Eagle	J.H. Rose	2014	1:23.66	Boyd Poelke	Marvin Ridge	2018	1:26.08	Caleb Camp	Carrboro	2012	1:27.15
Kelly Barnhill				Kelly Barnhill				Nicholas Piscitelli				Justin Morrell			
J.T. Casey				J.T. Casey				Josh Stablein				Sam Strosnider			
Philip Perdue				Philip Perdue				Charles Rothenberger				Chris Gondek			
100 Backstroke															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Eugene Godsoe	Southeast Guilford	2006	:48.78	Tucker Burhans	West Forsyth	2018	:48.78	Noah Henderson	Western Alamance	2018	:48.58	Ross Dant	Newton-Conover	2018	:49.35
100 Breaststroke															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Will Chan	W.A. Hough	2017	:54.47	Will Chan	W.A. Hough	2017	:54.47	Colson Zucker	South Iredell	2018	:56.02	Danny Dilks	Mount Pleasant	2016	:56.51
400 Freestyle Relay															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Cameron Pou	J.H. Rose	2014	3:04.91	Cameron Pou	J.H. Rose	2014	3:04.91	Charles Rothenberger	Marvin Ridge	2018	3:10.82	Will Macmillan	Carrboro	2016	3:12.49
Trey Pofahl				Trey Pofahl				Matthew Shen				Caleb Bollenbacher			
Phillip Perdue				Phillip Perdue				Josh Stablein				Jack Dozier			
Eyan Eagle				Eyan Eagle				Boyd Poelke				Simon Deshussess			



Women's Swimming & Diving State Meet Event Records



200 Medley Relay															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Anna Carrigan	Leesville Road	2018	1:42.20	Anna Carrigan	Green Hope	2018	1:42.20	Julia Menkhaus	Charlotte Catholic	2018	1:45.46	Julie Smith	Cardinal Gibbons	2006	1:46.30
Ashley McCauley				Ashley McCauley				Juliet Miechkowski				Melanie Roberts			
Amanda Ray				Amanda Ray				Madeline Menkhaus				Patrice Dason			
Grace Countie				Grace Countie				Alina Stout				Lisa Pucci			
200 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Erika Brown	W.A. Hough	2015	1:46.47	Erika Brown	W.A. Hough	2015	1:46.47	Lauren Rhodes	Charlotte Catholic	2013	1:47.98	Christina Lappin	Lincoln Charter	2014	1:49.31
200 Individual Medley															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Brooke Zettle	Apex Friendship	2018	1:58.31	Brooke Zettle	Apex Friendship	2018	1:58.31	Caroline Hauder	Marvin Ridge	2016	1:58.85	Emme Nelson	C.S. of Davidson	2018	2:02.01
50 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Grace Countie	Leesville Road	2018	:22.54	Grace Countie	Leesville Road	2018	:22.52	Nora McCullagh	Charlotte Catholic	2013	:22.92	Alyssa Marsh	Pine Lake Prep	2016	:22.75
1 Meter Diving															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nikki Canale	Marvin Ridge	2015	511.60	Kristen Hayden	Panther Creek	2015	507.55	Nikki Canale	Marvin Ridge	2015	511.60	Kyndal Knight	East Gaston	2018	490.60
100 Butterfly															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Alyssa Marsh	Pine Lake Prep	2016	:53.23	Julia Menkhaus	Charlotte Catholic	2017	:53.61	Julia Menkhaus	Charlotte Catholic	2018	:53.84	Alyssa Marsh	Pine Lake Prep	2016	:53.23
100 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Emily Allen	W.A. Hough	2014	:49.68	Emily Allen	W.A. Hough	2014	:49.68	Lauren Rhodes	Charlotte Catholic	2013	:50.02	Christina Lappin	Lincoln Charter	2016	:50.64
500 Freestyle															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Hannah Moore	Green Hope	2014	4:40.98	Hannah Moore	Green Hope	2014	4:40.98	Emmaline Peterson	Hickory	2017	4:49.84	Kelly Ann Baird	West Davidson	2010	4:49.20
200 Freestyle Relay															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Rebecca Postoll	Charlotte Catholic	2014	1:33.22	Rebecca Postoll	Charlotte Catholic	2014	1:33.22	Nora McCullagh	Charlotte Catholic	2013	1:35.00	Allyson Accordino	Pine Lake Prep	2016	1:36.84
Maria Sheridan				Maria Sheridan				Allison McDonough				Rose Auten			
Lauren Rhodes				Lauren Rhodes				Maria Sheridan				K.K. Rasbornik			
Nora McCullagh				Nora McCullagh				Lauren Rhodes				Alyssa Marsh			
100 Backstroke															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nora McCullagh	Charlotte Catholic	2014	:53.59	Nora McCullagh	Charlotte Catholic	2014	:53.59	Julia Menkhaus	Charlotte Catholic	2018	:53.70	Lexi Souther	Parkwood	2016	:54.64
100 Breaststroke															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Lilly Higgs	W.A. Hough	2018	1:01.57	Lilly Higgs	W.A. Hough	2018	1:01.57	Caroline Hauder	Marvin Ridge	2016	1:02.15	Emme Nelson	C.S. of Davidson	2018	1:02.28
400 Freestyle Relay															
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nora McCullagh	Charlotte Catholic	2014	3:22.15	Nora McCullagh	Charlotte Catholic	2014	3:22.15	Nora McCullagh	Charlotte Catholic	2013	3:24.61	Tara Martin	Raleigh Charter	2012	3:32.16
Elsa Welshofer				Elsa Welshofer				Nicole Emery				Rachel Hatt			
Rebecca Postoll				Rebecca Postoll				Elsa Welshofer				Alexandra van Dorsten			
Lauren Rhodes				Lauren Rhodes				Lauren Rhodes				Olivia Ontjes			



Men's Swimming & Diving Team State Champions



YEAR CHAMPION

1950	Raleigh
1951	Raleigh
1952	NO RECORDS
1953	Greensboro
1954	High Point, Greensboro (TIE)
1955	Greensboro
1956	Greensboro
1957	Greensboro
1958	Raleigh
1959	Myers Park
1960	Myers Park
1961	Myers Park
1962	Myers Park
1963	Myers Park
1964	Myers Park
1965	Grimsley
1966	Grimsley
1967	Grimsley
1968	Grimsley
1969	Grimsley
1970	Grimsley
1971	Grimsley
1972	Grimsley
1973	Grimsley
1974	Grimsley
1975	Grimsley
1976	Grimsley
1977	Grimsley
1978	Grimsley
1979	Grimsley
1980	Grimsley
1981	Shelby
1982	Sanderson
1983	Sanderson
1984	R. J. Reynolds
1985	Sanderson
1986	Sanderson
1987	C. E. Jordan
1988	C. E. Jordan
1989	South Mecklenburg
1990	Chapel Hill
1991	Chapel Hill

COMPETITION WENT TO TWO CLASSIFICATIONS IN 1992

YEAR	4A CHAMPION	YEAR	1A/2A/3A CHAMPION
1992	C.E. Jordan	1992	Shelby
1993	Page	1993	Kings Mountain
1994	Providence	1994	Kings Mountain
1995	Millbrook	1995	Salisbury
1996	Millbrook	1996	Charlotte Catholic
1997	Providence	1997	Charlotte Catholic
1998	Providence	1998	East Chapel Hill
1999	Enloe	1999	East Chapel Hill
2000	Enloe	2000	East Chapel Hill
2001	Enloe	2001	East Chapel Hill

COMPETITION WENT TO THREE CLASSIFICATIONS IN 2002

YEAR	4A CHAMPION	YEAR	3A CHAMPION	YEAR	1A/2A CHAMPION
2002	Enloe	2002	East Chapel Hill	2002	Shelby
2003	Enloe	2003	East Chapel Hill	2003	West Henderson
2004	Enloe	2004	East Chapel Hill	2004	West Henderson
2005	Enloe	2005	East Chapel Hill	2005	Charlotte Catholic
2006	Enloe	2006	Charlotte Catholic	2006	East Lincoln
2007	Enloe	2007	Charlotte Catholic	2007	East Lincoln
2008	Chapel Hill	2008	Charlotte Catholic	2008	Cardinal Gibbons
2009	North Mecklenburg	2009	Lake Norman	2009	Cardinal Gibbons
2010	Providence	2010	Cardinal Gibbons	2010	Carrboro
2011	Providence	2011	Cardinal Gibbons	2011	Carrboro
2012	Providence	2012	Cardinal Gibbons	2012	Carrboro
2013	Green Hope	2013	Cardinal Gibbons	2013	NC Science & Math
2014	Green Hope	2014	Chapel Hill	2014	NC Science & Math
2015	South Mecklenburg	2015	Chapel Hill	2015	Carrboro & Shelby (tie)
2016	South Mecklenburg	2016	Chapel Hill	2016	Washington
2017	South Mecklenburg	2017	Marvin Ridge	2017	Washington
2018	Green Hope	2018	Marvin Ridge	2018	Raleigh Charter



Women's Swimming & Diving Team State Champions



YEAR CHAMPION

1972	Grimsley
1973	Grimsley
1974	Grimsley
1975	Grimsley
1976	Myers Park
1977	Sanderson
1978	Grimsley
1979	Grimsley
1980	Chapel Hill
1981	Hickory
1982	Chapel Hill
1983	Sanderson
1984	Sanderson
1985	South Mecklenburg
1986	Sanderson
1987	Sanderson
1988	Grimsley
1989	East Mecklenburg
1990	C.E. Jordan
1991	Apex

COMPETITION WENT TO TWO CLASSIFICATIONS IN 1992

4A		1A/2A/3A	
YEAR	CHAMPION	YEAR	CHAMPION
1992	C.E. Jordan	1992	Shelby
1993	Chapel Hill	1993	Shelby
1994	Leesville Road	1994	Hickory
1995	North Mecklenburg	1995	Southwest Guilford
1996	Leesville Road	1996	Shelby
1997	North Mecklenburg	1997	Southwest Guilford
1998	Providence	1998	Shelby
1999	Providence	1999	East Chapel Hill
2000	Providence	2000	East Chapel Hill
2001	Providence	2001	East Chapel Hill

COMPETITION WENT TO THREE CLASSIFICATIONS IN 2002

4A		3A		1A/2A	
YEAR	CHAMPION	YEAR	CHAMPION	YEAR	CHAMPION
2002	Providence	2002	East Chapel Hill	2002	Charlotte Catholic
2003	South Mecklenburg	2003	East Chapel Hill	2003	Charlotte Catholic
2004	Providence	2004	East Chapel Hill	2004	Charlotte Catholic
2005	Providence	2005	East Chapel Hill	2005	Charlotte Catholic
2006	Providence	2006	Charlotte Catholic	2006	Cardinal Gibbons
2007	Providence	2007	Charlotte Catholic	2007	Cardinal Gibbons
2008	Chapel Hill	2008	Charlotte Catholic	2008	Cardinal Gibbons
2009	Providence	2009	Charlotte Catholic	2009	Cardinal Gibbons
2010	East Chapel Hill	2010	Charlotte Catholic	2010	West Davidson
2011	Apex	2011	Charlotte Catholic	2011	Raleigh Charter
2012	W.A. Hough	2012	Charlotte Catholic	2012	Raleigh Charter
2013	W.A. Hough	2013	Charlotte Catholic	2013	Raleigh Charter
2014	Charlotte Catholic	2014	Marvin Ridge	2014	Raleigh Charter
2015	Charlotte Catholic	2015	Marvin Ridge	2015	Raleigh Charter
2016	W.A. Hough	2016	Marvin Ridge	2016	Pine Lake Prep
2017	W.A. Hough	2017	Marvin Ridge	2017	Pine Lake Prep
2018	W.A. Hough	2018	Charlotte Catholic	2018	Raleigh Charter



Men's Swimming & Diving State Championships M.V.P.



Open ('87-'91) & 4A (beginning 1992)

1987 Dennis Meehan (Millbrook)
 1988 David Fox (Sanderson)
 1989 Chris Mann (C.E. Jordan)
 1990 Chris Compton (T.W. Andrews)
 1991 Peter Cloutier (Chapel Hill)
 1992 Peter Cloutier (Chapel Hill)
 1993 J.J. Marus (Page)

1994 Blaine Sefert (East Mecklenburg)
 1995 Aaron Ciarla (Providence)
 1996 Andy Byrnes (Page)
 1997 Brad Kline (Providence)
 1998 John Spaziano (Millbrook)
 1999 Byron Coyle (South Iredell)
 2000 Chris Biedrzycki (Myers Park)
 2001 Doug Van Wie (Myers Park)

2002 Doug Van Wie (Myers Park)
 2003 Poston Pritchett (Riverside-Durham)
 2004 Campbell Davis (East Mecklenburg)
 2005 Matt Patton (Butler)
 Ricky Berens (South Mecklenburg)
 2006 Charlie Houchin (Enloe)
 Ricky Berens (South Mecklenburg)
 2007 Matt Donch (Knightdale)
 Geoffrey Sanders (Enloe)
 2008 Chris Gunnels (Chapel Hill)

2009 Ben Correll (Providence)
 2010 Dominick Glavich (Green Hope)
 2011 Kip Darmody (Providence)
 Ollie Clayton-Luce (Sanderson)
 2012 Kurt Wohlrab (Pinecrest)
 2013 Colin Ellington (Holly Springs)
 2014 Colin Ellington (Holly Springs)
 2015 Justin Ress (Cary)
 2016 Will Chan (W.A. Hough)
 2017 Jack Messenger (Broughton)
 2018 Tucker Burhans (West Forsyth)

1A/2A/3A

1992 Jay Griffin (East Rutherford)
 1993 Van Fletcher (High Point Central)
 Jay Griffin (East Rutherford)
 1994 Scott Hudson (Wake Forest-Rolesville)
 1995 Matt Hall (Lexington)
 1996 Jarret Martin (Mount Airy)
 1997 Jason Moretz (South Caldwell)
 1998 Brian Scannell (Charlotte Catholic)
 1999 Joe Baicy (Apex)
 2000 Ryan Erickson (East Chapel Hill)
 2001 Greg Glass (Charlotte Catholic)

3A

2002 Robbie Bittner (West Carteret)
 2003 Robert Padgett (Ragsdale)
 2004 Robert Padgett (Ragsdale)
 2005 Eugene Godsoe (Southeast Guilford)
 2006 Eugene Godsoe (Southeast Guilford)
 2007 Justin Eldridge (Fike)
 Mason Chenier (Eastern Wayne)
 2008 Charlie Hetzel (Charlotte Catholic)
 2009 Tanner Lowman (East Rowan)
 2010 Graham Williams (Hickory)
 2011 Bobby Bittner (West Carteret)
 2012 Savu Turcanu (St. Stephens)
 2013 Bailey Maloney (Cardinal Gibbons)
 2014 Noah Cairns (Cardinal Gibbons)
 2015 Noah Cairns (Cardinal Gibbons)
 2016 Connor Blandford (Corinth-Holders)
 2017 Noah Henderson (Western Alamance)
 2018 Noah Henderson (Western Alamance)

1A/2A

2003 Kevin Straughn (Northwood)
 2004 Brandon Suddreth (South Iredell)
 2005 Stephen Caudill (Elkin)
 2006 Johnny Hagaman (C. D. Owen)
 2007 Gavin Spake (West Davidson)
 Stephen Caudill (East Lincoln)
 2008 Kyle Hites (Hibriten)
 Kenneth Ryan (Carrboro)
 2009 Kyle Hites (Hibriten)
 2010 Joe Bonk (Raleigh Charter)
 2011 Joe Bonk (Raleigh Charter)
 2012 Joe Bonk (Raleigh Charter)
 2013 Parker Campbell (Shelby)
 2014 Will Macmillan (Carrboro)
 2015 Will Macmillan (Carrboro)
 2016 Will Macmillan (Carrboro)
 2017 Thomas Hamlet (Bishop McGuinness)
 2018 Ross Dant (Newton-Conover)



Women's Swimming & Diving State Championships M.V.P.

Open ('87-'91) & 4A (beginning 1992)

1987 Cathy Burgess (Hickory)
 1988 Emily Cowling (Broughton)
 1989 Jenny Huber (Sanderson)
 1990 Trish McHardy (Providence)
 1991 Shannon Allison (Apex)
 1992 Kelly Frazier (Ashbrook)
 1993 Kelly Frazier (Ashbrook)

 1994 Alexis Keto (Enloe)
 1995 Ashley Murray (North Mecklenburg)
 1996 Sherry West (Leesville Road)
 1997 Megan Drolet (East Gaston)
 1998 Katie Hathaway (East Mecklenburg)
 1999 Cara Lane (Providence)
 2000 Meredith Green (Chapel Hill)
 2001 Ruth Nichols (Leesville Road)

 2002 Stephanie Glover (Athens Drive)
 2003 Brittany Johnson (R.J. Reynolds)
 2004 Kristen Oxford (Providence)
 2005 Kirsten Smith (Athens Drive)
 2006 Kirsten Smith (Athens Drive)

 2007 Kirsten Smith (Athens Drive)
 Mandy Myers (Apex)
 2008 Kirsten Smith (Athens Drive)
 2009 Lauren Perdue (J.H. Rose)

 2010 Sarah Henry (West Johnston)
 2011 Henriette Stenkvis (Panther Creek)
 Victoria Mitchell (Cary)
 2012 Hannah Lincoln (Leesville Road)
 2013 Emily Allen (W.A. Hough)
 2014 Nora McCullagh (Charlotte Catholic)
 2015 Nora McCullagh (Charlotte Catholic)
 2016 Julia Poole (Middle Creek)
 2017 Julia Poole (Middle Creek)
 2018 Grace Countie (Leesville Road)

1A/2A/3A

1992 Wendy Henson (Chase)
 1993 Wendy Henson (Chase)
 Kristen Kunkle (Western Alamance)
 1994 Wendy Henson (Chase)
 1995 Wendy Henson (Chase)
 1996 Annabell Kosten (T.C. Roberson)
 1997 Lauren Rafferty (Southwest Guilford)
 1998 Amy Hendrick (Shelby)
 1999 Jenny Lentz (Brevard)
 2000 Lindsey Saufley (Southwest Guilford)
 2001 Mandy Huff (North Stanly)

3A

2002 Carly Hensel (Hickory)
 2003 Lauren Fassoux (Forestview)
 2004 Lauren Fassoux (Forestview)
 2005 Katherine Caldwell (Concord)
 2006 Margaret Bardin (Williams)

 2007 Rachel Wilson (Reagan)

 2008 Keri McAfee (Charlotte Catholic)
 2009 Christine McDonough (Charlotte Catholic)

 2010 Erin Gaeckle (Charlotte Catholic)
 2011 Katy Stringfield (Tuscola)

 2012 Lauren Rhodes (Charlotte Catholic)
 2013 Nora McCullagh (Charlotte Catholic)
 2014 Claire DeSelm (Chapel Hill)
 2015 Caroline Hauder (Marvin Ridge)
 2016 Caroline Hauder (Marvin Ridge)
 2017 Caroline Hauder (Marvin Ridge)
 2018 Julia Menkhaus (Charlotte Catholic)

1A/2A

2003 Sarah Scott (Northwood)
 2004 Michelle Baric (Eastern Alamance)
 2005 Shannon Van Hoy (Charlotte Catholic)
 2006 Melanie Roberts (Cardinal Gibbons)
 Teresa Long (Raleigh Charter)
 2007 Julie Smith (Cardinal Gibbons)
 Teresa Long (Raleigh Charter)
 2008 Kelly Ann Baird (West Davidson)
 2009 Kelly Ann Baird (West Davidson)
 Carolina Smith (South Davidson)
 2010 Kelly Ann Baird (West Davidson)
 2011 Theresa Meyer (Durham School of the Arts)
 Alexandra Martelle (Thomas Jefferson)
 2012 Caitlin Casazza (Bishop McGuinness)
 2013 Olivia Ontjes (Raleigh Charter)
 2014 Alyssa Marsh (Pine Lake Prep)
 2015 Alyssa Marsh (Pine Lake Prep)
 2016 Alyssa Marsh (Pine Lake Prep)
 2017 Emme Nelson (Community School of Davidson)
 2018 Emme Nelson (Community School of Davidson)



Men's Swimming & Diving Event State Championships



200 Medley Relay

OPEN

Year	Name	School	Time
1986		Goldsboro	1:42.05
1987		Jordan	1:41.11
1988		Sanderson	1:41.73
1989		Sanderson	1:39.18
1990		Broughton	1:42.09
1991		Chapel Hill	1:40.04

4A

Year	Name	School	Time
1992		Chapel Hill	1:38.79
1993		Page	1:38.76
1994		Page	1:39.11
1995		Providence	1:37.18
1996		Millbrook	1:38.66
1997		Providence	1:38.51
1998		Leesville Road	1:39.10
1999		Providence	1:40.06
2000		Enloe	1:38.89
2001		Enloe	1:38.96

4A

Year	Name	School	Time
2002		Myers Park	1:38.12
2003		East Mecklenburg	1:40.11
2004		East Mecklenburg	1:37.75
2005		Butler	1:38.81
2006		Enloe	1:36.97
2007		South Mecklenburg	1:37.17
2008		Providence	1:37.48
2009		Providence	1:35.43
2010		Providence	1:33.67
2011		Green Hope	1:36.49
2012		Providence	1:34.04
2013		Green Hope	1:34.99
2014		East Chapel Hill	1:34.55
2015		Reagan	1:33.51
2016		South Mecklenburg	1:32.58
2017		W.A. Hough	1:33.14
2018	John Healy	Green Hope	1:33.27
	Connor Dalbo		
	Jesse Ssengonzi		
	Michael Ivey		

1A/2A/3A

Name	School	Time
	Shelby	1:43.80
	Salisbury	1:44.80
	Wake Forest	1:44.72
	Shelby	1:44.53
	Charlotte Catholic	1:45.24
	Shelby	1:43.04
	East Chapel Hill	1:41.34
	East Chapel Hill	1:40.20
	East Chapel Hill	1:41.04
	Ragsdale	1:43.20

3A

Name	School	Time
	East Chapel Hill	1:42.91
	Ragsdale	1:41.04
	Weddington	1:42.90
	Weddington	1:40.97
	Charlotte Catholic	1:43.39
	Southwest Guilford	1:41.39
	Charlotte Catholic	1:38.93
	Marvin Ridge	1:41.19
	Cardinal Gibbons	1:39.51
	Cardinal Gibbons	1:37.95
	Cardinal Gibbons	1:39.35
	Charlotte Catholic	1:37.98
	Northern Guilford	1:39.83
	Cardinal Gibbons	1:37.15
	Northern Guilford	1:37.80
	Northern Guilford	1:35.51
	Northern Guilford	1:34.79
Preston Forst		
Jeremy Lalumondier		
Jonathan Wachendorfer		
Bryan Hill		

1A/2A

Name	School	Time
	Charlotte Catholic	1:49.30
	West Henderson	1:48.80
	West Henderson	1:48.35
	Mount Airy	1:47.72
	Mount Airy	1:45.22
	East Lincoln	1:46.86
	Hibriten	1:44.93
	Cardinal Gibbons	1:41.38
	Carrboro	1:44.35
	Carrboro	1:41.13
	Lake Norman Charter	1:40.80
	Lake Norman Charter	1:38.52
	Shelby	1:39.13
	Carrboro	1:35.00
	Carrboro	1:37.63
	Washington	1:38.15
	Croatan	1:37.75
Will Barker		
James Reindl		
John David McCray		
Colby Loveless		



Men's Swimming & Diving Event State Championships



200 Freestyle

OPEN

Year	Name	School	Time
1986	William Keever	Sanderson	1:47.93
1987	Dennis Meehan	Millbrook	1:45.32
1988	Dennis Meehan	Millbrook	1:41.57
1989			
1990	Hugh Watkins	Grimsley	1:45.35
1991	Peter Cloutier	Chapel Hill	1:44.79

4A

Year	Name	School	Time
1992	Peter Cloutier	Chapel Hill	1:41.31
1993	Charlie Atwater	Jordan	1:44.80
1994	Blaine Sefert	East Mecklenburg	1:41.79
1995	Carter Hull	Providence	1:42.91
1996	M. Snyder	North Mecklenburg	1:44.28
1997	Brad Cline	Providence	1:42.87
1998	Dean Bowker	Leesville Road	1:45.55
1999	Mark Baxter	Myers Park	1:44.36
2000	Andrew Ackley	Enloe	1:44.59
2001	Doug Van Wie	Myers Park	1:40.73

4A

Year	Name	School	Time
2002	Doug Van Wie	Myers Park	1:39.74
2003	Matt Patton	Butler	1:44.41
2004	Charlie Houchin	Enloe	1:42.31
2005	Matt Patton	Butler	1:38.93
2006	Charlie Houchin	Enloe	1:37.95
2007	Thomas Santoli	North Mecklenburg	1:43.47
2008	Thomas Santoli	North Mecklenburg	1:43.16
2009	Ben Correll	Providence	1:40.11
2010	Matt Taylor	Sanderson	1:39.81
2011	Kip Darmody	Providence	1:38.21
2012	Peter Brumm	Hough	1:39.07
2013	John Manchester	Hough	1:39.85
2014	Eyan Eagle	J.H. Rose	1:39.37
2015	Trey Poff	Hough	1:39.65
2016	Levente Bathory	Reagan	1:40.49
2017	Jack Walker	Myers Park	1:39.61
2018	Jack Walker	Myers Park	1:37.75

1A/2A/3A

Name	School	Time
Sean Stockton	R-S Central	1:49.07
Van Fletcher	High Point Central	1:45.46
Scott Hudson	WF-Rolesville	1:45.51
Scott Hudson	WF-Rolesville	1:43.82
Jarret Martin	Mount Airy	1:44.21
Randy Tyner	Union Pines	1:44.15
Matt Sawatski	East Chapel Hill	1:45.21
Byron Coyle	South Iredell	1:43.16
Ryan Erickson	East Chapel Hill	1:45.21
Walter Burton	Ragsdale	1:46.96

3A

Name	School	Time
Marcel Yang	East Chapel Hill	1:45.33
Robert Padgett	Ragsdale	1:43.31
Kyle Eaker	Foard	1:45.40
Chip Peterson	West Carteret	1:43.46
Chip Peterson	West Carteret	1:40.89
Collin Thilo	Charlotte Cathoic	1:47.70
Austin Johnson	Lake Norman	1:43.99
Rick Smith	Foard	1:42.35
Graham Williams	Hickory	1:44.01
Graham Williams	Hickory	1:44.03
Sava Turcanu	St. Stephens	1:42.57
Kai Wombacher	Cardinal Gibbons	1:43.17
Noah Cairns	Cardinal Gibbons	1:43.77
Lucas Rhodes	Central Davidson	1:42.88
Jeffrey Murray	Marvin Ridge	1:42.23
Preston Forst	Northern Guilford	1:41.89
Preston Forst	Northern Guilford	1:38.86

1A/2A

Name	School	Time
Chris Martz	Durham School of Arts	1:53.05
Kevin Straughn	Northwood	1:49.24
Brandon Suddreth	South Iredell	1:45.86
Cole Yarborough	Central Davidson	1:47.58
Gavin Spake	West Davidson	1:48.07
Gavin Spake	West Davidson	1:47.61
Gavin Spake	West Davidson	1:46.08
Ted Esch	Hibriten	1:44.09
Peter Brumm	Lake Norman Charter	1:44.09
Chris Gondek	Carrboro	1:46.48
Matt Long	Shelby	1:40.96
Jacob Vosburgh	NCSSM	1:42.48
Cole Riggan	Lexington	1:41.32
Will Macmillan	Carrboro	1:38.85
Will Macmillan	Carrboro	1:36.99
Kevin Andrews	Washington	1:41.59
Thomas Hamlet	Bishop McGuinness	1:42.00



Men's Swimming & Diving Event State Championships



200 Individual Medley

OPEN

Year	Name	School	Time
1986	Chuck Darden	Goldsboro	1:57.92
1987	Chip Lavendar	Shelby	1:56.95
1988	Brian Benda	Millbrook	1:56.88
1989	Rod Johnson	South Mecklenburg	1:56.04
1990	Grant Johnston	Athens Drive	1:56.20
1991	Danny Ott	Providence	1:53.79

4A

Year	Name	School	Time
1992	Danny Ott	Providence	1:53.66
1993	Danny Ott	Providence	1:54.32
1994	Todd Foust	Independence	1:55.75
1995	Max Richardson	Providence	1:56.49
1996	Taylor Marks	Leesville Road	1:57.22
1997	Adam Johnson	North Forsyth	1:57.10
1998	John Simpson	Cary	1:56.50
1999	Joe Baicy	Apex	1:54.83
2000	Chris Biedrzycki	Myers Park	1:54.17
2001	Cameron Moccari	Enloe	1:55.11

4A

Year	Name	School	Time
2002	Ross Pendley	Butler	1:56.62
2003	Joe Houldin	Enloe	1:56.54
2004	Geoffrey Sanders	Enloe	1:53.68
2005	Ricky Berens	South Mecklenburg	1:51.75
2006	Ricky Berens	South Mecklenburg	1:49.61
2007	Geoffrey Sanders	Enloe	1:51.82
2008	Matt Houser	J.H. Rose	1:51.31
2009	Matt Houser	J.H. Rose	1:48.26
2010	Dominick Glavich	Green Hope	1:48.36
2011	Dominick Glavich	Green Hope	1:48.93
2012	Travis John	Laney	1:51.84
2013	Colin Ellington	Holly Springs	1:49.29
2014	Koya Osada	East Chapel Hill	1:48.52
2015	Justin Ress	Cary	1:40.36
2016	Will Chan	Hough	1:49.86
2017	Zach Brown	Athens Drive	1:49.84
2018	Zach Brown	Athens Drive	1:48.47

1A/2A/3A

Name	School	Time
Jay Griffin	East Rutherford	1:55.88
Jay Griffin	East Rutherford	1:54.87
Todd DeSorbo	Salisbury	1:57.44
Todd DeSorbo	Salisbury	2:01.67
Brian Scannell	Charlotte Catholic	1:56.85
Brian Scannell	Charlotte Catholic	1:55.54
Brian Scannell	Charlotte Catholic	1:54.67
Greg Glass	Charlotte Catholic	1:57.46
Tim Liebhold	East Chapel Hill	1:55.95
Greg Glass	Charlotte Catholic	1:58.27

3A

Name	School	Time
Robbie Bittner	West Carteret	1:59.12
Robbie Bitner	West Carteret	1:55.77
Robert Padgett	Ragsdale	1:53.99
Chris Spooner	Southwest Guilford	1:52.43
Robert Padgett	Ragsdale	1:55.55
Justin Eldridge	Fike	1:56.88
Charlie Hetzel	Charlotte Catholic	1:55.34
Tanner Lowman	East Rowan	1:55.89
Michael Banic	Eastern Alamance	1:54.28
Chad Heiser	J.M. Robinson	1:55.42
Shawn Hunter	Hunt	1:54.94
Dalton Shaw	D.H. Conley	1:51.63
Luke Lechner	Asheville	1:52.51
Connor Blandford	Corinth-Holders	1:53.95
Connor Blandford	Corinth-Holders	1:50.72
Jordan Ren	Chapel Hill	1:51.90
Colson Zucker	South Iredell	1:49.20

1A/2A

Name	School	Time
Andrew Armstrong	West Henderson	2:06.81
Andrew Armstrong	West Henderson	2:05.82
Cole Yarborough	Central Davidson	2:00.83
Stephen Caudill	Elkin	1:58.27
Stephen Caudill	Elkin	2:01.27
Stephen Caudill	Elkin	2:01.03
Kyle Hites	Hibriten	2:02.49
Kyle Hites	Hibriten	1:59.30
Michael Thomson	Durham School of Arts	1:58.92
Chase Frazelle	West Davidson	1:59.12
Sam Stronsnider	Carrboro	1:58.43
Parker Campbell	Shelby	1:56.31
Will Macmillan	Carrboro	1:52.53
Taylor Powell	Lincoln Charter	1:56.29
Danny Dilks	Mount Pleasant	1:52.27
Ethan Knorr	Salisbury	1:53.83
Ethan Knorr	Salisbury	1:52.74



Men's Swimming & Diving Event State Championships



50 Freestyle

OPEN

Year	Name	School	Time
1986	Patrick Williams	Athens Drive	:22.70
1987	Ken Jarman	Kinston	:21.83
1988	David Fox	Sanderson	:21.19
1989	Chris Mann	Jordan	:20.54
1990	Chris Compton	T.W. Andrews	:20.44
1991	Robert Donaldson	Enloe	:21.96

4A

Year	Name	School	Time
1992	Jason Wiley	Grimsley	:21.60
1993	J.J. Marus	Page	:21.47
1994	J.J. Marus	Page	:20.84
1995	Aaron Ciarla	Providence	:20.90
1996	Andy Byrnes	Page	:21.75
1997	John Spaziano	Millbrook	:21.58
1998	John Spaziano	Millbrook	:21.49
1999	Michael Chenier	Eastern Wayne	:21.37
2000	John Dean	WF-Rolesville	:21.93
2001	Scott Dettloff	Enloe	:21.61

4A

Year	Name	School	Time
2002	Poston Pritchett	Riverside-Durham	:20.97
2003	Poston Pritchett	Riverside-Durham	:21.26
2004	Mark Nowell	Athens Drive	:21.21
2005	Jimmy Dabney	Providence	:21.69
2006	Matt Donch	Knightdale	:20.62
2007	Matt Donch	Knightdale	:21.01
2008	Myles Oliver	Grimsley	:20.89
2009	Adam Flur	Northern Durham	:21.34
2010	Kyle Darmody	Providence	:21.42
2011	Ollie Clayton-Luce	Sanderson	:20.53
2012	Logan Heck	Lake Norman	:21.01
2013	Kyle Darmody	Providence	:20.54
2014	Colin Ellington	Holly Springs	:20.76
2015	Henry McGugan	Ragsdale	:21.00
2016	Graham Weaver	South Mecklenburg	:20.76
2017	Jack Messenger	Broughton	:20.53
2018	Graham Hertweck	Grimsley	:20.84

1A/2A/3A

Name	School	Time
Tyrece Ussery	Shelby	:21.44
Dave Messenger	Kings Mountain	:21.95
Sean Stockton	R-S Central	:21.65
Ronnie Thomas	T.C. Roberson	:22.03
Jason Moretz	South Caldwell	:21.61
Jason Moretz	South Caldwell	:21.98
Daniel Floyd	Western Guilford	:21.84
Casey Johnson	Surry Central	:21.67
Kelly Hendrick	Shelby	:21.71
Kelly Hendrick	Shelby	:21.79

3A

Name	School	Time
Steven Dagenhart	Ragsdale	:22.13
Mike Burton	Ragsdale	:21.84
Greg Dockins	Rowan	:22.24
Greg Dockins	Rowan	:21.87
Chris Bryan	Harnett Central	:22.36
Mason Chenier	Eastern Wayne	:21.72
Mason Chenier	Eastern Wayne	:21.50
Mason Chenier	Eastern Wayne	:21.16
Jacob White	Marvin Ridge	:22.02
Alex Biehl	Weddington	:21.80
Randy Chen	Northern Guilford	:21.46
Bailey Maloney	Cardinal Gibbons	:21.46

Tucker Wall	Concord	:21.05
Tucker Wall	Concord	:21.64
Robbie Epler	Concord	:21.48
Noah Henderson	Western Alamance	:20.76
Boyd Poelke	Marvin Ridge	:21.11

1A/2A

Name	School	Time
Brian Oleniacz	Durham School of Arts	:22.33
Brian Oleniacz	Durham School of Arts	:22.89
Danny Williams	North Stanly	:23.09
Johnny Hagaman	C.D. Owen	:22.51
Kevin Straugn	Northwood	:22.43
Gray Tedder	Shelby	:22.50
Kenneth Ryan	Carrboro	:22.04
Kenneth Ryan	Carrboro	:22.12
Joe Bonk	Raleigh Charter	:20.85
Joe Bonk	Raleigh Charter	:20.90
Joe Bonk	Raleigh Charter	:20.46
Cameron Anderson (tie)	Tarboro	:21.76
Justin Morrell (tie)	Carrboro	:21.76
Cameron Anderson	Tarboro	:21.66
Zach Lewis	Raleigh Charter	:21.92
Alex Van Der Linden	West Davidson	:21.17
Cameron Harding	East Carteret	:21.89
John Day	North Davidson	:21.71



Men's Swimming & Diving Event State Championships



1 Meter Diving

OPEN

Year	Name	School	Score
1986	Chris Morris	South Mecklenburg	414.50
1987			
1988	Joel Johnson	Chapel Hill	373.30
1989	Joel Johnson	Chapel Hill	433.40
1990	Tripp Jarvis	Fuquay-Varina	385.20
1991	Tripp Jarvis	Fuquay-Varina	367.75

4A

Year	Name	School	Score
1992	Robert Chandler	Athens Drive	412.70
1993	Robert Chandler	Athens Drive	454.35
1994	Christian Zuberg	Millbrook	433.65
1995	Josh Trexler	Millbrook	504.70
1996	Josh Trexler	Millbrook	496.20
1997	Brandon Firestone	Enloe	411.80
1998	Jason Danforth	Enloe	407.30
1999	Rob McMillian	Broughton	450.10
2000	Dean Emmerton	Myers Park	503.06
2001	Dean Emmerton	Myers Park	479.90

4A

Year	Name	School	Score
2002	Ian Balmer	South Mecklenburg	509.55
2003	Nolan Trehy	Jordan	385.45
2004	Ben Herboth	East Mecklenburg	503.70
2005	Greg Ferrucci	Hopewell	484.95
2006	Nick McCrory	East Chapel Hill	601.90
2007	Nick McCrory	East Chapel Hill	591.10
2008	Nick McCrory	East Chapel Hill	637.30
2009	Ryan Hawkins	East Gaston	513.60
2010	Ryan Hawkins	East Gaston	605.50
2011	Charlie Retter	East Chapel Hill	424.10
2012	Charles Mitchell	Hough	462.80
2013	Aaron Daniels-Freeman	Riverside-Durham	435.95
2014	Connor Callahan	Panther Creek	481.70
2015	Connor Callahan	Panther Creek	533.05
2016	Andrew Capobianco	Holly Springs	593.85
2017	Andrew Capobianco	Holly Springs	547.40
2018	Noah Zawadzki	Northwest Guilford	577.65

1A/2A/3A

Name	School	Score
Eric Swindell	Hendersonville	315.60
Lou Dondero	Southeast Guilford	395.25
Lou Dondero	Southeast Guilford	432.30
Lou Dondero	Southeast Guilford	431.75
Lou Dondero	Southeast Guilford	450.10
Jim Roebuck	Shelby	290.50
Crisp McDonald	Shelby	323.40
Crisp McDonald	Shelby	308.65
Josh Weavil	Southwest Guilford	315.55
Sedrick Young	Kings Mountain	248.35

3A

Name	School	Score
Josh Weavil	Southwest Guilford	360.25
Sedrick Young	Kings Mountain	317.25
Samuel Curlee	Williams	385.70
vacated		
Ben Lane	T.C. Roberson	335.80
Ben Lane	T.C. Roberson	454.85
Collin Hobbs	Eastern Wayne	316.50
Collin Hobbs	Eastern Wayne	296.25
Devin Hall	C.B. Aycock	329.50
Devin Hall	C.B. Aycock	327.35
Lee Fellam	West Henderson	348.65
Devin Hall	C.B. Aycock	374.05
Jesse Mazen	Cuthbertson	380.80
Patrick O'Brien	Cox Mill	296.25
Patrick O'Brien	Cox Mill	413.15
Patrick O'Brien	Cox Mill	499.10

1A/2A

Name	School	Score
Scott Wagner	Graham	276.90
Brandon Hazlett	Salisbury	281.60
Brandon Hazlett	Salisbury	292.70
Bill Miller	Shelby	263.50
Bill Miller	Shelby	310.80
Josh Ivens	West Henderson	307.95
Josh Ivens	West Henderson	296.35
Jay Bell	Cardinal Gibbons	364.30
Joseph Maffly-Kipp	Carrboro	220.80
Jack Schaufler	Carrboro	241.75
Nathan Lane	Lake Norman Charter	325.80
Nathan Lane	Lake Norman Charter	380.15
Ryan Ballant	Franklin	293.85
Ryan Ballant	Franklin	342.95
Nick Garberina	Pine Lake Prep	456.25
Nick Garberina	Pine Lake Prep	553.30
Nick Garberina	Pine Lake Prep	545.45



Men's Swimming & Diving Event State Championships



100 Butterfly

OPEN

Year	Name	School	Time
1986	Gordie Blackwell	Sanderson	:52.53
1987	John Simon	Hickory	:52.21
1988	William Keever	Sanderson	:50.38
1989			
1990	Mike Merrell	South Mecklenburg	:52.01
1991	Mike Merrell	South Mecklenburg	:51.04

4A

Year	Name	School	Time
1992	Matt Ream	Providence	:52.03
1993	Rob Masten	Jordan	:51.20
1994	Carter Hull	Providence	:52.02
1995	Carter Hull	Providence	:50.47
1996	David Weeks	Leesville Road	:52.02
1997	Jimmy Nozar	East Mecklenburg	:52.11
1998	John Dean	WF-Rolesville	:51.74
1999	John Dean	WF-Rolesville	:51.47
2000	John Dean	WF-Rolesville	:51.74
2001	Matt Zimmerman	Grimsley	:51.96

4A

Year	Name	School	Time
2002	Scott Dettloff	Enloe	:50.47
2003	Jared Kleber	Vance	:51.58
2004	Campbell Davis	East Mecklenburg	:51.04
2005	Ricky Berens	South Mecklenburg	:48.13
2006	Ricky Berens	South Mecklenburg	:47.33
2007	Daniel Basler	R.J. Reynolds	:51.20
2008	Andy Lamb	Athens Drive	:50.64
2009	Brooks Corcoran	North Mecklenburg	:50.34
2010	Adam McKenzie	Riverside-Durham	:50.94
2011	Peter Brumm	Hough	:49.41
2012	Kurt Wohlrab	Pinecrest	:49.75
2013	Christian Caveness	Laney	:50.02
2014	Tyler Gomez	J.M. Robinson	:49.85
2015	Jackson Smith	Myers Park	:49.63
2016	Zach Brown	Athens Drive	:49.14
2017	Zach Brown	Athens Drive	:48.78
2018	Zach Brown	Athens Drive	:47.70

1A/2A/3A

Name	School	Time
Nathan Queen	High Point Central	:51.61
Brendon Vermilion	Trinity	:53.06
Scott Hudson	WF-Rolesville	:52.28
Jarret Martin	Mount Airy	:51.87
Jarret Martin	Mount Airy	:51.28
Jarret Martin	Mount Airy	:50.92
Brian Scannell	Charlotte Catholic	:50.99
Ryan Erickson	East Chapel Hill	:52.99
Ryan Erickson	East Chapel Hill	:52.39
Charlie Hughes	C.B. Aycock	:52.36

3A

Name	School	Time
Lucas Nelson	East Chapel Hill	:54.44
Eugene Godsoe	Southeast Guilford	:51.36
Eugene Godsoe	Southeast Guilford	:51.45
Eugene Godsoe	Southeast Guilford	:50.36
Eugene Godsoe	Southeast Guilford	:48.49
Austin Johnson	Lake Norman	:53.54
Charlie Hetzel	Charlotte Catholic	:49.60
Bobby Bittner	West Carteret	:50.93
Bobby Bittner	West Carteret	:50.93
Bobby Bittner	West Carteret	:49.84
Griffin Fiedler	J.M. Robinson	:50.68
Griffin Fiedler	J.M. Robinson	:50.68
Connor Johnson	Terry Sanford	:50.75
Jordan Reed	Northern Guilford	:51.34
Noah Henderson	Western Alamance	:49.70
Noah Henderson	Western Alamance	:48.96
Noah Henderson	Western Alamance	:48.61

1A/2A

Name	School	Time
Ben Stout	Western Guilford	:54.95
Alex Queen	Charlotte Catholic	:57.13
Stephen Caudill	Elkin	:55.26
Stephen Caudill	Elkin	:53.31
Stephen Caudill	Elkin	:51.77
Stephen Caudill	Elkin	:52.98
Nathan Walters	Cardinal Gibbons	:54.97
Nathan Walters	Cardinal Gibbons	:52.98
Peter Brumm	Lake Norman Charter	:52.40
Michael Thomson	Durham School of Arts	:53.05
Matt Long	Shelby	:51.65
Thomas Bilden	Carrboro	:51.34
Thomas Bilden	Carrboro	:51.94
Thomas Bilden	Carrboro	:49.92
Will Macmillan	Carrboro	:48.26
Thomas Hamlet	Bishop McGuinness	:51.35
Thomas Hamlet	Bishop McGuinness	:51.06



Men's Swimming & Diving Event State Championships



100 Freestyle

OPEN

Year	Name	School	Time
1986	Patrick Williams	Athens Drive	:49.65
1987	Dennis Meehan	Millbrook	:47.73
1988	David Fox	Sanderson	:46.21
1989	David Fox	Sanderson	:45.32
1990	Chris Compton	T.W. Andrews	:45.47
1991	Peter Cloutier	Chapel Hill	:47.33

4A

Year	Name	School	Time
1992	Peter Cloutier	Chapel Hill	:46.19
1993	Jason Wiley	Grimsley	:47.73
1994	Blaine Sefert	East Mecklenburg	:45.61
1995	Aaron Ciarla	Providence	:46.75
1996	John Spaziano	Millbrook	:48.10
1997	Michael Chenier	Eastern Wayne	:47.79
1998	Michael Chenier	Eastern Wayne	:46.95
1999	Stephen Parson	East Burke	:48.28
2000	Doug Van Wie	Myers Park	:47.96
2001	John Hudson	WF-Rolesville	:47.07

4A

Year	Name	School	Time
2002	John Hudson	WF-Rolesville	:46.79
2003	Poston Pritchett	Riverside-Durham	:47.01
2004	Stephen Miltz	Enloe	:47.50
2005	Matt Donch	Knightdale	:47.16
2006	Matt Donch	Knightdale	:45.09
2007	Matt Donch	Knightdale	:45.86
2008	Chris Gunnels	Chapel Hill	:46.24
2009	Thomas Santoli	North Mecklenburg	:46.79
2010	Matt Taylor	Sanderson	:46.28
2011	Ollie Clayton-Luce	Sanderson	:45.46
2012	Logan Heck	Lake Norman	:45.50
2013	Colin Ellington	Holly Springs	:44.87
2014	Colin Ellington	Holly Springs	:44.86
2015	Alexander Carson	Green Hope	:45.54
2016	Jack Messenger	Broughton	:45.45
2017	Jack Messenger	Broughton	:44.64
2018	Tucker Burhans	West Forsyth	:45.33

1A/2A/3A

Name	School	Time
Van Fletcher	High Point Central	:47.81
Van Fletcher	High Point Central	:47.21
Van Fletcher	High Point Central	:47.81
Todd DeSorbo	Salisbury	:48.33
Jason Moretz	South Caldwell	:47.82
Jason Moretz	South Caldwell	:47.82
Matt Sawatski	East Chapel Hill	:47.38
Matt Sawatski	East Chapel Hill	:47.38
Matt Sawatski	East Chapel Hill	:47.82
Kelly Hendrick	Shelby	:47.84

3A

Name	School	Time
Kent Burton	Ragsdale	:48.20
Robert Padgett	Ragsdale	:47.43
Robert Padgett	Ragsdale	:47.23
Robert Padgett	Ragsdale	:46.90
Robert Padgett	Ragsdale	:47.44
Mason Chenier	Eastern Wayne	:47.78
Mason Chenier	Eastern Wayne	:47.00
Mason Chenier	Eastern Wayne	:46.10
Sava Turcanu	St. Stephens	:47.93
Shawn Hunter	Hunt	:47.09
Shawn Hunter	Hunt	:46.71
Bailey Maloney	Cardinal Gibbons	:46.57
Justin Cochran	Concord	:47.79
Jake Pudik	Chapel Hill	:47.47
Jack MacDonald	Tuscola	:46.28
Robbie Epler	Concord	:46.35
Ben Scott	Orange	:45.95

1A/2A

Name	School	Time
Clay Griffin	Shelby	:49.99
Brian Oleniacz	Durham School of Arts	:50.72
James Lascara	Charlotte Catholic	:49.06
Jason Guzewich	Shelby	:49.91
Johnny Hagaman	C.D. Owen	:47.57
Stephen Bottoms	Hibriten	:49.80
Ches Chesson	Holmes	:49.87
Joe Bonk	Raleigh Charter	:48.04
Joe Bonk	Raleigh Charter	:46.04
Joe Bonk	Raleigh Charter	:45.33
Joe Bonk	Raleigh Charter	:45.12
Cameron Anderson	Tarboro	:47.55
Will Macmillan	Carrboro	:46.35
Will Macmillan	Carrboro	:45.59
Alex Van Der Linden	West Davidson	:47.07
Jack Coltrane	Southwest Edgecombe	:48.62
Jackson Nowacek	East Carteret	:47.78



Men's Swimming & Diving Event State Championships



500 Freestyle

OPEN

Year	Name	School	Time
1986	Gordie Blackwell	Sanderson	4:48.49
1987	Jim Crampton	Sanderson	4:42.17
1988	Jason Heisler	South Mecklenburg	4:40.76
1989	Jason Heisler	South Mecklenburg	4:41.27
1990	Jay Griffin	East Rutherford	4:43.62
1991	Jay Griffin	East Rutherford	4:41.35

4A

Year	Name	School	Time
1992	Matt Ream	Providence	4:37.07
1993	Shoff Allison	Apex	4:41.05
1994	Park Willis	Chapel Hill	4:37.14
1995	Park Willis	Chapel Hill	4:34.60
1996	Mike Heiny	Davie	4:42.99
1997	Richard Culberson	East Mecklenburg	4:36.08
1998	Mike Heiny	Davie	4:43.74
1999	Andrew Ackley	Enloe	4:44.73
2000	Andrew Ackley	Enloe	4:37.48
2001	Andrew Ackley	Enloe	4:39.06

4A

Year	Name	School	Time
2002	Daniel Slocki	Providence	4:35.75
2003	Matt Patton	Butler	4:40.26
2004	Charlie Houchin	Enloe	4:29.69
2005	Matt Patton	Butler	4:27.13
2006	Charlie Houchin	Enloe	4:25.52
2007	Geoffry Sanders	Enloe	4:32.47
2008	Thomas Santoli	North Mecklenburg	4:32.59
2009	Ben Correll	Providence	4:33.38
2010	Brett Boston	Butler	4:32.25
2011	William Deforest	Apex	4:30.63
2012	William Deforest	Apex	4:31.71
2013	Jamison Hauser	Panther Creek	4:34.53
2014	Justin Ress	Cary	4:32.69
2015	Justin Ress	Cary	4:29.08
2016	Nathan Murray	South Mecklenburg	4:30.38
2017	John Frith	Myers Park	4:30.14
2018	Avery Gambill	North Mecklenburg	4:31.51

1A/2A/3A

Name	School	Time
Jay Griffin	East Rutherford	4:38.30
Jay Griffin	East Rutherford	4:41.43
Matt Hall	Lexington	4:43.84
Matt Hall	Lexington	4:33.63
Gregg Doule	Charlotte Catholic	4:52.90
Randy Tyner	Union Pines	4:46.24
Ryan Erickson	East Chapel Hill	4:42.53
Byron Coyle	South Iredell	4:34.51
Keona Millholland	St. Stephens	4:53.58
Keona Millholland	St. Stephens	4:58.13

3A

Name	School	Time
Marcel Yang	East Chapel Hill	4:53.87
Chip Peterson	West Carteret	4:38.06
Michael Allen	Kings Mountain	4:54.21
Chip Peterson	West Carteret	4:31.87
Chip Peterson	West Carteret	4:29.73
Justin Eldridge	Fike	4:45.54
Kyle Purrman	Tuscola	4:46.06
Kyle Purrman	Tuscola	4:42.86
Graham Williams	Hickory	4:37.27
Graham Williams	Hickory	4:39.94
Sava Turcanu	St. Stephens	4:33.13
Jake Pierce	Foard	4:36.83
Noah Cairns	Cardinal Gibbons	4:33.91
Noah Cairns	Cardinal Gibbons	4:32.55
Jacob Queen	St. Stephens	4:36.92
Thomas Bretzmar	Chapel Hill	4:31.90
Curtis Wiltsey	Weddington	4:29.30

1A/2A

Name	School	Time
Chris Martz	Durham School of Arts	5:05.79
Cole Yarborough	Central Davidson	5:00.25
Brandon Suddreth	South Iredell	4:43.06
Cole Yarborough	Central Davidson	4:46.17
Gavin Spake	West Davidson	4:54.36
Gavin Spake	West Davidson	4:53.23
Gavin Spake	West Davidson	4:45.73
Nathan Walters	Cardinal Gibbons	4:45.44
George Beatty	Carrboro	4:43.01
George Beatty	Carrboro	4:46.61
Sam Strosnider	Carrboro	4:44.79
Jacob Vosburgh	NCSSM	4:38.38
Jacob Vosburgh	NCSSM	4:43.61
Thomas Bilden	Carrboro	4:43.92
Hunter Crook	First Flight	4:36.37
Ethan Knorr	Salisbury	4:33.98
Ross Dant	Newton-Conover	4:26.97



Men's Swimming & Diving Event State Championships



200 Freestyle Relay

Year	Name	OPEN School	Time
1991		Enloe	1:29.29
		4A	
Year	Name	School	Time
1992		Jordan	1:29.38
1993		Page	1:27.31
1994		Jordan	1:27.27
1995		West Forsyth	1:28.95
1996		Millbrook	1:28.14
1997		Jordan	1:28.98
1998		Riverside-Durham	1:29.14
1999		Riverside-Durham	1:28.00
2000		Enloe	1:29.11
2001		Riverside-Durham	1:28.73
		4A	
Year	Name	School	Time
2002		Millbrook	1:29.56
2003		Riverside-Durham	1:29.86
2004		Enloe	1:29.12
2005		Enloe	1:28.05
2006		Enloe	1:25.80
2007		Leesville Road	1:27.02
2008		Grimsley	1:28.23
2009		North Mecklenburg	1:27.60
2010		Providence	1:25.51
2011		Providence	1:25.01
2012		Providence	1:24.78
2013		Green Hope	1:26.16
2014		J.H. Rose	1:23.66
2015		Green Hope	1:25.02
2016		South Mecklenburg	1:24.89
2017		South Mecklenburg	1:25.24
2018	Charles Clickner Hugh Svendsen Cameron Miller Jack Walker	Myers Park	1:25.28

1A/2A/3A		
Name	School	Time
	High Point Central	1:32.57
	High Point Central	1:32.90
	Salisbury	1:33.12
	Ragsdale	1:32.30
	Brevard	1:33.59
	Charlotte Catholic	1:31.72
	East Chapel Hill	1:29.40
	East Chapel Hill	1:29.41
	Ragsdale	1:35.09
	Ragsdale	1:31.63
	3A	
Name	School	Time
	Ragsdale	1:28.58
	East Chapel Hill	1:31.39
	High Point Central	1:33.30
	High Point Central	1:31.64
	Foard	1:33.54
	Reagan	1:31.33
	Concord	1:32.01
	Lake Norman	1:30.26
	Marvin Ridge	1:31.30
	Charlotte Catholic	1:30.49
	Cardinal Gibbons	1:29.45
	Cardinal Gibbons	1:29.45
	Cardinal Gibbons	1:27.51
	Concord	1:28.74
	Chapel Hill	1:28.36
	Marvin Ridge	1:26.46
	Marvin Ridge	1:26.08
Boyd Poelke		
Nicholas Piscitelli		
Josh Stablein		
Charles Rothenberger		

1A/2A		
Name	School	Time
	Durham School of Arts	1:33.66
	Durham School of Arts	1:35.82
	West Henderson	1:37.28
	West Henderson	1:36.33
	Cardinal Gibbons	1:33.66
	East Lincoln	1:37.63
	Hibriten	1:32.86
	Hibriten	1:32.66
	Raleigh Charter	1:32.02
	Carrboro	1:31.56
	Carrboro	1:27.15
	NCSSM	1:30.52
	NCSSM	1:28.74
	Bishop McGuinness	1:28.19
	Bishop McGuinness	1:28.98
	Shelby	1:31.21
	Lincoln Charter	1:28.87
Grant Swicegood		
Jackson Law		
Neal Stratton		
Zach Whipple		



Men's Swimming & Diving Event State Championships



100 Backstroke

OPEN

Year	Name	School	Time
1986	Chuck Darden	Goldsboro	:55.18
1987	G. Sproles	McDowell	:55.16
1988	Brian Benda	Millbrook	:54.89
1989	Matt Hand	Sanderson	:53.05
1990	Dustin McDaniels	Southwest Guilford	:53.06
1991	Jason Crowder	Broughton	:54.20

4A

Year	Name	School	Time
1992	Jason Crowder	Broughton	:51.76
1993	Jason Crowder	Broughton	:53.47
1994	Graeme Leiser	Broughton	:52.43
1995	Matt Rausch	Pincrest	:52.75
1996	Andy Byrnes	Page	:52.56
1997	John Spaziano	Millbrook	:51.77
1998	John Spaziano	Millbrook	:51.81
1999	Cameron Moccari	Enloe	:52.26
2000	Cameron Moccari	Enloe	:52.32
2001	Doug Van Wie	Myers Park	:49.92

4A

Year	Name	School	Time
2002	Doug Van Wie	Myers Park	:49.92
2003	Casey Kott	Millbrook	:52.39
2004	Eric Fehr	East Mecklenburg	:52.68
2005	Sean Patton	Butler	:51.17
2006	Jeff James	Chapel Hill	:50.66
2007	Eddie Leblanc	Enloe	:52.46
2008	Chris Gunnels	Chapel Hill	:50.87
2009	Kip Darmody	Providence	:49.29
2010	Kip Darmody	Providence	:49.12
2011	Kip Darmody	Providence	:48.84
2012	Reed Wheeler	Lake Norman	:49.54
2013	John Manchester	Hough	:49.39
2014	Koya Osada	East Chapel Hill	:49.10
2015	Tyler Silver	Athens Drive	:50.27
2016	Tyler Silver	Athens Drive	:49.49
2017	Alexander McMurry	Hough	:50.16
2018	Tucker Burhans	West Forsyth	:48.78

1A/2A/3A

Name	School	Time
Nathan Queen	High Point Central	:53.62
Daniel Shuford	Shelby	:57.73
Daniel Shuford	Shelby	:53.73
Matt Hall	Lexington	:52.00
David Kernodle	R-S Central	:55.63
Shaun Hill	Sun Valley	:53.58
David Kernodle	R-S Central	:53.97
Andrew DeSorbo	Salisbury	:53.41
Andrew DeSorbo	Salisbury	:52.76
Matthew Burton	Ragsdale	:56.47

3A

Name	School	Time
Robbie Bittner	West Carteret	:52.92
Eugene Godsoe	Southeast Guilford	:52.33
Eugene Godsoe	Southeast Guilford	:52.01
Eugene Godsoe	Southeast Guilford	:50.28
Eugene Godsoe	Southeast Guilford	:48.78
Matt Spooner	Southwest Guilford	:54.13
Ham Hollett	Charlotte Catholic	:53.41
Bobby Bittner	West Carteret	:51.26
Zack Lambert	Hickory Ridge	:52.13
Bobby Bittner	West Carteret	:51.62
Davied Sanchez	A.L. Brown	:52.44

Garrett Simpson	Crest	:52.00
Garrett Simpson	Crest	:50.94
Jake Johnson	West Henderson	:51.83
Jordan Reed	Northern Guilford	:51.63
Ang Li	Chapel Hill	:50.24
Noah Henderson	Western Alamance	:48.58

1A/2A

Name	School	Time
Alex Queen	Charlotte Catholic	:56.77
Kevin Straughn	Northwood	:56.63
Johnny Hagaman	C.D. Owen	:55.08
Johnny Hagaman	C.D. Owen	:54.57
Johnny Hagaman	C.D. Owen	:52.78
Casey Elliot	McMichael	:56.88
Kenneth Ryan	Carrboro	:54.27
Elliot Casey	McMichael	:53.66
Michael Thomson	Durham School of Arts	:53.98
Michael Thomson	Durham School of Arts	:54.26
Chris Cardwell (tie)	Lake Norman Charter	:52.98
Caleb Camp (tie)	Carrboro	:52.98
Parker Campbell	Shelby	:52.32
Parker Campbell	Shelby	:51.45
Parker Campbell	Shelby	:50.21
Kevin Andrews	Washington	:51.76
Thomas Hamlet	Bishop McGuinness	:50.66
Ross Dant	Newton-Conover	:49.35



Men's Swimming & Diving Event State Championships



100 Breaststroke

OPEN

Year	Name	School	Time
1986	Chris McDaniels	Southwest Guilford	:59.62
1987	Scott Shaw	High Point Central	1:01.69
1988	Scott Shaw	High Point Central	1:01.78
1989	Clifton Perkins	Broughton	1:00.09
1990	Ian Johnston	South Mecklenburg	:59.70
1991	Ian Johnston	South Mecklenburg	:58.47

4A

Year	Name	School	Time
1992	Ian Johnston	South Mecklenburg	:57.10
1993	Steve Bonack	Sanderson	:59.51
1994	Chad Zuleger	West Forsyth	:58.79
1995	Brad Kline	Providence	1:00.22
1996	David Meschke	Athens Drive	1:00.81
1997	Brad Kline	Providence	:58.79
1998	Dean Bowker	Leesville Road	1:00.28
1999	Joe Baicy	Apex	:58.83
2000	Chris Biedrzycki	Myers Park	:59.74
2001	Brad Duryea	Riverside-Durham	1:00.09

4A

Year	Name	School	Time
2002	Rick Scott	Jordan	1:00.23
2003	Kenny Cross	Millbrook	1:00.08
2004	Campbell Davis	East Mecklenburg	:58.20
2005	Nathan Farmer	Leesville Road	:59.22
2006	Josh Correll	Providence	:59.39
2007	Chandler Thomas	South Mecklenburg	1:00.01
2008	Emerson Harris	Broughton	:59.30
2009	Emerson Harris	Broughton	:58.07
2010	Dominick Glavich	Green Hope	:56.24
2011	Dominick Glavich	Green Hope	:56.83
2012	Kurt Wohlrab	Pinecrest	:55.63
2013	Daniel Le	Northwest Guilford	:55.14
2014	Sean Yeh	Leesville Road	:55.56
2015	Paul Neil	Reagan	:57.36
2016	Will Chan	Hough	:55.21
2017	Alexander McMurry	W.A. Hough	:50.47
2018	Jacob Rauch	South Mecklenburg	:55.70

1A/2A/3A

Name	School	Time
William Oman	Southeast Guilford	1:00.06
Brian Spaulding	Western Guilford	1:00.58
Chris Nelson	Salisbury	1:03.28
Will Thompson	Fike	1:02.29
Samuel Richard	Trinity	1:00.92
David Efird	Albemarle	1:00.86
Loci Zsuppan	East Chapel Hill	1:01.25
Greg Glass	Charlotte Catholic	1:00.98
Greg Glass	Charlotte Catholic	1:01.24
Greg Glass	Charlotte Catholic	1:00.97

3A

Name	School	Time
Alex Lytton	Ashbrook	1:02.23
Casey Beckwith	Weddington	1:01.25
Casey Beckwith	Weddington	:59.38
Casey Beckwith	Weddington	1:00.03
Tim Mann	Southwest Guilford	1:02.94
Tim Mann	Southwest Guilford	1:03.34
Zach Blom	Williams	:59.54
Tanner Lowman	East Rowan	:56.75
Christopher Dong	Chapel Hill	:58.09
Christopher Dong	Chapel Hill	:58.17
Lane Bretschneider	Marvin Ridge	:59.92
Matthew Rigali	Charlotte Catholic	:58.63
Austin Toney	Kings Mountain	:59.25
Noah Cairns	Cardinal Gibbons	:58.11
Connor Blandford	Corinth-Holders	:58.02
Colson Zucker	South Iredell	:57.02
Colson Zucker	South Iredell	:56.02

1A/2A

Name	School	Time
Pete Guzewich	Shelby	1:03.91
Pete Guzewich	Shelby	1:06.21
Justin Hites	Hibriten	1:04.87
Ryan Barrington	Thomas Jefferson	1:03.59
Trevor Metscher	Mount Airy	1:06.99
Kyle Hites	Hibriten	1:04.23
Kyle Hites	Hibriten	1:01.69
Kyle Hites	Hibriten	1:00.43
Damian Smalls	Berry Academy	1:00.94
Alex Horner	C.D. Owen	1:05.05
Zack Casazza	Bishop McGuinness	1:01.21
Matt Jacobs	Durham School of Arts	1:00.37
Drew Queen	Lake Norman Charter	:59.39
Cameron Anderson	Tarboro	:57.56
Taylor Powell	Lincoln Charter	:57.52
Dylan Fore	Atkins	1:00.81
James Reindl	Croatan	:59.41



Men's Swimming & Diving Event State Championships



400 Freestyle Relay

OPEN

Year	Name	School	Time
1986		Sanderson	3:19.73
1987		Jordan	3:20.90
1988		Sanderson	3:14.44
1989		South Mecklenburg	3:11.82
1990		Chapel Hill	3:16.55
1991		Providence	3:17.00

4A

Year	Name	School	Time
1992		Chapel Hill	3:13.13
1993		Jordan	3:17.25
1994		Providence	3:14.32
1995		Providence	3:10.04
1996		Millbrook	3:17.31
1997		Providence	3:13.89
1998		Leesville Road	3:14.61
1999		Riverside-Durham	3:15.15
2000		Enloe	3:14.44
2001		Enloe	3:14.52

4A

Year	Name	School	Time
2002		Enloe	3:13.67
2003		Butler	3:15.78
2004		Enloe	3:11.66
2005		Butler	3:11.80
2006		Enloe	3:06.77
2007		Enloe	3:12.98
2008		Providence	3:12.72
2009		Providence	3:08.14
2010		Lake Norman	3:10.33
2011		Providence	3:08.92
2012		Hough	3:07.58
2013		J.H. Rose	3:09.19
2014		J.H. Rose	3:04.91
2015		Cary	3:07.22
2016		Hough	3:07.97
2017		South Mecklenburg	3:06.64
2018	Hugh Svendsen	Myers Park	3:06.69
	Andrew Warlick		
	Jack Walker		
	Cameron Miller		

1A/2A/3A

Name	School	Time
	Kings Mountain	3:26.83
	Kings Mountain	3:27.20
	Salisbury	3:27.00
	Charlotte Catholic	3:28.14
	Charlotte Catholic	3:22.38
	Charlotte Catholic	3:20.09
	East Chapel Hill	3:19.50
	East Chapel Hill	3:16.55
	East Chapel Hill	3:12.01
	Ragsdale	3:17.97

3A

Name	School	Time
	Ragsdale	3:18.38
	Ragsdale	3:16.73
	Weddington	3:21.61
	Weddington	3:17.34
	Kings Mountain	3:20.56
	Southwest Guilford	3:21.66
	Charlotte Catholic	3:16.90
	Lake Norman	3:16.14
	Cardinal Gibbons	3:16.53
	Cardinal Gibbons	3:15.72
	Cardinal Gibbons	3:15.98
	Cardinal Gibbons	3:14.63
	Chapel Hill	3:16.72
	Chapel Hill	3:14.44
	Marvin Ridge	3:12.43
	Marvin Ridge	3:11.16
	Marvin Ridge	3:10.82

Charles Rothenberger
Matthew Shen
Josh Stablein
Boyd Poelke

1A/2A

Name	School	Time
	Durham School of Arts	3:30.60
	West Henderson	3:31.14
	West Henderson	3:31.48
	Charlotte Catholic	3:28.83
	Elkin	3:31.26
	Hibriten	3:26.38
	NCSSM	3:38.45
	Cardinal Gibbons	3:20.55
	Carrboro	3:21.79
	Carrboro	3:20.34
	Carrboro	3:13.49
	Carrboro	3:13.72
	NCSSM	3:13.70
	Carrboro	3:13.15
	Carrboro	3:12.49
	Washington	3:17.29
	Croatan	3:17.91
Will Barker		
John David McCray		
James Reindl		
Colby Loveless		



Women's Swimming & Diving Event State Championships



200 Medley Relay

Year	Name	School	Time
1986		Sanderson	1:56.98
1987		Hickory	1:55.56
1988		Sanderson	1:54.20
1989			
1990		Sanderson	1:55.11
1991		East Mecklenburg	1:52.50

Year	Name	School	Time
1992		Chapel Hill	1:51.99
1993		Chapel Hill	1:52.53
1994		Leesville Road	1:52.32
1995		Millbrook	1:52.71
1996		Leesville Road	1:51.77
1997		Providence	1:52.41
1998		Leesville Road	1:51.98
1999		Chapel Hill	1:49.37
2000		Providence	1:52.75
2001		Chapel Hill	1:51.07

Year	Name	School	Time
2002		Providence	1:51.20
2003		Athens Drive	1:50.27
2004		Athens Drive	1:50.24
2005		Athens Drive	1:47.91
2006		Chapel Hill	1:47.74
2007		Athens Drive	1:49.93
2008		Chapel Hill	1:48.02
2009		Hopewell	1:48.43
2010		Cary	1:48.51
2011		Apex	1:45.91
2012		Hough	1:46.05
2013		Green Hope	1:47.56
2014		Hough	1:43.41
2015		Charlotte Catholic	1:43.70
2016		Hough	1:43.21
2017		Leesville Road	1:43.61
2018	Anna Carrigan	Leesville Road	1:42.20
	Ashley McCauley		
	Amanda Ray		
	Grace Countie		

Year	Name	School	Time
1992		Shelby	1:58.10
1993		Shelby	1:56.65
1994		Southwest Guilford	1:58.06
1995		Southwest Guilford	1:58.29
1996		Shelby	1:59.22
1997		Shelby	1:57.48
1998		Southwest Guilford	1:54.07
1999		East Chapel Hill	1:54.07
2000		East Chapel Hill	1:55.33
2001		Charlotte Catholic	1:55.62

Year	Name	School	Time
2002		Hickory	1:56.60
2003		East Chapel Hill	1:54.76
2004		East Chapel Hill	1:55.54
2005		East Chapel Hill	1:54.94
2006		Charlotte Catholic	1:55.10
2007		Charlotte Catholic	1:55.94
2008		Charlotte Catholic	1:51.32
2009		Charlotte Catholic	1:47.76
2010		Charlotte Catholic	1:46.96
2011		Charlotte Catholic	1:49.44
2012		Charlotte Catholic	1:46.56
2013		Charlotte Catholic	1:45.52
2014		Chapel Hill	1:49.37
2015		Cardinal Gibbons	1:48.34
2016		Marvin Ridge	1:47.11
2017		Marvin Ridge	1:46.60
2018	Julia Menkhaus	Charlotte Catholic	1:45.46
	Juliet Miechkowski		
	Madeline Menkhaus		
	Alina Stout		

Year	Name	School	Time
2002		Charlotte Catholic	1:57.28
2003		Charlotte Catholic	2:00.28
2004		Mount Airy	1:58.35
2005		Charlotte Catholic	1:56.38
2006		Cardinal Gibbons	1:46.30
2007		West Davidson	1:56.30
2008		Cardinal Gibbons	1:54.74
2009		Cardinal Gibbons	1:50.75
2010		West Davidson	1:55.78
2011		Lake Norman Charter	1:57.72
2012		Raleigh Charter	1:49.83
2013		Raleigh Charter	1:51.78
2014		Lincoln Charter	1:52.25
2015		Raleigh Charter	1:51.32
2016		Lake Norman Charter	1:50.39
2017		Lake Norman Charter	1:50.00
2018	Ariel Hopper	Lake Norman Charter	1:49.44
	Riggan Ayscue		
	Mattie Luther		
	Anna Rubel		



Women's Swimming & Diving Event State Championships



200 Freestyle

OPEN

Year	Name	School	Time
1986	Pam Livengood	Mount Tabor	2:02.40
1987	Annie McCoy	Ragsdale	1:56.76
1988	Emily Cowling	Broughton	1:53.14
1989			
1990	Trish McHardy	Providence	1:51.96
1991	Shannon Allison	Apex	1:53.52

4A

Year	Name	School	Time
1992	Jolene Turner	Sanderson	1:55.16
1993	Alexis Kato	Enloe	1:56.24
1994	Alexis Kato	Enloe	1:54.60
1995	Alexis Kato	Enloe	1:52.55
1996	Alexis Kato	Enloe	1:51.29
1997	Mary Mittendorf	North Mecklenburg	1:54.55
1998	Cara Lane	Providence	1:51.76
1999	Kelly Weeks	Leesville Road	1:50.33
2000	Magda Dyszkiewicz	Providence	1:52.20
2001	Brittany Johnson	R.J. Reynolds	1:51.48

4A

Year	Name	School	Time
2002	Katie Bland	Leesville Road	1:49.79
2003	Kristin Oxford	Providence	1:52.51
2004	Kristin Oxford	Providence	1:50.07
2005	Kelsy Smith	Athens Drive	1:52.96
2006	Jing Li	Chapel Hill	1:50.66
2007	Mandy Myers	Apex	1:51.74
2008	Amber Leiker	Hopewell	1:51.20
2009	Henriet Stenkivist	Panther Creek	1:49.65
2010	Sarah Henry	West Johnston	1:47.97
2011	Henriet Stenkivist	Panther Creek	1:49.65
2012	Henriet Stenkivist	Panther Creek	1:48.48
2013	Jessica Merritt	Hough	1:48.84
2014	Jessica Merritt	Hough	1:47.37
2015	Erika Brown	Hough	1:46.47
2016	Erika Brown	Hough	1:48.05
2017	Kenna Haney	Sanderson	1:47.29
2018	Kenna Haney	Sanderson	1:47.90

1A/2A/3A

Name	School	Time
Wendy Henson	Chase	1:53.05
Wendy Henson	Chase	1:53.05
Rebecca DeBernard	NCSSM	1:59.05
Wendy Henson	Chase	1:51.06
Lori Hoppensteadt	Southwest Guilford	2:00.20
Lindsey Saufley	Southwest Guilford	1:57.03
Kim Campbell	East Chapel Hill	1:54.65
Kim Campbell	East Chapel Hill	1:52.39
Lindsey Saufley	Southwest Guilford	1:56.28
Mandy Huff	North Stanly	1:55.51

3A

Name	School	Time
Laren Faysoux	Forestview	1:55.48
Monique Huynh	St. Stephens	2:00.23
Katharine Peggy	East Chapel Hill	1:55.17
Anna Stringfield	Tuscola	1:55.38
Shannon Van Hoy	Charlotte Catholic	1:55.46
Rachel Wilson	Reagan	1:56.15
Rachel Wilson	Reagan	1:57.69
Rachel Wilson	Reagan	1:53.07
Erin Gaeckle	Charlotte Catholic	1:52.67
Katy Stringfield	Tuscola	1:50.45
Lauren Rhodes	Charlotte Catholic	1:50.22
Lauren Rhodes	Charlotte Catholic	1:47.98
Lauren Greenberg	Marvin Ridge	1:52.03
Emmaline Peterson	Hickory	1:52.11
Anna Durak	Hickory	1:50.14
Caroline Hauder	Marvin Ridge	1:48.52
Olwyn Bartis	Charlotte Catholic	1:48.64

1A/2A

Name	School	Time
Nikki Deering	Central Davidson	1:57.61
Michelle Baric	Eastern Alamance	1:57.69
Michelle Baric	Eastern Alamance	1:56.71
Shannon VanHoy	Charlotte Catholic	1:52.58
Julie Smith	Cardinal Gibbons	1:52.86
Julie Smith	Cardinal Gibbons	1:49.68
Kelly Ann Baird	West Davidson	1:51.86
Kelly Ann Baird	West Davidson	1:50.86
Kelly Ann Baird	West Davidson	1:49.86
Theresa Meyer	Durham School of Arts	1:52.69
Katie Furey	Carrboro	1:50.66
McKenzie Stevens	Salisbury	1:53.51
Christina Lappin	Lincoln Charter	1:49.31
Sarah Mandis	First Flight	1:55.75
Christina Lappin	Lincoln Charter	1:49.95
Lyndsey Reeve	Croatan	1:50.99
Sydney Willis	Raleigh Charter	1:49.94



Women's Swimming & Diving Event State Championships



200 Individual Medley

OPEN

Year	Name	School	Time
1986	Courtney Searcy	Broughton	2:11.47
1987	Cathy Burgess	Hickory	2:12.55
1988	Cathy Burgess	Hickory	2:11.57
1989	Suzanne Gardiner	Cary	2:11.16
1990	Julie McKinney	Sanderson	2:07.85
1991	Kelly Frazier	Ashbrook	2:08.06

4A

Year	Name	School	Time
1992	Kelly Frazier	Ashbrook	2:05.35
1993	Kelly Frazier	Ashbrook	2:07.41
1994	Sherry West	Leesville Road	2:09.33
1995	Sherry West	Leesville Road	2:06.89
1996	Jen Delong	Mount Tabor	2:08.11
1997	Jen Delong	Mount Tabor	2:06.98
1998	Katie Hathaway	East Mecklenburg	2:03.35
1999	Meredith Green	Chapel Hill	2:05.69
2000	Meredith Green	Chapel Hill	2:03.65
2001	Meredith Green	Chapel Hill	2:04.81

4A

Year	Name	School	Time
2002	Brittany Johnson	R.J. Reynolds	2:05.48
2003	Brittany Johnson	R.J. Reynolds	2:04.70
2004	M.E. Miller	Grimsley	2:07.21
2005	Kirsten Smith	Athens Drive	2:04.55
2006	Kirsten Smith	Athens Drive	2:01.08
2007	Kirsten Smith	Athens Drive	2:01.45
2008	Kirsten Smith	Athens Drive	2:00.58
2009	Torrey Bussey	Cary	2:03.19
2010	Torrey Bussey	Cary	2:01.07
2011	Victoria Mitchell	Cary	2:03.51
2012	Hannah Moore	Green Hope	2:01.56
2013	Alexandra Martelle	South Mecklenburg	2:03.32
2014	Nicole Emery	Charlotte Catholic	2:01.42
2015	Julia Poole	Middle Creek	2:00.75
2016	Julia Poole	Middle Creek	1:59.76
2017	Julia Poole	Middle Creek	1:58.96
2018	Brooke Zettel	Apex Friendship	1:58.31

1A/2A/3A

Name	School	Time
Christine Bracket	Shelby	2:14.62
Kristen Kunkle	Western Alamance	2:14.65
Wendy Henson	Chase	2:08.53
Lauren Rafferty	Southwest Guilford	2:11.72
Lauren Rafferty	Southwest Guilford	2:12.63
Lauren Rafferty	Southwest Guilford	2:09.45
Sarah Allen	East Chapel Hill	2:12.67
Leigh Campbell	East Chapel Hill	2:10.21
Leigh Campbell	East Chapel Hill	2:10.01
Leigh Campbell	East Chapel Hill	2:10.48

3A

Name	School	Time
Carly Hensel	Ragsdale	2:09.61
Lauren Fayssoux	Forestview	2:08.80
Lauren Fayssoux	Forestview	2:07.80
Anna Weaver	East Rowan	2:09.75
Anna Stringfield	Tuscola	2:10.98
Anna Stringfield	Tuscola	2:09.23
Keri McAfee	Charlotte Catholic	2:07.31
Victoria Oslund	Tuscola	2:08.36
Katherine Plevka	Weddington	2:04.70
Katherine Plevka	Weddington	2:05.43
Nicole Emery	Charlotte Catholic	2:03.63
Nicole Emery	Charlotte Catholic	2:02.01
Claire DeSelm	Chapel Hill	2:02.59
Claire DeSelm	Chapel Hill	2:04.84
Caroline Hauder	Marvin Ridge	1:58.85
Caroline Hauder	Marvin Ridge	2:01.52
Grace Reeder	T.C. Roberson	2:04.51

1A/2A

Name	School	Time
Kelsee Gomes	Charlotte Catholic	2:15.20
Shannon Van Hoy	Charlotte Catholic	2:12.82
Michelle Baric	Eastern Alamance	2:10.20
Meredith Robinson	Cedar Ridge	2:10.17
Melanie Roberts	Cardinal Gibbons	2:02.96
Cameron Figuers	Cardinal Gibbons	2:12.80
Caroline Smith	South Davidson	2:10.04
Caroline Smith	South Davidson	2:05.30
Theresa Meyer	Durham School of Arts	2:11.01
Alexandra Martelle	Thomas Jefferson	2:06.49
Alexandra Martelle	Thomas Jefferson	2:04.55
Margaret Ireland	Raleigh Charter	2:11.21
Olivia Ontjes	Raleigh Charter	2:02.63
Jane Donahue	Christ the King	2:05.07
Alexandria Baker	Lincoln Charter	2:05.75
Emme Nelson	Comm. Sch. of Davidson	2:03.98
Emme Nelson	Comm. Sch. of Davidson	2:02.01



Women's Swimming & Diving Event State Championships



50 Freestyle

OPEN

Year	Name	School	Time
1986	Jill Benda	Millbrook	:24.76
1987	Jill Benda	Millbrook	:24.65
1988	Jenny Huber	Sanderson	:24.47
1989	Jenny Huber	Sanderson	:24.26
1990	Beth Rillema	North Mecklenburg	:24.48
1991	Lee Anne Britt	East Wake	:25.01

4A

Year	Name	School	Time
1992	Lee Anne Britt	East Wake	:25.50
1993	Elizabeth Myers	Hickory	:24.58
1994	Jenny Mancini	Enloe	:24.71
1995	Ashley Murray	North Mecklenburg	:24.31
1996	Sherry West	Leesville Road	:24.20
1997	Meagan Drolet	East Gaston	:24.47
1998	Meagan Drolet	East Gaston	:24.94
1999	Meagan Drolet	East Gaston	:24.37
2000	Ruth Nichols	Leesville Road	:24.11
2001	Ruth Nichols	Leesville Road	:24.20

4A

Year	Name	School	Time
2002	Rebecca Perry	J.H. Rose	:23.95
2003	Rebecca Perry	J.H. Rose	:24.48
2004	Stephanie Glover	Athens Drive	:24.10
2005	Sarah Proctor	North Mecklenburg	:23.89
2006	Lauren Perdue	J.H. Rose	:23.68
2007	Lauren Perdue	J.H. Rose	:24.12
2008	Mandy Myers	Apex	:24.07
2009	Lauren Perdue	J.H. Rose	:23.08
2010	Sabrina Benson	Broughton	:23.39
2011	Alexandra Marshall	Reagan	:23.74
	Nancy Larson	Mount Tabor	:23.74
2012	Hannah Lincoln	Leesville Road	:23.26
2013	Emily Allen	Hough	:23.02
2014	Nora McCullagh	Charlotte Catholic	:22.88
2015	Nora McCullagh	Charlotte Catholic	:22.93
2016	Grace Countie	Leesville Road	:22.75
2017	Grace Countie	Leesville Road	:22.60
2018	Grace Countie	Leesville Road	:22.54

1A/2A/3A

Name	School	Time
Denise Stamey	Shelby	:25.34
Shawn Tatum	T.W. Andrews	:24.97
Elizabeth Myers	Hickory	:24.61
Amy Hendrick	Shelby	:24.61
Anabell Kosten	T.C. Roberson	:24.02
Jennifer Lentz	Brevard	:25.14
Jennifer Lentz	Brevard	:24.30
Jennifer Lentz	Brevard	:24.14
Jennifer Lentz	Brevard	:24.97
Shannon Brewer	Hickory	:25.10

3A

Name	School	Time
Shannon Brewer	Hickory	:25.00
Margaret Bardin	Williams	:24.48
Margaret Bardin	Williams	:24.20
Margaret Bardin	Williams	:24.05
Margaret Bardin	Williams	:24.01
Jamie Stancliff	Reagan	:24.41
Jamie Stancliff	Reagan	:24.78
Haley Powell	Lake Norman	:24.65
Ashlyn Koletic	Charlotte Catholic	:24.48
Lauren Rhodes	Charlotte Catholic	:23.41

Nora McCullagh	Charlotte Catholic	:23.85
Nora McCullagh	Charlotte Catholic	:22.92
Michaela Carter	Corinth-Holders	:24.90
McKenzie Weed	North Lincoln	:24.31
Katie Corbi	Weddington	:24.27
Katie Corbi	Weddington	:23.78
Katie Corbi	Weddington	:23.63

1A/2A

Name	School	Time
Sarah Scott	Northwood	:24.94
Sarah Scott	Northwood	:24.17
Brett Gordon	East Surry	:26.23
Morgan Robertson	Surry Central	:25.51
Teresa Long	Raleigh Charter	:23.69
Teresa Long	Raleigh Charter	:23.60
Julianna Prim	Starmount	:25.05
Lakenn Reynolds	Elkin	:24.25
Lakenn Reynolds	Elkin	:24.70
Rachel Hatt	Raleigh Charter	:24.87
Rachel Hatt	Raleigh Charter	:24.36
Christina Lappin	Lincoln Charter	:23.76
Christina Lappin	Lincoln Charter	:23.46
Alyssa Marsh	Pine Lake Prep	:23.05
Alyssa Marsh	Pine Lake Prep	:22.83
Allyson Accordino	Pine Lake Prep	:23.80
Allyson Accordino	Pine Lake Prep	:23.50



Women's Swimming & Diving Event State Championships



1 Meter Diving

OPEN

Year	Name	School	Score
1985	Robbi Dalton	Mount Tabor	369.45
1986	Robbi Dalton	Mount Tabor	388.85
1987			
1988	Heidi Candler	Athens Drive	390.45
1989	Eileen Duley	Apex	344.75
1990	Eileen Duley	Apex	368.15
1991	Eileen Duley	Apex	364.35

4A

Year	Name	School	Score
1992	Eileen Duley	Apex	405.95
1993	Kelly Badrock	Jordan	413.30
1994	Carrie Knoeber	Enloe	444.05
1995	Carrie Knoeber	Enloe	456.60
1996	Carrie Knoeber	Enloe	491.35
1997	Renee Paradise	Chapel Hill	420.60
1998	Renee Paradise	Chapel Hill	402.80
1999	Jennifer Rehm	Orange	474.65
2000	Jennifer Rehm	Orange	458.60
2001	Jessica Thompson	Butler	446.20

4A

Year	Name	School	Score
2002	Jessica Thompson	Butler	481.00
2003	Katherine Schamberg	Athens Drive	373.45
2004	Chelsea Mock	Chapel Hill	355.85
2005	Lydia Cardinal	Chapel Hill	360.95
2006	Michelle Mudge	Hopewell	391.20
2007	Julie Doran	Holly Springs	464.00
2008	Julie Doran	Holly Springs	454.25
2009	Julie Doran	Holly Springs	429.55
2010	Julie Doran	Holly Springs	448.90
2011	Alison Menzies	Reagan	431.35
2012	Whitney Timberlake	Hoke	377.50
2013	Lily Armstrong	Western Guilford	386.95
2014	Jennifer Giacalone	Hough	414.10
2015	Kristen Hayden	Panther Creek	507.55
2016	Jocelyn Porter	Hough	477.65
2017	Jennifer Giacalone	Hough	474.40
2018	Ashton Zuburg	Leesville Road	450.85

1A/2A/3A

Name	School	Score
Tandra Leftwich	Kings Mountain	242.65
Jenny Wren	West Lincoln	339.85
Sara Davis	Northern Vance	317.55
Georgina Crawford	Southern Guilford	368.55
Erin Bailey	Fuquay-Varina	437.10
Erin Bailey	Fuquay-Varina	403.00
Erin Bailey	Fuquay-Varina	426.75
Erin Bailey	Fuquay-Varina	471.78
Page Holloway	Charlotte Catholic	409.15
Page Holloway	Charlotte Catholic	417.55

3A

Name	School	Score
Melissa Freimark	East Chapel Hill	299.50
Maryssa Lohman	East Chapel Hill	283.90
Blythe Hogan	Williams	407.80
Blythe Hogan	Williams	360.85
Blythe Hogan	Williams	304.45
Alison Menzies	Reagan	335.45
Alison Menzies	Reagan	380.00
Katie Leonard	Chapel Hill	325.10
Katie Leonard	Chapel Hill	346.50
Sara Maleski	Marvin Ridge	404.35
Mary Ellen Targonski	South Point	401.60
Mary Ellen Targonski	South Point	447.30
Nikki Canale	Marvin Ridge	511.60
Nikki Canale	Marvin Ridge	530.65
Nikki Canale	Marvin Ridge	492.90
Alyssa Wang	East Chapel Hill	473.90

1A/2A

Name	School	Score
Laura Filip	Durham School of Arts	342.25
Laura Filip	Durham School of Arts	457.55
Sarah Knish	Charlotte Catholic	252.70
Rebecca Bentley	Durham School of Arts	338.70
Rebecca Bentley	Durham School of Arts	352.95
Sarah Wyman	Perquimans	356.05
Siobhan Munroe	Cardinal Gibbons	273.55
Audrey Timmel	Cedar Ridge	279.35
Molly Harkary	Cedar Ridge	270.70
Jill Mulveney	Lake Norman	367.70
Adyson Lowe	Lake Norman Charter	411.45
Adyson Lowe	Lake Norman Charter	390.40
Peyton Freeze	Lake Norman Charter	392.45
Adyson Lowe	Lake Norman Charter	466.60
Lindsey Ruderman	NCSSM	405.45
Claire McDaniels	Carrboro	475.45
Kyndal Knight	East Gaston	490.60



Women's Swimming & Diving Event State Championships



100 Butterfly

OPEN

Year	Name	School	Time
1986	Flna Fox	South Mecklenburg	59.63
1987	J. Miller	Myers Park	:59.32
1988	Suzanne Gardiner	Cary	:59.39
1989			
1990	Julie McKinney	Sanderson	:57.91
1991	Julie Peluso	Broughton	:58.56

4A

Year	Name	School	Time
1992	Cara Dunnaway	Apex	:58.29
1993	Cara Dunnaway	Apex	:58.96
1994	Nicole Campbell	Leesville Road	:58.09
1995	Sherry West	Leesville Road	:57.99
1996	Cindy Scheuster	Providence	:59.19
1997	Kelly Weeks	Leesville Road	:58.44
1998	Melissa Fiss	Providence	:57.02
1999	Cara Lane	Providence	:56.51
2000	Hillary Queen	East Gaston	:58.69
2001	Erin Gottschalk	Hoggard	:58.53

4A

Year	Name	School	Time
2002	Stephanie Glover	Athens Drive	:57.65
2003	Stephanie Glover	Athens Drive	:57.46
2004	Sarah Proctor	North Mecklenburg	:57.47
2005	Amanda Duncan	Wake Forest	:55.77
2006	Jessalyn Crawford	Athens Drive	:57.08
2007	Sarah Henry	West Johnston	:56.87
2008	Cari Blalock	New Hanover	:55.31
2009	Chelsea Howard	Riverside-Durham	:54.92
2010	Cari Blalock	New Hanover	:55.07
2011	Jessica Godlweski	Apex	:55.47
2012	Hannah Lincoln	Leesville Road	:54.68
2013	Megan Owens	Cary	:55.59
2014	Elsa Welshofer	Charlotte Catholic	:54.47
2015	Mary-O Soule	T.C. Roberson	:55.73
2016	Julia Menkhaus	Charlotte Catholic	:54.12
2017	Julia Menkhaus	Charlotte Catholic	:53.61
2018	Amanda Ray	Leesville Road	:54.28

1A/2A/3A

Name	School	Time
Renee Bailey	East Rutherford	1:02.23
Dondrea Elliot	East Rowan	:58.86
Dondrea Elliot	East Rowan	:59.79
Kristina Harmer	Wake Forest-Rolesville	1:00.50
Melissa Orr	T.C. Roberson	1:00.56
Sarah Allen	East Chapel Hill	:58.28
Sarah Allen	East Chapel Hill	:59.82
Kim Campbell	East Chapel Hill	:59.16
Nikki Deering	Central Davidson	:58.16
Nikki Deering	Central Davidson	:57.96

3A

Name	School	Time
Megan Chenier	Eastern Wayne	:59.34
Katherine Caldwell	Concord	:58.42
Allie Lewis	Smoky Mountain	:57.55
Katherine Caldwell	Concord	:58.31
Keri McAfee	Charlotte Catholic	:58.32
Keri McAfee	Charlotte Catholic	:57.12
Keri McAfee	Charlotte Catholic	:56.39
Victoria Oslund	Tuscola	:57.68
Victoria Oslund	Tuscola	:56.90
Victoria Oslund	Tuscola	:55.99
Elsa Welshofer	Charlotte Catholic	:56.09
Elsa Welshofer	Charlotte Catholic	:54.69
Claire DeSelm	Chapel Hill	:54.77
Claire DeSelm	Chapel Hill	:55.39
Claire DeSelm	Chapel Hill	:56.32
Elle VanNote	Marvin Ridge	:55.22
Julia Menkhaus	Charlotte Catholic	:53.84

1A/2A

Name	School	Time
Sarah Scott	Northwood	:58.38
Sarah Scott	Northwood	:57.35
Victoria Niemeyer	Western Alamance	:57.68
Keri McAfee	Charlotte Catholic	1:00.42
Patrice Dason	Cardinal Gibbons	:55.21
Julianna Prim	Starmount	:56.94
Julianna Prim	Starmount	:57.28
Julianna Prim	Starmount	:57.51
Madi Ralston	Salisbury	:59.46
Caitlin Casazza	Bishop McGuinness	:57.52
Caitlin Casazza	Bishop McGuinness	:55.29
Christina Lappin	Lincoln Charter	:55.60
Alyssa Marsh	Pine Lake Prep	:53.72
Alyssa Marsh	Pine Lake Prep	:54.08
Alyssa Marsh	Pine Lake Prep	:53.23
Alexandria Baker	Lincoln Charter	:55.43
Kathryn Morrison	Salisbury	:55.54



Women's Swimming & Diving Event State Championships



100 Freestyle

OPEN

Year	Name	School	Time
1986	Annie McCoy	Ragsdale	:54.85
1987	Annie McCoy	Ragsdale	:54.44
1988	Jenny Huber	Sanderson	:53.69
1989	Jenny Huber	Sanderson	:53.73
1990	Beth Rillema	North Mecklenburg	:54.26
1991	Kelly Frazier	Ashbrook	:53.03

4A

Year	Name	School	Time
1992	Kelly Frazier	Ashbrook	:52.60
1993	Kelly Frazier	Ashbrook	:52.77
1994	Ashley Murray	North Mecklenburg	:52.32
1995	Ashley Murray	North Mecklenburg	:52.52
1996	Sherry West	Leesville Road	:52.68
1997	Megan Drolet	East Gaston	:53.70
1998	Katie Scoggins	Millbrook	:52.69
1999	Meagan Drolet	East Gaston	:52.30
2000	Ruth Nichols	Leesville Road	:52.95
2001	Ruth Nichols	Leesville Road	:52.19

4A

Year	Name	School	Time
2002	Carolina Ackley	Enloe	:51.87
2003	Rebecca Perry	J.H. Rose	:52.24
2004	Kaleigh Gomes	Providence	:52.33
2005	Kaleigh Gomes	Providence	:53.18
2006	Kaleigh Gomes	Providence	:51.38
2007	Mandy Myers	Apex	:51.71
2008	Dania Marinshaw	East Chapel Hill	:52.48
2009	Lauren Perdue	J.H. Rose	:49.80
2010	Henriette Stenkvis	Panther Creek	:51.13
2011	Henriette Stenkvis	Panther Creek	:50.69
2012	Emily Allen	Hough	:50.29
2013	Emily Allen	Hough	:49.77
2014	Emily Allen	Hough	:49.68
2015	Emily Allen	Hough	:49.85
2016	Jessica Merritt	Hough	:50.14
2017	Grace Countie	Leesville Road	:49.98
2018	Grace Countie	Leesville Road	:49.69

1A/2A/3A

Name	School	Time
Wendy Henson	Chase	:52.85
Wendy Henson	Chase	:52.16
Elizabeth Myers	Hickory	:55.25
Olivia Smutney	Western Guilford	:54.43
Anabell Kosten	T.C. Roberson	:52.68
Lauren Smith	Central Cabarrus	:55.58
Amy Hendrick	Shelby	:53.58
Lauren Smith	Central Cabarrus	:53.99
Kellie Hill	Sun Valley	:53.75
Shannon Brewer	Hickory	:54.44

3A

Name	School	Time
Shannon Brewer	Hickory	:54.02
Margaret Bardin	Williams	:54.51
Margaret Bardin	Williams	:53.36
Margaret Bardin	Williams	:52.71
Margaret Bardin	Williams	:52.40
Henni Coetzer	Porter Ridge	:54.21
Jordan Koletic	Charlotte Catholic	:54.91
Heather Isetts	Lake Norman	:53.35
Ashlyn Koletic	Charlotte Catholic	:53.22
Ashlyn Koletic	Charlotte Catholic	:52.12
Lauren Rhodes	Charlotte Catholic	:50.55
Lauren Rhodes	Charlotte Catholic	:50.02
Anabelle Durham	Chapel Hill	:53.47
Anna Durak	Hickory	:51.74
Anna Durak	Hickory	:51.76
Katie Corbi	Weddington	:51.21
Olwyn Bartis	Charlotte Catholic	:50.69

1A/2A

Name	School	Time
Nikki Deering	Central Davidson	:53.51
Sarah Beth Schooley	Albemarle	:54.37
Dylan Spake	West Davidson	:56.19
Teresa Long	Raleigh Charter	:52.76
Teresa Long	Raleigh Charter	:51.46
Teresa Long	Raleigh Charter	:51.53
Sarah Neaves	Elkin	:54.56
Lakenn Reynolds	Elkin	:52.12
Emily Tysinger	Carrboro	:53.42
Katie Furey	Carrboro	:53.22
Olivia Ontjes	Raleigh Charter	:51.56
Olivia Ontjes	Raleigh Charter	:50.75
Annie Shirk	Shelby	:53.75
Christina Lappin	Lincoln Charter	:51.80
Christina Lappin	Lincoln Charter	:50.64
Alexandria Baker	Lincoln Charter	:51.33
Allyson Accordino	Pine Lake Prep	:51.18



Women's Swimming & Diving Event State Championships



500 Freestyle

OPEN

Year	Name	School	Time
1986	Staci Sawyer	Sanderson	5:03.87
1987	J. Miller	Myers Park	5:13.05
1988	Emily Cowling	Broughton	5:01.96
1989	Trish McHardy	East Mecklenburg	5:08.53
1990	Trish McHardy	Providence	4:54.11
1991	Shannon Allison	Apex	5:01.26

4A

Year	Name	School	Time
1992	Beth Humphry	Sanderson	5:02.83
1993	Leigh Tysinger	Page	5:06.11
1994	Alexis Keto	Enloe	5:04.01
1995	Alexis Keto	Enloe	4:58.43
1996	Alexis Keto	Enloe	4:53.07
1997	Danley Stone	Athens Drive	5:05.64
1998	Cara Lane	Providence	4:50.54
1999	Cara Lane	Providence	4:48.23
2000	Meredith Green	Chapel Hill	4:49.05
2001	Meredith Green	Chapel Hill	4:51.79

4A

Year	Name	School	Time
2002	Kristin Oxford	Providence	4:54.22
2003	Brittany Johnson	R.J. Reynolds	4:55.90
2004	Kristin Oxford	Providence	4:58.08
2005	Kirsten Smith	Athens Drive	4:55.77
2006	Kirsten Smith	Athens Drive	4:54.47
2007	Kirsten Smith	Athens Drive	4:53.09
2008	Kirsten Smith	Athens Drive	4:55.87
2009	Sarah Henry	West Johnston	4:53.53
2010	Sarah Henry	West Johnston	4:46.69
2011	Victoria Mitchell	Cary	4:51.19
2012	Hannah Moore	Green Hope	4:51.20
2013	Hannah Moore	Green Hope	4:47.66
2014	Hannah Moore	Green Hope	4:40.98
2015	Rebecca Postoll	Charlotte Catholic	4:47.02
2016	Ana Pozder	Apex	4:50.66
2017	Ana Pozder	Apex	4:48.48
2018	Kenna Haney	Sanderson	4:49.59

1A/2A/3A

Name	School	Time
Tara DeSorbo	Salisbury	5:17.68
Tara DeSorbo	Salisbury	5:22.03
Wendy Henson	Chase	5:01.45
Wendy Henson	Chase	4:57.30
Mary Smutney	Western Guilford	5:14.72
Lindsey Saufley	Southwest Guilford	5:13.64
Lindsey Saufley	Southwest Guilford	5:09.88
Leigh Campbell	East Chapel Hill	5:03.16
Lindsey Saufley	Southwest Guilford	5:04.65
Leigh Campbell	East Chapel Hill	5:06.81

3A

Name	School	Time
Eleanor Trefzger	Hickory	5:16.20
Lauren Fayssoux	Forestview	5:05.98
Lauren Fayssoux	Forestview	5:10.42
Anna Weaver	East Rowan	5:02.70
Shannon Van Hoy	Charlotte Catholic	5:08.24
Maddie Fox	Parkland	5:26.65
Megan McLeod	Tuscola	5:11.28
Rachel Wilson	Reagan	5:07.28
Lydia Renn	Chapel Hill	5:09.84
Katy Stringfield	Tuscola	4:56.87
Katy Stringfield	Tuscola	4:58.35
Katy Stringfield	Tuscola	4:56.08
Emmaline Peterson	Hickory	4:54.42
Emmaline Peterson	Hickory	4:50.11
Emmaline Peterson	Hickory	4:52.80
Emmaline Peterson	Hickory	4:49.84
Anna Durak	Hickory	4:52.87

1A/2A

Name	School	Time
Cristina Baric	Eastern Alamance	5:18.00
Cristina Baric	Eastern Alamance	5:08.09
Molly Tesch	Cedar Ridge	5:10.73
Shannon VanHoy	Charlotte Catholic	5:04.27
Caroline Smith	South Davidson	5:06.24
Kelly Ann Baird	West Davidson	4:56.72
Kelly Ann Baird	West Davidson	4:54.75
Kelly Ann Baird	West Davidson	4:51.68
Kelly Ann Baird	West Davidson	4:49.20
Theresa Meyer	Durham School of Arts	4:56.11
Grace Baird	West Davidson	5:04.18
Grace Baird	West Davidson	5:06.28
McKenzie Stevens	Salisbury	5:04.96
Sarah Mandis	First Flight	5:12.82
Sydney Willis	Raleigh Charter	5:06.99
Sydney Willis	Raleigh Charter	4:58.98
Sydney Willis	Raleigh Charter	4:58.27



Women's Swimming & Diving Event State Championships



200 Freestyle Relay

OPEN							
Year	Name	School	Time				
1991		Sanderson	1:41.16				
4A				1A/2A/3A			
Year	Name	School	Time	Name	School	Time	
1992		Sanderson	1:42.27		Northwest Guilford	1:46.97	
1993		Chapel Hill	1:41.60		Shelby	1:43.88	
1994		Enloe	1:41.28		Concord	1:45.72	
1995		North Mecklenburg	1:38.88		Concord	1:45.64	
1996		Broughton	1:41.08		Shelby	1:45.64	
1997		Watauga	1:41.76		Southwest Guilford	1:45.16	
1998		Providence	1:40.77		Shelby	1:45.11	
1999		Providence	1:41.18		East Chapel Hill	1:43.42	
2000		Leesville Road	1:40.95		East Chapel Hill	1:42.44	
2001		Northern Durham	1:41.21		East Chapel Hill	1:42.84	
4A				3A			
Year	Name	School	Time	Name	School	Time	Name
2002		Myers Park	1:40.44		Statesville	1:44.73	
2003		Grimsley	1:40.44		Williams	1:43.61	
2004		Providence	1:39.75		East Chapel Hill	1:44.26	
2005		North Mecklenburg	1:38.62		Williams	1:41.37	
2006		Providence	1:38.03		Charlotte Catholic	1:47.11	
2007		Providence	1:37.87		Tuscola	1:44.16	
2008		Providence	1:37.57		Reagan	1:42.04	
2009		Leesville Road	1:38.54		Charlotte Catholic	1:41.65	
2010		East Chapel Hill	1:38.14		Charlotte Catholic	1:39.71	
2011		Reagan	1:37.10		Charlotte Catholic	1:39.13	
2012		Ardrey Kell	1:38.68		Charlotte Catholic	1:37.05	
2013		Hough	1:35.04		Charlotte Catholic	1:35.00	
2014		Charlotte Catholic	1:33.22		Marvin Ridge	1:39.42	
2015		Charlotte Catholic	1:33.68		Marvin Ridge	1:39.50	
2016		Hough	1:35.79		Marvin Ridge	1:39.65	
2017		Leesville Road	1:34.99		Hickory	1:38.91	
2018	Grace Newton	Leesville Road	1:34.75	Maddy Flickinger	Weddington	1:36.15	Allyson Accordino
	Caroline Kever			Amelia Kudela			Rose Auten
	Brooke Morgan			Kelsey Tolchin			Kensley Rasbornik
	Grace Countie			Katie Corbi			Rachel Daly

1A/2A

Name	School	Time
	East Surry	1:47.64
	Raleigh Charter	1:47.77
	Charlotte Catholic	1:47.74
	Charlotte Catholic	1:47.83
	Cardinal Gibbons	1:37.53
	Cardinal Gibbons	1:40.89
	Cardinal Gibbons	1:42.94
	Carrboro	1:42.93
	Carrboro	1:43.16
	Raleigh Charter	1:42.98
	Raleigh Charter	1:38.29
	Raleigh Charter	1:38.37
	Raleigh Charter	1:38.21
	Raleigh Charter	1:37.69
	Pine Lake Prep	1:36.84
	Pine Lake Prep	1:39.96
	Pine Lake Prep	1:39.65



Women's Swimming & Diving Event State Championships



100 Backstroke

OPEN

Year	Name	School	Time
1986	Jill Benda	Millbrook	1:00.22
1987	Cathy Burgess	Hickory	:59.11
1988	Cathy Burgess	Hickory	:59.96
1989	Amy Allen	Shelby	:59.72
1990	Jamie Sorrentino	East Mecklenburg	1:00.10
1991	Jamie Sorrentino	East Mecklenburg	:59.65

4A

Year	Name	School	Time
1992	Cara Dunaway	Apex	:58.52
1993	Sharon Curlee	South Mecklenburg	:58.65
1994	Tori Vander Weyden	Enloe	:59.06
1995	Virginia Soderberg	Broughton	:57.76
1996	Baker Stocks	Millbrook	1:01.24
1997	Virginia Soderberg	Broughton	:59.76
1998	Elizabeth Heatherington	Chapel Hill	:57.67
1999	Elizabeth Heatherington	Chapel Hill	:57.93
2000	Elizabeth Heatherington	Chapel Hill	:57.46
2001	Erin Gottschalk	Hoggard	:58.01

4A

Year	Name	School	Time
2002	Stephanie Glover	Athens Drive	:57.44
2003	Kelsy Smith	Athens Drive	:57.70
2004	Stephanie Glover	Athens Drive	:58.83
2005	Kelsy Smith	Athens Drive	:56.90
2006	Carly Smith	Chapel Hill	:56.47
2007	Carly Smith	Chapel Hill	:55.73
2008	Carly Smith	Chapel Hill	:55.72
2009	Carly Smith	Chapel Hill	:54.95
2010	Sabrina Benson	Broughton	:54.40
2011	Sabrina Benson	Broughton	:54.76
2012	Henriette Stenkvis	Panther Creek	:54.73
2013	Hannah Moore	Green Hope	:54.37
2014	Nora McCullagh	Charlotte Catholic	:53.59
2015	Nora McCullagh	Charlotte Catholic	:54.19
2016	Julia Menkhaus	Charlotte Catholic	:53.84
2017	Julia Menkhaus	Charlotte Catholic	:53.74
2018	Sinclair Larson	South Mecklenburg	:53.71

1A/2A/3A

Name	School	Time
Leslie Hawley	Wake Forest-Rolesville	1:01.25
Dondrea Elliot	East Rowan	:59.87
Dondrea Elliot	East Rowan	:59.56
Amy Hendrick	Shelby	:58.42
Amy Hendrick	Shelby	:59.31
Amy Hendrick	Shelby	:59.00
Amy Hendrick	Shelby	:57.77
Jackie Solady	Charlotte Catholic	:59.52
Jackie Solady	Charlotte Catholic	:59.52
Jackie Solady	Charlotte Catholic	:58.12

3A

Name	School	Time
Megan Chenier	Eastern Wayne	1:00.21
Alex Cooke	Southwest Guilford	:59.62
Katherine Caldwell	Concord	:59.49
Katherine Caldwell	Concord	:57.88
Emily Powell	R.S. Central	1:00.32
Rachel Wilson	Reagan	:59.54
Mary Kate Hetzel	Charlotte Catholic	:58.67
Haley Powell	Lake Norman	:57.89
Erin Gaeckle	Charlotte Catholic	:56.69
Maria Sheridan	Charlotte Catholic	1:00.28
Annabelle Durham	Chapel Hill	:57.62
Nora McCullagh	Charlotte Catholic	:55.09
Anabelle Durham	Chapel Hill	:57.65
Caroline Hauder	Marvin Ridge	:56.21
Madison Holland	Cox Mill	:56.61
Maddy Flickinger	Weddington	:54.76
Julia Menkhaus	Charlotte Catholic	:53.70

1A/2A

Name	School	Time
Jackie Soloday	Charlotte Cathoile	:58.04
Sarah Beth Schooley	Albemarle	:59.40
Megan Pirdy	Mount Airy	1:00.90
Jill Refvum	Mount Airy	1:00.71
Julie Smith	Cardinal Gibbons	:58.36
Julie Smith	Cardinal Gibbons	:57.79
Caroline Smith	South Davidson	:57.92
Caroline Smith	South Davidson	:56.77
Jessica Frazelle	West Davidson	1:00.96
Margaret Ireland	Raleigh Charter	:58.89
Margaret Ireland	Raleigh Charter	:58.54
Alyssa Marsh	Pine Lake Prep	:57.11
Alyssa Marsh	Pine Lake Prep	:54.86
Lexi Souther	Parkwood	:54.83
Lexi Souther	Parkwood	:54.64
Kathryn Morrison	Salisbury	:55.26
Kathryn Morrison	Salisbury	:55.42



Women's Swimming & Diving Event State Championships



100 Breaststroke

OPEN

Year	Name	School	Time
1986	Lisa Brown	Broughton	
1987	M. Bridgers	South Mecklenburg	1:08.82
1988	Theresa Kreel	E.E. Smith	1:09.33
1989	Vicky Odom	Piedmont	1:07.77
1990	Julie Torba	Grimsley	1:08.50
1991	Darcy Hathaway	East Mecklenburg	1:06.44

4A

Year	Name	School	Time
1992	Elizabeth Myers	Hickory	1:08.62
1993	Ilana Kavadlo	East Mecklenburg	1:07.94
1994	Jamie Link	Grimsley	1:08.46
1995	Tara Adams	Leesville Road	1:06.48
1996	Alicia Harris	McDowell	1:07.01
1997	Cody Gelvin	Providence	1:06.52
1998	Katie Hathaway	East Mecklenburg	1:03.82
1999	Virginia Pate	Mount Tabor	1:05.11
2000	Virginia Pate	Mount Tabor	1:05.29
2001	Brittany Johnson	R.J. Reynolds	1:06.15

4A

Year	Name	School	Time
2002	Mary Elizabeth Miller	Grimsley	1:06.56
2003	Anna Hubbard	North Mecklenburg	1:07.17
2004	Kaleigh Gomes	Providence	1:06.06
2005	Kylen Huntwork	Apex	1:06.47
2006	Hannah Facchine	Enloe	1:05.69
2007	Torrey Bussey	Cary	1:05.87
2008	Torrey Bussey	Cary	1:04.74
2009	Torrey Bussey	Cary	1:02.81
2010	Torrey Bussey	Cary	1:02.17
2011	Hayley Tomlinson	Apex	1:05.36
2012	Ashley Brem	Hoggard	1:04.21
2013	Alexandra Martelle	South Mecklenburg	1:03.21
2014	Jessica Merritt	Hough	1:03.44
2015	Alyssa Arwood	T.C. Roberson	1:02.10
2016	Julia Poole	Middle Creek	1:02.62
2017	Julia Poole	Middle Creek	1:01.78
2018	Lilly Higgs	Hough	1:01.57

1A/2A/3A

Name	School	Time
Hilary Stokes	North Davidson	1:09.43
Kristen Kunkle	Western Alamance	1:08.24
Lauren Rafferty	Southwest Guilford	1:08.88
Lindsay Taylor	High Point Central	1:07.91
Lauren Rafferty	Southwest Guilford	1:09.65
Amy Hendrick	Shelby	1:05.71
Redeana Davis	South Caldwell	1:10.03
Jenny Lentz	Brevard	1:07.07
Mandy Huff	North Stanly	1:06.67
Mandy Huff	North Stanly	1:07.45

3A

Name	School	Time
Carly Hensel	Ragsdale	1:08.47
Allison Cochran	R-S Central	1:08.48
Allison Cochran	R-S Central	1:07.14
Casey Umberger	Hunt	1:09.08
Casey Umberger	Hunt	1:07.91
Emily Michaels	Union Pines	1:08.05
Christen McDonough	Charlotte Catholic	1:07.81
Christen McDonough	Charlotte Catholic	1:04.08
Christen McDonough	Charlotte Catholic	1:03.82
Katherine Plevka	Weddington	1:06.81
Emily Pfeiffer	Washington	1:04.29
Sara Stranick	Charlotte Catholic	1:05.00
Becca Churchill	Cedar Ridge	1:06.32
Caroline Hauder	Marvin Ridge	1:03.79
Caroline Hauder	Marvin Ridge	1:02.15
Virginia Gilliland	Western Guilford	1:05.89
Kaylee Hamblin	Parkwood	1:03.08

1A/2A

Name	School	Time
Jane Anderson	East Surry	1:08.29
Katie Holt	Andrews	1:08.88
Taylor Sexton	Salisbury	1:09.42
Taylor White	Bunn	1:10.87
Melanie Roberts	Cardinal Gibbons	1:03.02
Morgan Robertson	Surry Central	1:09.45
Emily Marett	Owen	1:07.94
Kirsten Esplin	Cardinal Gibbons	1:07.22
Carson Jones	Northwood	1:08.22
Alexandra Martelle	Thomas Jefferson	1:04.30
Caitlin Casazza	Bishop McGuinness	1:03.64
Olivia Ontjes	Raleigh Charter	1:03.94
Olivia Ontjes	Raleigh Charter	1:02.73
Olivia Ontjes	Raleigh Charter	1:02.64
Riggan Ayscue	Lake Norman Charter	1:06.28
Emme Nelson	Comm. Sch. of Davidson	1:02.94
Emme Nelson	Comm. Sch. of Davidson	1:02.28



Women's Swimming & Diving Event State Championships



400 Freestyle Relay

Year	Name	School	Time
1987		Sanderson	3:48.56
1988		Grimsley	3:46.76
1989		Grimsley	3:43.64
1990		Page	3:44.21
1991		Sanderson	3:40.88

Year	Name	School	Time
1992		Chapel Hill	3:38.16
1993		Broughton	3:39.78
1994		Leesville Road	3:40.73
1995		North Mecklenburg	3:35.93
1996		Enloe	3:39.93
1997		Mount Tabor	3:40.19
1998		Providence	3:33.95
1999		Providence	3:36.58
2000		Leesville Road	3:36.79
2001		Leesville Road	3:34.46

Year	Name	School	Time
2002		Providence	3:37.68
2003		South Mecklenburg	3:36.05
2004		Providence	3:35.19
2005		Athens Drive	3:32.39
2006		Chapel Hill	3:33.42
2007		Providence	3:31.35
2008		Chapel Hill	3:31.40
2009		Leesville Road	3:32.11
2010		Panther Creek	3:33.67
2011		Apex	3:29.23
2012		Hough	3:25.69
2013		Hough	3:24.83
2014		Charlotte Catholic	3:22.15
2015		Hough	3:25.51
2016		Hough	3:23.49
2017		Charlotte Catholic	3:28.57
2018	Heidi Lowe Amaya Hanley Kensley Merritt Lilly Higgs	Hough	3:24.43

Year	Name	School	Time
1992		Shelby	3:49.21
1993		High Point Central	3:53.58
1994		Hickory	3:48.49
1995		NCSSM	3:53.13
1996		Shelby	3:54.16
1997		Southwest Guilford	3:45.32
1998		Hibriten	3:53.42
1999		East Chapel Hill	3:42.79
2000		East Chapel Hill	3:43.31
2001		East Chapel Hill	3:45.05

Year	Name	School	Time
2002		Hickory	3:47.15
2003		East Chapel Hill	3:44.88
2004		East Chapel Hill	3:45.80
2005		East Chapel Hill	3:44.63
2006		Charlotte Catholic	3:41.18
2007		Charlotte Catholic	3:46.55
2008		Charlotte Catholic	3:38.17
2009		Charlotte Catholic	3:38.16
2010		Charlotte Catholic	3:35.78
2011		Charlotte Catholic	3:31.54
2012		Charlotte Catholic	3:28.68
2013		Charlotte Catholic	3:24.61
2014		Marvin Ridge	3:34.02
2015		Marvin Ridge	3:32.56
2016		Marvin Ridge	3:33.34
2017		Weddington	3:31.37
2018	Julia Menkhaus Victoria Dichak Madeline Menkhaus Olwyn Bartis	Charlotte Catholic	3:28.42

Year	Name	School	Time
2002		Charlotte Catholic	3:51.40
2003		Charlotte Catholic	3:50.88
2004		Charlotte Catholic	3:43.23
2005		Charlotte Catholic	3:40.54
2006		Raleigh Charter	3:48.65
2007		Cardinal Gibbons	3:41.14
2008		Cardinal Gibbons	3:41.84
2009		Cardinal Gibbons	3:36.07
2010		West Davidson	3:42.27
2011		Carrboro	3:46.33
2012		Raleigh Charter	3:32.16
2013		Raleigh Charter	3:32.89
2014		Raleigh Charter	3:37.10
2015		Lincoln Charter	3:39.55
2016		Pine Lake Prep	3:34.51
2017		Pine Lake Prep	3:39.38
2018	Paloma Baca Eliot Hunsberger Audrey Costley Anneliese Merry	Carrboro	3:37.08