2017-2018 MEN'S & WOMEN'S TENNIS CLINIC

Tra Waters

Assistant Commissioner – Sports and Championships



Important Dates – Women's

1st Day of Practice July 31st

1st Play Date August 14th

DT Reporting Deadline (11:59 PM) October 14th

1st Round October 18th

2nd Round October 24th

3rd Round October 30th

Regional Finals November 1st

State Championship November 4th

Ind. Reporting Deadline (3:00 PM) October 16th

Ind. Regional Tournament October 20-21

Ind. State Tournament October 27-28



Important Dates – Men's

1st Day of Practice February 14th

1st Play Date February 28th

DT Reporting Deadline (11:59 PM) April 28th

1st Round May 2nd

2nd Round May 8th

3rd Round May 14th

Regional Finals May 16th

State Championship May 19th

Ind. Reporting Deadline (3:00 PM) April 30th

Ind. Regional Tournament May 4-5

Ind. State Tournament May 11-12



Inclement/Hot Weather Guidelines

- Precautions must be taken to prevent heat-related problems. The following should be considered when scheduling practice:
 - -Time of day
 - -Intensity level of practice
 - -Environmental conditions
 - -Equipment worn
- High temperature and high humidity create a dangerous situation for athletes. However, a high humidity and low temperature can cause serious heat-related problems.



Inclement/Hot Weather Guidelines

- Water should be available in unlimited amounts throughout practice. Water/fluid replacement breaks are recommended each 20 or 30 minutes, depending on practice conditions.
- Each LEA must have a written policy pertaining to practice on days of extreme heat or early dismissal due to extreme weather conditions. Schools must also have a policy in place regarding lightning.
- **In addition, schools must have a plan/procedure for all emergency situations.**



MaxPreps

- Required Data Entry for All Matches (Schedule & Results)
 - Records and standings for team post-season qualifications
 - MaxPreps Record = Official Record
 - Incorrect record subject to DQ from playoffs
 - All game results MUST be entered by:
 - Women Saturday, October 14th at 11:59 p.m.
 - Men Saturday, April 28th at 11:59 p.m.
 - Triple check your record!

• Instructions can be found on the NCHSAA website



Additional Coach – 1 Year Trial

- For the 2017-2018 season, we will allow each team to have two (2) designated high school coaches
- This will only be effective for the fall, 2017 and spring, 2018 seasons
- We will revisit the rule in the spring to see about permanent rule status
- This additional coach must meet all of the same coaching requirements as the head coach
 - Fundamentals of Coaching
 - Concussion in Sport
 - AED/CPR Certified/Sudden Cardiac Arrest



Individual Regional Entries:

- Each school must submit their own singles/doubles entries to the Individual Regional Tournament even though the conference determines the qualifiers.
- Any schools who have failed to send in entries by the deadline (Monday prior to the tournament at 3 pm) may submit late entries to the NCHSAA by 9am the Wednesday prior to the regionals. The form may be found on the NCHSAA website (Tennis Page). A \$50 late fee will be assessed for each individual entry. **NO entries after this will be accepted.**



Regional Qualifiers

- Each conference determines their qualifiers
- However, each individual school submits their entries
 - **Note: Assigned numbers will not be posted until eligibility summaries are in from schools prior to playoffs**
- IT IS IMPERATIVE FOR SCHOOLS TO ADVISE THE NCHSAA IF THEY HAVE DROPPED THEIR TEAM OR IF THEY HAVE ADDED A TENNIS TEAM.



Seeding for Individual Regionals:

- Mandatory Regional Seeding Process
 - Documentation and video of process posted on NCHSAA Tennis pages
- All regional directors must hold a seeding meeting and NO PRE-DETERMINED DRAWS WILL BE USED AT THE REGIONAL TOURNAMENTS (NO EXCEPTIONS).
- Play should begin at 1 pm.
- There should be 1 seed for every eight players. So based on a draw of 16 players, there will be 2 seeded players. You may also place two players. <u>Go no</u> <u>further than placing two players.</u>



Qualifiers to Individual State Championships

- The semi-finalists in both singles and doubles will qualify from the regionals to state.
- <u>However, these players must participate in the</u> semifinals and finals to advance



Individual State Tournament:

- A pre-determined draw will be used.
- Draws will be posted on the Tennis page (NCHSAA website) prior to the tournament.
- Roving tennis umpires will be used
 - Please send me names of USTA officials



Individual State Championships

- A predetermined draw will be used
- F<u>ormat</u>: 2 out of 3 sets in both singles and doubles, with 10 minute break after split sets. If tied 6-6 in a set, a Set tie breaker is used (1st to seven, win by two).



Dual Team State Championships

Coaches Meeting: 9:00 am (1A & 3A)

12:00 noon (2A & 4A)

• Match Times: 9:30 am (1A & 3A)

12:30 pm (2A & 4A)

Burlington Tennis Center

• Women – November 4th

Men – May 19th



Line-Up Sheets

- Coaches must exchange both singles' and doubles' line-ups simultaneously no later than 15 min. prior to the match.
- Sheets will be submitted online
- Singles submitted only, doubles players should be added to lineup before each individual match
 - Doubles pairing (singles number) restriction still in place



Line-Ups

- Official line-up sheets will be posted on the website
- Players shall be ranked in order of ability
- In singles, in case a player is not available, all players must move up.
 An insufficient number of players shall default matches at the bottom of the line-up



Line-Ups

- *Singles players must have played 25% of the total team matches at a position in order to be seeded at that position unless there is an approved issue (injury, illness, etc.).
- Proof must be provided at the conference meeting prior to submitting the line-up sheet to the NCHSAA and the approved reason must be given on the line-up sheet.



Singles (Dual Team Playoffs)

- If players split sets in singles (2 out of 3 sets), a 10 point tie breaker (1st to 10, win by two) will be played to decide the outcome of the match.
- A (3) min. break is allowed before the tie breaker, and player(s) may NOT leave the court during this time to confer with their coach.



Doubles (Dual Team Playoffs)

- Doubles matches after singles (15 min. break)
- 10 game pro set is the format. If a tie at the end of the doubles pro set, the Set tie breaker will be played. (1st to seven and win by two).
- If mutually agreed, the match may conclude as soon as one team wins by five points. At the State Finals, the match concludes when one team wins 5 points.



Sportsmanship

Ethical conduct by players and coaches shall be observed at all times.

-1st offense: point penalty

-2nd offense: loss of game

-3rd offense: default of match

- Disqualification may occur at any time. Please help by monitoring your players' behavior throughout the season.
- Foot faulting is a violation of the rules. If a player complains, the
 respective coaches will need to discuss with both players to see if they
 can work out the problem or they will need to call for the remainder of
 the match.



The use of cell phones by players on court is not allowed.

Sportsmanship

The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.

- Wholesome athletic environment
- Good Sportsmanship > Victory
- Modest in victory, gracious in defeat
- Respecting judgment and integrity of game officials
- Role modeling good behavior



Ejection Policy

- **→** Fighting
- ★ Leaving the bench area
- **→** Flagrant contact
- **→** Biting
- → Taunting, baiting or spitting toward an opponent or official
- → Profanity
- → Obscene gestures
- → Disrespectfully addressing an official



NCHSAA Board Changes 2017-18



Amateur Rule

- Increase allowable merchandise to be received from \$20.00 to \$250.00 per sports season
- Acceptance of money or a forbidden award will cause an athlete to lose athletic eligibility for the semester in which the violation occurred, and the following semester.



Senior Exceptions

- Students may be allowed to wear school uniforms, including protective equipment, in outside organization competition, so long as the student has exhausted athletic eligibility in that sport and received permission from the member school. Approval from the LEA is strongly recommended.
- Exception to the numbers restrictions for students who have exhausted their eligibility in that sport. Dead period rules will remain.



Transfer Rule

- Students transferring to a member school where the student's coach has relocated to within a year will be deemed ineligible for a period of 365 days LEA to LEA
- A student's first transfer after initial entry into the 9th grade is not subject to the NCHSAA transfer rule (LEA to LEA). For any transfer thereafter, the student must sit out for 2 consecutive semesters (at least 50% of the current semester + following semester) or 365-days, whichever is less.



Transfer Rule

- NCHSAA Transfer Committee will be composed of the NCHSAA Executive Committee and at least one (1) non-district affiliated member.
- Modify initial entry interpretation for non-district affiliated schools (Charter and Non-Boarding Parochial) –Rule 1.2.1(a)(2): boundary criteria shall only apply after initial entry into ninth grade.
- Students who want to participate in cheerleading are not subject to the transfer policy, however all current eligibility requirements would remain applicable.



Residence Rule

- No Custody
 - Residency shall be deemed to be with the parent with whom the student begins the school year (i.e. 1st semester).
- Bona Fide Change: The change must not be solely made for athletics purposes.



Endowment Games

• The home team will remit twenty-five (25) percent of the gross revenue to the NCHSAA's endowment fund. If a member school plays an endowment game against a non-member school, the member school is responsible for remitting payment to the NCHSAA regardless of where the game is played.



Wet Bulb Globe Temperature

 Add language to the WBGT Index and Athletic Activity Chart in the 90 or Above category for Athletic Activity Guidelines: SUSPEND PRACTICE/MUST INCLUDE MANDATORY BREAKS AS DIRECTED BY GAMEDAY ADMINISTRATOR DURING CONTEST.



Facilities

 The NCHSAA has the right to require host teams to find an adequate facility based on expected game/contest attendance and/or quality of venue.



Coaches Education

- Annual requirements must be completed after June 1, 2017 and before the first date of practice.
- NFHS Sudden Cardiac Arrest
 - To require all non-paid coaches to complete the NFHS Sudden Cardiac Arrest Course annually and prior to the first contest. Effective Date: August 1, 2017



Eligibility Summary Submission Dates

- Fall September 15th
- Winter December 15th
- Spring April 1st



Skill Development/Dead Periods

- Change In-season dead periods from 6 weeks to 3 weeks
- Add new dead period:
 - Last 10 student days of the school year
 - Effective 2017-2018
- Eliminate the May (Handbook Rule 2.2.15.d.1.v) dead period for all women's sports
 - Effective May 5, 2017
- Eliminate the May (Handbook Rule 2.2.15.d.1.v) dead period for football (Options A & B)
 - Effective May 5, 2017
- All other men's sports remain in the established May (Handbook Rule 2.2.15.d.1.v) dead period



Playoff Bracket Size

- Change bracket sizes for baseball, basketball, football, soccer, softball and volleyball to:
 - 1A 24 teams
 - 2A 32 teams
 - 3A 32 teams
 - 4A 32 teams



Playoff Qualification Process

- Conference automatic qualifiers are determined by the number of teams from a given classification in each conference as follows:
 - 1 4 teams = 1 automatic qualifier
 - 5 8 teams = 2 automatic qualifiers
- Pre-determined bracket



Eligibility & Compliance



Eligibility

PowerPoint

- Required viewing for all coaches
- Should be done with the athletic director
- Includes opportunities to discuss concussions/sudden cardiac arrests/sickle cell, etc.



Eligibility

Preseason Meeting

- Required attendance by all parents
- Time to share rules, regulations, expectations, philosophy etc.
- Time to get all required signatures--pledges, Gfeller-Waller information, etc.
- Eligibility and Authorization



Eligibility

- Eligibility Checklist
 - Use to ensure school has done its due diligence



Clinic Attendance

Head coaches in <u>baseball</u>, <u>basketball</u>, <u>cheerleading</u>, <u>football</u>, <u>golf</u>, <u>lacrosse</u>, <u>soccer</u>, <u>softball</u>, <u>swimming</u>, <u>tennis</u>, <u>track</u> & <u>field</u>, <u>volleyball</u> <u>and wrestling</u> must attend an NCHSAA approved State Rules Clinic.

- Must be completed prior to coaching in the first contest; subject to \$400 fine, in addition to a \$500 fine if he/she actually coaches in the contest
- Can be satisfied at the NC Coaches' Association Clinic being held here in Greensboro—July 17-20



Clinic Attendance

- If the head coach cannot attend the NCCA clinic or is not hired until afterwards, the requirement can also be met at one of the statewide officials' clinics, which are posted on the NCHSAA Website under clinics. Please note that several volleyball and soccer clinics for officials occur prior to the NCCA Clinic.
- Athletic directors cannot satisfy this requirement by attending a rules' session in place of the head coach



NFHS Fundamentals of Coaching Course

- <u>All</u> coaches must satisfy the requirement prior to first contest.
- Complete prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500.



Concussion Management Certification

- The **NFHS** <u>Concussion in Sports</u> <u>Course</u> (free on-line course) or an equivalent course must be completed annually (*after June 1, 2017* and before the first date of practice) by all coaches.
- **Prior to the first date of practice for that sport**; subsequently, the certificate of completion must be on file at the individual school; subject to \$500 fine.



CPR/AED Certification

- All head and paid coaches must be CPR/AED certified
 - Effective August 1, 2017

NFHS Sudden Cardiac Arrest Course

- All non-paid coaches are required to complete the NFHS <u>Sudden</u> <u>Cardiac Arrest</u> Course annually (after June 1, 2017 and before the first date of practice).
 - Effective August 1, 2017



Gfeller-Waller Concussion Law

Requirements of the Law:

- Concussion signs and symptoms
 - Given prior to participation
 - Parents/athletes sign indicating "receipt of" Return to Play (RTP) form signed by a physician licensed to practice medicine
 - An up-to-date Emergency Action Plan (EAP)

Must be on-file

Must be posted

Must be updated annually





Cardiac Safety Program

All NCHSAA member schools must have a Cardiac Safety Program to include three (3) components:

- Appropriate number of AEDs on Campus
- AED maintenance program (battery checks, maintain, replacement at appropriate intervals)
- Required viewing of short AED/CPR video for all supervising adults (teachers, coaches, administrators)



"Education is a journey, not a destination"



Accredited Interscholastic Coach (AIC)

- Requires completion of 4 courses:
 - Fundamentals of Coaching
 - 1st Aid, Health & Safety for Coaches
 - Sport Specific Course or Teaching Sports Skills
 - Concussion in Sports (Free)



Certified Interscholastic Coach (CIC)

- Completion of AIC requirements
- Plus:
 - Teaching & Modeling Behavior
 - Engaging Effectively with Parents
 - Sportsmanship
 - Creating a Safe and Respectful Environment
 - Strength & Conditioning
 - 2 additional courses (User Choice)



Transfer Policy

- If a bona fide change of residence—no transfer waiver necessary
- Transfer packet with forms are on-line; password protected
- Work with athletic director to ensure students meet residence rule requirements



THANK YOU

- Get involved with student services
- Visit the NCHSAA website often

In order to receive credit for reviewing this presentation, <u>submit this</u> form before midnight on Tuesday, February 27, 2018.

