

POLICY COMMITTEE

Committee Members: Darrin Hartness, Chair; Scarlett Steinert, Vice Chair; Lynn Moody, Doug Rhoney, Burt Jenkins, Jeff Morris

Staff: Brad Alford

AGENDA ITEM

1. Sports Medicine Advisory Committee

| RECOMMENDATION/DISCUSSION | SUPPORTING INFORMATION |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>TABLED FROM DECEMBER</p> <p>No more than two (2) 7-on-7 scrimmages per week during the summer, with a minimum of one (1) calendar day of rest in between scrimmages.</p> <p>New: No more than two (2) 7-on-7 events per week during the summer.</p> | <p>Rationale: Student-athletes would be provided with the opportunity to adequately rehydrate, recover, and rest between 7-on-7 scrimmages.</p> <p>Budget Impact: None</p> <p>Educational Impact: None</p> <p>Equity Impact: None, same for all other sports.</p> <p>Effective Date: Summer 2018</p> |
| <p>TABLED FROM DECEMBER:</p> <p>There must be a minimum of one (1) calendar day between preseason scrimmages.</p> | <p>Rationale: Student-athletes would be provided with the opportunity to adequately rehydrate, recover, and rest between preseason scrimmages.</p> <p>Budget Impact: None</p> <p>Educational Impact: None</p> <p>Equity Impact: None</p> <p>Effective Date: 2018-2019 School Year</p> |

2. Sports Medicine Advisory Committee

AGENDA ITEM**3. Amateur Rule
Attachment P1**

| RECOMMENDATION/DISCUSSION | SUPPORTING INFORMATION |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| TABLED FROM DECEMBER: The Policy Committee asked Staff to draft language that that would also penalize single-sport athletes (i.e. 365 days). | Rationale: The current policy would allow a single-sport athlete in violation of the amateur rule to lose athletic eligibility for a minimal period of time. Budget Impact: N/A Educational Impact: N/A Equity Impact: N/A Effective Date: 2018-19 School Year |
| TABLED FROM DECEMBER: The Policy Committee asked Staff to draft a policy for the Spring 2018 Meeting based on the following guiding principles: <ul style="list-style-type: none">• Student must attend school in which they would be assigned• DPI Enrollment Policy• Proof of enrollment in home school | Rationale: Budget Impact: Educational Impact: Equity Impact: Effective Date: |

**4. Home School Participation
Attachment P2**

AGENDA ITEM

5. Inclusion

| RECOMMENDATION/DISCUSSION | SUPPORTING INFORMATION | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| TABLED FROM DECEMBER: Requested staff to investigate the NCAA policy and other state association policies. Asked the staff to seek effectiveness of state association policies currently in place. | ** Discussion Only ** | |
| On Saturdays, if teams cannot mutually agree, the higher seeded team may choose a starting time between 1:00 p.m. and 7:00 p.m. <ul style="list-style-type: none">Start between 1:00 p.m. and 6:00 p.m. if the visiting team is over 100 miles one-way. | Rationale: | Currently, if teams cannot agree on a starting time on Saturdays during the playoffs, the contest <u>must</u> start at 7:00 pm (6:00 pm if more than 100 mile one-way). On a non-school day, this can become an inconvenience for host school. |
| | Budget Impact: Educational Impact: Equity Impact: Effective Date: | N/A N/A N/A Spring 2018 Playoffs |

6. Playoff Contest Starting Times

Attachment P3

AGENDA ITEM

7. Spring 2017 Playoff Calendar

| RECOMMENDATION/DISCUSSION | SUPPORTING INFORMATION |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>The Smoky Mountain Conference is asking for an adjustment to the 2019 Spring play-off calendar:</p> <ul style="list-style-type: none">• All first round games for baseball, softball, and women's soccer be played on Tuesday• All second round games be played on Friday• This be effective in the 2019 Spring season | <p>Rationale: In the Spring, many athletes who play multiple sports. Most of them run track while either playing baseball, softball, or girls soccer. The way it is currently set up the first round game is on Wednesday and the second round on Saturday, which is the same date as the regional track meet. This can be changed if and only if BOTH teams agree to play earlier than Saturday. Some baseball programs may not agree because they gain an extra day of rest for their pitchers. If they do not agree to play earlier, this puts our athletes and coaches in a difficult spot. They must then choose between two teams and this could create conflict between programs.</p> <p>This will impact the preparation baseball, softball, and soccer has due to the quick turnaround of finding out who they play on Monday and then playing on Tuesday.</p> <p>Budget Impact: N/A</p> <p>Educational Impact: N/A</p> <p>Equity Impact: N/A</p> <p>Effective Date: 2019 Season</p> |

AGENDA ITEM**8. Non-Athletic Calendar
Attachment P4**

| RECOMMENDATION/DISCUSSION | SUPPORTING INFORMATION |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Review the 2018-19 Non-Athletic Calendar. | Rationale: To provide specific information to the membership about NCHSAA events not related to sports and championships. Budget Impact: N/A Educational Impact: N/A Equity Impact: N/A Effective Date: 2018-19 Academic Year |
| Point of Emphasis: Annually, the NCHSAA Staff receives Hardship Request for second-semester senior students that are on track to graduate; however, did not take a minimum load the previous semester. | ** Discussion Only ** |
| Point of Emphasis: NCHSAA rule addresses emancipation in totality, not only emancipated minors. | ** Discussion Only ** |

**9. Senior Exception for Athletic
Eligibility****10. Emancipation**

1.2.14 Amateur Rule: Money or awards having utilitarian value (Example: golf balls, clubs, tennis balls, racket, etc.) may not be given to students for participation in athletics except as noted in the following paragraphs.

- (a) A student may receive merchandise, etc., if it does not exceed \$250 value per sports season.
- (b) Students may not accept items by virtue of being on a “free list” or “loan list.” Enforcement of this rule by the NCHSAA begins with a student’s entry in the ninth grade, so to participate as a member of a high school tennis team, for example, an athlete may not receive racquets, warm-ups, etc., by virtue of being on a free list or loan list.
- (c) A player may accept a gift provided it meets each of these conditions: is available to every member of the team, is totally consumable and nontransferable (e.g., meals, trips, etc.) or is labeled in a permanent manner (i.e., monogrammed, engraved, etc.) and is approved by the local principal and superintendent.
- (d) A student may accept a medal, trophy, ribbon, pin, high school letter, sweater, jacket, blazer or blanket. Sweaters, jackets, blazers, and blankets must carry the high school letter or other appropriate school emblem. None of the approved awards shall be accepted from an individual or non-school organization unless the giving of such an award has been approved by the principal and superintendent of the school the athlete attends.
- (e) Acceptance of money or a forbidden award will cause an athlete to lose athletic eligibility ~~for in all sports in the semester in which the violation occurred, and the following semester for 365 days.~~
- (f) A member school which has any connection with the presentation of a forbidden award, including but not limited to assisting in the selection of the person to receive the award, permitting the award to be given at a school function, or holding the award for a student until he or she has graduated, shall be subject to penalty.
- (g) Accepting a nominal, standard fee or salary for instructing, supervising, or officiating in an organized youth sports program or recreation, playground, or camp activities shall not jeopardize amateur status. An “organized youth sports program” includes both school and non-school programs.
- (h) A student is entitled to receive “essential expenses” for any particular game or games, in which he or she participates as a player, which includes meals, lodging and transportation for each particular game. Any remuneration beyond these essential expenses shall debar a student from future contests.
- (i) No student shall be eligible for any contest if he or she competes under a false name.

HOMESCHOOL STUDENT PARTICIPATION AT AN NCHSAA MEMBER SCHOOL

Homeschool Criteria

- A. Student must have been homeschooled for at least two full consecutive academic years in compliance with all NC home instruction regulations and guidelines.
 - a. Having maintained five clock hours of instruction each day for a minimum of 180 days.
 - b. Administered annually a nationally standardized achievement test to the student.
 - i. The test must involve the subject areas of English grammar, reading, spelling and mathematics.

Declaration of Intent to Participate

- A. The parent or legal custodian must submit the Declaration of Intent to Participate Form to the principal of the member school in which the student wishes to try out by:
 - o July 15th for fall and winter sports.
 - o January 1st for spring sports.

NCHSAA Member School Enrollment While Homeschooled

- A. Student must be enrolled in at least one (1) elective course at the member school in order to participate in an interscholastic contest, practice, conditioning or skill development session.
- B. Fall Sports
 - a. The student must be enrolled within the first 20 days of the fall semester.
 - b. The student must attend one elective course on the campus of the school for the entire fall semester.
 - i. Failure to complete attendance requirement will result in a loss of eligibility for 365 days
- C. Winter Sports
 - a. The student must be enrolled within the first 20 days of the fall semester.
 - b. The student must attend one elective course on the campus of the school for the entirety of both fall and spring semesters.
 - i. Failure to complete attendance requirement will result in a loss of eligibility for 365 days
- D. Spring Sports
 - a. The student must be enrolled within the first 20 days of the spring semester for spring sports.
 - b. The student must attend one elective course on the campus of the school for the entire spring semester.
 - i. Failure to complete attendance requirement will result in a loss of eligibility for 365 days

Scholastic Requirements

- A. The student must meet all academic standards as set forth by the NCHSAA
- B. Schedule of homeschool must match that of the member institution.
 - a. Traditional: 6 courses
 - i. 5 courses minimum load
 - b. Block: 4 courses
 - i. 3 courses minimum load

- C. The Principal or their designee shall confer with the parent(s) or legal custodian(s) conducting the homeschool to determine that the homeschool student is academically eligible.

NCHSAA Residence Requirements

- A. Upon initial entry into ninth grade, transfer and boundary criteria shall apply as follows:
 - a. The student must live within the member school's boundary as established by the local board of education (LEA); or
 - b. If the student's member school does not have a boundary established by an LEA (e.g. charter school, non-boarding parochial school, etc.), after initial entry, the boundary for the member school shall be considered to be:
 - i. the entire county in which the member school is located; and
 - ii. any addresses within a 25-mile radius of the member school as measured by an NCHSAA designated computer program; or
 - c. There will be no boundary limitation if the student is a member of a parochial church affiliated with a non-boarding parochial member school and submits an authorized pastor verification form.

Other NCHSAA Requirements

- A. The student must meet all other NCHSAA eligibility requirements including, but not limited to age of player, eight semester rule, and medical examination.

Local Requirements

- A. The student must meet all local attendance and promotion requirements.
- B. The LEA may impose a participation fee for each sport in which a homeschool athlete participates. Such participation fee shall not exceed the fees or costs charged to or borne by students enrolled at the school and shall be paid in full prior to the first regular season contest.
- C. The homeschool student must provide proof of basic primary medical insurance coverage and liability insurance coverage which names the NCHSAA as an insured party in the event the school's insurance provider does not extend coverage to students enrolled in homeschool programs.

Recommended

2.2.4 Starting Time:

- (a) Regular Season Contest: The starting time for all regular season games in all sports shall be determined by the home team, within certain limits.
 - (1) A contest may not usually begin until after the last regularly scheduled instructional period.
 - (2) Recommended starting time in regular season is no earlier than 5:00 pm for baseball, lacrosse, softball, volleyball and soccer.
 - (3) Unless otherwise noted, if an event is held on campus or on school property, the host team is considered the “home” team.
 - (4) Unless otherwise noted, if an event is held off campus (golf course, etc.), the host team is designated the home team.
 - (i) The contest may begin before the last regularly scheduled period if a “host” team is involved, but schools are still urged to minimize loss of school time.
 - (ii) This rule is designed to be used only if the operator of the facility dictates an early starting time to the host school.
- (b) Playoff Contest: Playoff games are under the auspices of the NCHSAA.
 - (1) Monday-Friday: Contest are set for 7:00 p.m. with the exception of football, which is 7:30 p.m.
 - (i) Teams may play at 6:00 p.m. if mutually agreed upon.
 - (ii) Game time will be 6:00 p.m. if the visiting team is over 100 miles one-way
 - (iii) Any deviation from this must be approved by the NCHSAA.
 - (2) Saturday: Teams may play at any time if mutually agreed upon.
 - (ii) If teams cannot mutually agree, the higher seeded team may choose a starting time between 1:00 p.m. and 7:00 p.m.
 - (a) Between 1:00 p.m. and 6:00 p.m. if the visiting team is over 100 miles one-way.
 - (3) Schools may play earlier than the playoff date designated on the bracket by mutual agreement.

Current Policy

2.2.4 Starting Time: The starting time for all regular season games in all sports shall be determined by the home team, within certain limits.

- (a) A contest may not usually begin until after the last regularly scheduled instructional period.
- (b) Recommended starting time in regular season is no earlier than 5:00 pm for baseball, lacrosse, softball, volleyball and soccer.
- (c) Unless otherwise noted, if an event is held on campus or on school property, the host team is considered the “home” team.
- (d) Unless otherwise noted, if an event is held off campus (golf course, etc.), the host team is designated the home team.
 - (1) The contest may begin before the last regularly scheduled period if a “host” team is involved, but schools are still urged to minimize loss of school time.
 - (2) This rule is designed to be used only if the operator of the facility dictates an early starting time to the host school.
- (e) Playoff games are under the auspices of the NCHSAA and are set for 7 p.m. with the exception of foot- ball, which is 7:30 p.m.
 - (1) Teams may play at 6 p.m. if mutually agreed upon. Any deviation from this must be approved by the NCHSAA.
- (f) Schools may play earlier than the playoff date designated on the bracket by mutual agreement, and Saturday playoff games may be played earlier than those times listed here by mutual agreement.

2018-2019 KEY DATES FOR NCHSAA NON-ATHLETIC EVENTS**2018****JUNE**

- 11-14 Piedmont Student Athlete Summer Institute (SASI)
- 15 Officials' Registration Deadline for football, soccer, and volleyball
- 13-17 Southeastern Student Athlete Summer Institute (SASI)
- 17-20 Central Student Athlete Summer Institute (SASI)
- 18-21 Mountain Student Athlete Summer Institute (SASI)
- 22 NCHSAA Hall of Fame Committee Meeting at NCHSAA

JULY

- 11 New Schools/New AD Orientation
- 15 Deadline for Scholar-Athlete second semester (Spring Sports) nominations
- 16-19 NC Coaches Association Clinic, Greensboro Coliseum

AUGUST

- 15 Deadline to submit Catastrophic Insurance Application

SEPTEMBER

- 1 Deadline to submit School Information Sheet online to NCHSAA
- 15 Fall Eligibility Summary Deadline
- 15 Officials' Registration Deadline for basketball and wrestling
- 17-27 Regional Meetings
- 17 Region 6 Charlotte, Owens Auditorium
- 18 Region 8 Asheville, Asheville Event Center
- 19 Region 7 Wilkesboro, Stone Performance Art Building
- 20 Region 5 Greensboro, Greensboro Coliseum
- 24 Region 4 Fayetteville, Educational Resource Center
- 25 Region 2 Kenansville, Duplin Commons
- 26 Region 1 Greenville, Murphy Center, East Carolina University
- 27 Region 3 Cary, Embassy Suites
- 30 Deadline for submission of the fall Scholar-Athlete Essay Contest

OCTOBER

- 1 Deadline to submit Catastrophic Insurance Premium
- 9 Sports Medicine Advisory Committee Meeting
- 15 Schools submit winter sports schedule to regional supervisors of officials
- 24 City/County Athletic Directors Meeting
- 26-28 Coach & Captain Retreat
- 30 Education and Athletics Committee Meeting

NOVEMBER

- 1 Deadline for NCHSAA Board Agenda Items submission
- 10 NCHSAA Cheerleading Scholarship deadline

DECEMBER

- 1 Deadline to submit NCHSAA Membership Dues
- 4 New Board Orientation
- 5-6 Winter Board Meeting
- 15 Winter Eligibility Summary Deadline
- 15 Officials' Registration Deadline for baseball, lacrosse, softball, w. soccer, and track and field

2019

| | | |
|----------|--------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| JANUARY | 4 | Deadline for NCHSAA Spirit of Sport Award nominations |
| | 15 | Schools submit spring sports schedule to regional supervisors of officials |
| FEBRUARY | | |
| | 08 | Deadline for scholarship applications (Clary Medal, Charlie Adams Endowed Scholarship, Gainey Award, Jerry McGee Endowed Scholarship, Willie Bradshaw Memorial Endowed Scholarship,) |
| | 11 | City/County Athletic Directors Meeting |
| | 25 | Submission of basketball playoff information online |
| MARCH | | |
| | 1 | Deadline for “Heart of a Champion” Nominations |
| | 7 | NCHSAA State Basketball Championship Press Conference |
| | 15 | Deadline for Scholar-Athlete first semester (Fall & Winter Sports) nominations |
| | 29-4/4 | NC Athletic Directors Conference, Riverfront, Wilmington |
| APRIL | | |
| | 1 | Deadline for “Eight Who Make a Difference” Nominations |
| | 1 | Deadline for NCHSAA Board Agenda Items submission |
| | 1 | NCHSAA Hall of Fame nomination deadline |
| | 1 | SAAC Applications Due |
| | 1 | Spring Eligibility Summary Deadline |
| | 5 | Deadline for Toby Webb Coach of the Year Award |
| | 5 | Tony Cullen Memorial Scholarship application deadline |
| | 5 | NCHSAA Lacrosse Scholarship deadline |
| | 5 | Commissioner Cup deadline |
| | 13 | Hall of Fame Banquet |
| | 16 | Sports Medicine Advisory Committee Meeting |
| | 27 | Performance of the Week Luncheon |
| | 30 | Deadline for submission of the spring Scholar-Athlete Essay Contest |
| | 30 | Spring Board of Directors Meeting |
| | TBD | “Heart of a Champion” Luncheon |
| | TBD | Student Leadership Conference |
| MAY | | |
| | 1 | Spring Board of Directors Meeting |
| | 2 | NCHSAA Annual Meeting |
| | 15 | School submit fall sports schedule to regional supervisors |
| JUNE | | |
| | 15 | Officials’ Registration Deadline for football, soccer and volleyball |
| | TBD | Student Athlete Summer Institute (SASI) |
| JULY | | |
| | 15 | Deadline for Scholar-Athlete 2 nd semester (Spring Sports) nominations |
| | 15-28 | NC Coaches Association Clinic, Greensboro Coliseum |