

2018 Cross Country Regional Assignments and Hosts

1A

	East	Mideast	Midwest	West
Host School:	Northside	Research Triangle	Surry Central	Avery County
Location:	Northside High School	WakeMed Soccer Park	Ivey M. Redmon Sports Complex	Asheville Christian Academy
	Bear Grass Charter	Chatham Central	Albemarle	Alleghany
	Camden County	Chatham Charter	Bishop McGuinness	Andrews
	Cape Hatteras	Clover Garden	Bradford Preparatory School	Avery County
	East Carteret	East Wake Academy	Carolina International School	Bessemer City
	Gates County	Eno River Academy	Christ the King	Blue Ridge Early College
	John A. Holmes	Falls Lake Academy	Community School of Davidson	Cherokee
	KIPP Pride	Franklin Academy	Cornerstone Charter Academy	Cherryville
	Lejeune	Granville Central	East Surry	East Wilkes
	Manteo	Henderson Collegiate	Gray Stone Day	Elkin
	Mattamuskeet	Hobpton	Mount Airy	Hayesville
	North Edgecombe	Lakewood	NC Leadership Academy	Highland School of Technology
	Northampton County	Louisburg	North Moore	Hiwassee Dam
	Northside - Pinetown	Neuse Charter	North Rowan	Langtree Charter Academy
	Northwest Halifax	North Duplin	North Stanly	Lincoln Charter
	Ocracoke	Oxford Preparatory	North Stokes	Mitchell
	Pamlico County	Princeton	Pine Lake Preparatory	Mountain Island Charter
	Pender	Raleigh Charter	Queens Grant	Murphy
	Perquimans	Research Triangle	South Davidson	Nantahala
	Riverside	River Mill Academy	South Stanly	Piedmont Community Charter
	Rocky Mount Preparatory	Rosewood	South Stokes	Polk County
	South Creek	Roxboro Community	Starmount	Robbinsville
	Southside	South Robeson	Union Academy	Rosman
	Tarboro	Vance Charter School	Uwharrie Charter Academy	Swain County
	Weldon	Voyager Academy	West Montgomery	Thomas Jefferson Classical Academy
		Woods Charter	Winston-Salem Prep Academy	Tri-County Early College

2A

	East	Mideast	Midwest	West
Host School:	Croatan	NCSSM/Carrboro/DSA	Surry Central	Brevard
Location:		WakeMed Soccer Park	Ivey M. Redmon Sports Complex	Asheville Christian Academy
	Ayden - Grifton	Anson	Atkins	Ashe County
	Beddingfield	Bartlett Yancey	Bandys	Brevard
	Croatan	Bunn	Carver	Bunker Hill
	Currituck County	Carrboro	Central Academy of Tech & Arts	Charles D. Owen
	Dixon	Clinton	Central Davidson	Chase
	East Duplin	Durham School of the Arts	East Gaston	Draughn
	Farmville Central	East Davidson	East Lincoln	East Burke
	First Flight	East Montgomery	Forbush	East Henderson
	Goldsboro	Eastern Randolph	Forest Hills	East Rutherford
	Greene Central	Fairmont	Lake Norman Charter	Foard
	Heide Trask	J.F. Webb	Lexington Senior	Franklin
	Hertford County	Jordan-Matthews	Mount Pleasant	Hendersonville
	Nash Central	Ledford Senior	North Davidson	Hibriten
	North Johnston	Midway	North Lincoln	Lincolnton
	North Lenoir	NC School of Science & Math	North Surry	Madison
	North Pitt	Providence Grove	North Wilkes	Maiden
	Northeastern	Randleman	Oak Grove	Mountain Heritage
	Pasquotank County	Red Springs	Salisbury	Newton-Conover
	Richlands	Reidsville	South Point	Patton
	Roanoke Rapids	South Granville	South Rowan	Pisgah
	South Lenoir	Southern Vance	Surry Central	R-S Central
	SouthWest Edgecombe	St. Pauls	Walkertown	Shelby
	Southwest Onslow	T. Wingate Andrews	West Davidson	Smoky Mountain
	Spring Creek	Thomasville	West Iredell	West Lincoln
	Warren County	Trinity	West Stanly	West Wilkes
	Washington	Wheatmore	West Stokes	Wilkes Central
		Whiteville		

3A**East**

Host School: Northern Nash
Location: Red Oak Middle School
 C.B. Aycock
 Clayton
 Cleveland
 D.H. Conley
 East Wake
 Eastern Wayne
 Fike
 Franklinton
 Havelock
 Hunt
 J.H. Rose
 Jacksonville
 New Hanover
 North Brunswick
 Northern Nash
 Northside (Jacksonville)
 Rocky Mount
 Smithfield-Selma
 South Brunswick
 South Johnston
 Southern Nash
 Southern Wayne
 Swansboro
 Topsail
 West Brunswick
 West Carteret
 West Johnston
 White Oak

Midwest

Northwood/Eastern Alamance
Northwood High School
 Cape Fear
 Cedar Ridge
 Chapel Hill
 Douglas Byrd
 E.E. Smith
 East Chapel Hill
 Eastern Alamance
 Eastern Guilford
 Gray's Creek
 Harnett Central
 Hillside
 Lee County
 Northeast Guilford
 Northern Durham
 Northwood
 Orange
 Person
 Southeast Guilford
 Southern Alamance
 Southern Durham
 Southern Lee
 Terry Sanford
 Triton
 Union Pines
 Western Alamance
 Western Harnett
 Westover
 Williams

Midwest

Weddington
McAlpine
 A.L. Brown
 Asheboro
 Ben L. Smith
 Central Cabarrus
 Concord
 Cox Mill
 Cuthbertson
 Dudley
 East Rowan
 Jay M. Robinson
 Jesse Carson
 McMichael
 Monroe
 Morehead
 Mount Tabor
 North Forsyth
 Northern Guilford
 Northwest Cabarrus
 Parkland
 Parkwood
 Piedmont
 Rockingham County
 Southern Guilford
 Southwest Guilford
 Southwestern Randolph
 Sun Valley
 Weddington
 West Rowan
 Western Guilford

West

Marvin Ridge
McAlpine
 A.C. Reynolds
 Alexander Central
 Ashbrook
 Asheville
 Burns
 Charlotte Catholic
 Crest
 Enka
 Erwin
 Forestview
 Freedom
 Hickory
 Hunter Huss
 Kings Mountain
 Marvin Ridge
 North Buncombe
 North Gaston
 North Henderson
 North Iredell
 South Iredell
 St. Stephens
 Statesville
 Stuart Cramer
 T.C. Roberson
 Tuscola
 Watauga
 West Caldwell
 West Henderson

4A**East**

Host School: South Central/New Bern
Location: Boyd Lee Park
 Ashley
 Athens Drive
 Broughton
 Corinth Holders
 E.A. Laney
 Enloe
 Garner Magnet
 Heritage
 Hoggard
 Knightdale
 Leesville Road
 Millbrook
 New Bern
 Rolesville
 Sanderson
 South Central
 Southeast Raleigh
 Wake Forest
 Wakefield

Midwest

Green Hope
WakeMed Soccer Park
 Apex
 Apex Friendship
 Cardinal Gibbons
 Cary
 Fuquay - Varina
 Green Hope
 Hoke County
 Holly Springs
 Jack Britt
 Jordan
 Lumberton
 Middle Creek
 Overhills
 Panther Creek
 Pine Forest
 Purnell Swett
 Riverside-Durham
 Seventy-First
 South View

Midwest

Northwest Guilford
Ivey M. Redmon Park
 David W. Butler
 Davie
 East Forsyth
 Glenn
 Grimsley
 Hickory Ridge
 High Point Central
 Independence
 Northwest Guilford
 Page
 Pinecrest
 Porter Ridge
 R.J. Reynolds
 Ragsdale
 Richmond
 Rocky River
 Ronald Reagan
 Scotland
 West Forsyth

West

Providence
McAlpine
 Ardrey Kell
 East Mecklenburg
 Garinger
 Harding University
 Hopewell
 Hough
 Lake Norman
 Mallard Creek
 McDowell
 Mooresville
 Myers Park
 North Mecklenburg
 Olympic
 Providence
 South Caldwell
 South Mecklenburg
 West Charlotte
 West Mecklenburg
 Zebulon B. Vance

2017 CROSS COUNTRY REGIONAL SITES AND DIRECTORS

REGIONAL	HOST SCHOOL(S)	FACILITY	DIRECTOR(S)	DIRECTOR'S EMAIL
1A EAST	NORTHSIDE-PINETOWN	NORTHSIDE HIGH SCHOOL	BOB GIRANI	bgirani@beaufort.k12.nc.us
1A MIDEAST	RESEARCH TRIANGLE	WAKEMED SOCCER PARK	ALEX DRAKE	adrake@rthighschool.org
1A MIDWEST	SURRY CENTRAL	IVEY M. REDMON SPORTS COMPLEX	JASON BRYANT	runningmtn.goat@yahoo.com
1A WEST	AVERY COUNTY	ASHEVILLE CHRISTIAN ACADEMY	JAY SMITH/MICHAEL STAFFORD	jaysmith@averyschools.net / johnmichaelstafford@averyschools.net
2A EAST	CROATAN		MATT GRULKE	matt.grulke@carteretk12.org
2A MIDEAST	NCSSM/CARRBORO/DSA	WAKEMED SOCCER PARK	CHARLIE PAYNE/MIMI O'GRADY/PERSEPHANIE MCRAE	paynec@ncssm.edu / mimiogrady@gmail.com / dsatrackmcrae@gmail.com
2A MIDWEST	SURRY CENTRAL	IVEY M. REDMON SPORTS COMPLEX	JASON BRYANT	runningmtn.goat@yahoo.com
2A WEST	BREVARD	ASHEVILLE CHRISTIAN ACADEMY	PHIL LATTER	coachlatter@gmail.com
3A EAST	NORTHERN NASH	RED OAK CROSS COUNTRY COURSE	JEFF DODRILL	Coachd1967@yahoo.com
3A MIDEAST	NORTHWOOD	NORTHWOOD HIGH SCHOOL	ALEX HART	harta@chatham.k12.nc.us
3A MIDWEST	WEDDINGTON	MCALPINE GREENWAY PARK	RICK SPENCER	coachspencer@gmail.com
3A WEST	MARVIN RIDGE	MCALPINE GREENWAY PARK	CAMERON STARR	CAMERON.STARR@ucps.k12.nc.us
4A EAST	SOUTH CENTRAL/NEW BERN	BOYD LEE PARK	LISA COX/MARK ROBISON	lisamcox24@gmail.com / mark.robison@cravenk12.org
4A MIDEAST	GREEN HOPE	WAKEMED SOCCER PARK	MIKE MIRAGLIUOLO	mmiragliuolo@wcpss.net
4A MIDWEST	NORTHWEST GUILFORD	IVEY M. REDMON SPORTS COMPLEX	PAUL EGLESTON	eglestp@gcsnc.com
4A WEST	PROVIDENCE	MCALPINE GREENWAY PARK	STEVE TOURANJOE	steven.touranjoe@cms.k12.nc.us