



# 2018-19 NFHS VOLLEYBALL RULES POWERPOINT


National Federation of State  
High School Associations



Take Part. Get Set For Life.™

- Rules Changes
- Major Editorial Changes
- Points of Emphasis

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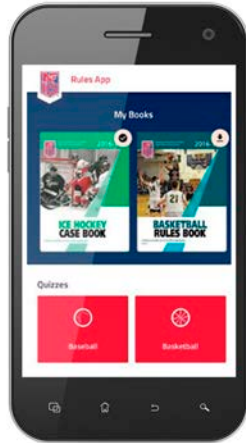
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  - [www.nfhs.org/erules](http://www.nfhs.org/erules) for more information

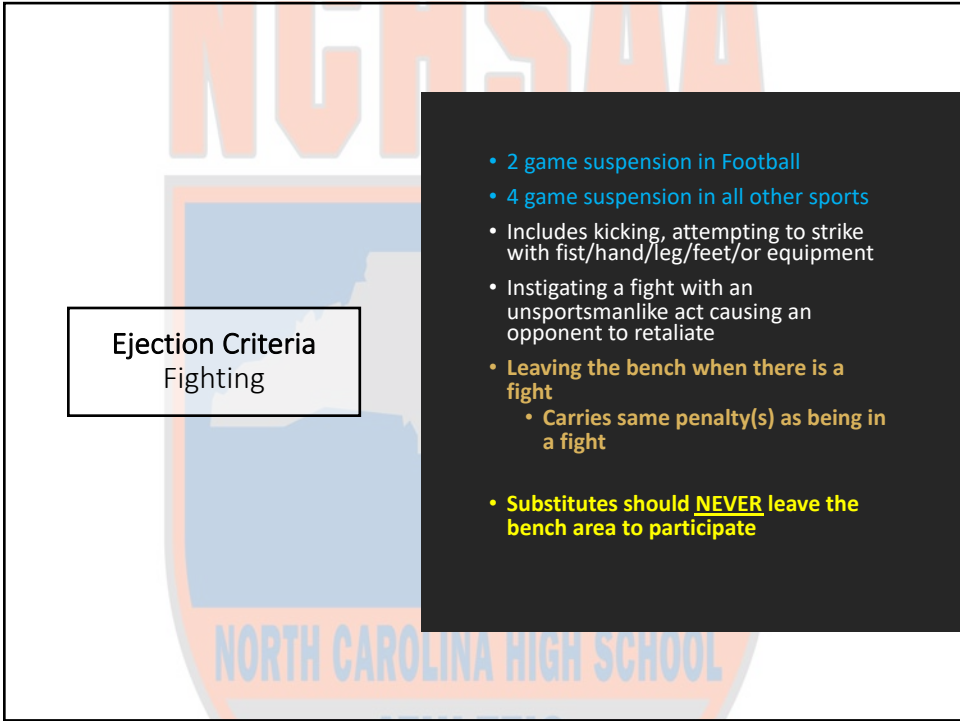
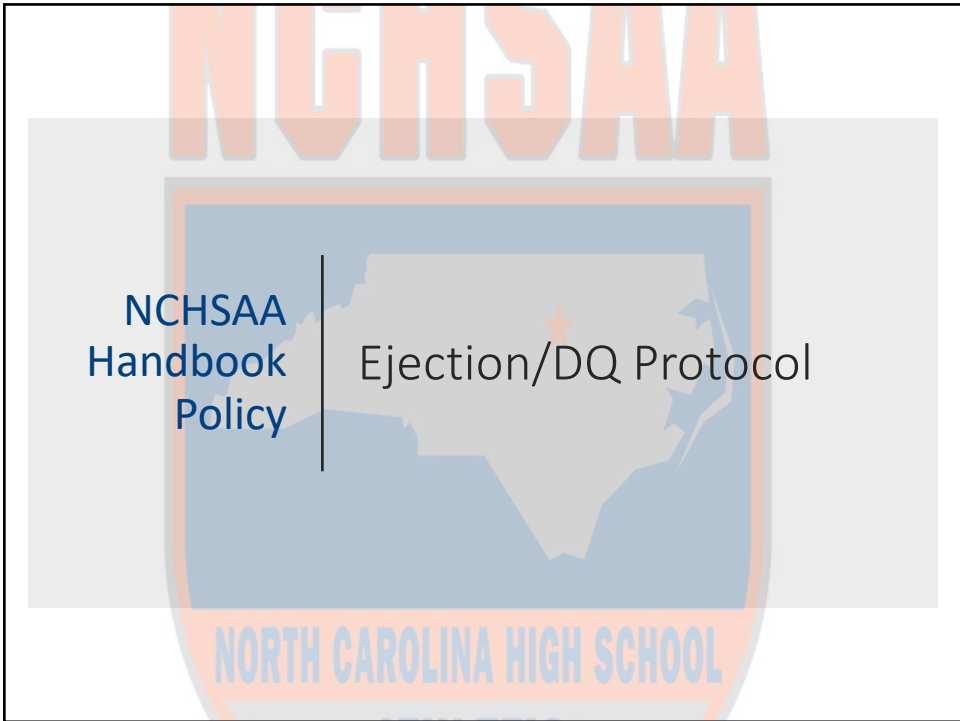
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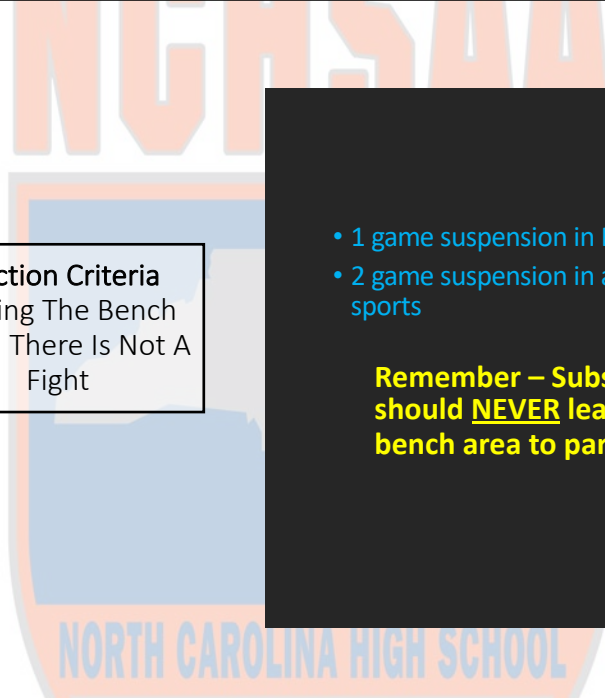


Rules Changes

## 2018-19 NFHS VOLLEYBALL



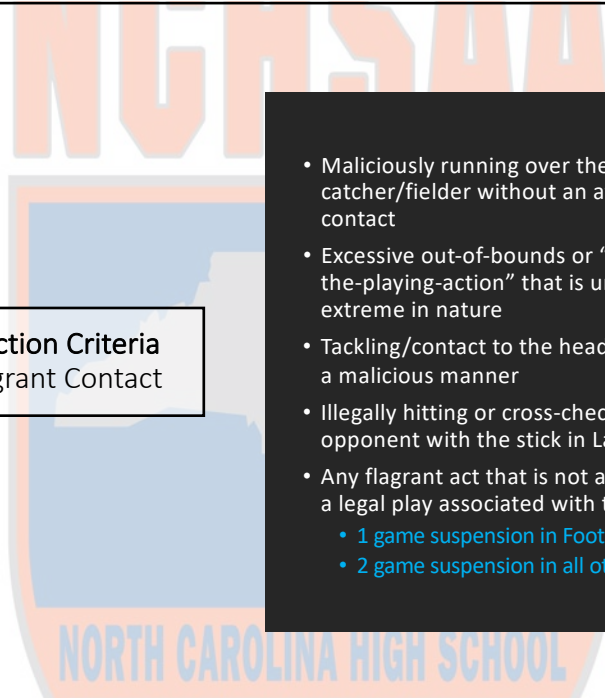




**Ejection Criteria**  
Leaving The Bench  
When There Is Not A  
Fight

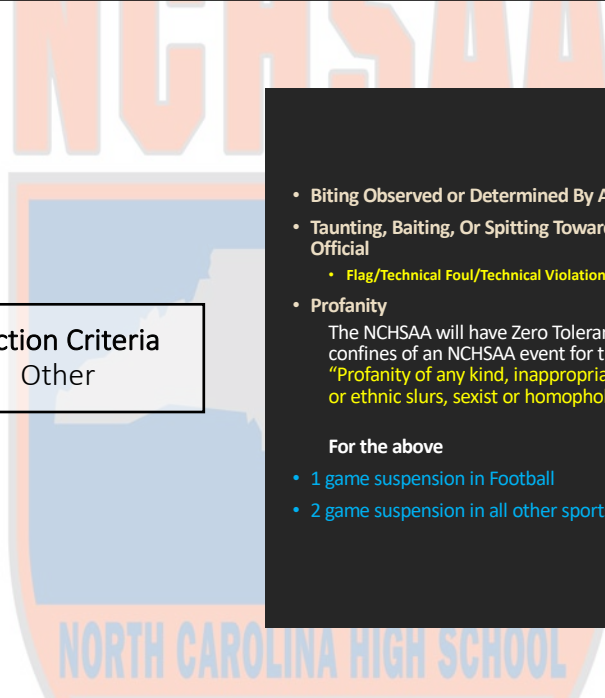
- 1 game suspension in Football
- 2 game suspension in all other sports

**Remember – Substitutes should NEVER leave the bench area to participate**



**Ejection Criteria**  
Flagrant Contact

- Maliciously running over the catcher/fielder without an attempt to avoid contact
- Excessive out-of-bounds or “away-from-the-playing-action” that is unwarranted or extreme in nature
- Tackling/contact to the head dangerously in a malicious manner
- Illegally hitting or cross-checking an opponent with the stick in Lacrosse
- Any flagrant act that is not associated with a legal play associated with that sport
  - 1 game suspension in Football
  - 2 game suspension in all other sports



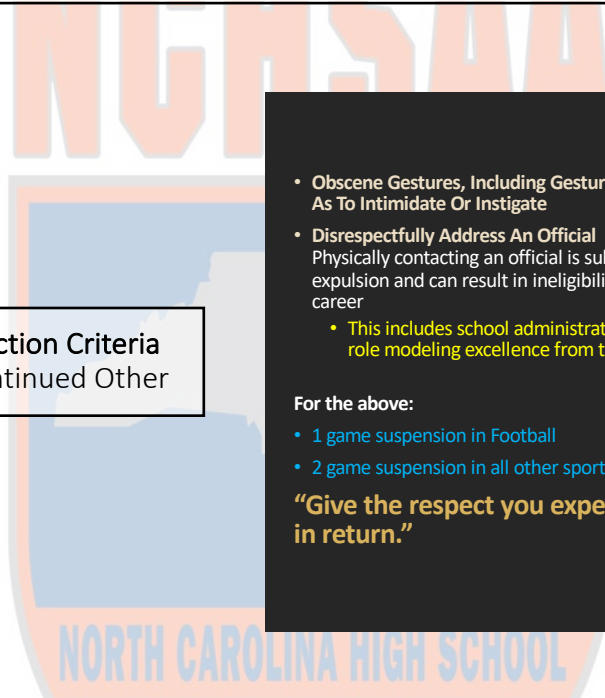
**Ejection Criteria**  
Other

- **Biting Observed or Determined By An Official**
- **Taunting, Baiting, Or Spitting Toward An Opponent Or Official**
  - **Flag/Technical Foul/Technical Violation vs. Ejection**
- **Profanity**

The NCHSAA will have Zero Tolerance within the confines of an NCHSAA event for the following:  
"Profanity of any kind, inappropriate language, racial or ethnic slurs, sexist or homophobic language."

**For the above**

- 1 game suspension in Football
- 2 game suspension in all other sports



**Ejection Criteria**  
Continued Other

- **Obscene Gestures, Including Gesturing In Such A Manner As To Intimidate Or Instigate**
- **Disrespectfully Address An Official**

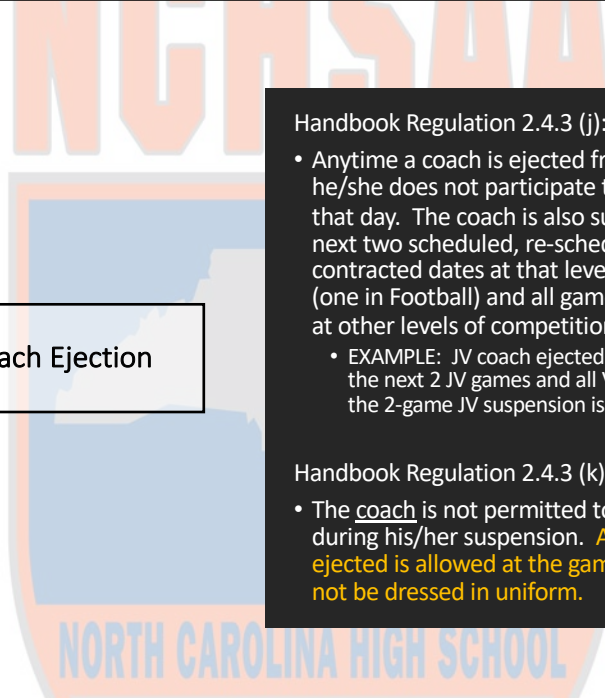
Physically contacting an official is subject to automatic expulsion and can result in ineligibility for remainder of a career

  - **This includes school administrators. Expect/require role modeling excellence from this level of personnel.**

**For the above:**

- 1 game suspension in Football
- 2 game suspension in all other sports

**"Give the respect you expect...and expect it in return."**



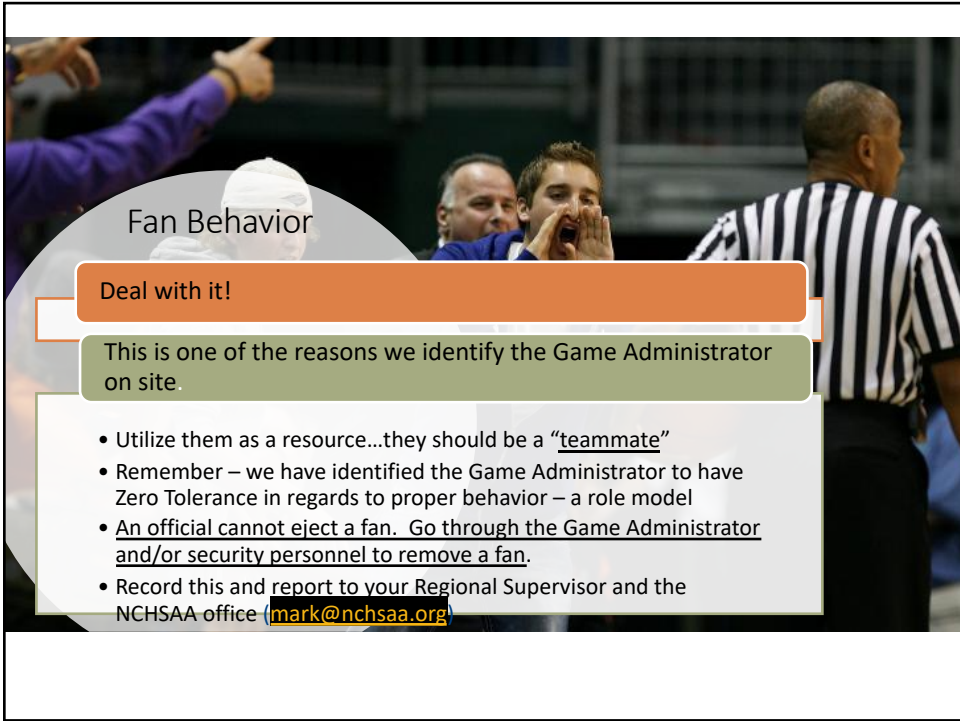
**Coach Ejection**

Handbook Regulation 2.4.3 (j):

- Anytime a coach is ejected from a contest, he/she does not participate the remainder of that day. The coach is also suspended from the next two scheduled, re-scheduled or contracted dates at that level of competition (one in Football) and all games in the interim at other levels of competition.
- EXAMPLE: JV coach ejected from game. Misses the next 2 JV games and all Varsity games until the 2-game JV suspension is served.

Handbook Regulation 2.4.3 (k):

- The coach is not permitted to be at the game during his/her suspension. A student who is ejected is allowed at the game site but may not be dressed in uniform.

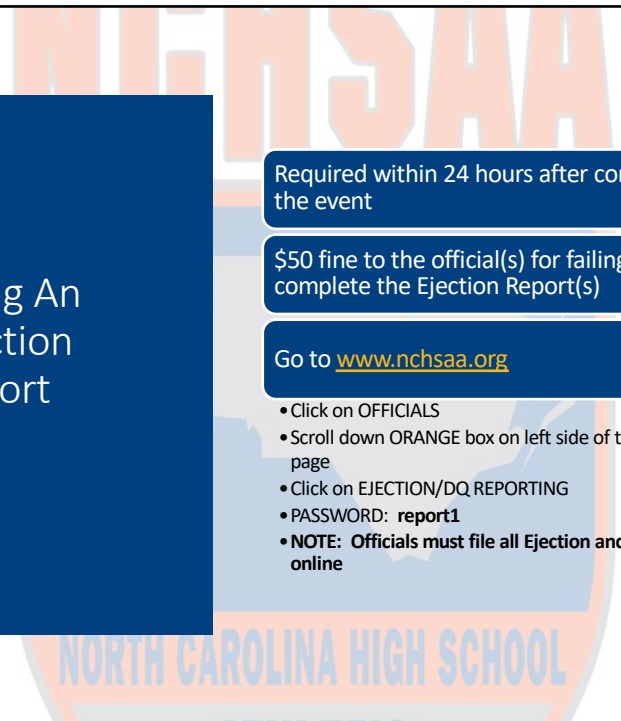


**Fan Behavior**

**Deal with it!**

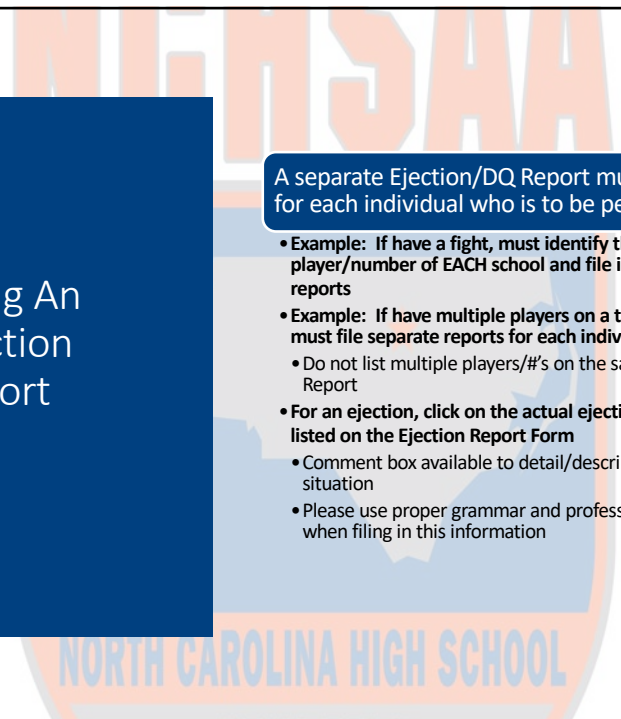
This is one of the reasons we identify the Game Administrator on site.

- Utilize them as a resource...they should be a “teammate”
- Remember – we have identified the Game Administrator to have Zero Tolerance in regards to proper behavior – a role model
- An official cannot eject a fan. Go through the Game Administrator and/or security personnel to remove a fan.
- Record this and report to your Regional Supervisor and the NCHSAA office ([mark@nchsaa.org](mailto:mark@nchsaa.org))



Filing An  
Ejection  
Report

- Required within 24 hours after completion of the event
- \$50 fine to the official(s) for failing to complete the Ejection Report(s)
- Go to [www.nchsaa.org](http://www.nchsaa.org)
  - Click on OFFICIALS
  - Scroll down ORANGE box on left side of the Officials page
  - Click on EJECTION/DQ REPORTING
  - PASSWORD: **report1**
  - NOTE: Officials must file all Ejection and DQ reports online**



Filing An  
Ejection  
Report

- A separate Ejection/DQ Report must be filed for each individual who is to be penalized.
  - Example: If have a fight, must identify the player/number of EACH school and file individual reports**
  - Example: If have multiple players on a team ejected, must file separate reports for each individual**
  - Do not list multiple players/#'s on the same Ejection Report
  - For an ejection, click on the actual ejection criteria listed on the Ejection Report Form**
  - Comment box available to detail/describe the situation
  - Please use proper grammar and professionalism when filing in this information

## Filing An Ejection Report

## Ejection vs. Disqualification

**Question** – Can there be a situation where a player/coach is terminated from the remainder of the contest and it not be an Ejection?

**Answer** – If the disqualification is by NFHS Rule and does not meet the NCHSAA Handbook Ejection Criteria as shown in the previous slides...yes.

**Examples:**

- Basketball Coach gets two (2) indirect technical fouls but are not part of Ejection criteria
- Head Coach has an assistant coach get an unsporting call, and then he/she or another assistant coach gets an unsporting call
- 2 unsporting violations charged to the Head Coach results in DQ from the remainder of the contest
- By the NCHSAA Sportsmanship initiative ("Together, We Make The Right Call...Sportsmanship") this violates the "One Voice" directive
- Only the Head Coach has input with the game officials/umpires



## Filing A DQ Report

### Disqualification Report

Instructions: This form is to be completed by the Official reporting the dis-qualification of a player or coach. The form must electronically submitted, or faxed to the NCHSAA within 24 hours or 1 working day following the completion of the game. In accordance with NCHSAA HANDBOOK policy, a fine of FIFTY DOLLARS (\$50.00) will be imposed for failure to submit this report to the NCHSAA by the deadline.

Field names marked with an asterisk (\*) indicate a required field. Be sure to click the Submit button at the end of form to send your information to the NCHSAA. After clicking the Submit button you should see a Thanks screen to let you know the report has been received.

Submitted by\*  Email Address\*

Regional Supervisor\*  Name of Official Making the Ejection\*

Sport\*  Date of Game\*

**Disqualified Individual**

Name of Ejected Party  Select School

If player, Jersey #  If coach, please specify  - Coach  - Assistant Coach

Explanation/Comments\*

Click the Submit button to submit your report to the NCHSAA.  Click the Log Out button to log out without submitting any information. All information will be lost.

Report Date:

Ejection Criteria  
Post-Game Ejections

- No **“free shots”** after the game/contest...in fact, there should be enhanced attention given to post-game ejections
  - These are to be enforced same as in-game ejections.
  - Do not allow inappropriate language/contact/input after the contest is complete
  - Coaches and players are expected to role model excellence at all times

“What you permit, you promote!”

Rule Change

## THE COURT: RESTRICTED PLAY RULE 2-4-1b

- A player cannot gain an advantage by playing the ball while contacting floor obstacle, wall or team members.
- Team members are defined in rule 6-1 as coaches, teammates, managers, certified athletic trainers and players.
- The **“illegal hit” signal (No. 3)** is used to indicate this fault.





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Rule Change

## SECOND REFEREE RESPONSIBILITIES RULE 5-5-3b(10) (NEW)

- Coaches are required to stay in the libero replacement zone, no closer than 6 feet to the sideline, when standing during play.
- The second referee’s responsibilities have been expanded to include ensuring the coach remains in the designated zone during play.





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**Rule Change**


## OFFICIALS' RESPONSIBILITIES

### RULES 5-5-3b(13), 5-5-3b(20) & 5-8-3a NOTE (NEW)

- When multiple courts are in use, the use of horns may cause confusion for players, coaches, officials and spectators.
- In that situation, the second referee may end a timeout or interval between sets with a long whistle instead of the timer's horn.



The illustration shows a volleyball court with a net and a scoreboard. A referee in a white shirt stands in the center, while other officials and players are positioned around the court.



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**Rule Change**

## REPLAY/INJURY

### RULES 9-8-2 EXCEPTION (NEW) & 11-4-1b (NEW)

- When a play results in a replay, no requests for libero replacements, substitutions or time-outs are allowed.
- An exception is made in the case of a replay for an injured/ill player.



Illustration A shows a player on the floor near the net. Illustration B shows a referee in a white shirt with both thumbs up, signaling a replay.



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Rule Change

## REPLAY/INJURY RULES 9-8-2 EXCEPTION (NEW) & 11-4-1b (NEW)

- The injured/ill player's team may:
  - Substitute for the injured/ill player;
  - Replace the injured/ill player with a legal libero replacement, or;
  - Take any allotted timeouts remaining.



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Rule Change

## SUBSTITUTION AND LIBERO REPLACEMENT RULE 10-2 PENALTY 2

- When a team is charged with unnecessary delay for a substitution issue, no further substitution request is allowed until after the next completed rally.





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Rule Change



## UNNECESSARY DELAY OFFICIALS SIGNAL NO. 21

- To signal an unnecessary delay, raise the hand on the side of the offending team beside the head, with the palm facing in.
- Hold the appropriate card on the wrist of the raised hand.



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Rule Change





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Rule Change

## INTERVAL BETWEEN SETS RULE 11-5-3 (NEW)

- Between sets, teams are allowed to warm up in their own playing area.
- For safety, volleyballs may not be hit over the net.



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Major Editorial Changes

## 2018-19 NFHS VOLLEYBALL



Editorial Change



## FORFEITS RULES 1-5-2c (NEW), 1-7

- The third reason for declaring a forfeit has been added to this section for consistency and clarification:
  - “A disqualified individual violates conduct rules following disqualification.”
- All articles addressing a forfeit have been reorganized under SECTION 5: TERMINATION OF SET/MATCH as Rules 1-5-2 through 4.



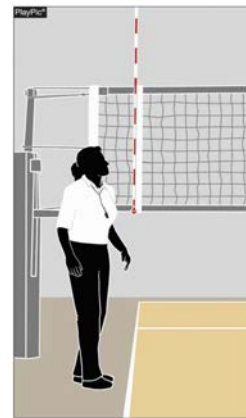
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Editorial Change



## FIRST REFEREE RESPONSIBILITIES RULE 5-4-1c

- The first referee's responsibilities have been expanded to include the inspection of the net antennas.



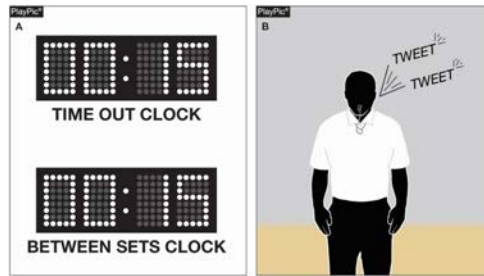
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Editorial Change



## TIME-OUT RESPONSIBILITIES RULES 5-5-3b (13) & (20)

- The word “double” was added to clarify that the second referee shall use a **double** whistle to indicate the warning during a time-out and when an intermission is used.



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Editorial Change



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## Editorial Change



## FEWER THAN SIX PLAYERS RULE 6-4-5 NOTE (NEW)



- After the match begins, a team can continue play with fewer than six players.
- A point is awarded when the vacant position rotates to the service position (Rule 1-3-3).
- A NOTE has been added to clarify that the vacant position remains open through all rotations.



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## Editorial Change



## OTHER EDITORIAL CHANGES

- 2-1-4 A continuous center line...
- 5-2-1b If a fault is whistled by the second referee, he or she will indicate the nature of the fault and the player committing the net fault, **if necessary**...
- 5-4-4d(1) d. Prior to the deciding set, **the first referee**:
  1. The first referee whistles,...



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## OTHER EDITORIAL CHANGES

- 5-4-4d(4) The timer will begin the three-minute clock after this final signal.
- 10-4-3c c. Disqualification substitution – The libero ~~may~~ shall not be used...
- 12-2 Procedures for Unsporting Conduct Violations 4 and 5 ...; loss of rally/point awarded to opponent.
- How to Use the Signals #20  
Double-whistle, place the palm...



Officials Manual Changes

**2018-19 NFHS VOLLEYBALL**



## SECOND REFEREE MECHANICS OFFICIALS MANUAL PAGE 77

- On calls initiated by the first referee, the **recommended** mechanics for the second referee are:
  - Step laterally away from the net standard toward the offending team.
  - Repeat the first referee's signals.
- There may be situations when moving to the side at fault is not the most efficient mechanic in order to maintain the tempo of play.



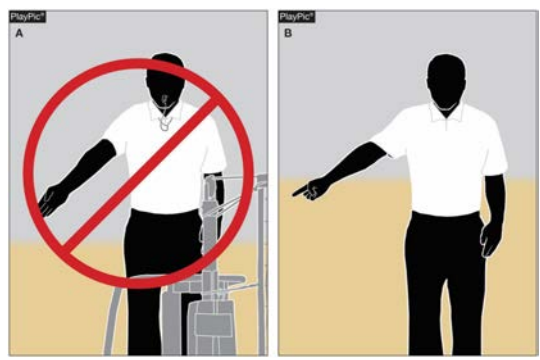
[www.nfhs.org](http://www.nfhs.org)



[www.nfhs.org](http://www.nfhs.org)

## OFFICIALS SIGNALS SIGNALS 2 AND 13

- The signal for a ball that passes completely under the net (other than a served ball) has moved from signal #13 to #2.
- In this situation, the referee will signal line violation.





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Points of Emphasis

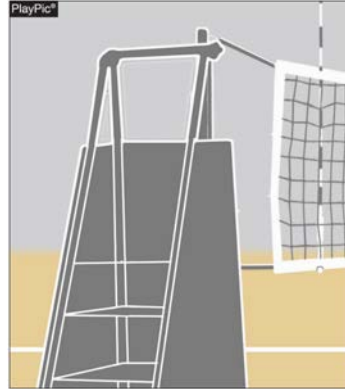
# 2018-19 NFHS VOLLEYBALL



## Points of Emphasis

## REFeree STAND

- It is a shared responsibility to ensure the safety of our officials.
  - Safe and stable platforms (Rule 3-2-6) begin with careful assembly and attention to manufacturer guidelines by school athletic departments or event host management.
  - It continues with proper inspection by the first referee prior to each match.



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## Points of Emphasis

## WARM-UP SAFETY

- The growing number of concussions reported to have occurred during warm-ups has increased awareness regarding warm-up procedures.
- Each coach and state association should examine their pre-game warm-up protocols.
- Some things to consider when establishing best practices are:
  - Facility space;
  - Shared court time;
  - Placement of athletes and those assisting with warm-ups, and;
  - Familiarity of all team members with the warm-up procedures for the match.



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## Points of Emphasis

## WARM-UP SAFETY



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## Points of Emphasis

## TREATMENT OF LINE JUDGES

- The line judges are critical members of the officiating crew.
- No team members or spectators shall act in an unsporting manner toward line judges.
- For unsporting conduct, the referees should administer the appropriate card (warning or penalty).
- For unsporting behavior by spectators, event management should be instructed to resolve the situation.




Points of Emphasis



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This slide features a video player with a red header containing the text "Points of Emphasis". A blue arrow icon is positioned to the left of the video frame. The video shows a volleyball game in progress on a wooden court. A player in a white shirt and red shorts is in the foreground, while other players in blue and white are positioned further back. The court has yellow and blue lines. In the background, there are blue banners with white text, including the letters "P" and "S". A play button icon is visible in the top right corner of the video frame. The NFHS logo is located in the bottom left corner, and the website address "www.nfhs.org" is in the bottom right corner.

Points of Emphasis



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This slide is identical in layout to the one above, featuring a red header with "Points of Emphasis", a blue arrow icon, and a video player. The video shows a different scene from the volleyball game, with a player in a white shirt and red shorts in the foreground. The court and background are similar, showing yellow and blue lines and blue banners with white text, including the letters "S" and "H". A play button icon is in the top right corner. The NFHS logo is in the bottom left, and "www.nfhs.org" is in the bottom right.



## Points of Emphasis

## NET FAULT SIGNAL MECHANICS

To indicate the player committing a net fault:

- For numbers less than 6, use the hand on the side at fault.
- For numbers 6-9, the right hand is the base hand, and is filled first.



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## Points of Emphasis

## NET FAULT SIGNAL MECHANICS

- For double digit numbers, the first digit is shown with the right or both hands, and the second digit with the left or both hands.



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## Officiating Volleyball: Ball Handling

### Course Objectives

- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

### Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

More Information at [nfhslearn.com](http://nfhslearn.com)!

A photograph showing a male referee in a white polo shirt on the left, looking towards a volleyball player on the right. The player is reaching up with both hands to touch a volleyball that is suspended in the air above the net. The background shows a gymnasium with spectators.

# INTERSCHOLASTIC OFFICIATING


## WWW.NFHSLEARN.COM



**Mechanics: Nuances**  
Every sport offers specific nuances to the game and every game has a flow. As you gain experience, hopefully you will tune into this and help the game unfold naturally.

- Introduction to skills and concepts used as an official
- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: basics of becoming and staying an official, science of officiating, art of officiating, how to combine these skills for successful officiating
- Course is **FREE** to any **NFHS Officials Association** member
- Non-members course is \$20
- API available to state associations to collect results



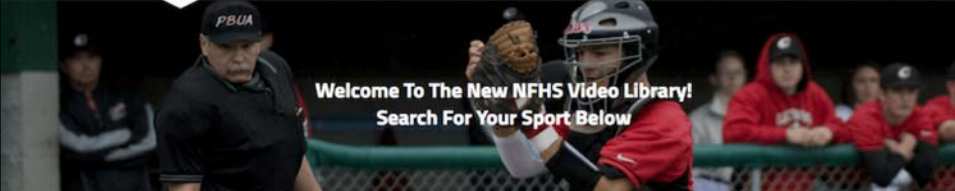


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**Welcome To The New NFHS Video Library!**  
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Search our videos...

Total videos: 373




3-Man Mechanics - Runners At ...

Baseball




UIL Court Coverage - Trail Of...

Basketball



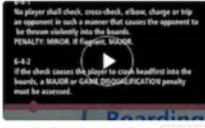
Final Run Out Before Start

Cross Country




Football Mechanics: Coin Toss...

Football



Ice Hockey Rules Concepts - B...

Ice Hockey



NFHS Soccer Rules Referee Me...

Soccer

# NFHS OFFICIALS ASSOCIATION CENTRAL HUB

<https://nfhs-volleyball.arbitersports.com/front/105417/Site>

- Contains:
  - Sport information
  - Rules information
  - Rules library
  - Searchable rules book
  - Video content on officiating sport, competition situations and interpretations



[www.nfhs.org](http://www.nfhs.org)



## NFHS LEARNING CENTER



[www.nfhs.org](http://www.nfhs.org)

## WWW.NFHSLEARN.COM

FREE courses include:

- Bullying, Hazing and Inappropriate Behaviors
- Understanding Copyright and Compliance
- Hazing Prevention for Students
- Concussion in Sports
- Concussion for Students
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility



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## Coaching Volleyball

### Course Objectives

- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

### Units

- |  |  |
|--|--|
| - Serving and Passing Skills             | - Team Systems: Defense                        |
| - Attacking, Blocking and Digging Skills | - Team Selections & Rules and Match Management |
| - Team Systems: Offense                  |  |

More Information at [nfhslearn.com](http://nfhslearn.com)!

~~North Carolina High School Athletic Association~~

# 2018-19 Volleyball Rules & Regulations



Mark Dreibelbis

*Associate Commissioner, Supervisor of Officials*

Chiquana Dancy

*Director of Sports, Championships & Student Services*

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~~North Carolina High School Athletic Association~~

# **NCHSAA**

## **BOARD CHANGES**

## **IMPORTANT INFORMATION**

## **ELIGIBILITY & COMPLIANCE**

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North Carolina High School Athletic Association

## Board Changes

### Bracket Size

- Increased the number of playoff teams in the 1A classification from 48 to 64 in volleyball and basketball.

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North Carolina High School Athletic Association

## Board Changes

### Seeding

- At-large berths
  - 4.1.18(e)(1): Teams in their classification will be selected to fill the remaining slots in the bracket based upon **conference finish**, then MaxPreps ranking.
- At-large berth interpretation
  - Clarified/adjusted interpretation of the rule below to: The highest finishing non-automatic qualifying team in each conference will be compared based on their adjusted MaxPreps ranking. Under no circumstance may a team “leap-frog” a higher finishing team in its own conference.

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~~North Carolina High School Athletic Association~~

## Board Changes

### Seeding

- Split Conference Application Adjustments:
  - 4.1.19(b)(1): Removed wording: “...and highest finishing team in each classification of a split conference”
  - Added note: The highest finishing team in its half of a split conference must finish in 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place overall and/or have an overall winning percentage of .500 or higher in order to be seeded as a #1. Otherwise, the team will be seeded with all other at-large teams.

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~~North Carolina High School Athletic Association~~

## Board Changes

### Playoff Contest Starting Times

- On Saturdays, if teams cannot mutually agree, the higher seeded team may choose a starting time between 1:00 p.m. and 7:00 p.m.
  - Start between 1:00 p.m. and 6:00 p.m. if the visiting team is over 100 miles one-way.

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~~North Carolina High School Athletic Association~~

## Board Changes

### **Spring 2019 Playoff Calendar**

- All first round games for baseball, softball, and women's soccer to be played on Tuesday
- All second round games to be played on Friday

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## Board Changes

### **Ticket Prices**

- Increased ticket prices for all playoff rounds, including regional and state championships, across all sports effective July 1, 2018

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North Carolina High School Athletic Association

# Board Changes

Sport	1 <sup>st</sup> Round	2 <sup>nd</sup> Round	3 <sup>rd</sup> Round	4 <sup>th</sup> Round	Regional	State
<b>FALL</b>						
Cheerleading						\$10.00
Cross Country						\$6.00 + parking
Football	\$8.00	\$8.00	\$8.00		\$10.00	\$15.00
Men's Soccer	\$7.00	\$7.00	\$7.00	\$7.00	\$8.00	\$10.00
Volleyball	\$7.00	\$7.00	\$7.00	\$7.00	\$8.00	\$10.00
<b>WINTER</b>						
Basketball	\$7.00 (1 game) \$8.00 (2 games)	\$7.00 (1 game) \$8.00 (2 games)	\$7.00 (1 game) \$8.00 (2 games)	\$8.00 (1 game) \$9.00 (2 games)	\$10.00	\$15.00
Indoor Track						\$10.00
Swimming & Diving					\$6.00	\$7.00/session \$10.00/all day
Wrestling, Dual	\$6.00	\$6.00	\$6.00		\$6.00	\$8.00
Wrestling, Ind.					\$8.00 Friday \$10.00 Saturday \$15.00 Full-Tournament \$6.00 Champs only	\$5.00 Thursday \$15.00 Friday or Saturday \$25.00 Friday & Saturday \$7.00 Champs only
<b>SPRING</b>						
Baseball	\$7.00	\$7.00	\$7.00	\$7.00	\$7.00/game	\$8.00 G1 or G3 only \$12.00 G2 & G3
Softball	\$7.00	\$7.00	\$7.00	\$7.00	\$7.00/game	\$8.00 G1 or G3 only \$12.00 G2 & G3
Lacrosse	\$7.00 (1 game) \$8.00 (2 games)	\$7.00 (1 game) \$8.00 (2 games)	\$7.00 (1 game) \$8.00 (2 games)	\$7.00 (1 game) \$8.00 (2 games)	\$7.00 (1 game) \$8.00 (2 games)	\$10.00
Track & Field					\$7.00	\$10.00
Women's Soccer	\$7.00	\$7.00	\$7.00	\$7.00	\$8.00	\$10.00

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# Board Changes

## Transfer Policy

- Added language to the Transfer Policy allowing Staff to review all Transfer Certification requests.
  - "Absent mutual agreement, and in consideration of the above, exceptions for immediate athletic eligibility for transfers from one LEA to a different LEA will first be considered by the NCHSAA Staff, then by the NCHSAA Transfer Committee, if necessary."

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## Board Changes

### **Amateur Rule**

- Acceptance of money or a forbidden award will cause an athlete to lose athletic eligibility in all sports for 365 days.

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## Board Changes

### **Sportsmanship/Ejection Policy**

- Added language to 2.4.2 (f)
  - “The NCHSAA will have zero tolerance within the confines of an NCHSAA event for the following: profanity of any kind, inappropriate language, racial or ethnic slurs, sexist or homophobic language”.

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## Board Changes

### **Sportsmanship/Ejection Policy Penalties**

- Added “coaches” to 2.4.3 (c)
  - “Players or coaches receiving two ejections for unacceptable behavior as defined above will be suspended from all sports for the remainder of that sport season.”

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## Board Changes

### **Scrimmages/Ejections Report**

- Ejections in pre-season scrimmages now require:
  - Coach/player suspended from the remainder of the scrimmage – inclusive of multiple scrimmage events on same day (jamboree)
  - Player must complete the NFHS “Sportsmanship” course before being eligible to compete in next scrimmage/contest
  - Head Coach must complete the NFHS “Teaching and Modeling Behavior” course for any

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## Board Changes

### Video Review for Ejections

- When available, NCHSAA staff may utilize video to invoke ejections/sanctions not reported by game officials.
- Video clips to be presented for committee review within two (2) business days of the contest.

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## Board Changes

### Officiating Regulations

- Added language to **3.3.2(e)(1)**
  - “Schools are to use only NCHSAA-registered officials working through an approved NCHSAA officials association for varsity, junior varsity and ninth grade football, soccer, baseball, volleyball, basketball, wrestling, swimming and lacrosse at events hosted by or contested at the member school.”

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# Board Changes

## Return To Play Form

- If a student participating in an interscholastic athletic activity exhibits signs or symptoms consistent with concussion, the student shall be removed from the activity at that time and shall not be allowed to return to play or practice that day. The student shall not return to play or practice on a subsequent day until the student is evaluated by and receives written clearance for such participation from (i) a **physician** licensed under Article 1 of Chapter 90 of the General Statutes with training in concussion management, (ii) a **neuropsychologist** licensed under Article 18A of Chapter 90 of the General Statutes with training in concussion management and working in consultation with a physician licensed under Article 1 of Chapter 90 of the General Statutes, (iii) an **athletic trainer** licensed under Article 34 of Chapter 90 of the General Statutes, (iv) a **physician assistant**, consistent with the limitations of G.S. 90-18.1, or (v) a **nurse practitioner**, consistent with the limitations of G.S. 90-18.2.

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# Board Changes

## Return To Play Form

- NCHSAA recommends a medical physician!

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## Board Changes

- **Home Campus Background and Description**

August 2000: Current system built and maintained by local technology vendor

April 2015: Inhouse systems administrator hired

July 2018: Convert all NCHSAA database needs to Home Campus

Current system is functional but:

- Lacks centralization
- Ability to grow or add new functions
- Intermittent access issues based on user's platform

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## Board Changes

- **Home Campus Scope**
  - The following are 2017-2022 NCHSAA Strategic plans items that will be accomplished by this conversion:
    - **1.1.3** Update the current systems for reporting violations and infractions.
    - **1.2.3.3** Create an interactive tool on the NCHSAA website to help students and parents determine athletic eligibility
    - **2.2.3** Evaluate stakeholder information delivery systems.
    - **2.3.1** Monitor trends in the digital media space, including live video/streaming and social media, and find ways to benefit schools through new technologies.

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## Board Changes

- **Home Campus Phase 1 – Existing**

- The new system will include the following current database functions:
  - Membership data information (coaches, school information, etc.)
  - LEA data information
  - Regional Supervisors data information and clinic scheduling
  - Sport clinic attendance for coaches
  - Eligibility summary data entry for each sport season
  - Endowment games
  - Transfers
  - Violations
  - Sanctions
  - Ejections/Disqualifications
  - Seeding for baseball, basketball, golf (regionals), football, lacrosse, tennis (dual team and regionals), volleyball, softball, and wrestling (dual team)

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## Board Changes

- **Home Campus Phase 1 – New**

- The new system will also add the following:
  - Ability for system athletic directors to search the membership directory as well as monitor the schools in their LEA for compliance.
  - Ability to have games, rosters and records entered in MaxPreps to be auto-populated in the school's database.
  - Ability to have NFHS Learn coach education auto-populated in the school's database.
  - Ability to digitize all financial forms such as playoff and endowment game forms.
  - Ability to export search results to an Excel document for off-line use.
  - Home Campus also offers many additional features that will be rolled out following stakeholder needs assessments.

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## Important Information

### Dates

1 <sup>st</sup> Practice:	Monday, July 30 <sup>th</sup>
1 <sup>st</sup> Contest:	Monday, August 13 <sup>th</sup>
Reporting Deadline:	Wednesday, October 17 <sup>th</sup> (11:59pm)
Seeding:	October 18 <sup>th</sup>
1 <sup>st</sup> Round:	October 20 <sup>th</sup>
2 <sup>nd</sup> Round:	October 23 <sup>rd</sup>
3 <sup>rd</sup> Round:	October 25 <sup>th</sup>
4 <sup>th</sup> Round:	October 27 <sup>th</sup>
Regional:	October 30 <sup>th</sup>
State Championship:	November 3 <sup>rd</sup>

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## Important Information

### Dead Periods

Summer 2018	July 2-July 8 and July 16-22
Winter 2018	Oct 31 through November 20
Last five (5) days of the first semester	
Spring 2019	February 13 through March 5
Last ten (10) days of the second semester	
Summer 2019	July 1-July 7 and July 15-July 21

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## Important Information

### Regular Season Match Limitations

- No more than 23 total matches, or 24 with one being an approved Endowment Game
- Conference tournaments are not included

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## Important Information

### Regular Season Tournament Allowances

- The following chart indicates tournament allowances during the regular season:

Volleyball Weekly Tournament Limitation Chart:

Regular Matches (3 out of 5)	Tournaments (Limited to 20 sets maximum)
0	1
1	1
2	1
3	0
4	0

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## Important Information

### MaxPreps

- Official Statistics Provider
- Records and standings for post-season qualifications
  - Official record
  - Incorrect record subject to DQ from playoffs
- All match results **MUST** be entered by:
  - Wednesday, October 17<sup>th</sup> by 11:59 pm
  - Triple check your record!
- Instructions can be found on the NCHSAA website

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## Important Information

### Sportsmanship

- The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.
  - Wholesome athletic environment
  - Good Sportsmanship > Victory
  - Modest in victory, gracious in defeat
  - Respecting judgment and integrity of game officials
  - Role modeling good behavior

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## Important Information

### Ejection Policy

- Fighting
- Leaving the bench area
- Flagrant contact
- Biting
- Taunting, baiting or spitting toward an opponent or official
- Profanity
- Obscene gestures
- Disrespectfully addressing an official

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## Important Information

### Ejection Follow-Up

- Teaching & Modeling Behavior Course
  - Required for any coach ejected during a contest
  - Required for any coach who has player (s) ejected for fighting
- NFHS Sportsmanship Course
  - For any ejected/disqualified player
  - Free, on-line course ([nfhslearn.com](http://nfhslearn.com))

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## Important Information

### Inclement/Hot Weather Guidelines

- The following should be considered when scheduling practice:
  - Time of day
  - Intensity level of practice
  - Equipment worn
  - Environmental conditions
  - High Temperature and high humidity create a dangerous situation for athletes. High humidity and low temperature can also cause serious heat-related problems.
  - Water/fluid replacement breaks recommended each 20 or 30 minutes. (depending on practice conditions)
  - Check with your AD on your LEA's and school's policy pertaining to practice on days of extreme heat.

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## Eligibility and Compliance

### Eligibility Video

- Required viewing for all coaches
- Should be done with the athletic director
- Includes opportunities to discuss concussions/sudden cardiac arrests/sickle cell, etc.

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## Eligibility and Compliance

### Preseason Meeting

- Required attendance by all parents
- Time to share rules, regulations, expectations, philosophy etc.
- Time to get all required signatures--pledges, Gfeller-Waller information, etc.
- Eligibility and Authorization

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## Eligibility and Compliance

### Coaches Education

- NFHS Fundamentals of Coaching Course
  - **All** coaches must have satisfied the requirement prior to first contest.
  - Complete prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500.

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## Eligibility and Compliance

### Coaches Education

- Concussion Management Certification
  - The **NFHS Concussion in Sports Course** (free on-line course) or an equivalent course must be completed annually (*after June 1, 2018 and before the first date of practice*) by all coaches.
  - **Prior to the first date of practice for that sport;** subsequently, the certificate of completion must be on file at the individual school; subject to \$500 fine.

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## Eligibility and Compliance

### Coaches' Education

- CPR/AED Certification
  - All head and paid coaches must be CPR/AED certified
- NFHS Sudden Cardiac Arrest Course
  - All non-paid coaches are required to complete the NFHS Sudden Cardiac Arrest Course annually (*after June 1, 2018 and before the first date of practice*).

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## Eligibility and Compliance

### Gfeller-Waller Concussion Law

- Requirements
  - Concussion signs and symptoms
    - Given prior to participation
    - Parents/athletes sign indicating “receipt of” Return to Play (RTP) form signed by a physician licensed to practice medicine
    - An up-to-date Emergency Action Plan (EAP)
      - Must be on-file, posted and updated annually
  - **“When in doubt, sit them out”**

## Eligibility and Compliance

### Coaches Education

- Accredited Interscholastic Coach (AIC) (6<sup>th</sup> Nationally)
  - Requires completion of 4 courses:
    - Fundamentals of Coaching
    - 1<sup>st</sup> Aid, Health & Safety for Coaches
    - Sport Specific Course or Teaching Sports Skills
    - Concussion in Sports (Free)



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## Eligibility and Compliance

### Coaches Education

- Certified Interscholastic Coach (CIC) (3<sup>rd</sup> Nationally)
  - Completion of AIC requirements PLUS:
    - Teaching & Modeling Behavior
    - Engaging Effectively with Parents
    - Sportsmanship
    - Creating a Safe and Respectful Environment
    - Strength & Conditioning
    - 2 additional courses (User Choice)

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## Thank You!

- Get involved with student services
- Visit the NCHSAA website often
- Sign-in/pick-up your card as you leave today
  - Enter your code immediately to get credit for attendance
    - Mobile device or computer
    - All fields required except comments box
    - Use same email address that was used for NFHS Courses
  - Deadline for entry is August 13, 2018
  - Avoid \$400 fine for your school

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