

2019 State Championship Swimming Schedule
Triangle Aquatic Center, Cary

- 4A: February 7, 2019
- 3A: February 8, 2019
- 1A/2A: February 9, 2019

PRELIMS

Facility opens for Prelims: 7:15 am

Pool opens for general warm-ups: 7:45 am

Specific sprint lanes: 8:15 - 8:30 am

Clear pool for coaches' meeting: 8:30 am

Coaches and Captains meeting: 8:30 - 9:00 am

Prelims: 9:00 am until completion

FINALS

Facility opens for Finals: 3:30 pm

General Warm-ups: 3:45 pm

Specific lane assignments: 4:15 pm – 4:30 pm

Clear Pool: 4:30 pm

National Anthem: 4:40 pm

Finals: 4:45 pm