

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 1 Girls Shot Put (19)****3A Record: 41-01.25 2014****Alexis Dickerson, Western Alamance****State Record: 48-11.75 2007****Karmorean Hayes, Harding**

	Name	Year	School	Seed Mark
1	Samantha Ennis	12	Northwood	42-04.25
2	Makayla Watkins	11	Western Guilford	40-02.25
3	Jada Green	12	Hillside	38-11.00
4	Ono Abhulimen	11	Mount Tabor	34-01.00
5	Isabel Robayo	11	Swansboro	33-09.00
6	Niya Kelly	12	Kings Mountain	33-06.00
7	Elaina Irving	9	Jacksonville	33-00.25
8	Alexus Elliott	12	Southern Wayne	33-00.00
9	Christian VanNorden	9	Clayton	32-10.00
10	Gabrielle Borum	9	Asheville	32-09.75
11	Jordan Sales	11	Rose, J.H.	32-03.50
12	Ashlyn Dyer	8	Rose, J.H.	32-03.00
13	Jordan Richards	12	Cuthbertson High School	31-08.00
14	Supreme Diggs	11	Southern Guilford	31-08.00
15	Azurde Coney	11	Eastern Wayne	31-07.50
16	Alexandria Davis	10	West Johnston	31-05.00
17	Kaleigh Million	12	Cuthbertson High School	31-02.00
18	Trinity Holder	11	Cleveland High School	31-01.75
19	Madison Ratchford	12	Alexander Central	31-01.00

Event 3 Boys Shot Put (13)**3A Record: 57-11 1990****Ed Robertson, TW Andrews****State Record: 61-10 2013****Jon Beyle, East Chapel Hill**

	Name	Year	School	Seed Mark
1	Ronald Gilliard	12	Dudley	52-04.00
2	Quadrez Lassiter	11	Eastern Wayne	49-07.75
3	Dominique Partridge	12	Chapel Hill	48-08.50
4	Quiontay Foust	12	Eastern Wayne	47-09.50
5	Jamel Abalos	12	Swansboro	47-09.50
6	Lyndon Strickland	12	Alexander Central	47-02.75
7	Alec Mock	11	Weddington High School	47-00.50
8	Bryce Deberry	12	North Brunswick	46-05.00
9	Milton Chandler	12	Jacksonville	45-11.00
10	Jaikwez Woresly	9	Eastern Wayne	44-10.00
11	Lee Sales	11	Mount Tabor	44-08.00
12	Luke Noonan	10	Piedmont	44-04.00
13	Teolyn Woodruff	12	Jesse Carson	44-03.50

Event 4 Boys Shot Put Wheelchair Wheelchair (1)**3A Record: 9-10.75 2017****Tylor Brown, Piedmon****State Record: 15-02 2017****Dylan Pinder, North Johnston**

	Name	Year	School	Seed Mark
1	William Fuller	11	Jesse Carson	9-06.00

Event 5 Girls Long Jump (18)**3A Record: 18-03.25 2017****Mackenzie Whitaker, West Carteret****State Record: 19-07 2015****Sydnei Murphy, Apex**

	Name	Year	School	Seed Mark
1	Ija Mumford	9	Parkland	19-04.00
2	Courtney Lines	12	North Brunswick	19-00.50

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 5 ... (Girls Long Jump (18))**

	Name	Year	School	Seed Mark
3	M'Smrya Seward	12	Franklinton	18-07.00
4	Amari Simington	12	Parkland	17-05.25
5	Jadai Stevenson-Damon	10	Parkland	17-05.00
6	Netanya Linares	12	Cuthbertson High School	17-04.50
7	Erykah Baldwin	12	Southern Wayne	17-01.00
8	Raven Rudisell	11	Hunter Huss	16-09.50
9	Jade McLain	11	Cuthbertson High School	16-06.00
10	Cierra McAuthur	10	Smith, E.E.	16-05.25
11	Jada Green	12	Hillside	16-04.75
12	Alyssa Godbey	12	North Brunswick	16-04.00
13	Eden Harris	10	Hillside	16-04.00
14	Jeniah Smith	11	Franklinton	16-02.50
15	Tikita Urey	12	Western Guilford	16-02.50
16	Jayda Hunter	11	Jacksonville	16-01.50
17	Derica Currie	11	Williams, Walter M	16-00.50
18	Marissa Schalk	12	St. Stephens	15-11.50

Event 6 Boys Long Jump (33)**3A Record: 23-09.75 1991****Brian Ellis, North Rowan****State Record: 24-07.25 1997****Marcus O'Neal, Dudley**

	Name	Year	School	Seed Mark
1	Kolby Cuthrell	12	Southwest Guilford	22-11.00
2	Dionte Alston	12	Hunt High School	22-10.50
3	Jieem Bullock	11	North Brunswick	22-04.50
4	Julien Stephens	12	Jacksonville	22-00.00
5	Kameron Palmer	12	Mount Tabor	21-06.00
6	Thai Tattan	12	Kings Mountain	21-06.00
7	Jabez Gorham	12	Southwest Guilford	21-03.00
8	Clarence Ward	12	Hunt High School	21-03.00
9	Ahmad Joyner	12	Southwest Guilford	21-02.50
10	J.C. Migaly	11	East Chapel Hill	21-01.50
11	Vincent Wilkins Jr.	9	Parkland	21-00.00
12	Sekani Mayer	12	Mount Tabor	20-11.00
13	Dyvai Robinson	11	Hillside	20-11.00
14	Christian Phelps	11	Cuthbertson High School	20-10.50
15	Laderrick Neville	12	Northern Durham	20-10.00
16	Jalen Bristow	11	Mount Tabor	20-10.00
17	John Rhody	12	Harnett Central	20-08.00
18	Trevon Robinson	12	Asheville	20-08.00
19	Devin Lyles	12	Southern Lee	20-07.50
20	Harley Kugler	12	West Carteret	20-07.00
21	Devin Mckoy	12	Northern Durham	20-06.50
22	Christigen Massenburg	12	Franklinton	20-05.50
23	William Black	12	Weddington High School	20-05.00
24	Nate Williams	11	Northern Guilford	20-04.75
25	Jeremy Evans	11	Smith, E.E.	20-04.50
26	Trevor Grant	12	Cuthbertson High School	20-04.00
27	Delano Briggs	12	Asheville	20-03.50
28	Cameron Barras	12	Topsail	20-03.00
29	Troy Fisher	10	Clayton	20-02.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 6 ... (Boys Long Jump (33))**

	Name	Year	School	Seed Mark
30	Tyler Thompson	10	Weddington High School	20-01.75
31	Evin Mcentee	12	Marvin Ridge	20-00.50
32	Malaki Benton	12	South Johnston	20-00.50
33	Kameron Johnson	11	Northern Nash	20-00.00

Event 7 Girls Triple Jump (24)**3A Record: 38-09 2014****Chelsea Hargrave, Williams****State Record: 40-11.50 1995****Twyla Smith, Pinecrest**

	Name	Year	School	Seed Mark
1	Ija Mumford	9	Parkland	38-03.00
2	M'Smrya Seward	12	Franklinton	37-08.00
3	Amaya English	11	Northern Guilford	36-01.00
4	Katie Gilliland	10	Western Guilford	35-09.00
5	Jayda Hunter	11	Jacksonville	35-07.00
6	Diamond Lyerly	12	Parkland	35-06.00
7	Marissa Schalk	12	St. Stephens	35-00.00
8	Amari Simington	12	Parkland	34-11.50
9	Mykayla Wall	12	Dudley	34-04.50
10	Eryka Baker	12	Dudley	34-03.00
11	Derica Currie	11	Williams, Walter M	33-10.50
12	Jade McLain	11	Cuthbertson High School	33-07.50
13	Regan Moore	11	Swansboro	33-07.00
14	Indya Hill	12	Jacksonville	33-06.00
15	Arianna Lovingood-smith	9	Asheboro	33-05.50
16	Jeniah Smith	11	Franklinton	33-03.00
17	Ciara Robinson	12	Cleveland High School	32-10.00
18	Macey McDuffie	10	Weddington High School	32-10.00
19	Rachel Renfrow	11	Cleveland High School	32-04.00
20	Callie Davis	12	Swansboro	32-04.00
21	Maiya Hayes	11	Cuthbertson High School	32-02.00
22	Katriel Williams	9	Marvin Ridge	32-00.50
23	Grace Dodge	12	Chapel Hill	32-00.50
24	Raven Rudisell	11	Hunter Huss	32-00.00

Event 8 Boys Triple Jump (19)**3A Record: 49-10 1998****Greg Yeldell, North Rowan****State Record: 49-10 1998****Greg Yeldell, North Rowan**

	Name	Year	School	Seed Mark
1	Ahmad Joyner	12	Southwest Guilford	45-03.00
2	Clarence Ward	12	Hunt High School	44-03.50
3	Trevor Grant	12	Cuthbertson High School	43-08.00
4	Christian Phelps	11	Cuthbertson High School	43-07.00
5	Dionte Alston	12	Hunt High School	42-00.00
6	Laderrick Neville	12	Northern Durham	41-09.00
7	Chandler Dowell	11	Parkland	41-08.00
8	Thai Tuttanon	12	Kings Mountain	41-08.00
9	Julien Stephens	12	Jacksonville	41-07.00
10	Jesse Schronce	12	Alexander Central	41-07.00
11	Luke Drummonds	12	Watauga	41-06.50
12	Devin Mckoy	12	Northern Durham	41-06.50
13	Harley Kugler	12	West Carteret	41-04.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 8 ... (Boys Triple Jump (19))**

	Name	Year	School	Seed Mark
14	Tristan Campbell	12	Mount Tabor	41-03.00
15	Ronnie Baker	10	Southwest Guilford	40-09.25
16	Jonathan Stone	12	Southern Lee	40-09.00
17	Dwain Byrum	11	Marvin Ridge	40-09.00
18	Andrew Whitaker	12	Smith, E.E.	40-08.25
19	Delano Briggs	12	Asheville	40-08.00

Event 9 Girls High Jump (25)**3A Record: 5-10 2004****Patience Coleman, Southern Durham****State Record: 5-10 2004****Patience Coleman, Southern Durham**

	Name	Year	School	Seed Mark
1	Rebekah Smith	11	Franklinton	5-04.00
2	Netanya Linares	12	Cuthbertson High School	5-04.00
3	Sophie Draughon	11	West Carteret	5-03.00
4	Caroline Smith	10	Cuthbertson High School	5-02.00
5	Joelie DeVries	11	Union Pines	5-02.00
6	Courtney Lines	12	North Brunswick	5-00.00
7	Diamond Lyerly	12	Parkland	5-00.00
8	Alejandra Urraca	11	Northside (3a)	5-00.00
9	Ciara Robinson	12	Cleveland High School	5-00.00
10	Alayna Rossi	9	Weddington High School	5-00.00
11	Jaden Mittman	10	Western Guilford	5-00.00
12	Rinke Dingemans	10	Chapel Hill	5-00.00
13	Nahsheeda Facey	11	Southwest Guilford	5-00.00
14	Jada Bradley	12	Southwest Guilford	5-00.00
15	Destiny Colman	9	Parkland	5-00.00
16	Isabella Hendershot	11	Tuscola	5-00.00
17	Gimelly Bryant	12	Harnett Central	4-10.00
18	Bk Schmitz	12	Weddington High School	4-10.00
19	Abby Jackson	12	West Henderson	4-10.00
20	Quinn Travis	11	Marvin Ridge	4-10.00
21	MaKena Phillips	11	Enka	4-10.00
22	Ashley Miller	9	Clayton	4-10.00
23	Annalise Fisher	11	Weddington High School	4-10.00
24	Brianna Sanders	12	North Brunswick	4-10.00
25	Brianna McIntyre	12	Cuthbertson High School	4-10.00

Event 10 Boys High Jump (21)**3A Record: 6-11 2015****Christopher Garrick, Marvin Ridge****State Record: 7-00 2002****Jesse Williams, Broughton**

	Name	Year	School	Seed Mark
1	Kolby Cuthrell	12	Southwest Guilford	6-06.00
2	Joshua Parks	12	A.L. Brown	6-06.00
3	Julien Stephens	12	Jacksonville	6-04.00
4	Spencer Yandrofski	11	East Chapel Hill	6-04.00
5	Malaki Benton	12	South Johnston	6-03.00
6	Jesse Schronce	12	Alexander Central	6-02.00
7	Braxton Plisko	10	West Carteret	6-02.00
8	Jieem Bullock	11	North Brunswick	6-02.00
9	Quinn Cokley	11	Marvin Ridge	6-02.00
10	Nehemiah Judkins	12	Franklinton	6-00.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 10 ... (Boys High Jump (21))**

	Name	Year	School	Seed Mark
11	Christian Phelps	11	Cuthbertson High School	6-00.00
12	Trevor Grant	12	Cuthbertson High School	6-00.00
13	Dj Byrum	11	Marvin Ridge	6-00.00
14	Evan Armstrong	11	Weddington High School	6-00.00
15	Khairi Williams	10	Mount Tabor	5-10.00
16	Kyzaiah Stone	9	Cleveland High School	5-10.00
17	Laderrick Neville	12	Northern Durham	5-10.00
18	Chase Jones	12	Weddington High School	5-10.00
19	Tanoah Lockley	11	Southern Lee	5-10.00
20	Jack Hicks	12	Marvin Ridge	5-10.00
21	Kamden Johnson	11	Northern Nash	5-10.00

Event 11 Girls Pole Vault (15)**3A Record: 12-07 2017****Tessa Sheets, Northwood****State Record: 12-07 2017****Tessa Sheets, Northwood**

	Name	Year	School	Seed Mark
1	Netanya Linares	12	Cuthbertson High School	11-09.00
2	Isabel Crandall	11	Marvin Ridge	11-00.00
3	Ava Studney	9	Cuthbertson High School	11-00.00
4	Lainie Baumgardner	11	Cuthbertson High School	11-00.00
5	Emma Stone	10	Marvin Ridge	10-06.00
6	Elizabeth Wood	12	Mount Tabor	10-06.00
7	Sami Eberhard	12	Weddington High School	10-06.00
8	Sophia Smith	12	Northwood	10-00.00
9	Isabella Ochsner	12	Marvin Ridge	9-06.00
10	Caroline Fowlkes	9	Cedar Ridge	9-06.00
11	Annalise Fisher	11	Weddington High School	9-06.00
12	Bailey Noble	10	East Chapel Hill	9-06.00
13	Ella Nelson	10	Watauga	8-06.00
14	Julia Bullinsky	11	West Carteret	8-06.00
15	Jacquelyn Rossi	9	Weddington High School	8-06.00

Event 12 Boys Pole Vault (16)**3A Record: 15-06 2015****Tistian Shaver, Ledford****State Record: 16-06 2008****Scott Houston, Northwest Guilford**

	Name	Year	School	Seed Mark
1	Patrick Freeman	12	Mount Tabor	14-06.00
2	Benjamin Cargnel	11	Marvin Ridge	14-00.00
3	Ethan Basinger	11	Marvin Ridge	13-06.00
4	Nicholas Lovin	11	T.C. Roberson	13-00.00
5	Jacob Hickerson	12	Chapel Hill	12-06.00
6	Boryan Markulis	10	Asheville	12-06.00
7	Andy McLean	12	Mount Tabor	12-06.00
8	Tristan Borlase	12	Watauga	12-00.00
9	Nick Callis	11	Weddington High School	12-00.00
10	Matthew Works	11	Marvin Ridge	12-00.00
11	Sergiy Mourdakhianian	10	Cuthbertson High School	12-00.00
12	Vincent Frattoroli	11	Cuthbertson High School	12-00.00
13	Henry Freeman	12	T.C. Roberson	12-00.00
14	Kaleb Estridge	12	Kings Mountain	12-00.00
15	Andy Woehr	12	Southwest Guilford	11-06.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 12 ... (Boys Pole Vault (16))

Name	Year	School	Seed Mark
16 Davis Nicol	12	Fike High School	11-06.00

Event 13 Girls 4x800 Meter Relay (17)

3A Record: 9:45.89 2013

West Carteret

B. Dodge, E. Gomez, S. Schlieker, K. Cease

Leesville Road

State Record: 9:25.42 2015

T. Hemming, N. Mareno, S. Winchel, J. Butler

Team	Relay	Seed Time
1 Chapel Hill	A	9:38.00
2 Cuthbertson High School	A	9:46.96
1) Gabriella Castro 11	2) Leah Helms 10	3) Kaitlyn St. Hilaire 10
3 Weddington High School	A	9:53.01
1) Elizabeth Starkie 10	2) Anna Brown 11	3) Sydney Burke 12
4 Marvin Ridge	A	9:53.95
1) Kayla Basinger 9	2) Riley Basinger 9	3) Sarah Overby 12
5 Northern Guilford	A	9:57.12
1) Emma Fredericks 11	2) Abbie Boone 12	3) Katie Howell 10
6 West Carteret	A	10:10.00
7 Watauga	A	10:24.29
8 Mount Tabor	A	10:25.71
1) Addison Causey 10	2) Abby Egnatz 10	3) Nora Haulsee 10
9 Cleveland High School	A	10:37.30
1) Sarah Prosser 9	2) Leilauni Joyner 12	3) Nikki Parrish 10
10 Southeast Guilford	A	10:37.72
1) Megan Ehrhardt 12	2) Mya Ervin 11	3) Kristin Hogan 12
11 Harnett Central	A	10:37.90
12 T.C. Roberson	A	10:40.79
13 West Johnston	A	10:42.50
1) Courtney Christ 10	2) Caroline Hamrick 9	3) Rebekah Roberts 10
14 Clayton	A	10:44.90
15 Terry Sanford	A	10:46.02
1) Yvonne Harbin 10	2) Brinlee Risenmay 9	3) Rainger Pratt 9
16 Cedar Ridge	A	10:46.05
17 White Oak	A	10:49.00

Event 14 Boys 4x800 Meter Relay (18)

3A Record: 8:01.84 2016

Asheville

H. Honeycurr, N. Shore, D. Turner, T. Young

State Record: 7:57.23 2015

Southview

C. Cotazar, M. Staples, J. Alejandro, P. Hall

Team	Relay	Seed Time
1 Weddington High School	A	7:49.73
1) Will Mazur 12	2) Krystopher Durham 10	3) Stephen Larson 12
2 Cuthbertson High School	A	8:16.60
1) Walker Lezotte 12	2) Mickey Schihl 10	3) William Walsh 10
3 Mount Tabor	A	8:19.24
1) Jon Spaar 12	2) Hayden Coty 12	3) James Vlasits 12
4 Asheville	A	8:23.01
1) Ben Brock 12	2) Aaron Friel 11	3) Haven Honeycutt 12
5 Marvin Ridge	A	8:28.95
1) Jason Blizzard 12	2) James Bryant 12	3) Cole Jackson 10
6 West Carteret	A	8:29.00
7 Piedmont	A	8:31.06

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 14 ... (Boys 4x800 Meter Relay (18))**

	Team	Relay	Seed Time
8	Southwest Guilford	A	8:31.61
9	White Oak	A	8:35.20
10	T.C. Roberson	A	8:36.60
	1) Will Soule 9	2) Evan Swaney 11	3) David Cordero 11
			4) Michael Zapherson 12
11	Hillside	A	8:38.30
	1) Jose Carbajal 12	2) Robert Covington 11	3) Ahmir Davenport 12
			4) Kacey Pratt 12
12	A.C. Reynolds	A	8:39.81
	1) Adam Graham 11	2) Aiden Cole 10	3) Zach Crain 12
			4) Townes Ellum 11
13	Union Pines	A	8:40.90
14	Chapel Hill	A	8:41.78
15	Cleveland High School	A	8:41.80
	1) Rigoberto Bueno 11	2) Esteban Cabascango 12	3) Jacob Dulmaine 10
			4) Blake Andrews 10
16	A.L. Brown	A	8:42.10
	1) Kevin Stegall 10	2) Adonnance Brown 11	3) Gabriel Blackwelder 10
			4) Tanner Roth 12
17	Southeast Guilford	A	8:42.60
	1) Dalton Falls 10	2) Will Earnhardt 12	3) William Teasley 10
			4) Spody Welch 11
18	Clayton	A	8:44.00

Event 15 Girls 55 Meter Hurdles (22) Prelims

3A Record: 8.08 2014 Kylie McMillan, Southern Guilford
State Record: 7.81 2015 Ebony Williams, Parkland

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	8.13
2	Zariyah Black	10	Eastern Guilford High School	8.30
3	Riley Newkirk	9	Western Guilford	8.31
4	Netanya Linares	12	Cuthbertson High School	8.38
5	Amaya English	11	Northern Guilford	8.43
6	Mykayla Wall	12	Dudley	8.54
7	Keyana Yeoman	12	North Brunswick	8.57
8	Jayda Hunter	11	Jacksonville	8.64
9	Jada Green	12	Hillside	8.67
10	Mandi Hamouda	12	Southwest Guilford	8.75
11	Eryka Baker	12	Dudley	8.84
12	Krystalynn Johnson	12	Hillside	8.89
13	Julia Bullinsky	11	West Carteret	8.94
14	Jadai Stevenson-Damon	10	Parkland	8.95
15	Danielle Everett	11	Douglas Byrd	9.04
16	Annika Tracy	10	Northwood	9.12
17	Jaden Mittman	10	Western Guilford	9.15
18	Ashley Miller	9	Clayton	9.24
19	Cassie Wooten	10	Cuthbertson High School	9.31
20	Imari Deloatch	9	Hillside	9.33
21	Nina Van Blarcom	12	Marvin Ridge	9.39
22	Jenequa Wilson	12	Rose, J.H.	9.68

Event 16 Boys 55 Meter Hurdles (30) Prelims

3A Record: 7.45 2014 Damian Silver, Nash Central
State Record: 7.05 2009 Wayne Davis, Southeast Raleigh

	Name	Year	School	Seed Time
1	Joshua Parks	12	A.L. Brown	7.54
2	Benjamin Buie	12	Southern Lee	7.64
3	Jalen Houston	11	West Rowan	7.64

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 16 ... (Boys 55 Meter Hurdles (30) Prelims)**

	Name	Year	School	Seed Time
4	Jieem Bullock	11	North Brunswick	7.74
5	Milton Chandler	12	Jacksonville	7.74
6	Joshua Marsh	12	Monroe	7.81
7	Tashawn Philips	11	Southern Wayne	7.84
8	Khairi Williams	10	Mount Tabor	7.91
9	Christopher Rogers	12	Hillside	7.93
10	Jonathan Stone	12	Southern Lee	7.93
11	Devin Lyles	12	Southern Lee	8.07
12	Jaylin Speight	12	Eastern Wayne	8.14
13	Keontai Taylor	12	Aycock, Charles B	8.14
14	Jacquez Durham	11	Cleveland High School	8.14
15	Dashon Hannah	12	Burns	8.17
16	Nehemiah Judkins	12	Franklinton	8.19
17	Lamar Smith	12	East Wake	8.24
18	Markus Plitt	12	West Henderson	8.27
19	Kameron Palmer	12	Mount Tabor	8.27
20	Samuel Bowers	11	Parkland	8.27
21	Zin Maung	12	Chapel Hill	8.34
22	Chase Eaton	11	Fike High School	8.34
23	Jahqarius Daniels	12	Rose, J.H.	8.38
24	Luke Drummonds	12	Watauga	8.41
25	Robert Brooks	12	West Carteret	8.44
26	Mitchell Norris	11	Asheville	8.46
27	Justyn Benton	12	Jacksonville	8.54
28	Allah Bradshaw	11	Southern Wayne	8.54
29	Christian Turner	12	Jesse Carson	8.64
30	Harold Bloomfield	12	Clayton	8.74

Event 17 Girls 55 Meter Dash (23) Prelims**3A Record: 7.00 1996****Sabrina Thompson, Fike****State Record: 6.87 2007****Gabby Mayo, Southeast Raleigh**

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	7.10
2	Del'Nique Penn	12	Parkland	7.12
3	Zariyah Black	10	Eastern Guilford High School	7.14
4	Tracey Manigault	12	Cox Mill	7.17
5	Alyson Davis	12	Northern Guilford	7.20
6	Jordyn Case	10	Weddington High School	7.22
7	Ija Mumford	9	Parkland	7.24
8	Naelee Stone	12	Cleveland High School	7.27
9	M'Smrya Seward	12	Franklinton	7.29
10	Destany Fuller	9	Eastern Wayne	7.34
11	Jordan Sales	11	Rose, J.H.	7.38
12	Tori Cook	12	Union Pines	7.39
13	Addison Benz	10	Cuthbertson High School	7.40
14	Riley Newkirk	9	Western Guilford	7.40
15	Alyssa Godbey	12	North Brunswick	7.41
16	Makayla Williams	10	Jacksonville	7.44
17	Romari Perkins	11	Western Harnett	7.44
18	Jazmin Sherman	9	Swansboro	7.44

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 17 ... (Girls 55 Meter Dash (23) Prelims)**

	Name	Year	School	Seed Time
19	Ariana Daley	10	Clayton	7.44
20	Kianna Haywood	12	Eastern Wayne	7.44
21	Lucretia Boykin	12	Eastern Wayne	7.44
22	Kiknaja Jones	12	White Oak	7.44
23	Makayla Heard	10	White Oak	7.44

Event 18 Boys 55 Meter Dash (33) Prelims**State Record: 14.06 2017****Dylan Pinder, North Johnston**

	Name	Year	School	Seed Time
1	Isaac Crossland	12	Eastern Wayne	6.24
2	Jaxon Wheeler	10	Jesse Carson	6.34
3	Jalen Neal	12	A.L. Brown	6.34
4	Junious Tyson	12	Eastern Wayne	6.34
5	Will Shipley	10	Weddington High School	6.36
6	Emerson Douds	12	Weddington High School	6.39
7	Gera Davis	12	Eastern Wayne	6.44
8	Taylen West	11	Southern Wayne	6.44
9	Tymir Brown	10	Jacksonville	6.44
10	Terrell Robinson Jr	9	Mount Tabor	6.47
11	Jaylen Wright	10	Southern Durham	6.47
12	Jacquez Roseboro	12	Parkland	6.51
13	Jamel Mcelveen	12	Southwest Guilford	6.53
14	Josh Ingrham	12	White Oak	6.54
15	Chirlo Phillips	12	Northside (3a)	6.54
16	Savien Hayes	12	Parkland	6.56
17	Jaidin Thomas	11	Eastern Alamance	6.57
18	Keith Holloway	12	Southeast Guilford	6.57
19	Dionte Alston	12	Hunt High School	6.59
20	Solomon Womble	11	Williams, Walter M	6.59
21	Tanoah Lockley	11	Southern Lee	6.59
22	Chandler Cotton	12	Southern Lee	6.62
23	Caleb Baldwin	12	Eastern Alamance	6.62
24	Tayvon Sutton	12	Cleveland High School	6.64
25	Jacquez Durham	11	Cleveland High School	6.64
26	Xavier Harris	11	A.L. Brown	6.64
27	Ethan Cranford	11	White Oak	6.64
28	Joshua Parks	12	A.L. Brown	6.64
29	Trevon Robinson	12	Asheville	6.64
30	Darell Jenkins	9	Jacksonville	6.64
31	Michael Allen	12	Rose, J.H.	6.78
32	Dai-Shon Donald	12	Rose, J.H.	6.88
33	Jahqarius Daniels	12	Rose, J.H.	6.88

Event 20 Boys 55 Meter Dash Wheelchair Wheelchair (1)**3A Record: 6.35 2016****Sun Valley, Kadarius Lotharp****State Record: 6.21 1996****Chris Justice, Grimsley**

	Name	Year	School	Seed Time
1	William Fuller	11	Jesse Carson	20.74

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 21 Girls 4x200 Meter Relay (15)****3A Record: 1:46.61 2017****Nash Central****M. Nelms, M. Spivey, T. Hill, T. Macklin****State Record: 1:39.92 2015****Parkland****M. Bryant, K. Sherman, S. Cannon, E. Willias**

	Team	Relay	Seed Time
1	Parkland	A	1:40.86
	1) Ija Mumford 9	2) Alexis Patterson 12	3) Del'Nique Penn 12
2	Northern Guilford	A	1:43.30
	1) Amaya English 11	2) Miracle Scott 12	3) Jordayne Daye 10
3	Cuthbertson High School	A	1:43.80
	1) Addison Benz 10	2) Dahlia Cutler 12	3) Kailyn Hayes 12
4	Hillside	A	1:45.53
	1) Shaliyah Wilkerson 10	2) Alexis Sumpter 9	3) Tianna Hayes 12
5	Weddington High School	A	1:46.48
	1) Kelly Burns 11	2) Jordyn Case 10	3) Erika Newman 12
6	Cleveland High School	A	1:47.40
	1) Julia McKissick 11	2) Teanna Bell 11	3) Nicole Quinones 12
7	North Brunswick	A	1:47.96
8	Western Guilford	A	1:48.73
	1) Amber Featherson 11	2) Tikita Urey 12	3) Katie Gilliland 10
9	Northside (3a)	A	1:49.00
10	Dudley	A	1:49.26
	1) Sadiyah McGregor 9	2) Imani Tatum 12	3) Trinity Wells 10
11	East Chapel Hill	A	1:49.34
	1) Jessica Davis 10	2) Leah Hurwitz 11	3) Sara Maeve Klingensmith 9
12	Chapel Hill	A	1:49.83
13	Clayton	A	1:50.00
14	Eastern Wayne	A	1:50.60
	1) Destany Fuller 9	2) Denijah Hooker 11	3) Lucretia Boykin 12
15	West Henderson	A	1:50.60
	1) Tia Howard 10	2) Carlen Davis 9	3) Raine Wong Chong 10

Event 22 Boys 4x200 Meter Relay (13)**3A Record: 1:31.34 2015****Terry Sanford****L. Remigio, K. Moore, W. Wicks, J. Higgins****State Record: 1:30.18 2017****Parkland****S. Hayes, T. Barnes, J. Littlejohn, J. Burnette**

	Team	Relay	Seed Time
1	Cuthbertson High School	A	1:28.74
	1) Aidan McNally 10	2) Christian Phelps 11	3) Ashton Spangler 12
2	Weddington High School	A	1:29.33
	1) William Black 12	2) Landyn Backey 9	3) Jackson McClain 11
3	Rose, J.H.	A	1:30.64
	1) Danny Sadler 12	2) Michael Allen 12	3) Jahqarius Daniels 12
4	Parkland	A	1:30.81
	1) Jacquez Roseboro 12	2) Savien Hayes 12	3) Justin Miles 10
5	Southern Lee	A	1:31.10
	1) Chandler Cotton 12	2) Benjamin Buie 12	3) Tanoah Lockley 11
6	Monroe	A	1:31.87
7	Southern Wayne	A	1:31.90
8	Eastern Alamance	A	1:32.69
	1) Caleb Baldwin 12	2) Jaidin Thomas 11	3) Ezechiele Yao 11

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 22 ... (Boys 4x200 Meter Relay (13))

	Team	Relay	Seed Time
9	Eastern Wayne	A	1:32.75
	1) Nytwon Moses 9	2) Junious Tyson 12	3) Gera Davis 12
	4) Isaac Crossland 12		
10	Marvin Ridge	A	1:32.86
	1) Ryan Manns 11	2) Bobby Savage 11	3) Grant Sutherland 11
	4) Alec Hunter 12		
11	Southeast Guilford	A	1:33.00
	1) Ervin McAllister 10	2) Joshua King 11	3) Jackson Gaydon 11
	4) Keith Holloway 12		
12	White Oak	A	1:33.00
13	Clayton	A	1:33.60

Event 23 Girls 1600 Meter Run (17)

3A Record: 5:08.12 2014			Blake Dodge, West Carteret	
State Record: 4:57.77 2015			Nevada Mareno, Leesville Road	
	Name	Year	School	Seed Time
1	Leah Helms	10	Cuthbertson High School	5:08.27
2	Madeline Hill	10	Cuthbertson High School	5:08.72
3	Jonna Strange	11	North Iredell	5:08.75
4	Frances Whitworth	11	Mount Tabor	5:09.54
5	Sarah Bechtel	12	Weddington High School	5:11.01
6	Hayley Whoolery	11	West Johnston	5:11.53
7	Amelia Maughan	9	Chapel Hill	5:12.97
8	Gabriella Castro	11	Cuthbertson High School	5:14.01
9	Jenna Reiter	11	West Carteret	5:19.00
10	Isabella Bufalini	10	Topsail	5:25.23
11	Sophia Ritter	11	Watauga	5:25.53
12	Maggie Springer	12	Chapel Hill	5:27.00
13	Kathleen Abrams	11	Weddington High School	5:27.15
14	Virginia Pridgen	10	Chapel Hill	5:29.00
15	Laila Aljanabi	12	White Oak	5:32.00
16	Anna Ritter	10	Weddington High School	5:34.40
17	Sara Pace	11	Mount Tabor	5:35.18

Event 24 Boys 1600 Meter Run (21)

3A Record: 4:17.71 2015			Tanis Baldwin, East Henderson	
State Record: 4:10.61 2003			Bobby Mack, North Forsyth	
	Name	Year	School	Seed Time
1	Kyle Durham	12	Weddington High School	4:20.83
2	Jackson O'Hara	12	Weddington High School	4:22.48
3	Haven Honeycutt	12	Asheville	4:23.20
4	Kyle Stamper	12	Cuthbertson High School	4:24.68
5	Cooper Castellaw	12	Alexander Central	4:26.74
6	Kobe Brown	12	Southwest Guilford	4:28.27
7	Travis Leach	12	Southwest Guilford	4:28.28
8	Dwayne Lillie	11	A.C. Reynolds	4:28.30
9	Ben Verchick	12	Union Pines	4:29.18
10	Will Mazur	12	Weddington High School	4:29.95
11	Jack Dingman	10	Northern Guilford	4:30.47
12	Walker Lezotte	12	Cuthbertson High School	4:32.62
13	Zachary Clark	11	Cleveland High School	4:32.65
14	Lucas Wiley	12	A.C. Reynolds	4:33.53
15	John Ciprich	12	Piedmont	4:33.97
16	Yates Hockaday	11	North Buncombe	4:34.64

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 24 ... (Boys 1600 Meter Run (21))**

	Name	Year	School	Seed Time
17	Michael Zapherson	12	T.C. Roberson	4:35.54
18	Dalton McGlamery	12	St. Stephens	4:35.75
19	Jackson Colling	11	Marvin Ridge	4:35.88
20	Jason Blizzard	12	Marvin Ridge	4:36.82
21	Frank Rushok	12	West Carteret	4:37.00

Event 25 Girls 500 Meter Dash (23)**3A Record: 1:16.50 2013****Maya Evans, Fike****State Record: 1:13.47 2017****Maya Singletary, Hoke County**

	Name	Year	School	Seed Time
1	Alyssa Hernandez	10	Northern Guilford	1:15.91
2	Alysia Johnson	11	Hillside	1:17.81
3	Ariana Daley	10	Clayton	1:18.90
4	Mackenzie Townsend	11	Cuthbertson High School	1:19.12
5	Emmaya Waters	12	Hillside	1:19.37
6	Emily Bowbliss	10	Union Pines	1:19.89
7	Zahnetta Wilkins	10	Rocky Mount	1:20.95
8	Mya Ervin	11	Southeast Guilford	1:21.15
9	Kyla Houston	11	Sun Valley	1:21.35
10	Ela Lucas	11	East Chapel Hill	1:21.64
11	Kristin Hogan	12	Southeast Guilford	1:21.93
12	Lauren Esselborn	12	Franklinton	1:22.03
13	Tieka Thompson	12	Mount Tabor	1:22.08
14	Tiarra Smith	10	Southeast Guilford	1:22.09
15	Presley Worf	9	Cuthbertson High School	1:22.11
16	Angelina Mangiapanella	12	Cuthbertson High School	1:22.57
17	Mandi Hamouda	12	Southwest Guilford	1:22.70
18	Imani Tatum	12	Dudley	1:22.75
19	T'Kye Presley	10	Cox Mill	1:22.94
20	Hannah Dover	9	Burns	1:22.98
21	Erin Outlaw	12	West Carteret	1:23.00
22	Laniyah Oliver	12	Western Guilford	1:23.52
23	Sarah Overby	12	Marvin Ridge	1:23.66

Event 26 Boys 500 Meter Dash (31)**3A Record: 1:05.84 2016****Jaylon Sanders, West Rowan****State Record: 1:03.65 2009****Andrew Hendrix, New Bern**

	Name	Year	School	Seed Time
1	Kacey Pratt	12	Hillside	1:05.87
2	Emerson Douds	12	Weddington High School	1:05.90
3	Dajhon Prince	12	Westover	1:06.70
4	Trevor Townsend	12	Cuthbertson High School	1:07.29
5	Mark Burks	11	Cape Fear	1:07.30
6	Sam Angiulli	12	Northern Guilford	1:07.57
7	Rigoberto Bueno	11	Cleveland High School	1:07.60
8	Savien Hayes	12	Parkland	1:07.60
9	Marcus Walker	12	Sun Valley	1:07.75
10	Jack Lindstrom	11	West Carteret	1:08.00
11	Jonathan Hunter	12	Cape Fear	1:08.30
12	Peter Dejonge	10	Weddington High School	1:08.37
13	Juan Mantilla	12	Asheville	1:08.45

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 26 ... (Boys 500 Meter Dash (31))**

	Name	Year	School	Seed Time
14	Giovanni Rincon	9	Union Pines	1:08.50
15	Dylan Couillard	9	Clayton	1:08.50
16	Zach Crain	12	A.C. Reynolds	1:08.60
17	Cameron McNeill	12	Smith, E.E.	1:08.76
18	David Miles	12	Williams, Walter M	1:08.78
19	Korey Pratt	10	Hillside	1:08.80
20	Enrique Segoviano	11	White Oak	1:09.00
21	Ben Mercer	12	White Oak	1:09.00
22	Jaylin Wilkins	12	Northern Nash	1:09.00
23	Ethan Cranford	11	White Oak	1:09.00
24	Joseph Waller	12	Burns	1:09.10
25	Jacob Hoechster	12	Cuthbertson High School	1:09.19
26	Aaron Zimmerman	12	Cuthbertson High School	1:09.23
27	Mitchell Norris	11	Asheville	1:09.30
28	Will Earnhardt	12	Southeast Guilford	1:09.30
29	Delsin Burkhart	12	Westover	1:09.30
30	Nate Williams	11	Northern Guilford	1:09.71
31	Levi Harris	11	Asheville	1:09.82

Event 27 Girls 1000 Meter Run (19)**3A Record: 2:58.25 2014****Blake Dodge, West Carteret****State Record: 2:53.81 2015****Nevada Mareno, Leesville Road**

	Name	Year	School	Seed Time
1	Sarah Bechtel	12	Weddington High School	2:58.76
2	Megan Marvin	11	Chapel Hill	3:00.87
3	Leah Helms	10	Cuthbertson High School	3:04.18
4	Gabriella Castro	11	Cuthbertson High School	3:04.60
5	Katie Verrill	12	Piedmont	3:04.81
6	Elizabeth Starkie	10	Weddington High School	3:05.33
7	Jenna Reiter	11	West Carteret	3:06.70
8	Kaitlyn St. Hilaire	10	Cuthbertson High School	3:06.86
9	Hayley Whoolery	11	West Johnston	3:08.00
10	Riley Basinger	9	Marvin Ridge	3:08.30
11	Caroline Blanton	9	Marvin Ridge	3:08.75
12	Courtney Keeler	12	Eastern Alamance	3:10.66
13	Anna Brown	11	Weddington High School	3:11.47
14	Isabella Bufalini	10	Topsail	3:12.78
15	Mara Pirone	9	Chapel Hill	3:14.00
16	Abbie Boone	12	Northern Guilford	3:14.80
17	Abby Weber	9	Chapel Hill	3:15.00
18	Nora Haulsee	10	Mount Tabor	3:15.97
19	Sabrina Herritt	12	White Oak	3:16.00

Event 28 Boys 1000 Meter Run (15)**3A Record: 2:30.34 2013****John Crossley, West Carteret****State Record: 2:29.03 2008****Dylan Ferris, East Forsyth**

	Name	Year	School	Seed Time
1	Kyle Durham	12	Weddington High School	2:30.30
2	Kobe Brown	12	Southwest Guilford	2:33.66
3	Kyle Stamper	12	Cuthbertson High School	2:34.76
4	Jake Toomey	11	Weddington High School	2:34.91

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 28 ... (Boys 1000 Meter Run (15))**

	Name	Year	School	Seed Time
5	Jackson O'Hara	12	Weddington High School	2:34.97
6	Walker Lezotte	12	Cuthbertson High School	2:38.61
7	Ben Brock	12	Asheville	2:38.70
8	Logan Ellis	11	Alexander Central	2:39.07
9	Dwayne Lillie	11	A.C. Reynolds	2:39.79
10	Frank Rushok	12	West Carteret	2:39.90
11	Travis Leach	12	Southwest Guilford	2:40.09
12	Ethan Mathis	10	Chapel Hill	2:40.36
13	Lukis Padu	12	Sun Valley	2:40.94
14	Gunner Hogston	11	Marvin Ridge	2:41.40
15	Fernando Cruz	11	Smithfield-Selma	2:42.13

Event 29 Girls 300 Meter Dash (23)**3A Record: 40.64 2017****Michaela Nelms, Nash Central****State Record: 37.81 2017****Tamara Clark, High Point Central**

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	39.50
2	Alysia Johnson	11	Hillside	39.92
3	Tracey Manigault	12	Cox Mill	41.10
4	Diamond Lyerly	12	Parkland	41.14
5	Naelee Stone	12	Cleveland High School	41.14
6	Jordan Sales	11	Rose, J.H.	41.22
7	Del'Nique Penn	12	Parkland	41.22
8	Alyson Davis	12	Northern Guilford	41.22
9	Ariana Daley	10	Clayton	41.24
10	Addison Benz	10	Cuthbertson High School	41.26
11	Alyssa Hernandez	10	Northern Guilford	41.44
12	Miracle Scott	12	Northern Guilford	41.64
13	Jordyn Case	10	Weddington High School	41.75
14	Dahlia Cutler	12	Cuthbertson High School	42.04
15	Mandi Hamouda	12	Southwest Guilford	42.13
16	Shaliyah Wilkerson	10	Hillside	42.66
17	Courtney Lines	12	North Brunswick	42.66
18	Abigail Spellings	10	Cuthbertson High School	42.79
19	Mya Ervin	11	Southeast Guilford	42.84
20	Teanna Bell	11	Cleveland High School	42.84
21	Tiarra Smith	10	Southeast Guilford	43.04
22	Alyssa Godbey	12	North Brunswick	43.07
23	Shylee Stocks	12	West Henderson	43.14

Event 30 Boys 300 Meter Dash (20)**3A Record: 34.78 2017****Nadir Thompson, Southern Nash****State Record: 34.39 2017****J. Johnson, Panther Creek**

	Name	Year	School	Seed Time
1	Emerson Douds	12	Weddington High School	33.90
2	Bradon Black	12	Cuthbertson High School	34.40
3	Savien Hayes	12	Parkland	34.78
4	Aidan McNally	10	Cuthbertson High School	34.82
5	Kacey Pratt	12	Hillside	34.84
6	Jamel Mcelveen	12	Southwest Guilford	35.02
7	Jalen Neal	12	A.L. Brown	35.51

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 30 ... (Boys 300 Meter Dash (20))**

	Name	Year	School	Seed Time
8	Will Shipley	10	Weddington High School	35.95
9	Corey Johnson	12	Williams, Walter M	36.09
10	Keith Holloway	12	Southeast Guilford	36.17
11	Ryan Kobziak	11	Cuthbertson High School	36.23
12	David Miles	12	Williams, Walter M	36.27
13	Ethan Cranford	11	White Oak	36.34
14	Levi Harris	11	Asheville	36.44
15	Joshua Marsh	12	Monroe	36.49
16	Chirlo Phillips	12	Northside (3a)	36.54
17	Justin Biggs	11	Swansboro	36.54
18	Cameron McNeill	12	Smith, E.E.	36.54
19	Trevon Robinson	12	Asheville	36.59
20	Patrick Chapepa	12	Clayton	36.64

Event 33 Girls 3200 Meter Run (22)**3A Record: 10:48.48 1998****Sarah Vance Goodman, TC Roberson****State Record: 10:31.57 2017****Sara Platek, Ragsdale**

	Name	Year	School	Seed Time
1	Hayley Whoolery	11	West Johnston	10:47.48
2	Jonna Strange	11	North Iredell	10:47.84
3	Frances Whitworth	11	Mount Tabor	11:06.96
4	Jenna Reiter	11	West Carteret	11:10.00
5	Madeline Hill	10	Cuthbertson High School	11:12.76
6	Sophia Ritter	11	Watauga	11:14.86
7	Emma Fredericks	11	Northern Guilford	11:17.80
8	Anna Davis	11	Weddington High School	11:21.89
9	Lilly Crook	12	Chapel Hill	11:32.93
10	Emma Jones	9	Weddington High School	11:38.96
11	Sydney Burke	12	Weddington High School	11:42.02
12	Addison Causey	10	Mount Tabor	11:44.02
13	Leah Helms	10	Cuthbertson High School	11:46.24
14	Kayla Basinger	9	Marvin Ridge	11:46.25
15	Caroline Murrell	9	Northwood	11:47.78
16	Gabriella Castro	11	Cuthbertson High School	11:49.89
17	Katie Howell	10	Northern Guilford	11:51.37
18	Sara Pace	11	Mount Tabor	11:53.49
19	Laila Aljanabi	12	White Oak	11:55.00
20	Jessica Hardiman	12	Northern Guilford	12:00.00
21	Mia Hoover	12	Chapel Hill	12:04.09
22	Olivia Vrba	12	Chapel Hill	12:08.79

Event 34 Boys 3200 Meter Run (29)**3A Record: 9:10.96 2010****Jake Hurysz, Eastern Alamance****State Record: 9:10.96 2010****Jake Hurysz, Eastern Alamance**

	Name	Year	School	Seed Time
1	Ben Verchick	12	Union Pines	9:19.44
2	Cooper Castellaw	12	Alexander Central	9:28.33
3	Jacob Gallant	11	Mount Tabor	9:30.35
4	Haven Honeycutt	12	Asheville	9:30.84
5	Will Mazur	12	Weddington High School	9:31.34
6	Avery Cannon	11	Watauga	9:35.58

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 34 ... (Boys 3200 Meter Run (29))**

	Name	Year	School	Seed Time
7	Stephen Larson	12	Weddington High School	9:35.97
8	Travis Leach	12	Southwest Guilford	9:39.33
9	Nate Jaster	9	Weddington High School	9:39.83
10	Jack Dingman	10	Northern Guilford	9:44.47
11	Ben Hawley	10	Chapel Hill	9:44.53
12	Hunter White	12	North Henderson	9:45.12
13	James Vlasits	12	Mount Tabor	9:45.69
14	Dalton McGlamery	12	St. Stephens	9:47.24
15	Cole Jackson	10	Marvin Ridge	9:47.40
16	Will Soule	9	T.C. Roberson	9:50.70
17	Kyle Stamper	12	Cuthbertson High School	9:52.47
18	Owen Rogers	11	Chapel Hill	9:55.02
19	John Ciprich	12	Piedmont	9:55.31
20	Ethan Turner	11	Watauga	9:56.60
21	Zachary Clark	11	Cleveland High School	9:56.68
22	David Cordero	11	T.C. Roberson	9:56.98
23	Jordan Richardson	12	Northern Nash	9:59.00
24	Julian Clark	12	West Johnston	9:59.49
25	Benny Melville	12	Northern Guilford	10:00.91
26	Frank Rushok	12	West Carteret	10:01.00
27	Yates Hockaday	11	North Buncombe	10:02.81
28	Max Thomas	12	Mount Tabor	10:04.31
29	Cameron Adair	12	Cleveland High School	10:04.52

Event 35 Girls 4x400 Meter Relay (15)**3A Record: 4:07.43 2017****Nash Central****T. Macklin, C. Leonard, T. Hill, M. Nelms****State Record: 3:48.73 2017****High Point Central****M. Creary, D. Jones, O. Sharp, A. Graham**

	Team	Relay	Seed Time
1	Northern Guilford	A	4:01.44
	1) Alyson Davis 12	2) Jordayne Daye 10	3) Miracle Scott 12
			4) Alyssa Hernandez 10
2	Hillside	A	4:04.77
	1) Emmaya Waters 12	2) Shaliyah Wilkerson 10	3) Imari Deloatch 9
			4) Alysia Johnson 11
3	Cuthbertson High School	A	4:09.86
	1) Mackenzie Townsend 11	2) Addison Benz 10	3) Presley Worf 9
			4) Dahlia Cutler 12
4	Weddington High School	A	4:12.01
	1) Jordyn Case 10	2) Erika Newman 12	3) Elizabeth Starkie 10
			4) Sarah Margaret Sandlin 12
5	Western Guilford	A	4:16.67
	1) Laniyah Oliver 12	2) Katie Gilliland 10	3) Amber Feathersen 11
			4) Tikita Urey 12
6	Chapel Hill	A	4:18.71
7	Northside (3a)	A	4:19.00
8	Parkland	A	4:19.04
	1) Del'Nique Penn 12	2) Jadai Stevenson-Damon 10	3) Amari Simington 12
			4) Jai'laiya Pollard 12
9	Dudley	A	4:19.34
	1) Iyanna Martin 9	2) Imani Tatum 12	3) Mykayla Wall 12
			4) Laparis Smith 11
10	West Carteret	A	4:20.00
11	Mount Tabor	A	4:20.02
	1) Abby Egnatz 10	2) Q-Adree Lylaani Fitzgerald 10	3) Hailey Jones 11
			4) Toshiyona Jones 10
12	Cleveland High School	A	4:20.80
	1) Noel Bounsanga 10	2) Priya Murray 9	3) Nikki Parrish 10
			4) Teanna Bell 11

NCHSAA 3A Indoor Track State Championships - 2/8/2019**JDL Fast Track
Performance List****Event 35 ... (Girls 4x400 Meter Relay (15))**

	Team	Relay	Seed Time
13	Marvin Ridge	A	4:20.98
	1) Sarah Overby 12	2) Lily Savage 11	3) Leann Keller 10
			4) Caroline Blanton 9
14	White Oak	A	4:22.70
15	Union Pines	A	4:22.88
	1) Emily Bowbliss 10	2) Tori Cook 12	3) Christen Fleming 11
			4) Zoe Vela 9

Event 36 Boys 4x400 Meter Relay (16)**3A Record: 3:30.01 2014****Northern Guilford****L. Berry, J. Varter, D. McGill, L. McGill****State Record: 3:21.79 2009****New Bern****A. Hendrix, F. Greene, M. Sparks, A. Hendrix**

	Team	Relay	Seed Time
1	Cuthbertson High School	A	3:23.53
	1) Aidan McNally 10	2) Aaron Zimmerman 12	3) Ashton Spangler 12
			4) Bradon Black 12
2	Asheville	A	3:29.66
	1) John Goebel 10	2) Levi Harris 11	3) Juan Mantilla 12
			4) Mitchell Norris 11
3	West Carteret	A	3:31.00
4	A.L. Brown	A	3:32.09
	1) Joshua Parks 12	2) Adonnance Brown 11	3) Tanner Roth 12
			4) Jalen Neal 12
5	Hillside	A	3:32.16
	1) Robert Covington 11	2) Kacey Pratt 12	3) Ahmir Davenport 12
			4) Korey Pratt 10
6	Parkland	A	3:32.73
	1) Savien Hayes 12	2) Kamari Brooks 11	3) Justin Miles 10
			4) Chandler Dowell 11
7	Weddington High School	A	3:32.96
	1) Kyle Durham 12	2) Peter Dejonge 10	3) Jackson O'Hara 12
			4) Emerson Douds 12
8	Southern Lee	A	3:33.53
	1) Benjamin Buie 12	2) Devin Lyles 12	3) Trevon Pegues 11
			4) Denny Joya 12
9	Sun Valley	A	3:33.68
	1) Hunter Flanz 12	2) Craig Dedrick 11	3) Lukis Padu 12
			4) Marcus Walker 12
10	Southern Guilford	A	3:34.58
	1) Justin Copper 9	2) Julian Martin 12	3) Jamiah McMillan 12
			4) Amir Wilson 11
11	Clayton	A	3:35.30
12	Northern Guilford	A	3:36.52
	1) Nate Williams 11	2) Parker Stewart 10	3) Benny Melville 12
			4) Sam Angiulli 12
13	Southeast Guilford	A	3:36.54
	1) Will Earnhardt 12	2) Keith Holloway 12	3) William Teasley 10
			4) Joshua King 11
14	Southwest Guilford	A	3:36.84
15	White Oak	A	3:38.00
16	Franklinton	A	3:38.18
	1) Nehemiah Judkins 12	2) Steve Green 12	3) Aaron Garner 12
			4) Christigen Massenburg 12