



## 2019 Women's Wrestling Invitational Tournament Information

Date:	Saturday, February 2, 2019
Site:	Winston-Salem Fairgrounds Annex, Winston-Salem, NC
Weigh-ins:	8:00 A.M.
Competition:	10:00 A.M.
Spectator Admission:	\$10.00 Spectator & Team Parking: \$5.00

### Registration

Schools may register wrestlers through [www.TrackWrestling.org](http://www.TrackWrestling.org). The event should be listed on their schedule. Click on the small green envelope next to the event to access the registration portal. If you do not have the event listed on your schedule, please email Tra Waters at [tra@nchsaa.org](mailto:tra@nchsaa.org). The deadline for registering wrestlers is January 31, 3:00 P.M.

### Bracketing & Weight Classes

There will be eleven (11) weight classes of competition for the tournament: 106, 113, 120, 126, 132, 138, 145, 152, 160/170, 182/195, 220/285. Each weight class will have a maximum of 16 competitors. If there are more than 16 competitors registered for a particular weight class, the wrestlers with the best winning percentage will be selected. Schools will be contacted if their wrestlers are bumped to ask if they want to compete at the next highest weight class. Brackets will be posted on the morning of February 1<sup>st</sup> on the wrestling page of the NCHSAA website.

### Coaching

Each school will be allowed a maximum of 2 coaches for the event. The coach must be school approved and must have taken all required NCHSAA required courses: NFHS Fundamentals of Coaching, NFHS Concussion in Sports, & AED/CPR Certification/NFHS Sudden Cardiac Arrest. For detailed information regarding this requirement, please review page 28 of the NCHSAA Handbook.

### Awards

The top four (4) wrestlers in each weight class will be awarded a medal (1<sup>st</sup> Place, 2<sup>nd</sup> Place, 3<sup>rd</sup> Place, 4<sup>th</sup> Place) acknowledging their accomplishment in the Women's Invitational Tournament. No team awards will be given.

.....

A SPECIAL THANK YOU TO THE NORTH CAROLINA CHAPTER OF USA WRESTLING,  
ED DUNCAN, AND KELLI SHUFFLER FOR THEIR SUPPORT AND PROVIDING THE  
FACILITY AND NECESSARY STAFFING TO MAKE THIS EVENT A SUCCESS!

.....