

2019-20 Swimming and Diving Regional Assignments

Updated June 20, 2019

1A/2A East	1A/2A Central	1A/2A West
Albemarle 1A Atlantic 5 1A Carolina 1A Central Tar Heel 1A Coastal 8 1A/2A Coastal Plains 1A East Central 2A Eastern Carolina 2A Eastern Plains 2A Mid-State 2A North Central 1A Northeastern Coastal 2A Northern Carolina 1A/2A Tar Roanoke 1A Three Rivers 1A/2A	Central Carolina 2A Mid-State 2A/3A Northwest 1A PAC 7 1A PAC 7 2A Rocky River 2A/3A Western Piedmont 2A Yadkin Valley 1A	Mountain 6 2A Mountain Valley 1A/2A Northwestern Foothills 2A Smoky Mountain 1A South Fork 2A Southern Piedmont 1A Southwestern 2A Western Highlands 1A/2A

3A East	3A Central	3A West
Big East 3A Coastal 3A Eastern Carolina 3A/4A Greater Neuse 3A Mideastern 3A/4A Patriot 3A/4A	Big Eight 3A Mid-Piedmont 3A Mid-State 2A/3A Piedmont Triad 3A Rocky River 2A/3A Tri-County 6 3A	Big South 3A North Piedmont 3A Northwestern 3A/4A South Piedmont 3A Southern Carolina 3A Western Mountain 3A

4A East	4A Central	4A West
CAP 7 4A Eastern Carolina 3A/4A Mideastern 3A/4A Northern 4A Patriot 3A/4A	Metro 4A Sandhills 4A South Wake 4A Triangle 8 4A	Central Piedmont 4A I-Meck 4A Northwestern 3A/4A So Meck 7 4A Southwestern 4A