

# 2019-20 NCHSAA Volleyball Rules Clinic

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High School Associations





# 2019-20 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State  
High School Associations



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Rules Changes  
Major Editorial Changes  
Points of Emphasis

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National Federation of State High School Associations




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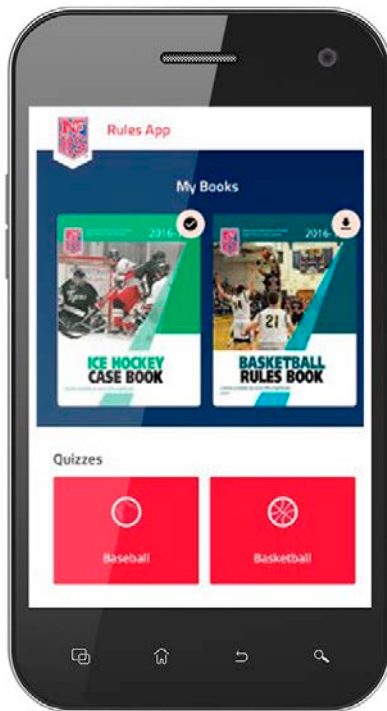
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  - Free to paid members of the NFHS Coaches and Officials Associations
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Rules Changes

# 2019-20 NFHS VOLLEYBALL

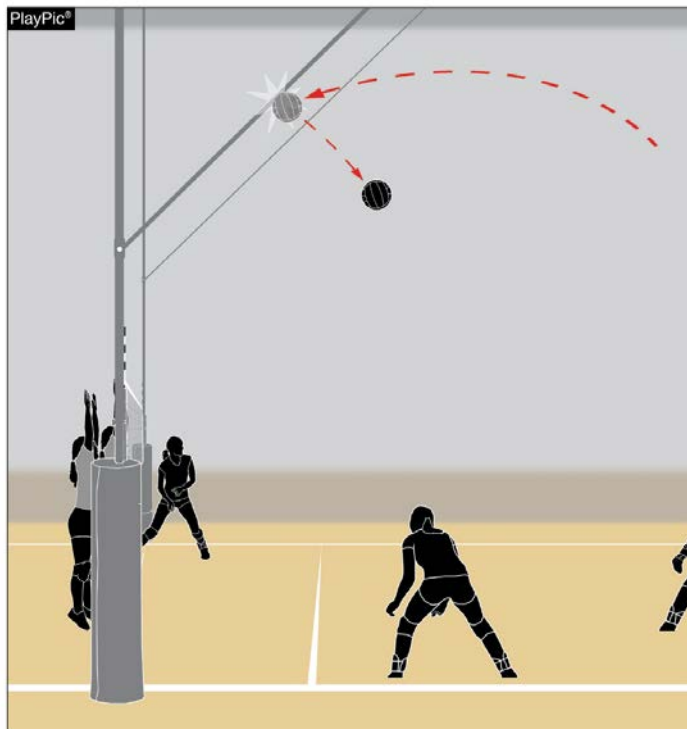


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## RETRACTABLE CEILING POLES, CABLES

2-2, 2-3j (NEW), 2-4-1e (NEW), 2-4 PENALTIES 3 (NEW), 9-8-1i



- When the volleyball strikes the cables and/or the diagonal poles used to retract ceiling suspended net systems the referee will stop play and determine if the ball was playable.
- The referee will signal out-of-bounds or replay.



## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)



- Rule 4-2-1 is reorganized and simplified.
- The libero must **clearly contrast** with the rest of his/her teammates and conform to all other uniform rules.
- All currently compliant libero uniforms will maintain compliance under new rule.

## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

**ART 2...**The libero uniform top must **clearly contrast** from the **predominant color(s)** of the team uniform top, excluding trim. The libero's uniform top cannot be made up solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top. Numbers shall meet all specifications in Rule 4-2-4.





## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Establishing Predominant Color(s)
  - Predominant color(s) is the color(s) appearing on the **majority** of the uniform top (body and sleeves).
  - Uniform tops can have one predominant color with accent colors (colors used in designs or trim).
  - When one predominant color can be established, any of the accent colors – **if clearly contrasting** – can be used as the predominant color of the libero uniform top.



## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- In this scenario, the team uniform has **one predominant color: BLACK**



## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- The team uniform has one predominant color (**BLACK**).
- Any contrasting color can be used as the predominant color of the libero uniform top and black can be used as an accent color.



Team Jersey

Compliant



Libero Jersey

## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Multiple Predominant Colors:
  - Uniform tops can have **multiple predominant colors** sharing approximately the same amount of space on the uniform top.
  - **When multiple predominant colors can be established neither of the predominant colors can be used as a predominant color of the libero uniform top, even if placed differently on the uniform top.**



## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- In this scenario, the uniform has **two predominant colors**: **light blue** and **navy blue**.



## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Which one of the jerseys below would be a compliant libero jersey?

Compliant



Team Jersey

Non-compliant





## LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- The school's name, nickname, logo, mascot and/or team member's name are permitted on the uniform top and/or bottom.
- A sublimated team mascot is compliant on both the team and libero jersey.



## LEGAL UNIFORM - CORRECTION

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- 4-2-1e: A single mascot reference and/or school name may be place on the sleeve(s), not to exceed either 4 inches by 4 inches or 2 inches by 5 inches.
- School references are permitted on the sleeve(s) of the uniform top **without size restrictions**.



Compliant

# LEGAL UNIFORM

## RULE 4-2-4b



- Eliminates the use of double zero (00) as a uniform number option.
- The number shall not be more than two digits (0-99).

# LEGAL UNIFORM

4-2-4c

Illegal (2023)



Legal



Legal



Beginning with the 2023 season, the body of the uniform number must clearly contrast from the body of the uniform regardless of trim.

## ROSTER AND LINEUP

5-5-1b; 5-6-1b; 7-1-1a; 7-1-1 PENALTIES 1; 7-1-2; 7-1-4; 7-1-4 PENALTIES 1,2



- The second referee shall collect team rosters at the prematch conference.
- Coaches can make changes to the roster until 10 minutes remain on the pregame clock.
- All rosters and lineups must be submitted to the second referee – not the scorer.

# LINE JUDGE RESPONSIBILITIES

## 5-9-2a NOTE



- The line judge shall take his/her position and move in line with the extension of the end line when the ball is being served near the line judge's base position.
- The line judge shall watch for foot fault on the end line and move quickly back to base position for a view of the sideline.



## ILLEGAL SERVE RULE

8-1-6, 8-2-5g (NEW)



It is an illegal serve – not a service fault – when a ball tossed for serve contacts any part of a backboard or its supports hanging in a vertical position over the serving area.  
(Signal 13)



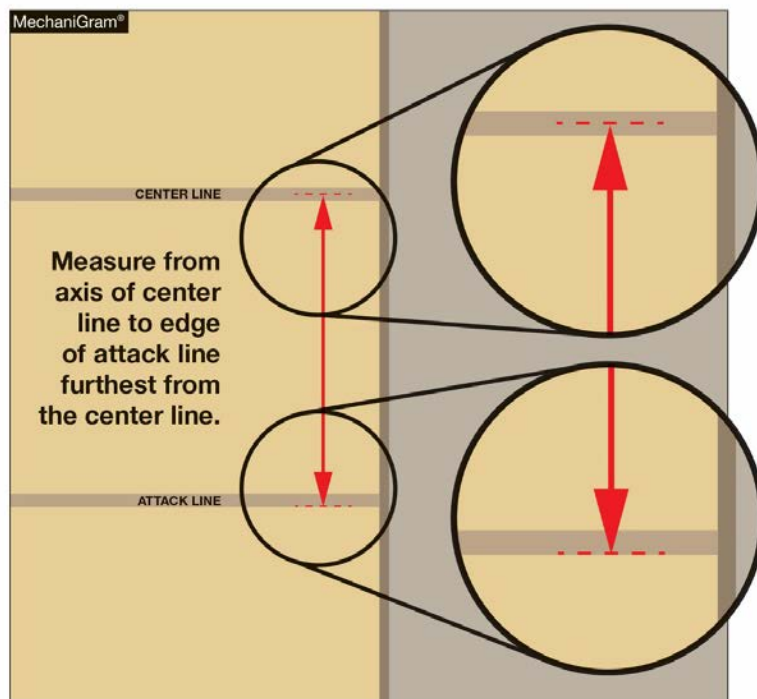
Editorial Changes

# 2019-20 NFHS VOLLEYBALL



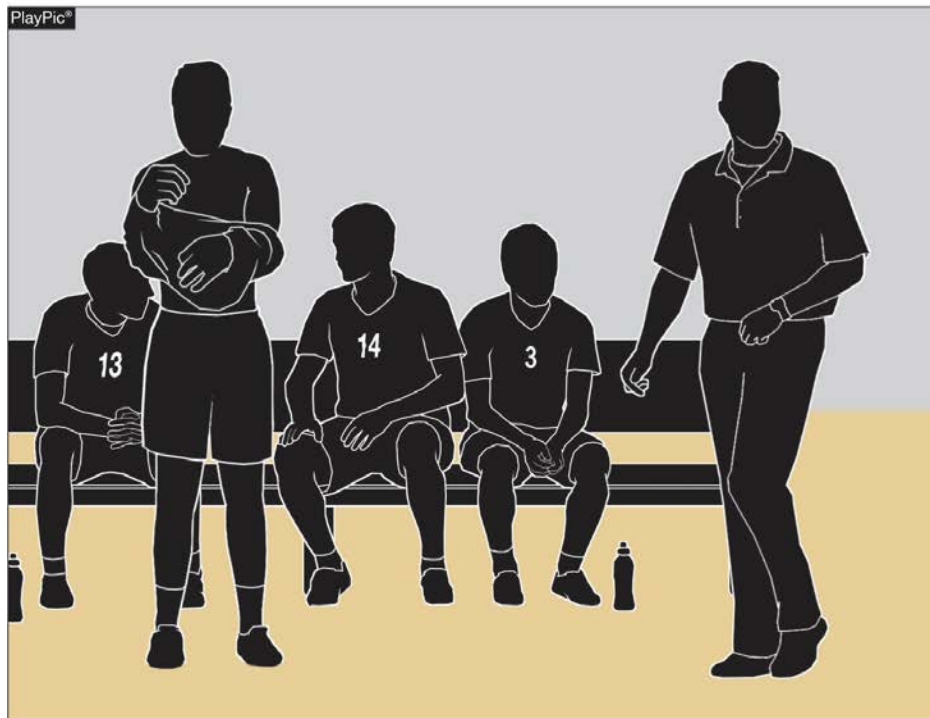
[www.nfhs.org](http://www.nfhs.org)

## THE COURT: 2-1-5



- The attack line shall be measured from the edge of the attack line farthest from the center line to the axis of the center line.

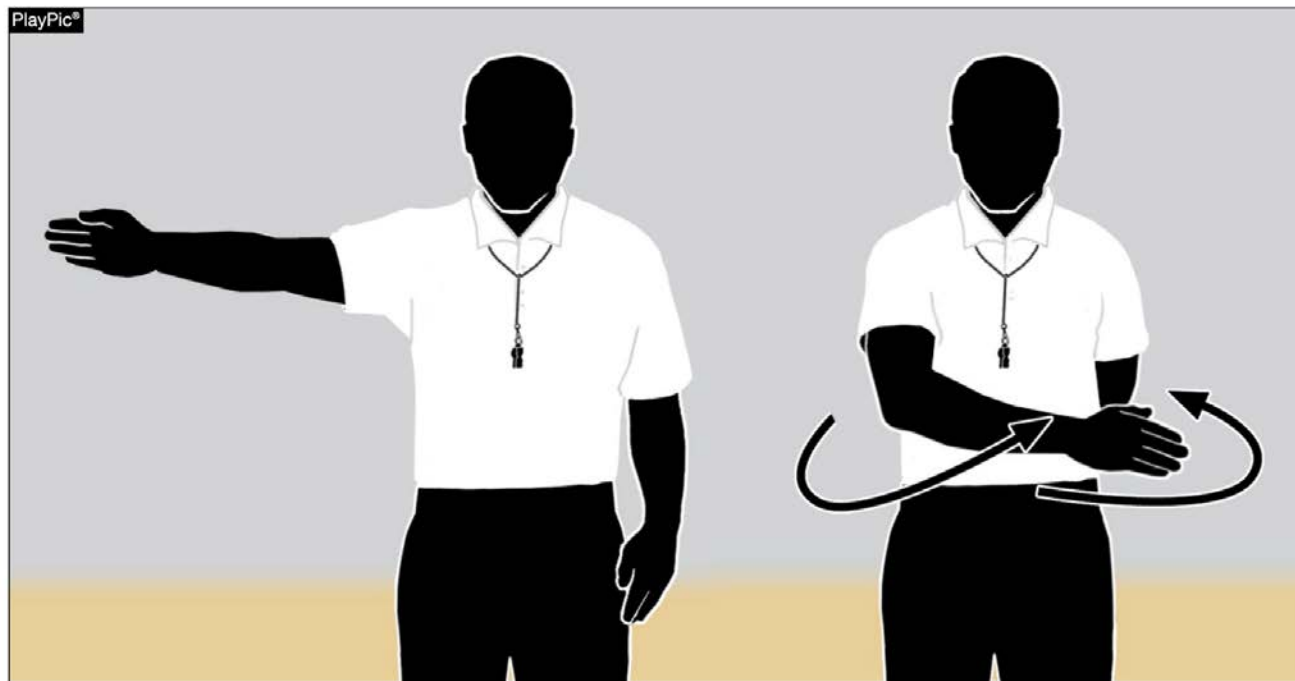
## LEGAL UNIFORM: 4-2-7



- The penalty for the removal of any part of the uniform top or bottom is a yellow card charged to the coach for unsporting conduct.

## SECOND REFEREE RESPONSIBILITIES

5-5-3b(26)



- When conducting the coin toss prior to the deciding set, the second referee shall indicate the serving team and the proper team benches.

## THE SERVE – ILLEGAL SERVE

8-1-6, 8-2-5g (NEW)



Signal 3



Signal 13

- The proper signal for a tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area is official signal 13: Out-of-bounds.



# NFHS OFFICIAL SIGNALS CHART

<small>PlayPic</small> 1. Illegal Alignment/Improper Server/Inaccurate Lineup	2. Line Violation	3. Illegal Hit	4. Delay of Service	5. Over-the-net	6. Net Fault or Net Serve	7. Illegal Attack	8. Illegal Block/Screening
9. Ball Touched	10. Four Hits	11. Double Hit	12. Ball Lands Inbounds	13. Out-of-bounds/ Antenna Violation	14. Begin Serve	15. Substitution	16. Authorization to Enter
17. Point	18. Replay/Re-serve	19. Time-out	19a. Team	19b. Official	20. Unnecessary Delay	21. End-of-Set	22. Change of Courts

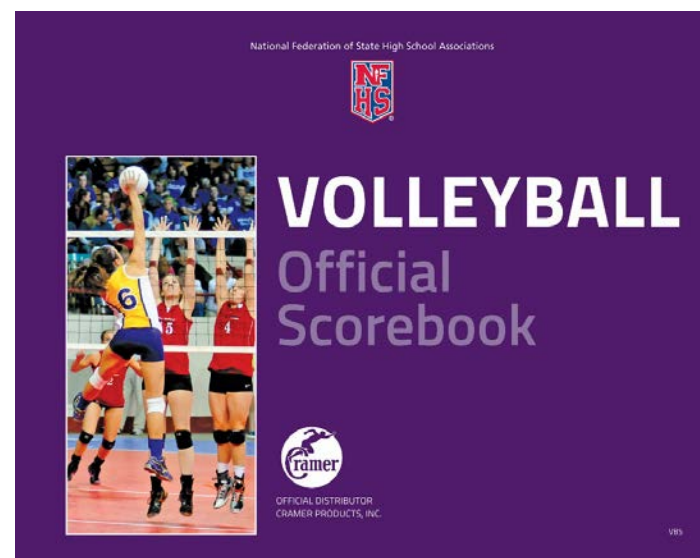
## OTHER EDITORIAL CHANGES

- 2-4-1b A player gains an ~~illegal~~ advantage...
- 5-2-1b If a fault is whistled...followed by the player committing the net fault, ~~if necessary~~;
- 10-2 After a team is charged with unnecessary delay for a, b or c  
PEN 2 above, no ~~further~~ substitutions...
- 11-4-2 In the case of a team having an injured/ill player...~~A-Each~~  
player may be granted ~~only~~ a single special injury time-out...
- 12-2 a. Yellow Conduct Card (warning) ~~Warning (yellow card)~~...  
PEN 1 b. Red Conduct Card (penalty) ~~Penalty (red card)~~...



## OTHER EDITORIAL CHANGES

- New Instructions for Scorer (pgs. 55-59) includes:
  - Simplified, bulleted instructions for prematch and during the set;
  - Easy-to-access instructions, including examples, for recording comments;
  - Simplified and reconfigured sample set.





Points of Emphasis

# 2019-20 NFHS VOLLEYBALL



[www.nfhs.org](http://www.nfhs.org)

## NEW INFORMAL LEGAL BACK-ROW ATTACK SIGNALS



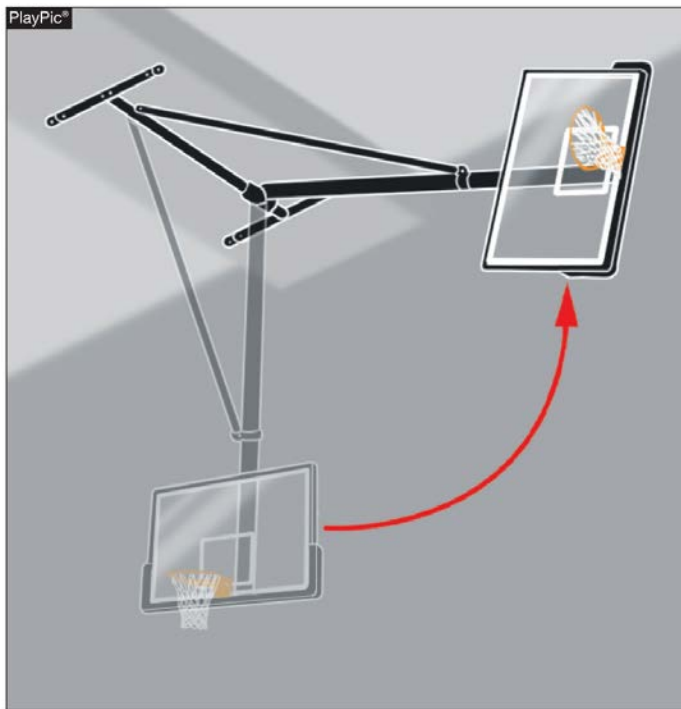
Ball below height of net



Player behind attack line

- Informal signals can be used to communicate between officials and between official and coach.
- Two new informal signals have been added to the Officials Manual as tools for officials to use when providing information regarding the reason for continuous play during a potential illegal back-row attack.
- The first referee can signal the ball was contacted below the height of the net or the back-row player was behind the attack line.

## SIDE-FOLDING RETRACTABLE BACKBOARDS



- A vertical backboard raised to the side and up toward the ceiling, even though still technically vertical, is considered a playable overhead obstruction.
- A ball striking the raised backboard, **regardless of how it is raised**, above a playable area, shall remain in play provided the ball does not cross the plane of the net and is playable by a teammate.



## BALL HANDLING

- The following criteria can be used to develop consistency when judging ball handling as the first referee:
  - Only the contact point should be considered when judging legality.
  - Outside influences such as player technique, spin, coaches' expectations or crowd reaction should not be considered when judging the legality of the contact.
  - There is no body/ball position or playing technique that automatically results in illegal contact.





## BALL HANDLING

- Below are tips to use when assessing second ball contacts:
  - A player in good position must play the ball without discernable double contacts.
  - Less severe judgment is applied to a contact by a player who makes a challenging or spectacular play while maintaining a legal play.
  - Mishandled balls resulting in a blatant fault should still be called, regardless of the challenging or spectacular nature of the play.



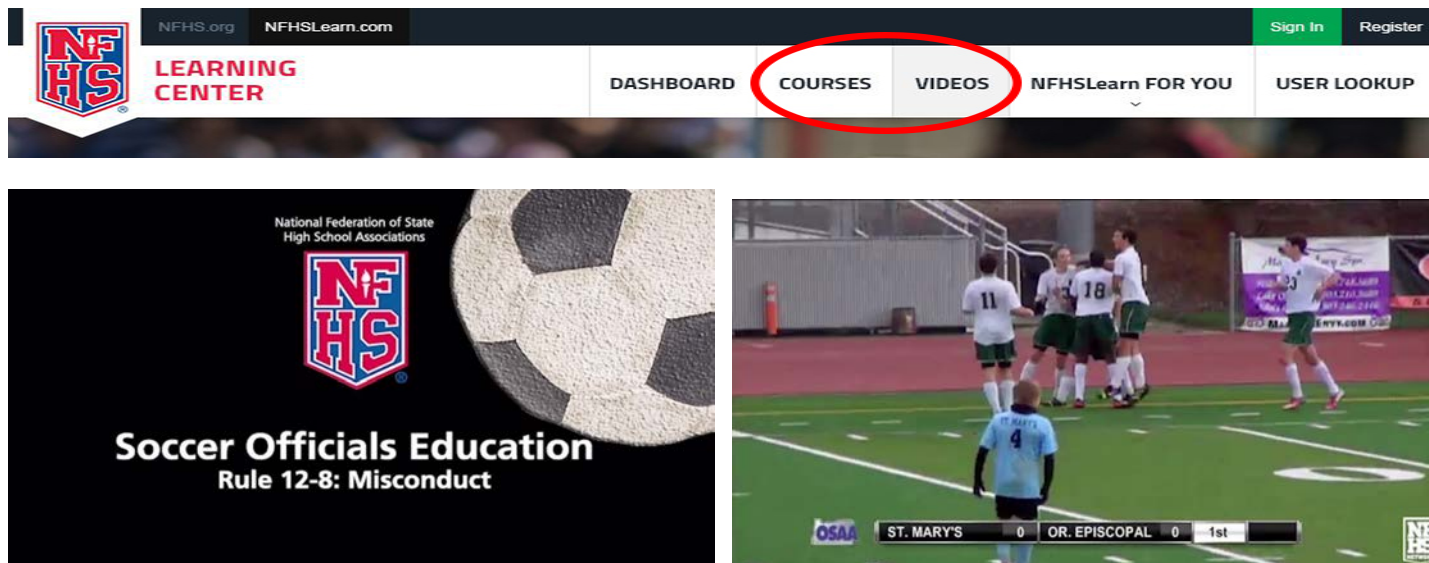


# NFHS OFFICIALS ASSOCIATION



## OFFICIALS EDUCATION

- UPDATED OFFICIALS EDUCATION COURSES AND VIDEO IS LOCATED AT [www.NFHSLearn.com](http://www.NFHSLearn.com)



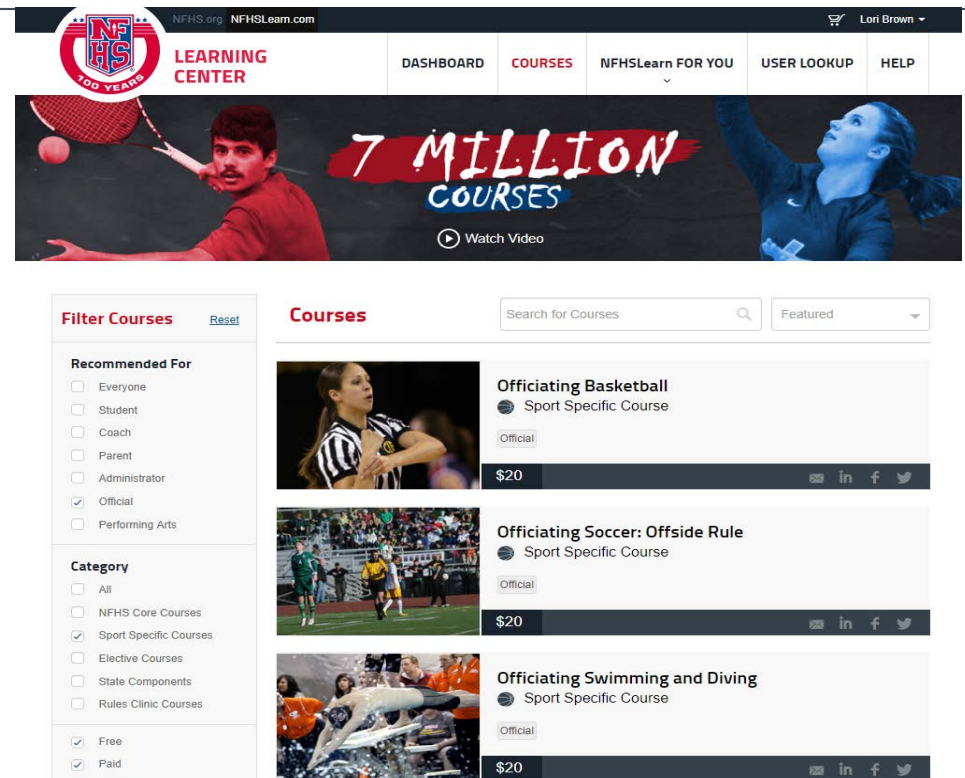
The screenshot displays the NFHS Learning Center website. The top navigation bar includes links for NFHS.org, NFHSLearn.com, Sign In, and Register. Below this, a secondary menu features DASHBOARD, COURSES, VIDEOS, NFHSLearn FOR YOU, and USER LOOKUP. The 'COURSES' and 'VIDEOS' links are circled in red. The main content area is split into two panels. The left panel, titled 'Soccer Officials Education Rule 12-8: Misconduct', features the NFHS logo and a soccer ball graphic. The right panel shows a video of a soccer game in progress, with a scoreboard at the bottom indicating ST. MARY'S 0, OR. EPISCOPAL 0, and 1st period.



# SPORTS-SPECIFIC OFFICIATING COURSES




## WWW.NFHSLEARN.COM

- Introduction to mechanics and techniques used in each sport
- Ideal for new officials or those in first few years of officiating
- 20-45 minutes to complete
- Topics vary based on the needs of the officials in the sport
- NFHS Officials Association members cost is \$10
- Non-members - course is \$20
- API available to state associations to collect results



The screenshot displays the NFHS Learning Center website. The header includes the NFHS 100 Years logo, the URL NFHS.org/NFHSLearn.com, and a user profile for Lori Brown. Navigation links for Dashboard, Courses, NFHSLearn FOR YOU, User Lookup, and Help are present. A banner for '7 MILLION COURSES' with a 'Watch Video' button is featured. The main content area is divided into a 'Filter Courses' sidebar and a 'Courses' list. The sidebar allows filtering by 'Recommended For' (Official is selected) and 'Category' (Sport Specific Courses is selected). The 'Courses' list shows three options: 'Officiating Basketball', 'Officiating Soccer: Offside Rule', and 'Officiating Swimming and Diving', all marked as 'Official' courses and priced at \$20.

Filter Courses	Reset
<b>Recommended For</b>	
<input type="checkbox"/> Everyone	
<input type="checkbox"/> Student	
<input type="checkbox"/> Coach	
<input type="checkbox"/> Parent	
<input type="checkbox"/> Administrator	
<input checked="" type="checkbox"/> Official	
<input type="checkbox"/> Performing Arts	
<b>Category</b>	
<input type="checkbox"/> All	
<input type="checkbox"/> NFHS Core Courses	
<input checked="" type="checkbox"/> Sport Specific Courses	
<input type="checkbox"/> Elective Courses	
<input type="checkbox"/> State Components	
<input type="checkbox"/> Rules Clinic Courses	
<input checked="" type="checkbox"/> Free	
<input checked="" type="checkbox"/> Paid	

Courses	Search for Courses	Featured
	<b>Officiating Basketball</b> Sport Specific Course Official \$20	in f tw
	<b>Officiating Soccer: Offside Rule</b> Sport Specific Course Official \$20	in f tw
	<b>Officiating Swimming and Diving</b> Sport Specific Course Official \$20	in f tw





**Welcome To The New NFHS Video Library!**  
**Search For Your Sport Below**

## Video Filters

Sort By

Select Categories

Select Sports

Search our videos...



Total videos: 537



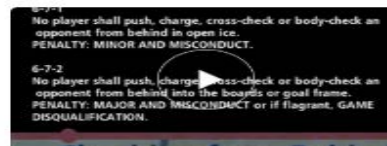
### Conduct And Interference

Baseball



UIL Court Coverage - Center O...

Basketball



Ice Hockey Rules Concepts - C...

Ice Hockey



NFHS Soccer Rules: Referee Me...

Soccer



### Tracking The Ball As A Hitter

☐ Softball

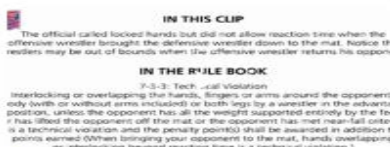
### Judging Diving Example: 101A

### 1A Swimming & Diving



Volleyball Signal 07 - Legal ...

Volleyball



### Technical Violation

Wrestling



Umpire Mechanics

Baseball



# Officiating Volleyball: Ball Handling

## Course Objectives

- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

## Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

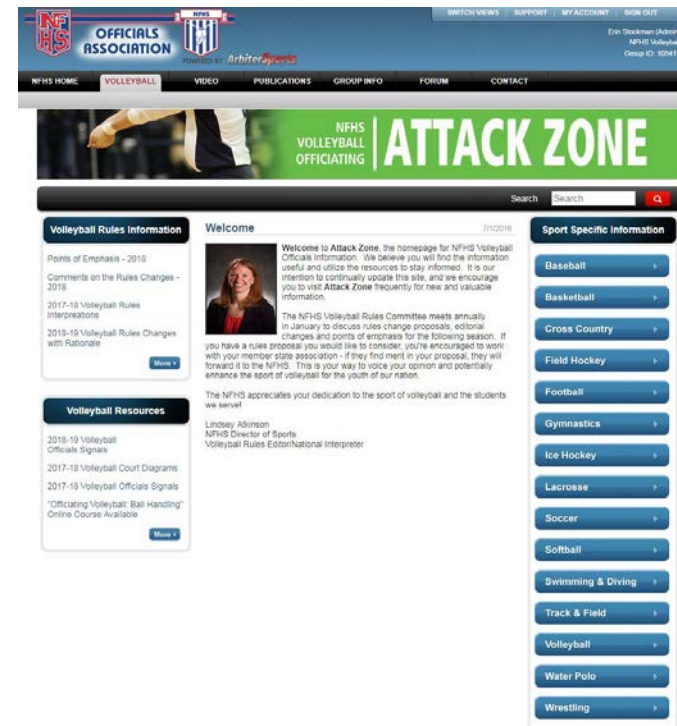
More Information at [nfhslearn.com!](http://nfhslearn.com!)



# NFHS OFFICIALS ASSOCIATION CENTRAL HUB

<https://nfhs-volleyball.arbitersports.com/front/105417/Site>

- Contains:
  - Sport information
  - Rules information
  - Rules library
  - Searchable rules book
  - Video content on officiating sport, competition situations and interpretations







# NFHS LEARNING CENTER



[www.nfhs.org](http://www.nfhs.org)

# NFHS LEARNING CENTER

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  - Officials
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  - Parents
  - Students
  - Performing Arts



# NFHS LEARNING CENTER

## WWW.NFHSLEARN.COM

- Over 1.6 Million courses delivered in 2018
- Over 8.2 Million courses since 2007 launch
- Over 70 courses available
- Over 30 at No Cost!



# WWW.NFHSLEARN.COM

- FREE courses include:
  - Bullying, Hazing and Inappropriate Behaviors
  - Student Mental Health and Suicide Prevention
  - Understanding Copyright and Compliance
  - Protecting Students from Abuse
  - Hazing Prevention for Students
  - Coaching Unified Sports
  - ACL Injury Prevention
  - Sportsmanship
  - And many more







## Course Objectives

- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

## Units

- |  |  |
|--|--|
| - Serving and Passing Skills             | - Team Systems: Defense                        |
| - Attacking, Blocking and Digging Skills | - Team Selections & Rules and Match Management |
| - Team Systems: Offense                  |  |

More Information at [nfhslearn.com](http://nfhslearn.com)!

# THANK YOU

## National Federation of State High School Associations

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[www.nfhs.org](http://www.nfhs.org) | [www.nfhslearn.com](http://www.nfhslearn.com)



# General Board Changes

## 2019-2020





# Gender of Player

- ▶ The NCHSAA allows participation in interscholastic athletics for all students, regardless of gender or gender identification.



# Gender of Player

- ▶ A student may participate based on the gender noted on the student's certificate of birth.
  - ▶ Women shall not participate on a men's interscholastic athletic team where the school has a women's team in the same sport or where a school sends an entry to the women's state playoffs in the same sport.
    - ▶ In cases where women are permitted on a men's team, the school forfeits all participation in the women's playoffs in the same sport.
    - ▶ Men's rules will be used where women play on men's teams.
    - ▶ Men's shall not participate on women's team's in any sport.



# Gender of Player

- ▶ When a student's gender identity differs from the gender listed on the student's certificate of birth, the Gender Identity Request Form must be submitted by the member school to the NCHSAA prior to any participation by the student under circumstances that would constitute ineligibility.



# Gender of Player

- ▶ The following information should be submitted with the Request:
  - ▶ Documentation from individuals such as, but not limited to, parents/legal guardians appointed by a court of competent jurisdiction, friends, and/or teachers, which affirm that the actions, attitudes, and manner demonstrate the student's consistent gender identification.
  - ▶ A complete list of all the student's prescribed, non-prescribed, or over the counter treatments or medications relative to gender identity.
  - ▶ A complete list of interventions that have happened related to the gender identity of the student.
  - ▶ Written verification from an appropriate healthcare professional (e.g. physician, psychiatrist, psychologist, school nurse, etc.) of the student's consistent gender identification. Include any other social/emotional information from health-care professionals that would help the Committee make a decision about the student. This information must be submitted on office letterhead of the healthcare professional who provides verification with contact information and professional title of the individual.
  - ▶ Any other pertinent documentation or information which the student or parent(s)/legal guardian(s) appointed by a court of competent jurisdiction believe relevant and appropriate.



# Gender of Player

- ▶ The NCHSAA will refer the Gender Identity Request to the NCHSAA Gender Identity Committee for consideration.
  - ▶ The NCHSAA Gender Identity Committee will consist of the following:
    - ▶ Current member of the Board of Directors;
    - ▶ LEA or school administrator;
    - ▶ Physician with experience in gender identity health care and/or World Professional Association of Transgender Health (WPATH) Standards of Care;
    - ▶ Psychiatrist, psychologist, or licensed mental health professional familiar with the WPATH.
- ▶ The Committee will approve the Request if it finds that the student genuinely identifies as the gender indicated in the Request.



# Gender of Player

- ▶ The Committee will require that the member school has verified that the student is eligible in all other aspects.
- ▶ The Committee will respect and promote the student's privacy and confidentiality rights under HIPPA and FERPA in the process of considering a Gender Identity Request. Information provided to the Committee will be shared only to the extent necessary to decide the Gender Identity Request; provided that, if a Gender Identity Request is approved, the student's school may share the student's gender identity with other schools as necessary to ensure appropriate accommodations when competing at another school.



# Gender of Player

- ▶ In cases where a Gender Identity Request has been approved:
  - ▶ The student will be declared eligible to participate based on the student's gender identity.
    - ▶ 1.2.4.a is not in effect.
  - ▶ It shall be the responsibility of the school to comply with all state and federal mandates/laws.





# Home School Participation

## Initial Eligibility

- ▶ Home school students
  - ▶ Documentation from the Division of Non-Public Education must be presented upon initial dual enrollment- attendance, immunization, transcript, school number, etc.
  - ▶ Home school students must communicate athletic intent at a member school in which they are domiciled and follow the enrollment and assignment procedures/policies established by the local board of education.
    - ▶ Notice to principal must take place within ten days prior to the first practice date of each sports season.



# Home School Participation

## Attendance

- ▶ Home school students:
  - ▶ Must have been enrolled in the registered home school for 365 days prior to being eligible in a member school.
  - ▶ Once deemed eligible at a member school, the student must maintain continuous dual enrollment.
    - ▶ Unenrollment would render the student ineligible for 365 days.
  - ▶ Must participate in a class schedule that is at least one half of the school's instructional day
    - ▶ At least one class must be on campus each semester or meet LEA requirements.



# Home School Participation

## Scholastic Requirements:

- ▶ A student must have passed a minimum load of work during the preceding semester to be eligible at any time during the present semester. The semester is normally considered half of the academic year. All students must also meet local promotion standards, set by the LEA and/or the local school. **Home school students must be on grade level according to a nationally standardized achievement test(s) indicating grade level.**
- ▶ A minimum load is defined as five courses in the traditional school schedule and three courses for schools on the “block” format. If the school is on an A/B form of block scheduling, a student must pass six of eight courses during what would traditionally be defined as a semester. Any student, including seniors must pass that minimum load, even if they need fewer for graduation. **Home school student must pass all public school courses in which he/she is enrolled.**



# Transfer Policy

- ▶ Students transferring to the same member school where the student's coach has relocated within a calendar year will be deemed ineligible in any sport in which the coach is involved.
  - ▶ Now applies to within LEA as well as from LEA to LEA.
- ▶ If deemed ineligible due to athletic purposes, the student will only be ineligible in that sport(s) in which "athletic purposes" was reason for not authorizing



# Foreign Exchange Students

- ▶ After the first year of participation as a Foreign Exchange Student
  - ▶ Student can be eligible subsequently, based on the two-semester rule
    - ▶ Applies to the same school of initial enrollment



# Ejection Policy

- ▶ Clarified this policy:
  - ▶ Leaving the bench and coming on to the playing area during a fight (whether they participate in the fight or not)



# Unpaid Fines

- ▶ Unpaid fines will be posted for NCHSAA membership view only





# Eligibility Summary Forms

## ► Deadline Changes

- Fall - September 1
- Winter - December 1
- Spring - March 15



# Post-Season Participation

- ▶ Clarification:
  - ▶ Independent NCHSAA member schools are eligible for post-season ONLY in individual sports, based on the sport



# Wilson Game Balls

## 2019-20

- ▶ No change, required at State Championships

## 2020-21

- ▶ Required use of the official and adopted Wilson game balls in ALL playoff events
- ▶ Strongly recommend the use of the official and adopted Wilson game balls during the regular season



# Wilson Game Balls

## Official Wilson Adopted Game Balls & Approved for Play Wilson Balls Beyond 2018-19 Year

	2018-2019	2019-2020		2020-2021	
		Approved for Regular Season Play	State Championship Ball	Approved for Regular Season Play	State Championship Ball
Volleyball	iCOR MSRP: \$64.99	K1 Silver MSRP: \$49.99  K1 Gold MSRP: \$64.99	K1 Gold MSRP: \$64.99	K1 Silver MSRP: \$49.99  K1 Gold MSRP: \$64.99	K1 Gold MSRP: \$64.99



# Pre-Game EAP Review

- ▶ Purpose
  - ▶ Effective communication of Emergency Action Plan
    - ▶ EAP is required by Law (Gfeller-Waller)
  - ▶ Guide for administrators, coaches, officials and LAT/FR
- ▶ Conducted by the Game Day Administrator or Designee
  - ▶ The NCHSAA recommends that a hard copy or electronic copy of the venue specific EAP be provided to both the lead official and visiting team personnel.



# Pre-Game EAP Review Card

## All Events

- ▶ Who is the gameday administrator and what is their contact information?
- ▶ Is there a Licensed Athletic Trainer (LAT) and/or First Responder (FR) on site and what is their contact information? If a LAT or FR is not on site who is the most qualified person to provide CPR and first aid care?
- ▶ Has the Emergency Action Plan (EAP) been reviewed and where is the posted venue specific EAP located?
- ▶ What first aid and emergency equipment is available at the venue and where is it located? (e.g., first aid kit, AED/CPR equipment, spinal injury stabilization equipment, exertional heat illness management equipment, etc.)



# Pre-Game EAP Review Card

## Outdoor Events

- ▶ Who will be monitoring environmental and field/facility conditions during the event? (e.g., thunder and lightning, Wet Bulb Globe Temperature)
- ▶ Who will notify officials of unsafe environmental or field/facility conditions?
- ▶ Has the lightning or thunder disturbances safe shelter and evacuation route been identified?
- ▶ What is the Wet Bulb Globe Temperature, if available, at the beginning of the contest?





# NCHSAA Points of Emphasis

- Tournament Play (*Board adoption*)
- Seeding/Playoffs
- Realignment

2019-2020



# Required Coaches Education

- ▶ NFHS Fundamentals of Coaching
  - ▶ All coaches (paid and volunteer)
  - ▶ Prior to first play date
  - ▶ One-time requirement
- ▶ NFHS Concussion in Sports
  - ▶ All coaches (paid and volunteer)
  - ▶ Prior to first practice
  - ▶ Annual requirement
- ▶ CPR/AED Certified
  - ▶ All head and paid coaches
  - ▶ Must maintain certification
- ▶ NFHS Sudden Cardiac Arrest
  - ▶ All non-paid coaches
  - ▶ Prior to first practice
  - ▶ Annual requirement
- ▶ NCHSAA Rules Clinic
  - ▶ Head Varsity Coach
  - ▶ Prior to first play date
  - ▶ Annual Requirement



# Calendar

<b>Start:</b>	Thursday, August 1
<b>1<sup>st</sup> Contest:</b>	Monday, August 19
<b>MaxPreps Entry Deadline:</b>	Wednesday, October 23 <i>11:59 p.m.</i>
<b>Seeding:</b>	Thursday, October 24
<b>Playoff Dates:</b>	
<b>1<sup>st</sup> Round</b>	Saturday, October 26
<b>2<sup>nd</sup> Round</b>	Tuesday, October 29
<b>3<sup>rd</sup> Round</b>	Thursday, October 31
<b>4<sup>th</sup> Round</b>	Saturday, November 2
<b>Regionals:</b>	Tuesday, November 5
<b>State Championships:</b>	Saturday, November 9



# Tournament Play

- ▶ Regular season:
  - ▶ Teams are limited to a maximum of two (2) tournaments per year (with no maximum number of sets) that will not count towards the seeding record or MaxPreps ranking
  - ▶ 1 Tournament = 1 match toward 23-match season limit
  - ▶ Weekly Limitation
    - ▶ 0 - 2 Regular Season Matches: Allowed 1 Tournament
    - ▶ 3 - 4 Regular Season Matches: No Tournaments allowed that week



# DAITH PIERCINGS

- ▶ Not approved by NCHSAA and NFHS Sports Medicine Advisory Committees
- ▶ Covering the piercing with tape or a band aid is not allowed. The piercing is illegal covered or not.

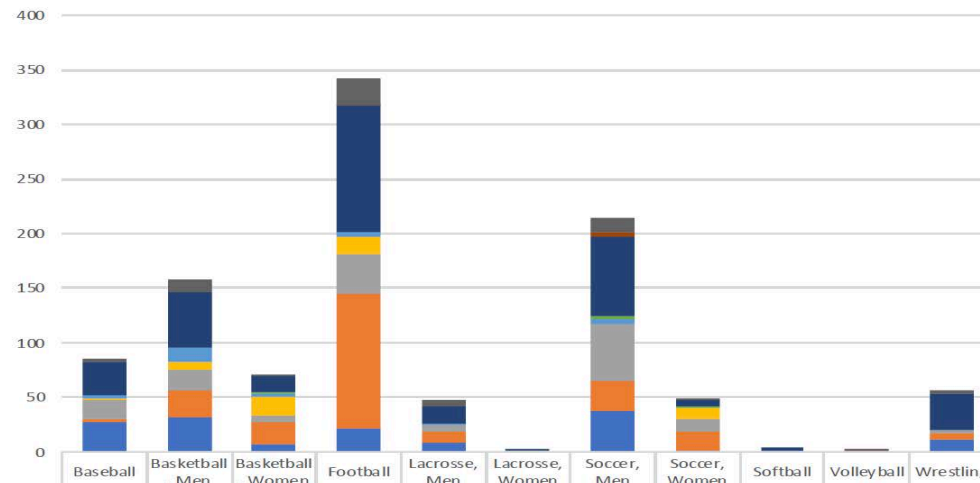


## DAITH PIERCING



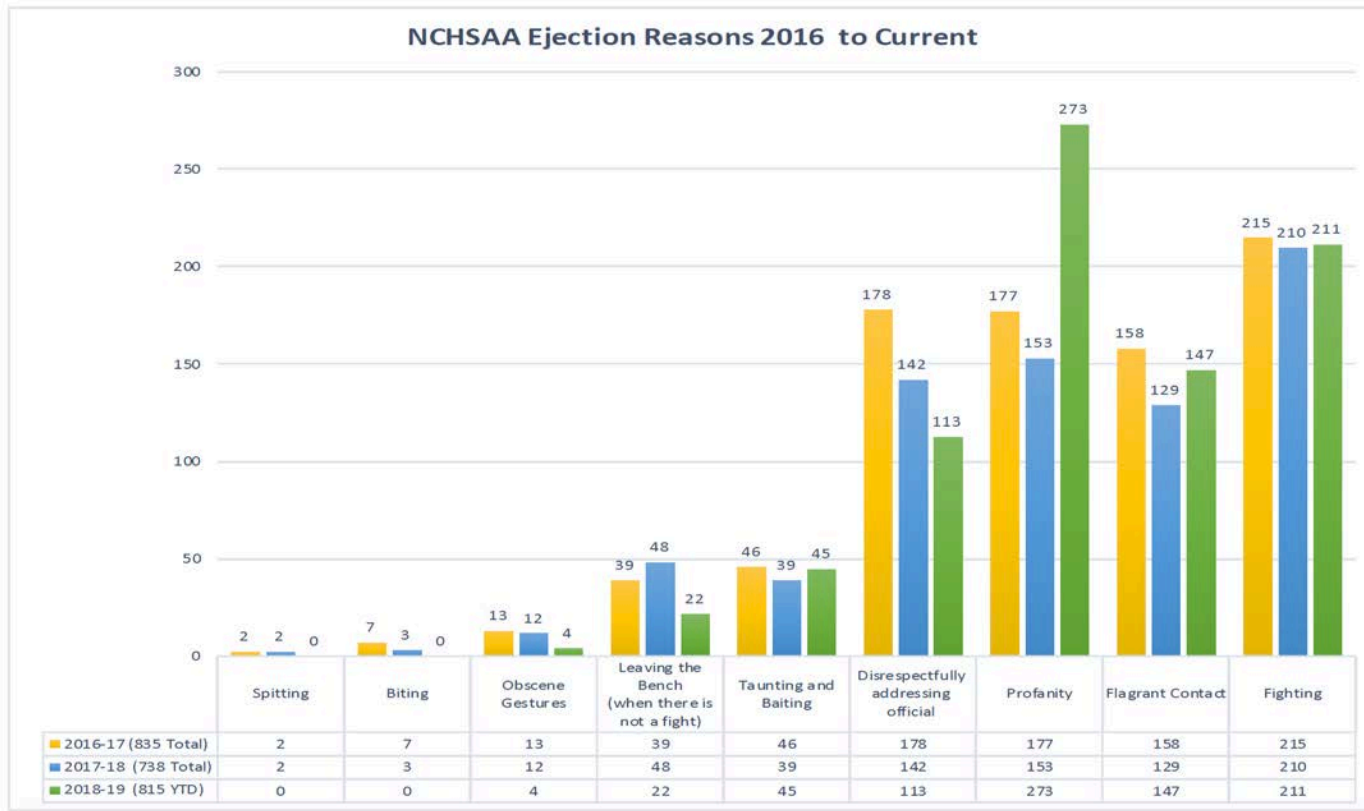
# Sportsmanship/Ejections

2018-19 Ejection Report - Reason and Sport





# Sportsmanship/Ejections



# Playoffs/Seeding - Bracket Sizes

- (a) Baseball, Soccer, and Softball
  - (1) 1A & 4A: 48-team brackets
  - (2) 2A & 3A: 64-team brackets
- (b) Basketball and Volleyball
  - (1) 4A: 48-team brackets
  - (2) 1A, 2A & 3A: 64-team brackets
- (c) Football
  - (1) 1A & 4A: 48-team brackets
    - (i) Subdivided into 1A, 1AA, 4A, 4AA (24-team brackets)
  - (2) 2A & 3A: 64-team brackets
    - (ii) Subdivided into 2A, 2AA, 3A, 3AA (32-team brackets)
- (d) Tennis, Wrestling
  - (1) 1A: 24-team bracket
  - (2) 2A, 3A, & 4A: 32-team brackets
- (e) Lacrosse
  - (1) Men's 1A/2A/3A and 4A: 32-team bracket
  - (2) Women's: 40-team bracket



# Playoffs/Seeding - Berths and Qualifications

- (a) Lacrosse, Tennis and Wrestling will use pre-determined brackets which will be posted on the NCHSAA Website when they become available.
- (b) Conference automatic qualifiers are determined by the number of teams from a given classification in each conference as follows:
  - (1) 1 – 4 teams = 1 automatic qualifier
  - (2) 5 – 8 teams = 2 automatic qualifiers
  - (3) 9 or more teams = 3 automatic qualifiers
- (c) Conference tournament champions automatically qualify
  - (1) If the regular season champion also wins the tournament, no additional berth will be awarded.
  - (2) If a team other than the regular season champion wins the tournament, it will automatically qualify for the playoffs. The team will be seeded as an at-large berth in the playoffs unless already automatically qualified based upon their regular season conference finish.
- (d) Split conference application
  - (1) The highest finishing team from a given classification will automatically qualify, regardless of overall conference finish.
  - (2) Two teams that finish 1st and 2nd overall in the conference from the same classification will automatically qualify regardless of rule 4.1.18(a)(1-3).  
**NOTE:** Ties for 1st place in the overall conference or for highest finisher in a classification must be broken using the established tie-breaking procedure [rule 4.1.13].
- (e) If too many teams qualify using the above criteria, adjustments to the established bracket size will be made to accommodate the automatic qualifiers.
- (f) If not enough teams qualify using the above criteria, the bracket will be filled by non-automatic qualifiers in that classification.
  - (1) Teams in their classification will be selected to fill the remaining slots in the bracket based upon conference finish then the highest Adjusted MaxPreps ranking.  
**NOTE:** Under no circumstances may a team "leap-frog" a higher finishing team in its own conference. For this procedure split conferences will have their classifications treated as separate entities.



<u>Conference A</u>	<u>AMPR</u>		<u>Conference B</u>	<u>AMPR</u>		<u>Conference C</u>	<u>AMPR</u>
Team 1	1		Team 1	2		Team 1	3
Team 2	5		Team 2	4		Team 2	6
Team 3	12		Team 3	11		Team 3	9
Team 4	8		Team 4	7		Team 4	10
Team 5	14		Team 5	11		Team 5	13
Team 6	15		Team 6	17		Team 6	19
Team 7	16		Team 7	20			
Team 8	18						
Team 9	21						
Team 10	22						

Green highlights = Automatic Qualifiers

The top non-automatic qualifiers from each conference are compared:

Team 4

Team 3

Team 3



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Green highlights = Automatic Qualifiers

The top non-automatic qualifiers from each conference are compared:

Team 5

Team 3

Team 3



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Team 9	21						
Team 10	22						



# Playoffs/Seeding - Assigning Seeds

- (a) Once the qualifying teams in each classification are determined, they will be divided into two regions of equal size (East and West) based on the longitude of each school.
- (b) The teams in each region will be seeded as follows:
  - (1) Seed all 1st place automatic berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system); then  
**NOTE:** The highest finishing team in its half of a split conference must finish in 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place overall and/or have an overall winning percentage of .500 or higher in order to be seeded as a #1. Otherwise, the team will be seeded with all other at-large teams.
  - (2) Seed all 2nd place automatic berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system); then
  - (3) Seed all 3rd place automatic berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system); then
  - (4) Seed all conference tournament champions and at-large berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system).
- (c) Once seeding is complete:
  - (1) Existing byes will be awarded to the highest seeds possible.
  - (2) The higher seed is the home team unless otherwise determined by the NCHSAA.



# 2021-2025 Realignment

- ▶ The Board of Directors instructed NCHSAA Staff to delay the Realignment process by one year
  - ▶ Eliminating the “lame duck year” of the alignment period
  - ▶ Decision was to give various committees the opportunity to review the realignment process and the Association’s current classification structure while providing the necessary time for the Board and membership to make any necessary changes to implement their recommendations



# Thank You!

- ▶ To receive clinic attendance credit:
  - ▶ State Clinic
    - ▶ Sign-in prior to leaving
  - ▶ Coaches Clinic
    - ▶ Pick-up your card as you leave today
      - ▶ Enter your code immediately to get credit for attendance
        - ▶ Mobile device or computer
        - ▶ All fields required except comments box
        - ▶ Use same email address that was used for NFHS Courses
      - ▶ Deadline for entry is August 16, 2019
      - ▶ Avoid \$400 fine for your school
- ▶ Online Clinic
  - ▶ Print certificate and keep on file

