

2020 Regional Wrestling Director Information

	1A East	1A West
Name	Chad Douglas	Angela Mayfield
School	Uwharrie Charter Academy	Mount Airy High School
Address	5154 Hwy 220 Business South	1011 North South Street
City	Asheboro	Mount Airy
State, Zip	NC, 27205	NC, 27030
School Phone	336-610-0818 x201	336-789-5147
Email	chad_douglas@uwharriecharter.org	amayfield@mtairy.k12.nc.us
Cell	336-953-5916	336-401-2617

	2A East	2A Mideast	2A Midwest	2A West
Name	David Perry	Norman Askew	Mark White	Todd Rutz
School	Croatan High School	Wheatmore High School	North Davidson High School	West Wilkes High School
Address	#1 Cougar Lane	3678 Finch Farm Road	7227 Old US Hwy 52	6598 Boone Trail
City	Newport	Trinity	Lexington	Millers Creek
State, Zip	NC, 28570	NC, 27370	NC, 27292	NC, 28651
School Phone	252-393-7022	336-476-1500	336-731-8431	336-903-6710
Email	davidp@bluewaternc.com	naskew@randolph.k12.nc.us	mwhite@davidson.k12.nc.us	rutzt@wilkes.k12.nc.us
Cell	252-241-9071	336-689-3532	336-307-0923	336-452-8250

	3A East	3A Mideast	3A Midwest	3A West
Name	Kenny Watkins	Reggie Fields	Empsy Thompson	Heang Uy
School	Cleveland High School	Cape Fear High School	A.L. Brown High School	North Henderson High School
Address	1892 Polenta Road	4762 Clinton Road	415 East 1st Street	35 Fruitland Road
City	Clayton	Fayetteville	Kannapolis	Hendersonville
State, Zip	NC, 27520	NC, 28312	NC, 28083	NC, 28792
School Phone	919-934-2455	910-483-0191	704-932-6125	818-697-4500
Email	kennethwatkins@johnston.k12.nc.us	reginaldfields@ccs.k12.nc.us	empsy.thompson@kcs.k12.nc.us	khuy@hcpsnc.org
Cell	919-631-3322	910-988-7374	704-785-7910	828-699-3287

	4A East	4A Mideast	4A Midwest	4A West
Name	Fred Lynch	Jon Armfield	Brandy Turner	Masanori Toguchi
School	Laney High School	Cardinal Gibbons High School	Ragsdale High School	Hough High School
Address	2700 North College Road	1401 Edwards Mill Road	1000 Lucy Ragsdale Drive	12420 Bailey Road
City	Wilmington	Raleigh	Jamestown	Cornelius
State, Zip	NC, 28405	NC, 27607	NC, 27282	NC, 28031
School Phone	910-350-2089	919-834-1625	336-454-7400	980-344-0514
Email	fredrick.lynch@nhcs.net	jarmfield@cghsnc.org	turnerbrandy@bellsouth.net	masanori.toguchi@cms.k12.nc.us
Cell	910-512-1837	919-924-6569	336-971-2519	704-499-1854