



Please find enclosed nomination materials for the Heart of a Champion Award. Based on the enclosed criteria, each school may nominate one female and one male student athlete or cheerleader. The nomination material must be **returned no later than March 1.**

A selection committee will review all submitted nominations to determine the award recipients. Those who are selected will be honored at an awards luncheon April 18, 2020; location to be determined. We hope you will participate and give your students a chance to be selected.

**Thank you for your support!**

NCHSAA Student Services  
PO Box 3216  
Chapel Hill, NC 27515  
Phone: 919.240.7401  
Fax: 919.240.7399

NCHSAA Student Services & NC Farm Bureau Mutual Insurance Company

**"Heart of A Champion" Award**

---

Information Sheet

**Nominee Requirements**

To be valid, the application must include the following:

- ☒ Nomination Form
- ☒ Principal Verification Form
- ☒ School Participation and Achievement Form (Typed or Printed)
- ☒ Student Questionnaire (Typed or Printed)

Applicants may not attach any other information. **Incomplete applications will not be judged.**

Please submit completed application(s) to:

NCHSAA  
Student Services  
P O Box 3216  
Chapel Hill, NC 27515

Fax: 919.240.7399  
[chiquana@nchsaa.org](mailto:chiquana@nchsaa.org)

# NCHSAA Student Services & NC Farm Bureau Mutual Insurance Company

## "Heart of A Champion" Award

### Nomination Form

Name of Student Athlete \_\_\_\_\_ Gender \_\_\_\_\_

High School \_\_\_\_\_ Sports \_\_\_\_\_

**1** Please evaluate the nominated student-athlete or cheerleader in the following areas using a scale of 1 to 5 with 5 being the best score and 1 being the lowest.

#### The Student-Athlete:

Shows respect for the integrity and judgment of contest officials and accepts their decisions without gesture or argument? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

Displays positive support for own teammates ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

Shows self-control under all conditions? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

Treats opponents with respect before, during and after the contest? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

Shakes hands with opponents after a contest? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

#### The Cheerleader:

Selects only positive cheers, which praise their team without antagonizing the opponents? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

Uses discretion in selecting the proper times to cheer? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

Demonstrates desirable behavior for the squad and the spectators? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1

**2** Please note on this page why this student athlete should be recognized. Please provide specific examples to support this nomination.

---

---

---

---

\_\_\_\_\_  
Name of Nominator

\_\_\_\_\_  
Position

NCHSAA Student Services & NC Farm Bureau Mutual Insurance Company

**"Heart of A Champion" Award**

**Principal Verification Form**

I \_\_\_\_\_, verify the eligibility of \_\_\_\_\_  
as a nominee for the NCHSAA Student Services & NC Farm Bureau Mutual Insurance  
Company "Heart of A Champion" Award, representing \_\_\_\_\_ Conference.

\_\_\_\_\_  
School Name (Please Print)

\_\_\_\_\_  
Principal's Signature

\_\_\_\_\_  
Date

**Program Guidelines:**

1. The program is open to any eligible student athletes or cheerleaders.
2. The student must have participated in at least one varsity sport during the 2019-2020 school year.
3. The student must not have received any ejections for the school year.
4. The student must have demonstrated outstanding citizenship and sportsmanship during their high school tenure to date.

Student name and home address:

\_\_\_\_\_  
First

\_\_\_\_\_  
Middle Initial

\_\_\_\_\_  
Last

\_\_\_\_\_  
Street

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

( )

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Grade for 2019 - 2020 school year

\_\_\_\_\_  
Sport(s) played

## "Heart of A Champion" Award

## Student Participation & Achievement Form

(This form to be completed by the nominee.)

1. High school sports and activities participated in
2. School sports' activities and honors (include offices held)
3. Non-school activities (church youth groups, community involvement, etc.)

**Please limit answers to given space. (You may type or print your answers, but do not use a separate sheet of paper.)**

NCHSAA Student Services & NC Farm Bureau Mutual Insurance Company

**"Heart of A Champion" Award**

---

**Student Questionnaire**

What person do you admire most and why?

Alcohol, Tobacco, and other Drug (ATOD) abuse is a prevalent issue in high schools across the country. How has it affected your school/community, and what have you done to promote ATOD-free awareness and prevent its use.

How have your experiences in sports helped you outside of the playing arena?

**Please limit answers for the given space. (You may type or print your answers, but do not use a separate sheet of paper.)**