



# New School/Athletic Director Orientation July 15, 2020

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# Information



- **Introductions**
- **Agenda**

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# Mission/Vision

## Mission

- To provide governance and leadership for interscholastic athletic programs in North Carolina that support and enrich the educational experience of students

## Vision

- To be the national model for developing and inspiring greatness through interscholastic athletic experiences

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# Core Values and Beliefs

## Core Values

- Sportsmanship
- Integrity
- Fair Play
- Honesty
- Respect
- Equity
- Fair Competition
- Education and Development of Student-Athletes

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# History & Purpose

## **The North Carolina High School Athletic Association, Inc.,**

- In 1912 UNC professor Dr. Louis Round Wilson spearheaded the founding of the NCHSAA.
- Open to any North Carolina public or non-boarding parochial high school if accredited by DPI; must adopt and maintain a prescribed code to guarantee fair competition.
- State championships were held in football and track in 1913; several other sports added soon thereafter.

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# History & Purpose, cont.

- June 2010, the NCHSAA became an independent organization
  - No longer affiliated with the university.
  - The Association continues as a 501 (c) (3)
    - Voluntary, non-profit corporation.
- In 2014, the building underwent a year renovation.
  - Re-opened in April 2015.
- The Association now has 421 member schools and certifies the eligibility of well over 200,000 athletes annually.
  - Commissioner Tucker is seventh leader

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# Articles of Incorporation and By-Laws

## Constitution

- 9 Articles
- 9 By-Laws
  - Name of organization
  - Life span
  - Purpose
  - Membership
  - Board of Directors
  - Breakdown
  - Powers
  - Dissolution
  - Office Location
  - Incorporator's Name

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# Leadership & Roles

## 25-person Board of Directors

- President, Vice President, Past President and Commissioner
- 16 individuals representing the NCHSAA from across the state
  - 10 Superintendents/Principals
  - 6 Athletic Directors/Coaches
  - Two per region
  - Four-year term
- Five Ex-Officio members
  - NCCA
  - NCADA
  - NCDPI
  - NCSBA
  - Officiating

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# Leadership & Roles

## Board of Directors

- Meet Bi-Annually
  - December
  - May
    - Annual Meeting
- Four Sub-Committees
  - Personnel and Finance
  - Sports
  - Policy
  - Review and Officiating

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# Leadership & Roles

## Staff

- 16 full-time
  - Sports and Championships
  - Student Services
  - Officiating
  - Marketing and Development
  - Business
- 3 part-time
  - Health and Safety
  - Receptionists
- Interns

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# Leadership & Roles

## 2017-22 Strategic Plan

- Governance and Leadership
  - Compliance, Eligibility, Rules and Policies, Leadership Development
- Communication and Public Relations
  - Brand Awareness, Effective Communications, Technology
- Education and Development
  - Student-Athletes and Adult Stakeholders
- Health and Safety
  - Licensed Athletic Trainers , First Responders , Injury Prevention and Management
- Emerging Issues
  - 21<sup>st</sup> Century Schools, Inclusion, Government Relations, Event Management

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# Leadership & Roles

## Classifications

- Each classification determined on the basis of the school's average daily membership (ADM) of the 1<sup>st</sup> 20 days of the school year, every 4 years.
  - 4<sup>th</sup> year of 2017-2021 Alignment
    - Different than in year's past
- 2020-21: 421 member schools: divided into 4 classifications (20%/30%/30%/20%)
  - 1A, 2A, 3A, 4A

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# What is Home Campus?

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# Background and Description



**August 2000:** Current system built and maintained by local technology vendor



**April 2015:**  
Inhouse systems administrator hired



**July 2018:**  
Convert all NCHSAA database needs to Home Campus



**Old System Limitations:**

Lacks centralization

Ability to grow or add new functions

Intermittent access issues based on user's platform

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# Home Campus Scope



The following are 2018-2022 NCHSAA Strategic plans items that will be accomplished by this conversion:

- **1.1.3** Update the current systems for reporting violations and infractions.
- **1.2.3.3** Create an interactive tool on the NCHSAA website to help students and parents determine athletic eligibility
- **2.2.3** Evaluate stakeholder information delivery systems.
- **2.3.1** Monitor trends in the digital media space, including live video/streaming and social media, and find ways to benefit schools through new technologies.

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# Implemented: 2018-19 School Year

Membership data  
information  
(coaches, school  
information, etc.)

LEA data  
information

Sport clinic  
attendance for  
coaches

Eligibility summary  
data entry for each  
sport season

Accounts receivable  
for Catastrophic  
Insurance and  
Membership Dues

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# Implemented: 2019-20 School Year

Ejections and Disqualifications

Endowment Games

Playoff Financial Forms

Regional Supervisor Accounts

Transfers

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# Planned: 2020-21 School Year



8-Quarter Follow-Up



Violations

Notifications and fees.



Conference Administrator  
Accounts

Regional reporting for individual sports and  
conference finishes for team sports.

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# How To Access Home Campus



[www.nchsaa.org](http://www.nchsaa.org)

[www.nchsaahome.org](http://www.nchsaahome.org)

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# Questions?

Contact Juli  
Kidd

- 919-240-7368
- [juli@nchsaa.org](mailto:juli@nchsaa.org)



# Education Requirements

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# Education Requirements

## Clinic Attendance

- **Head** coaches in baseball, basketball, cheerleading, cross-country, football, golf, indoor track & field, lacrosse, softball, soccer, swimming & diving, tennis, track & field, volleyball and wrestling must attend an NCHSAA approved State Rules Clinic.
  - Attendance at the rules sessions of the NCCA, participation in an NCHSAA web-based rules clinic or attendance at an NCHSAA Regional Officials State Rules Clinic is acceptable
  - Must be completed prior to coaching in the first contest; subject to \$400 fine, in addition to a \$500 fine if he/she actually coaches in the contest.



# Education Requirements

## Coaches Education

- NFHS Fundamentals of Coaching Course
  - All coaches must complete prior to first contest; certificate of completion must be on file at the school
  - Must be completed prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500.
- NFHS Concussion in Sports Course
  - All coaches must complete annually (*before the first date of practice*); certificate of completion must be on file at the school
  - Must be completed prior to the first practice in the sport they are coaching; subject to a \$500 fine, continuing to coach without completion = another \$500
- Medical Certifications
  - All head and paid coaches must be certified in AED/CPR; certificate of completion must be on file at the school
  - All volunteer coaches must take the NFHS Sudden Cardiac Arrest course

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# Education Requirements

## Cheerleading

- Regulatory Areas
  - Eligibility and Health and Safety
- Coaching Requirements
  - Head cheerleading coaches must take:
    - The NFHS and USA Cheer's "Spirit Safety Certification " course
    - Concussion in Sports
    - AED/CPR
    - Recommend that all cheerleading coaches take the NFHS Fundamentals of Coaching Cheerleading course (or other comparable course that addresses health and safety)

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# Coaches Certification

- Consider certification through NFHS. The levels, which build on each other, are as follows:
- Accredited Interscholastic Coach (AIC)
- Certified Interscholastic Coach (CIC)

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# Athletic Directors' Certification

- Consider certification through NIAAA. The levels, which build on each other, are as follows:
- Registered Athletic Administrator (RAA)
- Certified Athletic Administrator (CAA)
- Certified Master Athletic Administrator (CMAA)

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# STUDENT SERVICES



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# STUDENT SERVICES



## Everything We Do is Positive!

- All programs designed to build character, empower leadership, develop professionalism and invoke creativity.



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# STUDENT SERVICES



## Be Informed

### Fast Facts

- Began in 1991
  - Joint venture between DPI, DHR and NCHSAA
- Funded through a state grant administered by the Department of Health and Human Services
- Yearly average impact is nearly 500,000 persons

### Five Goals


- Prepare student-athletes & coaches as mentors, role models and leaders.
- Offer prevention training in alcohol, tobacco and drug resistance, academic failure, and teen pregnancy to students and adults.
- Support the improvement of student-athlete performance in academic achievement, school attendance, graduation rates, and peer relationships.
- Teach positive values, respect, teamwork, and sportsmanship to student-athletes and adults associated with athletic programs.
- Expand the overall program by serving numbers of student-athletes and adults with effective training programs.

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# STUDENT SERVICES




## Be Informed

[Endowments](#) [Health & Safety](#) [Student Services Program](#) [FAQ](#) [Admin Login](#)

[Home](#) [About](#) [Sports](#) [Schools](#) [Officials](#) [Parents & Students](#) [School Central](#)

HOME • STUDENT SERVICES

### Student Services



**Sportsmanship**  
**Student Services Programs**

#### Everything We Do Is Positive

Student Services is successful when you (the membership) take advantage of our opportunities, which include funding and training, and are done at your request with resources/training brought to your campus.

PLAYOFFS & CHAMPIONSHIPS

Hotel Accommodations

Order Championship DVD from Time Warner Cable SportsChannel  
Order Status Questions ONLY:  
919-882-4180

Order Championship Merchandise

Order Championship

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# STUDENT SERVICES



## Get Involved

- Programs & Workshops
  - Coach & Captain Retreat  
(Oct. 24-25, 2020)
  - D.R.E.A.M. Team
  - SASI
  - Student Leadership Conference
  - Student-athlete Regional Meetings
  - Coaches Workshops
- Sportsmanship/Recognition
  - Heart of a Champion
  - Eight Who Make a Difference
  - Ejection-free Schools Program
- Leadership
  - Student Athlete Advisory Council (SAAC)



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# STUDENT SERVICES



*Student Services is successful when you (the membership) take advantage of these opportunities.*

**Contact our office to schedule trainings and workshops:**

- Mark Dreibelbis, Associate Commissioner  
[mark@nchsaa.org](mailto:mark@nchsaa.org) 919-240-7372
- Chiquana Dancy, Director of Sports & Student Programs  
[chiquana@nchsaa.org](mailto:chiquana@nchsaa.org) 919-240-7373

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# Special Programs

- Scholar-Athlete recognition awards
- Hall of Fame
- Wells Fargo Cup
  - Conference Cup
  - State Cup
- Annual Meeting
- Commissioner's Cup
- Performance of the Week



Contact James Alverson

[james@nchsaa.org](mailto:james@nchsaa.org)

919-240-7367

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# BROADCASTING & WEBSTREAMING



**NFHS**  
**NETWORK**

- All broadcasts for playoff games and events must be requested through and approved by NCHSAA (online form)
- NFHS Network – Is the official video streaming partner for the NCHSAA Playoffs. Any school or third-party broadcasting EXCLUSIVELY through the NFHS Network platform is not charged a right's fee for the game.

Contact James Alverson

[james@nchsaa.org](mailto:james@nchsaa.org)

919-240-7367

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# Student Broadcast Program & Pixellot



**NFHS**  
**NETWORK**

- Special deal for NCHSAA Member Schools
- NFHS Network will give you two FREE Pixellot Camera systems (a \$5000 value) to broadcast your games with no staffing required.
- Information session on the Free Pixellot offer on Wednesday, July 22, 2020 at 10:30 AM. (Info in NCHSAA Tuesday AD Memo or by contacting NCHSAA office).

Contact James Alverson

[james@nchsaa.org](mailto:james@nchsaa.org)

919-240-7367

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# Officiating

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# Officiating Program

- School fees to Regional Supervisors
  - \$150.00 per Varsity sport program
  - \$100.00 per Junior Varsity and Ninth Grade sport program
  - Fees are to be paid within 30 days upon receipt of invoice from the regional supervisor
- Schedules due to regional supervisors
  - Fall—May 15; Winter—Sept. 30; Spring—Jan. 15



# Officiating Program

- Use only NCHSAA approved regional supervisors and NCHSAA certified officials
  - Regional Supervisor assignments per school/sport on NCHSAA website under Officiating/Regional Supervisors
- Regional supervisor assignments made by NCHSAA
- Greet officials upon arrival
- Have a place for officials to park
- Escort officials to their dressing room and off field/court
- Arbiter assigning system is used for all assignments, all sports
  - Set up contact, approve schedules/times/dates
  - Easy access to cut game checks

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# Officiating Program



## Ejection Policy

- Applies to all persons—student-athletes, coaches, managers, and game administrators
  - **Fighting**—Double penalty in all sports
  - **Flagrant Contact**
  - **Biting**
  - **Taunting & Baiting**
  - **Spitting towards player or official**
  - **Profanity**
  - **Obscene gestures**
  - **Disrespectfully addressing an official**
  - **Leaving the bench area**
    - During a fight (Participation or not)
    - No during a fight

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# Officiating Program

## Ejection Policy (continued)

- Football—ejection from contest, miss the next contest at that level and all contests in the interim (**miss the next two contests for fighting**)
- All other sports—ejection from contest, miss the next two contests at that level and all contests in the interim (**miss the next four contests for fighting**)





# Officiating Program

## Ejection Policy (continued)

- Players or coaches receiving 2 ejections will be suspended from all sports for the remainder of that sport season
- Ejections in pre-season scrimmages now requires:
  - Coach/player suspended from the remainder of the scrimmage – inclusive of multiple scrimmage events on same day (jamboree)
- Receiving a 3<sup>rd</sup> ejection in a school year will result in suspension from athletics for one calendar year—365 days
- Teams will not participate in Playoffs if:
  - Players & coaches accumulate 6 or more ejections
  - Players & coaches accumulate 3 or more individual fighting ejections
  - If the above occurs during the Playoffs, the team is disqualified for the remainder of the Playoffs

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# Officiating Program



## Sportsmanship

- NFHS Teaching & Modeling Behavior Course
  - Required for any coach ejected during a contest
  - Required for any coach who has player (s) ejected for fighting
  - Cost of the course is \$20.00.
- NFHS Sportsmanship Course
  - Any student who is ejected or disqualified for unsporting actions must complete before being eligible to return to competition
  - Free, on-line course ([nfhslearn.com](http://nfhslearn.com))
- Submit the certificate of completion onto HomeCampus



# Officiating Fees

- Game fees set by NCHSAA
- Game fees to be paid using local fiscal policy as soon as possible
- Can be found in NCHSAA Handbook



# Health and Safety

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# Health and Safety

## Medical Examination Requirements

- Student must receive a medical examination once every 395 days by a duly licensed physician, nurse practitioner, or physician's assistant.
  - Students must have an up-to-date physical to participate in skill development and summer workouts
- Students absent from athletic practice for five (5) or more days due to illness or injury shall receive a medical release by a physician licensed to practice medicine before re-admittance to practice or contests.



# Health and Safety

## Medical Examination Requirements

### Temporary Preparticipation Physical Evaluation (PPE) Requirement for 2020-2021

- The student-athlete/family medical history portion of the PPE Form is required annually and must be completed and signed by the parent or legal custodian prior to participation during the 2020-2021 academic year. There is no waiver to this requirement.
- The physical examination portion of the PPE Form has been granted a temporary one-year extension by the State Board of Education through the end of the 2020-2021 academic year.

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# Health and Safety

## Medical Examination Requirements

### Temporary Preparticipation Physical Evaluation (PPE) Requirement for 2020-2021

Date of Physical Examination	Requirement for 2020-2021
Prior to 03/01/2019	Valid up-to-date PPE required prior to participating.
On or after 03/01/2019 through 05/01/2020	Temporary extension to participate through the end of the 2020-2021 academic year.
On or after 05/02/2020	Participation based on current policy “valid for 395 days”.

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# Health and Safety

## Athletic Event Medical Care Requirements

- A licensed athletic trainer or 1<sup>st</sup> responder must be in attendance:
  - And may not have concurrent coaching responsibilities during the time in which the person is working as a licensed athletic trainer or first responder.
  - At all football practices and games.
    - Both home and away
  - If any protective equipment (helmets and/or shoulder pads) is worn by student-athletes participating in football skill development during the school year.
  - For all summer 7-on-7 events.
    - At all competition areas
  - At all wrestling matches.
    - At all competition areas

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# Health and Safety

## Medical Care Requirements

- Heat Illness & Acclimatization
  - Wet Bulb Globe Temperature (WBGT) considers the combined effects of air temperature, humidity, and solar radiation on the human body. WBGT should be measured (using a scientifically approved device) for all sports when student-athletes may be at risk for exertional heat illness (EHI). WBGT should be accessed every hour beginning 30 minutes before the beginning of practice.
  - A copy of the Emergency Action Plan that outlines steps to take in case of severe environmental conditions, should be on-site.
  - Supplies for rapid cooling should be on-site. These should include a simple “toddler swimming pool” or tank for rapid immersion.

# Health and Safety



## Gfeller-Waller Law

- Seasonal Compliance Checklist

### NCHSAA/Gfeller-Waller Concussion Awareness Act Seasonal Compliance Checklist

This checklist is designed to help your school work toward compliance with the Gfeller-Waller Concussion Awareness Act. *According to the law, "each school shall maintain complete and accurate records of its compliance with the requirements ..."* Beside each component is a checkbox you can use indicating compliance steps are completed.

#### Educational Compliance

1. ☐ Concussion Information Sheet distributed to student-athletes and parent/ legal custodian
2. ☐ Concussion Statement Forms signed and collected from student-athletes and parent/ legal custodian
3. ☐ Concussion Information Sheet distributed to head and assistant coaches/athletic trainers/first responders/school nurses/volunteers
4. ☐ Concussion Statement Forms signed and collected from head and assistant coaches/athletic trainers/first responders/school nurses/volunteers

#### Post-Concussion Protocol/Plan Compliance

A Post Concussion Plan in place that at a minimum includes:

- a. ☐ No same day return-to-play for any student-athlete exhibiting signs and symptoms consistent with concussion
- b. ☐ Student-athlete exhibiting signs and symptoms consistent with concussion must complete a Return to Play Protocol
- c. ☐ Return to Play Form completed by a medical professional trained in concussion management prior to return-to-play/practice for any student-athlete exhibiting signs and symptoms consistent with concussion

#### Emergency Action Plan Compliance

1. ☐ Each school must have a venue specific Emergency Action Plan (EAP) reviewed by an Athletic Trainer Licensed (LAT) in North Carolina. If your school has an LAT, that person can review the EAP. If your school needs an LAT to review your plan you can email it to a member of the NCATA Secondary Schools EAP Review Committee.
2. ☐ The Emergency Action Plan shall include a delineation of roles, methods of communication, available emergency equipment, and access to and plan for emergency transport.
3. ☐ The Emergency Action Plan must be in writing.
4. ☐ The Emergency Action Plan must be provided to all coaches, administrators, volunteers, etc. involved in interscholastic athletics.
5. ☐ The Emergency Action Plan must be posted conspicuously at all venues.
6. ☐ The Emergency Action Plan must be annually reviewed and rehearsed by all licensed athletic trainers (LAT), first responders, coaches, school nurses, athletic directors, and volunteers for interscholastic athletics.
7. ☐ The Emergency Action Plan must be approved by the school principal.

\*\*\*\*\*  
☐ CONCUSSION STATEMENT FORMS HAVE BEEN CHECKED AGAINST BOTH TEAM AND STAFF ROSTERS AND ARE CURRENTLY ON FILE WITH \_\_\_\_\_  
(NAME OF SCHOOL OFFICIAL RESPONSIBLE FOR COMPLIANCE)

☐ FALL ☐ WINTER ☐ SPRING

PRINCIPAL'S SIGNATURE (OR DESIGNEE): \_\_\_\_\_

DATE: \_\_\_\_\_

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# Health and Safety



## Gfeller-Waller Law

- Concussion Statement Form (SA, Parent/Legal Custodian)

### Gfeller-Waller NCHSAA Student-Athlete & Parent/Legal Custodian Concussion Statement Form

Instructions: The student athlete and his/her parent or legal custodian, must initial beside each statement acknowledging that they have read and understand the corresponding statement. The student-athlete should initial in the left column and the parent or legal custodian should initial in the right column. Some statements are applicable only to the student-athlete and should only be initialed by the student-athlete. This form must be completed for each student-athlete, even if there are multiple student-athletes in the household.

Student-Athlete Name: (please print) \_\_\_\_\_

Parent/Legal Custodian Name(s): (please print) \_\_\_\_\_

Student-Athlete Initials		Parent/Legal Custodian(s) Initials
	A concussion is a brain injury, which should be reported to my parent(s) or legal custodian(s), my or my child's coach(es), or a medical professional if one is available.	
	A concussion cannot be "seen." Some signs and symptoms might be present immediately; however, other symptoms can appear hours or days after an injury.	
	I will tell my parents, my coach and/or a medical professional about my injuries and illnesses.	Not Applicable
	If I think a teammate has a concussion, I should tell my coach(es), parent(s)/ legal custodian(s) or medical professional about the concussion.	Not Applicable
	I, or my child, will not return to play in a game or practice if a hit to my, or my child's, head or body causes any concussion-related symptoms.	
	I, or my child, will need written permission from a medical professional trained in concussion management to return to play or practice after a concussion.	
	Based on the latest data, most concussions take days or weeks to get better. A concussion may not go away, right away. I realize that resolution from a concussion is a process that may require more than one medical visit.	
	I realize that ER/Urgent Care physicians will not provide clearance to return to play or practice, if seen immediately or shortly after the injury.	
	After a concussion, the brain needs time to heal. I understand that I or my child is much more likely to have another concussion or more serious brain injury if return to play or practice occurs before concussion symptoms go away.	
	Sometimes, repeat concussions can cause serious and long-lasting problems.	
	I have read the concussion symptoms listed on the Student-Athlete/ Parent Legal Custodian Concussion Information Sheet.	
	I have asked an adult and/or medical professional to explain any information contained in the Student-Athlete & Parent Concussion Statement Form or Information Sheet that I do not understand.	

By signing below, we agree that we have read and understand the information contained in the Student-Athlete & Parent/Legal Custodian Concussion Statement Form, and have initialed appropriately beside each statement.

Signature of Student-Athlete \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Legal Custodian \_\_\_\_\_ Date \_\_\_\_\_

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# Health and Safety



## Gfeller-Waller Law

- Concussion Statement Form (School and Athletic Personnel)

### Gfeller-Waller NCHSAA School & Athletic Personnel Concussion Statement Form

**\*\*Please initial beside each statement, indicating that you have read and understand the following information \*\***

Initial  
Here

	A concussion is a brain injury.
	A concussion can affect a student-athlete's ability to perform everyday activities, their ability to think, their balance and their classroom performance.
	I realize I cannot see a concussion, but I might notice some of the signs of a concussion in a student-athlete right away. However, other signs/symptoms can show-up hours or days after the injury
	If I suspect a student-athlete has a concussion, I am responsible for removing them from the activity and referring them to a medical professional trained in concussion management.
	I will not allow any student-athlete to return to play or practice if I suspect that he or she has received a blow to the head or body that resulted in signs or symptoms consistent with a concussion.
	I should not allow any student-athlete exhibiting signs and symptoms consistent with concussion to return to play or practice on the same day.
	I acknowledge that student-athletes must receive written clearance from a medical professional, trained in concussion management, in order to return to play or practice after a concussion.
	I acknowledge that following concussion, the brain needs time to heal. I understand that student-athletes are more likely to sustain another concussion or more serious brain injury if they return to play or practice before symptoms resolve.
	In rare cases, repeat concussions can cause serious and long-lasting problems.
	I have read the Concussion Information Sheet including, but not limited, to the signs and symptoms of a concussion.

I Am A(n):    **Athletic**    **Coach**    **Athletic**    **First**    **School**    **Volunteer**  
(please circle)    **Director**                      **Trainer**                      **Responder**                      **Nurse**

By signing below, I agree that I have read the NCHSAA School and Athletic Personnel Concussion Statement Form and have signaled my understanding by initialing appropriately beside each statement.

Signature

Date

Please Print Name



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# Health and Safety



## Gfeller-Waller Law

- Concussion Evaluation Recommendations



### Licensed Health Care Provider Concussion Evaluation Recommendations

Licensed Health Care Providers (LHCP) are **STRONGLY ENCOURAGED** by the NCHSAA to have expertise and training in concussion management. LHCPs include the following individuals: Licensed Physician (MD/DO), Licensed Athletic Trainer (LAT), Licensed Physician Assistant (PA), Licensed Nurse Practitioner (NP), or Licensed Neuropsychologist.

Name of Athlete: \_\_\_\_\_ DOB: \_\_\_\_\_ Date of Evaluation: \_\_\_\_\_

*All NCHSAA member school student-athletes diagnosed with a concussion are STRONGLY RECOMMENDED to have input and signature from a physician (MD/DO who is licensed under Article 1 of Chapter 90 of the General Statutes and has expertise and training in concussion management) before being cleared to resume full participation in athletics. Due to the need to monitor concussions for recurrence of signs & symptoms with cognitive or physical stress, Emergency Room and Urgent Care physicians should not make clearance decisions at the time of first visit. All medical providers are encouraged to review the CDC site if they have questions regarding the latest information on the evaluation and care of the scholastic athlete following a concussion injury. Providers should refer to NC Session Law 2011-147, House Bill 792 Gfeller-Waller Concussion Awareness Act for requirements for clearance, and please initial any recommendations you select. (Adapted from the Acute Concussion Evaluation (ACE) care plan (<http://www.cdc.gov/concussion/index.html>) and the NCHSAA concussion Return to Play Protocol.) The recommendations indicated below are based on today's evaluation.*

**RETURN TO SCHOOL:**  
PLEASE NOTE →

SCHOOL (ACADEMICS):  
(LHCP identified below should check all recommendations that apply.)

**RETURN TO SPORTS:**  
PLEASE NOTE →

SPORTS & PHYSICAL EDUCATION:  
(LHCP identified below should check all recommendations that apply.)

1. The North Carolina State Board of Education approved "Return-To- Learn after Concussion" policy to address learning and educational needs for students following a concussion.

2. A sample of accommodations is found on the **LHCP Concussion Return to Learn Recommendations** page.

☐ Out of school until \_\_\_\_/\_\_\_\_/20\_\_\_\_ (date). LHCP Initial: \_\_\_\_\_ Date: \_\_\_\_\_

☐ Return for further evaluation on \_\_\_\_/\_\_\_\_/20\_\_\_\_ (date). LHCP Initial: \_\_\_\_\_ Date: \_\_\_\_\_

☐ May return to school on \_\_\_\_/\_\_\_\_/20\_\_\_\_ (date) with accommodations as selected on the **LHCP Concussion Return to Learn Recommendations** page. LHCP Initial: \_\_\_\_\_ Date: \_\_\_\_\_

☐ May return to school now with no accommodations needed. LHCP Initial: \_\_\_\_\_ Date: \_\_\_\_\_

A step-by-step progression of physical and cognitive exertion is widely accepted as the appropriate approach to ensure a concussion has resolved, and that a student-athlete can return to athletics safely. The **NCHSAA Concussion Return to Play (RTP) Protocol**, therefore, has been designed using a step-by-step progression and is **REQUIRED** to be completed in its entirety by any concussed student-athlete before they are released to full participation in athletics.

☐ Not cleared for sports at this time.

☐ Not cleared for physical education at this time.

☐ May do light physical education that poses no risk of head trauma such (i.e. walking laps).

☐ May start RTP Protocol under appropriate monitoring and may return to PE activities after completion.

☐ Must return to the examining LHCP for clearance before returning to sports/physical education.

☐ May start the RTP Protocol under monitoring of **First Responder**. The examining LHCP must review progress of student-athlete through stage 4 and before beginning stage 5 either electronically, by phone, or in person and an additional office visit is not required unless otherwise indicated by the LHCP. If the student-athlete has remained free of signs/symptoms after stage 5 is completed, the LHCP must then sign the **RETURN TO PLAY FORM** before the student-athlete is allowed to resume full participation in athletics.

☐ May start the RTP Protocol under monitoring of **LHCP** and progress through all five stages with no office contact necessary unless required by examining LHCP. If student-athlete remains free of signs/symptoms the LHCP must sign the **RETURN TO PLAY FORM** before the student-athlete is allowed to resume full participation in athletics.

Comment: \_\_\_\_\_

Signature of MD, DO, LAT, PA, NP, Neuropsychologist (Please Circle) \_\_\_\_\_ Date: \_\_\_\_\_

Please Print Name \_\_\_\_\_

Office Address \_\_\_\_\_ Phone Number \_\_\_\_\_

*The Licensed Health Care Provider above has delegated aspects of the student-athlete's care to the individual designated below.*

Signature of LAT, NP, PA-C, Neuropsychologist, First Responder (Please Circle) \_\_\_\_\_ Date: \_\_\_\_\_

Please Print Name \_\_\_\_\_

Office Address \_\_\_\_\_ Phone Number \_\_\_\_\_

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# Health and Safety



## Gfeller-Waller Law

- Concussion Return to Play Protocol



### NCHSAA Concussion Return to Play Protocol



\*The NCHSAA Concussion Return to Play (RTP) Protocol is **REQUIRED** to be completed in its entirety for any concussed student-athlete before they are released to resume full participation in athletics. A step-by-step progression of physical and cognitive exertion is widely accepted as the appropriate approach to ensure a concussion has resolved, and that a student-athlete can return to athletics safely. The NCHSAA Concussion (RTP) Protocol has been designed using this step-by-step progression.

\*The NCHSAA Concussion (RTP) Protocol can be monitored by any of the following Licensed Health Care Providers (LHCP): Licensed Physician (MD/DO), Licensed Athletic Trainer, Licensed Physician Assistant, Licensed Nurse Practitioner, or a Licensed Neuropsychologist. A First Responder may monitor the RTP Protocol if a LHCP is unavailable.

\*After monitored completion of each stage without provocation/recurrence of signs and/or symptoms, a student-athlete is allowed to advance to the next stage of activity. The length of time for each stage is at least 24 hours.

Name of Student- Athlete: \_\_\_\_\_ Sport: \_\_\_\_\_ Male/Female

DOB: \_\_\_\_\_ Date of Injury: \_\_\_\_\_ Date Concussion Diagnosed: \_\_\_\_\_

STAGE	EXERCISE	GOAL	DATE COMPLETED	COMMENTS	MONITORED BY
1	20-30 min of cardio activity: walking, stationary bike.	Perceived intensity/exertion: Light Activity			
2	30 min of cardio activity: jogging at medium pace. Body weight resistance exercise (e.g. push-ups, lunge walks) with minimal head rotation x 25 each.	Perceived intensity/exertion: Moderate Activity			
3	30 minutes of cardio activity: running at fast pace, incorporate intervals. Increase repetitions of body weight resistance exercise (e.g. sit-ups, push-ups, lunge walks) x 50 each. Sport-specific agility drills in three planes of movement.	Perceived intensity/exertion: Hard Activity, changes of direction with increased head and eye movement			
4	Participate in non-contact practice drills. Warm-up and stretch x 10 minutes. Intense, <u>non-contact</u> , sport-specific agility drills x 30-60 minutes.	Perceived intensity/exertion: High/Maximum Effort Activity			
First Responder Verification	If the RTP Protocol has been monitored by a First Responder (FR) then the FR must sign below attesting that they have reviewed the progress of this student-athlete (S-A) through stage 4 electronically, by phone, or in person with the Licensed Health Care Provider (LHCP) and that the S-A was cleared by the LHCP to complete stage 5. FR Signature: _____ Date: _____				
5	Participate in full practice. If in a contact sport, controlled contact practice allowed.				
LHCP signs RTP Form	The LHCP overseeing the student-athlete's (S-A) care is notified that the S-A remained asymptomatic after stage 5 was completed. The LHCP <b>MUST</b> sign the Return to Play (RTP) Form before the S-A is allowed to resume full participation in athletics. If signs or symptoms occur after stage 5 the S-A <b>MUST</b> return to the LHCP overseeing the S-A's care.				

The individual who monitored the student-athlete's (RTP) Protocol **MUST** sign and date below when stage 5 is successfully completed.

By signing below, I attest that I have monitored the above named student-athlete's return to play protocol through stage 5.

Signature of Licensed Physician, Licensed Athletic Trainer, Licensed Physician Assistant, Licensed Nurse Practitioner, Licensed Neuropsychologist, or First Responder (Please Circle)

Date

Please Print Name

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# Health and Safety




## Gfeller-Waller Law

- Concussion Return to Play Form



**RETURN TO PLAY FORM:  
CONCUSSION MEDICAL CLEARANCE RELEASING THE  
STUDENT-ATHLETE TO  
RESUME FULL PARTICIPATION IN ATHLETICS**



This form must be signed by one of the following examining Licensed Health Care Providers (LHCP) identified in the Gfeller-Waller Concussion Awareness Act before the student-athlete is allowed to resume full participation in athletics: Licensed Physician (MD/DO), Licensed Athletic Trainer (LAT), Licensed Physician Assistant (PA), Licensed Nurse Practitioner (NP), or Licensed Neuropsychologist. This form must be signed by the student-athlete's parent/legal custodian giving their consent before their child resumes full participation in athletics.

Name of Student-Athlete: \_\_\_\_\_ Sport: \_\_\_\_\_ Male/Female  
DOB: \_\_\_\_\_ Date of Injury: \_\_\_\_\_ Date Concussion Diagnosed: \_\_\_\_\_

This is to certify that the above-named student-athlete has been evaluated and treated for a concussion and that the Return to Play Protocol was monitored by: \_\_\_\_\_  
\_\_\_\_\_ at \_\_\_\_\_  
(Print Name of Person and Credential) (Print Name of School)

As the examining LHCP, I attest that the above-named student-athlete is now reporting to be completely free of all clinical signs and reports he/she is entirely symptom-free at rest and with both full cognitive and full exertional/physical stress and that the above-named student-athlete has successfully completed the required NCHSAA Concussion Return to Play Protocol through stage 5. By signing below therefore, I give the above-named student-athlete consent to resume full participation in athletics.

*It is critical that the medical professional ultimately releasing this student-athlete to return to athletics after a concussion has appropriate expertise and training in concussion management. The NCHSAA, therefore, **STRONGLY RECOMMENDS** that in concussion cases, Licensed Athletic Trainers, Licensed Physician Assistants, Licensed Nurse Practitioners, consult with their supervising physician before signing this Return To Play Form, as per their respective state statutes.*

Signature of Licensed Physician, Licensed Athletic Trainer, Licensed Physician Assistant, Licensed Nurse Practitioner, Licensed Neuropsychologist (Please Circle) \_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_  
Please Print Name \_\_\_\_\_  
\_\_\_\_\_  
Please Print Office Address \_\_\_\_\_ Phone Number \_\_\_\_\_  
\*\*\*\*\*

**Parent/Legal Custodian Consent for Their Child to Resume Full Participation in Athletics**

I am aware that the NCHSAA **REQUIRES** the consent of a child's parent or legal custodian prior to them resuming full participation in athletics after having been evaluated and treated for a concussion. I acknowledge that the Licensed Health Care Provider above has overseen the treatment of my child's concussion and has given their consent for my child to resume full participation in athletics. By signing below, I hereby give my consent for my child to resume full participation in athletics.

Signature of Parent/Legal Custodian \_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_  
Please Print Name and Relationship to Student-Athlete \_\_\_\_\_

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# Health and Safety



## Gfeller-Waller Law

- Venue Specific  
Emergency  
Action Plan (EAP)  
(Front)

### Emergency Action Plan for Athletic Practices/Contests Held in Poe Gymnasium

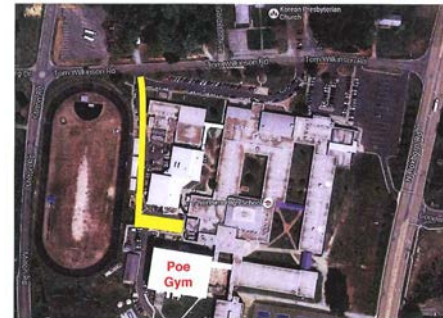
Northern Durham High School is located at:  
117 Tom Wilkinson Road  
Durham, NC 27503

Phone: 000-000-0000

GPS Coordinates: (Latitude 36.094037 Longitude -78.911709)

#### Directions to Venue:

Enter school campus at front of school (117 Tom Wilkinson Road). Access road (highlighted in yellow) to Poe Gymnasium is located between the school's vocational wing and the track. Parking for emergency vehicles (highlighted in yellow) is located at the main entrance to Poe Gym (north entrance).



#### Roles Established:

*(Prior to athletic events a pre-event "Time Out" should be conducted to ensure the Emergency Action Plan is reviewed and to assign roles with the personnel and equipment available for that event.)*

- Immediate care of the athlete (name/title/designee)
- Activate Emergency Medical System (EMS) (name/title/designee)
- Emergency Equipment Retrieval (name/title/designee)
- Meet EMS personnel at Tom Wilkinson Road and direct them to Poe Gymnasium. (name/title/designee)
- Scene Control: Limit emergency scene to those providing first aid and move bystanders away from area. (name/title/designee)



# Health and Safety



## Gfeller-Waller Law

- Venue Specific  
Emergency  
Action Plan (EAP)  
(Back)

EAP for Athletic Practices/Contests Held in Poe Gym  
Page 2

### Communication:

- Cell phone or landline located in Athletic Directors Office
- Activate EMS
- Student emergency information (name/title/designee)
  - Critical medical information (conditions, medications, allergies)
  - Contact parent/legal custodian
- Athletic Training Staff
  - Bob Foy - Head Athletic Trainer (000) 000-0000
  - Cynthia Obregon-Salinas Assistant Athletic Trainer (000) 000-0000
- Athletic Director
  - Phillip Esposito (000) 000-0000

### Emergency Equipment at Sport Venue:

*(Events held at the venue should provide a guide as to the emergency equipment potentially needed. That emergency equipment should then be included in the Emergency Action Plan specific to that sport venue.)*

- Sports Medicine First Aid Kit
- AED
- Crutch/Splint Bag
- Injury Ice
- Additional emergency equipment is available in the athletic training equipment storage area located at the Poe Gymnasium north entrance.

### Emergency Transportation:

Emergency transportation vehicles will park at the main entrance to Poe Gym (north entrance). The gymnasium can then be accessed by steps or the handicapped access ramp which is located between Poe Gymnasium and the cafeteria.

### Lightning or Thunder Disturbances Safe Shelter/Evacuation Route identified:

Poe Gymnasium is a designated safe shelter area in the event of lightning or thunder disturbance.

*(Gymnasiums are generally not considered as safe shelters during tornadoes. You are encouraged to go [here](#) and/or [here](#) when developing a separate Tornado Preparedness Plan for your facility.)*

### Resources

- Casa, D.J., Almquist, J., Anderson, S.A., Baker, L., Bergeron, M.F., Biagioli, B., ... Valentine, V. (2013). The Inter-association task force for preventing sudden death in secondary school athletics programs: Best-practices recommendations. *Journal of Athletic Training*, 48(4), 546-553.
- Courson, R. (2017). Emergency action plans. In D.J. Casa & R.L. Stearns (Eds.), *Preventing sudden death in sport and physical activity* (pp. 271-285). Burlington, MA: Jones & Bartlett Learning.



# Health and Safety

## Pregame **Emergency Action Plan Review (PEAPR)**

Effective communication of expectations with all relevant parties is essential to help assure that the best emergency care possible is provided during the most critical moments. The **PEAPR** provides the platform to establish this effective communication as the venue specific Emergency Action Plan (EAP), required by the Gfeller-Waller Concussion Awareness Act, is reviewed prior to the event beginning. The **PEAPR** Card provides guidance for the **PEAPR** that is convened and supervised with the gameday administrator or designee, lead official, and the Licensed Athletic Trainer\* (LAT) and/or First Responder\* (FR) from the competing schools. Communication of expectations ascertained during the **PEAPR** helps generate a focused, coordinated emergency response and outcome during the most critical moments when the EAP is activated.

\* If required by NCHSAA to attend the event.

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# Health and Safety



**PREGAME EAP  
REVIEW CARD**

All Events	Outdoor Events
1. Who is the gameday administrator and what is their contact information?	1. Who will be monitoring environmental and field/facility conditions during the event? (e.g., thunder and lightning, Wet Bulb Globe Temperature)
2. Is there a Licensed Athletic Trainer (LAT) and/or First Responder (FR) on site and what is their contact information? If an LAT or FR is not on site who is the most qualified person to provide CPR and first aid care?	2. Who will notify officials of unsafe environmental or field/facility conditions?
3. Has the Emergency Action Plan (EAP) been reviewed and where is the posted venue specific EAP located?	3. Has the lightning or thunder disturbances safe shelter and evacuation route been identified?
4. What first aid and emergency equipment is available at the venue and where is it located? (e.g., first aid kit, AED/CPR equipment, spinal injury stabilization equipment, exertional heat illness management equipment, etc.)	4. What is the Wet Bulb Globe Temperature, if available, at the beginning of the contest?
	 <small>AUTO • HOME • LIFE • HEALTH • BANK</small>
	 <b>#PreGameEAP</b>

P  
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D

**PREGAME EAP  
REVIEW CARD**  
#PregameEAP



**THE MISSION OF THE NCHSAA IS TO  
PROVIDE GOVERNANCE AND  
LEADERSHIP FOR INTERSCHOLASTIC  
ATHLETIC PROGRAMS THAT SUPPORT  
AND ENRICH THE EDUCATIONAL  
EXPERIENCE OF STUDENTS.**

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222 Finley Golf Course Road  
Chapel Hill, NC 27517  
919-240-7401

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# Health and Safety

## Gameday Administrator Conducts *PEAPR*


The *PEAPR* shall be conducted by the Gameday Administrator or designee prior to the event beginning. Answers to the questions on the *PEAPR* Card should be communicated during the *PEAPR*. Those attending the *PEAPR* should include the lead official, Licensed Athletic Trainer\* (LAT) and or First Responder\* (FR).


\* If required to attend the event.

The NCHSAA recommends that a hard copy or electronic copy of the venue specific EAP be provided to both the lead official and visiting team personnel.

# Health and Safety







**Football Contest Pregame EAP Review (PEAPR) Report**  
**#PregameEAP**

The *PEAPR* Report should be completed by the home team's Licensed Athletic Trainer (LAT) and/or First Responder (FR) or Gameday Administrator with a copy made available to the visiting team. In an effort to save time you are encouraged to complete as much of the report as possible prior to attending the *PEAPR* at the event site. It is not necessary to send this report to the NCHSAA, however, please save this report and provide it to the NCHSAA upon request.

- Game Information
  - Date:
  - Opponent:
- Gameday Administrator or Designee
  - Name:
  - Cell:
- LAT/FR Information
  - Home Name(s):
  - Home Cell:
  - Visiting Name(s):
  - Visiting Cell:
- Additional Medical Personnel
  - Name(s)/Role:
- Emergency Action Plan (EAP)
  - Plan Reviewed: ☐ Yes ☐ No
  - Location Identified: ☐ Yes ☐ No
- Inclement Weather
  - Safe Shelter & Evacuation Route Identified: ☐ Yes ☐ No
  - Individual Designated to Monitor:
    - Name/Title:
    - Cell:
  - Individual Designated to Notify Lead Official: ☐ Yes ☐ No
    - Name/Title:
    - Cell:
- Wet Bulb Globe Temperature
  - Reading at Beginning of Contest:

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# Health and Safety

## Penalties and Fines:

- \$1000.00
  - Failure to have documentation of a signed Concussion Information Form for any person
    - If a student athlete, he or she is ineligible to participate until the education component is completed.
    - If a parent, student athlete(s) is removed from further participation until the parent completes the education component.
    - If a coach or other athletic staff member, he or she is suspended from coaching until the education component is completed.



# Health and Safety

## Penalties and Fines:

- \$500.00
  - Failure to post a venue specific emergency action plan (EAP). This fine applies per venue but shall not exceed \$2,500.00.
- \$1000.00
  - Failure to have a certified EAP for all athletic programs. Noncompliance with this directive may also result in the entire athletic program's suspension from further participation.



# Health and Safety

## Penalties and Fines:

- \$100.00
  - Failure to correct Emergency Action Plan deficiencies by NCHSAA established deadline.
- \$500.00
  - Failure of a member school to meet an athletic event medical care requirement.





# 20 Minute Break

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# NC Athletic Director's Association



**Roy Turner**

- Executive Director

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# Eligibility Rules and Regulations

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# Rules and Regulations

## General

- Composite teams not allowed

## Conferences

- Sets own Constitution and by-laws for regular season
- President and/or secretary responsible for submitting standings for post-season
- All-Conference teams and awards governed by conference
- Forfeitures handled at the conference level
- In order to join a conference, new schools must field minimum of sports

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# Gender of Player

- The NCHSAA allows participation in interscholastic athletics for all students, regardless of gender or gender identification.

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# Gender of Player

- A student may participate based on the gender noted on the student's certificate of birth.
  - Women shall not participate on a men's interscholastic athletic team where the school has a women's team in the same sport or where a school sends an entry to the women's state playoffs in the same sport.
    - In cases where women are permitted on a men's team, the school forfeits all participation in the women's playoffs in the same sport.
  - Men's rules will be used where women play on men's teams.
  - Men's shall not participate on women's team's in any sport.



# Gender of Player

- When a student's gender identity differs from the gender listed on the student's certificate of birth, the Gender Identity Request Form must be submitted by the member school to the NCHSAA prior to any participation by the student under circumstances that would constitute ineligibility.



# Gender of Player

- The following information should be submitted with the Request:
  - Documentation from individuals such as, but not limited to, parents/legal guardians appointed by a court of competent jurisdiction, friends, and/or teachers, which affirm that the actions, attitudes, and manner demonstrate the student's consistent gender identification.
  - A complete list of all the student's prescribed, non-prescribed, or over the counter treatments or medications relative to gender identity.
  - A complete list of interventions that have happened related to the gender identity of the student.
  - Written verification from an appropriate healthcare professional (e.g. physician, psychiatrist, psychologist, school nurse, etc.) of the student's consistent gender identification. Include any other social/emotional information from health-care professionals that would help the Committee make a decision about the student. This information must be submitted on office letterhead of the healthcare professional who provides verification with contact information and professional title of the individual.
  - Any other pertinent documentation or information which the student or parent(s)/legal guardian(s) appointed by a court of competent jurisdiction believe relevant and appropriate.





# Gender of Player

- The NCHSAA will refer the Gender Identity Request to the NCHSAA Gender Identity Committee for consideration.
  - The NCHSAA Gender Identity Committee will consist of the following:
    - Current member of the Board of Directors;
    - LEA or school administrator;
    - Physician with experience in gender identity health care and/or World Professional Association of Transgender Health (WPATH) Standards of Care;
    - Psychiatrist, psychologist, or licensed mental health professional familiar with the WPATH.
- The Committee will approve the Request if it finds that the student genuinely identifies as the gender indicated in the Request.



# Gender of Player

- The Committee will require that the member school has verified that the student is eligible in all other aspects.
- The Committee will respect and promote the student's privacy and confidentiality rights under HIPPA and FERPA in the process of considering a Gender Identity Request. Information provided to the Committee will be shared only to the extent necessary to decide the Gender Identity Request; provided that, if a Gender Identity Request is approved, the student's school may share the student's gender identity with other schools as necessary to ensure appropriate accommodations when competing at another school.



# Gender of Player

- In cases where a Gender Identity Request has been approved:
  - The student will be declared eligible to participate based on the student's gender identity.
    - 1.2.4.a is not in effect.
- It shall be the responsibility of the school to comply with all state and federal mandates/laws.



# Rules and Regulations

## Master Eligibility Forms

- Checklists
  - Found under eligibility on website
    - Student-Athlete – use for “red flag” athletes
    - Team – Involve the coach in the process
- Must include all eligible students participating in that sport
  - Varsity & JV
- Additional information on form:
  - Meets local promotion standards
  - Meets local attendance policy
- Residence column
  - If unchecked must use letter code to tell why ineligible in that administrative unit (1, 2, 3, 4, 5, 6)

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# Rules and Regulations

## Master Eligibility Forms

- Kept on file at school
  - Do not send to the NCHSAA
- Share with all teams in your conference
- Ineligible athletes cannot practice
  - Managers listed on eligibility form do not have to be eligible

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# Rules and Regulations

## Eligibility

- A student may participate in athletics at any member school upon initial entry into ninth grade, provided they meet applicable NCHSAA and LEA eligibility requirements.

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# Rules and Regulations

## Enrollment/Residence

- Student must be a regularly enrolled member of the school's student body.
- Student must participate at the school to which he/she is assigned by the local board of education

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# Rules and Regulations

## Enrollment/Residence

- School assignment is based on the residence of the parent or legal custodian (court ordered custody, not guardianship) within the administrative unit.
- Student must live with the parents or legal custodian.

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# Rules and Regulations

## Enrollment/Residence

- A “legal custodian” is a person or agency awarded legal, court-ordered custody of a child.
- A student may not have two residences for eligibility purposes.



# Rules and Regulations

## Enrollment/Residence

- In order for a change of residence to be bona fide at least the following facts must exist:
  - The original residence must be abandoned as a residence; that is sold, rented or disposed of as a residence and must not be used as residence by any member of the family.
  - The entire family must make the change and take with them the household goods and furniture appropriate to the circumstances.
  - The change must be made with intent that the move is permanent.

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# Home School Participation

## Initial Eligibility

- Home school students
  - Documentation from the Division of Non-Public Education must be presented upon initial dual enrollment- attendance, immunization, transcript, school number, etc.
- Home school students must communicate athletic intent at a member school in which they are domiciled and follow the enrollment and assignment procedures/policies established by the local board of education.
  - Notice to principal must take place at least ten days prior to the first practice date of each sports season.

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# Home School Participation

## Attendance

- Home school students:
  - Must have been enrolled in the registered home school for 365 days prior to being eligible in a member school.
  - Once deemed eligible at a member school, the student must maintain continuous dual enrollment.
    - Unenrollment would render the student ineligible for 365 days.
  - Must participate in a class schedule that is at least one half of the school's instructional day
    - At least one class must be on campus each semester or meet LEA requirements.

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# Home School Participation

## Scholastic Requirements:

- A student must have passed a minimum load of work during the preceding semester to be eligible at any time during the present semester. The semester is normally considered half of the academic year. All students must also meet local promotion standards, set by the LEA and/or the local school. **Home school students must be on grade level according to a nationally standardized achievement test indicating grade level.**
- A minimum load is defined as five courses in the traditional school schedule and three courses for schools on the “block” format. If the school is on an A/B form of block scheduling, a student must pass six of eight courses during what would traditionally be defined as a semester. Any student, including seniors must pass that minimum load, even if they need fewer for graduation. **Home school student must pass all courses in which he/she is enrolled in (public school).**

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# Rules and Regulations

## Eligibility

- After initial entry into the 9<sup>th</sup> grade, the following boundary and transfer criteria shall determine a student's athletic eligibility at a member school.

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# Rules and Regulations

## Boundary Criteria

- The student must live within the member school's boundary as established by the LEA; or
- If the student's member school does not have a boundary established by a LEA (e.g., charter school, non-boarding parochial school, etc.), then the boundary for the member school shall be considered to be:
  - The entire county in which the member school is located
  - Any addresses within a 25-mile radius of the member school as measured by an NCHSAA-designated computer program
- There will be no boundary limitation if the student is a member of a parochial church affiliated with a non-boarding parochial school member and submits an authorized pastor verification form

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# Rules and Regulations

## Transfer Policy

- After initial entry into the 9<sup>th</sup> grade and absent a bona fide move:
  - A student transferring from one member school to another member school within the same Local Education Agency (LEA) must sit out 365 days for athletic participation. LEA may create criteria for immediate athletic eligibility for transfers within the LEA.
  - A student transferring from one member school in one LEA to another member school in a different LEA must sit out two consecutive semesters, or 365 days, whichever is less, for athletic participation. NOTE: A student's participation in cheerleading is not subject to the NCHSAA Transfer Policy.

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# Rules and Regulations

## Transfer Waiver Request (LEA to LEA only)

- NCHSAA FORM
- Transfer from LEA to LEA is the student's first transfer.
- By mutual agreement, the transfer is not for athletic purposes.
  - If deemed ineligible due to athletic purposes, the student will only be ineligible in that sport(s).



# Rules and Regulations

## Transfer Policy

- Students transferring to the same member school where the student's coach has relocated within a calendar year will be deemed ineligible in any sport in which the coach is involved.
- A student may not participate in practices or contest until the student's transfer has been validated by the NCHSAA.
- If a member school is not part of a defined LEA (e.g., charter school, non-boarding parochial school, etc.) then the member school itself will be considered its own LEA for purposes of this policy.



# Rules and Regulations

## Enrollment/Residence

- No student may participate at a second school in the same sport season except in the event of a bona fide change of residence of the parent(s) or legal custodian. Change of schools must be contemporaneous with change of residence.



# Rules and Regulations

## Enrollment/Residence

- *A student is eligible at their assigned school if he/she attended school within that administrative unit the previous two (2) semesters, provided it meets LEA policy.*
  - Includes Foreign Exchange Students

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# Rules and Regulations

## Attendance

- Must meet local policy
  - Attendance is regulated by local LEA policy in terms of length of day required to be counted in attendance.
- No statewide 85% policy

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# Rules and Regulations

## Scholastic Requirements

- Must pass a minimum load of course work the previous semester to be eligible at any time during the semester. **Any student, including seniors, must also pass the minimum load even if they need fewer courses for graduation.**
- All students must also meet local promotion standards, set by the L.E.A. and/or local school.
- Courses must be approved for credit, (i.e., audited courses would not count).

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# Rules and Regulations



## Scholastic Requirements

- Minimum load is defined as five (5) courses in the traditional school schedule.
- Minimum load is defined as three (3) courses on the traditional 90 minute “block” schedule. This applies to all student athletes, including seniors.

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# Rules and Regulations

## Scholastic Requirements

- Summer school work used to make up part of the minimum load must be applied to the most recent semester.
- Credit for summer school work is the determination of the local unit.

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# Rules and Regulations

## Scholastic Requirements

A student not eligible at the beginning of the semester is not eligible at any time during the semester.

Exception 1: a student who receives an incomplete which causes him/her to fail to meet minimum scholastic requirements is ineligible until the course is satisfactorily completed. Eligibility is restored immediately.

Exception 2: a student who is awaiting a final grade due to state mandated testing, which causes him/her to fail to meet minimum scholastic requirements remains ineligible until the score is received.



# Rules and Regulations

## 8-Semester Rule

No student may be eligible to participate at the high school level for a period lasting no longer than eight (8) consecutive semesters, beginning with the student's first entry into ninth grade or an over-aged seventh or eighth grade student's participation on a high school team, whichever occurs first.

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# Rules and Regulations

## Maximum Number of Seasons

- No student may participate at the high school level for more than four (4) seasons in a sport (one season per year, i.e., A student could not play fall women's soccer in one state and then play NCHSAA women's soccer in the spring).

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# Rules and Regulations

## Felony Policy

- A student must not be convicted of a felony in this or any other state or be adjudicated as a delinquent for an offense that would be a felony if committed by an adult in this or any other state.

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# Rules and Regulations

## Age Rule

- Student may not participate if he/she becomes 19 years of age on or before **August 31**.

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# Rules and Regulations

## Amateur Status

- Under no circumstance may an individual or team:
  - Accept money
  - Accept items by virtue of being on a “free list” or “loan list.”
  - Compete under a false name
- As a result of athletic ability/performance, an individual may accept a gift, merchandise, trophy, etc. provided it meets the following conditions:
  - Does not exceed \$250.00 value per sports season
  - The item must be totally consumable and nontransferable (e.g., meals, trips, etc.) or labeled in a permanent manner (i.e., monogrammed, engraved, etc.)
  - Approved by the local principal and superintendent.
- A team or camp group may accept a gift, merchandise, trophy, etc. provided it meets the following conditions:
  - Available to every member of the team
  - Totally consumable and nontransferable (e.g., meals, trips, etc.)
- A student is entitled to receive “essential expenses” for any particular game or games, in which he or she participates as a player, which includes meals, lodging and transportation for each particular game. Any remuneration beyond these essential expenses shall debar a student from future contests.
- Accepting a nominal, standard fee or salary for instructing, supervising, or officiating in an organized youth sports program or recreation, playground, or camp activities shall not jeopardize amateur status. An “organized youth sports program” includes both school and non-school programs.
- A member school which has any connection with the presentation of a forbidden award, including but not limited to assisting in the selection of the person to receive the award, permitting the award to be given at a school function, or holding the award for a student until he or she has graduated, shall be subject to penalty.

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# Rules and Regulations

## Falsification of Documents

- Falsification of information in terms of eligibility will result in the student athlete(s) being declared ineligible for a period of 365 days from the point of notification to the NCHSAA.
  - Student athletes are prohibited from involvement in all athletic-related activity for the 185-day school year and any school-sponsored activity(s) during the summer.

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# Rules and Regulations

## Ineligible Student-Athletes

- A student may not play, practice or be on the roster if ineligible.
  - This does not apply to skill development or summer workouts, but the student should be enrolled in your school and have a up-to-date physical.
  - Managers, statisticians, etc. do not have to meet NCHSAA eligibility standards.
- There shall be no Sunday participation in any sport. This includes the assembling of athletic squads (full teams or selected individuals) for purposes of viewing films, chalk talks, or other materials pertaining to the coaching of the team.

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# Rules and Regulations

## Ineligible Student-Athletes

- A student may not dress for a game or scrimmage when he/she is not eligible to participate in the game.
- If serving an “ejection”, student may be in the bench area but may not be in uniform.
- If ejected, coach may not be on the premises during the contest and is not allowed to communicate with the coaches/team during the contest.



# Rules and Regulations

## School Requirements

- Each coach should verify the eligibility summary form that is signed by the principal and/or athletics director.
- Master Eligibility sheets are to be shared with each member school of your conference for each sport program.
- A mandatory parent/guardian meeting must be held to have the parent sign the parental permission form to acknowledge eligibility and sportsmanship policies/expectations have been reviewed.

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# Rules and Regulations

## Tobacco Products (including E-Cigarettes), Alcoholic Beverages and Controlled Substances at Game Site:

*“Participants, coaches, and other team representatives and game officials, including chain crew, official scorers and timers, should not use any tobacco product (including E-Cigarette), alcoholic beverage or controlled substance at a game site; violation of the policy will result in ejection from the contest.”*

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# Rules and Regulations

## Penalties and Fines

UNPAID FINES – Schools that have unpaid fines to the NCHSAA are not eligible to compete in the playoffs for that sport (i.e. baseball fine would be specific to baseball playoffs) unless the fine is paid two (2) days prior to the playoff reporting date for that sport.

Any fine not paid at the end of the fiscal year (June 30) will carry over to the following school year making all teams at said school ineligible for playoffs until the fine is paid in full.



# Unpaid Fines

- Unpaid fines will be posted for NCHSAA membership view only

# Eligibility Summary Forms



- Deadline Changes
  - Fall – September 1
  - Winter – December 1
  - Spring – March 15

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# Post-Season Participation

- Independent NCHSAA member schools are eligible for individual sports post-season only, based on the sport

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# Wilson Game Balls

**2020-21**

- Required use of the official and adopted Wilson game balls in all playoff events
- Strongly recommend the use of the official and adopted Wilson game balls during the regular season

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# Business and Finance

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# Business and Finance

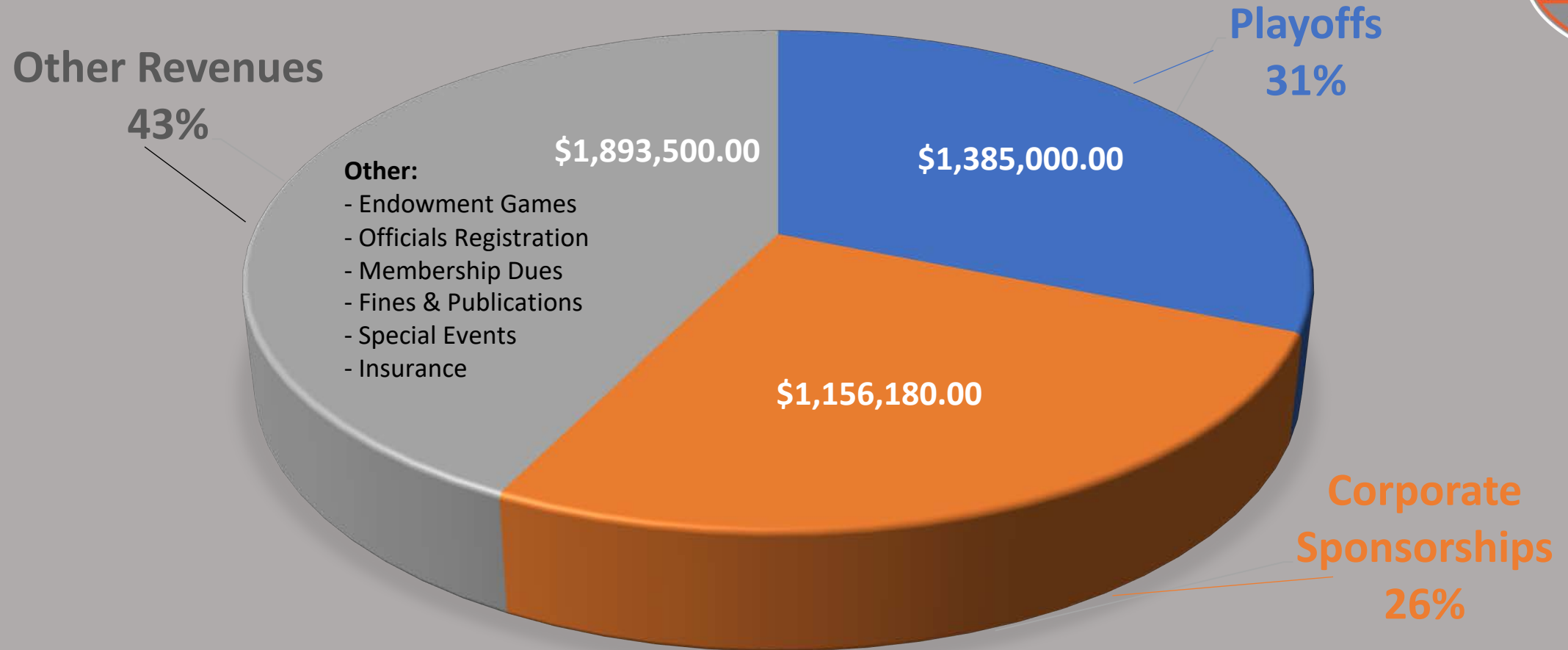


## Funding

- Three Main Sources
  - Playoff and Championship Ticket Sales
  - Corporate Partnerships, Grants
  - Dues, Fees, Miscellaneous Income
- No State Funding
  - Exception: Student Services

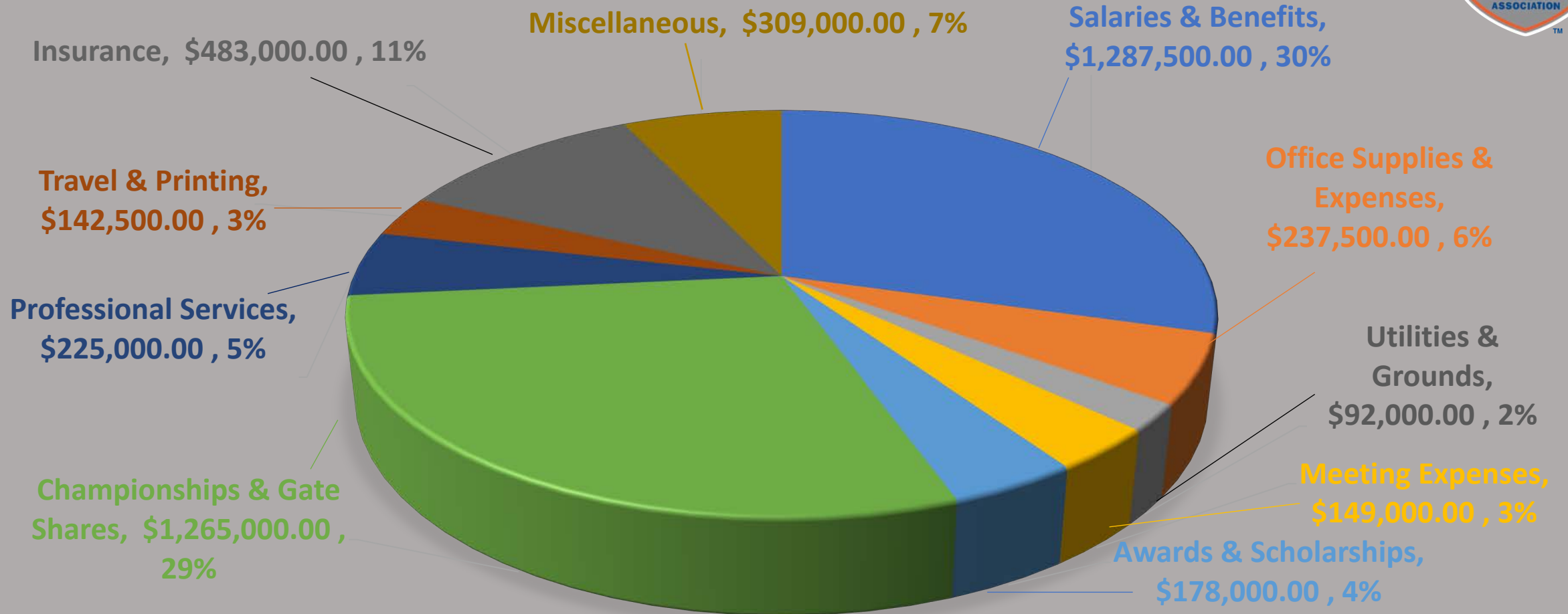
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# 2019-20 BUDGET REVIEW: REVENUE | \$4,434,680.00



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# 2019-20 BUDGET REVIEW: EXPENSES | \$4,368,500.00



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# Business and Finance



## Benefits to member schools

- Corporate partner revenues underwrite championship expenses, special programs, and general operating expenses
  - Greater playoff shares to participating schools when championship expenses are covered through partner funds!
  - Low membership dues
  - Programs and services from the NCHSAA office at no additional cost to schools, students, parents
  - Enhanced public awareness for high school athletics Through media partners (radio, TV, digital, social media)
  - Discounts on services and/or products from partners
    - Monthly e-newsletters sent to athletic directors/principals/coaches to share promotions, news from partners and upcoming events

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# Business and Finance



## Host City Partners

- Provide guaranteed financial support to offset event expenses within their respective communities
- Economic impact of championship events in their community is driving force

## Corporate Partners

- Provide financial, in-kind and/or trade of services in exchange for various marketing and branding opportunities available through NCHSAA's audiences and events

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# Business and Finance



## Merchandiser

- Marketing Special Promotions, LLC.
  - Official regional and championship merchandise sales group
  - Provide on-site sales team to sell event-specific apparel and accessories
  - Can work with your school to create spirit gear

## Television & Streaming Partners (Sinclair & NFHS Network)

- Holds the rights to live televising of all NCHSAA playoff and championship events
- Schools own the rights to their regular season home games; however, the NCHSAA must approve all live video broadcasts unless exclusively aired on NFHS Network
- All post-season broadcasts, audio & video, must be approved by the NCHSAA through the online Post-season Broadcast Request Form

# Business and Finance



## Preferred Vendors

- Provide finance or in-kind product in exchange for limited promotional opportunities to school administrators through NCHSAA
  - *Examples: Fox40, Gearef, CheerSounds Music*

## Licensee

- Granted limited use of trademarked NCHSAA logo on goods and services sold to member schools, their student/administrators/athletes and game officials.
- Licensee provides a percentage of royalties back to NCHSAA or member schools from sales of goods
  - *Example: Josten's, K12 Licensing*

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# Business and Finance



## K12 Licensing

- NFHS national initiative to help schools protect their respective brands
- Receive royalties from sales of items in major retail stores
- [www.nfhslicensing.com](http://www.nfhslicensing.com)
- Contact: Andrew Engel | Direct Phone: (224) 829-4108 | [aengel@k12licensing.com](mailto:aengel@k12licensing.com)



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# Business and Finance

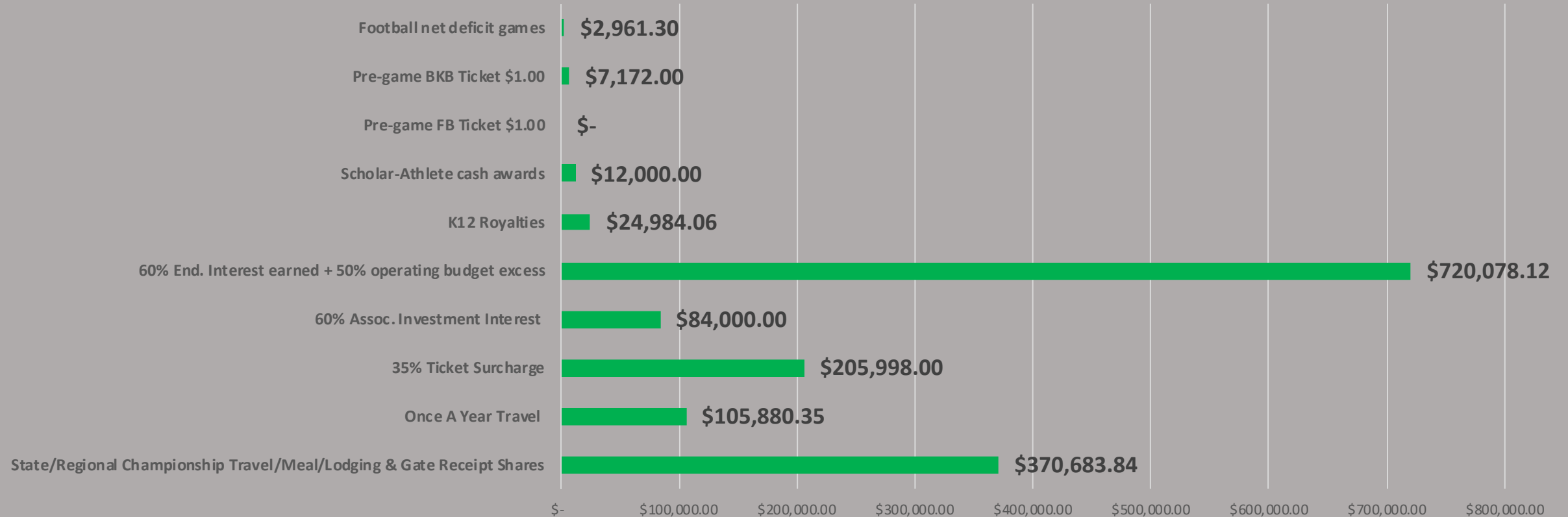


## Endowed Funds

- Initiated in 1991
- Endowment Fund
- Hall of Fame Endowment
- Supplements Championships and Other Programs
  - Hall of Fame
  - Association Awards
  - Scholarships
  - Special Programs
    - AED initiative (2006-2008)
    - \$1,000 back to each school (2010-11)
- 50% of Operating Budget overage
- 50% of Interest/dividends Earned – Endowment Fund
- 60% of interest/dividends Earned – General Association Funds
- 35% of \$1 Surcharge revenue

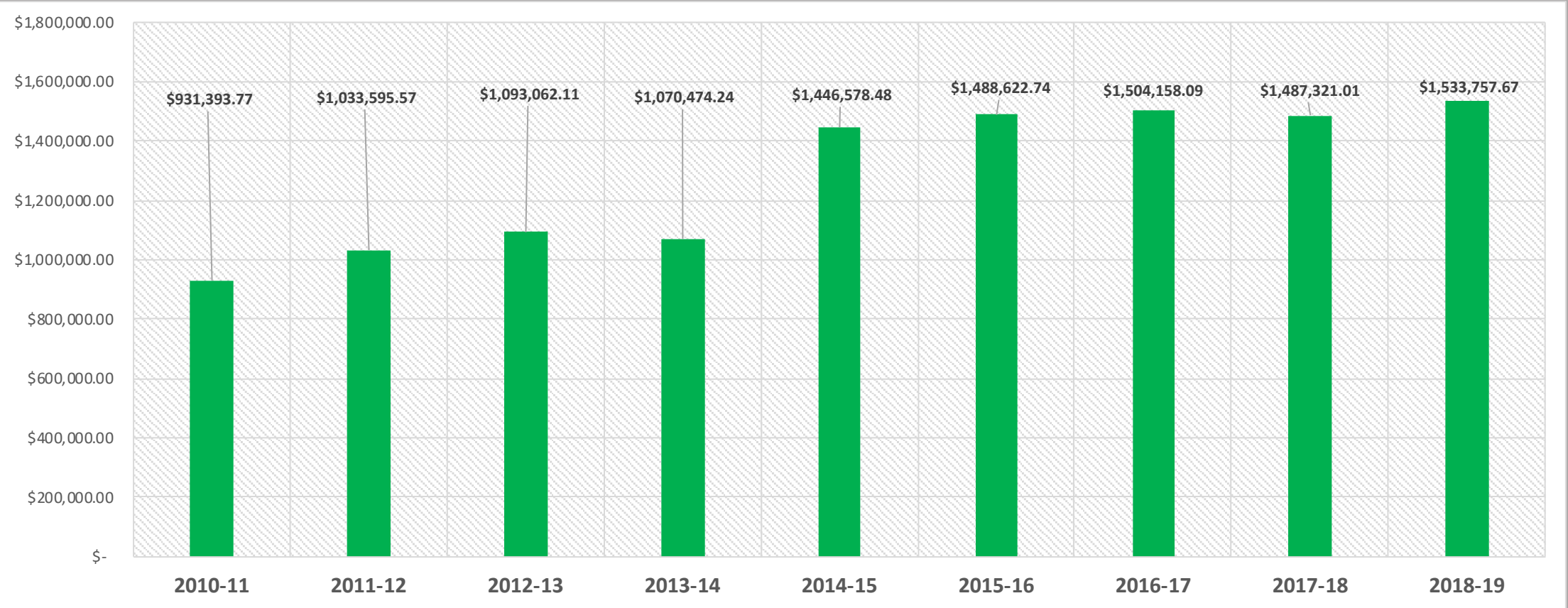
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# NCHSAA Distribution of Funds to Member Schools 2018-2019 | \$1,533,757.67



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# NCHSAA Distribution of Funds to Member Schools 2010/11-2018/19 | \$11,588,963.68



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# Business and Finance



## Scholarships and Cash Awards

- **Toby Webb Coach of the Year**
  - \$2,000 Awards
  - 1 Male Coach/1 Female Coach
- **Charlie Adams Endowed Scholarship**
  - \$1,500 Awards
  - 1 Male Wrestler & 1 Female Cross-Country Runner
- **Pat Gainey Award**
  - \$5,000 Awards
  - 2 Student-Athletes
- **Clary Medal**
  - \$2,000 Awards
  - 1 Male & 1 Female
- **Jerry McGee Scholarship**
  - \$1,500 Awards
  - 1 Male & 1 Female
- **Tony Cullen Memorial Scholarship**
  - \$1,000 Awards
  - 1 Male & 1 Female Lacrosse Player
- **NCHSAA Lacrosse Scholarship**
  - \$500 Awards
  - 1 Male & 1 Female Lacrosse Player
- **Willie Bradshaw Memorial Scholarships**
  - 2 Per Region (16 total) @ \$750 each
  - 2 State Awards @ \$1,000 each
- **NCHSAA Cheerleading Scholarships**
  - 4 @ \$500 each, 1 per class
  - Presented at NCHSAA Invitational
- **Commissioner's Cup Awards**
  - Community Service Awards
  - 2 per class @ \$1,000 each
- **Exemplary School Award**
  - \$1,000 cash
  - Banner

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# Business and Finance



## NCHSAA Education-Based Athletics Grant Program



- Funding must be used for unmet needs facing the student-athletes in their school.
- Any staff member from an NCHSAA Member School may submit application.
- Applications are online and can be found under fundraising and grant opportunities located in School Central on our website.
- Deadline: November 30, 2020.

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# Business and Finance

## Endowment Contest

- If you choose to host an endowment game, you must request the game on Home Campus ([www.nchsaahome.org](http://www.nchsaahome.org))
- To prevent scheduling errors and confusion about who owes the endowment share, only the host school may request the endowment game
- If you play a non-member school, you are responsible for payment of 25% the gate revenue to the NCHSAA, regardless if you host or are on the road.
- Communication is the key to ensure both schools are aware of the endowment game

# Business and Finance



## Catastrophic Insurance

- Mandatory for all member schools
- Premium rate is \$3.75 per athlete and coach
- Russell James and Arlene Nunn, Association Insurance Administrators
- Application form will be completed through home campus
  - Information regarding this process will be emailed to all athletic directors at the beginning of the school year
- Number of athletes and coaches for upcoming year is estimated based on previous year's numbers (new schools use best estimate possible)
- Payment to NCHSAA due by Oct. 1; if not paid by this date, a penalty of \$100 will be imposed; non-payment will result in being ineligible for fall sports' playoffs



# Business and Finance



## Membership Dues

- \$1.00 per student (entire student body) plus a \$100 administration fee
- Membership renewal is done through home campus
- ADM will be populated for each school, NCHSAA will notify schools when the invoices are available
- Send in form along with payment by Dec. 1; if not paid by this date, a penalty of \$100 will be imposed; non-payment will result in being ineligible for winter sports' playoffs
- Athletic Directors (or other authorized Home Campus users) must attest on behalf of the principal that the information has been seen and agreed to

# Business and Finance



## Business Manager

- TBD
  - NCHSAA Director of Business and Finance
  - 919-240-7366
- Playoff financial forms
- Catastrophic Insurance
- Membership Dues
- Reimbursements

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# Question & Answer Session

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Thank You For Coming...  
Have a Great Year!

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