

# 2021 4A Central NCHSAA Regional Championships - 2/4/2021 to 2/5/2021

Host: Page HS  
Swimming & Diving  
Meet Program

## Team Scoring

Individual: 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1

Relays: 18 – 14 – 12 – 10 – 8 – 6 – 4 – 2

### Awards

Awards will be presented to the top three individuals and relay teams after the 50 free, the 200 free relay and at the conclusion of the meet. Team Awards will be presented at the conclusion of the meet.

APEX Apex  
AFRND Apex Friendship  
ATHEN Athens Drive  
CARY Cary  
FUVAR Fuquay-Varina  
GHOPE Green Hope  
GRLVL Green Level  
GRIMS Grimsley

HLSPG Holly Springs  
MIDCR Middle Creek  
NWGUI Northwest Guilford  
PAGE Page  
PANCR Panther Creek  
RAGSD Ragsdale  
SGRNR South Garner

## Diving

### Event 9 Women 1 mtr Diving

375.00 AA-C All-America Consider

| Name                  | Yr | School      |        |
|-----------------------|----|-------------|--------|
| 1 Cranford, Bayleigh  | SO | Ragsdale    | 266.50 |
| 2 Church, Tatum       | SR | Grimsley    | 256.60 |
| 3 Hudson, Colleen L   | SO | NW Guilford | 245.35 |
| 4 Stephens, Elizabeth | JR | Page        | 167.20 |
| 5 Kay, Aubrie         | SO | Ragsdale    | 143.05 |
| 6 Quinlivan, Colleen  | SR | Cary        | 138.05 |

### Event 10 Men 1 mtr Diving

375.00 AA-C All-America Consider

| Name                  | Yr | School          |        |
|-----------------------|----|-----------------|--------|
| 1 Bopp, Erich         | SO | Grimsley        | 265.25 |
| 2 Graff, Ethan        | SR | Grimsley        | 262.75 |
| 3 Edin, Peter         | SR | Panther Creek   | 228.10 |
| 4 Sullivan, William   | FR | Middle Creek    | 214.40 |
| 5 Koncz, Chase        |    | Apex Friendship | 213.45 |
| 6 Klingemann, Grayson | JR | Apex            | 148.45 |
| 7 Katowitz, Tyler     | JR | NW Guilford     | 106.60 |

## Swimming

### Event 1 Women 200 Yard Medley Relay

1:44.21 AA-A All-America Auto

1:46.21 AA-C All-America Consider

| Lane               | Team            | Relay | Seed Time |
|--------------------|-----------------|-------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Holly Springs   |       | 1:58.16   |
| 4                  | Panther Creek   |       | 1:57.51   |
| 6                  | Athens Drive    |       | 1:57.71   |
| 8                  | NW Guilford     |       | 1:59.35   |
| <b>Heat 2 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Middle Creek    |       | 1:54.50   |
| 4                  | Grimsley        |       | 1:53.30   |
| 6                  | Page            |       | 1:53.74   |
| 8                  | Green Level     |       | 1:56.25   |
| <b>Heat 3 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Green Hope      |       | 1:49.32   |
| 4                  | Apex Friendship |       | 1:47.24   |
| 6                  | Apex            |       | 1:48.90   |
| 8                  | Cary            |       | 1:52.00   |

### Event 2 Men 200 Yard Medley Relay

1:33.21 AA-A All-America Auto

1:34.74 AA-C All-America Consider

| Lane               | Team            | Relay | Seed Time |
|--------------------|-----------------|-------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Panther Creek   |       | 1:46.98   |
| 4                  | Holly Springs   |       | 1:43.14   |
| 6                  | Cary            |       | 1:44.90   |
| 8                  | Ragsdale        |       | 1:49.71   |
| <b>Heat 2 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | NW Guilford     |       | 1:40.84   |
| 4                  | Grimsley        |       | 1:40.17   |
| 6                  | Page            |       | 1:40.71   |
| 8                  | Green Level     |       | 1:42.59   |
| <b>Heat 3 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Athens Drive    |       | 1:38.70   |
| 4                  | Green Hope      |       | 1:37.44   |
| 6                  | Apex Friendship |       | 1:37.89   |
| 8                  | Apex            |       | 1:38.74   |

# 2021 4A Central NCHSAA Regional Championships - 2/4/2021 to 2/5/2021

## Host: Page HS Swimming & Diving Meet Program

### Event 3 Women 200 Yard Freestyle

1:48.74 AA-A All-America Auto  
1:50.57 AA-C All-America Consider

| Lane               | Name              | Yr | School          | Seed Time |
|--------------------|-------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Hunt, Gracie      | FR | Grimsley        | 2:05.37   |
| 4                  | Lillis, Ryan      |    | Apex Friendship | 2:01.06   |
| 6                  | Jaynes, Hope      |    | Apex            | 2:02.54   |
| 8                  | Cross, Caroline   | JR | Grimsley        | 2:06.16   |
| <b>Heat 2 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Kenney, Carolyn   | SO | Holly Springs   | 1:59.30   |
| 4                  | Smith, Sydney     | JR | Apex            | 1:56.91   |
| 6                  | Curran, Molly     | SO | Cary            | 1:58.38   |
| 8                  | Legarth, Megan    |    | Apex Friendship | 1:59.74   |
| <b>Heat 3 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Rydzewski, Amber  | SR | Middle Creek    | 1:54.14   |
| 4                  | Cotter, Keelan    | SO | Green Hope      | 1:51.77   |
| 6                  | Adams, Jennifer   | SR | Cary            | 1:52.27   |
| 8                  | Carson, Katherine | SR | Green Hope      | 1:55.95   |

### Event 4 Men 200 Yard Freestyle

1:38.40 AA-A All-America Auto  
1:40.13 AA-C All-America Consider

| Lane               | Name             | Yr | School          | Seed Time |
|--------------------|------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Harris, Dax      | JR | Grimsley        | 1:48.67   |
| 4                  | Mizell, Kyle     |    | Apex Friendship | 1:47.36   |
| 6                  | Horman, Elijah   | SR | Cary            | 1:47.70   |
| 8                  | Anderson, Tate   | JR | Fuquay-Varina   | 1:52.69   |
| <b>Heat 2 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Williams, Keith  | SO | Panther Creek   | 1:46.98   |
| 4                  | Goembel, Matthew | JR | Athens Drive    | 1:44.84   |
| 6                  | Hughes, Connor   | SR | Panther Creek   | 1:45.69   |
| 8                  | Farrell, Brian   | FR | Green Hope      | 1:47.24   |
| <b>Heat 3 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Ayres, Max       | JR | Apex            | 1:43.71   |
| 4                  | Cotter, Michael  | JR | Green Hope      | 1:40.46   |
| 6                  | Haughey, Braeden | JR | Middle Creek    | 1:43.61   |
| 8                  | Marrujo, Max     |    | Apex Friendship | 1:44.57   |

### Event 5 Women 200 Yard IM

2:01.51 AA-A All-America Auto  
2:03.64 AA-C All-America Consider

| Lane               | Name                | Yr | School          | Seed Time |
|--------------------|---------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>       |    |                 |           |
| 2                  | Alexander, Phoebe   | JR | Athens Drive    | 2:14.70   |
| 4                  | Rydzewski, Samantha | FR | Middle Creek    | 2:12.19   |
| 6                  | Riley, Erin         | FR | Holly Springs   | 2:13.14   |
| 8                  | Osborne, Hadley     | FR | NW Guilford     | 2:15.87   |
| <b>Heat 2 of 3</b> | <b>Finals</b>       |    |                 |           |
| 2                  | McGonigal, Maeren   | FR | Grimsley        | 2:11.74   |
| 4                  | Morgan, Sydney      | SR | Green Hope      | 2:07.44   |
| 6                  | Dalbo, Kyra         | SR | Green Hope      | 2:11.60   |
| 8                  | Strout, Jennifer    | JR | Cary            | 2:11.93   |
| <b>Heat 3 of 3</b> | <b>Finals</b>       |    |                 |           |
| 2                  | Ivanov, Katya       | FR | Apex            | 2:06.51   |
| 4                  | Zettel, Brooke      | SR | Apex Friendship | 2:00.72   |
| 6                  | Bloom, Taylor       |    | Apex Friendship | 2:04.69   |
| 8                  | Pena, Karsen        | SR | Middle Creek    | 2:07.32   |

### Event 6 Men 200 Yard IM

1:49.57 AA-A All-America Auto  
1:51.57 AA-C All-America Consider

| Lane               | Name             | Yr | School          | Seed Time |
|--------------------|------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Peck, Connor     |    | Green Level     | 2:03.20   |
| 4                  | Hering, Flinn    | SR | Page            | 2:00.71   |
| 6                  | DeGroote, Hudson | FR | South Garner    | 2:01.57   |
| 8                  | Maycock, Julian  | SR | Page            | 2:03.54   |
| <b>Heat 2 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Juricak, Will    |    | Apex Friendship | 1:57.72   |
| 4                  | Nye, Grayson     | FR | Middle Creek    | 1:57.58   |
| 6                  | Dyke, Thor       | JR | Athens Drive    | 1:57.67   |
| 8                  | Keaney, Reilly   | SR | Grimsley        | 1:57.73   |
| <b>Heat 3 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Silver, Ryan     | SR | Athens Drive    | 1:55.33   |
| 4                  | Whelehan, Colin  | SO | Green Hope      | 1:54.65   |
| 6                  | Chapman, John    |    | Apex            | 1:55.31   |
| 8                  | Pollard, Jackson | SR | Green Hope      | 1:55.67   |

**2021 4A Central NCHSAA Regional Championships - 2/4/2021 to 2/5/2021**

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**Event 7 Women 50 Yard Freestyle**

**23.20 AA-A All-America Auto  
23.54 AA-C All-America Consider**

| Lane               | Name               | Yr | School          | Seed Time |
|--------------------|--------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Sullivan, Claire   | SR | Grimsley        | 25.64     |
| 4                  | Hunt, Ellie        | FR | Grimsley        | 25.60     |
| 6                  | Stark, Liv         | SR | Panther Creek   | 25.63     |
| 8                  | Marriott, Camilla  | FR | Apex            | 25.85     |
| <b>Heat 2 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Long, Anna         | SR | Green Hope      | 25.21     |
| 4                  | Castle, Kendall    | SR | Cary            | 25.09     |
| 6                  | Willett, Riley     | SO | Page            | 25.20     |
| 8                  | Cornell, Meghan    | JR | Fuquay-Varina   | 25.51     |
| <b>Heat 3 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Szczuka, Emma      |    | Apex Friendship | 24.54     |
| 4                  | Kondratyck, Morgan | SR | Holly Springs   | 24.06     |
| 6                  | Fu, Jiayu          | SR | Apex            | 24.33     |
| 8                  | Holland, Mary      |    | Apex Friendship | 24.62     |

**Event 8 Men 50 Yard Freestyle**

**20.54 AA-A All-America Auto  
20.91 AA-C All-America Consider**

| Lane               | Name                  | Yr | School          | Seed Time |
|--------------------|-----------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>         |    |                 |           |
| 2                  | Gatling III, LaDaniel | JR | Page            | 22.90     |
| 4                  | Hurlbert, Cole        | SO | Holly Springs   | 22.57     |
| 6                  | Dole, Brady D         | SO | NW Guilford     | 22.89     |
| 8                  | Nixon, Carson         | SO | Holly Springs   | 22.95     |
| <b>Heat 2 of 3</b> | <b>Finals</b>         |    |                 |           |
| 2                  | Carlson, Evan         | JR | Athens Drive    | 21.97     |
| 4                  | Bock, Michael         |    | Apex Friendship | 21.78     |
| 6                  | Eischeid, Benjamin    |    | Cary            | 21.89     |
| 8                  | Wade, Colton          | SO | Green Level     | 22.12     |
| <b>Heat 3 of 3</b> | <b>Finals</b>         |    |                 |           |
| 2                  | Prucha, John          | JR | Green Hope      | 21.50     |
| 4                  | Haxholdt, Victor      | SR | Athens Drive    | 21.31     |
| 6                  | Prucha, Ben           | SR | Green Hope      | 21.47     |
| 8                  | Adley, Logan          |    | Apex Friendship | 21.57     |

**Event 11 Women 100 Yard Butterfly**

**54.42 AA-A All-America Auto  
55.49 AA-C All-America Consider**

| Lane               | Name              | Yr | School          | Seed Time |
|--------------------|-------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Tjandra, Sammy    | SO | Panther Creek   | 1:01.11   |
| 4                  | Pham, Jacquelyn   | SR | Cary            | 1:00.49   |
| 6                  | Qian, Shakira     |    | Green Level     | 1:00.99   |
| 8                  | Tapper, Abbie     |    | Apex Friendship | 1:02.05   |
| <b>Heat 2 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Ally, Emily       | SR | Page            | 59.71     |
| 4                  | Prucha, Abby      | SO | Green Hope      | 58.42     |
| 6                  | Fu, Jiayu         | SR | Apex            | 58.60     |
| 8                  | McGonigal, Maeren | FR | Grimsley        | 59.81     |
| <b>Heat 3 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Quisumbing, Ania  | FR | Green Hope      | 57.15     |
| 4                  | Bloom, Taylor     |    | Apex Friendship | 56.04     |
| 6                  | White, Marisa     | FR | Apex            | 57.13     |
| 8                  | Pena, Karsen      | SR | Middle Creek    | 57.20     |

**Event 12 Men 100 Yard Butterfly**

**48.92 AA-A All-America Auto  
49.95 AA-C All-America Consider**

| Lane               | Name                 | Yr | School          | Seed Time |
|--------------------|----------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>        |    |                 |           |
| 2                  | Brooks, Jason        | JR | Page            | 54.32     |
| 4                  | Hering, Flinn        | SR | Page            | 53.22     |
| 6                  | Arndt, Thomas        | JR | Cary            | 54.00     |
| 8                  | Miroshnichekno, Alex | SR | NW Guilford     | 54.35     |
| <b>Heat 2 of 3</b> | <b>Finals</b>        |    |                 |           |
| 2                  | Tobul, Tommy         | SR | Holly Springs   | 52.24     |
| 4                  | Pena, Wyatt          |    | Apex Friendship | 51.62     |
| 6                  | Pollard, Jackson     | SR | Green Hope      | 51.74     |
| 8                  | Bunger, Joe          | JR | Holly Springs   | 53.08     |
| <b>Heat 3 of 3</b> | <b>Finals</b>        |    |                 |           |
| 2                  | Bock, Michael        |    | Apex Friendship | 51.39     |
| 4                  | Silver, Ryan         | SR | Athens Drive    | 50.70     |
| 6                  | Prucha, John         | JR | Green Hope      | 51.09     |
| 8                  | Bridgham, Joey       | SR | Athens Drive    | 51.46     |

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**Event 13 Women 100 Yard Freestyle**

**50.19 AA-A All-America Auto  
51.05 AA-C All-America Consider**

| Lane               | Name               | Yr | School          | Seed Time |
|--------------------|--------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Montanus, Abby     | SR | Panther Creek   | 56.57     |
| 4                  | Clark, Abigail     | JR | Cary            | 55.66     |
| 6                  | Lillis, Ryan       |    | Apex Friendship | 56.39     |
| 8                  | Curran, Kaylie     | SR | Cary            | 56.68     |
| <b>Heat 2 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Willett, Riley     | SO | Page            | 55.38     |
| 4                  | Long, Anna         | SR | Green Hope      | 55.07     |
| 6                  | Nance, Lauren      | SO | Apex            | 55.20     |
| 8                  | Hunt, Ellie        | FR | Grimsley        | 55.46     |
| <b>Heat 3 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Holland, Mary      |    | Apex Friendship | 53.33     |
| 4                  | Carson, Katherine  | SR | Green Hope      | 52.81     |
| 6                  | Kondratick, Morgan | SR | Holly Springs   | 53.23     |
| 8                  | Kenney,Carolynn    | SO | Holly Springs   | 54.41     |

**Event 14 Men 100 Yard Freestyle**

**44.95 AA-A All-America Auto  
45.73 AA-C All-America Consider**

| Lane               | Name               | Yr | School          | Seed Time |
|--------------------|--------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Miley, Kian        | SR | South Garner    | 50.07     |
| 4                  | Carlson, Evan      | JR | Athens Drive    | 49.55     |
| 6                  | Armbruster, Noah   | SR | Apex            | 49.82     |
| 8                  | Hurlbert, Cole     | SO | Holly Springs   | 50.90     |
| <b>Heat 2 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Tars, Robert       | JR | Ragsdale        | 48.63     |
| 4                  | Goembel, Matthew   | JR | Athens Drive    | 47.92     |
| 6                  | Eischeid, Benjamin |    | Cary            | 48.38     |
| 8                  | Jong, Ethan        | JR | Panther Creek   | 49.49     |
| <b>Heat 3 of 3</b> | <b>Finals</b>      |    |                 |           |
| 2                  | Prucha, Ben        | SR | Green Hope      | 47.88     |
| 4                  | Lloyd, Landon      | FR | Green Hope      | 47.12     |
| 6                  | Adley, Logan       |    | Apex Friendship | 47.40     |
| 8                  | Mizell, Kyle       |    | Apex Friendship | 47.91     |

**Event 15 Women 500 Yard Freestyle**

**4:52.18 AA-A All-America Auto  
4:56.85 AA-C All-America Consider**

| Lane               | Name             | Yr | School          | Seed Time |
|--------------------|------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Karlson, Erika   | FR | Panther Creek   | 5:26.59   |
| 4                  | Curran, Molly    | SO | Cary            | 5:19.74   |
| 6                  | Becker, Kailyn   |    | Apex Friendship | 5:21.99   |
| 8                  | Hunt, Gracie     | FR | Grimsley        | 5:35.16   |
| <b>Heat 2 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Hughes, Ashley   | JR | Green Level     | 5:07.78   |
| 4                  | Dalbo, Kyra      | SR | Green Hope      | 5:05.94   |
| 6                  | Smith, Sydney    | JR | Apex            | 5:06.95   |
| 8                  | Banks, Madie     | SR | Panther Creek   | 5:09.62   |
| <b>Heat 3 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Adams, Jennifer  | SR | Cary            | 5:04.63   |
| 4                  | Cotter, Keelan   | SO | Green Hope      | 5:01.88   |
| 6                  | White, Marisa    | FR | Apex            | 5:02.74   |
| 8                  | Rydzewski, Amber | SR | Middle Creek    | 5:04.99   |

**Event 16 Men 500 Yard Freestyle**

**4:28.38 AA-A All-America Auto  
4:33.10 AA-C All-America Consider**

| Lane               | Name             | Yr | School          | Seed Time |
|--------------------|------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Dane, Aiden      | SO | Apex            | 4:58.40   |
| 4                  | Harris, Dax      | JR | Grimsley        | 4:56.66   |
| 6                  | Beebe, Cooper    | FR | Athens Drive    | 4:56.77   |
| 8                  | Seeber, Andrew   | SO | Grimsley        | 5:07.14   |
| <b>Heat 2 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Horman, Elijah   | SR | Cary            | 4:50.40   |
| 4                  | Marrujo, Max     |    | Apex Friendship | 4:48.85   |
| 6                  | Williams, Keith  | SO | Panther Creek   | 4:48.87   |
| 8                  | Peck, Connor     |    | Green Level     | 4:55.95   |
| <b>Heat 3 of 3</b> | <b>Finals</b>    |    |                 |           |
| 2                  | Hughes, Connor   | SR | Panther Creek   | 4:43.50   |
| 4                  | Cotter, Michael  | JR | Green Hope      | 4:33.55   |
| 6                  | Haughey, Braeden | JR | Middle Creek    | 4:40.40   |
| 8                  | Whelehan, Colin  | SO | Green Hope      | 4:46.79   |

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| <b>Event</b> | <b>17</b>       | <b>Women 200 Yard Freestyle Relay</b> |                                  |  |
|--------------|-----------------|---------------------------------------|----------------------------------|--|
|              |                 | <b>1:35.36</b>                        | <b>AA-A All-America Auto</b>     |  |
|              |                 | <b>1:36.94</b>                        | <b>AA-C All-America Consider</b> |  |
| <b>Lane</b>  | <b>Team</b>     | <b>Relay</b>                          | <b>Seed Time</b>                 |  |
| <b>Heat</b>  | <b>1 of 3</b>   | <b>Finals</b>                         |                                  |  |
| 2            | Fuquay-Varina   |                                       | 1:50.81                          |  |
| 4            | Holly Springs   |                                       | 1:47.09                          |  |
| 6            | NW Guilford     |                                       | 1:49.81                          |  |
| 8            | Athens Drive    |                                       | 1:53.12                          |  |
| <b>Heat</b>  | <b>2 of 3</b>   | <b>Finals</b>                         |                                  |  |
| 2            | Page            |                                       | 1:44.70                          |  |
| 4            | Green Level     |                                       | 1:43.54                          |  |
| 6            | Grimsley        |                                       | 1:44.56                          |  |
| 8            | Cary            |                                       | 1:44.86                          |  |
| <b>Heat</b>  | <b>3 of 3</b>   | <b>Finals</b>                         |                                  |  |
| 2            | Apex            |                                       | 1:43.34                          |  |
| 4            | Green Hope      |                                       | 1:39.84                          |  |
| 6            | Apex Friendship |                                       | 1:41.84                          |  |
| 8            | Panther Creek   |                                       | 1:43.43                          |  |

| <b>Event</b> | <b>18</b>       | <b>Men 200 Yard Freestyle Relay</b> |                                  |  |
|--------------|-----------------|-------------------------------------|----------------------------------|--|
|              |                 | <b>1:24.80</b>                      | <b>AA-A All-America Auto</b>     |  |
|              |                 | <b>1:25.86</b>                      | <b>AA-C All-America Consider</b> |  |
| <b>Lane</b>  | <b>Team</b>     | <b>Relay</b>                        | <b>Seed Time</b>                 |  |
| <b>Heat</b>  | <b>1 of 3</b>   | <b>Finals</b>                       |                                  |  |
| 2            | Apex            |                                     | 1:38.41                          |  |
| 4            | NW Guilford     |                                     | 1:37.50                          |  |
| 6            | Ragsdale        |                                     | 1:38.07                          |  |
| 8            | Cary            |                                     | 1:40.29                          |  |
| <b>Heat</b>  | <b>2 of 3</b>   | <b>Finals</b>                       |                                  |  |
| 2            | Green Level     |                                     | 1:34.50                          |  |
| 4            | Panther Creek   |                                     | 1:32.95                          |  |
| 6            | Page            |                                     | 1:33.62                          |  |
| 8            | Holly Springs   |                                     | 1:34.85                          |  |
| <b>Heat</b>  | <b>3 of 3</b>   | <b>Finals</b>                       |                                  |  |
| 2            | Apex Friendship |                                     | 1:30.09                          |  |
| 4            | Green Hope      |                                     | 1:26.80                          |  |
| 6            | Athens Drive    |                                     | 1:28.09                          |  |
| 8            | Grimsley        |                                     | 1:32.25                          |  |

| <b>Event</b> | <b>19</b>           | <b>Women 100 Yard Backstroke</b> |                                  |                  |
|--------------|---------------------|----------------------------------|----------------------------------|------------------|
|              |                     | <b>54.80</b>                     | <b>AA-A All-America Auto</b>     |                  |
|              |                     | <b>55.92</b>                     | <b>AA-C All-America Consider</b> |                  |
| <b>Lane</b>  | <b>Name</b>         | <b>Yr</b>                        | <b>School</b>                    | <b>Seed Time</b> |
| <b>Heat</b>  | <b>1 of 3</b>       | <b>Finals</b>                    |                                  |                  |
| 2            | Nance, Lauren       | SO                               | Apex                             | 1:02.26          |
| 4            | Ally, Emily         | SR                               | Page                             | 1:01.63          |
| 6            | Williford, Caroline | SR                               | Holly Springs                    | 1:02.17          |
| 8            | Groce, April        | SR                               | Apex                             | 1:02.66          |
| <b>Heat</b>  | <b>2 of 3</b>       | <b>Finals</b>                    |                                  |                  |
| 2            | Banks, Madie        | SR                               | Panther Creek                    | 1:00.71          |
| 4            | Quisumbing, Ania    | FR                               | Green Hope                       | 59.04            |
| 6            | Castle, Kendall     | SR                               | Cary                             | 59.79            |
| 8            | Joseph, Neha        |                                  | Apex Friendship                  | 1:00.78          |
| <b>Heat</b>  | <b>3 of 3</b>       | <b>Finals</b>                    |                                  |                  |
| 2            | Rydzewski, Samantha | FR                               | Middle Creek                     | 58.40            |
| 4            | Clark, Abigail      | JR                               | Cary                             | 56.25            |
| 6            | Allred, Samantha    | JR                               | Green Hope                       | 57.12            |
| 8            | Legarth, Megan      |                                  | Apex Friendship                  | 58.74            |

| <b>Event</b> | <b>20</b>        | <b>Men 100 Yard Backstroke</b> |                                  |                  |
|--------------|------------------|--------------------------------|----------------------------------|------------------|
|              |                  | <b>49.38</b>                   | <b>AA-A All-America Auto</b>     |                  |
|              |                  | <b>50.37</b>                   | <b>AA-C All-America Consider</b> |                  |
| <b>Lane</b>  | <b>Name</b>      | <b>Yr</b>                      | <b>School</b>                    | <b>Seed Time</b> |
| <b>Heat</b>  | <b>1 of 3</b>    | <b>Finals</b>                  |                                  |                  |
| 2            | Mei, Garlan      | SO                             | Green Hope                       | 55.30            |
| 4            | Anderson, Tate   | JR                             | Fuquay-Varina                    | 55.23            |
| 6            | Holian, Tanner   | SO                             | Page                             | 55.23            |
| 8            | DeGroote, Hudson | FR                             | South Garner                     | 55.50            |
| <b>Heat</b>  | <b>2 of 3</b>    | <b>Finals</b>                  |                                  |                  |
| 2            | Chapman, John    |                                | Apex                             | 54.93            |
| 4            | Bridgham, Joey   | SR                             | Athens Drive                     | 53.13            |
| 6            | Bunger, Joe      | JR                             | Holly Springs                    | 53.58            |
| 8            | Tangeman, Brady  |                                | Apex Friendship                  | 54.94            |
| <b>Heat</b>  | <b>3 of 3</b>    | <b>Finals</b>                  |                                  |                  |
| 2            | Dyke, Thor       | JR                             | Athens Drive                     | 52.85            |
| 4            | Pena, Wyatt      |                                | Apex Friendship                  | 52.36            |
| 6            | Tars, Robert     | JR                             | Ragsdale                         | 52.53            |
| 8            | Lloyd, Landon    | FR                             | Green Hope                       | 53.02            |

**2021 4A Central NCHSAA Regional Championships - 2/4/2021 to 2/5/2021**

**Host: Page HS  
Swimming & Diving  
Meet Program**

**Event 21 Women 100 Yard Breaststroke**

**1:02.58 AA-A All-America Auto  
1:03.80 AA-C All-America Consider**

| Lane               | Name              | Yr | School          | Seed Time |
|--------------------|-------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Lin, Jennings     | SR | Grimsley        | 1:11.28   |
| 4                  | Vanega, Claudia   | FR | Cary            | 1:09.59   |
| 6                  | Osborne, Hadley   | FR | NW Guilford     | 1:10.69   |
| 8                  | Holloway, Blythe  | FR | Athens Drive    | 1:11.34   |
| <b>Heat 2 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | McRae, Katherine  | JR | Green Level     | 1:09.32   |
| 4                  | Strout, Jennifer  | JR | Cary            | 1:08.40   |
| 6                  | Yadav, Jotie      | SO | Apex            | 1:08.66   |
| 8                  | Alexander, Phoebe | JR | Athens Drive    | 1:09.43   |
| <b>Heat 3 of 3</b> | <b>Finals</b>     |    |                 |           |
| 2                  | Morgan, Sydney    | SR | Green Hope      | 1:06.39   |
| 4                  | Zettel, Brooke    | SR | Apex Friendship | 1:03.01   |
| 6                  | Ivanov, Katya     | FR | Apex            | 1:04.43   |
| 8                  | Smith, Corina     | SR | Green Hope      | 1:08.20   |

**Event 22 Men 100 Yard Breaststroke**

**55.84 AA-A All-America Auto  
56.98 AA-C All-America Consider**

| Lane               | Name                | Yr | School          | Seed Time |
|--------------------|---------------------|----|-----------------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>       |    |                 |           |
| 2                  | Mei, Garlan         | SO | Green Hope      | 1:02.58   |
| 4                  | Esposito, Patty     | SR | Grimsley        | 1:01.95   |
| 6                  | Jong, Ethan         | JR | Panther Creek   | 1:02.35   |
| 8                  | Dane, Aiden         | SO | Apex            | 1:03.07   |
| <b>Heat 2 of 3</b> | <b>Finals</b>       |    |                 |           |
| 2                  | Masneri, David      | FR | NW Guilford     | 1:01.31   |
| 4                  | Spreher, Preston    | SR | Green Hope      | 1:01.02   |
| 6                  | Schoenagel, Matthew |    | Green Level     | 1:01.16   |
| 8                  | Maycock, Julian     | SR | Page            | 1:01.74   |
| <b>Heat 3 of 3</b> | <b>Finals</b>       |    |                 |           |
| 2                  | Juricak, Will       |    | Apex Friendship | 1:00.21   |
| 4                  | Nye, Grayson        | FR | Middle Creek    | 58.79     |
| 6                  | Ayres, Max          | JR | Apex            | 59.56     |
| 8                  | Keaney, Reilly      | SR | Grimsley        | 1:00.89   |

**Event 23 Women 400 Yard Freestyle Relay**

**3:27.65 AA-A All-America Auto  
3:31.02 AA-C All-America Consider**

| Lane               | Team            | Relay | Seed Time |
|--------------------|-----------------|-------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Fuquay-Varina   |       | 4:11.48   |
| 4                  | Grimsley        |       | 3:58.65   |
| 6                  | Athens Drive    |       | 4:02.78   |
| 8                  | Page            |       | 4:12.14   |
| <b>Heat 2 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Green Level     |       | 3:45.89   |
| 4                  | Panther Creek   |       | 3:45.66   |
| 6                  | Holly Springs   |       | 3:45.82   |
| 8                  | Middle Creek    |       | 3:57.99   |
| <b>Heat 3 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Green Hope      |       | 3:36.97   |
| 4                  | Apex Friendship |       | 3:30.29   |
| 6                  | Apex            |       | 3:32.01   |
| 8                  | Cary            |       | 3:41.17   |

**Event 24 Men 400 Yard Freestyle Relay**

**3:06.28 AA-A All-America Auto  
3:09.26 AA-C All-America Consider**

| Lane               | Team            | Relay | Seed Time |
|--------------------|-----------------|-------|-----------|
| <b>Heat 1 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Middle Creek    |       | 3:39.53   |
| 4                  | Holly Springs   |       | 3:29.99   |
| 6                  | Green Level     |       | 3:30.11   |
| 8                  | NW Guilford     |       | 3:47.50   |
| <b>Heat 2 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Page            |       | 3:25.66   |
| 4                  | Panther Creek   |       | 3:23.53   |
| 6                  | Grimsley        |       | 3:25.42   |
| 8                  | Cary            |       | 3:28.05   |
| <b>Heat 3 of 3</b> | <b>Finals</b>   |       |           |
| 2                  | Athens Drive    |       | 3:14.19   |
| 4                  | Green Hope      |       | 3:11.99   |
| 6                  | Apex Friendship |       | 3:12.37   |
| 8                  | Apex            |       | 3:17.08   |