

2021-25 Regional Assignments
Wrestling

1A East		1A West	
Atlantic 5	Carolina	Central Carolina	Catawba Shores Athletic
Coastal Plains	Central Tar Heel	Metro 8	Northwest
Four Rivers	Mid-Carolina	Northwest Piedmont	Smoky Mountain
Tar Roanoke	Super Six	Piedmont Athletic	Southern Piedmont
	Triangle North	Yadkin Valley	Western Highlands
	Waccamaw		
2A East	2A Mideast	2A Midwest	2A West
Coastal Plains	Mid-Carolina	Central Carolina	Catawba Shores Athletic
East Central	Northern Lakes Athletic	Foothills	Catawba Valley Athletic
Eastern Plains	Southeastern Athletic	Mid-State	Mountain Foothills 7
Neuse 6	Super Six	Piedmont Athletic	Southern Piedmont
Northeastern Coastal	The Big East	Rocky River	Western Highlands
	Waccamaw	Yadkin Valley	
3A East	3A Mideast	3A Midwest	3A West
Big East	All American	Mid Piedmont	Big South
Coastal	Central	Mid-State	Mountain 7
Mideastern	Northern Lakes Athletic	Rocky River	Northwestern
Northeastern Coastal	Sandhills	South Piedmont	Queen City
Quad County	The Big East		The Mountain
	United 8		Western Foothills
4A East	4A Mideast	4A Midwest	4A West
Big East	All American	Central Piedmont	Northwestern
CAP 6	DAC-VII	Greater Metro	Queen City
Greater Neuse River	Sandhills	Metro	So Meck
Mideastern	Southwest Wake	Southern Carolina	Southwestern
Northern Athletic	United 8		The Mountain