

# SPORTS COMMITTEE

**Committee Members:** Ronnie Beverly (Chair), Troy Lindsey, Brian Carver, John Luciano, Cathy Moore, Joe Franks

**Staff:** Tra Waters and Rhonda Dreibelbis

| AGENDA ITEM   | RECOMMENDATION   | SUPPORTING INFORMATION   |
|---|--|--|
| <p>1. <u>Basketball</u><br/>5-Quarter Rule</p> <p>[NCBCA]</p> <p>Attachment S1</p> <p><i>*Tabled from Winter 2021 meeting</i></p> | <p>To allow 9<sup>th</sup> and 10th-grade players only to participate in five (5) quarters of basketball games on the same day.</p> <p>Proposed Language:<br/>“A student shall not participate in more than five quarters per day and will not exceed the seasonal limitation of games, exclusive of Conference Tournaments and State Playoffs. Overtime periods shall be considered an extension of the previous quarter, and participation for any length of time in a quarter shall constitute a full quarter.”</p> | <p><b>Rationale:</b> Schools are struggling to field both varsity and JV programs. This would allow schools to place players on each team commensurate with their playing level and ability while allowing for the flexibility of adding depth for the varsity contest</p> <p><b>Budget Impact:</b> N/A</p> <p><b>Educational Impact:</b> N/A</p> <p><b>Equity Impact:</b> Applies equally to both genders</p> <p><b>Effective Date:</b> 2022-2023 School Year</p> |
| <p>2. <u>Regional Assignments</u><br/>(<u>Cross-Country, Wrestling, Track &amp; Field</u>)</p> <p>Attachment S2</p>               | <p>Change the process for assigning schools to regions in the sports of cross-country, wrestling, and track &amp; field from a conference-based format to equitable regions based on longitude</p>   | <p><b>Rationale:</b> Will help reduce excessive travel to regionals across the state for many schools while also keeping each regional with an equitable number of participating schools</p> <p><b>Budget Impact:</b> None</p> <p><b>Educational Impact:</b> None</p> <p><b>Equity Impact:</b> Applies to men’s and women’s cross-country and track &amp; field</p> <p><b>Effective Date:</b> 2022-2023 School Year</p>  |

**AGENDA ITEM**

3. Wrestling  
Addition of  
Women's Wrestling  
as a Sport

[NCWCA]

Attachment S3

| RECOMMENDATION   | SUPPORTING INFORMATION  |
|--|---|
| To approve women's wrestling as it relates to being sanctioned as a sport with a state championship, as opposed to an invitational.<br>Reference Bylaw VI. | <p><b>Rationale:</b> There are 210 schools with at least 1 participating female wrestler and 125 schools with at least 2 participating female wrestlers. Bylaw VI describes the sanctioning process of needing at least 25% of the membership (107 schools) fielding a team for a sport to be sanctioned. NCHSAA Handbook policy 4.1.9.c states "A 'team' is defined as two or more students practicing and competing in a regular scheduled school season"</p> <p><b>Budget Impact:</b> N/A<br/><b>Educational Impact:</b> N/A<br/><b>Equity Impact:</b> Addition of a sanctioned women's sport<br/><b>Effective Date:</b> 2023-2024 School Year</p> |

| AGENDA ITEM   | RECOMMENDATION   | SUPPORTING INFORMATION  |
|---|--|---|
| <p>4. <u>Dual Team Tennis</u></p> <p>[NCTCA]</p> <p>Attachment S4</p>                                     | <p>To allow for an open dual team tournament for the 2022-2023 school year for women's and men's tennis seasons as a pilot program to assess its effectiveness in being a fairer way to decide a state champion.</p> | <p><b>Rationale:</b> See attachment S4 and related video links:</p> <p>Part 1: Why this Change is Necessary and Beneficial - <a href="https://youtu.be/Kg2gw8iaKUI">https://youtu.be/Kg2gw8iaKUI</a></p> <p>Part 2: How an Open Tournament Would Work - <a href="https://youtu.be/cQRTYkzWxkQ">https://youtu.be/cQRTYkzWxkQ</a></p> <p>Part 3: Questions and Answers - <a href="https://youtu.be/l5OUPB8GOs8">https://youtu.be/l5OUPB8GOs8</a></p> <p>Full Video - <a href="https://youtu.be/mlpEmwx1ArY">https://youtu.be/mlpEmwx1ArY</a></p> <p><b>Budget Impact:</b> N/A</p> <p><b>Educational Impact:</b> N/A</p> <p><b>Equity Impact:</b> Applies to both women's and men's tennis</p> <p><b>Effective Date:</b> 2022-2023 School Year</p> |
| <p>5. <u>Review of Tournament Rule/Language in Volleyball &amp; other sports</u></p> <p>Attachment S5</p> | <p>To review and adjust NCHSAA Handbook language, if needed, regarding the current tournament rule/stipulation in the sport of volleyball, as well as other team sports</p>  | <p><b>Rationale:</b> The current language in the Handbook is confusing and leads to potential scheduling mistakes. Proper review and adjustment may be needed to correct for clarity</p> <p><b>Budget Impact:</b> None</p> <p><b>Educational Impact:</b> None</p> <p><b>Equity Impact:</b> None</p> <p><b>Effective Date:</b> 2022-2023 School Year</p>   |

**AGENDA ITEM**6. Women's Lacrosse -  
4A Classification**Attachment S6**

| RECOMMENDATION  | SUPPORTING INFORMATION  |
|---|---|
| To review women's lacrosse as it relates to adding a separate 4A classification championships | <p><b>Rationale:</b> There are 70 4A schools participating in women's lacrosse. Bylaw VI describes the classification process: "when at least half the schools in a classification participate in a sport sanctioned by the NCHSAA, that sport shall culminate in a state championship for that classification." There are currently 106 schools in the 4A classification. Additionally, NCHSAA Handbook policy 1.1.4 states "For reclassification to additional championships, the number of schools offering teams in a sport must meet the constitutional requirement (Bylaw Vi.) for two years before a championship will be implemented."</p> <p><b>Budget Impact:</b> None</p> <p><b>Educational Impact:</b> None</p> <p><b>Equity Impact:</b> None</p> <p><b>Effective Date:</b> Potentially 2023-2024 School Year</p> |



## YOUTH BASKETBALL GUIDELINES

HEALTH & WELLNESS   PLAYER SEGMENTATION   RULES & STANDARDS   EXPERTS   SUPPORTERS

# PARTICIPATION GUIDELINES

Overscheduling of competitive events, overuse injuries and burnout have become too common in youth basketball. The tables below outline **recommended** and **maximum** amounts of youth basketball participation, as well as **rest** guidelines for young athletes, designed to promote a fun and healthy playing experience.

## RECOMMENDED PARTICIPATION GUIDELINES

| Age         | Game Length | # of Games Per Week | Practice Length | # of Practices Per Week |
|-------------|-------------|---------------------|-----------------|-------------------------|
| Ages 7-8    | 20-28 min   | 1                   | 30-60 min       | 1                       |
| Ages 9-11   | 24-32 min   | 1 to 2              | 45-75 min       | 2                       |
| Ages 12-14  | 28-32 min   | 2                   | 60-90 min       | 2 to 4                  |
| Grades 9-12 | 32-40 min   | 2 to 3              | 90-120 min      | 3 to 4                  |



HEALTH & WELLNESS | PLAYER SEGMENTATION | RULES & STANDARDS | EXPERTS | SUPPORTERS

## MAXIMUM PARTICIPATION GUIDELINES

| Age         | # of Games Per Day | # of Hrs. Per Week in Organized Basketball |
|-------------|--------------------|--|
| Ages 7-8    | 1                  | 3 hours                                    |
| Ages 9-11   | 2*                 | 5 hours                                    |
| Ages 12-14  | 2*                 | 10 hours**                                 |
| Grades 9-12 | 2*                 | 14 hours                                   |

*The maximum participation guidelines outlined above and guidance on camps and academies below are intended to serve as limits on a young athlete's participation in organized basketball. It is possible that participation in organized basketball within the maximum limits but in excess of the recommendations is also not advisable from a health and wellness standpoint; however, this issue requires further study.*

*\*Youth basketball players, parents, and coaches should demonstrate caution in scheduling or participating in more than one game per day, especially on consecutive days. If young athletes participate in an event or tournament in which more than one game is played per day on consecutive days, players should have additional time off from sports activities following the event to allow for recovery.*

*\*\*It is recommended that young athletes in these age ranges who are approaching the maximum hour limits not participate in another organized sport concurrently.*

## REST GUIDELINES

| Age         | Min. # of Rest Days Per Week | Max. Months Per Year in Organized Basketball | Recommended Hours of Sleep Per Night |
|-------------|------------------------------|--|--------------------------------------|
| Ages 7-8    | 2                            | 4 months                                     | 9-12 hours                           |
| Ages 9-11   | 2                            | 5 months                                     | 9-12 hours                           |
| Ages 12-14  | 1                            | 7 months                                     | 8-10 hours*                          |
| Grades 9-12 | 1                            | 9-10 months                                  | 8-10 hours                           |

*\*For 12 year olds, 9-12 hours of sleep is recommended.*

| Timestamp  | Your School Name         | Classification of your school | Has your school ever fielded a JV Girls Basketball team before this year? | Did your school field a JV Girls Basketball team last school year? | If you did field a JV Girls Basketball team last school year, did you have at least 11 players on both the JV and Varsity teams? | Do you anticipate fielding a JV Girls Basketball team this 2019-20 season? | Have you noticed a decline in overall Girls Basketball participation numbers (across both JV & Varsity) over the past few years? (overall, not just at your school) | Would you be in favor of a rule that would allow 9th & 10th Grade players to participate in 5 quarters on the same day (excluding overtime periods)? For the purposes of this rule, participation during the same day in five quarters shall be considered participation in only one game towards the 23 game season limit. |
|------------|--------------------------|-------------------------------|---|--|--|--|---|---|
| 11/1/2019  | A.L. Brown               | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/6/2019  | AC Reynolds High School  | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | No  |
| 11/4/2019  | Albemarle Hugh School    | 1A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/21/2019 | alexander centrl         | 3A                            | Yes   | Yes  | No   | No   | Yes   | Yes   |
| 10/31/2019 | Anson County             | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Apex Friendship          | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | Ardrey Kell              | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/9/2019  | Ashbrook                 | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Uncertain   |
| 11/4/2019  | Ashe County High School  | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | Asheboro High School     | 3A                            | Yes   | Yes  | Yes  | No   | Yes   | Yes   |
| 11/5/2019  | Asheville                | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/1/2019  | Ashley High School       | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | Avery County High School | 1A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/4/2019  | Ayden-Grifton            | 2A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/5/2019  | Bandys High School       | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Bear Grass Charter       | 1A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/6/2019  | Ben L Smith HS           | 3A                            | Yes   | No   | N/A  | No   | Yes   | Yes   |
| 11/5/2019  | Berry Academy            | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Bertie High              | 2A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/3/2019  | Bishop McGuinness        | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Broughton                | 4A                            | Yes   | Yes  | Not sure   | Yes  | Uncertain   | Uncertain   |
| 10/31/2019 | Bunker Hill              | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |

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|------------|-------------------------------|-------------------------------|---|--|--|--|---|---|
| 11/4/2019  | Bunn High School              | 2A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/4/2019  | Burns High                    | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Butler                        | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Camden County HS              | 1A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 10/31/2019 | Cape Fear High School         | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Cape Hatteras                 | 1A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/4/2019  | Cardinal Gibbons              | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | Carrboro High                 | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/1/2019  | Carson High School            | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Cary High School              | 4A                            | Yes   | Yes  | Not sure   | Yes  | Uncertain   | Yes   |
| 11/6/2019  | Cedar Ridge HS                | 3A                            | Yes   | No   | N/A (no JV team last year)   | No   | Yes   | Yes   |
| 11/1/2019  | Central Academy of Technology | 2A                            | Yes   | Yes  | No   | No   | Yes   | Yes   |
| 11/1/2019  | Central Cabarrus              | 3A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/5/2019  | Central Davidson High School  | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/4/2019  | Chapel Hill High School       | 3A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/5/2019  | Charles B Aycock              | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/1/2019  | Chase High School             | 2A                            | No  | No   | N/A  | Yes  | Uncertain   | Yes   |
| 10/31/2019 | Chatham Central High School   | 1A                            | Yes   | Yes  | Yes  | Yes  | No  | Yes   |
| 11/4/2019  | Cherokee High School          | 1A                            | Yes   | Yes  | Yes  | Yes  | No  | No  |
| 10/31/2019 | Cleveland High School         | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/15/2019 | Clinton                       | 2A                            | Yes   | No   | N/A (no JV team last year)   | Yes  | Yes   | Yes   |
| 11/5/2019  | Community School of Davidson  | 1A                            | Yes   | No   | N/A (no JV team last year)   | No   | Uncertain   | Yes   |



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|------------|---------------------------|-------------------------------|---|--|--|--|---|---|
| 11/6/2019  | Corinth Holders           | 4A                            | Yes   | Yes  | Not sure   | Yes  | Yes   | Yes   |
| 11/6/2019  | Cox Mill High School      | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | Cummings High School      | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/4/2019  | Currituck High School     | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Cuthbertson               | 3A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/1/2019  | Davie Co                  | 4A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/6/2019  | DH Conley                 | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/1/2019  | Dixon High                | 2A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/6/2019  | Douglas Byrd High         | 3A                            | Yes   | No   | N/A  | Uncertain at this time   | Uncertain   | Yes   |
| 11/6/2019  | Durham School of the Arts | 2A                            | No  | No   | N/A  | No   | Yes   | Yes   |
| 11/6/2019  | E. E. Smith High          | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | East Bladen               | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | East Carteret             | 1A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/5/2019  | East Davidson             | 2A                            | Yes   | Yes  | No   | No   | Yes   | No  |
| 11/1/2019  | East Duplin               | 2A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/4/2019  | East Rowan                | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | East Rutherford           | 2A                            | No  | No   | N/A  | Yes  | Yes   | Uncertain   |
| 11/1/2019  | East Wake Academy         | 1A                            | No  | No   | N/A  | Yes  | No  | No  |
| 11/1/2019  | Eastern Alamance          | 3A                            | Yes   | No   | N/A  | Yes  | Yes   | No  |
| 10/31/2019 | Eastern Randolph          | 2A                            | Yes   | Yes  | No   | No   | Yes   | Yes   |
| 11/4/2019  | Enka High School          | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/8/2019  | Enloe                     | 4A                            | No  | No   | No   | No   | Yes   | Uncertain   |

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| 11/1/2019  | Erwin High                    | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/1/2019  | First Flight High             | 2A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/1/2019  | Forbush High School           | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Forestview High School        | 3A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/1/2019  | franklin high school          | 2A                            | Yes   | Yes  | No   | Yes  | No  | Yes   |
| 11/19/2019 | Franklinton HS                | 3A                            | Yes   | No   | N/A (no JV team last year)   | No   | Yes   | Yes   |
| 11/1/2019  | Freedom                       | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Fuquay-Varina High School     | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/6/2019  | Gates County                  | 1A                            | No  | No   | N/A  | No   | Yes   | Yes   |
| 11/4/2019  | Glenn HS                      | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/6/2019  | Granville central             | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Gray Stone Day School         | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Gray's Creek High School      | 3A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/5/2019  | Harnett Central               | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | Havelock                      | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | Hayesville                    | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/4/2019  | Heritage                      | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Uncertain   |
| 11/4/2019  | Hertford County High          | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Hibriten                      | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Hickory Ridge                 | 4A                            | Yes   | Yes  | No   | Yes  | Uncertain   | Yes   |
| 10/31/2019 | Highland School of Technology | 1A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/1/2019  | Highlands                     | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |

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| 10/31/2019 | Hoke County High School    | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | No  |
| 11/5/2019  | J.H Rose High              | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | Jack Britt High School     | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Uncertain   |
| 11/5/2019  | Jacksonville High          | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/6/2019  | James B Hunt               | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | No  |
| 11/5/2019  | James Kenan High School    | 2A                            | Yes   | No   | N/A (no JV team last year)   | Yes  | Uncertain   | Yes   |
| 11/1/2019  | Jay M Robinson High School | 3A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/4/2019  | JF Webb                    | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | JH Rose HS                 | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/7/2019  | John A. Holmes             | 1A                            | Yes   | Yes  | No   | Yes  | Uncertain   | Yes   |
| 11/5/2019  | Jordan High School         | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | No  |
| 11/1/2019  | Kings Mountain High School | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/6/2019  | Kinston High School        | 2A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | Knightdale High            | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Lake Norman High School    | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/20/2019 | Lakewood High School       | 1A                            | No  | No   | N/A (no JV team last year)   | Uncertain at this time   | Yes   | Yes   |
| 11/4/2019  | Laney High School          | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | LEDFORD HIGH SCHOOL        | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Leesville Road HS          | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/6/2019  | Lincolnton High            | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Lumberton Sr HS            | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Maiden High School         | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |

| Timestamp  | Your School Name          | Classification of your school | Has your school ever fielded a JV Girls Basketball team before this year? | Did your school field a JV Girls Basketball team last school year? | If you did field a JV Girls Basketball team last school year, did you have at least 11 players on both the JV and Varsity teams? | Do you anticipate fielding a JV Girls Basketball team this 2019-20 season? | Have you noticed a decline in overall Girls Basketball participation numbers (across both JV & Varsity) over the past few years? (overall, not just at your school) | Would you be in favor of a rule that would allow 9th & 10th Grade players to participate in 5 quarters on the same day (excluding overtime periods)? For the purposes of this rule, participation during the same day in five quarters shall be considered participation in only one game towards the 23 game season limit. |
|------------|---------------------------|-------------------------------|---|--|--|--|---|---|
| 11/13/2019 | Mallard Creek HS          | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Manteo                    | 1A                            | No  | No   | N/A (no JV team last year)   | No   | Uncertain   | Uncertain   |
| 11/5/2019  | Marvin Ridge              | 3A                            | Yes   | Yes  | Yes  | Yes  | Uncertain   | Yes   |
| 11/3/2019  | Midway High School        | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 10/31/2019 | Millbrook                 | 4A                            | Yes   | Yes  | Yes  | Yes  | Uncertain   | Yes   |
| 10/31/2019 | Mitchell High             | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Montgomery Central        | 3A                            | No  | No   | N/A  | Uncertain at this time   | Yes   | Yes   |
| 11/6/2019  | Mount Pleasant            | 2A                            | Yes   | No   | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Mountain Heritage         | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Mt Tabor                  | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Murphy High School        | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Myers Park High School    | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/1/2019  | Nash Central High School  | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/15/2019 | New Bern High School      | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/3/2019  | New Hanover High School   | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/6/2019  | north brunswick hs        | 3A                            | Yes   | No   | No   | No   | Yes   | Yes   |
| 10/31/2019 | North Buncombe            | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | North Johnston            | 2A                            | Yes   | No   | N/A  | No   | Yes   | Uncertain   |
| 11/1/2019  | North Lincoln High School | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | North Mecklenburg         | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | North Pitt                | 2A                            | Yes   | Yes  | Yes  | Yes  | No  | Uncertain   |
| 11/5/2019  | North Stanly              | 1A                            | Yes   | No   | N/A  | No   | Yes   | Yes   |

| Timestamp  | Your School Name        | Classification of your school | Has your school ever fielded a JV Girls Basketball team before this year? | Did your school field a JV Girls Basketball team last school year? | If you did field a JV Girls Basketball team last school year, did you have at least 11 players on both the JV and Varsity teams? | Do you anticipate fielding a JV Girls Basketball team this 2019-20 season? | Have you noticed a decline in overall Girls Basketball participation numbers (across both JV & Varsity) over the past few years? (overall, not just at your school) | Would you be in favor of a rule that would allow 9th & 10th Grade players to participate in 5 quarters on the same day (excluding overtime periods)? For the purposes of this rule, participation during the same day in five quarters shall be considered participation in only one game towards the 23 game season limit. |
|------------|-------------------------|-------------------------------|---|--|--|--|---|---|
| 11/5/2019  | North Surry             | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | North Wilkes            | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/3/2019  | Northern Durham         | 3A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/8/2019  | Northern Guilford       | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | No  |
| 11/5/2019  | Northside- Pinetown     | 1A                            | No  | No   | N/A  | No   | Yes   | Uncertain   |
| 11/6/2019  | Northwood               | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | OAK GROVE HIGH          | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Orange                  | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/6/2019  | Overhills               | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | Page                    | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/19/2019 | Pamlico County HS       | 1A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | Panther Creek HS        | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | No  |
| 11/5/2019  | Parkland High School    | 3A                            | Yes   | No   | N/A  | No   | No  | Yes   |
| 10/31/2019 | Patton                  | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/1/2019  | Perquimans              | 1A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/5/2019  | Pine Forest High School | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Pine Lake Prep          | 1A                            | Yes   | No   | N/A  | No   | Yes   | Yes   |
| 11/5/2019  | Pinecrest High School   | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Uncertain   |
| 11/15/2019 | Porter Ridge High       | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | Providence High School  | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/15/2019 | Purnell Swett HS        | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/5/2019  | Randleman High School   | 2A                            | Yes   | No   | N/A (no JV team last year)   | No   | Yes   | Yes   |

| Timestamp  | Your School Name           | Classification of your school | Has your school ever fielded a JV Girls Basketball team before this year? | Did your school field a JV Girls Basketball team last school year? | If you did field a JV Girls Basketball team last school year, did you have at least 11 players on both the JV and Varsity teams? | Do you anticipate fielding a JV Girls Basketball team this 2019-20 season? | Have you noticed a decline in overall Girls Basketball participation numbers (across both JV & Varsity) over the past few years? (overall, not just at your school) | Would you be in favor of a rule that would allow 9th & 10th Grade players to participate in 5 quarters on the same day (excluding overtime periods)? For the purposes of this rule, participation during the same day in five quarters shall be considered participation in only one game towards the 23 game season limit. |
|------------|----------------------------|-------------------------------|---|--|--|--|---|---|
| 11/7/2019  | Reagan                     | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/2/2019  | Richlands high school      | 2A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | Riverside Martin           | 1A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/1/2019  | Robbinsville High School   | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | Rockingham County          | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Uncertain   |
| 11/7/2019  | Salisbury High School      | 2A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/4/2019  | Sanderson High School      | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/5/2019  | Seventy-First High School  | 4A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | South Central High School  | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | South Columbus             | 1A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/1/2019  | South Creek High School    | 1A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/1/2019  | South Davidson High School | 1A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/5/2019  | South Iredell High School  | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 11/21/2019 | south lenoir               | 2A                            | Yes   | Yes  | No   | No   | Yes   | Yes   |
| 10/31/2019 | South Meck                 | 4A                            | Yes   | Yes  | Yes  | Yes  | No  | No  |
| 11/4/2019  | South View High            | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Southeast Halifax          | 1A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/5/2019  | Southern Durham            | 3A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/1/2019  | Southern Lee               | 3A                            | Yes   | Yes  | No   | No   | Yes   | Yes   |
| 10/31/2019 | St Stephens                | 3A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/20/2019 | STUART CRAMER HIGH         | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/6/2019  | Sun Valley HS              | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |

| Timestamp  | Your School Name           | Classification of your school | Has your school ever fielded a JV Girls Basketball team before this year? | Did your school field a JV Girls Basketball team last school year? | If you did field a JV Girls Basketball team last school year, did you have at least 11 players on both the JV and Varsity teams? | Do you anticipate fielding a JV Girls Basketball team this 2019-20 season? | Have you noticed a decline in overall Girls Basketball participation numbers (across both JV & Varsity) over the past few years? (overall, not just at your school) | Would you be in favor of a rule that would allow 9th & 10th Grade players to participate in 5 quarters on the same day (excluding overtime periods)? For the purposes of this rule, participation during the same day in five quarters shall be considered participation in only one game towards the 23 game season limit. |
|------------|----------------------------|-------------------------------|---|--|--|--|---|---|
| 11/1/2019  | Swain High School          | 1A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/2/2019  | Swansboro High             | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | Tarboro High School        | 1A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | TC Roberson                | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Uncertain   |
| 11/7/2019  | Thomasville High School    | 2A                            | No  | No   | N/A (no JV team last year)   | Uncertain at this time   | Yes   | Yes   |
| 10/31/2019 | Triton High School         | 3A                            | Yes   | No   | N/A  | Yes  | Yes   | Yes   |
| 11/5/2019  | Union Academy              | 1A                            | Yes   | No   | N/A (no JV team last year)   | No   | Yes   | Yes   |
| 11/6/2019  | Union High School          | 1A                            | No  | No   | N/A  | No   | Yes   | No  |
| 11/6/2019  | Union Pines                | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | No  |
| 11/1/2019  | Uwharrie Charter Academy   | 1A                            | Yes   | Yes  | No   | No   | Yes   | Yes   |
| 11/6/2019  | Wake Forest HS             | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 11/1/2019  | Walkertown High School     | 2A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/6/2019  | Watauga                    | 3A                            | Yes   | Yes  | Yes  | Yes  | Yes   | Yes   |
| 10/31/2019 | West Caldwell              | 2A                            | No  | No   | N/A  | Yes  | Yes   | Yes   |
| 11/5/2019  | West Craven High School    | 2A                            | Yes   | No   | N/A  | No   | Yes   | Yes   |
| 11/1/2019  | West Forsyth               | 4A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | West Henderson High School | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |
| 10/31/2019 | west johnston              | 3A                            | Yes   | Yes  | No   | Yes  | Yes   | Uncertain   |
| 10/31/2019 | Westover High              | 3A                            | Yes   | Yes  | No   | Uncertain at this time   | Yes   | Yes   |
| 11/4/2019  | Wheatmore                  | 2A                            | Yes   | No   | N/A  | Yes  | Yes   | No  |
| 11/18/2019 | White Oak                  | 3A                            | Yes   | No   | N/A (no JV team last year)   | Uncertain at this time   | Yes   | Yes   |
| 11/5/2019  | Whiteville HS              | 2A                            | Yes   | Yes  | No   | Yes  | Yes   | Yes   |

| Timestamp | Your School Name        | Classification of your school | Has your school ever fielded a JV Girls Basketball team before this year? | Did your school field a JV Girls Basketball team last school year?            | If you did field a JV Girls Basketball team last school year, did you have at least 11 players on both the JV and Varsity teams? | Do you anticipate fielding a JV Girls Basketball team this 2019-20 season? | Have you noticed a decline in overall Girls Basketball participation numbers (across both JV & Varsity) over the past few years? (overall, not just at your school) | Would you be in favor of a rule that would allow 9th & 10th Grade players to participate in 5 quarters on the same day (excluding overtime periods)? For the purposes of this rule, participation during the same day in five quarters shall be considered participation in only one game towards the 23 game season limit. |
|-----------|-------------------------|-------------------------------|---|---|--|--|---|---|
| 11/1/2019 | Wilkes Central          | 2A                            | Yes   | Yes   | Yes  | Yes  | Yes   | Uncertain   |
| 11/1/2019 | William Amos Hough High | 4A                            | Yes   | Yes   | No   | Yes  | Yes   | Yes   |
| 11/5/2019 | Zebulon Vance HS        | 4A                            | Yes   | Yes   | No   | No   | Yes   | Yes   |
|           |                         |                               |   |   |  |  |   |   |
|           |                         |                               |   |   |  |  |   |   |
|           |                         |                               |   |   |  |  |   |   |
|           |                         |                               |   | 71.6% respondents did field JVs last year (57 NO/ 144 YES)                    |  |  |   |   |
|           |                         |                               |   | of those with JVs, only 29% had 11 players on both JV & Var teams (42 of 144) |  |  |   |   |



| <b>STATE</b>   | <b>allow more than<br/>4 quarters on<br/>same day</b> |
|----------------|---|
| Alabama        | No  |
| Delaware       | No  |
| Florida        | No  |
| Maryland       | No  |
| Massachusetts  | No  |
| Michigan       | No  |
| New York       | No  |
| North Carolina | No  |
| Oklahoma       | No  |
| South Carolina | No  |
| Virginia       | No  |
| Alaska         | Yes   |
| Arizona        | Yes   |
| Arkansas       | Yes   |
| Colorado       | Yes   |
| Georgia        | Yes   |
| Idaho          | Yes   |
| Illinois       | Yes   |
| Indiana        | Yes   |
| Iowa           | Yes   |
| Kansas         | Yes   |
| Kentucky       | Yes   |
| Louisiana      | Yes   |
| Maine          | Yes   |
| Minnesota      | Yes   |
| Mississippi    | Yes   |
| Missouri       | Yes   |
| Nebraska       | Yes   |
| New Hampshire  | Yes   |

|               |     |
|---------------|-----|
| New Jersey    | Yes |
| New Mexico    | Yes |
| North Dakota  | Yes |
| Ohio          | Yes |
| Oregon        | Yes |
| Pennsylvania  | Yes |
| Rhode Island  | Yes |
| South Dakota  | Yes |
| Tennessee     | Yes |
| Texas         | Yes |
| Utah          | Yes |
| Vermont       | Yes |
| Washington    | Yes |
| West Virginia | Yes |
| Wisconsin     | Yes |
| Wyoming       | Yes |
| California    |     |
| Connecticut   |     |
| Hawaii        |     |

# SOUTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION

Attachment S1

## BASKETBALL ROSTER PARTICIPATION FORM Seven-Quarter Rule

No student shall participate in more than seven (7) quarters of basketball in a given day against any common opponent, regardless of site in which contest is played. Violation of this rule will be a technical foul charged directly to the head coach and removal of the player from the game. Refusal to leave the game results in forfeiture.

|             |     |             |      |
|-------------|-----|-------------|------|
| High School | vs. | High School | Date |
|-------------|-----|-------------|------|

| Contestant's Name | # Quarters Played in Preliminary Contest |
|-------------------|--|
| 1.                |  |
| 2.                |  |
| 3.                |  |
| 4.                |  |
| 5.                |  |
| 6.                |  |
| 7.                |  |
| 8.                |  |
| 9.                |  |
| 10.               |  |

\_\_\_\_\_  
Host Varsity Coach's Signature

\_\_\_\_\_  
Visiting Varsity Coach's Signature

**NOTE:** Each member school is expected to make additional copies of this form with the understanding that said form will be given to the scorekeepers from each school. The scorekeepers from the host school and visiting school will complete the form as it applies to players from their respective schools. The varsity coaches from both schools will sign the form prior to the start of the varsity contest.

**2022 - 2023 Regional Assignments  
Track Field**

Attachment S2

| Common Name          | Longitude  | Conference              | Class | Region  |
|----------------------|------------|-------------------------|-------|---------|
| Perquimans           | -76.474    | Four Rivers 1A          | 1A    | East    |
| Gates County         | -76.706    | Four Rivers 1A          | 1A    | East    |
| Northside- Pinetown  | -76.73     | Coastal Plains 1A/2A    | 1A    | East    |
| Washington County    | -76.738422 | Four Rivers 1A          | 1A    | East    |
| Pamlico County       | -76.779    | Coastal Plains 1A/2A    | 1A    | East    |
| Bertie               | -76.971    | Four Rivers 1A          | 1A    | East    |
| Southside            | -77.057    | Coastal Plains 1A/2A    | 1A    | East    |
| Riverside-Martin     | -77.07     | Four Rivers 1A          | 1A    | East    |
| South Creek          | -77.246    | Four Rivers 1A          | 1A    | East    |
| Northampton County   | -77.316    | Tar Roanoke 1A          | 1A    | East    |
| Jones                | -77.334    | Coastal Plains 1A/2A    | 1A    | East    |
| Lejeune              | -77.355    | Coastal Plains 1A/2A    | 1A    | East    |
| Tarboro              | -77.559    | Four Rivers 1A          | 1A    | East    |
| North Edgecombe      | -77.584    | Tar Roanoke 1A          | 1A    | East    |
| Weldon               | -77.611    | Tar Roanoke 1A          | 1A    | East    |
| KIPP Pride           | -77.64     | Tar Roanoke 1A          | 1A    | East    |
| Rocky Mount Prep     | -77.781    | Tar Roanoke 1A          | 1A    | East    |
| Northwest Halifax    | -77.79     | Tar Roanoke 1A          | 1A    | East    |
| Wilson Prep          | -77.919    | Tar Roanoke 1A          | 1A    | East    |
| Pender               | -78.012    | Waccamaw 1A/2A          | 1A    | East    |
| Rosewood             | -78.075    | Carolina 1A             | 1A    | East    |
| North Duplin         | -78.085    | Carolina 1A             | 1A    | Mideast |
| Warren County        | -78.168    | Tar Roanoke 1A          | 1A    | Mideast |
| Neuse Charter        | -78.321034 | Carolina 1A             | 1A    | Mideast |
| Hobbton              | -78.329    | Carolina 1A             | 1A    | Mideast |
| Henderson Collegiate | -78.397496 | Triangle North 1A       | 1A    | Mideast |
| Lakewood             | -78.501    | Carolina 1A             | 1A    | Mideast |
| East Columbus        | -78.502    | Waccamaw 1A/2A          | 1A    | Mideast |
| Voyager              | -78.896    | Triangle North 1A       | 1A    | Mideast |
| West Columbus        | -78.924    | Waccamaw 1A/2A          | 1A    | Mideast |
| Eno River Academy    | -79.101821 | Triangle North 1A       | 1A    | Mideast |
| Woods Charter        | -79.109    | Central Tar Heel 1A     | 1A    | Mideast |
| Chatham Central      | -79.39     | Mid-Carolina 1A/2A      | 1A    | Mideast |
| Chatham Charter      | -79.479389 | Central Tar Heel 1A     | 1A    | Mideast |
| North Moore          | -79.554    | Mid-Carolina 1A/2A      | 1A    | Mideast |
| Eastern Randolph     | -79.618    | Piedmont Athletic 1A/2A | 1A    | Mideast |
| Cornerstone Charter  | -79.960967 | Northwest Piedmont 1A   | 1A    | Mideast |
| Bishop McGuinness    | -80.063    | Northwest Piedmont 1A   | 1A    | Mideast |
| South Davidson       | -80.1      | Central Carolina 1A/2A  | 1A    | Mideast |
| Leadership Academy   | -80.110997 | Northwest Piedmont 1A   | 1A    | Mideast |
| South Stanly         | -80.165    | Yadkin Valley 1A/2A     | 1A    | Mideast |
| Albemarle            | -80.193    | Yadkin Valley 1A/2A     | 1A    | Mideast |
| Carver               | -80.208    | Northwest Piedmont 1A   | 1A    | Midwest |
| Winston-Salem Prep   | -80.222    | Northwest Piedmont 1A   | 1A    | Midwest |
| South Stokes         | -80.24     | Northwest 1A            | 1A    | Midwest |
| Gray Stone Day       | -80.28     | Yadkin Valley 1A/2A     | 1A    | Midwest |
| North Stokes         | -80.281    | Northwest 1A            | 1A    | Midwest |
| North Rowan          | -80.43     | Central Carolina 1A/2A  | 1A    | Midwest |
| Union Academy        | -80.582    | Yadkin Valley 1A/2A     | 1A    | Midwest |
| Apprentice Academy   | -80.586    | Metro Eight 1A          | 1A    | Midwest |



**2022 - 2023 Regional Assignments  
Track Field**

Attachment S2

|                         |            |                               |    |         |
|-------------------------|------------|-------------------------------|----|---------|
| Millennium              | -80.597    | Northwest Piedmont 1A         | 1A | Midwest |
| Mount Airy              | -80.616    | Northwest 1A                  | 1A | Midwest |
| Cabarrus Charter        | -80.668976 | Metro Eight 1A                | 1A | Midwest |
| Queen's Grant           | -80.70072  | Metro Eight 1A                | 1A | Midwest |
| Bradford Prep           | -80.721325 | Metro Eight 1A                | 1A | Midwest |
| Carolina International  | -80.736437 | Metro Eight 1A                | 1A | Midwest |
| Christ the King         | -80.760456 | Catawba Shores Athletic 1A/2A | 1A | Midwest |
| Corvian Community       | -80.77335  | Metro Eight 1A                | 1A | Midwest |
| Starmount               | -80.774    | Northwest 1A                  | 1A | Midwest |
| Sugar Creek             | -80.798209 | Metro Eight 1A                | 1A | Midwest |
| Langtree Charter        | -80.854486 | Catawba Shores Athletic 1A/2A | 1A | Midwest |
| Elkin                   | -80.86     | Northwest 1A                  | 1A | Midwest |
| East Wilkes             | -80.927    | Northwest 1A                  | 1A | Midwest |
| Mountain Island Charter | -80.988591 | Catawba Shores Athletic 1A/2A | 1A | West    |
| Alleghany               | -81.125    | Northwest 1A                  | 1A | West    |
| Highland Tech           | -81.19     | Southern Piedmont 1A/2A       | 1A | West    |
| Bessemer City           | -81.281    | Southern Piedmont 1A/2A       | 1A | West    |
| Cherryville             | -81.38     | Southern Piedmont 1A/2A       | 1A | West    |
| Draughn                 | -81.545    | Western Highlands 1A/2A       | 1A | West    |
| Thomas Jefferson        | -81.794    | Southern Piedmont 1A/2A       | 1A | West    |
| Avery County            | -81.918    | Western Highlands 1A/2A       | 1A | West    |
| Mitchell                | -82.117    | Western Highlands 1A/2A       | 1A | West    |
| Mountain Heritage       | -82.333    | Western Highlands 1A/2A       | 1A | West    |
| Rosman                  | -82.821    | Western Highlands 1A/2A       | 1A | West    |
| Cherokee                | -83.31     | Smoky Mountain 1A             | 1A | West    |
| Swain County            | -83.456    | Smoky Mountain 1A             | 1A | West    |
| Nantahala               | -83.634    | Smoky Mountain 1A             | 1A | West    |
| Robbinsville            | -83.798    | Smoky Mountain 1A             | 1A | West    |
| Hayesville              | -83.815    | Smoky Mountain 1A             | 1A | West    |
| Andrews                 | -83.824    | Smoky Mountain 1A             | 1A | West    |
| Tri-County              | -83.966352 | Smoky Mountain 1A             | 1A | West    |
| Murphy                  | -84.016    | Smoky Mountain 1A             | 1A | West    |
| Hiwassee Dam            | -84.223    | Smoky Mountain 1A             | 1A | West    |
| Manteo                  | -75.674    | Northeastern Coastal 2A/3A    | 2A | East    |
| Camden County           | -76.172    | Northeastern Coastal 2A/3A    | 2A | East    |
| Northeastern            | -76.255    | Northeastern Coastal 2A/3A    | 2A | East    |
| Pasquotank County       | -76.274    | Northeastern Coastal 2A/3A    | 2A | East    |
| Holmes                  | -76.605    | Northeastern Coastal 2A/3A    | 2A | East    |
| East Carteret           | -76.626    | Coastal Plains 1A/2A          | 2A | East    |
| Hertford County         | -76.998    | Northeastern Coastal 2A/3A    | 2A | East    |
| Washington              | -77.013    | Eastern Plains 2A             | 2A | East    |
| West Craven             | -77.138    | Eastern Plains 2A             | 2A | East    |
| North Pitt              | -77.363    | Eastern Plains 2A             | 2A | East    |
| Ayden - Grifton         | -77.431    | Eastern Plains 2A             | 2A | East    |
| Southwest Onslow        | -77.481    | East Central 2A               | 2A | East    |
| Farmville Central       | -77.569    | Eastern Plains 2A             | 2A | East    |
| Kinston                 | -77.575    | East Central 2A               | 2A | East    |
| Roanoke Rapids          | -77.654    | The Big East 2A/3A            | 2A | East    |
| SouthWest Edgecombe     | -77.661    | Eastern Plains 2A             | 2A | East    |
| Greene Central          | -77.671    | Eastern Plains 2A             | 2A | East    |
| North Lenoir            | -77.679    | East Central 2A               | 2A | East    |



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| South Lenoir                  | -77.704    | East Central 2A               | 2A | East    |
| East Duplin                   | -77.785    | East Central 2A               | 2A | East    |
| Beddingfield                  | -77.876    | Neuse Six 2A                  | 2A | East    |
| Eastern Wayne                 | -77.881    | Neuse Six 2A                  | 2A | East    |
| Heide Trask                   | -77.892    | Waccamaw 1A/2A                | 2A | East    |
| Spring Creek                  | -77.898    | Neuse Six 2A                  | 2A | East    |
| Nash Central                  | -77.898    | The Big East 2A/3A            | 2A | East    |
| Goldsboro                     | -77.98     | Neuse Six 2A                  | 2A | East    |
| Wallace-Rose Hill             | -78        | East Central 2A               | 2A | East    |
| James Kenan                   | -78.042    | East Central 2A               | 2A | Mideast |
| Princeton                     | -78.158    | Neuse Six 2A                  | 2A | Mideast |
| North Johnston                | -78.184    | Neuse Six 2A                  | 2A | Mideast |
| Bunn                          | -78.249    | The Big East 2A/3A            | 2A | Mideast |
| Louisburg                     | -78.301    | The Big East 2A/3A            | 2A | Mideast |
| Clinton                       | -78.332    | Southeastern Athletic 2A      | 2A | Mideast |
| Midway                        | -78.475    | Southeastern Athletic 2A      | 2A | Mideast |
| Franklin Academy              | -78.494    | Super Six 1A/2A               | 2A | Mideast |
| J.F. Webb                     | -78.597    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| East Bladen                   | -78.615    | Southeastern Athletic 2A      | 2A | Mideast |
| Raleigh Charter               | -78.647    | Super Six 1A/2A               | 2A | Mideast |
| South Granville               | -78.673    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| Granville Central             | -78.687    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| Whiteville                    | -78.707    | Waccamaw 1A/2A                | 2A | Mideast |
| West Bladen                   | -78.739    | Southeastern Athletic 2A      | 2A | Mideast |
| South Columbus                | -78.812    | Waccamaw 1A/2A                | 2A | Mideast |
| Research Triangle             | -78.874303 | Super Six 1A/2A               | 2A | Mideast |
| N.C. School of Science & Math | -78.921    | Super Six 1A/2A               | 2A | Mideast |
| St. Pauls                     | -78.977    | Southeastern Athletic 2A      | 2A | Mideast |
| Seaforth                      | -79.06     | Mid-Carolina 1A/2A            | 2A | Mideast |
| Fairmont                      | -79.095    | Southeastern Athletic 2A      | 2A | Mideast |
| Red Springs                   | -79.185    | Southeastern Athletic 2A      | 2A | Mideast |
| Bartlett Yancey               | -79.327    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Cummings                      | -79.398    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Jordan-Matthews               | -79.451    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Reidsville                    | -79.675    | Mid-State 2A                  | 2A | Mideast |
| Providence Grove              | -79.714    | Piedmont Athletic 1A/2A       | 2A | Midwest |
| Morehead                      | -79.736    | Mid-State 2A                  | 2A | Midwest |
| Randleman                     | -79.82     | Piedmont Athletic 1A/2A       | 2A | Midwest |
| Southwestern Randolph         | -79.87     | Piedmont Athletic 1A/2A       | 2A | Midwest |
| McMichael                     | -79.942    | Mid-State 2A                  | 2A | Midwest |
| T.W. Andrews                  | -79.99     | Mid-State 2A                  | 2A | Midwest |
| Trinity                       | -79.998    | Piedmont Athletic 1A/2A       | 2A | Midwest |
| Wheatmore                     | -80.007    | Piedmont Athletic 1A/2A       | 2A | Midwest |
| East Davidson                 | -80.101    | Central Carolina 1A/2A        | 2A | Midwest |
| Anson                         | -80.103    | Rocky River 2A/3A             | 2A | Midwest |
| Walkertown                    | -80.147931 | Mid-State 2A                  | 2A | Midwest |
| North Stanly                  | -80.211    | Yadkin Valley 1A/2A           | 2A | Midwest |
| North Forsyth                 | -80.283    | Mid-State 2A                  | 2A | Midwest |
| West Stanly                   | -80.347    | Rocky River 2A/3A             | 2A | Midwest |
| West Davidson                 | -80.366    | Central Carolina 1A/2A        | 2A | Midwest |
| West Stokes                   | -80.375    | Mid-State 2A                  | 2A | Midwest |



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| Forest Hills                 | -80.411    | Rocky River 2A/3A             | 2A | Midwest |
| East Surry                   | -80.477    | Foothills 2A                  | 2A | Midwest |
| Mount Pleasant               | -80.482    | Yadkin Valley 1A/2A           | 2A | Midwest |
| Salisbury                    | -80.485    | Central Carolina 1A/2A        | 2A | Midwest |
| Lexington                    | -80.49     | Central Carolina 1A/2A        | 2A | Midwest |
| Monroe                       | -80.526    | Rocky River 2A/3A             | 2A | Midwest |
| Forbush                      | -80.555    | Foothills 2A                  | 2A | Midwest |
| Robinson                     | -80.662    | Yadkin Valley 1A/2A           | 2A | Midwest |
| North Surry                  | -80.674    | Foothills 2A                  | 2A | Midwest |
| Surry Central                | -80.719    | Foothills 2A                  | 2A | Midwest |
| Pine Lake Prep               | -80.844    | Catawba Shores Athletic 1A/2A | 2A | West    |
| Community School of Davidson | -80.853204 | Catawba Shores Athletic 1A/2A | 2A | West    |
| Lincoln Charter              | -80.998    | Catawba Shores Athletic 1A/2A | 2A | West    |
| East Gaston                  | -81.075    | Southern Piedmont 1A/2A       | 2A | West    |
| Bandys                       | -81.085    | Catawba Valley Athletic 2A    | 2A | West    |
| North Wilkes                 | -81.1      | Foothills 2A                  | 2A | West    |
| Bunker Hill                  | -81.12     | Catawba Valley Athletic 2A    | 2A | West    |
| Wilkes Central               | -81.18     | Foothills 2A                  | 2A | West    |
| Maiden                       | -81.224    | Catawba Valley Athletic 2A    | 2A | West    |
| Newton-Conover               | -81.225    | Catawba Valley Athletic 2A    | 2A | West    |
| Lincolnton                   | -81.26     | Catawba Valley Athletic 2A    | 2A | West    |
| West Wilkes                  | -81.26     | Foothills 2A                  | 2A | West    |
| West Lincoln                 | -81.39     | Catawba Valley Athletic 2A    | 2A | West    |
| East Burke                   | -81.482    | Catawba Valley Athletic 2A    | 2A | West    |
| Burns                        | -81.533    | Southern Piedmont 1A/2A       | 2A | West    |
| Shelby                       | -81.537    | Southern Piedmont 1A/2A       | 2A | West    |
| West Caldwell                | -81.592    | Catawba Valley Athletic 2A    | 2A | West    |
| Patton                       | -81.671    | Mountain Foothills Seven 2A   | 2A | West    |
| East Rutherford              | -81.818    | Mountain Foothills Seven 2A   | 2A | West    |
| Chase                        | -81.845    | Mountain Foothills Seven 2A   | 2A | West    |
| R-S Central                  | -81.967    | Mountain Foothills Seven 2A   | 2A | West    |
| Polk County                  | -82.185    | Mountain Foothills Seven 2A   | 2A | West    |
| Owen                         | -82.32     | Western Highlands 1A/2A       | 2A | West    |
| Hendersonville               | -82.464    | Mountain Foothills Seven 2A   | 2A | West    |
| Madison                      | -82.673    | Western Highlands 1A/2A       | 2A | West    |
| Brevard                      | -82.735    | Mountain Foothills Seven 2A   | 2A | West    |
| First Flight                 | -75.665    | Northeastern Coastal 2A/3A    | 3A | East    |
| Currituck County             | -75.97     | Northeastern Coastal 2A/3A    | 3A | East    |
| West Carteret                | -76.786    | Coastal 3A                    | 3A | East    |
| Havelock                     | -76.893    | Big Carolina 3A/4A            | 3A | East    |
| Croatan                      | -76.95     | Coastal 3A                    | 3A | East    |
| Swansboro                    | -77.154    | Coastal 3A                    | 3A | East    |
| White Oak                    | -77.349    | Coastal 3A                    | 3A | East    |
| J.H. Rose                    | -77.386    | Big Carolina 3A/4A            | 3A | East    |
| Northside - Jacksonville     | -77.389    | Big Carolina 3A/4A            | 3A | East    |
| Jacksonville                 | -77.426    | Big Carolina 3A/4A            | 3A | East    |
| South Central                | -77.429    | Big Carolina 3A/4A            | 3A | East    |
| Dixon                        | -77.479    | Coastal 3A                    | 3A | East    |
| Richlands                    | -77.544    | Coastal 3A                    | 3A | East    |
| Rocky Mount                  | -77.808    | The Big East 2A/3A            | 3A | East    |
| Northern Nash                | -77.891    | The Big East 2A/3A            | 3A | East    |

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| Fike                      | -77.922    | Quad County 3A                | 3A | East    |
| C.B. Aycock               | -77.98     | Quad County 3A                | 3A | East    |
| Hunt                      | -77.998    | Quad County 3A                | 3A | East    |
| North Brunswick           | -78.024    | Midwestern 3A/4A              | 3A | East    |
| South Brunswick           | -78.043    | Midwestern 3A/4A              | 3A | East    |
| Southern Wayne            | -78.046    | Quad County 3A                | 3A | East    |
| Southern Nash             | -78.087    | The Big East 2A/3A            | 3A | East    |
| Smithfield-Selma          | -78.324    | Quad County 3A                | 3A | East    |
| Vance County              | -78.372965 | Northern Lakes Athletic 2A/3A | 3A | East    |
| West Brunswick            | -78.412    | Midwestern 3A/4A              | 3A | East    |
| East Wake                 | -78.423    | Quad County 3A                | 3A | East    |
| Franklinton               | -78.457    | The Big East 2A/3A            | 3A | East    |
| South Johnston            | -78.501    | Quad County 3A                | 3A | Midwest |
| West Johnston             | -78.538    | Quad County 3A                | 3A | Midwest |
| Triton                    | -78.665    | All American 3A/4A            | 3A | Midwest |
| Cape Fear                 | -78.762    | United Eight 3A/4A            | 3A | Midwest |
| Harnett Central           | -78.779    | All American 3A/4A            | 3A | Midwest |
| Southern Durham           | -78.829    | Northern Lakes Athletic 2A/3A | 3A | Midwest |
| E.E. Smith                | -78.896    | All American 3A/4A            | 3A | Midwest |
| Durham School of the Arts | -78.907    | Northern Lakes Athletic 2A/3A | 3A | Midwest |
| Terry Sanford             | -78.915    | All American 3A/4A            | 3A | Midwest |
| Douglas Byrd              | -78.948    | United Eight 3A/4A            | 3A | Midwest |
| Western Harnett           | -78.98     | All American 3A/4A            | 3A | Midwest |
| Person                    | -78.981    | Central 3A                    | 3A | Midwest |
| Westover                  | -78.987    | All American 3A/4A            | 3A | Midwest |
| Seventy-First             | -79.007    | United Eight 3A/4A            | 3A | Midwest |
| Carrboro                  | -79.085    | Northern Lakes Athletic 2A/3A | 3A | Midwest |
| Orange                    | -79.095    | Central 3A                    | 3A | Midwest |
| Cedar Ridge               | -79.127    | Central 3A                    | 3A | Midwest |
| Lee County                | -79.147    | Sandhills 3A/4A               | 3A | Midwest |
| Northwood                 | -79.173    | Central 3A                    | 3A | Midwest |
| Southern Lee              | -79.187    | Sandhills 3A/4A               | 3A | Midwest |
| Eastern Alamance          | -79.303    | Central 3A                    | 3A | Midwest |
| Union Pines               | -79.347    | Sandhills 3A/4A               | 3A | Midwest |
| Williams                  | -79.454    | Central 3A                    | 3A | Midwest |
| Scotland                  | -79.479    | Sandhills 3A/4A               | 3A | Midwest |
| Western Alamance          | -79.499    | Central 3A                    | 3A | Midwest |
| Eastern Guilford          | -79.616    | Mid-State 3A                  | 3A | Midwest |
| Northeast Guilford        | -79.623    | Mid-State 3A                  | 3A | Midwest |
| Rockingham County         | -79.741    | Mid-State 3A                  | 3A | Midwest |
| Dudley                    | -79.765    | Mid-State 3A                  | 3A | Midwest |
| Asheboro                  | -79.819    | Mid-Piedmont 3A               | 3A | Midwest |
| Ben L. Smith              | -79.847    | Mid-State 3A                  | 3A | Midwest |
| Southern Guilford         | -79.855    | Mid-State 3A                  | 3A | Midwest |
| Montgomery Central        | -79.865    | Mid-Piedmont 3A               | 3A | Midwest |
| High Point Central        | -80.023    | Mid-State 3A                  | 3A | Midwest |
| Ledford                   | -80.12     | Mid-Piedmont 3A               | 3A | Midwest |
| Oak Grove                 | -80.163479 | Mid-Piedmont 3A               | 3A | Midwest |
| Atkins                    | -80.196    | Mid-State 3A                  | 3A | Midwest |
| Central Davidson          | -80.222    | Mid-Piedmont 3A               | 3A | Midwest |
| North Davidson            | -80.249    | Mid-Piedmont 3A               | 3A | Midwest |



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| East Rowan          | -80.424    | South Piedmont 3A      | 3A | Midwest |
| Carson              | -80.545    | South Piedmont 3A      | 3A | Midwest |
| Central Academy     | -80.567    | Rocky River 2A/3A      | 3A | Midwest |
| Concord             | -80.582    | South Piedmont 3A      | 3A | Midwest |
| Central Cabarrus    | -80.584    | South Piedmont 3A      | 3A | Midwest |
| South Rowan         | -80.61     | South Piedmont 3A      | 3A | Midwest |
| Parkwood            | -80.631    | Rocky River 2A/3A      | 3A | Midwest |
| West Rowan          | -80.643    | South Piedmont 3A      | 3A | Midwest |
| Northwest Cabarrus  | -80.663    | South Piedmont 3A      | 3A | Midwest |
| Lake Norman Charter | -80.836    | South Piedmont 3A      | 3A | Midwest |
| West Charlotte      | -80.859    | Queen City 3A/4A       | 3A | Midwest |
| North Iredell       | -80.867    | Western Foothills 3A   | 3A | Midwest |
| Statesville         | -80.893    | Western Foothills 3A   | 3A | Midwest |
| West Mecklenburg    | -80.953    | Queen City 3A/4A       | 3A | Midwest |
| West Iredell        | -80.991    | Western Foothills 3A   | 3A | Midwest |
| East Lincoln        | -81.026    | Western Foothills 3A   | 3A | West    |
| South Point         | -81.039    | Big South 3A           | 3A | West    |
| Cramer              | -81.058976 | Big South 3A           | 3A | West    |
| North Lincoln       | -81.12     | Western Foothills 3A   | 3A | West    |
| Ashbrook            | -81.127    | Big South 3A           | 3A | West    |
| Forestview          | -81.133    | Big South 3A           | 3A | West    |
| North Gaston        | -81.177    | Big South 3A           | 3A | West    |
| Huss                | -81.207    | Big South 3A           | 3A | West    |
| St. Stephens        | -81.279    | Western Foothills 3A   | 3A | West    |
| Hickory             | -81.332    | Western Foothills 3A   | 3A | West    |
| Foard               | -81.371    | Western Foothills 3A   | 3A | West    |
| Kings Mountain      | -81.372    | Big South 3A           | 3A | West    |
| Ashe County         | -81.478    | Northwestern 3A/4A     | 3A | West    |
| Hibriten            | -81.494    | Northwestern 3A/4A     | 3A | West    |
| Crest               | -81.609    | Big South 3A           | 3A | West    |
| Freedom             | -81.72     | Northwestern 3A/4A     | 3A | West    |
| North Henderson     | -82.42     | Mountain Seven 3A      | 3A | West    |
| East Henderson      | -82.424    | Mountain Seven 3A      | 3A | West    |
| West Henderson      | -82.515    | Mountain Seven 3A      | 3A | West    |
| North Buncombe      | -82.558    | The Mountain 3A/4A     | 3A | West    |
| Erwin               | -82.627    | The Mountain 3A/4A     | 3A | West    |
| Enka                | -82.664    | The Mountain 3A/4A     | 3A | West    |
| Pisgah              | -82.842    | Mountain Seven 3A      | 3A | West    |
| Tuscola             | -82.953    | Mountain Seven 3A      | 3A | West    |
| Smoky Mountain      | -83.199    | Mountain Seven 3A      | 3A | West    |
| Franklin            | -83.381    | Mountain Seven 3A      | 3A | West    |
| New Bern            | -77.116    | Big Carolina 3A/4A     | 4A | East    |
| D.H. Conley         | -77.325    | Big Carolina 3A/4A     | 4A | East    |
| Topsail             | -77.682    | Mideastern 3A/4A       | 4A | East    |
| Laney               | -77.872    | Mideastern 3A/4A       | 4A | East    |
| Hoggard             | -77.893    | Mideastern 3A/4A       | 4A | East    |
| Ashley              | -77.911    | Mideastern 3A/4A       | 4A | East    |
| New Hanover         | -77.933    | Mideastern 3A/4A       | 4A | East    |
| Corinth Holders     | -78.338    | Greater Neuse River 4A | 4A | East    |
| Rolesville          | -78.441619 | Northern Athletic 4A   | 4A | East    |
| Clayton             | -78.466    | Greater Neuse River 4A | 4A | East    |

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| Knightdale         | -78.479     | Northern Athletic 4A   | 4A | East    |
| Cleveland          | -78.5       | Greater Neuse River 4A | 4A | East    |
| Heritage           | -78.507     | Northern Athletic 4A   | 4A | East    |
| Wake Forest        | -78.516     | Northern Athletic 4A   | 4A | East    |
| Wakefield          | -78.57      | Northern Athletic 4A   | 4A | East    |
| South Garner       | -78.580168  | Greater Neuse River 4A | 4A | East    |
| Millbrook          | -78.603     | Northern Athletic 4A   | 4A | East    |
| Enloe              | -78.604     | Cap Six 4A             | 4A | East    |
| Southeast Raleigh  | -78.604     | Greater Neuse River 4A | 4A | East    |
| Garner             | -78.637     | Greater Neuse River 4A | 4A | East    |
| Sanderson          | -78.647     | Cap Six 4A             | 4A | East    |
| Broughton          | -78.653     | Cap Six 4A             | 4A | East    |
| Athens Drive       | -78.711     | Cap Six 4A             | 4A | East    |
| Leesville Road     | -78.717     | Cap Six 4A             | 4A | East    |
| Cardinal Gibbons   | -78.727     | Cap Six 4A             | 4A | East    |
| Willow Spring      | -78.7372399 | Greater Neuse River 4A | 4A | East    |
| Middle Creek       | -78.758     | Southwest Wake 4A      | 4A | East    |
| Cary               | -78.764     | Southwest Wake 4A      | 4A | Mideast |
| Fuquay - Varina    | -78.797     | Greater Neuse River 4A | 4A | Mideast |
| Apex               | -78.838     | Southwest Wake 4A      | 4A | Mideast |
| Holly Springs      | -78.849     | Southwest Wake 4A      | 4A | Mideast |
| Green Hope         | -78.868     | Southwest Wake 4A      | 4A | Mideast |
| Pine Forest        | -78.887     | All American 3A/4A     | 4A | Mideast |
| Panther Creek      | -78.889     | Southwest Wake 4A      | 4A | Mideast |
| Green Level        | -78.9       | Southwest Wake 4A      | 4A | Mideast |
| Gray's Creek       | -78.904     | United Eight 3A/4A     | 4A | Mideast |
| Hillside           | -78.906     | DAC-VII 4A             | 4A | Mideast |
| Apex Friendship    | -78.910704  | Southwest Wake 4A      | 4A | Mideast |
| Northern Durham    | -78.914     | DAC-VII 4A             | 4A | Mideast |
| South View         | -78.928     | United Eight 3A/4A     | 4A | Mideast |
| Riverside-Durham   | -78.943     | DAC-VII 4A             | 4A | Mideast |
| Jordan             | -78.964     | DAC-VII 4A             | 4A | Mideast |
| Overhills          | -78.97      | All American 3A/4A     | 4A | Mideast |
| Lumberton          | -78.999     | United Eight 3A/4A     | 4A | Mideast |
| Jack Britt         | -79.011     | United Eight 3A/4A     | 4A | Mideast |
| East Chapel Hill   | -79.03      | DAC-VII 4A             | 4A | Mideast |
| Chapel Hill        | -79.081     | DAC-VII 4A             | 4A | Mideast |
| Hoke County        | -79.236     | Sandhills 3A/4A        | 4A | Mideast |
| Purnell Swett      | -79.246     | United Eight 3A/4A     | 4A | Mideast |
| Southern Alamance  | -79.406     | DAC-VII 4A             | 4A | Mideast |
| Pinecrest          | -79.435     | Sandhills 3A/4A        | 4A | Mideast |
| Southeast Guilford | -79.698     | Metro 4A               | 4A | Mideast |
| Richmond           | -79.716     | Sandhills 3A/4A        | 4A | Mideast |
| Page               | -79.786     | Metro 4A               | 4A | Mideast |
| Northern Guilford  | -79.806     | Metro 4A               | 4A | Midwest |
| Grimsley           | -79.816     | Metro 4A               | 4A | Midwest |
| Western Guilford   | -79.908     | Metro 4A               | 4A | Midwest |
| Ragsdale           | -79.916     | Metro 4A               | 4A | Midwest |
| Northwest Guilford | -79.953     | Metro 4A               | 4A | Midwest |
| Southwest Guilford | -79.988     | Metro 4A               | 4A | Midwest |
| Glenn              | -80.113     | Central Piedmont 4A    | 4A | Midwest |



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| East Forsyth       | -80.151   | Central Piedmont 4A  | 4A | Midwest |
| Parkland           | -80.257   | Central Piedmont 4A  | 4A | Midwest |
| R.J. Reynolds      | -80.266   | Central Piedmont 4A  | 4A | Midwest |
| Mount Tabor        | -80.314   | Central Piedmont 4A  | 4A | Midwest |
| Reagan             | -80.364   | Central Piedmont 4A  | 4A | Midwest |
| West Forsyth       | -80.388   | Central Piedmont 4A  | 4A | Midwest |
| Piedmont           | -80.491   | Southern Carolina 4A | 4A | Midwest |
| Davie              | -80.553   | Central Piedmont 4A  | 4A | Midwest |
| Porter Ridge       | -80.57    | Southern Carolina 4A | 4A | Midwest |
| A.L. Brown         | -80.618   | Greater Metro 4A     | 4A | Midwest |
| Hickory Ridge      | -80.635   | Greater Metro 4A     | 4A | Midwest |
| Rocky River        | -80.64    | Southwestern 4A      | 4A | Midwest |
| West Cabarrus      | -80.64459 | Greater Metro 4A     | 4A | Midwest |
| Sun Valley         | -80.645   | Southern Carolina 4A | 4A | Midwest |
| Independence       | -80.688   | Southwestern 4A      | 4A | Midwest |
| Butler             | -80.691   | Southwestern 4A      | 4A | Midwest |
| Weddington         | -80.726   | Southern Carolina 4A | 4A | Midwest |
| Cox Mill           | -80.729   | Greater Metro 4A     | 4A | Midwest |
| Cuthbertson        | -80.737   | Southern Carolina 4A | 4A | Midwest |
| East Mecklenburg   | -80.758   | Southwestern 4A      | 4A | West    |
| Providence         | -80.763   | Southwestern 4A      | 4A | West    |
| Chambers           | -80.766   | Queen City 3A/4A     | 4A | West    |
| Mallard Creek      | -80.769   | Queen City 3A/4A     | 4A | West    |
| Garinger           | -80.783   | Southwestern 4A      | 4A | West    |
| Marvin Ridge       | -80.796   | Southern Carolina 4A | 4A | West    |
| Mooresville        | -80.802   | Greater Metro 4A     | 4A | West    |
| Ardrey Kell        | -80.826   | So Meck 4A           | 4A | West    |
| Hough              | -80.829   | Queen City 3A/4A     | 4A | West    |
| Myers Park         | -80.832   | So Meck 4A           | 4A | West    |
| North Mecklenburg  | -80.834   | Queen City 3A/4A     | 4A | West    |
| Charlotte Catholic | -80.849   | Southwestern 4A      | 4A | West    |
| South Mecklenburg  | -80.86    | So Meck 4A           | 4A | West    |
| Berry              | -80.892   | So Meck 4A           | 4A | West    |
| Lake Norman        | -80.903   | Greater Metro 4A     | 4A | West    |
| Harding University | -80.903   | So Meck 4A           | 4A | West    |
| Hopewell           | -80.908   | Queen City 3A/4A     | 4A | West    |
| South Iredell      | -80.91    | Greater Metro 4A     | 4A | West    |
| Olympic            | -80.952   | So Meck 4A           | 4A | West    |
| Alexander Central  | -81.189   | Northwestern 3A/4A   | 4A | West    |
| South Caldwell     | -81.452   | Northwestern 3A/4A   | 4A | West    |
| Watauga            | -81.676   | Northwestern 3A/4A   | 4A | West    |
| McDowell           | -82.035   | The Mountain 3A/4A   | 4A | West    |
| A.C. Reynolds      | -82.477   | The Mountain 3A/4A   | 4A | West    |
| T.C. Roberson      | -82.535   | The Mountain 3A/4A   | 4A | West    |
| Asheville          | -82.553   | The Mountain 3A/4A   | 4A | West    |

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| Common Name              | Longitude  | Conference                              | Class | Region |
|--------------------------|------------|---|-------|--------|
| Northside - Pinetown     | -76.73     | Coastal Plains 1A/2A                    | 1A    | East   |
| Pamlico County           | -76.779    | Coastal Plains 1A/2A                    | 1A    | East   |
| Southside                | -77.057    | Coastal Plains 1A/2A                    | 1A    | East   |
| Lejeune                  | -77.355    | Coastal Plains 1A/2A                    | 1A    | East   |
| Tarboro                  | -77.559    | Four Rivers 1A                          | 1A    | East   |
| North East Carolina Prep | -77.58     | Four Rivers 1A                          | 1A    | East   |
| Pender                   | -78.012    | Waccamaw 1A/2A                          | 1A    | East   |
| Rosewood                 | -78.075    | Carolina 1A                             | 1A    | East   |
| Neuse Charter            | -78.321034 | Carolina 1A                             | 1A    | East   |
| Voyager                  | -78.896    | Triangle North 1A                       | 1A    | East   |
| Chatham Central          | -79.39     | Mid-Carolina 1A/2A                      | 1A    | East   |
| North Moore              | -79.554    | Mid-Carolina 1A/2A                      | 1A    | East   |
| Eastern Randolph         | -79.618    | Piedmont Athletic 1A/2A                 | 1A    | East   |
| Uwharrie Charter         | -79.825039 | Piedmont Athletic 1A/2A                 | 1A    | East   |
| Bishop McGuinness        | -80.063    | Northwest Piedmont 1A                   | 1A    | East   |
| Thomasville              | -80.079    | Central Carolina 1A/2A                  | 1A    | East   |
| South Davidson           | -80.1      | Central Carolina 1A/2A                  | 1A    | East   |
| Leadership Academy       | -80.110997 | Northwest Piedmont 1A                   | 1A    | East   |
| South Stanly             | -80.165    | Yadkin Valley 1A/2A                     | 1A    | East   |
| Albemarle                | -80.193    | Yadkin Valley 1A/2A                     | 1A    | East   |
| Carver                   | -80.208    | Northwest Piedmont 1A                   | 1A    | East   |
| South Stokes             | -80.24     | Northwest 1A                            | 1A    | East   |
| North Stokes             | -80.281    | Northwest 1A                            | 1A    | East   |
| North Rowan              | -80.43     | Central Carolina 1A/2A                  | 1A    | East   |
| Union Academy            | -80.582    | Yadkin Valley 1A/2A                     | 1A    | West   |
| Apprentice Academy       | -80.586    | Metro Eight 1A                          | 1A    | West   |
| Mount Airy               | -80.616    | Northwest 1A                            | 1A    | West   |
| Bradford Prep            | -80.721325 | Metro Eight 1A                          | 1A    | West   |
| Corvian Community        | -80.77335  | Metro Eight 1A                          | 1A    | West   |
| Starmount                | -80.774    | Northwest 1A                            | 1A    | West   |
| Langtree Charter         | -80.854486 | Catawba Shores Athletic 1A/2A           | 1A    | West   |
| Elkin                    | -80.86     | Northwest 1A                            | 1A    | West   |
| East Wilkes              | -80.927    | Northwest 1A                            | 1A    | West   |
| Mountain Island Charter  | -80.988591 | Catawba Shores Athletic 1A/2A           | 1A    | West   |
| Alleghany                | -81.125    | Northwest 1A                            | 1A    | West   |
| Bessemer City            | -81.281    | Southern Piedmont 1A/2A                 | 1A    | West   |
| Cherryville              | -81.38     | Southern Piedmont 1A/2A                 | 1A    | West   |
| Draughn                  | -81.545    | Western Highlands 1A/2A                 | 1A    | West   |
| Thomas Jefferson         | -81.794    | Southern Piedmont 1A/2A                 | 1A    | West   |
| Avery County             | -81.918    | Western Highlands 1A/2A                 | 1A    | West   |
| Mitchell                 | -82.117    | Western Highlands 1A/2A                 | 1A    | West   |
| Mountain Heritage        | -82.333    | Western Highlands 1A/2A                 | 1A    | West   |
| Rosman                   | -82.821    | Western Highlands 1A/2A                 | 1A    | West   |
| Cherokee                 | -83.31     | Smoky Mountain 1A,Big Smoky Mountain 1A | 1A    | West   |
| Swain County             | -83.456    | Smoky Mountain 1A,Big Smoky Mountain 1A | 1A    | West   |
| Robbinsville             | -83.798    | Smoky Mountain 1A,Big Smoky Mountain 1A | 1A    | West   |
| Hayesville               | -83.815    | Smoky Mountain 1A,Big Smoky Mountain 1A | 1A    | West   |
| Andrews                  | -83.824    | Smoky Mountain 1A,Big Smoky Mountain 1A | 1A    | West   |
| Murphy                   | -84.016    | Smoky Mountain 1A,Big Smoky Mountain 1A | 1A    | West   |
| Manteo                   | -75.674    | Northeastern Coastal 2A/3A              | 2A    | East   |



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|-------------------------------|------------|-------------------------------|----|---------|
| Northeastern                  | -76.255    | Northeastern Coastal 2A/3A    | 2A | East    |
| Holmes                        | -76.605    | Northeastern Coastal 2A/3A    | 2A | East    |
| East Carteret                 | -76.626    | Coastal Plains 1A/2A          | 2A | East    |
| Hertford County               | -76.998    | Northeastern Coastal 2A/3A    | 2A | East    |
| Washington                    | -77.013    | Eastern Plains 2A             | 2A | East    |
| West Craven                   | -77.138    | Eastern Plains 2A             | 2A | East    |
| North Pitt                    | -77.363    | Eastern Plains 2A             | 2A | East    |
| Ayden - Grifton               | -77.431    | Eastern Plains 2A             | 2A | East    |
| Southwest Onslow              | -77.481    | East Central 2A               | 2A | East    |
| Farmville Central             | -77.569    | Eastern Plains 2A             | 2A | East    |
| Roanoke Rapids                | -77.654    | The Big East 2A/3A            | 2A | East    |
| SouthWest Edgecombe           | -77.661    | Eastern Plains 2A             | 2A | East    |
| Greene Central                | -77.671    | Eastern Plains 2A             | 2A | East    |
| North Lenoir                  | -77.679    | East Central 2A               | 2A | East    |
| South Lenoir                  | -77.704    | East Central 2A               | 2A | East    |
| Beddingfield                  | -77.876    | Neuse Six 2A                  | 2A | East    |
| Eastern Wayne                 | -77.881    | Neuse Six 2A                  | 2A | East    |
| Heide Trask                   | -77.892    | Waccamaw 1A/2A                | 2A | East    |
| Nash Central                  | -77.898    | The Big East 2A/3A            | 2A | East    |
| North Johnston                | -78.184    | Neuse Six 2A                  | 2A | East    |
| Bunn                          | -78.249    | The Big East 2A/3A            | 2A | Mideast |
| Louisburg                     | -78.301    | The Big East 2A/3A            | 2A | Mideast |
| J.F. Webb                     | -78.597    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| South Granville               | -78.673    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| Granville Central             | -78.687    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| N.C. School of Science & Math | -78.921    | Super Six 1A/2A               | 2A | Mideast |
| St. Pauls                     | -78.977    | Southeastern Athletic 2A      | 2A | Mideast |
| Seaforth                      | -79.06     | Mid-Carolina 1A/2A            | 2A | Mideast |
| Bartlett Yancey               | -79.327    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Graham                        | -79.382    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Cummings                      | -79.398    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Jordan-Matthews               | -79.451    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Reidsville                    | -79.675    | Mid-State 2A                  | 2A | Mideast |
| Providence Grove              | -79.714    | Piedmont Athletic 1A/2A       | 2A | Mideast |
| Morehead                      | -79.736    | Mid-State 2A                  | 2A | Mideast |
| Randleman                     | -79.82     | Piedmont Athletic 1A/2A       | 2A | Mideast |
| Southwestern Randolph         | -79.87     | Piedmont Athletic 1A/2A       | 2A | Mideast |
| McMichael                     | -79.942    | Mid-State 2A                  | 2A | Mideast |
| T.W. Andrews                  | -79.99     | Mid-State 2A                  | 2A | Mideast |
| Trinity                       | -79.998    | Piedmont Athletic 1A/2A       | 2A | Mideast |
| Wheatmore                     | -80.007    | Piedmont Athletic 1A/2A       | 2A | Mideast |
| East Davidson                 | -80.101    | Central Carolina 1A/2A        | 2A | Midwest |
| Anson                         | -80.103    | Rocky River 2A/3A             | 2A | Midwest |
| Walkertown                    | -80.147931 | Mid-State 2A                  | 2A | Midwest |
| North Stanly                  | -80.211    | Yadkin Valley 1A/2A           | 2A | Midwest |
| North Forsyth                 | -80.283    | Mid-State 2A                  | 2A | Midwest |
| West Stanly                   | -80.347    | Rocky River 2A/3A             | 2A | Midwest |
| West Davidson                 | -80.366    | Central Carolina 1A/2A        | 2A | Midwest |
| West Stokes                   | -80.375    | Mid-State 2A                  | 2A | Midwest |
| Forest Hills                  | -80.411    | Rocky River 2A/3A             | 2A | Midwest |
| East Surry                    | -80.477    | Foothills 2A                  | 2A | Midwest |

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|                          |         |                               |    |         |
|--------------------------|---------|-------------------------------|----|---------|
| Mount Pleasant           | -80.482 | Yadkin Valley 1A/2A           | 2A | Midwest |
| Salisbury                | -80.485 | Central Carolina 1A/2A        | 2A | Midwest |
| Lexington                | -80.49  | Central Carolina 1A/2A        | 2A | Midwest |
| Monroe                   | -80.526 | Rocky River 2A/3A             | 2A | Midwest |
| Forbush                  | -80.555 | Foothills 2A                  | 2A | Midwest |
| Robinson                 | -80.662 | Yadkin Valley 1A/2A           | 2A | Midwest |
| North Surry              | -80.674 | Foothills 2A                  | 2A | Midwest |
| Surry Central            | -80.719 | Foothills 2A                  | 2A | Midwest |
| Lincoln Charter          | -80.998 | Catawba Shores Athletic 1A/2A | 2A | Midwest |
| East Gaston              | -81.075 | Southern Piedmont 1A/2A       | 2A | Midwest |
| Bandys                   | -81.085 | Catawba Valley Athletic 2A    | 2A | Midwest |
| North Wilkes             | -81.1   | Foothills 2A                  | 2A | West    |
| Bunker Hill              | -81.12  | Catawba Valley Athletic 2A    | 2A | West    |
| Wilkes Central           | -81.18  | Foothills 2A                  | 2A | West    |
| Maiden                   | -81.224 | Catawba Valley Athletic 2A    | 2A | West    |
| Newton-Conover           | -81.225 | Catawba Valley Athletic 2A    | 2A | West    |
| Lincolnton               | -81.26  | Catawba Valley Athletic 2A    | 2A | West    |
| West Wilkes              | -81.26  | Foothills 2A                  | 2A | West    |
| West Lincoln             | -81.39  | Catawba Valley Athletic 2A    | 2A | West    |
| East Burke               | -81.482 | Catawba Valley Athletic 2A    | 2A | West    |
| Burns                    | -81.533 | Southern Piedmont 1A/2A       | 2A | West    |
| Shelby                   | -81.537 | Southern Piedmont 1A/2A       | 2A | West    |
| West Caldwell            | -81.592 | Catawba Valley Athletic 2A    | 2A | West    |
| Patton                   | -81.671 | Mountain Foothills Seven 2A   | 2A | West    |
| East Rutherford          | -81.818 | Mountain Foothills Seven 2A   | 2A | West    |
| Chase                    | -81.845 | Mountain Foothills Seven 2A   | 2A | West    |
| R-S Central              | -81.967 | Mountain Foothills Seven 2A   | 2A | West    |
| Polk County              | -82.185 | Mountain Foothills Seven 2A   | 2A | West    |
| Owen                     | -82.32  | Western Highlands 1A/2A       | 2A | West    |
| Hendersonville           | -82.464 | Mountain Foothills Seven 2A   | 2A | West    |
| Madison                  | -82.673 | Western Highlands 1A/2A       | 2A | West    |
| Brevard                  | -82.735 | Mountain Foothills Seven 2A   | 2A | West    |
| First Flight             | -75.665 | Northeastern Coastal 2A/3A    | 3A | East    |
| Currituck County         | -75.97  | Northeastern Coastal 2A/3A    | 3A | East    |
| West Carteret            | -76.786 | Coastal 3A                    | 3A | East    |
| Havelock                 | -76.893 | Big Carolina 3A/4A            | 3A | East    |
| Croatan                  | -76.95  | Coastal 3A                    | 3A | East    |
| Swansboro                | -77.154 | Coastal 3A                    | 3A | East    |
| White Oak                | -77.349 | Coastal 3A                    | 3A | East    |
| J.H. Rose                | -77.386 | Big Carolina 3A/4A            | 3A | East    |
| Northside - Jacksonville | -77.389 | Big Carolina 3A/4A            | 3A | East    |
| Jacksonville             | -77.426 | Big Carolina 3A/4A            | 3A | East    |
| South Central            | -77.429 | Big Carolina 3A/4A            | 3A | East    |
| Dixon                    | -77.479 | Coastal 3A                    | 3A | East    |
| Richlands                | -77.544 | Coastal 3A                    | 3A | East    |
| Rocky Mount              | -77.808 | The Big East 2A/3A            | 3A | East    |
| Northern Nash            | -77.891 | The Big East 2A/3A            | 3A | East    |
| Fike                     | -77.922 | Quad County 3A                | 3A | East    |
| C.B. Aycock              | -77.98  | Quad County 3A                | 3A | East    |
| Hunt                     | -77.998 | Quad County 3A                | 3A | East    |
| North Brunswick          | -78.024 | Mideastern 3A/4A              | 3A | East    |



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|                           |            |                               |    |         |
|---------------------------|------------|-------------------------------|----|---------|
| South Brunswick           | -78.043    | Midwestern 3A/4A              | 3A | East    |
| Southern Wayne            | -78.046    | Quad County 3A                | 3A | East    |
| Southern Nash             | -78.087    | The Big East 2A/3A            | 3A | East    |
| Smithfield-Selma          | -78.324    | Quad County 3A                | 3A | East    |
| Vance County              | -78.372965 | Northern Lakes Athletic 2A/3A | 3A | East    |
| West Brunswick            | -78.412    | Midwestern 3A/4A              | 3A | East    |
| East Wake                 | -78.423    | Quad County 3A                | 3A | East    |
| Franklinton               | -78.457    | The Big East 2A/3A            | 3A | East    |
| South Johnston            | -78.501    | Quad County 3A                | 3A | Midwest |
| West Johnston             | -78.538    | Quad County 3A                | 3A | Midwest |
| Triton                    | -78.665    | All American 3A/4A            | 3A | Midwest |
| Cape Fear                 | -78.762    | United Eight 3A/4A            | 3A | Midwest |
| Harnett Central           | -78.779    | All American 3A/4A            | 3A | Midwest |
| Southern Durham           | -78.829    | Northern Lakes Athletic 2A/3A | 3A | Midwest |
| E.E. Smith                | -78.896    | All American 3A/4A            | 3A | Midwest |
| Durham School of the Arts | -78.907    | Northern Lakes Athletic 2A/3A | 3A | Midwest |
| Terry Sanford             | -78.915    | All American 3A/4A            | 3A | Midwest |
| Douglas Byrd              | -78.948    | United Eight 3A/4A            | 3A | Midwest |
| Western Harnett           | -78.98     | All American 3A/4A            | 3A | Midwest |
| Person                    | -78.981    | Central 3A                    | 3A | Midwest |
| Westover                  | -78.987    | All American 3A/4A            | 3A | Midwest |
| Seventy-First             | -79.007    | United Eight 3A/4A            | 3A | Midwest |
| Carrboro                  | -79.085    | Northern Lakes Athletic 2A/3A | 3A | Midwest |
| Orange                    | -79.095    | Central 3A                    | 3A | Midwest |
| Cedar Ridge               | -79.127    | Central 3A                    | 3A | Midwest |
| Lee County                | -79.147    | Sandhills 3A/4A               | 3A | Midwest |
| Northwood                 | -79.173    | Central 3A                    | 3A | Midwest |
| Southern Lee              | -79.187    | Sandhills 3A/4A               | 3A | Midwest |
| Eastern Alamance          | -79.303    | Central 3A                    | 3A | Midwest |
| Union Pines               | -79.347    | Sandhills 3A/4A               | 3A | Midwest |
| Williams                  | -79.454    | Central 3A                    | 3A | Midwest |
| Scotland                  | -79.479    | Sandhills 3A/4A               | 3A | Midwest |
| Western Alamance          | -79.499    | Central 3A                    | 3A | Midwest |
| Eastern Guilford          | -79.616    | Mid-State 3A                  | 3A | Midwest |
| Northeast Guilford        | -79.623    | Mid-State 3A                  | 3A | Midwest |
| Rockingham County         | -79.741    | Mid-State 3A                  | 3A | Midwest |
| Dudley                    | -79.765    | Mid-State 3A                  | 3A | Midwest |
| Asheboro                  | -79.819    | Mid-Piedmont 3A               | 3A | Midwest |
| Ben L. Smith              | -79.847    | Mid-State 3A                  | 3A | Midwest |
| Southern Guilford         | -79.855    | Mid-State 3A                  | 3A | Midwest |
| Montgomery Central        | -79.865    | Mid-Piedmont 3A               | 3A | Midwest |
| High Point Central        | -80.023    | Mid-State 3A                  | 3A | Midwest |
| Ledford                   | -80.12     | Mid-Piedmont 3A               | 3A | Midwest |
| Oak Grove                 | -80.163479 | Mid-Piedmont 3A               | 3A | Midwest |
| Atkins                    | -80.196    | Mid-State 3A                  | 3A | Midwest |
| Central Davidson          | -80.222    | Mid-Piedmont 3A               | 3A | Midwest |
| North Davidson            | -80.249    | Mid-Piedmont 3A               | 3A | Midwest |
| East Rowan                | -80.424    | South Piedmont 3A             | 3A | Midwest |
| Carson                    | -80.545    | South Piedmont 3A             | 3A | Midwest |
| Central Academy           | -80.567    | Rocky River 2A/3A             | 3A | Midwest |
| Concord                   | -80.582    | South Piedmont 3A             | 3A | Midwest |

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|--------------------|------------|------------------------|----|---------|
| Central Cabarrus   | -80.584    | South Piedmont 3A      | 3A | Midwest |
| South Rowan        | -80.61     | South Piedmont 3A      | 3A | Midwest |
| Parkwood           | -80.631    | Rocky River 2A/3A      | 3A | Midwest |
| West Rowan         | -80.643    | South Piedmont 3A      | 3A | Midwest |
| Northwest Cabarrus | -80.663    | South Piedmont 3A      | 3A | Midwest |
| West Charlotte     | -80.859    | Queen City 3A/4A       | 3A | Midwest |
| North Iredell      | -80.867    | Western Foothills 3A   | 3A | Midwest |
| Statesville        | -80.893    | Western Foothills 3A   | 3A | Midwest |
| West Mecklenburg   | -80.953    | Queen City 3A/4A       | 3A | Midwest |
| West Iredell       | -80.991    | Western Foothills 3A   | 3A | West    |
| East Lincoln       | -81.026    | Western Foothills 3A   | 3A | West    |
| South Point        | -81.039    | Big South 3A           | 3A | West    |
| Cramer             | -81.058976 | Big South 3A           | 3A | West    |
| North Lincoln      | -81.12     | Western Foothills 3A   | 3A | West    |
| Ashbrook           | -81.127    | Big South 3A           | 3A | West    |
| Forestview         | -81.133    | Big South 3A           | 3A | West    |
| North Gaston       | -81.177    | Big South 3A           | 3A | West    |
| Huss               | -81.207    | Big South 3A           | 3A | West    |
| St. Stephens       | -81.279    | Western Foothills 3A   | 3A | West    |
| Hickory            | -81.332    | Western Foothills 3A   | 3A | West    |
| Foard              | -81.371    | Western Foothills 3A   | 3A | West    |
| Kings Mountain     | -81.372    | Big South 3A           | 3A | West    |
| Ashe County        | -81.478    | Northwestern 3A/4A     | 3A | West    |
| Hibriten           | -81.494    | Northwestern 3A/4A     | 3A | West    |
| Crest              | -81.609    | Big South 3A           | 3A | West    |
| Freedom            | -81.72     | Northwestern 3A/4A     | 3A | West    |
| North Henderson    | -82.42     | Mountain Seven 3A      | 3A | West    |
| East Henderson     | -82.424    | Mountain Seven 3A      | 3A | West    |
| West Henderson     | -82.515    | Mountain Seven 3A      | 3A | West    |
| North Buncombe     | -82.558    | The Mountain 3A/4A     | 3A | West    |
| Erwin              | -82.627    | The Mountain 3A/4A     | 3A | West    |
| Enka               | -82.664    | The Mountain 3A/4A     | 3A | West    |
| Pisgah             | -82.842    | Mountain Seven 3A      | 3A | West    |
| Tuscola            | -82.953    | Mountain Seven 3A      | 3A | West    |
| Smoky Mountain     | -83.199    | Mountain Seven 3A      | 3A | West    |
| Franklin           | -83.381    | Mountain Seven 3A      | 3A | West    |
| New Bern           | -77.116    | Big Carolina 3A/4A     | 4A | East    |
| D.H. Conley        | -77.325    | Big Carolina 3A/4A     | 4A | East    |
| Topsail            | -77.682    | Mideastern 3A/4A       | 4A | East    |
| Laney              | -77.872    | Mideastern 3A/4A       | 4A | East    |
| Hoggard            | -77.893    | Mideastern 3A/4A       | 4A | East    |
| Ashley             | -77.911    | Mideastern 3A/4A       | 4A | East    |
| New Hanover        | -77.933    | Mideastern 3A/4A       | 4A | East    |
| Corinth Holders    | -78.338    | Greater Neuse River 4A | 4A | East    |
| Rolesville         | -78.441619 | Northern Athletic 4A   | 4A | East    |
| Clayton            | -78.466    | Greater Neuse River 4A | 4A | East    |
| Knightdale         | -78.479    | Northern Athletic 4A   | 4A | East    |
| Cleveland          | -78.5      | Greater Neuse River 4A | 4A | East    |
| Heritage           | -78.507    | Northern Athletic 4A   | 4A | East    |
| Wake Forest        | -78.516    | Northern Athletic 4A   | 4A | East    |
| Wakefield          | -78.57     | Northern Athletic 4A   | 4A | East    |



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|                    |             |                        |    |         |
|--------------------|-------------|------------------------|----|---------|
| South Garner       | -78.580168  | Greater Neuse River 4A | 4A | East    |
| Millbrook          | -78.603     | Northern Athletic 4A   | 4A | East    |
| Enloe              | -78.604     | Cap Six 4A             | 4A | East    |
| Southeast Raleigh  | -78.604     | Greater Neuse River 4A | 4A | East    |
| Garner             | -78.637     | Greater Neuse River 4A | 4A | East    |
| Sanderson          | -78.647     | Cap Six 4A             | 4A | East    |
| Broughton          | -78.653     | Cap Six 4A             | 4A | East    |
| Athens Drive       | -78.711     | Cap Six 4A             | 4A | East    |
| Leesville Road     | -78.717     | Cap Six 4A             | 4A | East    |
| Cardinal Gibbons   | -78.727     | Cap Six 4A             | 4A | East    |
| Willow Spring      | -78.7372399 | Greater Neuse River 4A | 4A | East    |
| Middle Creek       | -78.758     | Southwest Wake 4A      | 4A | East    |
| Cary               | -78.764     | Southwest Wake 4A      | 4A | Mideast |
| Fuquay - Varina    | -78.797     | Greater Neuse River 4A | 4A | Mideast |
| Apex               | -78.838     | Southwest Wake 4A      | 4A | Mideast |
| Holly Springs      | -78.849     | Southwest Wake 4A      | 4A | Mideast |
| Green Hope         | -78.868     | Southwest Wake 4A      | 4A | Mideast |
| Pine Forest        | -78.887     | All American 3A/4A     | 4A | Mideast |
| Panther Creek      | -78.889     | Southwest Wake 4A      | 4A | Mideast |
| Green Level        | -78.9       | Southwest Wake 4A      | 4A | Mideast |
| Gray's Creek       | -78.904     | United Eight 3A/4A     | 4A | Mideast |
| Hillside           | -78.906     | DAC-VII 4A             | 4A | Mideast |
| Apex Friendship    | -78.910704  | Southwest Wake 4A      | 4A | Mideast |
| Northern Durham    | -78.914     | DAC-VII 4A             | 4A | Mideast |
| South View         | -78.928     | United Eight 3A/4A     | 4A | Mideast |
| Riverside-Durham   | -78.943     | DAC-VII 4A             | 4A | Mideast |
| Jordan             | -78.964     | DAC-VII 4A             | 4A | Mideast |
| Overhills          | -78.97      | All American 3A/4A     | 4A | Mideast |
| Lumberton          | -78.999     | United Eight 3A/4A     | 4A | Mideast |
| Jack Britt         | -79.011     | United Eight 3A/4A     | 4A | Mideast |
| East Chapel Hill   | -79.03      | DAC-VII 4A             | 4A | Mideast |
| Chapel Hill        | -79.081     | DAC-VII 4A             | 4A | Mideast |
| Hoke County        | -79.236     | Sandhills 3A/4A        | 4A | Mideast |
| Purnell Swett      | -79.246     | United Eight 3A/4A     | 4A | Mideast |
| Southern Alamance  | -79.406     | DAC-VII 4A             | 4A | Mideast |
| Pinecrest          | -79.435     | Sandhills 3A/4A        | 4A | Mideast |
| Southeast Guilford | -79.698     | Metro 4A               | 4A | Mideast |
| Richmond           | -79.716     | Sandhills 3A/4A        | 4A | Mideast |
| Page               | -79.786     | Metro 4A               | 4A | Midwest |
| Northern Guilford  | -79.806     | Metro 4A               | 4A | Midwest |
| Grimsley           | -79.816     | Metro 4A               | 4A | Midwest |
| Western Guilford   | -79.908     | Metro 4A               | 4A | Midwest |
| Ragsdale           | -79.916     | Metro 4A               | 4A | Midwest |
| Northwest Guilford | -79.953     | Metro 4A               | 4A | Midwest |
| Southwest Guilford | -79.988     | Metro 4A               | 4A | Midwest |
| Glenn              | -80.113     | Central Piedmont 4A    | 4A | Midwest |
| East Forsyth       | -80.151     | Central Piedmont 4A    | 4A | Midwest |
| Parkland           | -80.257     | Central Piedmont 4A    | 4A | Midwest |
| R.J. Reynolds      | -80.266     | Central Piedmont 4A    | 4A | Midwest |
| Mount Tabor        | -80.314     | Central Piedmont 4A    | 4A | Midwest |
| Reagan             | -80.364     | Central Piedmont 4A    | 4A | Midwest |

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| West Forsyth       | -80.388   | Central Piedmont 4A  | 4A | Midwest |
| Piedmont           | -80.491   | Southern Carolina 4A | 4A | Midwest |
| Davie              | -80.553   | Central Piedmont 4A  | 4A | Midwest |
| Porter Ridge       | -80.57    | Southern Carolina 4A | 4A | Midwest |
| A.L. Brown         | -80.618   | Greater Metro 4A     | 4A | Midwest |
| Hickory Ridge      | -80.635   | Greater Metro 4A     | 4A | Midwest |
| Rocky River        | -80.64    | Southwestern 4A      | 4A | Midwest |
| West Cabarrus      | -80.64459 | Greater Metro 4A     | 4A | Midwest |
| Sun Valley         | -80.645   | Southern Carolina 4A | 4A | Midwest |
| Independence       | -80.688   | Southwestern 4A      | 4A | Midwest |
| Butler             | -80.691   | Southwestern 4A      | 4A | Midwest |
| Weddington         | -80.726   | Southern Carolina 4A | 4A | Midwest |
| Cox Mill           | -80.729   | Greater Metro 4A     | 4A | Midwest |
| Cuthbertson        | -80.737   | Southern Carolina 4A | 4A | West    |
| East Mecklenburg   | -80.758   | Southwestern 4A      | 4A | West    |
| Providence         | -80.763   | Southwestern 4A      | 4A | West    |
| Chambers           | -80.766   | Queen City 3A/4A     | 4A | West    |
| Mallard Creek      | -80.769   | Queen City 3A/4A     | 4A | West    |
| Garinger           | -80.783   | Southwestern 4A      | 4A | West    |
| Marvin Ridge       | -80.796   | Southern Carolina 4A | 4A | West    |
| Mooresville        | -80.802   | Greater Metro 4A     | 4A | West    |
| Ardrey Kell        | -80.826   | So Meck 4A           | 4A | West    |
| Hough              | -80.829   | Queen City 3A/4A     | 4A | West    |
| Myers Park         | -80.832   | So Meck 4A           | 4A | West    |
| North Mecklenburg  | -80.834   | Queen City 3A/4A     | 4A | West    |
| Charlotte Catholic | -80.849   | Southwestern 4A      | 4A | West    |
| South Mecklenburg  | -80.86    | So Meck 4A           | 4A | West    |
| Berry              | -80.892   | So Meck 4A           | 4A | West    |
| Lake Norman        | -80.903   | Greater Metro 4A     | 4A | West    |
| Harding University | -80.903   | So Meck 4A           | 4A | West    |
| Hopewell           | -80.908   | Queen City 3A/4A     | 4A | West    |
| South Iredell      | -80.91    | Greater Metro 4A     | 4A | West    |
| Olympic            | -80.952   | So Meck 4A           | 4A | West    |
| Alexander Central  | -81.189   | Northwestern 3A/4A   | 4A | West    |
| South Caldwell     | -81.452   | Northwestern 3A/4A   | 4A | West    |
| Watauga            | -81.676   | Northwestern 3A/4A   | 4A | West    |
| McDowell           | -82.035   | The Mountain 3A/4A   | 4A | West    |
| A.C. Reynolds      | -82.477   | The Mountain 3A/4A   | 4A | West    |
| T.C. Roberson      | -82.535   | The Mountain 3A/4A   | 4A | West    |
| Asheville          | -82.553   | The Mountain 3A/4A   | 4A | West    |



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| Common Name              | Longitude  | Conference              | Class | Region  |
|--------------------------|------------|-------------------------|-------|---------|
| Cape Hatteras            | -75.533    | Atlantic Five 1A        | 1A    | East    |
| Ocracoke                 | -75.98     | Atlantic Five 1A        | 1A    | East    |
| Perquimans               | -76.474    | Four Rivers 1A          | 1A    | East    |
| Gates County             | -76.706    | Four Rivers 1A          | 1A    | East    |
| Northside - Pinetown     | -76.73     | Coastal Plains 1A/2A    | 1A    | East    |
| Pamlico County           | -76.779    | Coastal Plains 1A/2A    | 1A    | East    |
| Riverside-Martin         | -77.07     | Four Rivers 1A          | 1A    | East    |
| Bear Grass Charter       | -77.128022 | Atlantic Five 1A        | 1A    | East    |
| Lejeune                  | -77.355    | Coastal Plains 1A/2A    | 1A    | East    |
| Southeast Halifax        | -77.552    | Tar Roanoke 1A          | 1A    | East    |
| Tarboro                  | -77.559    | Four Rivers 1A          | 1A    | East    |
| North East Carolina Prep | -77.58     | Four Rivers 1A          | 1A    | East    |
| North Edgecombe          | -77.584    | Tar Roanoke 1A          | 1A    | East    |
| KIPP Pride               | -77.64     | Tar Roanoke 1A          | 1A    | East    |
| Rocky Mount Prep         | -77.781    | Tar Roanoke 1A          | 1A    | East    |
| Northwest Halifax        | -77.79     | Tar Roanoke 1A          | 1A    | East    |
| Pender                   | -78.012    | Waccamaw 1A/2A          | 1A    | East    |
| Rosewood                 | -78.075    | Carolina 1A             | 1A    | East    |
| North Duplin             | -78.085    | Carolina 1A             | 1A    | East    |
| Warren County            | -78.168    | Tar Roanoke 1A          | 1A    | East    |
| East Wake Academy        | -78.306644 | Super Six 1A/2A         | 1A    | East    |
| Neuse Charter            | -78.321034 | Carolina 1A             | 1A    | East    |
| Hobbs                    | -78.329    | Carolina 1A             | 1A    | Mideast |
| Henderson Collegiate     | -78.397496 | Triangle North 1A       | 1A    | Mideast |
| Vance Charter            | -78.431474 | Triangle North 1A       | 1A    | Mideast |
| Oxford Prep              | -78.556898 | Triangle North 1A       | 1A    | Mideast |
| Falls Lake               | -78.735036 | Super Six 1A/2A         | 1A    | Mideast |
| Triangle Math & Science  | -78.806    | Central Tar Heel 1A     | 1A    | Mideast |
| Southern Wake Academy    | -78.8192   | Central Tar Heel 1A     | 1A    | Mideast |
| Voyager                  | -78.896    | Triangle North 1A       | 1A    | Mideast |
| Roxboro Community        | -78.979    | Triangle North 1A       | 1A    | Mideast |
| Eno River Academy        | -79.101821 | Triangle North 1A       | 1A    | Mideast |
| Woods Charter            | -79.109    | Central Tar Heel 1A     | 1A    | Mideast |
| Chatham Central          | -79.39     | Mid-Carolina 1A/2A      | 1A    | Mideast |
| River Mill               | -79.394    | Central Tar Heel 1A     | 1A    | Mideast |
| Clover Garden School     | -79.471598 | Central Tar Heel 1A     | 1A    | Mideast |
| Chatham Charter          | -79.479389 | Central Tar Heel 1A     | 1A    | Mideast |
| North Moore              | -79.554    | Mid-Carolina 1A/2A      | 1A    | Mideast |
| Eastern Randolph         | -79.618    | Piedmont Athletic 1A/2A | 1A    | Mideast |
| Uwharrie Charter         | -79.825039 | Piedmont Athletic 1A/2A | 1A    | Mideast |
| Bethany                  | -79.869    | Northwest Piedmont 1A   | 1A    | Mideast |
| Cornerstone Charter      | -79.960967 | Northwest Piedmont 1A   | 1A    | Mideast |
| Bishop McGuinness        | -80.063    | Northwest Piedmont 1A   | 1A    | Mideast |
| Thomasville              | -80.079    | Central Carolina 1A/2A  | 1A    | Mideast |
| South Davidson           | -80.1      | Central Carolina 1A/2A  | 1A    | Midwest |
| Leadership Academy       | -80.110997 | Northwest Piedmont 1A   | 1A    | Midwest |
| South Stanly             | -80.165    | Yadkin Valley 1A/2A     | 1A    | Midwest |
| Carver                   | -80.208    | Northwest Piedmont 1A   | 1A    | Midwest |
| Winston-Salem Prep       | -80.222    | Northwest Piedmont 1A   | 1A    | Midwest |
| South Stokes             | -80.24     | Northwest 1A            | 1A    | Midwest |

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|                            |            |   |    |         |
|----------------------------|------------|---|----|---------|
| Gray Stone Day             | -80.28     | Yadkin Valley 1A/2A                         | 1A | Midwest |
| North Stokes               | -80.281    | Northwest 1A                                | 1A | Midwest |
| North Rowan                | -80.43     | Central Carolina 1A/2A                      | 1A | Midwest |
| Union Academy              | -80.582    | Yadkin Valley 1A/2A                         | 1A | Midwest |
| Apprentice Academy         | -80.586    | Metro Eight 1A                              | 1A | Midwest |
| Millennium                 | -80.597    | Northwest Piedmont 1A                       | 1A | Midwest |
| Mount Airy                 | -80.616    | Northwest 1A                                | 1A | Midwest |
| Queen's Grant              | -80.70072  | Metro Eight 1A                              | 1A | Midwest |
| Bradford Prep              | -80.721325 | Metro Eight 1A                              | 1A | Midwest |
| Carolina International     | -80.736437 | Metro Eight 1A                              | 1A | Midwest |
| Christ the King            | -80.760456 | Catawba Shores Athletic 1A/2A               | 1A | Midwest |
| Corvian Community          | -80.77335  | Metro Eight 1A                              | 1A | Midwest |
| Starmount                  | -80.774    | Northwest 1A                                | 1A | Midwest |
| Sugar Creek                | -80.798209 | Metro Eight 1A                              | 1A | Midwest |
| Langtree Charter           | -80.854486 | Catawba Shores Athletic 1A/2A               | 1A | Midwest |
| Elkin                      | -80.86     | Northwest 1A                                | 1A | Midwest |
| East Wilkes                | -80.927    | Northwest 1A                                | 1A | West    |
| Mountain Island Charter    | -80.988591 | Catawba Shores Athletic 1A/2A               | 1A | West    |
| Piedmont Community Charter | -81.115023 | Metro Eight 1A                              | 1A | West    |
| Alleghany                  | -81.125    | Northwest 1A                                | 1A | West    |
| Highland Tech              | -81.19     | Southern Piedmont 1A/2A                     | 1A | West    |
| Bessemer City              | -81.281    | Southern Piedmont 1A/2A                     | 1A | West    |
| Cherryville                | -81.38     | Southern Piedmont 1A/2A                     | 1A | West    |
| Draughn                    | -81.545    | Western Highlands 1A/2A                     | 1A | West    |
| Thomas Jefferson           | -81.794    | Southern Piedmont 1A/2A                     | 1A | West    |
| Avery County               | -81.918    | Western Highlands 1A/2A                     | 1A | West    |
| Mitchell                   | -82.117    | Western Highlands 1A/2A                     | 1A | West    |
| Mountain Heritage          | -82.333    | Western Highlands 1A/2A                     | 1A | West    |
| Rosman                     | -82.821    | Western Highlands 1A/2A                     | 1A | West    |
| Highlands                  | -83.196    | Smoky Mountain 1A, Little Smoky Mountain 1A | 1A | West    |
| Cherokee                   | -83.31     | Smoky Mountain 1A, Big Smoky Mountain 1A    | 1A | West    |
| Swain County               | -83.456    | Smoky Mountain 1A, Big Smoky Mountain 1A    | 1A | West    |
| Nantahala                  | -83.634    | Smoky Mountain 1A, Little Smoky Mountain 1A | 1A | West    |
| Robbinsville               | -83.798    | Smoky Mountain 1A, Big Smoky Mountain 1A    | 1A | West    |
| Hayesville                 | -83.815    | Smoky Mountain 1A, Big Smoky Mountain 1A    | 1A | West    |
| Tri-County                 | -83.966352 | Smoky Mountain 1A, Little Smoky Mountain 1A | 1A | West    |
| Murphy                     | -84.016    | Smoky Mountain 1A, Big Smoky Mountain 1A    | 1A | West    |
| Hiwassee Dam               | -84.223    | Smoky Mountain 1A, Little Smoky Mountain 1A | 1A | West    |
| Manteo                     | -75.674    | Northeastern Coastal 2A/3A                  | 2A | East    |
| Camden County              | -76.172    | Northeastern Coastal 2A/3A                  | 2A | East    |
| Northeastern               | -76.255    | Northeastern Coastal 2A/3A                  | 2A | East    |
| Pasquotank County          | -76.274    | Northeastern Coastal 2A/3A                  | 2A | East    |
| Holmes                     | -76.605    | Northeastern Coastal 2A/3A                  | 2A | East    |
| East Carteret              | -76.626    | Coastal Plains 1A/2A                        | 2A | East    |
| Hertford County            | -76.998    | Northeastern Coastal 2A/3A                  | 2A | East    |
| Washington                 | -77.013    | Eastern Plains 2A                           | 2A | East    |
| North Pitt                 | -77.363    | Eastern Plains 2A                           | 2A | East    |
| Ayden - Grifton            | -77.431    | Eastern Plains 2A                           | 2A | East    |
| Southwest Onslow           | -77.481    | East Central 2A                             | 2A | East    |
| Farmville Central          | -77.569    | Eastern Plains 2A                           | 2A | East    |
| Kinston                    | -77.575    | East Central 2A                             | 2A | East    |



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| Roanoke Rapids                | -77.654    | The Big East 2A/3A            | 2A | East    |
| Greene Central                | -77.671    | Eastern Plains 2A             | 2A | East    |
| North Lenoir                  | -77.679    | East Central 2A               | 2A | East    |
| South Lenoir                  | -77.704    | East Central 2A               | 2A | East    |
| East Duplin                   | -77.785    | East Central 2A               | 2A | East    |
| Beddingfield                  | -77.876    | Neuse Six 2A                  | 2A | East    |
| Heide Trask                   | -77.892    | Waccamaw 1A/2A                | 2A | East    |
| Nash Central                  | -77.898    | The Big East 2A/3A            | 2A | East    |
| Spring Creek                  | -77.898    | Neuse Six 2A                  | 2A | East    |
| Goldsboro                     | -77.98     | Neuse Six 2A                  | 2A | East    |
| James Kenan                   | -78.042    | East Central 2A               | 2A | East    |
| Princeton                     | -78.158    | Neuse Six 2A                  | 2A | Mideast |
| North Johnston                | -78.184    | Neuse Six 2A                  | 2A | Mideast |
| Bunn                          | -78.249    | The Big East 2A/3A            | 2A | Mideast |
| Louisburg                     | -78.301    | The Big East 2A/3A            | 2A | Mideast |
| Clinton                       | -78.332    | Southeastern Athletic 2A      | 2A | Mideast |
| Midway                        | -78.475    | Southeastern Athletic 2A      | 2A | Mideast |
| Franklin Academy              | -78.494    | Super Six 1A/2A               | 2A | Mideast |
| J.F. Webb                     | -78.597    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| Raleigh Charter               | -78.647    | Super Six 1A/2A               | 2A | Mideast |
| Granville Central             | -78.687    | Northern Lakes Athletic 2A/3A | 2A | Mideast |
| West Bladen                   | -78.739    | Southeastern Athletic 2A      | 2A | Mideast |
| Research Triangle             | -78.874303 | Super Six 1A/2A               | 2A | Mideast |
| N.C. School of Science & Math | -78.921    | Super Six 1A/2A               | 2A | Mideast |
| St. Pauls                     | -78.977    | Southeastern Athletic 2A      | 2A | Mideast |
| Seaforth                      | -79.06     | Mid-Carolina 1A/2A            | 2A | Mideast |
| Fairmont                      | -79.095    | Southeastern Athletic 2A      | 2A | Mideast |
| Red Springs                   | -79.185    | Southeastern Athletic 2A      | 2A | Mideast |
| Graham                        | -79.382    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Jordan-Matthews               | -79.451    | Mid-Carolina 1A/2A            | 2A | Mideast |
| Providence Grove              | -79.714    | Piedmont Athletic 1A/2A       | 2A | Mideast |
| Morehead                      | -79.736    | Mid-State 2A                  | 2A | Mideast |
| Randleman                     | -79.82     | Piedmont Athletic 1A/2A       | 2A | Mideast |
| Southwestern Randolph         | -79.87     | Piedmont Athletic 1A/2A       | 2A | Mideast |
| McMichael                     | -79.942    | Mid-State 2A                  | 2A | Midwest |
| T.W. Andrews                  | -79.99     | Mid-State 2A                  | 2A | Midwest |
| Trinity                       | -79.998    | Piedmont Athletic 1A/2A       | 2A | Midwest |
| Wheatmore                     | -80.007    | Piedmont Athletic 1A/2A       | 2A | Midwest |
| East Davidson                 | -80.101    | Central Carolina 1A/2A        | 2A | Midwest |
| Anson                         | -80.103    | Rocky River 2A/3A             | 2A | Midwest |
| Walkertown                    | -80.147931 | Mid-State 2A                  | 2A | Midwest |
| North Stanly                  | -80.211    | Yadkin Valley 1A/2A           | 2A | Midwest |
| North Forsyth                 | -80.283    | Mid-State 2A                  | 2A | Midwest |
| West Davidson                 | -80.366    | Central Carolina 1A/2A        | 2A | Midwest |
| West Stokes                   | -80.375    | Mid-State 2A                  | 2A | Midwest |
| Forest Hills                  | -80.411    | Rocky River 2A/3A             | 2A | Midwest |
| East Surry                    | -80.477    | Foothills 2A                  | 2A | Midwest |
| Mount Pleasant                | -80.482    | Yadkin Valley 1A/2A           | 2A | Midwest |
| Salisbury                     | -80.485    | Central Carolina 1A/2A        | 2A | Midwest |
| Lexington                     | -80.49     | Central Carolina 1A/2A        | 2A | Midwest |
| Forbush                       | -80.555    | Foothills 2A                  | 2A | Midwest |

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| Robinson                     | -80.662    | Yadkin Valley 1A/2A           | 2A | Midwest |
| North Surry                  | -80.674    | Foothills 2A                  | 2A | Midwest |
| Surry Central                | -80.719    | Foothills 2A                  | 2A | Midwest |
| Pine Lake Prep               | -80.844    | Catawba Shores Athletic 1A/2A | 2A | Midwest |
| Community School of Davidson | -80.853204 | Catawba Shores Athletic 1A/2A | 2A | Midwest |
| Lincoln Charter              | -80.998    | Catawba Shores Athletic 1A/2A | 2A | Midwest |
| East Gaston                  | -81.075    | Southern Piedmont 1A/2A       | 2A | West    |
| Bandys                       | -81.085    | Catawba Valley Athletic 2A    | 2A | West    |
| North Wilkes                 | -81.1      | Foothills 2A                  | 2A | West    |
| Bunker Hill                  | -81.12     | Catawba Valley Athletic 2A    | 2A | West    |
| Wilkes Central               | -81.18     | Foothills 2A                  | 2A | West    |
| Maiden                       | -81.224    | Catawba Valley Athletic 2A    | 2A | West    |
| Newton-Conover               | -81.225    | Catawba Valley Athletic 2A    | 2A | West    |
| Lincolnton                   | -81.26     | Catawba Valley Athletic 2A    | 2A | West    |
| West Wilkes                  | -81.26     | Foothills 2A                  | 2A | West    |
| West Lincoln                 | -81.39     | Catawba Valley Athletic 2A    | 2A | West    |
| East Burke                   | -81.482    | Catawba Valley Athletic 2A    | 2A | West    |
| Burns                        | -81.533    | Southern Piedmont 1A/2A       | 2A | West    |
| Shelby                       | -81.537    | Southern Piedmont 1A/2A       | 2A | West    |
| West Caldwell                | -81.592    | Catawba Valley Athletic 2A    | 2A | West    |
| Patton                       | -81.671    | Mountain Foothills Seven 2A   | 2A | West    |
| East Rutherford              | -81.818    | Mountain Foothills Seven 2A   | 2A | West    |
| Chase                        | -81.845    | Mountain Foothills Seven 2A   | 2A | West    |
| R-S Central                  | -81.967    | Mountain Foothills Seven 2A   | 2A | West    |
| Polk County                  | -82.185    | Mountain Foothills Seven 2A   | 2A | West    |
| Owen                         | -82.32     | Western Highlands 1A/2A       | 2A | West    |
| Hendersonville               | -82.464    | Mountain Foothills Seven 2A   | 2A | West    |
| Madison                      | -82.673    | Western Highlands 1A/2A       | 2A | West    |
| Brevard                      | -82.735    | Mountain Foothills Seven 2A   | 2A | West    |
| First Flight                 | -75.665    | Northeastern Coastal 2A/3A    | 3A | East    |
| Currituck County             | -75.97     | Northeastern Coastal 2A/3A    | 3A | East    |
| West Carteret                | -76.786    | Coastal 3A                    | 3A | East    |
| Havelock                     | -76.893    | Big Carolina 3A/4A            | 3A | East    |
| Croatan                      | -76.95     | Coastal 3A                    | 3A | East    |
| Swansboro                    | -77.154    | Coastal 3A                    | 3A | East    |
| White Oak                    | -77.349    | Coastal 3A                    | 3A | East    |
| J.H. Rose                    | -77.386    | Big Carolina 3A/4A            | 3A | East    |
| Northside - Jacksonville     | -77.389    | Big Carolina 3A/4A            | 3A | East    |
| Jacksonville                 | -77.426    | Big Carolina 3A/4A            | 3A | East    |
| South Central                | -77.429    | Big Carolina 3A/4A            | 3A | East    |
| Dixon                        | -77.479    | Coastal 3A                    | 3A | East    |
| Richlands                    | -77.544    | Coastal 3A                    | 3A | East    |
| Rocky Mount                  | -77.808    | The Big East 2A/3A            | 3A | East    |
| Northern Nash                | -77.891    | The Big East 2A/3A            | 3A | East    |
| Fike                         | -77.922    | Quad County 3A                | 3A | East    |
| C.B. Aycock                  | -77.98     | Quad County 3A                | 3A | East    |
| Hunt                         | -77.998    | Quad County 3A                | 3A | East    |
| North Brunswick              | -78.024    | Midwestern 3A/4A              | 3A | East    |
| South Brunswick              | -78.043    | Midwestern 3A/4A              | 3A | East    |
| Southern Wayne               | -78.046    | Quad County 3A                | 3A | East    |
| Southern Nash                | -78.087    | The Big East 2A/3A            | 3A | East    |



**2022 - 2023 Regional Assignments  
Cross-Country**

Attachment S2

|                           |            |                               |    |         |
|---------------------------|------------|-------------------------------|----|---------|
| Smithfield-Selma          | -78.324    | Quad County 3A                | 3A | East    |
| West Brunswick            | -78.412    | Mideastern 3A/4A              | 3A | East    |
| East Wake                 | -78.423    | Quad County 3A                | 3A | East    |
| Franklinton               | -78.457    | The Big East 2A/3A            | 3A | East    |
| South Johnston            | -78.501    | Quad County 3A                | 3A | Mideast |
| West Johnston             | -78.538    | Quad County 3A                | 3A | Mideast |
| Triton                    | -78.665    | All American 3A/4A            | 3A | Mideast |
| Cape Fear                 | -78.762    | United Eight 3A/4A            | 3A | Mideast |
| Harnett Central           | -78.779    | All American 3A/4A            | 3A | Mideast |
| Southern Durham           | -78.829    | Northern Lakes Athletic 2A/3A | 3A | Mideast |
| E.E. Smith                | -78.896    | All American 3A/4A            | 3A | Mideast |
| Durham School of the Arts | -78.907    | Northern Lakes Athletic 2A/3A | 3A | Mideast |
| Terry Sanford             | -78.915    | All American 3A/4A            | 3A | Mideast |
| Douglas Byrd              | -78.948    | United Eight 3A/4A            | 3A | Mideast |
| Western Harnett           | -78.98     | All American 3A/4A            | 3A | Mideast |
| Person                    | -78.981    | Central 3A                    | 3A | Mideast |
| Westover                  | -78.987    | All American 3A/4A            | 3A | Mideast |
| Seventy-First             | -79.007    | United Eight 3A/4A            | 3A | Mideast |
| Carrboro                  | -79.085    | Northern Lakes Athletic 2A/3A | 3A | Mideast |
| Orange                    | -79.095    | Central 3A                    | 3A | Mideast |
| Cedar Ridge               | -79.127    | Central 3A                    | 3A | Mideast |
| Lee County                | -79.147    | Sandhills 3A/4A               | 3A | Mideast |
| Northwood                 | -79.173    | Central 3A                    | 3A | Mideast |
| Eastern Alamance          | -79.303    | Central 3A                    | 3A | Mideast |
| Union Pines               | -79.347    | Sandhills 3A/4A               | 3A | Mideast |
| Williams                  | -79.454    | Central 3A                    | 3A | Mideast |
| Scotland                  | -79.479    | Sandhills 3A/4A               | 3A | Mideast |
| Western Alamance          | -79.499    | Central 3A                    | 3A | Mideast |
| Eastern Guilford          | -79.616    | Mid-State 3A                  | 3A | Mideast |
| Northeast Guilford        | -79.623    | Mid-State 3A                  | 3A | Mideast |
| Rockingham County         | -79.741    | Mid-State 3A                  | 3A | Midwest |
| Dudley                    | -79.765    | Mid-State 3A                  | 3A | Midwest |
| Asheboro                  | -79.819    | Mid-Piedmont 3A               | 3A | Midwest |
| Ben L. Smith              | -79.847    | Mid-State 3A                  | 3A | Midwest |
| Southern Guilford         | -79.855    | Mid-State 3A                  | 3A | Midwest |
| Montgomery Central        | -79.865    | Mid-Piedmont 3A               | 3A | Midwest |
| High Point Central        | -80.023    | Mid-State 3A                  | 3A | Midwest |
| Ledford                   | -80.12     | Mid-Piedmont 3A               | 3A | Midwest |
| Oak Grove                 | -80.163479 | Mid-Piedmont 3A               | 3A | Midwest |
| Atkins                    | -80.196    | Mid-State 3A                  | 3A | Midwest |
| Central Davidson          | -80.222    | Mid-Piedmont 3A               | 3A | Midwest |
| North Davidson            | -80.249    | Mid-Piedmont 3A               | 3A | Midwest |
| East Rowan                | -80.424    | South Piedmont 3A             | 3A | Midwest |
| Carson                    | -80.545    | South Piedmont 3A             | 3A | Midwest |
| Central Academy           | -80.567    | Rocky River 2A/3A             | 3A | Midwest |
| Concord                   | -80.582    | South Piedmont 3A             | 3A | Midwest |
| Central Cabarrus          | -80.584    | South Piedmont 3A             | 3A | Midwest |
| South Rowan               | -80.61     | South Piedmont 3A             | 3A | Midwest |
| Parkwood                  | -80.631    | Rocky River 2A/3A             | 3A | Midwest |
| West Rowan                | -80.643    | South Piedmont 3A             | 3A | Midwest |
| Northwest Cabarrus        | -80.663    | South Piedmont 3A             | 3A | Midwest |

2022 - 2023 Regional Assignments

Attachment S2

Cross-Country

|                     |            |                        |    |         |
|---------------------|------------|------------------------|----|---------|
| Lake Norman Charter | -80.836    | South Piedmont 3A      | 3A | Midwest |
| North Iredell       | -80.867    | Western Foothills 3A   | 3A | Midwest |
| Statesville         | -80.893    | Western Foothills 3A   | 3A | Midwest |
| West Mecklenburg    | -80.953    | Queen City 3A/4A       | 3A | Midwest |
| West Iredell        | -80.991    | Western Foothills 3A   | 3A | Midwest |
| East Lincoln        | -81.026    | Western Foothills 3A   | 3A | West    |
| South Point         | -81.039    | Big South 3A           | 3A | West    |
| Cramer              | -81.058976 | Big South 3A           | 3A | West    |
| North Lincoln       | -81.12     | Western Foothills 3A   | 3A | West    |
| Ashbrook            | -81.127    | Big South 3A           | 3A | West    |
| Forestview          | -81.133    | Big South 3A           | 3A | West    |
| North Gaston        | -81.177    | Big South 3A           | 3A | West    |
| Huss                | -81.207    | Big South 3A           | 3A | West    |
| St. Stephens        | -81.279    | Western Foothills 3A   | 3A | West    |
| Hickory             | -81.332    | Western Foothills 3A   | 3A | West    |
| Foard               | -81.371    | Western Foothills 3A   | 3A | West    |
| Kings Mountain      | -81.372    | Big South 3A           | 3A | West    |
| Ashe County         | -81.478    | Northwestern 3A/4A     | 3A | West    |
| Hibriten            | -81.494    | Northwestern 3A/4A     | 3A | West    |
| Crest               | -81.609    | Big South 3A           | 3A | West    |
| Freedom             | -81.72     | Northwestern 3A/4A     | 3A | West    |
| North Henderson     | -82.42     | Mountain Seven 3A      | 3A | West    |
| East Henderson      | -82.424    | Mountain Seven 3A      | 3A | West    |
| West Henderson      | -82.515    | Mountain Seven 3A      | 3A | West    |
| North Buncombe      | -82.558    | The Mountain 3A/4A     | 3A | West    |
| Erwin               | -82.627    | The Mountain 3A/4A     | 3A | West    |
| Enka                | -82.664    | The Mountain 3A/4A     | 3A | West    |
| Pisgah              | -82.842    | Mountain Seven 3A      | 3A | West    |
| Tuscola             | -82.953    | Mountain Seven 3A      | 3A | West    |
| Smoky Mountain      | -83.199    | Mountain Seven 3A      | 3A | West    |
| Franklin            | -83.381    | Mountain Seven 3A      | 3A | West    |
| New Bern            | -77.116    | Big Carolina 3A/4A     | 4A | East    |
| D.H. Conley         | -77.325    | Big Carolina 3A/4A     | 4A | East    |
| Topsail             | -77.682    | Mideastern 3A/4A       | 4A | East    |
| Laney               | -77.872    | Mideastern 3A/4A       | 4A | East    |
| Hoggard             | -77.893    | Mideastern 3A/4A       | 4A | East    |
| Ashley              | -77.911    | Mideastern 3A/4A       | 4A | East    |
| New Hanover         | -77.933    | Mideastern 3A/4A       | 4A | East    |
| Corinth Holders     | -78.338    | Greater Neuse River 4A | 4A | East    |
| Rolesville          | -78.441619 | Northern Athletic 4A   | 4A | East    |
| Clayton             | -78.466    | Greater Neuse River 4A | 4A | East    |
| Knightdale          | -78.479    | Northern Athletic 4A   | 4A | East    |
| Cleveland           | -78.5      | Greater Neuse River 4A | 4A | East    |
| Heritage            | -78.507    | Northern Athletic 4A   | 4A | East    |
| Wake Forest         | -78.516    | Northern Athletic 4A   | 4A | East    |
| Wakefield           | -78.57     | Northern Athletic 4A   | 4A | East    |
| South Garner        | -78.580168 | Greater Neuse River 4A | 4A | East    |
| Millbrook           | -78.603    | Northern Athletic 4A   | 4A | East    |
| Enloe               | -78.604    | Cap Six 4A             | 4A | East    |
| Southeast Raleigh   | -78.604    | Greater Neuse River 4A | 4A | East    |
| Garner              | -78.637    | Greater Neuse River 4A | 4A | East    |



**2022 - 2023 Regional Assignments  
Cross-Country**

Attachment S2

|                    |             |                        |    |         |
|--------------------|-------------|------------------------|----|---------|
| Sanderson          | -78.647     | Cap Six 4A             | 4A | East    |
| Broughton          | -78.653     | Cap Six 4A             | 4A | East    |
| Athens Drive       | -78.711     | Cap Six 4A             | 4A | East    |
| Leesville Road     | -78.717     | Cap Six 4A             | 4A | East    |
| Cardinal Gibbons   | -78.727     | Cap Six 4A             | 4A | East    |
| Willow Spring      | -78.7372399 | Greater Neuse River 4A | 4A | East    |
| Middle Creek       | -78.758     | Southwest Wake 4A      | 4A | East    |
| Cary               | -78.764     | Southwest Wake 4A      | 4A | Mideast |
| Fuquay - Varina    | -78.797     | Greater Neuse River 4A | 4A | Mideast |
| Apex               | -78.838     | Southwest Wake 4A      | 4A | Mideast |
| Holly Springs      | -78.849     | Southwest Wake 4A      | 4A | Mideast |
| Green Hope         | -78.868     | Southwest Wake 4A      | 4A | Mideast |
| Pine Forest        | -78.887     | All American 3A/4A     | 4A | Mideast |
| Panther Creek      | -78.889     | Southwest Wake 4A      | 4A | Mideast |
| Green Level        | -78.9       | Southwest Wake 4A      | 4A | Mideast |
| Gray's Creek       | -78.904     | United Eight 3A/4A     | 4A | Mideast |
| Hillside           | -78.906     | DAC-VII 4A             | 4A | Mideast |
| Apex Friendship    | -78.910704  | Southwest Wake 4A      | 4A | Mideast |
| Northern Durham    | -78.914     | DAC-VII 4A             | 4A | Mideast |
| South View         | -78.928     | United Eight 3A/4A     | 4A | Mideast |
| Riverside-Durham   | -78.943     | DAC-VII 4A             | 4A | Mideast |
| Jordan             | -78.964     | DAC-VII 4A             | 4A | Mideast |
| Overhills          | -78.97      | All American 3A/4A     | 4A | Mideast |
| Lumberton          | -78.999     | United Eight 3A/4A     | 4A | Mideast |
| Jack Britt         | -79.011     | United Eight 3A/4A     | 4A | Mideast |
| East Chapel Hill   | -79.03      | DAC-VII 4A             | 4A | Mideast |
| Chapel Hill        | -79.081     | DAC-VII 4A             | 4A | Mideast |
| Hoke County        | -79.236     | Sandhills 3A/4A        | 4A | Mideast |
| Purnell Swett      | -79.246     | United Eight 3A/4A     | 4A | Mideast |
| Southern Alamance  | -79.406     | DAC-VII 4A             | 4A | Mideast |
| Pinecrest          | -79.435     | Sandhills 3A/4A        | 4A | Mideast |
| Southeast Guilford | -79.698     | Metro 4A               | 4A | Mideast |
| Richmond           | -79.716     | Sandhills 3A/4A        | 4A | Mideast |
| Page               | -79.786     | Metro 4A               | 4A | Midwest |
| Northern Guilford  | -79.806     | Metro 4A               | 4A | Midwest |
| Grimsley           | -79.816     | Metro 4A               | 4A | Midwest |
| Western Guilford   | -79.908     | Metro 4A               | 4A | Midwest |
| Ragsdale           | -79.916     | Metro 4A               | 4A | Midwest |
| Northwest Guilford | -79.953     | Metro 4A               | 4A | Midwest |
| Southwest Guilford | -79.988     | Metro 4A               | 4A | Midwest |
| Glenn              | -80.113     | Central Piedmont 4A    | 4A | Midwest |
| East Forsyth       | -80.151     | Central Piedmont 4A    | 4A | Midwest |
| Parkland           | -80.257     | Central Piedmont 4A    | 4A | Midwest |
| R.J. Reynolds      | -80.266     | Central Piedmont 4A    | 4A | Midwest |
| Mount Tabor        | -80.314     | Central Piedmont 4A    | 4A | Midwest |
| Reagan             | -80.364     | Central Piedmont 4A    | 4A | Midwest |
| West Forsyth       | -80.388     | Central Piedmont 4A    | 4A | Midwest |
| Piedmont           | -80.491     | Southern Carolina 4A   | 4A | Midwest |
| Davie              | -80.553     | Central Piedmont 4A    | 4A | Midwest |
| Porter Ridge       | -80.57      | Southern Carolina 4A   | 4A | Midwest |
| A.L. Brown         | -80.618     | Greater Metro 4A       | 4A | Midwest |

**2022 - 2023 Regional Assignments  
Cross-Country**

Attachment S2

|                    |           |                      |    |         |
|--------------------|-----------|----------------------|----|---------|
| Hickory Ridge      | -80.635   | Greater Metro 4A     | 4A | Midwest |
| Rocky River        | -80.64    | Southwestern 4A      | 4A | Midwest |
| West Cabarrus      | -80.64459 | Greater Metro 4A     | 4A | Midwest |
| Sun Valley         | -80.645   | Southern Carolina 4A | 4A | Midwest |
| Independence       | -80.688   | Southwestern 4A      | 4A | Midwest |
| Butler             | -80.691   | Southwestern 4A      | 4A | Midwest |
| Weddington         | -80.726   | Southern Carolina 4A | 4A | Midwest |
| Cox Mill           | -80.729   | Greater Metro 4A     | 4A | Midwest |
| Cuthbertson        | -80.737   | Southern Carolina 4A | 4A | West    |
| East Mecklenburg   | -80.758   | Southwestern 4A      | 4A | West    |
| Providence         | -80.763   | Southwestern 4A      | 4A | West    |
| Chambers           | -80.766   | Queen City 3A/4A     | 4A | West    |
| Mallard Creek      | -80.769   | Queen City 3A/4A     | 4A | West    |
| Marvin Ridge       | -80.796   | Southern Carolina 4A | 4A | West    |
| Mooreville         | -80.802   | Greater Metro 4A     | 4A | West    |
| Ardrey Kell        | -80.826   | So Meck 4A           | 4A | West    |
| Hough              | -80.829   | Queen City 3A/4A     | 4A | West    |
| Myers Park         | -80.832   | So Meck 4A           | 4A | West    |
| North Mecklenburg  | -80.834   | Queen City 3A/4A     | 4A | West    |
| Charlotte Catholic | -80.849   | Southwestern 4A      | 4A | West    |
| South Mecklenburg  | -80.86    | So Meck 4A           | 4A | West    |
| Berry              | -80.892   | So Meck 4A           | 4A | West    |
| Harding University | -80.903   | So Meck 4A           | 4A | West    |
| Lake Norman        | -80.903   | Greater Metro 4A     | 4A | West    |
| Hopewell           | -80.908   | Queen City 3A/4A     | 4A | West    |
| South Iredell      | -80.91    | Greater Metro 4A     | 4A | West    |
| Olympic            | -80.952   | So Meck 4A           | 4A | West    |
| Alexander Central  | -81.189   | Northwestern 3A/4A   | 4A | West    |
| South Caldwell     | -81.452   | Northwestern 3A/4A   | 4A | West    |
| Watauga            | -81.676   | Northwestern 3A/4A   | 4A | West    |
| McDowell           | -82.035   | The Mountain 3A/4A   | 4A | West    |
| A.C. Reynolds      | -82.477   | The Mountain 3A/4A   | 4A | West    |
| T.C. Roberson      | -82.535   | The Mountain 3A/4A   | 4A | West    |
| Asheville          | -82.553   | The Mountain 3A/4A   | 4A | West    |

**2021-25 Regional Assignments  
Wrestling**

Attachment S2

| <b>1A East</b>       |                         | <b>1A West</b>          |                         |
|----------------------|-------------------------|-------------------------|-------------------------|
| Atlantic 5           | Northwest Piedmont      | Catawba Shores Athletic | Smoky Mountain          |
| Carolina             | Piedmont Athletic       | Metro 8                 | Southern Piedmont       |
| Central Carolina     | Super Six               | Northwest               | Western Highlands       |
| Central Tar Heel     | Tar Roanoke             |                         |                         |
| Coastal Plains       | Triangle North          |                         |                         |
| Four Rivers          | Waccamaw                |                         |                         |
| Mid-Carolina         | Yadkin Valley           |                         |                         |
| <b>2A East</b>       | <b>2A Mideast</b>       | <b>2A Midwest</b>       | <b>2A West</b>          |
| Coastal Plains       | Mid-Carolina            | Central Carolina        | Catawba Shores Athletic |
| East Central         | Northern Lakes Athletic | Foothills               | Catawba Valley Athletic |
| Eastern Plains       | Southeastern Athletic   | Mid-State               | Mountain Foothills 7    |
| Neuse 6              | Super Six               | Piedmont Athletic       | Southern Piedmont       |
| Northeastern Coastal | The Big East            | Rocky River             | Western Highlands       |
|                      | Waccamaw                | Yadkin Valley           |                         |
| <b>3A East</b>       | <b>3A Mideast</b>       | <b>3A Midwest</b>       | <b>3A West</b>          |
| Big East             | All American            | Mid Piedmont            | Big South               |
| Coastal              | Central                 | Mid-State               | Mountain 7              |
| Mideastern           | Northern Lakes Athletic | Rocky River             | Northwestern            |
| Northeastern Coastal | Sandhills               | South Piedmont          | Queen City              |
| Quad County          | The Big East            |                         | The Mountain            |
|                      | United 8                |                         | Western Foothills       |
| <b>4A East</b>       | <b>4A Mideast</b>       | <b>4A Midwest</b>       | <b>4A West</b>          |
| Big East             | All American            | Central Piedmont        | Northwestern            |
| CAP 6                | DAC-VII                 | Greater Metro           | Queen City              |
| Greater Neuse River  | Sandhills               | Metro                   | So Meck                 |
| Mideastern           | Southwest Wake          | Southern Carolina       | Southwestern            |
| Northern Athletic    | United 8                |                         | The Mountain            |



**2021-25 Regional Assignments**  
**Cross-Country, M Golf, Track and Field**

Attachment S2

**Updated August 19, 2021**

| <b>1A East</b>   | <b>1A Mideast</b>  | <b>1A Midwest</b>   | <b>1A West</b>   |
|--|--|---|--|
| Atlantic 5 1A<br>Coastal Plains 1A/2A<br>Four Rivers 1A<br>Tar Roanoke 1A                                | Carolina 1A<br>Central Tar Heel 1A<br>Mid-Carolina 1A/2A<br>Super Six 1A/2A<br>Triangle North 1A<br>Waccamaw 1A/2A                         | Central Carolina 1A/2A<br>Metro 8 1A<br>Northwest Piedmont 1A<br>Piedmont Athletic 1A/2A<br>Yadkin Valley 1A/2A               | Catawba Shores Athletic 1A/2A<br>Northwest 1A<br>Smoky Mountain 1A<br>Southern Piedmont 1A/2A<br>Western Highlands 1A/2A                     |
| <b>2A East</b>   | <b>2A Mideast</b>  | <b>2A Midwest</b>   | <b>2A West</b>   |
| Coastal Plains 1A/2A<br>East Central 2A<br>Eastern Plains 2A<br>Neuse 6 2A<br>Northeastern Coastal 2A/3A | Mid-Carolina 1A/2A<br>Northern Lakes Athletic 2A/3A<br>Southeastern Athletic 2A<br>Super Six 1A/2A<br>The Big East 2A/3A<br>Waccamaw 1A/2A | Central Carolina 1A/2A<br>Foothills 2A<br>Mid-State 2A<br>Piedmont Athletic 1A/2A<br>Rocky River 2A/3A<br>Yadkin Valley 1A/2A | Catawba Shores Athletic 1A/2A<br>Catawba Valley Athletic 2A<br>Mountain Foothills 7 2A<br>Southern Piedmont 1A/2A<br>Western Highlands 1A/2A |
| <b>3A East</b>   | <b>3A Mideast</b>  | <b>3A Midwest</b>   | <b>3A West</b>   |
| Big Carolina 3A/4A<br>Coastal 3A<br>Mideastern 3A/4A<br>Northeastern Coastal 2A/3A<br>Quad County 3A     | All American 3A/4A<br>Central 3A<br>Northern Lakes Athletic 2A/3A<br>Sandhills 3A/4A<br>The Big East 2A/3A<br>United 8 3A/4A               | Mid Piedmont 3A<br>Mid-State 3A<br>Rocky River 2A/3A<br>South Piedmont 3A   | Big South 3A<br>Mountain 7 3A<br>Northwestern 3A/4A<br>Queen City 3A/4A<br>The Mountain 3A/4A<br>Western Foothills 3A                        |
| <b>4A East</b>   | <b>4A Mideast</b>  | <b>4A Midwest</b>   | <b>4A West</b>   |
| Big Carolina 3A/4A<br>CAP 6 4A<br>Greater Neuse River 4A<br>Mideastern 3A/4A<br>Northern Athletic 4A     | All American 3A/4A<br>DAC-VII 4A<br>Sandhills 3A/4A<br>Southwest Wake 4A<br>United 8 3A/4A   | Central Piedmont 4A<br>Greater Metro 4A<br>Metro 4A<br>Southern Carolina 4A   | Northwestern 3A/4A<br>Queen City 3A/4A<br>So Meck 4A<br>Southwestern 4A<br>The Mountain 3A/4A  |

On Wed, Apr 6, 2022 at 11:42 AM Barry, Benjamin R. <[benjamin.barry@cms.k12.nc.us](mailto:benjamin.barry@cms.k12.nc.us)> wrote:  
Good Morning, Region 6 Representatives!

My name is Ben Barry, and I am the head wrestling and cross country coach at Mallard Creek High School in Charlotte. In preparation for the upcoming Spring Meeting, I would like to share my perspective on two agenda items with you.

### **Regional Alignment for Wrestling, XC, and Track**

It has come to my attention that there are stakeholders pushing to change regional assignments for Wrestling and Cross Country (and Track) after one year in the new re-alignment period. I believe a majority of these arguments are based on "toughness of competition" rather than participation data. Individual athletic programs rise and fall over the years, and the NCHSAA should not change regional assignments based on subjective opinions or the quality of competition, which is always in flux across all regions and classifications. Also, one of the repercussions of changing regions based on assumed or alleged wrestling disparities may be the creation of others in Cross Country / Track or vice versa.

As a specific reference, there was a concern this past season that participation numbers were down for the 2A Midwest in wrestling, and that may be worth taking a look at, but there are many stakeholders in the 4AMidwest Region that are using the 2A Midwest participation data to argue for a change in their regional assignments because the 4AMidwest was more competitive than other 4A regions this year. The Midwest 4A has the data to prove they were the most successful at the state tournament this past season, but again, the level of competition in one season does not give cause to rearrange regional assignments.

Please vote to keep the regional assignments as they are for the 2021-25 period, keeping LEAs and conferences together as they advance through the individual qualifying process.

### **Sanctioning Women's Wrestling**

Here at Mallard Creek, we have grown from 5 to 10 athletes in our women's program over the past two years. This year we are proud to announce we had an individual champion in the Women's Invitational and our first athlete to sign a commitment letter to compete at the college level. Nationally, women's wrestling is among the fastest-growing sports, and it is quickly being sanctioned around the country. We, in NC, have the participation numbers that warrant sanctioning, and these young women need the resources that will help fortify programs across our state. Please vote to sanction women's wrestling in NC.

Thank you for your consideration and for serving our region. I have CC'd my Athletic Director, Principal, and County Athletic Director.

Ben Barry, M.F.A.  
English Department / AP Seminar  
Head Wrestling & Cross Country Coach  
Mallard Creek High School  
3825 Johnston Oehler Rd  
Charlotte, NC 28269  
(980) 343-1341

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Chad Duncan, CMAA, CIC

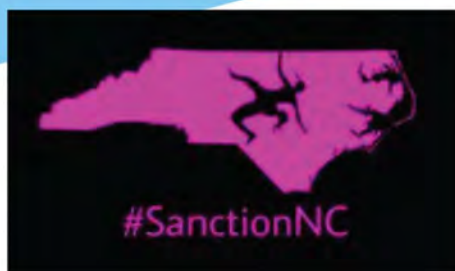
Gaston County Schools

Director of Athletics, Music, Health and Driver Education

(704) 866-6214 (102890)

<https://sites.google.com/a/gaston.k12.nc.us/gcs-athletics-information/>

<https://sites.google.com/gaston.k12.nc.us/health-pe/home>



October 29, 2021

To the NCHSAA,

It's my pleasure to write to you on behalf of the North Carolina Sanction NC Task Force. I trust this note finds you well and off to a great year in your school system.

First I'd like to **thank** the NCHSAA Board of Directors and staff for their leadership, partnership, and support of the women's wrestling movement in North Carolina. Our state has a rich history and tradition in the sport, going back to the pioneer days of Sara McMann (recent NWHOF inductee) and continuing to today.

In recent years momentum and numbers have grown for women in our sport, and the NCHSAA has been responsive to that growth. You have **always** supported participation for women, and in recent years your support of the NCHSAA Women's Invitational Championships has provided a catalyst for the explosion we are seeing today.

We are now coming to you asking you to take the **next step forward** for women's wrestling in North Carolina. We are submitting a plan to lead us to full sanctioning of women's wrestling in our state. This would include separate divisions for women as well as a sanctioned championship event to be held alongside the men's tournament.

We have worked with wrestling leaders across the state and nation to develop this plan of action, and we believe **the time for its implementation has come**. We trust that you will consider it and work along side the wrestling community in our state to make the dream of NCHSAA sanctioned women's wrestling a reality

Yours in Wrestling,

Ed Duncan

**SanctionNC Task Force**

Cheryl Baynard, Sanction NC Chairperson  
Coleman Scott, Head Coach, UNC-Chapel Hill  
Breonnah Neal, Head Women's Coach,  
Gannon University

Chase Holloman, NCWCA Board of Directors  
Ed Duncan, NCUSA State Chairperson  
Coburn Burroughs, Esquire



SanctionNC

# SANCTIONING WOMEN'S WRESTLING PROPOSAL

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AUGUST 14, 2021

As presented by  
**SanctionNC**  
**Women's Wrestling**  
**Task Force**

Members

**Cheryl Baynard**  
**Coburn Burroughs, Esq.**  
**Ed Duncan**  
**Chase Hollemon**  
**Breonnah Neal**  
**Coleman Scott**



# SANCTIONING WOMEN'S WRESTLING

"We should not require young girls to test themselves against males in this sport in order to be a competitive wrestler or to be valued as a good wrestler. It is a tough and demanding sport as it is, and young girls deserve the right to compete with other tough female wrestlers. The longer we force girls to compete against boys, the more we prevent the growth of women's wrestling."

-Katherine Shai

5x Women's National Team member  
and a board member of the  
non-profit  
Wrestle Like A Girl



# SANCTIONING WOMEN'S WRESTLING

## MILESTONES

**2004** Sara McMann (McDowell)

1st American woman to medal in the Olympics

**2008** Olivia Neal (Rosewood)

1st woman to qualify for the men's state wrestling championships

**2018** Heaven Fitch (Uwharrie Charter)

1st woman to win a men's conference title and the MOW

**2019** Amber Parker (Parkwood)

1st NC Women's Open Invitational State champion

**2020** Heaven Fitch (Uwharrie Charter)

1st woman to win a men's state championship

**2021** Reagan Riddick (First Flight)

1st woman to win a men's regional championship and the MOW

**2021**

258 women on high school rosters

9 women state qualifiers

Heaven Fitch 3rd 1A 106

Hope Horan 4th 1A 106

## PURPOSE

The purpose of this proposal, presented to the North Carolina High School Athletic Association, is to formally request that women's wrestling be sanctioned as a high school sport in North Carolina, and be provided a women's NCHSAA championship event.



# SANCTIONING WOMEN'S WRESTLING

**1. Implementation of Girls Wrestling:** The proposed plan is to have a transition period that would permit women the option of participating in both their school's men's lineup and women's lineup during regular season contests only. If a tournament only hosts a men's division, then women will have the option of competing in the men's division. If a tournament offers both a men's and women's division, then women would be required to wrestle in the women's division. After the sanctioning of women's wrestling, women would only participate against women at women-only competition and must participate in the women's postseason only.

**2. Weight Classes:** The NCHSAA will utilize the NFHS weights for women's wrestling. The women's weight classes will be released to all member schools, by the NCHSAA before the first competition date each season.

**3. Contest Limits:** Women and men will both follow the same contest limitations as listed in the NCHSAA Board Handbook Rule 44, Article 6.



# SANCTIONING WOMEN'S WRESTLING

**4. Coaching and Practices:** A NCHSAA member school who offers both men's wrestling and women's wrestling are permitted to use the same coaching staff to oversee both teams. Furthermore, both the men's and women's wrestling teams that consist of enrolled students from the same school or an approved cooperative may practice at the same time in the same practice facility under the guidance and leadership of the same coaching staff.

**5. Postseason and Qualifying Events:**

There will be one classification for the NCHSAA Women's Wrestling Championships. Seeding will be determined by several criteria, including overall record, returning placers from the year before's championship, and placement at selected events throughout the regular season.

Future consideration may be given to the addition of regional qualifying events once merited by increased participation numbers.



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# SANCTIONING WOMEN'S WRESTLING

**NCHSAA Women's State Tournament:**

1. The State tournament will be established in an 16-person bracket format
2. The State tournament will be held initially in conjunction with the men's dual team state finals. Preliminary rounds would be conducted on Friday, with championship matches contested on Saturday.
3. The top 4 place finishers at the state tournament will be recognized as state medalists.
4. The top 2 team finishers at the state tournament will be recognized as team trophy winners





# SANCTIONING WOMEN'S WRESTLING

**The Legacy is Strong**



**The Future is NOW!**



Tra,

As we discussed earlier this month, the Tennis Coaches Association has a proposal that we would like considered to allow for an open dual team tournament for the 2022-2023 school year for the women's and men's tennis seasons as a pilot program to assess its effectiveness in being a more fair way to decide a state champion. With the lack of a MaxPreps RPI rating to gauge team strength when selecting and seeding teams, we feel that this proposal would be the most fair system to make sure that worthy teams are not left out of the playoffs. We ask for the board to give consideration to the merits of this proposal and consider allowing us to try it for the next school year, with the hopes of continuing it going forward if the feedback is positive. I have attached a document that details the proposal and Vic Ramsey has created videos (similar to his video explaining the Regional draw process that we switched to several years ago) explaining the proposal, which are available at the following links:

Part 1: Why this Change is Necessary and Beneficial - <https://youtu.be/Kg2gw8iaKUI>

Part 2: How an Open Tournament Would Work - <https://youtu.be/cQRTYkzWxkQ>

Part 3: Questions and Answers - <https://youtu.be/I5OUPB8GOs8>

Full Video - <https://youtu.be/mlpEmwx1ArY>

While we attempted to answer any common questions that would arise in the video, we would also like the opportunity to answer any questions the board may have when considering this proposal, either by allowing one of our representatives to attend the meeting, or by conferencing us in when this agenda item is considered. Thank you for presenting our proposal to the board for consideration and please let me know if you have any questions or need anything else from us.

Andrew Tuttle

NC Tennis Coaches Association

# Everybody Plays: An “Open” Model for the State Tournament

By Vic Ramsey, on behalf of the NC High School Tennis Coaches Association

## Executive Summary

*Currently, the NCHSAA selects teams for, or excludes teams from, the playoffs based on three criteria:*

- 1. the number of teams in one's conference, which determines how many automatic qualifiers each conference is entitled to,*
- 2. a team's final standing within its conference, and*
- 3. a team's MaxPreps RPI ranking, or, in the absence of MaxPreps rankings, a team's overall record.*

*These criteria are imperfectly related to a team's actual strength, compared with other teams across the state.*

- 1. The number of teams in one's conference does not affect the actual strength of the teams within that conference.*
- 2. A team's conference standing accurately describes its strength relative to the other teams in its own conference. However, a team's conference standing tells us nothing about its strength relative to teams playing other conferences across the state.*
- 3. A team's overall record is, to a large extent, a function of its non-conference schedule, giving coaches the ability to build a favorable overall record simply by scheduling weak opponents.*
- 4. Teams in the lower division of a split conference are at a distinct disadvantage when compared with teams that are in the higher division of a split conference.*
- 5. Because the NCHSAA, for understandable reasons, precludes MaxPreps from considering margin of victory as a factor in its RPI rankings, there is no credit for playing a strong opponent and losing by a closer than expected margin. Thus, even MaxPreps rankings, while adjusting somewhat for strength of schedule, still create an incentive to play only those non-conference contests a coach feels certain to win.*

*For these reasons, the criteria for playoff selection currently in use do not treat the member schools fairly. Good teams are left out of the playoffs, and weaker teams are allowed to participate.*

*Lacking a fair way to select teams for the playoffs, the NCHSAA should adopt an “open” or “everybody plays” model for its state tournaments. Doing so would allow the better teams to prove their worth on the court or the field, in direct competition with their peers.*



*Moreover, adopting an “everybody plays” state tournament at the end of the regular season would allow play in four pre-determined geographic sections, reducing travel distances by 20%-30%. Provisions can also be adopted to avoid early-round contests between members of the same conference.*

*An “open” or “everybody plays” system would also simplify realignment, allow for more geographically compact conferences, protect traditional rivalries, and reduce travel distances during the regular season as well.*

*Tennis is an ideal sport in which to conduct a “proof of concept” pilot.*

- Tennis coaches are largely dissatisfied with the current system and are open to experimentation.*
- Tennis coaches, and tennis culture at large, are comfortable with the concept of a random draw being fundamentally fair.*
- The costs of a tennis match are borne exclusively by the participating schools, and, those costs are minimal, (only travel for the visiting team), with no cost for officials or security incurred.*
- A one-year pilot can be conducted without lengthening the calendar space allotted to tennis.*

*For all these reasons, we request that tennis be allowed to conduct an “everybody plays” dual-team tournament for both boys and girls in the 2022-2023 school year.*

## ***First, A Story***

The Northeastern Coastal Conference had five schools participating in girls tennis last fall. The published rules in the NCHSAA handbook stated that, for a conference with five or more teams, the conference would be entitled to two berths in the state tournament.

At the end of the 2019 girls tennis season, Currituck and Northeastern stood tied for second, with identical 5-3 conference records. The teams had split their regular season matches, and each had lost to conference champion First Flight twice.

There being no way to break the tie other than playing a third match, Northeastern and Currituck played a tie-breaking match on October 3<sup>rd</sup>, and Northeastern won a tight 5-4 victory.

However, because only five schools in the Northeastern Coastal Conference fielded women's tennis teams, Northeastern was not admitted to the 2A Dual-Team playoffs. Instead, Carrboro was admitted in their place as a wild-card, based on a better overall record.

Jordan-Matthews was in a similar situation. They finished second in their conference, a conference in which five schools participated in women's tennis. Because Jordan-Matthews played a strong non-conference schedule, and lost all three of their non-conference matches, their overall record of 6-5 was not good enough to warrant a wild-card, and East Duplin was awarded the playoff berth based on overall record.

## ***Reflections on This Story***

The common denominator in both of these stories is that the playoff aspirations of all four schools depended on other schools deciding not to field a team.

For instance, the playoff aspirations of both Northeastern and Carrboro depended on whether or not Pasquotank fielded a girls tennis team.

Had Pasquotank fielded a team, the Northeastern Coastal Conference would have had six teams, and Northeastern, as the second place team, would have received a playoff berth.

But, since Pasquotank did not field a team, Northeastern was not treated as an automatic qualifier, and Carrboro received a wild-card berth in their place.

Here's the crucial question: **By what mechanism does Pasquotank fielding a team make Northeastern a better or stronger team?**

If Pasquotank fields a team, do the Northeastern girls hit faster serves? Do they make fewer unforced errors? Hit stronger groundstrokes or cleaner volleys?

The answer to all these questions is, of course, "No!"

In fact, **the number of teams in a given conference tells us absolutely nothing about the strength of that conference's first or second place teams.**

Consider the situation from Carrboro's point of view.

Carrboro had a very strong team, a team which advanced to the semifinals of the state tournament. They played in the Mid-State Conference, which is exceptionally strong, and finished third in that conference. They went 8-4 in the regular season, going 6-4 in conference (losing only to NCSSM and DSA).

They were awarded a wild-card berth based on their overall record, and advanced to the state semifinals by defeating three conference champions. Clearly, they were one of the top 6-8 teams in the state.

And yet, their playoff aspirations were at the mercy of a decision made by a school located 200 miles away, in a different conference, not to field a team.

Had Pasquotank restarted their program, fielded a team of absolute beginners, and not won a single match, Northeastern would have received a playoff spot, and Carrboro would have been excluded.

This is nuts!

Moreover, the criteria for awarding the wild-card berths depend on metrics that do not predict success in the tournament itself.

Wild-card berths are based on a team's conference standing and its overall record.

- A team is only considered for a wild-card if it is the highest finishing team in its conference not to receive an automatic bid. It is assumed that the higher a team's conference finish is, the stronger that team is, state-wide, and thus, the more deserving that team is of a playoff spot.
- A team is awarded a wild-card berth based on its overall winning percentage (or, in the sports for which MaxPreps RPI rankings are available, the team's MaxPreps RPI ranking).

Neither of these criteria necessarily indicates the strength of a team state-wide, as Carrboro's experience dictates.

Carrboro finished third in its conference. In the first round of the state tournament, they beat a conference champion, Greene Central. In the second round, they beat another conference champion, Clinton. And, in the third round, they beat still another conference champion, Croatan.

If conference standing indicates a team's *state-wide* strength, how did this happen?

Nor was Carrboro's experience unique.

The chart on the following page reveals that lower-seeded teams defeated higher-seeded teams 35.4%, or greater than one time out of three.



| 2019 Women's Tennis State Tournament by Conference Finish |               |                              |                             |                                   |   |
|---|---------------|------------------------------|-----------------------------|-----------------------------------|---|
|   | Total Matches | Won By<br>Higher Seeded Team | Won by<br>Lower Seeded Team | Played by<br>Equally Seeded Teams | Percentage of Matches Won<br>By Lower Seeded Team |
| 1A  | 23            | 8                            | 8                           | 7                                 | 50.0%   |
| 2A  | 31            | 14                           | 7                           | 10                                | 33.3%   |
| 3A  | 31            | 14                           | 8                           | 9                                 | 36.4%   |
| 4A  | 31            | 15                           | 5                           | 11                                | 25.0%   |
| Totals  | 116           | 51                           | 28                          | 37                                | 35.4%   |

Further evidence of the limitations of conference standing to assess the relative strength of teams across the state can be found in the following chart, which is drawn from the 2018 women's soccer season.

| 2A Conference Standing Related to MaxPreps Ranking |                  |           |              |                  |                |           |            |                 |                      |                   |                        |       |             |            |              |              |                   |                  |
|--|------------------|-----------|--------------|------------------|----------------|-----------|------------|-----------------|----------------------|-------------------|------------------------|-------|-------------|------------|--------------|--------------|-------------------|------------------|
|  | Central Carolina | Coastal 8 | East Central | Eastern Carolina | Eastern Plains | Mid-State | Mountain 6 | Mountain Valley | Northeastern Coastal | Northern Carolina | Northwestern Foothills | PAC 7 | Rocky River | South Fork | Southwestern | Three Rivers | Western Highlands | Western Piedmont |
| 1 <sup>st</sup>                                    | 3                | 1         | 8            | 35               | 39             | 18        | 6          | 21              | 5                    | 22                | 9                      | 34    | 33          | 4          | 12           | 37           | 24                | 7                |
| 2 <sup>nd</sup>                                    | 11               | 2         | 26           | 64               | 82             | 29        | 14         | 41              | 17                   | 36                | 23                     | 62    | 66          | 27         | 16           | 61           | --                | 13               |
| 3 <sup>rd</sup>                                    | 15               | 10        | 25           | 71               | 68             | 57        | 32         | --              | 65                   | 67                | 31                     | 52    | 69          | 30         | 42           | --           | 50                | 43               |
| 4 <sup>th</sup>                                    | 20               | 19        | 40           | 93               | 78             | 76        | 46         | --              | 74                   | 72                | 70                     | 53    | 73          | 44         | 55           | 98           | --                | 48               |
| 5 <sup>th</sup>                                    | 28               | --        | 45           | 101              | 80             | 92        | 56         | --              | 100                  | --                | 79                     | 90    | 96          | 58         | 63           | 94           | 91                | 54               |
| 6 <sup>th</sup>                                    | 38               | 49        | 47           | 110              | 108            | 106       | 77         | 75              |                      | 99                | 83                     | 104   | 103         | 59         | 81           | 95           | --                | 89               |
| 7 <sup>th</sup>                                    | 51               | --        | 88           |                  |                |           |            | --              |                      | --                | 102                    |       |             | 86         |              | --           |                   | 97               |
| 8 <sup>th</sup>                                    | 60               | --        |              |                  |                |           |            | 105             |                      | 107               |                        |       |             | 84         |              | 109          |                   |                  |
| 9 <sup>th</sup>                                    | 85               |           |              |                  |                |           |            |                 |                      |                   |                        |       |             |            |              |              |                   |                  |
| 10 <sup>th</sup>                                   | 87               |           |              |                  |                |           |            |                 |                      |                   |                        |       |             |            |              |              |                   |                  |

If you read the chart vertically, in almost every case, conference standing is correlated with MaxPreps ranking. That is, conference standing is an excellent means of determining the strength of teams **within that conference**.

And that's exactly what happened to Carrboro in the tennis tournament. They won three matches, advanced to the state semifinals, and lost to their own conference champion, NCSSM.

But, if you read the chart horizontally, it's clear that a team's conference standing has very little to do with its strength state-wide.

- Conference champions vary from #1 to #39 in MaxPreps.
- Second-place teams range from #2 to #82.
- Among third-place teams, the MaxPreps rankings range from #10 to #71, and among fourth-place teams, those rankings range from #19 to #98.

The conclusion is inescapable: **conference standing is meaningless as a metric for determining which teams deserve to participate in a state-wide tournament.**

Nor is a team's overall record a reliable indicator of a team's relative strength, state-wide.

Again, Carrboro's experience is illustrative. Carrboro entered the state tournament with an overall record of 8-4.

- In the first round, Carrboro defeated Greene Central, which had a record of 16-0.
- In the second round, they defeated Clinton, which had a 16-1 record.
- And, in the third round, they defeated Croatan, which was 19-0.

If overall record predicts the state-wide strength of a given team, how did this happen?

And, again, Carrboro was not unique, as the chart below indicates. Teams with a lower winning percentage won matches against opponents with better records 27.8% of the time. That's better than one time in four.

| 2019 Women's Tennis State Tournament by Overall Record |               |  |   |  |  |
|--|---------------|--|---|--|--|
|  | Total Matches | Won By Team With Higher Winning Percentage | Won By Team With Lower Winning Percentage | Played by Teams Equal Winning Percentage | Percentage of Matches Won By Team with Lower Winning % |
| 1A   | 23            | 13   | 6   | 4  | 31.6%  |
| 2A   | 31            | 21   | 8   | 2  | 27.6%  |
| 3A   | 31            | 20   | 9   | 2  | 31.0%  |
| 4A   | 31            | 24   | 7   | 0  | 22.6%  |
| Totals   | 116           | 78   | 30  | 8  | 27.8%  |

One consequence of using overall record as a criteria for playoff selection is that it affects how a coach schedules non-conference opponents. By avoiding strong opponents, and scheduling weaker ones, a coach can inflate his/her team's overall record, relative to the team's actual strength.

In the example cited at the beginning of this paper, if Jordan-Matthews had played a weaker non-conference slate, or even if they had played no non-conference matches at all, their overall winning percentage would have yielded a state playoff spot as a wild-card.

But, because they played a challenging schedule, and lost three non-conference matches, they were excluded from the playoffs.

And, the irony is that one of those non-conference losses was to Carrboro, by the same 5-4 score by which Carrboro beat those three conference champions. If Greene Central, Clinton, and Croatan deserved to be in the playoffs, didn't Jordan-Matthews as well?

One coach of a perennially strong 4A tennis program told me that his schedule had shrunk from 22 matches to 12 because he could not find willing non-conference opponents. No one was willing to play them because an extra loss might cost them a shot at a wild-card playoff spot.

Another consequence is that teams playing in a split conference are at a distinct advantage, or disadvantage, depending on whether they are in the lower or higher classification of their conference.

For instance, let's compare two 3A schools playing men's tennis in 2022 in different conferences.

Currituck plays in a 2A/3A conference. Currituck currently has a record of 5-3. Four of the five wins are against 2A opponents in conference matches, and the other is a victory over a 1A non-conference opponent. They are 0-2 against 3A or 4A competition.

Compare that to West Brunswick and South Brunswick, both of whom play in the Mideastern 3A/4A conference. West Brunswick is 0-6, but all of its losses are in conference matches with 4A schools. South Brunswick is 1-8, but seven of its losses, and its only victory, are against 4A teams.

Currituck, at 5-3, has a much better chance of receiving a wild-card berth than do West Brunswick or South Brunswick. But, is Currituck really a better team? What would Currituck's record be if it had to play a steady diet of 4A competition?

Which is the stronger, more deserving team?

Who knows?

The conclusion is inescapable: **conference standing and overall record are meaningless as a metric for determining which teams deserve to participate in a state-wide tournament.**

The degree to which these metrics are broken can be illustrated by the following chart, which depicts the percentage of "upsets" (defined as the lower-seeded team defeating a higher seeded team) in the state tournament brackets for the fall of 2021.

| <b>Upsets in 2021 Fall State Playoffs<br/>(Lower Seed Winning Contest)</b> |               |                   |               |                 |
|--|---------------|-------------------|---------------|-----------------|
| <i>Total Bracket</i>   |               |                   |               |                 |
|  | <b>Tennis</b> | <b>Volleyball</b> | <b>Soccer</b> | <b>Football</b> |
| 1A   | 30.0%         | 14.5%             | 17.7%         | 12.5%           |
| 2A   | 43.3%         | 16.1%             | 17.7%         | 16.1%           |
| 3A   | 36.7%         | 22.6%             | 25.8%         | 29.0%           |
| 4A   | 23.3%         | 14.5%             | 32.3%         | 41.9%           |
| <b>Average</b>   | <b>33.3%</b>  | <b>16.9%</b>      | <b>23.4%</b>  | <b>25.2%</b>    |
| <i>From Round of 32</i>  |               |                   |               |                 |
| 1A   | 30.0%         | 20.0%             | 16.7%         | 20.0%           |
| 2A   | 43.3%         | 16.7%             | 23.3%         | 20.0%           |
| 3A   | 36.7%         | 26.7%             | 33.3%         | 36.7%           |
| 4A   | 23.3%         | 23.3%             | 33.3%         | 56.7%           |
| <b>Average</b>   | <b>33.33%</b> | <b>21.67%</b>     | <b>26.67%</b> | <b>33.33%</b>   |

Note that tennis had a higher rate of upsets than any other sport. This was true in spite of the fact, that in the regular season, tennis has an extremely low number of true upsets.



In a tennis match, because coaching decisions are limited to setting the lineup, and because lineups are required to be in order of ability, and for several other reasons, true upsets are extremely rare. When tennis teams play one another twice in the regular season, one team wins both of those matches over 90% of the time. And, when teams do “split”, it’s often due to a change in the lineup resulting from injury or illness.

In tennis, third- and fourth-place teams do not “upset” conference champions. In tennis, the best team wins ... almost always.

And yet, in our state tournament, the teams determined to be weaker by the seeding criteria won 33% of their matches ... one out of three ... in a sport where true upsets almost never happen!

This demonstrates that the seeding criteria do not work. Those criteria do not predict success in the state tournament. They do not tell us which teams are really stronger.

Now, if these criteria were only used for seeding, it wouldn’t be such a problem. The best team would win the state championship, regardless of whether they were seeded or not, because, in tennis, the best team wins. It would not really matter whether the eventual state champion started out as the #1 seed, or the #6 seed. The best team would win.

But, these flawed criteria are not just used for seeding. They are also used for selection. They are used to exclude teams from the tournament altogether.

In the 1A tennis tournament this fall, a 13<sup>th</sup> seed advanced to the state finals. Who is to say that the 18<sup>th</sup> seed wouldn’t have made the semifinals? But, that 18<sup>th</sup> seed was excluded from the playoffs altogether, and never got a chance to prove its worth.

These flawed metrics depend on an assumption that competitive strength is uniformly distributed across the state, and that is simply not the case. Some conferences have several exceptionally strong teams in a given sport, and in other conferences, even the conference champion is only average.

This is especially true in tennis, where the presence of private tennis clubs in a given locality is much more predictive of the strength of the local high school team than any other factor, including school size.

Yes, of course, a team with a 16-0 record will likely beat a team that’s 0-16. And yes, a team that wins its conference will likely beat a team that finishes sixth in its conference.

But those are not the distinctions we are trying to make. We are trying to decide between teams that have closely matched records and standings.

It is relatively easy to identify the best 10-12 teams in the state. Likewise, it is relatively easy to identify the 10-12 worst teams.

But, in the middle of the pack, teams are separated by such narrow margins that it is impossible to predict the results of a contest between them. And, it is precisely in the middle of a classification that we are trying to distinguish between teams that deserve to be in the playoffs and those that do not.

The attempt to distinguish between teams in the middle of the pack is fundamentally hopeless, because **we lack any reliable metrics to determine the most deserving teams, especially the closely matched teams in the middle of a classification.**

Neither conference standing, nor overall record, can, in a statistically significant manner, identify who would win a contest between the 32<sup>nd</sup> or 64<sup>th</sup> ranked teams (that get into the playoffs) and the 33<sup>rd</sup> or 65<sup>th</sup> ranked teams, (that don't).

Since that is true, why are we using these metrics to determine which of our student-athletes gets the opportunity to participate in the playoffs and compete for a state championship, and which do not?

So ... what to do? It's simple, really.

Let everybody play.

### ***Let everybody play.***

We want to stress that we do not believe that NCHSAA is insensitive to questions of fairness. There's absolutely no malicious intent in play here. These really are "unintended consequences".

In fact, we have this complicated set of rules precisely because the NCHSAA is trying very hard to be fair, and to distribute fairly the berths in our playoff brackets. But, as described above, those rules fail to deliver the fairness we seek.

We twist ourselves into pretzels trying to balance the number of teams in a conference, a team's conference standing, MaxPreps RPI ranking, and overall record to build a playoff bracket for each sport, and to make that process as fair and transparent as we can.

Why these complicate rules? Because playoff spots are scarce. There aren't enough of them to go around. So, it's important to be as fair as possible.

But, **why are playoff spots scarce?**

After all, we have complete control over how many there are. It's not like we have to find them in nature, as if we were mining diamonds. We decide how many playoff spots there are. It's not imposed upon us from the outside.

So ... wouldn't it be simpler, cleaner, fairer, to make enough for everyone? Wouldn't it be better just to **let everybody play?**

In short, we need to get out of the business of saying to the majority of our schools and student-athletes, *"You're not good enough to play in our tournament."*

Instead, we need to say to them, *"You want to play in our tournament? Great, we'll make room."*

It is time for a system in which the kids decide who's better, on the field or the court or the pitch, instead of a system where the adults, who have not seen anyone actually play, try to pre-determine who's better ... from an office.

**It is time to let everybody play.**



## Everybody Plays ... How It Works

We propose that tennis be allowed to conduct an open “Everybody Plays” tournament for the 2022-23 sports seasons, as a “proof of concept” experiment.

We believe that tennis coaches, generally, would be receptive to the proposal, and that the results could inform a broader conversation about its utility in other sports.

The fact that tennis matches are not officiated, and do not involve costs for security and facility use, make tennis an ideal sport in which to test this proposal.

An “Everybody Plays” model involves a state tournament at the end of the regular season, with four characteristics.

1. **Everybody plays.** Every team in the state gets to enter the state tournament at the end of the season. It’s an “open” tournament.
2. Teams play in **four pre-defined geographic sections**, until a sectional champion is crowned.
3. In each section, we will **seed the best teams** (those that are presently “automatic qualifiers” based on conference standing), **and draw the rest** randomly, using a process that would avoid intra-conference matches in the first couple of rounds.
4. Finally, **let the best team win on the field.** The sectional champions would play one another in the state semifinals, and the winners would advance to the state final, where a state champion would be crowned.

Let us explain each element in turn.

### 1. An “Open” Tournament. Everybody can play if they want to.

Every team is free to enter the state tournament.

This is the model of the old Indiana state high school basketball tournament, as depicted in the movie *Hoosiers*, with the exception that we would retain a classification system based on school size and other factors. It is also the model currently in use in Ohio, Indiana, Illinois, and perhaps others.

Everybody plays ... the great teams, the good teams, the average teams, the bad teams. The teams that you know ought to be in the “playoffs”, and those that might be, and those you're pretty sure aren't going anywhere.

The problem is, as demonstrated in the preceding pages, we don't really know which is which in advance, particularly as we get beyond the top 10-20 teams.

So, **let everybody play.** The good teams will beat the bad teams on the court, as it should be.

What we're proposing is that the NCHSAA stop having "playoffs" and simply sponsor a "state tournament" at the end of each season, and every team in the state that completes a regular season of play would be eligible to compete.

Teams that feel they have no chance, and don't wish to participate, could opt out. But the default position would be that every team is eligible to compete in the state tournament.

In most sports, this would only involve one extra round of competition.

In tennis, this would involve two additional rounds of competition, but those rounds can be accommodated in the current three-week post-season calendar, as shown below.

| <b>Proposed Schedule</b> |               |              |
|--------------------------|---------------|--------------|
|                          | <b>Women</b>  | <b>Men</b>   |
| Bracketing               | Thurs – 10/10 | Thurs – 4/27 |
| 1 <sup>st</sup> Round    | Mon – 10/14   | Mon – 5/1    |
| 2 <sup>nd</sup> Round    | Wed – 10/16   | Wed – 5/3    |
| 3 <sup>rd</sup> Round    | Mon – 10/21   | Mon – 5/8    |
| 4 <sup>th</sup> Round    | Wed – 10/23   | Wed – 5/10   |
| Sectional Final          | Mon – 10/28   | Mon – 5/15   |
| State Semifinal          | Wed – 10/30   | Wed – 5/17   |
| State Final              | Sat – 11/3    | Sat – 5/20   |

## **2. Play in four sections until a sectional champion is crowned.**

The sections would be pre-defined as a group of conferences, based on current regional assignments. Ideally, each section would contain roughly the same number of schools as the other three sections. No section could have more than 32 schools.

The state tournament draw would match teams from a given section among themselves until a sectional champion is crowned. The sectional championship would be recognized as a significant achievement, with appropriate plaques or banners.

Some will argue that playing within the section until a sectional champion is crowned is unfair to teams in the stronger areas of the state, and that the remedy for that is inter-sectional play earlier in the tournament.

While that may be appropriate in, say the NCAA's Division I basketball tournaments, where budgets of money and time are nearly unlimited, it is not appropriate when dealing with high school students.

Playing in four sections, as opposed to two regions (East and West) will save between 20%-30% in travel time, distance, and cost.

With unlimited time and money, we could balance the sections competitively, (if we could fairly identify the stronger teams). But we don't have unlimited time and money. So, competitive fairness and conservation of resources are in tension.

These quotes from the Illinois state high school tournament regulations speak to the issue.

*"The cornerstone of IHSA state tournaments has long been geographic assignments to the state series leading to geographic representation at State Final tournaments. The geographical concept was developed to insure that interscholastic participation was compatible with a school's educational objectives. The geographic concept helped maintain a "reasonableness" to competition and safeguarded key resources such as time and money, while, at the same time, providing for a structure that was equitable to all member schools."*

*"The State Series is designed to determine a State Champion. The State Series is not intended to necessarily advance the best teams in the state to the State Final."*

### **3. Seed the "best" teams, and draw the rest.**

The "best" teams in each section would be seeded; that is, they would be separated from one another in the opening rounds of the tournament. Most would get first-round byes, but, depending on the size of the draw, some seeded teams will play first-round matches.

All conference champions would be treated as #1 seeds, and all second-place teams that meet the current criteria for "automatic qualifier" status would be treated as #2 seeds.

Once the seeds are settled upon, the draw would be conducted using a variation of the process currently in place for the individual tennis regionals. That process would guarantee that:

- The #1 seeds would be separated in the sectional draw as far as possible, and would not play each other until the later rounds.
- The #2 seeds would also receive preferential placement in the draw, and would not play other seeds until the later rounds of the tournament.
- All second-place teams, whether seeded or not, would be placed in the opposite half of the draw from their own conference champion, guaranteeing that a conference champion and the second-place team from the same conference would not play until the sectional final.
- No team would play a member of its own conference until the third round (unless the conference in question has more than eight teams).

This would eliminate the need to attempt to define which school is ranked 32<sup>nd</sup>, or 45<sup>th</sup>, or 71<sup>st</sup>. We really do not have the metrics for such fine distinctions. A random draw eliminates the need to make these distinctions, and would be as fair as the current process.

Home-field advantage would be awarded to the team with the higher seed, (if either is seeded), the better overall record, or a coin flip.

### **4. Sectional champions would play one another in the state semifinals, with the winners meeting for the state championship.**

The state finals, in these sports would take place, as they do now, in the center of the state at a neutral location.



## **Everybody Plays ... Advantages**

This format would yield numerous benefits. Among them are the following.

- **Travel distances in the early rounds of the state tournament would be reduced by 20%-30%**

The benefits of reduced travel distances include:

- safety of students
- reduced travel costs
- more likelihood of the visiting team's parents and fans traveling to the contest
- less class time missed by student-athletes
- a more reasonable “home-field advantage”
- less exposure to the possibility of legal action and/or negative publicity in the event of an accident while traveling

- **No deserving team would be excluded from the playoffs.**

NCHSAA would no longer have to juggle the relative merits of conference standing, overall record, and MaxPreps rankings. No school would be left out of the state tournament because of a quirk in the rules.

The kids on the court would decide who's better, not the adults in an office.

- **NCHSAA would reap the financial benefit of additional state tournament contests.**

The extra round of state tournament games in revenue sports, such as basketball, volleyball, soccer, etc., would generate additional income for the NCHSAA.

- **Our student-athletes would have a better “playoff” experience.**

The draws would not be a perfect “power of 2” (i.e. 64 or 128), but some other number. Therefore, most of the best teams in the state would get a first-round bye. The remaining teams would have much more competitive first-round contests.

We could expect, therefore, to have fewer “blowouts” and mercy-rule contests in the first round. Those teams that advance to the second round, and did lose to a state powerhouse, would have had, prior to that, the experience of winning a first-round contest.

Plus, using a random draw for non-seeded teams would disrupt the current system of the great teams playing the worst teams automatically in the early rounds.

- **Teams would have greater freedom with regard to scheduling non-conference regular season contests.**

If everyone plays, then coaches would be free to schedule challenging non-conference contests, without worrying that, by doing so, they would jeopardize their chances of “making the playoffs”.

- **Realignment becomes easier, and split conferences become less problematic.**

Every four years, NCHSAA realigns the schools and assigns teams to new conferences. A major emphasis of that effort is to avoid split conferences, if possible, because that allows for a cleaner determination of conference standing, which is the metric used for playoff participation.

This often results in traditional rivals being placed in different conferences simply because one or the other has either grown or shrunk by a few students, placing one school in a new classification. Nothing has really changed regarding the competitive advantage between the two schools, but their rivalry now means less because they are competing in different conferences.

And, if for distance reasons, one or two schools need to be placed in a conference with several teams in a different classification, some kind of artificial metric must be created to weigh whether either of those schools will qualify for the playoffs in its classification.

However, if everyone plays, split conferences are much less of a problem.

No team is excluded because they didn't have a way to prove their worth in a given classification, and no team is excluded because another school, in an inaccessible location, playing mostly lower-classification schools, took its spot. Everybody plays!

Granted, you'd still need to address seeding, but not being seeded is a lot more palatable than not getting to play at all.

And, as a bonus, it would be far easier to preserve traditional rivalries within the boundaries of conference play.

- **Because conference standing would not govern playoff selection, conferences could be organized in a more geographically compact manner.**

Another impact of letting everyone play is that geography could be a more important factor with regard to conference affiliation, and school size would become somewhat less important.

At the end of the regular season, teams would enter the state tournament in the classification based on the their school size, just as they do now, except that everybody plays.

This is not to say that school size would cease to be a factor at all with regard to conference affiliation. Clearly, it would be unfair to have a 2,000-student school and a 300-student school in the same conference. Athletic directors and principals would still need to assess whether affiliation in a given conference would make sense in their situation.

But, under “everybody plays”, the size of schools would become just one of several factors in determining conference affiliations.

In short, adopting an “everybody plays” model not only reduces travel times in the state tournament, it would allow for more compact conference alignments, reducing travel distances for regular season contests as well.

- **NCHSAA could organize schools in more classifications than the current four.**

In previous realignment processes, there has been discussion about dividing the member schools into five classifications. Separating the charter and the traditional, geographically-based high schools has also been discussed.

One complication with these ideas, under the current playoff system, is that it becomes more difficult to assemble conferences of schools which are all in the same classification.

And, as described above, playing in conferences of like-size schools yields a cleaner determination of conference standing. This is much more important when conference standing is the metric for playoff selection.

But, if everybody plays, playing in split conferences is less of a problem. Teams would compete for their conference championship during the regular season, and then, afterward, enter the state tournament for schools of their size and type.

And, that frees NCHSAA to organize in however many classifications it sees fit, without having to worry about the impact on conference affiliation.<sup>1</sup>

- **Adapting to weather-related natural disasters would become easier.**

Under the current playoff system, where conference standing dictates selection to the playoffs, it is imperative to play a complete regular season. Only by playing a complete regular season can a valid conference standing be generated for playoff selection purposes.

When a major natural disaster occurs, such as Hurricane Matthew or Florence, it is often difficult or impossible to complete a regular season of play.

However, if everyone plays in the state tournament, it is less necessary to play a complete regular season (even though, obviously, that is preferable). No one would be excluded from the state tournament because a natural disaster limited their opportunity to complete a regular season of play.

***Everybody plays ... seed the best, draw the rest ... let the best team win on the field.***

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<sup>1</sup> We are not advocating for more classifications. On this issue, we don't have an opinion. Our point is that adopting an “everybody plays” model would free the NCHSAA to use the number of classifications it chooses, without having to worry about the impact on the conferences.



## **Volleyball**

Number of Regular Season Contests: Total 22 matches - No more than 4 matches per week, on 4 separate days, if the fourth is on a non-school day; may play 4 in 3 or fewer days. Volleyball is limited to 4 matches a day. Teams are limited to a maximum of two (2) tournaments per year. Each tournament will count as one (1) contest on the schedule and is subject to the weekly limit allowance (see below).

Teams cannot exceed three (3) "best of five" matches in a tournament and each "best of five" match will count towards the seeding record/RPI.

NOTE: At no time can a team participate in more than 24 total "best of five" matches.

1. In regular season play, only matches decided by the best three out of five sets will count toward record.
2. Rally scoring will be used in all volleyball dual matches, regular season and playoffs (NFHS rules). The rally scoring format is 25-point sets (no cap) and 15-point deciding (no cap). This format also includes the let serve.
3. It is permissible for an athlete to participate in a junior varsity and a varsity match in the same day; however, those players are still subject to the weekly and seasonal limitations.
4. The following indicates the weekly limit allowance for tournament play during the regular season:
  - a. 0 – 2 Regular three (3) out of five (5) Matches: One (1) Tournament allowed that week.
  - b. 3 – 4 Regular three (3) out of five (5) Matches: No Tournaments allowed that week
  - c. Ex. 1: Monday - One (1) regular season best-of-five match Wednesday - One (1) regular season best-of-five match Saturday - Multi-team tournament with pool play and a best-of-three format = One (1) match Total: Three (3) matches for the week and toward the season limit
  - d. Ex 2: If Team A plays in a tri-match during a week, versus Team B and C, with a best three out of five format, each contest counts as one (1) match towards your allowed limitations (i.e. Team A vs. Team B = One (1) match; Team A vs. Team C = One (1) match; therefore, a total of two (2) matches on your schedule).
5. Junior varsity matches will be two out of three sets, rally scoring (25- point games with no cap for all sets). A conference can choose to cap the third game of a JV Volleyball match at 15 points.
6. Junior varsity conference tournament games must count toward the 22-game limit.

## **Other Sports:**

Teams may participate in one tournament with up to three games, counting that tournament as a single contest relative to the season limitation of 22 games. Any games above and beyond the allowable three games in a single tournament must be counted toward the season limitation.

## 2021-22 &amp; 2022-23 NCHSAA Lacrosse Conferences

Women's Lacrosse - EastBig East

Havelock

Jacksonville

Northside-Jacksonville

New Bern

Rose, J.H.

United 8/All American/Sandhills

Britt, Jack

Cape Fear

Pinecrest

Sanford, Terry

Union Pines

Coastal/Northeastern Coastal

Croatan

First Flight

Swansboro

West Carteret

White Oak

CAP 6

Athens Drive

Broughton

Cardinal Gibbons

Enloe

Leesville Road

Sanderson

Mideastern

Ashley

Hoggard

Laney

New Hanover

North Brunswick

South Brunswick

Topsail

West Brunswick

Southwest Wake

Apex

Apex Friendship

Cary

Green Hope

Green Level

Holly Springs

Middle Creek

Panther Creek

Greater Neuse River

Fuquay-Varina

Garner

South Garner

Willow Spring

DAC-VII/Northern Lakes Athletic/Central/Mid-Carolina

Carrboro

Chapel Hill

East Chapel Hill

Jordan, C.E.

Northwood

Orange

Riverside-Durham

Seaforth

Northern Athletic

Heritage

Millbrook

Rolesville

Wake Forest

Wakefield

Women's Lacrosse - WestMetro

Grimsley

Northern Guilford

Northwest Guilford

Page

Ragsdale

Southeast Guilford

Southwest Guilford

Western Guilford

Central Piedmont

Davie

East Forsyth

Glenn

Mount Tabor

Reagan

Reynolds, R.J.

West Forsyth

Mid-State/Mid Piedmont/NW Piedmont

Atkins

Bishop McGuinness

High Point Central

North Davidson

West Stokes

Southern Carolina/Rocky River

Cuthbertson

Marvin Ridge

Parkwood

Porter Ridge

Sun Valley

Weddington

Greater Metro/Queen City/Catawba Shores/South Piedmont

Community School of Davidson

Hopewell

Hough

Lake Norman

Lake Norman Charter

Mooresville

South Iredell

Southwestern/So Meck

Ardrey Kell

Butler

Charlotte Catholic

Independence

Myers Park

Providence

South Mecklenburg

Northwestern/The Mountain/WesternFoothills/Mountain Foothills

Asheville

Hickory

Patton

Roberson, T.C.

St. Stephens

Watauga

On Wed, Apr 6, 2022 at 11:42 AM Barry, Benjamin R. <[benjamin.barry@cms.k12.nc.us](mailto:benjamin.barry@cms.k12.nc.us)> wrote:  
Good Morning, Region 6 Representatives!

My name is Ben Barry, and I am the head wrestling and cross country coach at Mallard Creek High School in Charlotte. In preparation for the upcoming Spring Meeting, I would like to share my perspective on two agenda items with you.

### **Regional Alignment for Wrestling, XC, and Track**

It has come to my attention that there are stakeholders pushing to change regional assignments for Wrestling and Cross Country (and Track) after one year in the new re-alignment period. I believe a majority of these arguments are based on "toughness of competition" rather than participation data. Individual athletic programs rise and fall over the years, and the NCHSAA should not change regional assignments based on subjective opinions or the quality of competition, which is always in flux across all regions and classifications. Also, one of the repercussions of changing regions based on assumed or alleged wrestling disparities may be the creation of others in Cross Country / Track or vice versa.

As a specific reference, there was a concern this past season that participation numbers were down for the 2A Midwest in wrestling, and that may be worth taking a look at, but there are many stakeholders in the 4AMidwest Region that are using the 2A Midwest participation data to argue for a change in their regional assignments because the 4AMidwest was more competitive than other 4A regions this year. The Midwest 4A has the data to prove they were the most successful at the state tournament this past season, but again, the level of competition in one season does not give cause to rearrange regional assignments.

Please vote to keep the regional assignments as they are for the 2021-25 period, keeping LEAs and conferences together as they advance through the individual qualifying process.

### **Sanctioning Women's Wrestling**

Here at Mallard Creek, we have grown from 5 to 10 athletes in our women's program over the past two years. This year we are proud to announce we had an individual champion in the Women's Invitational and our first athlete to sign a commitment letter to compete at the college level. Nationally, women's wrestling is among the fastest-growing sports, and it is quickly being sanctioned around the country. We, in NC, have the participation numbers that warrant sanctioning, and these young women need the resources that will help fortify programs across our state. Please vote to sanction women's wrestling in NC.

Thank you for your consideration and for serving our region. I have CC'd my Athletic Director, Principal, and County Athletic Director.

Ben Barry, M.F.A.  
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Head Wrestling & Cross Country Coach  
Mallard Creek High School  
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<https://sites.google.com/a/gaston.k12.nc.us/gcs-athletics-information/>

<https://sites.google.com/gaston.k12.nc.us/health-pe/home>