

2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023

**Host: Marvin Ridge HS
Swimming & Diving
Psych Sheet - Preliminary**

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time
1 Myers Park		1:46.96
2 Hough		1:49.67
3 Lake Norman		1:49.87
4 Char Catholic		1:50.04
5 Providence		1:50.78
6 Ardrey Kell		1:50.93
7 Marvin Ridge		1:51.62
8 Cuthbertson		1:52.21
9 South Meck		1:52.22
10 Hopewell		1:53.69
11 Watauga		1:55.00
12 Weddington		1:56.07
13 East Mecklenburg		1:58.04
14 TC Roberson		1:58.46
15 Cox Mill		1:59.86
16 Sun Valley		2:01.28
17 Asheville		2:03.14
18 South Iredell		2:03.94
19 AC Reynolds		2:04.07
20 West Cabarrus		2:05.20
21 Hickory Ridge		2:05.29
22 Piedmont		2:06.01
23 Butler		2:06.92
24 Palisades		2:06.94

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Marvin Ridge		1:36.34
2 Ardrey Kell		1:37.22
3 Providence		1:37.41
4 Myers Park		1:37.67
5 East Mecklenburg		1:38.24
6 South Meck		1:38.35
7 Weddington		1:39.64
8 Hickory Ridge		1:40.33
9 Cox Mill		1:40.52
10 Cuthbertson		1:42.39
11 Hough		1:42.53
12 Lake Norman		1:43.39
13 West Cabarrus		1:44.63
14 Char Catholic		1:45.05
15 TC Roberson		1:47.14
16 Hopewell		1:48.79
17 Watauga		1:49.75
18 AC Reynolds		1:51.18
19 Palisades		1:52.19
20 South Caldwell		1:52.41
21 Butler		1:53.04
22 North Meck		1:53.73
23 Asheville		1:53.82
24 Porter Ridge		1:57.11

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Kaylee McDonald	JR	Marvin Ridge	1:53.34
2 Kara Martinson	SR	Weddington	1:53.55
3 McKenna Patrick	JR	Cuthbertson	1:54.55
4 Clarke Neace		Hough	1:55.21
5 Taylor Goodwin	SO	TC Roberson	1:55.82
6 Reese Briggs	SO	South Meck	1:56.19
7 Julia Pou	FR	Myers Park	1:56.59
8 Makenna Wozny	SR	Providence	1:56.80
9 Sarah Virkler	JR	Providence	1:57.25
10 Charlotte LePage	SO	Marvin Ridge	1:57.30
11 Emma Lee	JR	Marvin Ridge	1:57.48
12 Sarah Dichak	SR	Char Catholic	1:57.70
13 Claire Oettinger	JR	Providence	1:58.46
14 Grace Tuchi	JR	Myers Park	1:58.78
15 Meredith Bush	SR	Char Catholic	1:58.84
16 Julia Gehrig	SR	Char Catholic	1:59.30
17 Kendall Wilson	SO	Porter Ridge	2:00.04
18 Leyla Sleime	SR	Char Catholic	2:00.06
19 Sarah Smith	FR	Myers Park	2:00.55
20 Avery Hutcheson	SR	North Meck	2:00.64
21 Kylie Brewster		Ardrey Kell	2:01.01
22 Sophia Pero	FR	Hopewell	2:01.38
23 Emma Barr		Lake Norman	2:01.82
24 Abigail Hollmeyer	SR	West Cabarrus	2:01.89

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Ian McKinney	SR	Marvin Ridge	1:44.43
2 Santiago Alzate-Celin		Ardrey Kell	1:44.52
3 Evan Prabhu	JR	Providence	1:46.26
4 Jack Haywood	JR	Providence	1:46.28
5 Joseph Clark	SR	Myers Park	1:46.30
6 Jack Rutledge	SO	Providence	1:47.22
7 Jack Vess	SR	AC Reynolds	1:48.39
8 Ben Esarove	SR	Porter Ridge	1:48.63
9 Tyler Ligi	JR	Hickory Ridge	1:48.82
10 Alex James	SR	Marvin Ridge	1:48.95
11 Adam Polzien	FR	Marvin Ridge	1:48.96
12 Paarth Krishnatrey		Ardrey Kell	1:49.13
13 Quinn O'Mara	SO	Marvin Ridge	1:49.68
14 Benjamin Leckinger	JR	Cox Mill	1:50.06
15 Brendan Taylor	JR	Weddington	1:51.61
16 Ben Martin	SO	East Mecklenburg	1:51.89
17 Peyton Buchanan	JR	Cuthbertson	1:51.95
18 William Hager	FR	Myers Park	1:51.97
19 Briar Tomcho	SR	Weddington	1:52.26
20 James Tillman	SR	Char Catholic	1:52.30
21 Jack Bundy		Ardrey Kell	1:52.51
22 Joshua Rosenbloom	SR	Providence	1:52.76
23 Tate Alexander	FR	East Mecklenburg	1:53.80
24 Ben Dudley		Asheville	1:54.59

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Name	Yr	School	Seed Time
1 Avery Klamfoth	FR	Myers Park	2:04.73
2 Grace Rainey		Hough	2:05.52
3 Sofia Plaza	JR	Myers Park	2:05.90
4 Sydney Sanders	SR	Char Catholic	2:07.19
5 Audrey Pardue	SO	Char Catholic	2:08.43
6 Shaelyn Shields	SO	Providence	2:08.48
7 Emmaline Reddick	FR	South Meck	2:09.08
8 Paige Thome	JR	Cuthbertson	2:09.38
9 Lauren Bernardo	JR	Char Catholic	2:09.45
10 Meredith Benton	SR	Marvin Ridge	2:10.19
11 Sarah Henderson	FR	Hopewell	2:11.46
12 Avery Vassil	SO	Marvin Ridge	2:12.15
13 Macie McCarter	FR	Marvin Ridge	2:12.72
14 Charlotte Eckert		Ardrey Kell	2:12.80
15 Sawyer Carlson	FR	Providence	2:13.78
16 Whitney Austin	JR	Myers Park	2:15.07
17 Amelia Betancourt		Lake Norman	2:16.45
18 Maddie Light		Ardrey Kell	2:16.59
19 Sydney Boone-McDougall		Hough	2:16.95
20 Maggie Cheves	SO	Watauga	2:18.22
21 Marin Schelble	FR	Myers Park	2:18.46
22 Taylor Hall	FR	Hopewell	2:18.51
23 Jule Howard	SR	East Mecklenburg	2:19.69
24 Allison Tonsil		Hough	2:20.29

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Ben Delmar	SR	Providence	1:53.88
2 Charles Heisig	JR	Marvin Ridge	1:55.87
3 Tobias Winardi	SO	Marvin Ridge	1:56.41
4 Christopher Aristondo	JR	South Meck	1:56.45
5 Greg Kisshauer	SR	East Mecklenburg	1:57.34
6 Isaac Holtham		Ardrey Kell	1:58.18
7 Alex Cook	SR	Weddington	1:58.36
8 Carson Day	FR	Cuthbertson	1:58.70
9 Hayden Stallings	SR	Providence	1:59.74
10 Jordan Willis	SO	Marvin Ridge	2:00.48
11 Nicholas Chow	SR	Myers Park	2:01.19
12 Parker Murphy	FR	Hickory Ridge	2:01.50
13 Armaan Dabhade		Ardrey Kell	2:02.32
14 Lucas Soniat	FR	Marvin Ridge	2:02.38
15 Robert Lindsay	JR	Myers Park	2:03.86
16 Ryan Chiu		Ardrey Kell	2:04.01
17 David Ivan		Ardrey Kell	2:04.36
18 Nathan Hall	SO	Hopewell	2:04.70
19 Ryan Bambrick	SR	Char Catholic	2:05.34
20 Oliver Ford	FR	Providence	2:05.58
21 Constantine Gaskey	JR	West Cabarrus	2:07.21
22 Milo Fagan		Hough	2:08.30
23 Jacob Navarro		Hough	2:10.22
24 Tyler Dugan	FR	Char Catholic	2:10.73

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Joslyn Bolton	FR	Providence	24.41
2 Alyssa Claborn	SO	Lake Norman	24.57
3 Katie Kudela	SR	Weddington	24.70
4 Ella Krampert	JR	South Iredell	24.75
5 Sophia Bellissimo	SO	Lake Norman	24.76
6 Alexandra Davis	JR	Cuthbertson	24.90
7 Madison Winardi	FR	Marvin Ridge	24.91
8 Camdyn Dorman	SR	Sun Valley	24.91
9 Natalie Linch		Ardrey Kell	25.19
10 Eliza Wallace		Ardrey Kell	25.23
11 Isabella Wilhelm	SO	Providence	25.28
12 Hannah Aghjayan	JR	Myers Park	25.31
13 Chloi Harper		Hough	25.32
14 Raegan Sherrill	JR	Cuthbertson	25.34
15 Taylor Weaver	FR	Myers Park	25.35
16 Leigh Bailey	SR	Myers Park	25.41
17 Teagan Kozek	SR	East Mecklenburg	25.41
18 Logan Leckner	JR	Char Catholic	25.49
19 Emma Condo		Hough	25.52
20 Arianna Scordino	SR	Lake Norman	25.54
21 Katherine Atwood		Ardrey Kell	25.56
22 Celia Canata	SO	Marvin Ridge	25.60
23 Ella Tyminski		Hough	25.62
24 Karina Morisset	JR	Mallard Creek	25.67

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Grayson Ickes	SR	Providence	21.10
2 Nate Hohm	JR	East Mecklenburg	21.11
3 Christopher Zhang		Ardrey Kell	21.38
4 Alex Garmon	JR	Hickory Ridge	21.48
5 Troy Keen	JR	Marvin Ridge	21.76
6 Connor Solvason	JR	Cox Mill	21.80
7 Michael Rice	FR	Marvin Ridge	21.81
8 Mason Kinnavy	JR	Providence	21.95
9 Preston Luong	SR	North Meck	22.00
10 Wyatt Dacus	SR	South Meck	22.18
11 Alex Subotich	SR	Weddington	22.20
12 Nikita Shulgin		Hough	22.26
13 Cole Geiger	SR	Providence	22.29
14 Tyler Flickinger	SR	Weddington	22.45
15 Colin Mumford	SR	Marvin Ridge	22.47
16 Tyler Seidel	SR	Lake Norman	22.67
17 Will Sinclair	SR	Lake Norman	22.68
18 Nolan Schear	SO	Myers Park	22.72
19 Caden Campolmi	SR	Myers Park	22.96
20 Preston Davis	JR	Myers Park	23.26
21 Robert Frye		Hough	23.28
22 Tokugen Drake	FR	Providence	23.38
23 Calvin Powell	SO	Cuthbertson	23.43
24 William King	FR	South Meck	23.45

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Event 9 Women 1 mtr Diving

Name	Yr	School	
1 Catherine Rehm	X	Asheville	375.20
2 Madeline Bays	SR	Weddington	267.90
3 Emma Studnek	SR	Myers Park	248.80
4 Abigail Studnek	SR	Myers Park	247.95
5 Miley Cook	FR	Weddington	222.15
6 Paiden Castelblanco	JR	Asheville	216.05
7 Zoe Massachi		Asheville	211.30
8 Taylor Brantley	SO	Hough	203.30
9 Cecelia Drendel	SR	Myers Park	193.65
10 Blythe Duley	9	Myers Park	188.80
11 Sophia Sidler		Ardrey Kell	186.95
12 Zoey Tabor	JR	Providence	183.85
13 Ella Maleski	SR	Marvin Ridge	183.75
14 Maela Bazemore	FR	East Mecklenburg	181.65
15 Leah Drake	SR	Marvin Ridge	171.45
16 Sebla Miracle	FR	Asheville	167.15
17 Cora Mate	SO	Hough	164.75
18 Julianna Bamert	9	Providence	156.55
19 Norah Dacus	JR	South Meck	156.35
20 Molly Freeman	JR	East Mecklenburg	151.50
21 Riley O'Donnell	JR	Providence	150.80
22 Payton Covey	SR	Hough	150.60
23 Jaelynn Jackson	SO	Butler	140.05
24 Megan Lindsey	SO	East Mecklenburg	126.05
25 Anna Brown	JR	East Mecklenburg	114.25
26 Hagan Wilmesher	SO	Hough	106.05
27 Elizabeth Rachal		Ardrey Kell	63.70

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Dean Treanor	SR	Hough	253.95
2 Mason Kramer	9	Char Catholic	180.40
3 George Robinson	9	Myers Park	169.35
4 George Stiff	JR	East Mecklenburg	161.45
5 Tucker Bryant	SO	Myers Park	150.80
6 Reece Efird	9	Myers Park	143.55
7 Colin Mumford	SR	Marvin Ridge	134.48
8 Mason Black	JR	East Mecklenburg	134.25
9 Max Gallinek	JR	Providence	126.30
10 Yoav Kaelter	SR	Providence	122.65
11 Dylan Rogers	SO	Myers Park	119.50
12 Brendan Ortiz	FR	Char Catholic	116.90
13 Gregory Brown		Ardrey Kell	86.05
14 Mark Greene		Ardrey Kell	85.80
15 Andrew Pinter	JR	Ardrey Kell	52.30

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Kiley Wilhelm	SR	Myers Park	54.40
2 Kayman Neal	JR	Myers Park	56.30
3 Lauren Patterson	JR	Watauga	57.15
4 Molly Donlan	SR	South Meck	57.52
5 Julian Wu	JR	Providence	58.23
6 Caroline Norton	JR	Providence	58.27
7 Carly VanNote	JR	Marvin Ridge	58.83
8 Sydney Boone-McDougall		Hough	59.04
9 Maylie Berberian	FR	Marvin Ridge	59.31
10 Amelia Amadio	SO	Hough	59.42
11 Julia Gehrig	SR	Char Catholic	59.45
12 Raegan Sherrill	JR	Cuthbertson	59.53
13 Paige Thome	JR	Cuthbertson	59.83
14 Makena Briggs	SR	South Meck	1:00.08
15 Ella Chin	JR	Marvin Ridge	1:00.15
16 Whitney Austin	JR	Myers Park	1:00.43
17 Charlotte Eckert		Ardrey Kell	1:00.53
18 Katia Titioura	SR	Providence	1:00.55
19 Charlie Zollinger	JR	Cuthbertson	1:00.56
20 Lanie Holden	JR	Myers Park	1:00.58
21 Sarah Williams	SR	South Meck	1:00.90
22 CJ Bernado	FR	Char Catholic	1:00.93
23 Ella Tyminski		Hough	1:01.11
24 Katherine Atwood		Ardrey Kell	1:02.28

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Troy Keen	JR	Marvin Ridge	51.28
2 Alex Garmon	JR	Hickory Ridge	51.72
3 Alex Subotich	SR	Weddington	51.80
4 Evan Prabhu	JR	Providence	51.94
5 Maksym Nechydyuk		Ardrey Kell	51.98
6 Alex Cook	SR	Weddington	52.29
7 Joseph Clark	SR	Myers Park	52.50
8 Gavin McCarter	JR	Marvin Ridge	52.61
9 Robert Frye		Hough	52.74
10 Benjamin Leckinger	JR	Cox Mill	52.95
11 Jake Delehanty	JR	Marvin Ridge	52.96
12 Dylan Sinople	SR	Cuthbertson	54.02
13 Charles Henage	JR	Marvin Ridge	54.07
14 Nathan Hall	SO	Hopewell	54.36
15 Max Osman	SO	South Meck	54.54
16 Gino Prabhu	FR	Providence	54.73
17 Andrii Polotov	JR	Cox Mill	54.88
18 Sebastian Singh	SR	Myers Park	56.58
19 Nathan Hohnbaum	SO	Myers Park	56.89
20 Ben Dudley		Asheville	57.08
21 Jake Zhou		Ardrey Kell	57.43
22 Rhishit Tiwari		Ardrey Kell	57.57
23 Charles Pedroli	SO	Myers Park	57.69
24 John Restrepo	FR	South Meck	57.74

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Psych Sheet - Preliminary****Event 13 Women 100 Yard Freestyle**

Name	Yr	School	Seed Time
1 McKenna Patrick	JR	Cuthbertson	52.64
2 Joslyn Bolton	FR	Providence	53.01
3 Claire Oettinger	JR	Providence	53.79
4 Aubrey Hull		Ardrey Kell	53.93
5 Madison Winardi	FR	Marvin Ridge	53.97
6 Reese Briggs	SO	South Meck	54.38
7 Abby Druhan	JR	Char Catholic	54.43
8 Leigh Bailey	SR	Myers Park	54.43
9 Kendall Wilson	SO	Porter Ridge	54.81
10 Kathryn Kern	FR	Char Catholic	54.88
11 Logan Leckner	JR	Char Catholic	54.91
12 Marin Schelble	FR	Myers Park	55.44
13 Emma Condo		Hough	55.50
14 Ashleigh Gonsalves	SR	Char Catholic	55.76
15 Teagan Kozek	SR	East Mecklenburg	55.81
16 Caroline Norton	JR	Providence	55.88
17 Karina Morisset	JR	Mallard Creek	55.98
18 Virginia St. Clair	SR	Watauga	56.01
19 Vivian Ruppert	SR	Butler	56.47
20 Natalie Linch		Ardrey Kell	56.51
21 Michelle Hu		Ardrey Kell	56.68
22 Giana Miltenberger	JR	Myers Park	56.91
23 Sloan Pratt	SO	Marvin Ridge	57.30
24 Arianna Scordino	SR	Lake Norman	57.40

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Christopher Zhang		Ardrey Kell	46.77
2 Connor Solvason	JR	Cox Mill	47.47
3 Grayson Ickes	SR	Providence	47.84
4 Nate Hohm	JR	East Mecklenburg	47.93
5 Michael Rice	FR	Marvin Ridge	48.54
6 Preston Luong	SR	North Meck	48.63
7 Ben Esarove	SR	Porter Ridge	48.69
8 Mason Kinnavy	JR	Providence	49.08
9 Alex James	SR	Marvin Ridge	49.28
10 Parker Murphy	FR	Hickory Ridge	49.34
11 Robert Lindsay	JR	Myers Park	49.67
12 Bryan Bucci	SO	Myers Park	49.77
13 David Ivan		Ardrey Kell	49.83
14 Tyler Seidel	SR	Lake Norman	49.90
15 Wyatt Dacus	SR	South Meck	49.93
16 Leo Wachter		Hough	50.06
17 Reid Kendall	SO	Providence	50.19
18 Cole Geiger	SR	Providence	50.22
19 Jackson Sterka	SR	West Cabarrus	50.33
20 Caden Campolmi	SR	Myers Park	50.85
21 Nolan Schear	SO	Myers Park	50.91
22 Tyler Flickinger	SR	Weddington	50.97
23 James Tjahjadi		Ardrey Kell	50.98
24 Tate Alexander	FR	East Mecklenburg	51.16

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Kara Martinson	SR	Weddington	4:56.18
2 Audrey Pardue	SO	Char Catholic	5:07.35
3 Kaylee McDonald	JR	Marvin Ridge	5:07.48
4 Leyla Sleime	SR	Char Catholic	5:10.11
5 Taylor Goodwin	SO	TC Roberson	5:10.25
6 Makenna Wozny	SR	Providence	5:11.29
7 Charlotte LePage	SO	Marvin Ridge	5:11.39
8 Emma Lee	JR	Marvin Ridge	5:14.10
9 Sarah Virkler	JR	Providence	5:15.44
10 Meredith Bush	SR	Char Catholic	5:15.60
11 Sarah Dichak	SR	Char Catholic	5:15.81
12 Caroline Largen	SO	South Meck	5:15.90
13 Claire Johnson	JR	Myers Park	5:15.96
14 Kylie Brewster		Ardrey Kell	5:16.09
15 Abby Bocian		Ardrey Kell	5:18.60
16 Emma Barr		Lake Norman	5:24.28
17 Reese Bednar	SO	Marvin Ridge	5:25.19
18 Savannah Kees	JR	Piedmont	5:25.55
19 Josephine Ferrari		Hough	5:27.47
20 Katelyn Cromar	FR	Providence	5:27.97
21 Avery Hutcheson	SR	North Meck	5:31.41
22 Sarah Smith	FR	Myers Park	5:31.99
23 Abigail Hollmeyer	SR	West Cabarrus	5:33.48
24 Mary Dalton	JR	Myers Park	5:34.98

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Santiago Alzate-Celin		Ardrey Kell	4:39.32
2 Ian McKinney	SR	Marvin Ridge	4:40.44
3 Charles Henage	JR	Marvin Ridge	4:49.85
4 Jack Haywood	JR	Providence	4:49.85
5 Jack Rutledge	SO	Providence	4:52.92
6 Carson Day	FR	Cuthbertson	4:54.07
7 Liam Aleman	JR	TC Roberson	4:56.83
8 Carson West		Hough	4:57.45
9 James Tillman	SR	Char Catholic	4:57.48
10 Wyatt Herger	SO	Hopewell	4:57.59
11 Jack Bundy		Ardrey Kell	4:58.38
12 Adam Polzien	FR	Marvin Ridge	4:58.39
13 Jack Vess	SR	AC Reynolds	5:01.04
14 Paarth Krishnatrey		Ardrey Kell	5:02.76
15 Richard Tang		Ardrey Kell	5:04.54
16 William Hager	FR	Myers Park	5:04.55
17 Ben Martin	SO	East Mecklenburg	5:06.18
18 Danny Guenther	SO	Myers Park	5:09.35
19 Denis Tchijik	SO	South Meck	5:09.42
20 Jack Gessner	JR	Providence	5:10.18
21 Owen Clark	JR	Providence	5:13.31
22 Elliott Austin	FR	Cuthbertson	5:14.06
23 Edward Anton		Lake Norman	5:15.51
24 Peyton Buchanan	JR	Cuthbertson	5:16.88

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Psych Sheet - Preliminary****Event 17 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 Providence		1:39.81
2 Myers Park		1:40.29
3 South Meck		1:41.14
4 Marvin Ridge		1:41.70
5 Lake Norman		1:41.78
6 Char Catholic		1:42.46
7 Weddington		1:42.61
8 Ardrey Kell		1:43.51
9 Cuthbertson		1:43.54
10 Cox Mill		1:43.76
11 East Mecklenburg		1:44.11
12 Hough		1:44.43
13 Watauga		1:45.49
14 Hopewell		1:46.52
15 Sun Valley		1:47.05
16 South Iredell		1:48.19
17 TC Roberson		1:48.74
18 Hickory Ridge		1:50.09
19 Asheville		1:50.66
20 West Cabarrus		1:51.34
21 Porter Ridge		1:51.43
22 Piedmont		1:51.92
23 Palisades		1:53.16
24 AC Reynolds		1:53.99

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Ardrey Kell		1:27.89
2 Providence		1:29.52
3 South Meck		1:30.41
4 Marvin Ridge		1:30.45
5 Hickory Ridge		1:30.53
6 Cox Mill		1:30.87
7 Myers Park		1:31.12
8 Weddington		1:31.13
9 East Mecklenburg		1:31.20
10 West Cabarrus		1:31.95
11 Cuthbertson		1:32.50
12 Lake Norman		1:32.72
13 TC Roberson		1:36.22
14 Hough		1:37.31
15 Asheville		1:37.74
16 Butler		1:38.58
17 Palisades		1:40.17
18 AC Reynolds		1:40.81
19 Watauga		1:41.56
20 Hopewell		1:41.78
21 Porter Ridge		1:42.59
22 Char Catholic		1:44.09
23 South Caldwell		1:46.42
24 South Iredell		1:49.43

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Kiley Wilhelm	SR	Myers Park	55.17
2 Kayman Neal	JR	Myers Park	55.77
3 Alyssa Claborn	SO	Lake Norman	56.37
4 Molly Donlan	SR	South Meck	56.74
5 Aubrey Hull		Ardrey Kell	57.55
6 Lauren Patterson	JR	Watauga	58.10
7 Avery Vassil	SO	Marvin Ridge	58.50
8 Maeve Keating		Hough	58.93
9 Shaelyn Shields	SO	Providence	59.10
10 Carly VanNote	JR	Marvin Ridge	59.43
11 Alexandra Davis	JR	Cuthbertson	59.56
12 Ella Krampert	JR	South Iredell	59.62
13 Julia Pou	FR	Myers Park	59.64
14 Emmaline Reddick	FR	South Meck	59.69
15 Abby Bocian		Ardrey Kell	59.87
16 Lauren Bernardo	JR	Char Catholic	59.99
17 Chloi Harper		Hough	1:00.69
18 Isabella Wilhelm	SO	Providence	1:00.73
19 Sophia Pero	FR	Hopewell	1:01.36
20 Allison Repella	JR	Myers Park	1:01.40
21 Maggie Cheves	SO	Watauga	1:01.48
22 Meera Kondal	SO	TC Roberson	1:01.51
23 Sophia Sidler		Ardrey Kell	1:01.65
24 CJ Bernado	FR	Char Catholic	1:01.66

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Christopher Aristondo	JR	South Meck	52.40
2 Charles Heisig	JR	Marvin Ridge	52.65
3 Maksym Nechydyuk		Ardrey Kell	52.98
4 Tobias Winardi	SO	Marvin Ridge	53.29
5 Quinn O'Mara	SO	Marvin Ridge	54.39
6 Nikita Shulgin		Hough	55.29
7 Brendan Taylor	JR	Weddington	55.44
8 Constantine Gaskey	JR	West Cabarrus	55.91
9 Tyler Dugan	FR	Char Catholic	56.15
10 Gino Prabhu	FR	Providence	56.30
11 Rak Kelly	SO	Cuthbertson	56.50
12 Joshua Rosenbloom	SR	Providence	56.51
13 Reid Kendall	SO	Providence	57.15
14 Armaan Dabhade		Ardrey Kell	57.19
15 Wyatt Herger	SO	Hopewell	57.24
16 Gavin Patterson	SR	TC Roberson	57.82
17 Jake Zhou		Ardrey Kell	58.14
18 Nathan Hohnbaum	SO	Myers Park	58.69
19 Liam Akins	JR	South Meck	59.40
20 Colton McBryde	FR	Marvin Ridge	59.59
21 Tokugen Drake	FR	Providence	59.65
22 Indiana Clark	FR	Butler	59.77
23 Devon Arnone	JR	Cox Mill	59.90
24 Kenan Stoup	SR	Lake Norman	59.99

2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023**Host: Marvin Ridge HS
Swimming & Diving
Psych Sheet - Preliminary****Event 21 Women 100 Yard Breaststroke**

Name	Yr	School	Seed Time
1 Avery Klamfoth	FR	Myers Park	1:03.92
2 Grace Rainey		Hough	1:04.01
3 Abby Druhan	JR	Char Catholic	1:06.16
4 Kathryn Kern	FR	Char Catholic	1:06.22
5 Sydney Sanders	SR	Char Catholic	1:06.28
6 Sarah Henderson	FR	Hopewell	1:06.64
7 Sofia Plaza	JR	Myers Park	1:06.65
8 Amelia Betancourt		Lake Norman	1:06.76
9 Meredith Benton	SR	Marvin Ridge	1:07.27
10 Sawyer Carlson	FR	Providence	1:07.45
11 Macie McCarter	FR	Marvin Ridge	1:07.53
12 Taylor Hall	FR	Hopewell	1:07.61
13 Eliza Wallace		Ardrey Kell	1:07.62
14 Morgan Knox	FR	Marvin Ridge	1:07.93
15 Katie Kudela	SR	Weddington	1:08.03
16 Sophia Bellissimo	SO	Lake Norman	1:08.19
17 Ella Chin	JR	Marvin Ridge	1:08.26
18 Grace Tuchi	JR	Myers Park	1:08.52
19 Caroline Largen	SO	South Meck	1:08.74
20 Makena Briggs	SR	South Meck	1:08.90
21 Katia Titoura	SR	Providence	1:09.91
22 Katelyn Cromar	FR	Providence	1:10.21
23 Natalie Madrzykowski		Ardrey Kell	1:10.58
24 Sofia Diaz	JR	Providence	1:11.24

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Ben Delmar	SR	Providence	57.61
2 Jordan Willis	SO	Marvin Ridge	58.33
3 Greg Kisshauer	SR	East Mecklenburg	58.76
4 Bryan Bucci	SO	Myers Park	1:00.19
5 Gavin McCarter	JR	Marvin Ridge	1:00.21
6 Nicholas Chow	SR	Myers Park	1:00.23
7 Hayden Stallings	SR	Providence	1:00.45
8 Isaac Holtham		Ardrey Kell	1:01.17
9 Tyler Ligi	JR	Hickory Ridge	1:01.61
10 Jake Delehanty	JR	Marvin Ridge	1:01.72
11 Jack Gessner	JR	Providence	1:02.10
12 Bhargav Vadapalli	SR	Cox Mill	1:02.28
13 Trevor O'Sullivan	SO	Cuthbertson	1:02.50
14 Kyle Agnone	SR	South Meck	1:03.22
15 Ryan Bambrick	SR	Char Catholic	1:03.30
16 Luke Branscom		Ardrey Kell	1:03.40
17 Jackson Sterka	SR	West Cabarrus	1:03.76
18 Will Sinclair	SR	Lake Norman	1:04.12
19 Andrii Polotov	JR	Cox Mill	1:04.17
20 Richard Tang		Ardrey Kell	1:04.47
21 Adan Bocian		Ardrey Kell	1:04.96
22 Avery Annas		South Caldwell	1:05.04
23 Liam Aleman	JR	TC Roberson	1:05.15
24 Jacob Navarro		Hough	1:05.55

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Providence		3:38.07
2 Cuthbertson		3:38.41
3 Char Catholic		3:38.76
4 Marvin Ridge		3:38.94
5 Myers Park		3:39.24
6 Ardrey Kell		3:41.37
7 South Meck		3:42.80
8 Weddington		3:43.27
9 Hough		3:43.82
10 Lake Norman		3:48.42
11 Cox Mill		3:49.13
12 Hopewell		3:54.49
13 TC Roberson		3:54.69
14 Asheville		3:56.37
15 Sun Valley		3:56.57
16 Watauga		3:58.76
17 Porter Ridge		4:03.47
18 Butler		4:07.05
19 West Cabarrus		4:08.53
20 Hickory Ridge		4:09.54
21 Piedmont		4:10.83
22 South Iredell		4:11.84
23 AC Reynolds		4:15.04
24 Palisades		4:16.60

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Marvin Ridge		3:14.38
2 Providence		3:17.20
3 Hickory Ridge		3:17.28
4 Ardrey Kell		3:19.46
5 Myers Park		3:19.64
6 Cox Mill		3:20.49
7 South Meck		3:20.96
8 Cuthbertson		3:21.78
9 Weddington		3:23.47
10 Hough		3:24.19
11 Char Catholic		3:33.61
12 TC Roberson		3:38.86
13 Asheville		3:38.93
14 Hopewell		3:39.61
15 Butler		3:43.26
16 Watauga		3:43.53
17 North Meck		3:45.32
18 Porter Ridge		3:46.84
19 Palisades		3:48.35
20 AC Reynolds		3:49.75
21 South Caldwell		3:51.75
22 West Cabarrus		3:52.76
23 East Mecklenburg		3:57.39
24 Lake Norman		4:07.51