

2018 3A Central NCHSAA Regional Championships - 2/2/18 to 2/3/18

Host: Northern Guilford HS & SW Guilford HS

Swimming & Diving

Results

Scores - Women

1.	East Chapel Hill	358	2.	Northern Guilford	307
3.	Chapel Hill	234	4.	Western Alamance	200
5.	Concord	192	6.	Mount Tabor	188
7.	Northwood	113	8.	Piedmont	95
9.	Parkland	83	10.	Southwest Guilford	76
10.	Western Guilford	76	12.	Southeast Guilford	59
12.	Rockingham County	59	14.	Orange	55
15.	Union Pines	54	16.	Southern Alamance	45
17.	Eastern Alamance	35	18.	Cedar Ridge	23
19.	Carson, Jesse	20	20.	Southern Lee	3
21.	Morehead	2			

Scores - Men

1.	East Chapel Hill	415	2.	Chapel Hill	312
3.	Northern Guilford	271	4.	Concord	191
5.	Orange	161	6.	Mount Tabor	160
7.	Parkland	130	8.	Southwest Guilford	129
9.	Northwood	102	10.	Piedmont	100
11.	Western Alamance	83	12.	Western Guilford	64
13.	Union Pines	50	14.	Cedar Ridge	34
15.	Southern Lee	26	16.	McMichael	15
16.	Rockingham County	15	18.	Carson, Jesse	14
19.	Southern Alamance	9	20.	Eastern Guilford	8
21.	Southeast Guilford	6	22.	Lee County	2

Event 1 Women 200 Yard Medley Relay**1:44.91 AA-A****1:46.69 AA-C All-America****2:08.99 REGA****3:30.99 REGC Regional**

	Team			Relay		Seed Time	Finals Time	Points
1	East Chapel Hill					1:54.13	1:51.37 REGA	40
	1) Perez, Sophie SR			2) Kayye, Olivia SR		3) Morgan, Sydney FR	4) Sept, Audrey SO	
	27.95	31.29	27.08	25.05				
2	Western Alamance					1:55.21	1:51.80 REGA	34
	1) Davenport, Corinne SO			2) Stafford, Kate FR		3) McDevitt, Elizabeth FR	4) Burge, Alison SR	
	28.64	31.62	26.29	25.25				
3	Northern Guilford					1:56.90	1:53.55 REGA	32
	1) Glebus, Rebecca SR			2) Koh, Hannah SO		3) Graham, Rachel SR	4) Daly, Caroline SR	
	28.94	31.37	28.52	24.72				
4	Chapel Hill					1:57.34	1:55.37 REGA	30
	1) Rose, Mia SO			2) Acierno, Katherine SR		3) Tocci, Marissa JR	4) Ames, Poppy SO	
	30.09	33.22	26.70	25.36				
5	Mount Tabor					1:59.05	1:56.97 REGA	28
	1) Wolf, Annie SO			2) DeBruhl, Staten SR		3) Whitworth, Frances SO	4) Griffin, Claire SR	
	29.41	31.62	28.12	27.82				
6	Concord					1:58.28	1:57.10 REGA	26
	1) Burchfield, Caroline FR			2) Knox, Shae SR		3) Epler, Katherine SR	4) Lotfy, Christina SO	
	29.35	34.11	27.62	26.02				
7	Piedmont					2:02.80	2:01.70 REGA	24
	1) Yandle, Ava FR			2) Rose, Gabrielle FR		3) Slape, Gabrielle FR	4) Stegall, Lydia SR	
	27.50	36.49	30.09	27.62				
8	Union Pines					2:07.56	2:03.26 REGA	22
	1) Schmitz, Madison SR			2) Nelms, Hayley SO		3) Saunders, Emma JR	4) Davenport, Parker SO	
	29.53	35.52	29.72	28.49				
9	Western Guilford					2:06.18	2:04.02 REGA	18
	1) Stevens, Abigail SO			2) Gilliland, Virginia SR		3) Thompson, Mary Katherine S	4) Stack, Alaina JR	
	32.62	30.25	31.65	29.50				
10	Southwest Guilford					2:04.30	2:04.57 REGA	14
	1) Patel, Alayna JR			2) Saxon, Madelene SR		3) Abbott, Tate SO	4) Jordan, Sydney JR	
	32.69	36.75	28.49	26.64				
11	Northwood					2:05.85	2:04.74 REGA	12
	1) Earnshaw, Suzanne FR			2) Foye, Katie FR		3) Montgomery, Amanda SR	4) Walsh, Katelyn SO	
	30.95	35.92	30.60	27.27				
12	Carson, Jesse					2:07.97	2:14.59 REGC	10
	1) Sever, Taylor JR			2) Stewart, Rylie SR		3) Shorter, Olivia JR	4) Hughley, Malia SO	
	33.71	40.19	29.74	30.95				
13	Eastern Alamance					2:13.68	2:16.27 REGC	8
	1) Cary, Jenna JR			2) Evans, Katie JR		3) Lange, Sophia SO	4) Widderich, Allison JR	
	38.67	40.36	28.45	28.79				
14	Southeast Guilford					2:10.33	2:16.56 REGC	6
	1) Reid, Kloe FR			2) Huggins, Allyn SR		3) Hogan, Kristin JR	4) Newman, Gabrielle SO	
	35.75	39.40	30.32	31.09				
15	Southern Alamance					2:16.34	2:18.52 REGC	4
	1) Johnston, McNeil JR			2) Joyce, Alaina SR		3) Cameron, Finley FR	4) Hollan, Alexis	
	36.31	31.59	1:10.62					
16	Morehead					2:18.44	2:21.13 REGC	2
	1) Barton, Sarah JR			2) Walker, Kailey JR		3) Dickerson, Angel FR	4) Blankenship, Megan JR	
			29.16					

17	Parkland				2:08.22	2:22.17	REGC
	1) Nofziger, Jessica	2) Flowers, MaryLynn SO	3) Evans, Stephanie SR	4) Hamilton, Maddy JR			
	39.14 39.33 32.64	31.06					
18	Rockingham County				2:13.68	2:23.34	REGC
	1) King, Hannah SR	2) Gagnon, Alexandra SR	3) Rizza, Hailey SR	4) Whitesell, Nadia SR			
	38.50 40.94 35.73	28.17					
19	Asheboro				2:36.08	2:30.22	REGC
	1) Herrin, Tatum	2) Ngyuen, Chau JR	3) Greene, Kaylee	4) Richau, Sadie SR			
	39.14 41.92 40.80	28.36					
20	McMichael				2:23.96	2:33.47	REGC
	1) Wilkinson, Autumn SR	2) Smith, Taylor	3) Miller, Alyse JR	4) Zenquis, Selena JR			
	35.42 45.94 41.01	31.10					
---	East Rowan				2:17.90	DQ	
	1) Culp, Brenna SO	2) Trexler, Susie JR	3) Lewis, Victoria SO	4) Sprinkle, Katelyn JR			
	34.51 40.95 1:09.70						
---	Cedar Ridge				2:23.48	DQ	
	1) McGhee, Augusta SR	2) Pagnanelli, Alexa SR	3) Woods, Victoria JR	4) Lanier, Sydney SO			
	31.09 40.65 36.67	32.47					
---	Walter M Williams				2:23.84	DQ	
	1) Higgins, Olivia FR	2) Ailgo, Grace	3) Higgins, Hannah JR	4) Guye, Kamryn			
	39.77 44.30 33.64	38.48					
---	Orange				2:07.70	DQ	
	1) Walker, Calla FR	2) Sirgany, Madison FR	3) Dease, Abby FR	4) Behringer, Ashley FR			
	34.60 40.25 31.50	30.04					

Event 2 Men 200 Yard Medley Relay

1:33.53 AA-A
1:35.18 AA-C All-America
1:54.99 REGA
3:29.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	Northern Guilford		1:38.86	1:36.92 REGA	40
	1) Forst, Preston SO	2) Lalumondier, Jeremy SR	3) Wachendorfer, Jonathan SR	4) Snider, Ben JR	
	23.54 27.22 24.36	21.80			
2	East Chapel Hill		1:40.66	1:38.35 REGA	34
	1) Chao, Christopher SR	2) Sept, Connor SR	3) Poteat, Max	4) Dingfelder, David JR	
	24.68 26.78 24.69	22.20			
3	Concord		1:43.24	1:40.47 REGA	32
	1) Lucky, Andrew SO	2) Ritchie, George SR	3) Epler, Robbie SR	4) Power, Matt SR	
	25.75 12.83 14.94	46.95			
4	Orange		1:44.23	1:44.43 REGA	30
	1) Shanahan, Matt FR	2) Geib, Matthew FR	3) Jimison, Noah SO	4) Scott, Ben SR	
	26.89 30.86 25.73	20.95			
5	Southwest Guilford		1:47.50	1:45.74 REGA	28
	1) Jones, Jeffrey SO	2) Moseley, Sawyer JR	3) Watson, William FR	4) Biles, Bradley JR	
	29.31 28.63 23.63	24.17			
6	Mount Tabor		1:46.04	1:46.07 REGA	26
	1) Wagner, Matt JR	2) Spottswood, Aidan FR	3) Prestwood, Brendan JR	4) Kirk, Colin SR	
	25.10 32.19 24.92	23.86			
7	Chapel Hill		1:41.05	1:46.38 REGA	24
	1) Campbell, Drew SR	2) Bretzmann, Peter FR	3) Chang, Austin FR	4) Hoover, Sam FR	
	28.89 29.55 26.06	21.88			
8	Parkland		1:50.39	1:47.49 REGA	22
	1) Brown, Bailey JR	2) Vye, Nicholas FR	3) Lamphier, Nicholas JR	4) Ballard, Alex SR	
	29.03 29.41 26.29	22.76			

9	Piedmont	1:51.18	1:47.61	REGA	18
	1) Eshenbaugh, Justin SR 27.77 30.53 25.14	2) McKee, Garrett JR 24.17	3) Helms, Brice SR	4) Gilmore, Jack SR	
10	Western Alamance	1:54.32	1:52.15	REGA	14
	1) Henderson, Noah JR 24.26 37.10 24.91	2) Gauthier, Lucien SR 25.88	3) Murray, Joe FR	4) Rainey, Austin SR	
11	Union Pines	1:56.06	1:53.10	REGA	12
	1) Majuri, Luke JR 29.86 33.52 25.31	2) Prevatte, Jarrette SO 24.41	3) Tranel, Keaton JR	4) Venjohn, Victor JR	
12	Cedar Ridge	1:55.84	1:54.62	REGA	10
	1) Badgett, Landon SR 31.96 31.04 26.28	2) Bunner, Devin SO 25.34	3) Dietz, Alexander SR	4) Garcia, John SO	
13	Western Guilford	1:54.65	1:55.20	REGC	8
	1) Huang, Ben SR 26.94 34.70 28.47	2) Lynch-Wade, Shemssa SR 25.09	3) Dahlinghaus, Will JR	4) Ballesteros, Daniel FR	
14	Rockingham County	1:55.85	1:58.42	REGC	6
	1) Wilson, Ethan SR 29.05 33.56 29.89	2) Holland, Jonathan SR 25.92	3) Pruitt, Collin SR	4) Everitt, John FR	
15	Southern Lee	2:02.29	2:00.99	REGC	4
	1) Thompson, Henry SO 32.90 32.57 25.75	2) Bowers, Jacob JR 29.77	3) Geffeney, Caleb SR	4) Oldham, Jared	
16	Carson, Jesse	1:58.87	2:02.48	REGC	2
	1) Foster, Simon JR 33.10 34.09 29.17	2) Epley, Matthew FR 26.12	3) Meres, Michael JR	4) Dixon, Cole SO	
17	Lee County	1:55.70	2:03.02	REGC	
	1) Jeffries, Andrew SO 28.98 36.31 27.55	2) Harris, Graham 30.18	3) Vogelsang, Carter SR	4) Snyder, Eli	
18	McMichael	2:01.47	2:03.88	REGC	
	1) Brim, Tanner JR 34.90 35.95 26.17	2) Isley, Nathan JR 26.86	3) Blackard, Brody JR	4) Beasley, Izik	
19	Eastern Alamance	1:58.23	2:06.38	REGC	
	1) Engwall, Doc FR 31.64 32.82 29.16	2) Kreider, Alex JR 32.76	3) Banko, Joseph JR	4) Loy, Quinton SR	
20	Morehead	2:05.56	2:07.83	REGC	
	1) Lusk, Reece JR 35.99 35.65 28.40	2) Barham, Mason SO 27.79	3) Harris, Colby SO	4) White, Larson	
21	Northwood	1:56.15	2:10.18	REGC	
	1) Hoeg, Lars JR 30.75 38.79 1:00.64	2) Aycock, Preston FR	3) Ray, Michael FR	4) Foye, Sean JR	
22	Asheboro	2:13.47	2:12.39	REGC	
	1) Surratt, Worth JR 34.74 41.83 27.76	2) Hydzik, Jonah FR 28.06	3) Green, Caleb SO	4) Kelly, Freddy	
23	Northeast Guilford	2:10.37	2:22.60	REGC	
	1) Gallagher, Garrett 37.61 35.92 33.45	2) Norton, David SR 35.62	3) Welborn, Bryson JR	4) Patterson, Christopher	
---	Eastern Guilford	2:05.07	DQ		
	1) Phillips, Shane JR 29.62	2) Kennedy, Seth SR 26.45	3) Lee, Ryan SR	4) Profit, Christian JR	

Event 3 Women 200 Yard Freestyle**1:48.82 AA-A****1:50.65 AA-C All-America****2:08.99 REGA****2:50.99 REGC Regional**

	Name			Yr	School	Seed Time	Finals Time	Points
1	Potter, Laurin			SO	Mount Tabor	2:01.63	1:56.21	REGA 20
	27.21	29.21	29.97	29.82				
2	Beane, Kyndall				Northern Guilford	1:58.99	1:57.63	REGA 17
	27.06	29.45	30.40	30.72				
3	Wilson, Peyton			FR	Rockingham County	2:03.66	1:59.19	REGA 16
	27.55	29.95	30.89	30.80				
4	McDevitt, Elizabeth			FR	Western Alamance	2:04.23	2:00.02	REGA 15
	27.24	30.01	31.42	31.35				
5	Epler, Katherine			SR	Concord	1:59.87	2:00.42	REGA 14
	27.44	30.09	31.33	31.56				
6	Posse, Madeline			JR	Northwood	2:03.63	2:02.20	REGA 13
	28.40	30.58	31.98	31.24				
7	Rose, Mia			SO	Chapel Hill	2:02.27	2:02.83	REGA 12
	28.94	30.97	31.41	31.51				
8	Carney, Mary			FR	Concord	2:11.25	2:03.64	REGA 11
	27.22	30.29	32.64	33.49				
9	Cook, Kourtney			FR	Southeast Guilford	2:05.42	2:04.57	REGA 9
	28.22	31.16	32.41	32.78				
10	Lee, Tricia			SO	East Chapel Hill	2:06.59	2:04.91	REGA 7
	28.20	31.16	32.57	32.98				
11	Glebus, Rebecca			SR	Northern Guilford	2:05.17	2:05.98	REGA 6
	28.67	31.15	32.85	33.31				
12	Whitworth, Frances			SO	Mount Tabor	2:10.65	2:08.21	REGA 5
	28.30	31.92	33.86	34.13				
13	Gaur, Ambika			SO	Chapel Hill	2:13.35	2:08.50	REGA 4
	28.86	31.91	33.92	33.81				
14	Slape, Gabrielle			FR	Piedmont	2:14.50	2:09.10	REGC 3
	30.02	32.05	33.57	33.46				
15	McCormick, Hadley			JR	Chapel Hill	2:16.96	2:10.00	REGC 2
	30.06	32.14	33.49	34.31				
16	Burge, Laurin			SO	Western Alamance	2:09.68	2:11.28	REGC 1
	29.19	32.31	34.66	35.12				
17	Walsh, Katelyn			SO	Northwood	2:21.34	2:14.63	REGC
	30.70	34.19	35.58	34.16				
18	Behringer, Lauren			JR	Orange	2:15.69	2:15.58	REGC
	32.10	34.68	34.92	33.88				
19	Birmingham, Claire			SR	Mount Tabor	2:12.67	2:18.30	REGC
	30.08	33.92	37.24	37.06				
20	Sorjonen, Taika			SO	Northern Guilford	2:19.22	2:19.94	REGC
	31.83	35.30	36.44	36.37				
21	Everheart, Madelyn			SO	Union Pines	2:18.54	2:21.36	REGC
	30.69	36.59	37.61	36.47				
22	Stevens, Abigail			SO	Western Guilford	2:17.00	2:22.87	REGC
	31.84	35.61	37.43	37.99				
23	Forrest, Jessie			FR	Chapel Hill	2:21.13	2:23.50	REGC
	30.57	35.84	38.29	38.80				

Event 4 Men 200 Yard Freestyle**1:38.63 AA-A****1:40.34 AA-C All-America****1:58.99 REGA****2:49.99 REGC Regional**

	Name			Yr	School	Seed Time	Finals Time	Points
1	Forst, Preston			SO	Northern Guilford	1:44.43	1:40.44	REGA 20
	23.67	25.48	25.73	25.56				
2	Bretzmann, Thomas			SR	Chapel Hill	1:44.37	1:44.65	REGA 17
	24.62	26.41	26.90	26.72				
3	Poteat, Max				East Chapel Hill	1:53.17	1:48.69	REGA 16
	25.43	27.47	27.79	28.00				
4	Dingfelder, David			JR	East Chapel Hill	1:50.78	1:49.24	REGA 15
	25.42	27.41	28.22	28.19				
5	Armentrout, Will			SO	Mount Tabor	1:56.13	1:51.43	REGA 14
	24.68	28.24	29.04	29.47				
6	Charles, Miles			FR	East Chapel Hill	1:54.21	1:52.12	REGA 13
	25.85	28.12	28.98	29.17				
7	Jimison, Noah			SO	Orange	1:51.81	1:52.86	REGA 12
	25.92	28.15	29.69	29.10				
8	Vye, Benjamin			FR	Parkland	1:58.38	1:55.31	REGA 11
	25.89	28.99	30.09	30.34				
9	Huang, Adam			SR	East Chapel Hill	1:58.03	1:57.17	REGA 9
	26.55	29.12	30.44	31.06				
10	Samuelson, Seth			SR	Chapel Hill	2:01.37	1:57.96	REGA 7
	26.79	29.76	30.75	30.66				
11	Earnshaw, Sam			JR	Northwood	2:01.72	2:00.27	REGC 6
	27.08	29.66	32.01	31.52				
12	Majuri, Luke			JR	Union Pines	2:06.62	2:00.62	REGC 5
	26.98	29.61	32.00	32.03				
13	Cotton, Michael			SO	Chapel Hill	2:05.98	2:02.87	REGC 4
	27.52	30.26	32.18	32.91				
14	Grubbs, John Avery			SO	Mount Tabor	1:59.73	2:03.09	REGC 3
	26.68	30.91	32.42	33.08				
15	Cothren, Justin			SR	Southeast Guilford	2:00.45	2:04.19	REGC 2
	27.06	30.34	33.18	33.61				
16	Wilson, Ethan			SR	Rockingham County	2:07.62	2:05.21	REGC 1
	27.56	31.42	33.35	32.88				
17	Nielsen, Jonas			JR	Piedmont	2:15.86	2:08.49	REGC
	29.28	31.97	33.63	33.61				
18	Ward, Eric			SR	Chapel Hill	2:13.81	2:11.27	REGC
	27.37	32.55	35.57	35.78				
19	Dulin, Collin			FR	Western Guilford	2:10.90	2:11.29	REGC
	29.57	33.86	35.11	32.75				
20	Schulze, Luke			JR	Concord	2:12.72	2:11.35	REGC
	28.53	32.50	35.16	35.16				
21	Epley, Matthew			FR	Carson, Jesse	2:02.97	2:12.75	REGC
	28.29	32.19	35.05	37.22				
22	Gray, Gage			JR	Mount Tabor	2:15.40	2:14.73	REGC
	29.22	33.66	36.54	35.31				
23	Singh, Yash			JR	Northern Guilford	2:13.37	2:15.31	REGC
	28.81	34.02	36.53	35.95				
24	George, Ethan			SO	Orange	2:17.04	2:18.60	REGC
	31.55	35.32	36.30	35.43				

Event 5 Women 200 Yard IM

2:01.89 AA-A
 2:04.08 AA-C All-America
 2:21.99 REGA
 3:30.99 REGC Regional

	Name		Yr	School	Seed Time	Finals Time	Points
1	Morgan, Sydney		FR	East Chapel Hill	2:11.88	2:10.31	REGA 20
	28.50 33.43 38.01			30.37			
2	Joyce, Alaina		SR	Southern Alamance	2:18.91	2:11.43	REGA 17
	29.33 34.88 36.26			30.96			
3	Gilliland, Virginia		SR	Western Guilford	2:17.97	2:14.53	REGA 16
	29.07 34.54 38.93			31.99			
4	Wolf, Annie		SO	Mount Tabor	2:17.94	2:16.33	REGA 15
	29.93 33.23 39.69			33.48			
5	Schoppa, Abby			Northern Guilford	2:15.56	2:16.42	REGA 14
	30.02 32.98 40.43			32.99			
6	Earnshaw, Suzanne		FR	Northwood	2:21.24	2:18.48	REGA 13
	31.01 34.89 39.95			32.63			
7	Hannan, Zoe		FR	East Chapel Hill	2:26.17	2:22.40	REGC 12
	30.64 35.94 41.68			34.14			
8	Koh, Hannah		SO	Northern Guilford	2:25.21	2:22.77	REGC 11
	31.93 36.59 40.49			33.76			
9	Graham, Rachel		SR	Northern Guilford	2:23.11	2:23.01	REGC 9
	30.65 35.55 42.97			33.84			
10	Burge, Alison		SR	Western Alamance	2:29.47	2:24.72	REGC 7
	29.23 38.21 42.67			34.61			
11	Nunez, Katrina		JR	Chapel Hill	2:32.71	2:29.33	REGC 6
	32.04 39.01 43.32			34.96			
12	Foye, Katie		FR	Northwood	2:38.82	2:32.72	REGC 5
	35.16 38.72 1:18.84						
13	Guthrie, Mia		SO	Concord	2:34.60	2:34.29	REGC 4
	31.53 38.85 48.69			35.22			
14	Berreth, Kate		FR	Chapel Hill	2:41.12	2:34.55	REGC 3
	35.38 38.43 45.47			35.27			
15	Neakta, Madelyn		JR	East Chapel Hill	2:38.86	2:38.67	REGC 2
	33.19 37.32 49.91			38.25			
16	Montgomery, Amanda		SR	Northwood	2:41.01	2:41.28	REGC 1
	33.73 38.18 48.55			40.82			
17	Yoos, Lauren		SO	Concord	2:42.74	2:41.33	REGC
	34.23 39.26 49.63			38.21			
18	Labiak, Peyton		JR	Southwest Guilford	2:45.67	2:41.51	REGC
	33.23 39.63 51.02			37.63			
19	Saxon, Madelene		SR	Southwest Guilford	2:36.54	2:41.54	REGC
	34.04 42.17 1:25.33						
20	Brice, Shelby		SO	Mount Tabor	2:42.82	2:43.32	REGC
	34.06 41.43 49.94			37.89			
21	Rochester, Kayla Grace		FR	Northern Guilford	2:46.68	2:45.26	REGC
	34.57 41.07 50.72			38.90			
22	Culp, Brenna		SO	East Rowan	2:47.84	2:48.54	REGC
	37.54 41.94 52.03			37.03			
23	Bolles-Rioux, Evangeline		SR	Chapel Hill	2:50.28	2:54.72	REGC
	37.14 43.06 52.42			42.10			
---	Carter, Kate		SO	Carson, Jesse	2:45.08	x3:40.76	
	51.16 56.12 1:05.60			47.88			

Event 6 Men 200 Yard IM

1:49.83 AA-A
 1:51.96 AA-C All-America
 2:10.99 REGA
 3:05.99 REGC Regional

	Name		Yr	School	Seed Time	Finals Time	Points
1	Ren, Jordan		SR	Chapel Hill	1:55.95	1:56.51	REGA 20
	25.22 29.78 34.71		26.80				
2	Sept, Connor		SR	East Chapel Hill	2:01.01	1:57.84	REGA 17
	26.04 29.75 34.50		27.55				
3	Wagner, Matt		JR	Mount Tabor	2:00.04	1:58.20	REGA 16
	25.96 28.84 35.75		27.65				
4	Dai, Raymond		SO	East Chapel Hill	2:03.45	1:59.90	REGA 15
	26.25 30.92 33.71		29.02				
5	Brauer, Beau		SR	Chapel Hill	2:11.24	2:00.52	REGA 14
	25.95 31.19 35.12		28.26				
6	Watson, William		FR	Southwest Guilford	2:02.03	2:01.33	REGA 13
	24.71 32.11 36.72		27.79				
7	Bretzmann, Peter		FR	Chapel Hill	2:04.70	2:02.85	REGA 12
	27.24 31.86 34.25		29.50				
8	Shanahan, Matt		FR	Orange	2:04.68	2:03.62	REGA 11
	26.73 30.28 37.49		29.12				
9	Lalumondier, Jeremy		SR	Northern Guilford	2:09.96	2:06.81	REGA 9
	27.89 32.89 35.32		30.71				
10	Lucky, Andrew		SO	Concord	2:07.28	2:07.33	REGA 7
	27.59 30.86 38.20		30.68				
11	Vincent, Ben		FR	Concord	2:16.90	2:12.85	REGC 6
	28.22 34.32 38.76		31.55				
12	Brown, Bailey		JR	Parkland	2:20.27	2:14.89	REGC 5
	27.11 33.70 41.72		32.36				
13	Lamphier, Nicholas		JR	Parkland	2:17.67	2:15.77	REGC 4
	27.80 32.99 41.72		33.26				
14	Murray, Joe		FR	Western Alamance	2:16.57	2:17.73	REGC 3
	28.84 32.91 44.46		31.52				
15	Dietz, Alexander		SR	Cedar Ridge	2:17.91	2:21.10	REGC 2
	27.58 35.04 44.90		33.58				
16	Huan, Benjamin		SO	Chapel Hill	2:22.38	2:21.45	REGC 1
	29.02 35.98 44.20		32.25				
17	Leder, Matthew		JR	Concord	2:26.47	2:26.41	REGC
	31.11 38.71 43.68		32.91				
18	Mullis, Nicholas		JR	Piedmont	2:36.40	2:29.81	REGC
	31.55 39.22 44.25		34.79				
19	Rasinske, Sam		JR	Orange	2:30.32	2:32.16	REGC
	32.47 41.27 41.77		36.65				
20	Biles, Bradley		JR	Southwest Guilford	2:31.10	2:33.24	REGC
	29.05 40.82 49.09		34.28				
21	Keat, Aaron		FR	Northern Guilford	2:34.18	2:38.29	REGC
	33.66 41.24 49.53		33.86				
22	Park, Samuel		FR	Union Pines	2:34.12	2:42.13	REGC
	31.62 41.87 50.16		38.48				
---	Roman, Cross		SO	Orange	2:24.57	DQ	
	31.02 36.84 41.36		31.95				
---	Epley, Matthew		FR	Carson, Jesse	2:20.20	DFS	

Event 7 Women 50 Yard Freestyle

23.24 AA-A
23.63 AA-C All-America
26.49 REGA
31.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Davenport, Corinne	SO	Western Alamance	25.52	24.71	REGA 20
2	Pennington, Isabel	SO	Parkland	24.82	24.82	REGA 17
3	Daly, Caroline	SR	Northern Guilford	26.11	25.21	REGA 16
4	Abbott, Tate	SO	Southwest Guilford	26.00	25.29	REGA 15
5	McGhee, Augusta	SR	Cedar Ridge	26.17	25.34	REGA 14
6	Stafford, Kate	FR	Western Alamance	26.11	25.38	REGA 13
7	Ames, Poppy	SO	Chapel Hill	26.09	25.44	REGA 12
8	Sept, Audrey	SO	East Chapel Hill	26.13	25.60	REGA 11
9	Bene, Sophie	FR	Northern Guilford	26.69	25.78	REGA 9
10	Sun, Meghan	SO	East Chapel Hill	26.66	25.81	REGA 7
11	Burchfield, Caroline	FR	Concord	26.07	25.82	REGA 6
12	Trusky, Emily	SR	Chapel Hill	26.50	26.01	REGA 5
13	Rountree, Madelaine	JR	Northern Guilford	27.20	26.18	REGA 4
14	Bene, Olivia	SR	Northern Guilford	26.89	26.24	REGA 3
15	Lotfy, Christina	SO	Concord	26.23	26.29	REGA 2
16	Jordan, Sydney	JR	Southwest Guilford	26.12	26.31	REGA 1
17	Acierno, Katherine	SR	Chapel Hill	26.64	27.02	REGC
18	Nelson, Jennifer	SR	East Chapel Hill	28.03	27.37	REGC
19	Sever, Taylor	JR	Carson, Jesse	27.33	27.38	REGC
20	Saunders, Emma	JR	Union Pines	27.82	27.70	REGC
21	Griffin, Claire	SR	Mount Tabor	27.87	28.00	REGC
22	Stegall, Lydia	SR	Piedmont	27.46	28.06	REGC
23	Patton, Sofia	SO	Southeast Guilford	28.03	28.11	REGC
24	Elliot, Jenna	SR	Southern Lee	28.34	28.39	REGC

Event 8 Men 50 Yard Freestyle

20.65 AA-A

20.97 AA-C All-America

23.49 REGA

26.49 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Scott, Ben	SR	Orange	21.59	21.44	REGA 20
2	Epler, Robbie	SR	Concord	22.61	21.97	REGA 17
3	Hoover, Sam	FR	Chapel Hill	22.53	22.09	REGA 16
4	Sweeney, Whitcomb	JR	Northwood	22.64	22.48	REGA 15
5	Helms, Brice	SR	Piedmont	22.93	22.70	REGA 14
6	McKee, Garrett	JR	Piedmont	23.10	22.75	REGA 13
7	Snider, Ben	JR	Northern Guilford	22.89	22.82	REGA 12
8	Geffeney, Caleb	SR	Southern Lee	22.69	22.91	REGA 11
*9	Montague, Collin	SR	Orange	23.37	22.97	REGA 8
*9	Blackard, Brody	JR	McMichael	23.09	22.97	REGA 8
11	Nally, Benjamin	SO	East Chapel Hill	23.91	23.32	REGA 6
12	Newell, Zizzy	JR	Northwood	23.22	23.43	REGA 5
13	Ickes, Kyle	FR	Southern Alamance	23.94	23.74	REGC 4
14	Wachendorfer, Jonathan	SR	Northern Guilford	22.83	23.77	REGC 3
15	Prestwood, Brendan	JR	Mount Tabor	23.85	23.85	REGC 2
16	Tranel, Keaton	JR	Union Pines	24.36	23.87	REGC 1
17	Ferris, Spencer	JR	Chapel Hill	24.22	24.19	REGC
18	Hoeg, Lars	JR	Northwood	23.67	24.21	REGC
19	Knight, Alexander	JR	Chapel Hill	24.48	24.35	REGC
20	Kirk, Colin	SR	Mount Tabor	24.27	24.41	REGC
21	Edwards, James	SO	Walter M Williams	24.38	24.50	REGC
22	Power, Matt	SR	Concord	24.33	24.55	REGC
23	Meres, Michael	JR	Carson, Jesse	23.98	24.70	REGC
24	Erickson, Josiah	SR	East Chapel Hill	24.27	25.41	REGC

Event 9 Women 1 mtr Diving

	Name	Yr	School		Finals Score	Points
1	Wang, Alyssa	SR	East Chapel Hill	401.45	428.25	20
2	Cook, Katelyn	JR	Southeast Guilford	377.30	395.45	17
3	Tate, Clara	SO	Chapel Hill	419.50	379.00	16
4	Mehen, Zoey	SO	East Chapel Hill	374.95	351.35	15
5	Huan, Cloris	SO	Chapel Hill	257.10	274.80	14
6	Abbott, Tate	SO	Southwest Guilford	206.25	211.50	13
7	Sheslow, Kate	FR	East Chapel Hill	193.50	194.45	12

Event 10 Men 1 mtr Diving

	Name	Yr	School		Finals Score	Points
1	Newis, Nicholas	FR	Western Guilford	460.00	458.45	20
2	Williams, Gareth	JR	Northern Guilford	347.35	350.45	17
3	Gentry, Bradley	FR	Northern Guilford	293.75	296.50	16
4	Smigla, Tommy	JR	East Chapel Hill	240.55	243.00	15
5	Jones, Jeffrey	SO	Southwest Guilford	235.40	230.30	14
6	Purves, Trey	FR	Chapel Hill	204.20	206.85	13
7	Schulman, Eli	SR	East Chapel Hill	187.90	205.10	12
8	Knight, Alexander	JR	Chapel Hill	230.30	202.75	11
9	Luck, Langston	SO	East Chapel Hill	171.05	188.45	9

Event 11 Women 100 Yard Butterfly

54.56 AA-A
 55.75 AA-C All-America
 1:02.99 REGA
 1:50.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Yandle, Ava 26.85 30.40	FR	Piedmont	58.57	57.25	REGA 20
2	McDevitt, Elizabeth 26.96 30.66	FR	Western Alamance	59.63	57.62	REGA 17
3	Perez, Sophie 27.36 30.36	SR	East Chapel Hill	59.69	57.72	REGA 16
4	Lange, Sophia 28.24 31.96	SO	Eastern Alamance	1:01.12	1:00.20	REGA 15
5	Tocci, Marissa 27.79 32.58	JR	Chapel Hill	1:02.14	1:00.37	REGA 14
6	Knox, Shae 28.33 33.07	SR	Concord	1:02.14	1:01.40	REGA 13
7	Sun, Meghan 28.63 32.95	SO	East Chapel Hill	1:04.49	1:01.58	REGA 12
8	Behringer, Ashley 30.05 33.09	FR	Orange	1:05.45	1:03.14	REGC 11
9	Whitworth, Frances 29.12 34.47	SO	Mount Tabor	1:03.90	1:03.59	REGC 9
10	Shorter, Olivia 30.29 34.50	JR	Carson, Jesse	1:04.26	1:04.79	REGC 7
11	McCormick, Hadley 30.69 34.64	JR	Chapel Hill	1:08.68	1:05.33	REGC 6
12	Liu, Emily 30.39 35.04	JR	East Chapel Hill	1:07.58	1:05.43	REGC 5
13	Burge, Alison 29.80 35.65	SR	Western Alamance	1:07.58	1:05.45	REGC 4
14	Dease, Abby 30.85 35.84	FR	Orange	1:08.44	1:06.69	REGC 3
15	Graham, Rachel 30.91 36.47	SR	Northern Guilford	1:05.97	1:07.38	REGC 2
16	Grajzar, Maddie 31.78 35.68	SO	Western Alamance	1:08.80	1:07.46	REGC 1
17	Nunez, Katrina 31.78 36.06	JR	Chapel Hill	1:11.26	1:07.84	REGC
18	Slater, Emma 31.13 37.20	SR	Parkland	1:11.47	1:08.33	REGC
19	Guthrie, Mia 30.63 38.09	SO	Concord	1:08.89	1:08.72	REGC
20	Slape, Gabrielle 31.94 36.95	FR	Piedmont	1:11.22	1:08.89	REGC
21	Saunders, Emma 31.42 37.81	JR	Union Pines	1:10.62	1:09.23	REGC
22	Walker, Brooke 32.74 37.80	FR	Orange	1:09.51	1:10.54	REGC
23	Cluepfel, Valerie 33.33 39.09		Northern Guilford	1:11.71	1:12.42	REGC
24	Wachendorfer, Ella 34.70 42.77	JR	Northern Guilford	1:11.43	1:17.47	REGC

Event 12 Men 100 Yard Butterfly

49.06 AA-A
 50.07 AA-C All-America
 57.99 REGA
 1:35.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Henderson, Noah 22.99 26.93	JR	Western Alamance	50.53	49.92	AA-C 20
2	Watson, William 24.02 26.89	FR	Southwest Guilford	52.25	50.91	REGA 17
3	Chao, Christopher 24.76 28.01	SR	East Chapel Hill	52.98	52.77	REGA 16
4	Ballard, Alex 24.93 28.74	SR	Parkland	51.44	53.67	REGA 15
5	Poteat, Max 25.46 28.54		East Chapel Hill	55.53	54.00	REGA 14
6	Snider, Ben 26.31 28.94	JR	Northern Guilford	55.83	55.25	REGA 13
7	Charles, Miles 26.44 30.23	FR	East Chapel Hill	58.90	56.67	REGA 12
8	Prestwood, Brendan 26.28 30.95	JR	Mount Tabor	58.87	57.23	REGA 11
9	Majuri, Luke 27.50 29.82	JR	Union Pines	59.54	57.32	REGA 9
10	Geib, Matthew 26.87 30.88	FR	Orange	58.75	57.75	REGA 7
11	Qaqish, Danny 27.20 30.67	FR	East Chapel Hill	57.99	57.87	REGA 6
12	Blackard, Brody 27.29 31.01	JR	McMichael	57.31	58.30	REGC 5
13	Samuelson, Seth 27.19 31.36	SR	Chapel Hill	1:00.90	58.55	REGC 4
14	Wachendorfer, Jonathan 27.01 32.81	SR	Northern Guilford	53.77	59.82	REGC 3
15	Lamphier, Nicholas 27.75 32.28	JR	Parkland	59.42	1:00.03	REGC 2
16	Volpe, Michael 27.95 32.38	FR	Chapel Hill	1:01.69	1:00.33	REGC 1
17	Tranel, Keaton 26.08 34.82	JR	Union Pines	1:03.06	1:00.90	REGC
18	Dietz, Alexander 27.96 33.02	SR	Cedar Ridge	59.24	1:00.98	REGC
19	Kirk, Colin 28.70 34.62	SR	Mount Tabor	1:04.08	1:03.32	REGC
20	Gilmore, Jack 28.89 35.87	SR	Piedmont	1:04.37	1:04.76	REGC
21	Cotton, Michael 29.27 35.55	SO	Chapel Hill	1:05.03	1:04.82	REGC
22	Turner, Sam 30.66 34.55	SO	Piedmont	1:07.03	1:05.21	REGC
23	Dahlinghaus, Will 30.32 34.94	JR	Western Guilford	1:05.00	1:05.26	REGC

Event 13 Women 100 Yard Freestyle

50.41 AA-A
 51.17 AA-C All-America
 57.99 REGA
 1:10.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Posse, Madeline 25.88 28.63	JR	Northwood	55.44	54.51	REGA 20
2	Sept, Audrey 26.71 27.87	SO	East Chapel Hill	56.35	54.58	REGA 17
3	Daly, Caroline 26.63 28.41	SR	Northern Guilford	56.70	55.04	REGA 16
4	Stafford, Kate 26.85 28.68	FR	Western Alamance	57.98	55.53	REGA 15
5	DeBruhl, Staten 26.26 29.45	SR	Mount Tabor	57.67	55.71	REGA 14
6	Epler, Katherine 26.93 28.80	SR	Concord	56.58	55.73	REGA 13
7	Ames, Poppy 26.96 29.55	SO	Chapel Hill	57.07	56.51	REGA 12
8	Gaur, Ambika 27.61 28.95	SO	Chapel Hill	58.31	56.56	REGA 11
9	McGhee, Augusta 27.13 29.50	SR	Cedar Ridge	58.28	56.63	REGA 9
10	Halbach, Allyson 27.48 30.68	SO	Concord	58.86	58.16	REGC 7
11	Lotfy, Christina 27.89 30.81	SO	Concord	56.57	58.70	REGC 6
12	Bene, Sophie 28.37 30.83	FR	Northern Guilford	1:01.49	59.20	REGC 5
13	Thompson, Mary Katherine 28.36 31.26	SO	Western Guilford	1:01.39	59.62	REGC 4
14	Nelson, Jennifer 28.53 31.34	SR	East Chapel Hill	1:01.36	59.87	REGC 3
15	Sperry, Maggie 29.07 31.30	JR	East Chapel Hill	1:00.39	1:00.37	REGC 2
16	Jordan, Sydney 28.03 32.76	JR	Southwest Guilford	59.72	1:00.79	REGC 1
17	Schmitz, Madison 28.93 32.79	SR	Union Pines	1:00.41	1:01.72	REGC
18	Sever, Taylor 29.25 33.23	JR	Carson, Jesse	1:00.78	1:02.48	REGC
19	Whitesell, Nadia	SR	Rockingham County	1:03.57	1:02.51	REGC
20	Gauthier, Emma 29.72 33.32	SO	Parkland	1:03.99	1:03.04	REGC
21	Patton, Sofia 29.91 33.15	SO	Southeast Guilford	1:04.40	1:03.06	REGC
22	Forrest, Jessie 29.81 33.50	FR	Chapel Hill	1:01.54	1:03.31	REGC
23	Blankenship, Megan 29.90 34.42	JR	Morehead	1:03.30	1:04.32	REGC
---	Miller, Summer	JR	Mount Tabor	58.43	DFS	

Event 14 Men 100 Yard Freestyle

45.06 AA-A

45.80 AA-C All-America

52.99 REGA

1:08.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Scott, Ben 22.46 24.03	SR	Orange	48.03	46.49	REGA 20
2	Epler, Robbie 22.86 24.52	SR	Concord	48.06	47.38	REGA 17
3	Ritchie, George 22.71 25.10	SR	Concord	49.16	47.81	REGA 16
4	Dingfelder, David 23.96 25.74	JR	East Chapel Hill	50.32	49.70	REGA 15
5	Helms, Brice 23.89 26.00	SR	Piedmont	51.40	49.89	REGA 14
6	Sweeney, Whitcomb 23.82 26.42	JR	Northwood	50.51	50.24	REGA 13
7	Hill, Bryan 23.78 26.72	SR	Northern Guilford	52.31	50.50	REGA 12
8	Geffeney, Caleb 24.68 25.87	SR	Southern Lee	51.02	50.55	REGA 11
9	Mu, Andrew 24.65 26.74	SO	East Chapel Hill	52.38	51.39	REGA 9
10	Earnshaw, Sam 25.11 27.53	JR	Northwood	53.66	52.64	REGA 7
11	Vye, Benjamin 25.45 27.57	FR	Parkland	54.46	53.02	REGC 6
12	Huang, Ben 24.93 28.35	SR	Western Guilford	52.15	53.28	REGC 5
13	Seelbach, Zachary 25.17 28.62	JR	East Chapel Hill	53.96	53.79	REGC 4
14	Power, Matt 25.39 28.68	SR	Concord	53.51	54.07	REGC 3
15	Ferris, Spencer 25.30 28.92	JR	Chapel Hill	54.19	54.22	REGC 2
16	Layton, Jonathan 26.01 28.30	SR	Northern Guilford	54.09	54.31	REGC 1
17	Vogelsang, Carter 25.22 29.46	SR	Lee County	54.34	54.68	REGC
18	Newell, Zizzy 25.64 29.31	JR	Northwood	53.91	54.95	REGC
19	Holland, Jonathan 26.14 28.92	SR	Rockingham County	56.68	55.06	REGC
20	Moon, Jackson 26.03 29.16	FR	Concord	56.69	55.19	REGC
21	Erickson, Josiah 26.65 29.41	SR	East Chapel Hill	55.05	56.06	REGC
22	Ariosto, Spencer 26.03 30.84	SO	Chapel Hill	56.10	56.87	REGC
23	Edwards, James 26.55 30.45	SO	Walter M Williams	56.11	57.00	REGC
24	Pressley, Wyatt 27.43 29.75	JR	Southwest Guilford	56.70	57.18	REGC

Event 15 Women 500 Yard Freestyle

4:52.12 AA-A
 4:57.09 AA-C All-America
 5:50.99 REGA
 8:00.99 REGC Regional

	Name			Yr	School			Seed Time	Finals Time		Points
1	Morgan, Sydney			FR	East Chapel Hill			5:13.04	5:10.93	REGA	20
		27.91	30.62	31.21	31.84	32.15	31.80	31.99	32.20		
		31.32	29.89								
2	Wilson, Peyton			FR	Rockingham County			5:24.03	5:11.87	REGA	17
		28.51	30.75	31.32	31.63	31.82	31.63	31.99	31.84		
		31.68	30.70								
3	Beane, Kyndall				Northern Guilford			5:24.40	5:13.87	REGA	16
		29.37	31.73	31.65	31.92	31.62	31.96	32.21	32.05		
		31.42	29.94								
4	Kayye, Olivia			SR	East Chapel Hill			5:19.10	5:14.18	REGA	15
		28.81	31.15	31.68	31.88	31.57	31.76	32.17	32.14		
		32.05	30.97								
5	Potter, Laurin			SO	Mount Tabor			5:30.25	5:18.11	REGA	14
		28.59	30.99	31.19	31.89	31.94	32.42	32.66	33.04		
		33.06	32.33								
6	Rose, Mia			SO	Chapel Hill			5:19.26	5:24.12	REGA	13
		29.69	31.82	32.11	32.52	32.72	32.77	32.93	33.57		
		33.26	32.73								
7	Lange, Sophia			SO	Eastern Alamance			5:33.21	5:29.62	REGA	12
		29.51	32.19	33.11	33.36	33.71	33.36	33.70	34.19		
		33.85	32.64								
8	Cook, Kourtney			FR	Southeast Guilford			5:37.26	5:33.17	REGA	11
		29.50	32.17	33.14	33.99	34.13	34.46	34.64	34.34		
		33.95	32.85								
9	Knox, Shae			SR	Concord			5:36.13	5:38.03	REGA	9
		29.22	31.47	32.99	33.96	34.70	35.29	35.77	35.14		
		35.32	34.17								
10	Dease, Abby			FR	Orange			5:52.38	5:42.62	REGA	7
		30.01	32.71	33.88	34.33	34.82	34.99	35.40	35.61		
		35.81	35.06								
11	Carney, Mary			FR	Concord			5:55.38	5:46.48	REGA	6
		30.05	33.76	34.90	34.88	35.90	35.90	35.86	35.71		
		34.59	34.93								
12	Gauthier, Emma			SO	Parkland			6:01.58	5:48.03	REGA	5
		31.22	34.56	35.47	36.13	36.37	35.32	35.40	35.09		
		34.58	33.89								
13	Behringer, Lauren			JR	Orange			6:00.85	5:51.40	REGC	4
		32.12	34.56	34.88	35.16	34.82	36.01	35.45	36.41		
		36.60	35.39								
14	Sirgany, Madison			FR	Orange			6:00.55	5:56.12	REGC	3
		32.21	35.05	35.86	36.03	35.90	36.35	36.43	36.81		
		36.13	35.35								
15	Purgar, Emily			FR	Western Alamance			6:02.93	6:01.12	REGC	2
		33.41	35.62	36.47	36.62	36.30	37.11	36.13	37.05		
		36.53	35.88								
16	Shorter, Olivia			JR	Carson, Jesse			5:56.96	6:01.58	REGC	1
		31.16	35.48	36.87	37.60	37.55	37.48	37.14	37.65		
		36.89	33.76								

9	Vye, Nicholas			FR	Parkland			5:19.19	5:12.21	REGA	9
	26.09	28.72	30.38	31.80	32.07	32.70	33.10	33.00			
	33.08	31.27									
10	Wohl, David			SO	East Chapel Hill			5:33.36	5:26.89	REGA	7
	27.51	31.13	33.06	33.20	33.90	34.14	33.80	33.78			
	33.76	32.61									
11	Huang, Adam			SR	East Chapel Hill			5:32.62	5:32.90	REGC	6
	29.40	32.12	32.93	33.45	34.42	34.04	34.56	33.84			
	34.53	33.61									
12	Akan, Obadele			JR	Northern Guilford			5:35.41	5:35.35	REGC	5
	27.22	31.57	33.12	34.57	35.11	34.56	35.14	35.21			
	35.08	33.77									
13	Spottswood, Aidan			FR	Mount Tabor			5:48.41	5:56.02	REGC	4
	30.68	34.59	35.83	36.12	36.11	36.42	36.66	37.40			
	37.77	34.44									
14	Shank, Hudson			FR	Piedmont			6:02.06	5:57.44	REGC	3
	30.77	34.66	35.95	36.55	36.64	36.80	37.20	37.28			
	1:11.59										
15	Campbell, Ben			FR	Chapel Hill			6:06.77	6:02.40	REGC	2
	30.45	35.26	35.97	37.29	37.59	38.05	37.76	38.19			
	37.50	34.34									
16	Graham, Dalton			FR	Union Pines			6:24.64	6:05.14	REGC	1
	28.77	33.05	35.66	37.15			38.89	39.48			
	39.91	36.27									
17	Dulin, Collin			FR	Western Guilford			6:07.77	6:05.61	REGC	
	32.75	36.86	37.45	37.45	37.75	38.11	37.33	37.30			
	36.41	34.20									
18	Pais, Mervyn			JR	Western Alamance			6:05.96	6:06.39	REGC	
	30.42	34.61	36.30	37.09	37.58	37.34	38.52	38.90			
	38.69	36.94									
19	Keat, Aaron			FR	Northern Guilford			6:07.87	6:07.39	REGC	
	32.23	36.29	37.76	38.05	37.78	38.42	38.41	36.05			
	37.42	34.98									
20	George, Ethan			SO	Orange			6:14.16	6:07.86	REGC	
	33.17	36.88	38.18	37.50	37.20	36.93	37.56	38.25			
	37.11	35.08									
21	Biles, Bradley			JR	Southwest Guilford			6:05.61	6:08.49	REGC	
	29.27	34.11	37.12	37.86	37.36	37.86	39.08	39.45			
	38.52	37.86									
22	Haberman, Sam			SR	Concord			6:08.77	6:12.74	REGC	
	32.20	36.64	38.24	39.44	39.71	39.32	39.17	38.39			
	37.45	32.18									
23	Ray, Michael			FR	Northwood			6:33.15	6:34.71	REGC	
	34.59	40.37	41.07	40.07	40.55	40.94	41.42	40.32			
	39.74	35.64									
---	Edwards, Michael			SO	Southwest Guilford			6:10.30	DFS		

Event 17 Women 200 Yard Freestyle Relay**1:35.67 AA-A****1:37.32 AA-C All-America****1:56.99 REGA****3:20.99 REGC Regional**

	Team			Relay			Seed Time	Finals Time	Points
1	Northern Guilford						1:44.84	1:42.09 REGA	40
	1) Schoppa, Abby			2) Bene, Sophie FR		3) Graham, Rachel SR		4) Beane, Kyndall	
	26.33	25.34	25.69	24.73					
2	Western Alamance						1:45.27	1:42.25 REGA	34
	1) Burge, Alison SR			2) Davenport, Corinne SO		3) Burge, Laurin SO		4) Stafford, Kate FR	
	26.70	25.35	25.64	24.56					
3	East Chapel Hill						1:47.01	1:44.08 REGA	32
	1) Sun, Meghan SO			2) Sperry, Maggie JR		3) Lee, Tricia SO		4) Sept, Audrey SO	
	26.03	27.23	25.59	25.23					
4	Mount Tabor						1:48.24	1:44.57 REGA	30
	1) Wolf, Annie SO			2) Miller, Summer JR		3) Birmingham, Claire SR		4) Potter, Laurin SO	
	26.69	26.47	27.13	24.28					
5	Concord						1:47.69	1:45.60 REGA	28
	1) Guthrie, Mia SO			2) Carney, Mary FR		3) Halbach, Allyson SO		4) Burchfield, Caroline FR	
	27.37	27.04	26.02	25.17					
6	Chapel Hill						1:46.95	1:46.42 REGA	26
	1) Acierno, Katherine SR			2) Forrest, Jessie FR		3) Gaur, Ambika SO		4) Trusky, Emily SR	
	27.97	26.45	26.32	25.68					
7	Southwest Guilford						1:53.19	1:46.70 REGA	24
	1) Jordan, Sydney JR			2) McFeeley, Kelly SR		3) Labiak, Peyton JR		4) Abbott, Tate SO	
	26.24	27.86	27.81	24.79					
8	Parkland						1:54.37	1:49.55 REGA	22
	1) Evans, Stephanie SR			2) Slater, Emma SR		3) Gauthier, Emma SO		4) Pennington, Isabel SO	
	28.09	28.07	28.61	24.78					
9	Western Guilford						1:52.56	1:50.20 REGA	18
	1) Stack, Alaina JR			2) Thompson, Mary Katherine S	(3) Stevens, Abigail SO			4) Gilliland, Virginia SR	
	29.39	26.77	28.34	25.70					
10	Union Pines						1:53.40	1:50.60 REGA	14
	1) Davenport, Parker SO			2) Nelms, Hayley SO		3) Saunders, Emma JR		4) Dumas, Taylor SR	
	27.88	27.69	28.42	26.61					
11	Rockingham County						1:56.09	1:51.24 REGA	12
	1) Pace, Ivy FR			2) Brown, Gabrielle JR		3) Wilmouth, Reanna SO		4) Whitesell, Nadia SR	
			27.99	26.04					
12	Orange						1:56.75	1:52.58 REGA	10
	1) Sirgany, Madison FR			2) Walker, Brooke FR		3) Shopmyer, Riley JR		4) Behringer, Ashley FR	
	27.33	28.75	29.89	26.61					
13	Northwood						1:54.76	1:53.18 REGA	8
	1) Gisser, Sarena SO			2) Beck, Sarah JR		3) Montgomery, Amanda SR		4) Posse, Madeline JR	
	28.80	28.87	29.53	25.98					
14	Southeast Guilford						1:57.29	1:54.58 REGA	6
	1) Patton, Sofia SO			2) Hogan, Kristin JR		3) Reid, Kloe FR		4) Cook, Kourtney FR	
	28.43	29.18	30.13	26.84					
15	Piedmont						1:55.89	1:55.25 REGA	4
	1) Locklear, Hannah SR			2) Long, Callie		3) Pollock, Lauren JR		4) Gilmore, Phoebe SO	
	29.33	30.21	28.72	26.99					
16	Carson, Jesse						1:56.89	1:56.71 REGA	2
	1) Sever, Taylor JR			2) Weatherby, Olivia JR		3) Hughley, Malia SO		4) Shorter, Olivia JR	
	28.14	29.78	30.35	28.44					

17	Morehead				2:04.00	2:05.88	REGC
	1) Barton, Sarah JR		2) Dickerson, Angel FR	3) Crawford, Kyndall JR		4) Blankenship, Megan JR	
	32.28	32.55	31.73	29.32			
18	McMichael				2:03.27	2:05.96	REGC
	1) Wilkinson, Autumn SR		2) Miller, Alyse JR	3) Burris, Jordan SR		4) Zenquis, Selena JR	
	30.05	33.90	31.41	30.60			
19	Cedar Ridge				2:20.48	2:06.22	REGC
	1) McGhee, Augusta SR		2) Lanier, Sydney SO	3) Harris, Camryn		4) Myler, Jillian	
	26.06	32.16	34.99	33.01			
20	Walter M Williams				2:12.09	2:11.38	REGC
	1) Higgins, Olivia FR		2) Sturges, Ashley	3) Guye, Kamryn		4) Higgins, Hannah JR	
	32.70	38.25	30.58	29.85			
21	Asheboro				2:13.92	2:13.36	REGC
	1) Greene, Kaylee		2) Herrin, Tatum	3) Richau, Sadie SR		4) Curtis, Destiny	
	33.86	41.40	27.04	31.06			
22	Lee County				2:21.25	2:18.06	REGC
	1) Carver, Alex		2) Lee, Aiden	3) Diaz, Logan		4) Bottom, Victoria	
	34.86	33.10	32.45	37.65			
23	Eastern Alamance				2:00.20	2:26.93	REGC
	1) Graham, Haley SR		2) Holt, Samantha FR	3) O'Neal, Kaleigh SR		4) Fenton, Emily SR	
	34.96	41.28	38.94	31.75			

Event 18 Men 200 Yard Freestyle Relay

1:24.94 AA-A
1:26.18 AA-C All-America
1:40.99 REGA
3:15.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	Northern Guilford		1:35.01	1:28.67 REGA	40
	1) Forst, Preston SO	2) Lalumondier, Jeremy SR	3) Snider, Ben JR	4) Hill, Bryan SR	
	21.17	22.69	22.10	22.71	
2	Chapel Hill		1:32.99	1:29.41 REGA	34
	1) Ren, Jordan SR	2) Brauer, Beau SR	3) Bretzmann, Thomas SR	4) Hoover, Sam FR	
	22.39	22.60	22.82	21.60	
3	Concord		1:34.74	1:31.05 REGA	32
	1) Power, Matt SR	2) Lucky, Andrew SO	3) Ritchie, George SR	4) Epler, Robbie SR	
	24.15	23.54	21.85	21.51	
4	Northwood		1:34.18	1:33.42 REGA	30
	1) Earnshaw, Sam JR	2) Hoeg, Lars JR	3) Newell, Zizzy JR	4) Sweeney, Whitcomb JR	
	23.85	24.04	23.24	22.29	
5	Piedmont		1:36.03	1:33.66 REGA	28
	1) McKee, Garrett JR	2) Eshenbaugh, Justin SR	3) Gilmore, Jack SR	4) Helms, Brice SR	
	22.61	23.96	24.42	22.67	
6	East Chapel Hill		1:33.76	1:35.08 REGA	26
	1) Dai, Raymond SO	2) Wohl, David SO	3) Charles, Miles FR	4) Seelbach, Zachary JR	
	23.44	24.01	23.64	23.99	
7	Mount Tabor		1:39.66	1:35.88 REGA	24
	1) Armentrout, Will SO	2) Grubbs, John Avery SO	3) Gray, Gage JR	4) Prestwood, Brendan JR	
	23.40	24.40	24.88	23.20	
8	Southwest Guilford		1:38.10	1:37.87 REGA	22
	1) Watson, William FR	2) Lyon, Josh SO	3) Pressley, Wyatt JR	4) Moseley, Sawyer JR	
	23.19	25.97	24.47	24.24	

9	Western Alamance	1:43.79	1:39.48	REGA	18
	1) Frodyma, Jacob SR	2) Rainey, Austin SR	3) Stuart, Colby SR	4) Henderson, Noah JR	
	26.75 26.80 24.79	21.14			
10	Western Guilford	1:41.01	1:41.19	REGC	14
	1) Lynch-Wade, Shemssa SR	2) Dulin, Collin FR	3) Ballesteros, Daniel FR	4) Huang, Ben SR	
	24.79 15.91 37.41	23.08			
11	Carson, Jesse	1:40.82	1:42.36	REGC	12
	1) Dixon, Cole SO	2) Hastings, Andrew JR	3) Foster, Simon JR	4) Meres, Michael JR	
	25.73 25.94 26.21	24.48			
12	Cedar Ridge	1:45.42	1:43.51	REGC	10
	1) Garcia, John SO	2) Dietz, Alexander SR	3) Badgett, Landon SR	4) Ramos, David SR	
	26.22 25.57 25.66	26.06			
13	Rockingham County	1:44.85	1:44.11	REGC	8
	1) Carter, Heath	2) Shreve, Hawk SO	3) Everitt, John FR	4) Holland, Jonathan SR	
	27.14 25.94 25.57	25.46			
14	Eastern Guilford	1:50.97	1:46.32	REGC	6
	1) Profit, Christian JR	2) Lee, Ryan SR	3) Phillips, Shane JR	4) Kennedy, Seth SR	
	26.32 28.36 26.62	25.02			
15	Parkland	1:39.13	1:46.43	REGC	4
	1) Lamphier, Nicholas JR	2) Althoff, Kenan JR	3) Russell, Nathan JR	4) Vye, Benjamin FR	
	24.93 26.50 30.78	24.22			
16	McMichael	1:47.87	1:46.65	REGC	2
	1) Beasley, Izik	2) Brim, Tanner JR	3) Thacker, Andrew SR	4) Blackard, Brody JR	
	27.32 28.18 29.44	21.71			
17	Morehead	1:46.91	1:48.42	REGC	
	1) Barham, Holden SR	2) White, Larson	3) Harris, Colby SO	4) Dalton, Logan JR	
	26.95 27.85 27.31	26.31			
18	Southeast Guilford	1:55.26	1:48.55	REGC	
	1) Cothren, Justin SR	2) Nixon, Spencer SO	3) Martin, Noah SO	4) Orellana-Kennedy, Christian S	
	26.02 27.19 27.82	27.52			
19	Lee County	1:45.37	1:50.30	REGC	
	1) Jeffries, Andrew SO	2) Vogelsang, Carter SR	3) Harris, Graham	4) Snyder, Eli	
	26.61 14.17 45.52	24.00			
20	Eastern Alamance	1:46.89	1:52.10	REGC	
	1) Banko, Joseph JR	2) Loy, Quinton SR	3) Engwall, Doc FR	4) Kreider, Alex JR	
	33.36 27.83 25.68	25.23			
21	Union Pines	1:49.79	1:52.49	REGC	
	1) Park, Samuel FR	2) Freeland, Tanner	3) Greene, Levi	4) Prevatte, Jarrette SO	
	28.78 28.98 28.01	26.72			
22	Asheboro	1:56.28	1:52.79	REGC	
	1) Kelly, Freddy	2) Green, Caleb SO	3) Hydzyk, Jonah FR	4) Surratt, Worth JR	
	29.72 29.22 53.85				
23	Northeast Guilford	1:55.69	1:58.51	REGC	
	1) Patterson, Christopher	2) Norton, David SR	3) Gallagher, Garrett	4) Welborn, Bryson JR	
	34.08 27.83 29.36	27.24			
---	Orange	1:33.58	DQ		
	1) Montague, Collin SR	2) Shanahan, Matt FR	3) Sikes, Thomas SO	4) Scott, Ben SR	
	23.07 23.88 23.89	20.88			

Event 19 Women 100 Yard Backstroke

55.05 AA-A
 56.30 AA-C All-America
 1:04.99 REGA
 1:25.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Yandle, Ava 28.18 29.53	FR	Piedmont	59.00	57.71	REGA 20
2	Perez, Sophie 28.42 29.55	SR	East Chapel Hill	1:00.08	57.97	REGA 17
3	Pennington, Isabel 28.92 30.46	SO	Parkland	59.59	59.38	REGA 16
4	Davenport, Corinne 29.58 31.02	SO	Western Alamance	1:02.42	1:00.60	REGA 15
5	Tocci, Marissa 30.21 31.83	JR	Chapel Hill	1:03.42	1:02.04	REGA 14
6	Glebus, Rebecca 30.80 32.32	SR	Northern Guilford	1:03.46	1:03.12	REGA 13
7	Rountree, Madelaine 31.33 32.08	JR	Northern Guilford	1:05.29	1:03.41	REGA 12
8	Burchfield, Caroline 30.71 33.25	FR	Concord	1:05.66	1:03.96	REGA 11
9	Schmitz, Madison 31.34 33.47	SR	Union Pines	1:07.32	1:04.81	REGA 9
10	Kluepfel, Valerie 31.98 34.12		Northern Guilford	1:07.22	1:06.10	REGC 7
11	Halbach, Allyson 31.73 34.67	SO	Concord	1:05.80	1:06.40	REGC 6
12	Slater, Emma 31.71 34.95	SR	Parkland	1:09.94	1:06.66	REGC 5
13	Sperry, Maggie 33.63 34.65	JR	East Chapel Hill	1:08.94	1:08.28	REGC 4
14	Davenport, Parker 32.92 35.38	SO	Union Pines	1:08.09	1:08.30	REGC 3
15	Neakta, Madelyn 33.24 35.27	JR	East Chapel Hill	1:09.08	1:08.51	REGC 2
16	Liu, Emily 32.97 35.67	JR	East Chapel Hill	1:10.13	1:08.64	REGC 1
17	Griffin, Claire 33.62 37.87	SR	Mount Tabor	1:09.07	1:11.49	REGC
18	Culp, Brenna 34.67 37.32	SO	East Rowan	1:13.57	1:11.99	REGC
19	Patel, Alayna 34.42 39.14	JR	Southwest Guilford	1:12.71	1:13.56	REGC
20	Marson, Katie 34.88 38.77	SR	Chapel Hill	1:14.53	1:13.65	REGC
21	Pridgen, Virginia 35.66 38.16	FR	Chapel Hill	1:14.67	1:13.82	REGC
22	Singh, Sanya 35.77 38.13	FR	Northern Guilford	1:14.51	1:13.90	REGC
23	Johnston, McNeil	JR	Southern Alamance	1:13.75	1:16.88	REGC
---	Miller, Summer	JR	Mount Tabor	1:09.30	DFS	

Event 20 Men 100 Yard Backstroke

49.66 AA-A
 50.86 AA-C All-America
 1:03.99 REGA
 1:27.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Henderson, Noah 23.89 25.91	JR	Western Alamance	55.16	49.80	AA-C 20
2	Forst, Preston 24.23 25.70	SO	Northern Guilford	55.44	49.93	AA-C 17
3	Wagner, Matt 25.71 27.03	JR	Mount Tabor	55.17	52.74	REGA 16
4	Chao, Christopher 25.52 27.45	SR	East Chapel Hill	54.36	52.97	REGA 15
5	Lucky, Andrew 26.72 28.11	SO	Concord	57.42	54.83	REGA 14
6	Armentrout, Will 27.27 28.45	SO	Mount Tabor	57.07	55.72	REGA 13
7	Hill, Bryan 27.42 29.79	SR	Northern Guilford	58.77	57.21	REGA 12
8	Mu, Andrew 27.62 29.96	SO	East Chapel Hill	58.70	57.58	REGA 11
9	Shanahan, Matt 27.93 29.88	FR	Orange	57.07	57.81	REGA 9
10	Grizzle, Sam 27.77 30.07	SR	East Chapel Hill	1:00.21	57.84	REGA 7
11	Akan, Obadele 28.16 30.68	JR	Northern Guilford	1:02.50	58.84	REGA 6
12	Huang, Ben 28.18 31.13	SR	Western Guilford	58.84	59.31	REGA 5
13	Chang, Austin 28.92 30.59	FR	Chapel Hill	59.82	59.51	REGA 4
14	Campbell, Drew 29.74 30.98	SR	Chapel Hill	1:01.29	1:00.72	REGA 3
15	Jeffries, Andrew 30.21 31.10	SO	Lee County	1:03.62	1:01.31	REGA 2
16	Grubbs, John Avery 30.64 31.55	SO	Mount Tabor	1:01.08	1:02.19	REGA 1
17	Brown, Bailey 30.03 32.22	JR	Parkland	1:04.56	1:02.25	REGA
18	Wilson, Ethan 29.91 32.56	SR	Rockingham County	1:02.51	1:02.47	REGA
19	Murray, Joe 31.19 31.81	FR	Western Alamance	1:03.74	1:03.00	REGA
20	Eshenbaugh, Justin 29.62 33.50	SR	Piedmont	1:05.76	1:03.12	REGA
21	Jones, Jeffrey 31.49 33.20	SO	Southwest Guilford	1:05.03	1:04.69	REGC
22	Huan, Benjamin 31.74 33.77	SO	Chapel Hill	1:05.80	1:05.51	REGC
23	Cothren, Justin 32.04 33.62	SR	Southeast Guilford	1:05.63	1:05.66	REGC

Event 21 Women 100 Yard Breaststroke**1:02.82 AA-A****1:04.26 AA-C All-America****1:12.99 REGA****1:37.99 REGC Regional**

	Name	Yr	School	Seed Time	Finals Time	Points
1	Joyce, Alaina 31.95 34.72	SR	Southern Alamance	1:11.70	1:06.67	REGA 20
2	Gilliland, Virginia 31.22 35.98	SR	Western Guilford	1:08.52	1:07.20	REGA 17
3	Koh, Hannah 32.38 36.18	SO	Northern Guilford	1:12.88	1:08.56	REGA 16
4	Earnshaw, Suzanne 32.28 36.36	FR	Northwood	1:11.81	1:08.64	REGA 15
5	Schoppa, Abby 32.45 36.28		Northern Guilford	1:09.58	1:08.73	REGA 14
6	Kayye, Olivia 32.85 36.28	SR	East Chapel Hill	1:09.77	1:09.13	REGA 13
7	Wolf, Annie 32.95 37.38	SO	Mount Tabor	1:11.90	1:10.33	REGA 12
8	Bene, Olivia 33.33 37.57	SR	Northern Guilford	1:13.92	1:10.90	REGA 11
9	DeBruhl, Staten 32.79 38.35	SR	Mount Tabor	1:13.70	1:11.14	REGA 9
10	Hannan, Zoe 33.73 38.48	FR	East Chapel Hill	1:18.21	1:12.21	REGA 7
11	Lee, Tricia 34.45 37.86	SO	East Chapel Hill	1:14.65	1:12.31	REGA 6
12	Behringer, Ashley 34.71 38.54	FR	Orange	1:14.46	1:13.25	REGC 5
13	Acierno, Katherine 34.91 38.68	SR	Chapel Hill	1:15.27	1:13.59	REGC 4
14	Elliot, Jenna 37.09 39.27	SR	Southern Lee	1:16.67	1:16.36	REGC 3
15	Trusky, Emily 35.78 40.86	SR	Chapel Hill	1:18.69	1:16.64	REGC 2
16	Thompson, Mary Katherine 36.23 40.59	SO	Western Guilford	1:18.07	1:16.82	REGC 1
17	Walker, Brooke 36.97 40.30	FR	Orange	1:16.14	1:17.27	REGC
18	Sirgany, Madison 36.32 41.99	FR	Orange	1:18.19	1:18.31	REGC
19	Foye, Katie 37.86 40.94	FR	Northwood	1:23.02	1:18.80	REGC
20	Nelms, Hayley 37.86 41.88	SO	Union Pines	1:21.06	1:19.74	REGC
21	Burge, Laurin 38.13 41.97	SO	Western Alamance	1:18.59	1:20.10	REGC
22	McKinney, Brynn 37.36 42.98	SO	Southwest Guilford	1:25.65	1:20.34	REGC
23	Saxon, Madelene 37.17 44.16	SR	Southwest Guilford	1:17.11	1:21.33	REGC
24	Rose, Gabrielle 38.09 43.38	FR	Piedmont	1:22.60	1:21.47	REGC
25	Prevatte, Madelyn 37.07 44.66	JR	Union Pines	1:22.53	1:21.73	REGC
26	Widderich, Sarah 40.05 45.96	FR	Eastern Alamance	1:22.53	1:26.01	REGC
27	Blake, Sadie 38.93 47.68	FR	Western Guilford	1:25.21	1:26.61	REGC
28	Walker, Kailey 41.62 45.55	JR	Morehead	1:24.85	1:27.17	REGC

Event 22 Men 100 Yard Breaststroke

56.00 AA-A
 57.27 AA-C All-America
 1:08.99 REGA
 1:35.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Dai, Raymond 28.71 31.20	SO	East Chapel Hill	1:03.15	59.91	REGA 20
2	Sept, Connor 27.83 32.10	SR	East Chapel Hill	1:00.03	59.93	REGA 17
3	Ritchie, George 28.34 31.84	SR	Concord	1:01.66	1:00.18	REGA 16
4	Lalumondier, Jeremy 28.19 32.31	SR	Northern Guilford	1:02.56	1:00.50	REGA 15
5	Ren, Jordan 29.28 31.53	SR	Chapel Hill	1:01.02	1:00.81	REGA 14
6	Hoover, Sam 28.98 32.18	FR	Chapel Hill	1:02.68	1:01.16	REGA 13
7	Bretzmann, Peter 29.51 32.39	FR	Chapel Hill	1:03.22	1:01.90	REGA 12
8	Montague, Collin 29.04 33.93	SR	Orange	1:03.58	1:02.97	REGA 11
9	Moseley, Sawyer 29.44 33.99	JR	Southwest Guilford	1:04.51	1:03.43	REGA 9
10	Vincent, Ben 30.86 35.02	FR	Concord	1:08.34	1:05.88	REGA 7
11	Bunner, Devin 31.64 34.95	SO	Cedar Ridge	1:08.05	1:06.59	REGA 6
12	Ickes, Kyle 30.72 35.93	FR	Southern Alamance	1:08.77	1:06.65	REGA 5
13	Vye, Nicholas 31.59 36.22	FR	Parkland	1:06.45	1:07.81	REGA 4
14	Grizzle, Sam 31.99 35.83	SR	East Chapel Hill	1:09.36	1:07.82	REGA 3
15	Layton, Jonathan 31.53 36.37	SR	Northern Guilford	1:09.73	1:07.90	REGA 2
16	Geib, Matthew 32.48 36.06	FR	Orange	1:09.67	1:08.54	REGA 1
17	Wohl, David 32.58 37.48	SO	East Chapel Hill	1:09.97	1:10.06	REGC
18	Bowers, Jacob 32.97 37.59	JR	Southern Lee	1:14.09	1:10.56	REGC
19	Volpe, Michael 33.12 37.75	FR	Chapel Hill	1:11.31	1:10.87	REGC
20	Leder, Matthew 33.96 38.27	JR	Concord	1:11.81	1:12.23	REGC
21	Spottswood, Aidan 34.58 38.37	FR	Mount Tabor	1:11.23	1:12.95	REGC
22	Holland, Jonathan 33.88 39.73	SR	Rockingham County	1:13.23	1:13.61	REGC
23	Rasinske, Sam 34.83 40.34	JR	Orange	1:14.01	1:15.17	REGC
---	McKee, Garrett 31.13 35.28	JR	Piedmont	1:08.58	DQ	

Event 23 Women 400 Yard Freestyle Relay

3:27.95 AA-A

3:31.42 AA-C All-America

4:25.99 REGA

6:35.99 REGC Regional

Team			Relay			Seed Time		Finals Time		Points
1	East Chapel Hill					3:46.73		3:39.08	REGA	40
	1) Morgan, Sydney FR		2) Lee, Tricia SO			3) Kayye, Olivia SR		4) Perez, Sophie SR		
	26.96	55.33	27.07	56.57	26.10	54.16	17.72	53.02		
2	Northern Guilford					3:58.20		3:39.72	REGA	34
	1) Schoppa, Abby		2) Glebus, Rebecca SR			3) Daly, Caroline SR		4) Beane, Kyndall		
	26.84	55.96	26.29	55.21	25.66	54.39	26.04	54.16		
3	Mount Tabor					3:57.07		3:47.53	REGA	32
	1) Potter, Laurin SO		2) Whitworth, Frances SO			3) Miller, Summer JR		4) DeBruhl, Staten SR		
	26.40	54.77	27.45	58.37	27.52	58.46	26.65	55.93		
4	Concord					3:48.95		3:47.61	REGA	30
	1) Halbach, Allyson SO		2) Lotfy, Christina SO			3) Epler, Katherine SR		4) Knox, Shae SR		
	27.44	57.89	27.15	58.43	26.48	55.88	26.33	55.41		
5	Chapel Hill					3:53.64		3:48.11	REGA	28
	1) Rose, Mia SO		2) Gaur, Ambika SO			3) Tocci, Marissa JR		4) Ames, Poppy SO		
	28.37	58.76	27.48	58.37	26.36	55.21	26.15	55.77		
6	Northwood					4:03.23		3:57.37	REGA	26
	1) Walsh, Katelyn SO		2) Foye, Katie FR			3) Earnshaw, Suzanne FR		4) Posse, Madeline JR		
	28.27	1:00.99	29.86	1:01.63	27.70	58.09	26.66	56.66		
7	Piedmont					4:08.57		3:58.76	REGA	24
	1) Sape, Gabrielle FR		2) Rose, Gabrielle FR			3) Stegall, Lydia SR		4) Yandle, Ava FR		
	28.20	58.37	31.02	1:05.32	28.97	1:00.99	25.88	54.08		
8	Western Alamance					4:19.98		4:01.91	REGA	22
	1) Burge, Laurin SO		2) Purgar, Emily FR			3) Grajzar, Maddie SO		4) McDevitt, Elizabeth FR		
	28.56	59.84	30.53	1:04.47	30.13	1:03.46	25.61	54.14		
9	Parkland					4:13.42		4:02.57	REGA	18
	1) Gauthier, Emma SO		2) Slater, Emma SR			3) Evans, Stephanie SR		4) Pennington, Isabel SO		
	29.21	1:01.39	28.62	1:00.65	30.04	1:04.81	26.40	55.72		
10	Rockingham County					4:12.13		4:03.69	REGA	14
	1) Brown, Gabrielle JR		2) Wilmouth, Reanna SO			3) Whitesell, Nadia SR		4) Wilson, Peyton FR		
	30.26	1:03.17	29.36	1:02.59	29.20	1:02.27	26.69	55.66		
11	Orange					4:13.12		4:11.67	REGA	12
	1) Behringer, Lauren JR		2) Shopmyer, Riley JR			3) Shopmyer, Emmy JR		4) Dease, Abby FR		
	29.42	1:01.09	31.68	1:06.71	30.36	1:04.36	27.63	59.51		
12	Southeast Guilford					4:22.40		4:12.49	REGA	10
	1) Patton, Sofia SO		2) Hogan, Kristin JR			3) Huggins, Allyn SR		4) Cook, Kourtney FR		
	30.30	1:04.07	31.55	1:05.82	29.90	1:03.80	28.12	58.80		
13	Southwest Guilford					4:11.99		4:24.89	REGA	8
	1) Labiak, Peyton JR		2) Hampton, Ansley JR			3) Saxon, Madelene SR		4) Patel, Alayna JR		
	30.00	1:03.87	30.57	1:05.08	33.66	1:10.64	30.41	1:05.30		
14	Union Pines					4:27.49		4:31.77	REGC	6
	1) Everheart, Madelyn SO		2) Peterson, Madison SR			3) Dumas, Taylor SR		4) Nelms, Hayley SO		
	30.59	1:04.96	31.38	1:06.43	30.90	1:07.23	35.49	1:13.15		
15	Southern Alamance					4:50.33		4:41.31	REGC	4
	1) Cameron, Finley FR		2) Bowen, Maddie			3) Hollan, Alexis		4) Joyce, Alaina SR		
	33.22	1:12.21	35.31	1:15.23	37.91	1:19.12	26.04	54.75		
16	Western Guilford					4:19.76		4:44.15	REGC	2
	1) Berry, Leah JR		2) Blake, Sadie FR			3) Topalovic, Gloria SO		4) Stack, Alaina JR		
	32.75	1:10.97	33.81	1:12.28	33.76	1:12.41	31.69	1:08.49		

17	Carson, Jesse						4:32.06		4:51.36	REGC
	1) Douglas, Alyssa SR		2) Korbynnne, Hill		3) Brown, Montana SO			4) Weatherby, Olivia JR		
	33.61 1:12.78 33.24		1:15.16 37.04 1:15.58		31.96 1:07.84					
18	East Rowan						4:49.18		4:54.41	REGC
	1) Culp, Brenna SO		2) Lewis, Victoria SO		3) Trexler, Susie JR			4) Sprinkle, Katelyn JR		
	31.99 1:07.50 36.67		1:15.20 36.07 1:16.65		36.38 1:15.06					
19	McMichael						5:18.47		4:56.92	REGC
	1) Griffin, Ashlyn		2) Burris, Jordan SR		3) Taylor, Alyssa			4) Smith, Taylor		
	34.85 1:14.64 34.64		1:11.62 36.22 1:16.92		35.40 1:13.74					
20	Asheboro						5:18.83		5:03.00	REGC
	1) Herrin, Tatum		2) Richau, Sadie SR		3) Greene, Kaylee			4) Curtis, Destiny		
	37.43 1:20.30 36.36		1:27.48 26.91 1:04.82		33.96 1:10.40					
21	Cedar Ridge						4:48.62		5:08.97	REGC
	1) Myler, Jillian		2) Lanier, Sydney SO		3) Harris, Camryn			4) Pagnanelli, Alexa SR		
	35.21 1:18.79 35.12		1:53.90 42.79		34.95 1:13.49					
22	Eastern Alamance						4:37.30		5:24.82	REGC
	1) Banko, Megan FR		2) Fleisher, Chase		3) Aldridge, Brianna			4) Widderich, Sarah FR		
	36.09 1:20.88 43.23		1:36.07 36.87 1:17.91		1:09.96					
23	Western Harnett						5:31.57		5:26.23	REGC
	1) Prior, Haley		2) Jones, Emma		3) Burroughs, Madison			4) Campos, Arianna		
	36.15 1:16.36 37.77		1:21.56 38.91 1:22.56		1:25.75					
24	Lee County						5:37.02		5:32.70	REGC
	1) Carver, Alex		2) Lee, Aiden		3) Diaz, Logan			4) Meija, Kaylee		
	36.47 1:23.79 35.30		1:17.54 38.78 1:20.67		41.09 1:30.70					

Event 24 Men 400 Yard Freestyle Relay

3:06.28 AA-A
3:09.26 AA-C All-America
3:51.99 REGA
5:45.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	East Chapel Hill		3:22.10	3:15.88 REGA	40
	1) Chao, Christopher SR	2) Poteat, Max	3) Dingfelder, David JR	4) Sept, Connor SR	
	23.79 49.11 24.13	49.95 23.19 48.84	22.72 47.98		
2	Chapel Hill		3:25.84	3:19.90 REGA	34
	1) Bretzmann, Thomas SR	2) Brauer, Beau SR	3) Ren, Jordan SR	4) Bretzmann, Peter FR	
	24.10 49.64 24.22	50.75 22.92 47.61	24.86 51.90		
3	Parkland		3:33.53	3:29.35 REGA	32
	1) Ballard, Alex SR	2) Brown, Bailey JR	3) Vye, Benjamin FR	4) Vye, Nicholas FR	
	24.03 49.88 25.42	54.32 25.20 53.10	24.25 52.05		
4	Mount Tabor		3:28.76	3:30.26 REGA	30
	1) Armentrout, Will SO	2) Kirk, Colin SR	3) Grubbs, John Avery SO	4) Wagner, Matt JR	
	24.40 51.12 25.89	55.45 25.72 54.25	23.62 49.44		
5	Northern Guilford		3:30.96	3:36.35 REGA	28
	1) Akan, Obadele JR	2) Restrepo, Christopher SR	3) Layton, Jonathan SR	4) Hill, Bryan SR	
	25.65 53.93 27.19	58.09 25.53 53.59	23.66 50.74		
6	Northwood		3:38.92	3:36.47 REGA	26
	1) Earnshaw, Sam JR	2) Hoeg, Lars JR	3) Newell, Zizzy JR	4) Sweeney, Whitcomb JR	
	25.74 53.69 14.12	58.20 25.47 54.65	23.78 49.93		
7	Concord		3:30.44	3:40.14 REGA	24
	1) Schulze, Luke JR	2) Moon, Jackson FR	3) Vincent, Ben FR	4) Haberman, Sam SR	
	26.49 57.44 25.82	54.18 25.65 54.58	25.68 53.94		
8	Union Pines		3:50.00	3:40.49 REGA	22
	1) Majuri, Luke JR	2) Venjohn, Victor JR	3) Graham, Dalton FR	4) Tranel, Keaton JR	
	26.37 54.31 25.81	55.31 27.14 57.14	25.39 53.73		

9	Orange						3:34.85	3:44.16	REGA	18
	1) Sikes, Thomas SO			2) Geib, Matthew FR		3) Rasinske, Sam JR		4) Jimison, Noah SO		
	25.50 54.74 26.66			57.05 27.54 1:00.31		13.12 52.06				
10	Southwest Guilford						3:39.30	3:45.72	REGA	14
	1) Jones, Jeffrey SO			2) Lyon, Josh SO		3) Pressley, Wyatt JR		4) Biles, Bradley JR		
	26.14 54.50 27.48			58.20 26.87 56.20		25.31 56.82				
11	Western Guilford						3:57.67	3:56.31	REGC	12
	1) Dulin, Collin FR			2) Dahlinghaus, Will JR		3) Ballesteros, Daniel FR		4) Lynch-Wade, Shemssa SR		
	29.37 1:01.63 28.47			59.79 27.45 56.97		26.94 57.92				
12	Piedmont						3:55.70	3:57.20	REGC	10
	1) Turner, Sam SO			2) Shank, Hudson FR		3) Nielsen, Jonas JR		4) Gilmore, Jack SR		
	29.47 1:00.41 29.29			1:01.75 27.67 58.18		26.62 56.86				
13	Western Alamance						3:44.96	3:58.45	REGC	8
	1) Frodyma, Jacob SR			2) Stuart, Colby SR		3) Murray, Joe FR		4) Rainey, Austin SR		
	27.13 58.62 28.49			1:01.69 16.03 30.83		58.23 1:27.31				
14	Cedar Ridge						4:31.72	4:06.02	REGC	6
	1) Wallace, Samuel SO			2) Fox, Grant SO		3) Badgett, Landon SR		4) Garcia, John SO		
	31.83 1:06.12 29.19			1:01.91 27.14 1:00.58		27.06 57.41				
15	Southeast Guilford						4:15.52	4:07.46	REGC	4
	1) Nixon, Spencer SO			2) Orellana-Kennedy, Christian SR		3) Martin, Noah SO		4) Cothren, Justin SR		
	29.71 1:02.15 29.48			1:02.96 30.61 1:04.53		12.97 57.82				
16	Eastern Guilford						4:20.65	4:14.93	REGC	2
	1) Mulvey, Samuel JR			2) Maloney, Patrick FR		3) Profitt, Christian JR		4) Kennedy, Seth SR		
	31.10 1:05.54 32.87			1:38.93 31.25		27.94 59.21				
17	Lee County						4:01.21	4:15.06	REGC	
	1) Jeffries, Andrew SO			2) Vogelsang, Carter SR		3) Smith, Dylan		4) Snyder, Eli		
	27.94 58.16 17.25			1:10.16 34.83 1:12.23		25.39 54.51				
18	Morehead						3:59.50	4:16.24	REGC	
	1) Lusk, Reece JR			2) White, Larson		3) Barham, Holden SR		4) Dalton, Logan JR		
	31.30 1:05.52 29.66			1:04.98 31.41 1:05.30		28.35 1:00.44				
19	Asheboro						4:30.74	4:24.01	REGC	
	1) Kelly, Freddy			2) Green, Caleb SO		3) Hydzyk, Jonah FR		4) Surratt, Worth JR		
	32.69 1:09.62 29.52			1:05.23 31.09 1:06.66		1:02.50				
20	Western Harnett						4:48.32	4:28.11	REGC	
	1) Staples, Caleb			2) Wheeler, CJ		3) Smith, Dillon		4) Wilber, Ethan		
	30.47 1:04.18 33.46			1:11.22 30.67 1:04.58		31.79 1:08.13				
21	Carson, Jesse						4:43.78	4:29.50	REGC	
	1) Gay, Devin SR			2) Lee, Zac SR		3) Tipton, Mitchell SO		4) Yow, Brandon SO		
	30.33 1:05.20 31.45			1:07.47 31.28 1:14.90		25.06 1:01.93				
22	Southern Alamance						4:41.05	4:31.19	REGC	
	1) Spivey, George			2) Valderrama, Christian		3) Rowland, Jakeb		4) Ickes, Kyle FR		
	31.58 1:08.18 32.75			1:20.46 27.32 1:07.07		26.69 55.48				
23	Eastern Alamance						4:17.84	5:21.31	REGC	
	1) Byrd, Brandon FR			2) Giovinazzo, Michael FR		3) Hohl, Henry SO		4) Engwall, Doc FR		
	31.91 1:08.18 47.97					29.86 1:04.74				
---	Rockingham County						3:53.94	DQ		
	1) Shreve, Hawk SO			2) Everitt, John FR		3) Pruitt, Collin SR		4) Wilson, Ethan SR		
	28.53 59.51 28.13			59.36 28.10 58.79		25.48 54.17				