

2018 3A Eastern NCHSAA Regional Championships - 2/2/18 to 2/3/18
Host: Patriot Athletic Conference
Swimming & Diving
Results

Scores - Women

1.	Conley, D. H.	373	2.	Topsail	216
3.	New Hanover	186	4.	South Brunswick	177
5.	West Carteret	141	6.	Northern Durham	140
7.	Clayton	137	8.	Fike	115
9.	Rose, J. H.	103	10.	Rocky Mount	99
11.	Swansboro	63	12.	Cleveland	51
13.	Jacksonville	48	14.	Cape Fear	46
14.	Smithfield-Selma	46	16.	West Brunswick	37
17.	Havelock	36	18.	Hunt	31
19.	Eastern Wayne	27	20.	Smith, E. E.	25
21.	Sanford, Terry	23	22.	West Johnston	18
23.	Triton	14	24.	Northside (Jax)	10
25.	Franklinton	5	26.	Gray's Creek	2
27.	Harnett Central	1			

Scores - Men

1.	Conley, D. H.	380	2.	Rose, J. H.	226
3.	Northern Durham	208	4.	South Brunswick	152
5.	Swansboro	127	5.	Hunt	127
7.	Cleveland	116	8.	Topsail	104
9.	West Brunswick	96	10.	Gray's Creek	95
11.	Harnett Central	85	12.	Clayton	70
13.	White Oak	52	14.	New Hanover	49
15.	Sanford, Terry	40	16.	Rocky Mount	36
17.	Triton	29	18.	Franklinton	27
19.	West Carteret	25	19.	Jacksonville	25
21.	South Johnston	22	21.	Eastern Wayne	22
23.	Havelock	18	24.	Smithfield-Selma	15
25.	Aycock, C. B.	10	26.	Fike	8
27.	Cape Fear	4	28.	Southern Nash	2

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Event 1 Women 200 Yard Medley Relay

1:44.91 AA-A
1:46.69 AA-C All-America
2:08.99 REGA
3:30.99 REGC Regional

	Team	Relay			Seed Time	Finals Time	Points
1	Conley, D. H.				1:56.46	1:52.53 REGA	40
	1) Torres, Svea SR	2) Burns, Abigail JR	3) Despres, Morgan SR	4) McGee, Ruth SO			
	27.39 32.35 27.61	25.18					
2	Northern Durham				1:59.33	1:55.82 REGA	34
	1) Malsch, Hailey JR	2) Ervin, Bridgette FR	3) Gooch, Ellen JR	4) Howard, Emma SR			
	31.78 31.20 27.52	25.32					
3	Topsail				1:59.21	1:56.01 REGA	32
	1) Contreras, Tihani SO	2) Popella, Delaney JR	3) Marshall, Lauren Drew SR	4) Hoover, Madison SO			
	30.84 31.62 28.25	25.30					
4	New Hanover				1:58.75	1:56.14 REGA	30
	1) Lucy, Gittings JR	2) Ruiz, Sara SO	3) Jewell, Brynn JR	4) Pottle, Kate JR			
	32.39 30.85 27.84	25.06					
5	South Brunswick				2:02.14	2:00.04 REGA	28
	1) Boldt, Elizabeth FR	2) Scharf, Hannah SR	3) White, McKenzie SR	4) Palmquist, Elizabeth SR			
	29.46 34.33 56.25						
6	West Carteret				2:06.33	2:01.31 REGA	26
	1) Loynes, Anna SR	2) Prosser, Sarah SO	3) Paschall, Meghan JR	4) Rose, Ellie SR			
	31.87 33.45 28.27	27.72					
7	Rose, J. H.				2:07.93	2:07.13 REGA	24
	1) Eason, Corry JR	2) Becker, Carina SO	3) DeVente, Nioelle FR	4) Davenport, Faith SO			
	31.27 36.81 29.16	29.89					
8	Fike				2:09.17	2:08.16 REGA	22
	1) Jones, Sarah SR	2) Harrell, Madeline SR	3) Jones, Cassie SR	4) Hodges, Abby SR			
	32.42 36.11 30.18	29.45					
9	Clayton				2:09.66	2:08.71 REGA	18
	1) Martin, Lillie FR	2) Raynor, Faith JR	3) Martin, Reagan JR	4) Stone, Willow SO			
	33.73 39.98 26.67	28.33					
10	Jacksonville				2:22.80	2:15.95 REGC	14
	1) Kazel, Mia FR	2) Autry, Samantha SO	3) St Denis, Kaylee SR	4) Davila, Zoe SR			
	35.57 35.89 34.41	30.08					
11	West Johnston				2:16.68	2:17.32 REGC	12
	1) Harlow, Chloe	2) Martin, Grace JR	3) Potteiger, Kamryn SO	4) Lee, Julianna SR			
	39.12 37.71 32.02	28.47					
12	Havelock				2:16.94	2:18.25 REGC	10
	1) Foreman, Ronnie SR	2) Maybee, Delaney FR	3) Baker, Cassidy SR	4) Colantoni, Rhiannon JR			
	36.11 37.44 37.04	27.66					
13	Rocky Mount				2:10.86	2:18.56 REGC	8
	1) Osterhout, Kathryn SO	2) Dalsimer, Madeline JR	3) Moss, Katherine JR	4) Bass, Brooklynn			
	36.83 36.61 30.90	34.22					
14	Swansboro				2:14.62	2:19.51 REGC	6
	1) Leidy, Claire JR	2) Miller, McKenzie JR	3) Schreck, Jacqueline JR	4) Scheel, Ramie FR			
	35.30 39.86 34.69	29.66					
15	Cleveland				2:22.78	2:21.87 REGC	4
	1) Drapper, Breanne FR	2) Barefoot, Molly FR	3) Puckett, Sarah SO	4) Quinn, Megan SR			
	38.91 36.55 36.56	29.85					
16	Eastern Wayne				2:29.33	2:26.49 REGC	2
	1) Ames, Emily SR	2) Jones, Jazmin SO	3) Becirovic, Amina JR	4) Shipp, Alyssa SO			
		36.90 31.76					

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17	Cape Fear				2:15.57	2:26.79	REGC
	1) Terwilliger, Lily SO	2) McNroy, Jordan	3) Thibeault, Kourtney JR	4) Gronowski, Sidney SR			
	39.20 42.99 34.00	30.60					
18	Gray's Creek				2:27.78	2:28.61	REGC
	1) Davis, Taylor	2) Williams, Hannah FR	3) Ormsby, Sara SO	4) Barefoot, Madison SR			
	39.44 41.22 37.18	30.77					
19	White Oak				2:29.36	2:30.04	REGC
	1) Herritt, Sabrina JR	2) Parrish, Gabrielle SR	3) Hochschild, Taylor SR	4) Flores, Leanna SR			
	43.56 41.13 33.95	31.40					
20	Harnett Central				2:30.27	2:30.45	REGC
	1) Maldonado, Allison SR	2) Buie, Reese SR	3) McCormick, Margaret SO	4) Wakefield, Allison			
	41.87 40.65 35.04	32.89					
21	Franklinton				2:23.97	2:31.65	REGC
	1) Styers, Emma	2) Van Vlack, Hannah FR	3) Pelt, Bailey JR	4) Albright, Emma			
	48.60 36.71 33.84	32.50					
22	Sanford, Terry				2:24.40	2:33.12	REGC
	1) Maull, Marvell SR	2) Hodge, Maggie JR	3) Morales, Natalia SR	4) Gephart, Samantha SR			
	37.54 42.96 39.45	33.17					
23	Northern Nash				2:30.11	2:43.67	REGC
	1) Tamasiea, Anna	2) Allen, Jenna JR	3) Pope, Deanna JR	4) Leeson, Olivia			
	43.15	33.60					
---	Smithfield-Selma				2:21.56	DQ	
	1) Powell, Brandy	2) Velardo, Jordan	3) Garcia, Maria	4) Brown, Emily			
	47.48 44.51 51.05	32.99					

Event 2 Men 200 Yard Medley Relay

1:33.53 AA-A
1:35.18 AA-C All-America
1:54.99 REGA
3:29.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	Conley, D. H.		1:47.00	1:43.74 REGA	40
	1) Brown, Riley SO	2) Landry, Andrew SR	3) Tillery, Seth SO	4) Torres, Trevor SO	
	26.70 29.52 25.56	21.96			
2	Rose, J. H.		1:46.94	1:44.42 REGA	34
	1) Smith, Sadler FR	2) Leong, Luke SO	3) Hastings, Jack SO	4) Humphreys, Grant JR	
	26.94 30.05 25.36	22.07			
3	South Brunswick		1:49.09	1:47.14 REGA	32
	1) Bell, Owen JR	2) Anselmo, Matt JR	3) Kuhn, Lucas SO	4) Johnson, Teddy SR	
	28.24 28.26 27.25	23.39			
4	Northern Durham		1:47.53	1:47.26 REGA	30
	1) Falise, Nicholas SO	2) Malsch, Hunter SR	3) Husketh, Dalton FR	4) Pritchard, Thomas JR	
	25.91 31.99 26.65	22.71			
5	Hunt		1:50.95	1:49.19 REGA	28
	1) Francis, Sanjeev FR	2) Gaetano, Dante SO	3) Maddrey, Ethan SO	4) Graham, Charlie SR	
	27.28 31.13 26.16	24.62			
6	Gray's Creek		1:58.76	1:55.59 REGC	26
	1) Lu, Zizhou JR	2) Hoyt, Patrick SR	3) Diaz, Hayden JR	4) Shuey, Jett SR	
	28.12 34.67 27.47	25.33			
7	Cleveland		1:54.55	1:56.25 REGC	24
	1) Davis, Christian SR	2) Davis, Colby SO	3) Langston, Mitchell JR	4) Holder, Sam SO	
	32.46 35.34 23.20	25.25			
8	Clayton		1:57.68	1:58.81 REGC	22
	1) Fitzhugh, Ryan FR	2) Neptune, Carter SO	3) Karstens, Walter JR	4) Carmillo, Matt SR	
	29.66 36.75 27.65	24.75			

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9	Rocky Mount				1:58.86	1:59.32	REGC	18
	1) Lord, Austin JR		2) Phillips, Samuel JR	3) Ramsey, Griffin SR	4) Manago, Quintin SO			
	31.11 32.75 28.59	26.87						
10	Harnett Central				1:59.89	2:00.14	REGC	14
	1) Jones, Will SO		2) Wallis, Spencer SR	3) Rogers, Matthew FR	4) Wallis, Trenton SR			
	32.29 33.40 30.28	24.17						
11	South Johnston				2:02.60	2:01.10	REGC	12
	1) Hines, Carter FR		2) Grady, Zachary SR	3) Penny, Trey SO	4) Adams, Gage SR			
	33.00 32.07 28.90	27.13						
12	New Hanover				1:48.18	2:01.56	REGC	10
	1) Vagt, Max JR		2) Deffinbaugh, Johnny JR	3) Eberhardt, Andrew SO	4) Kaczynski, Ben JR			
	34.35 34.37 24.58	28.26						
13	West Brunswick				1:56.57	2:01.90	REGC	8
	1) Berenji, Keyon SO		2) Reed, Austin SR	3) Hucks, Tyler SR	4) Abbott, Chris SR			
	32.22 32.97 29.48	27.23						
14	Swansboro				1:51.56	2:02.20	REGC	6
	1) Imbody, Sean SR		2) Donnelly, Casey SR	3) Cassell, Morgan FR	4) Sutton, Daniel SR			
	31.55 32.72 31.62	26.31						
15	Havelock				2:06.91	2:03.46	REGC	4
	1) Baker, Nate FR		2) Waiau, Marcus SR	3) Boroday, Landon SR	4) Lynch, Eric JR			
	33.40 35.07 28.12	26.87						
16	Sanford, Terry				1:57.38	2:04.03	REGC	2
	1) Gephart, Arjuna FR		2) Gordon, Nikhil	3) Allen, Ferris SR	4) Smith, Tristan SO			
	34.79 34.14 28.99	26.11						
17	Fike				2:03.15	2:04.32	REGC	
	1) Woodard, Benjamin FR		2) Folgleman, Max JR	3) Nakaya, Ryo SO	4) Gliarmis, Walker			
	34.01 34.65 29.09	26.57						
18	White Oak				2:00.33	2:05.52	REGC	
	1) Beagle, Matthew JR		2) Carr, Zachary SR	3) Davis, Josiah SR	4) McElyea, Jaiden JR			
	31.16 34.85 32.45	27.06						
19	Cape Fear				2:06.36	2:05.90	REGC	
	1) Prichard, Harrison SR		2) Stewardson, Colin SR	3) Leavitt, Tyson SR	4) Merchant, Bryan			
	33.39 35.82 29.64	27.05						
20	West Carteret				2:04.98	2:07.38	REGC	
	1) Gordon, Will SR		2) Pool, Atlee JR	3) Zerilli, Sean FR	4) Coles, William SO			
	33.50 37.39 32.14	24.35						
21	Franklinton				2:09.59	2:09.65	REGC	
	1) Gibson, Blake		2) Gleason, Declan FR	3) Brown, Evan JR	4) Krec, Ty			
	40.05 32.56 28.81	28.23						
22	Eastern Wayne				2:11.25	2:10.16	REGC	
	1) Childer, Zachary SR		2) Gross, Joshua JR	3) Weeks, Kenneth JR	4) Sarah, Amjad			
	33.93 33.92 28.71	33.60						
23	Southern Nash				2:11.19	2:21.41	REGC	
	1) Noland, Alex		2) Alford, Dylan SO	3) Terry, Alex FR	4) Thornton, Jackson			
		24.30						
---	Topsail				1:53.95	DQ		
	1) Davis, Chase FR		2) MacVaugh, Kennard SR	3) Gallek, Nicholas SO	4) Zhang, Kevin SR			
	28.85 29.91 28.35	24.45						

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Event 3 Women 200 Yard Freestyle

1:48.82 AA-A
1:50.65 AA-C All-America
2:08.99 REGA
2:50.99 REGC Regional

	Name		Yr	School	Seed Time	Finals Time	Points
1	Pottle, Kate		JR	New Hanover	1:57.49	1:54.31	REGA 20
	26.84	28.36	29.30	29.81			
2	Despres, Morgan		SR	Conley, D. H.	1:59.02	1:56.01	REGA 17
	26.95	29.14	30.00	29.92			
3	Hoover, Madison		SO	Topsail	2:02.55	1:56.39	REGA 16
	27.10	29.11	30.06	30.12			
4	Gooch, Ellen		JR	Northern Durham	2:06.13	2:03.45	REGA 15
	28.57	30.20	31.84	32.84			
5	DeVente, Nioelle		FR	Rose, J. H.	2:06.60	2:04.95	REGA 14
	28.78	31.41	32.40	32.36			
6	Loynes, Anna		SR	West Carteret	2:10.30	2:06.33	REGA 13
	28.32	31.66	32.82	33.53			
7	Martin, Lillie		FR	Clayton	2:13.74	2:09.78	REGC 12
	29.51	32.41	33.93	33.93			
8	Jones, Sarah		SR	Fike	2:12.27	2:12.25	REGC 11
	30.55	33.40	34.32	33.98			
9	Torres, Sophia		SO	Smithfield-Selma	2:13.06	2:12.86	REGC 9
	29.43	32.89	35.19	35.35			
10	Hill, Lauren		SR	Conley, D. H.	2:21.50	2:14.89	REGC 7
	28.90	33.52	35.86	36.61			
11	Martinez, Micaela		SO	Northside (Jax)	2:22.21	2:18.67	REGC 6
	29.96	35.17	38.42	35.12			
12	Shook, Amelia		FR	Cape Fear	2:24.80	2:19.20	REGC 5
	31.25	35.84	36.77	35.34			
13	Stone, Willow		SO	Clayton	2:23.79	2:19.22	REGC 4
	31.57	35.22	37.23	35.20			
14	Dostie, Addison		FR	Topsail	2:25.29	2:23.90	REGC 3
	32.36	36.72	38.70	36.12			
15	Vasques-Soto, Jarianna		FR	Conley, D. H.	2:25.23	2:25.59	REGC 2
	32.83	37.20	38.13	37.43			
16	Hodge, Sophie			Sanford, Terry	2:27.23	2:26.41	REGC 1
	30.81	36.87	39.50	39.23			
17	Rogers, Abigail		SR	Fike	2:26.26	2:26.87	REGC
	32.90	39.05	36.89	38.03			
18	Huddleson, Maggie		SR	Northern Nash	2:27.00	2:27.33	REGC
	31.50	36.25	40.37	39.21			
19	Hamilton, Lindsay		SO	Clayton	2:33.21	2:28.50	REGC
	32.25	36.82	39.82	39.61			
20	Farrell, Mary-Clare		SR	Topsail	2:34.35	2:28.82	REGC
	33.61	36.63	39.52	39.06			
21	Bardowell, Madalyn		JR	Southern Nash	2:35.03	2:33.50	REGC
	33.99	37.70	40.84	40.97			
22	Danner, Maggie		JR	South Brunswick	2:31.30	2:34.52	REGC
	35.34	39.61	40.66	38.91			
23	Parks, Katherine		SO	South Brunswick	2:34.14	2:34.57	REGC
	33.04	38.92	41.55	41.06			
24	Scheel, Sydney		FR	Swansboro	2:34.35	2:39.49	REGC
	31.86	38.54	44.40	44.69			

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Event 4 Men 200 Yard Freestyle

1:38.63 AA-A
1:40.34 AA-C All-America
1:58.99 REGA
2:49.99 REGC Regional

	Name		Yr	School	Seed Time	Finals Time	Points
1	Pritchard, Thomas		JR	Northern Durham	1:46.67	1:47.28	REGA 20
	24.85	27.30	27.86	27.27			
2	Eberhardt, Andrew		SO	New Hanover	1:55.46	1:48.37	REGA 17
	25.06	27.64	27.95	27.72			
3	Dennison, Conner		JR	Conley, D. H.	1:53.36	1:50.62	REGA 16
	25.63	27.73	28.52	28.74			
4	Beasley, Josiah		SO	Triton	1:55.83	1:52.86	REGA 15
	25.83	27.70	29.57	29.76			
5	Exum, Russell		FR	Rose, J. H.	1:58.39	1:55.81	REGA 14
	26.11	28.86	30.40	30.44			
6	Metzger, Riley		FR	Cleveland	2:04.06	2:00.41	REGC 13
	27.95	30.14	31.32	31.00			
7	Davis, Chase		FR	Topsail	2:07.72	2:02.95	REGC 12
	28.06	30.98	32.46	31.45			
8	Berenji, Keyon		SO	West Brunswick	2:08.30	2:04.01	REGC 11
	27.78	30.55	32.20	33.48			
9	Wallis, Trenton		SR	Harnett Central	2:08.00	2:04.55	REGC 9
	26.79	30.43	34.24	33.09			
10	Batten, Dalton		JR	Smithfield-Selma	2:15.44	2:06.35	REGC 7
	27.83		33.77				
11	Price, Jacob		JR	Swansboro	2:08.45	2:09.87	REGC 6
	27.69	32.53	34.24	35.41			
12	Mongeau, James		SR	Topsail	2:18.05	2:11.32	REGC 5
	29.69	32.90	35.03	33.70			
13	Smith, Jacob		SO	Conley, D. H.	2:14.45	2:14.11	REGC 4
	29.05	32.59	35.29	37.18			
14	Davidson, Dylan		SR	Northern Durham	2:16.25	2:16.15	REGC 3
	28.67	33.90	35.92	37.66			
15	Topoly, Drew		JR	Smithfield-Selma	2:17.69	2:17.17	REGC 2
	31.23	34.19	36.79	34.96			
16	Holder, Sam		SO	Cleveland	2:21.00	2:17.36	REGC 1
	30.43	35.32	38.04	33.57			
17	Imbody, Sean		SR	Swansboro	2:11.39	2:18.11	REGC
	31.11	33.67	36.82	36.51			
18	Jenkins, Ammon Bryant		FR	Harnett Central	2:17.47	2:18.42	REGC
	31.06	35.49	37.01	34.86			
19	Horstmann, Matthew		FR	Clayton	2:21.47	2:19.37	REGC
	29.76	33.90	37.82	37.89			
20	Herzig, Dakota		SR	Cleveland	2:21.57	2:19.42	REGC
	31.44	35.85	1:12.13				
21	Dermer, Adam		JR	Hunt	2:18.33	2:20.05	REGC
	29.70	35.32	37.80	37.23			
22	Folgleman, Max		JR	Fike	2:21.38	2:22.98	REGC
	30.94	34.86	38.22	38.96			
---	Graham, Charlie		SR	Hunt	2:06.94	DQ	
---	Souza, Travis		SO	Topsail	2:19.80	DQ	
		35.58	35.15				

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Event 5 Women 200 Yard IM

2:01.89 AA-A
2:04.08 AA-C All-America
2:21.99 REGA
3:30.99 REGC Regional

	Name		Yr	School	Seed Time	Finals Time	Points
1	Ruck, Caroline		FR	West Brunswick	2:16.10	2:14.57	REGA 20
	29.23 34.53	39.11		31.70			
2	Koesters, Faith		FR	Conley, D. H.	2:24.13	2:21.43	REGA 17
	30.45 35.73	41.68		33.57			
3	Paschall, Meghan		JR	West Carteret	2:28.34	2:25.05	REGC 16
	29.40 37.38	44.15		34.12			
4	Bullard, Meredith		JR	Conley, D. H.	2:38.50	2:28.68	REGC 15
	31.58 37.08	46.18		33.84			
5	Jones, Cassie		SR	Fike	2:33.49	2:30.29	REGC 14
	30.76 36.60	46.32		36.61			
6	Eason, Corry		JR	Rose, J. H.	2:29.92	2:31.11	REGC 13
	31.07 36.59	46.62		36.83			
7	Gross, Kylie		FR	Conley, D. H.	2:42.34	2:33.17	REGC 12
	32.34 40.29	44.87		35.67			
8	Lucy, Gittings		JR	New Hanover	2:35.39	2:33.90	REGC 11
	34.15 38.08	45.84		35.83			
9	Autry, Samantha		SO	Jacksonville	2:34.58	2:36.47	REGC 9
		45.61		37.02			
10	Kazel, Mia		FR	Jacksonville	2:47.07	2:43.06	REGC 7
	34.49			37.07			
11	Yarborough, Hannah		SR	Sanford, Terry	2:47.00	2:48.24	REGC 6
	36.17 42.45	50.23		39.39			
12	Dalsimer, Madeline		JR	Rocky Mount	2:50.14	2:48.70	REGC 5
	33.76 43.00	50.03		41.91			
13	Van Vlack, Hannah		FR	Franklinton	2:52.50	2:51.37	REGC 4
	38.23 42.62	50.26		40.26			
14	Schreck, Jacqueline		JR	Swansboro	3:01.08	2:56.21	REGC 3
	36.92 43.57	54.80		40.92			
15	Von Hofen, Katie		JR	Topsail	3:03.66	2:59.06	REGC 2
	38.63 42.59	55.73		42.11			
16	Bailey, Alexis		JR	South Brunswick	2:59.57	2:59.37	REGC 1
	40.02 42.04	54.48		42.83			
17	Schwartz, Katlin		JR	Rose, J. H.	3:07.60	3:00.43	REGC
	38.04 43.23	51.68		47.48			
18	Thibeault, Kourtney		JR	Cape Fear	3:03.31	3:03.70	REGC
	37.43 47.28	56.35		42.64			
19	Puckett, Sarah		SO	Cleveland	3:07.94	3:04.21	REGC
	38.89 46.80	57.28		41.24			
20	Riddle, Mary		FR	Clayton	3:05.40	3:08.17	REGC
	42.33 49.71	54.30		41.83			
21	Terwilliger, Lily		SO	Cape Fear	3:08.84	3:12.76	REGC
	41.27 48.80	59.29		43.40			
22	Voss, Morgan		SR	Fike	3:08.16	3:13.62	REGC
	38.10 48.36	57.93		49.23			
---	Ruiz, Sara		SO	New Hanover	2:14.37	DQ	
	28.06 33.29	36.85		31.33			
---	Yates, Emmi		SO	Swansboro	3:00.15	DQ	
	38.46			40.41			

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Event 6 Men 200 Yard IM

1:49.83 AA-A
1:51.96 AA-C All-America
2:10.99 REGA
3:05.99 REGC Regional

	Name		Yr	School	Seed Time	Finals Time	Points
1	Falise, Nicholas		SO	Northern Durham	2:02.68	2:01.76	REGA 20
	25.31 30.90 37.86 27.69						
2	Landry, Andrew		SR	Conley, D. H.	2:07.12	2:05.85	REGA 17
	26.90 32.68 36.56 29.71						
3	Despres, Garrett		SO	Conley, D. H.	2:14.16	2:07.32	REGA 16
	27.47 30.88 38.58 30.39						
4	Maddrey, Ethan		SO	Hunt	2:10.58	2:08.43	REGA 15
	27.40 31.91 39.56 29.56						
5	Li, David		JR	Sanford, Terry	2:19.41	2:10.32	REGA 14
	27.58 33.43 38.01 31.30						
6	Hastings, Jack		SO	Rose, J. H.	2:18.15	2:13.72	REGC 13
	26.97 35.16 39.95 31.64						
7	Mainz, Creed		SO	Jacksonville	2:20.96	2:16.93	REGC 12
	27.65 32.89 43.22 33.17						
8	Gleason, Declan		FR	Franklinton	2:19.78	2:17.40	REGC 11
	29.45 36.49 39.06 32.40						
9	Leong, Luke		SO	Rose, J. H.	2:17.97	2:18.99	REGC 9
	29.79 37.99 38.01 33.20						
10	Kuhn, Lucas		SO	South Brunswick	2:20.89	2:20.10	REGC 7
	28.72 36.31 42.50 32.57						
11	Gallek, Nicholas		SO	Topsail	2:28.18	2:25.22	REGC 6
	30.08 36.17 43.14 35.83						
12	Bryan, Luke		SR	Harnett Central	2:26.90	2:27.73	REGC 5
	31.01 37.31 45.16 34.25						
13	Waiau, Marcus		SR	Havelock	2:26.53	2:27.88	REGC 4
	28.31 34.74 48.53 36.30						
14	Childer, Zachary		SR	Eastern Wayne	2:38.96	2:31.45	REGC 3
	31.85 38.68 45.76 35.16						
15	Nakaya, Ryo		SO	Fike	2:26.44	2:31.58	REGC 2
	30.52 43.26 41.97 35.83						
16	Donnelly, Casey		SR	Swansboro	2:27.65	2:31.70	REGC 1
	31.28 39.82 42.58 38.02						
17	Tong, Ben		FR	Hunt	2:33.82	2:31.85	REGC
	31.76 40.15 44.34 35.60						
18	Hynde, Cameron		SR	South Brunswick	2:30.23	2:32.14	REGC
	31.06 40.80 43.92 36.36						
19	Thompson, Dawson		SR	Clayton	2:30.17	2:34.62	REGC
	32.05 37.60 49.85 35.12						
20	Deffinbaugh, Johnny		JR	New Hanover	2:35.31	2:35.65	REGC
	29.21 40.75 48.34 37.35						
21	Hall, Justin		SO	Cleveland	2:39.04	2:38.38	REGC
	32.06 42.43 46.23 37.66						
22	Harts, Noah		JR	West Brunswick	2:37.72	2:40.60	REGC
	32.49 40.70 49.68 37.73						
23	Savage, Chance		FR	Northern Nash	2:39.48	2:41.51	REGC
	34.00 40.83 47.91 38.77						
---	Gallagher, Jonathan		SO	Topsail	2:34.88	DNF	

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Event 7 Women 50 Yard Freestyle

23.24 AA-A
23.63 AA-C All-America
26.49 REGA
31.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Torres, Svea	SR	Conley, D. H.	25.43	24.04	REGA 20
2	McGee, Ruth	SO	Conley, D. H.	26.17	25.25	REGA 17
3	Howard, Emma	SR	Northern Durham	25.99	25.32	REGA 16
4	Ervin, Bridgette	FR	Northern Durham	26.21	25.61	REGA 15
5	Jones, Jazmin	SO	Eastern Wayne	26.36	26.04	REGA 14
6	Prosser, Sarah	SO	West Carteret	26.80	26.51	REGC 13
7	Hill, Lauren	SR	Conley, D. H.	27.53	26.92	REGC 12
8	Lavelly, Jenna	SO	Rocky Mount	27.48	26.97	REGC 11
9	Kohake, Virginia	SR	Conley, D. H.	27.99	26.98	REGC 9
10	Scharf, Hannah	SR	South Brunswick	27.59	27.03	REGC 7
11	Day, Emily	JR	Hunt	27.48	27.06	REGC 6
12	Colantoni, Rhiannon	JR	Havelock	27.85	27.39	REGC 5
13	Martinez, Micaela	SO	Northside (Jax)	27.91	27.55	REGC 4
14	Temple, Scotty	SO	Triton	27.40	27.56	REGC 3
15	Lee, Julianna	SR	West Johnston	28.29	28.03	REGC 2
16	Redick, Nina	FR	Cleveland	28.90	28.07	REGC 1
17	Rose, Ellie	SR	West Carteret	28.82	28.08	REGC
18	Shook, Madeline	SR	Cape Fear	27.42	28.14	REGC
19	Seaman, Sydney	SR	Rocky Mount	28.44	28.60	REGC
20	Moss, Katherine	JR	Rocky Mount	28.38	28.64	REGC
21	Barbee, Sarah	JR	South Brunswick	29.18	28.84	REGC
22	Daniel, Caroline	SR	New Hanover	28.78	28.93	REGC
23	Hopper, Maggie	JR	South Brunswick	29.10	29.19	REGC
24	Gray, Maya	SO	Clayton	28.79	29.33	REGC

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Event 8 Men 50 Yard Freestyle

20.65 AA-A
20.97 AA-C All-America
23.49 REGA
26.49 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Torres, Trevor	SO	Conley, D. H.	23.23	21.95	REGA 20
2	Lu, Zizhou	JR	Gray's Creek	22.84	22.40	REGA 17
3	Humphreys, Grant	JR	Rose, J. H.	22.70	22.50	REGA 16
4	Meadows, Grant	JR	Swansboro	22.92	22.65	REGA 15
5	Eberhardt, Andrew	SO	New Hanover	23.53	23.06	REGA 14
6	Bell, Jacob	SO	Conley, D. H.	23.59	23.14	REGA 13
7	Bell, Owen	JR	South Brunswick	23.96	23.20	REGA 12
8	Rivera, Christian	SR	Swansboro	23.51	23.22	REGA 11
9	Bryson, Toby	SO	Conley, D. H.	24.34	23.86	REGC 9
10	Johnson, Teddy	SR	South Brunswick	23.25	23.95	REGC 7
11	Malsch, Hunter	SR	Northern Durham	24.32	24.06	REGC 6
12	Coles, William	SO	West Carteret	24.51	24.11	REGC 5
13	Cain, Jackson	FR	Northern Durham	24.42	24.31	REGC 4
14	Gross, Joshua	JR	Eastern Wayne	25.54	24.64	REGC 3
15	Kerstein, Spencer	SR	West Carteret	25.30	24.95	REGC 2
16	Carmillo, Matt	SR	Clayton	25.42	25.14	REGC 1
17	Anderson, John	SO	Conley, D. H.	25.04	25.20	REGC
18	Wallis, Trenton	SR	Harnett Central	24.80	25.26	REGC
19	Cruz, Colton	SR	Southern Nash	25.12	25.32	REGC
20	Tew, Nick	JR	Hunt	25.79	25.40	REGC
21	Russell, Brandon	SR	Aycock, C. B.	25.82	25.58	REGC
22	Leavitt, Tyson	SR	Cape Fear	26.00	25.82	REGC
23	Davis, Christian	SR	Cleveland	25.60	26.18	REGC

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Event 11 Women 100 Yard Butterfly

54.56 AA-A
55.75 AA-C All-America
1:02.99 REGA
1:50.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	White, McKenzie 28.05 31.97	SR	South Brunswick	1:02.47	1:00.02	REGA 20
2	Ruck, Caroline 28.28 32.15	FR	West Brunswick	1:01.55	1:00.43	REGA 17
3	Jewell, Brynn 28.27 32.22	JR	New Hanover	1:05.66	1:00.49	REGA 16
4	Popella, Delaney 27.89 33.25	JR	Topsail	1:02.92	1:01.14	REGA 15
5	Gooch, Ellen 28.74 32.88	JR	Northern Durham	1:02.67	1:01.62	REGA 14
6	Boldt, Elizabeth 29.12 33.46	FR	South Brunswick	1:05.15	1:02.58	REGA 13
7	Paschall, Meghan 29.63 34.24	JR	West Carteret	1:05.18	1:03.87	REGC 12
8	Jones, Jazmin 29.09 35.41	SO	Eastern Wayne	1:04.62	1:04.50	REGC 11
9	Loynes, Anna 29.67 34.99	SR	West Carteret	1:05.33	1:04.66	REGC 9
10	Jones, Cassie 30.91 37.74	SR	Fike	1:08.81	1:08.65	REGC 7
11	Barbee, Sarah 31.29 38.00	JR	South Brunswick	1:11.66	1:09.29	REGC 6
12	Tarrant, Bailey 31.31 39.50	SO	Northern Durham	1:12.67	1:10.81	REGC 5
13	Taylor, Alyson 32.63 38.32	SO	Swansboro	1:12.58	1:10.95	REGC 4
14	Bullard, Meredith 32.62 39.05	JR	Conley, D. H.	1:11.87	1:11.67	REGC 3
15	Dhunjishaw, Sarah 33.40 38.47	JR	South Brunswick	1:13.17	1:11.87	REGC 2
16	Lord, Clara 33.19 38.95	FR	Rocky Mount	1:12.68	1:12.14	REGC 1
17	Higgins, Hannah 34.13 38.65	FR	Conley, D. H.	1:12.50	1:12.78	REGC
18	Raynor, Faith 33.24 39.99	JR	Clayton	1:11.44	1:13.23	REGC
19	Osterhout, Kathryn 33.49 41.58	SO	Rocky Mount	1:18.57	1:15.07	REGC
20	Kerner, Camille 34.59 41.72	JR	Northern Durham	1:18.06	1:16.31	REGC
21	Potteiger, Kamryn 34.18 43.11	SO	West Johnston	1:16.75	1:17.29	REGC
22	Scheel, Sydney 34.20 43.68	FR	Swansboro	1:19.07	1:17.88	REGC
23	Leahy, Bella 35.79 47.75	SO	East Wake	1:21.25	1:23.54	REGC
---	Kohake, Virginia 31.75 37.42	SR	Conley, D. H.	1:10.73	DQ	

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Event 12 Men 100 Yard Butterfly

49.06 AA-A
50.07 AA-C All-America
57.99 REGA
1:35.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Langston, Mitchell 25.13 27.70	JR	Cleveland	53.39	52.83	REGA 20
2	Popejoy, Cade 25.29 29.00	SR	White Oak	57.07	54.29	REGA 17
3	Anselmo, Matt 25.95 30.63	JR	South Brunswick	56.55	56.58	REGA 16
4	Tillery, Seth 26.62 30.18	SO	Conley, D. H.	55.74	56.80	REGA 15
5	Husketh, Dalton 27.02 31.88	FR	Northern Durham	59.12	58.90	REGC 14
6	Bryson, Toby 26.95 32.01	SO	Conley, D. H.	1:05.95	58.96	REGC 13
7	Li, David 28.47 31.86	JR	Sanford, Terry	1:03.23	1:00.33	REGC 12
8	Fallon, Tommy 28.37 32.66	SR	West Brunswick	1:02.35	1:01.03	REGC 11
9	Weeks, Kenneth 28.39 33.05	JR	Eastern Wayne	1:06.27	1:01.44	REGC 9
10	Kuhn, Lucas 28.85 34.03	SO	South Brunswick	1:01.60	1:02.88	REGC 7
11	Zhang, Kevin 28.96 34.61	SR	Topsail	1:04.20	1:03.57	REGC 6
12	Brown, Evan 31.14 34.60	JR	Franklinton	1:08.06	1:05.74	REGC 5
13	Diaz, Hayden 29.08 36.72	JR	Gray's Creek	1:08.32	1:05.80	REGC 4
14	Ervin, Benjamin 29.48 36.40	JR	Northern Durham	1:05.06	1:05.88	REGC 3
15	Maamoun, Eslam 28.65 38.59	SO	Rose, J. H.	1:09.78	1:07.24	REGC 2
16	Gallek, Nicholas 31.28 36.13	SO	Topsail	1:08.52	1:07.41	REGC 1
17	Griffin, Harry 30.38 37.13	FR	Northern Durham	1:08.01	1:07.51	REGC
18	Nakaya, Ryo 30.45 38.67	SO	Fike	1:06.27	1:09.12	REGC
19	Eldib, Adam 29.19 40.14	SR	Conley, D. H.	1:09.85	1:09.33	REGC
20	Penny, Trey 31.77 39.15	SO	South Johnston	1:10.95	1:10.92	REGC
21	Gallagher, Jonathan 31.51 39.53	SO	Topsail	1:09.39	1:11.04	REGC
---	Fitzhugh, Ryan 29.62 38.98	FR	Clayton	1:09.85	DQ	
---	Brown, Riley 25.68 30.06	SO	Conley, D. H.	56.94	DQ	

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Event 13 Women 100 Yard Freestyle

50.41 AA-A
51.17 AA-C All-America
57.99 REGA
1:10.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Despres, Morgan 25.79 27.80	SR	Conley, D. H.	55.22	53.59	REGA 20
2	Pottle, Kate 26.47 27.16	JR	New Hanover	54.08	53.63	REGA 17
3	Howard, Emma 26.22 29.37	SR	Northern Durham	58.29	55.59	REGA 16
4	McGee, Ruth 26.68 29.09	SO	Conley, D. H.	57.85	55.77	REGA 15
5	Koesters, Faith 27.80 29.39	FR	Conley, D. H.	57.75	57.19	REGA 14
6	Morden, Sarah 27.92 31.07	JR	Smith, E. E.	59.75	58.99	REGC 13
7	Lavelly, Jenna 28.05 31.90	SO	Rocky Mount	1:00.48	59.95	REGC 12
8	Kohake, Julia 28.58 31.66	JR	Conley, D. H.	1:01.29	1:00.24	REGC 11
9	Day, Emily 29.21 31.32	JR	Hunt	1:02.11	1:00.53	REGC 9
10	Parrella, Kersten 29.54 32.29	SR	Topsail	1:03.00	1:01.83	REGC 7
11	Colantoni, Rhiannon 29.65 32.40	JR	Havelock	1:03.01	1:02.05	REGC 6
12	Rose, Ellie 31.16 31.20	SR	West Carteret	1:04.05	1:02.36	REGC 5
13	Seaman, Sydney 29.86 32.61	SR	Rocky Mount	1:03.16	1:02.47	REGC 4
14	Parrish, Amber 29.25 34.30	SR	Cleveland	1:07.79	1:03.55	REGC 3
15	Hopper, Maggie 30.47 33.65	JR	South Brunswick	1:05.13	1:04.12	REGC 2
16	Dostie, Addison 31.32 33.31	FR	Topsail	1:05.49	1:04.63	REGC 1
17	Hodge, Sophie 30.39 34.91		Sanford, Terry	1:06.22	1:05.30	REGC
18	Palmquist, Elizabeth 31.17 34.37	SR	South Brunswick	1:06.55	1:05.54	REGC
19	Roberson, Noelle 31.61 33.95	FR	Clayton	1:06.22	1:05.56	REGC
20	Yuziuk, Carolyn 31.19 35.51	SR	Cleveland	1:08.47	1:06.70	REGC
21	Becker, Carina 32.29 35.20	SO	Rose, J. H.	1:08.03	1:07.49	REGC
22	Gray, Maya 30.39 37.15	SO	Clayton	1:08.59	1:07.54	REGC
23	Parks, Katherine 32.16 37.71	SO	South Brunswick	1:08.30	1:09.87	REGC
---	Davila, Zoe 32.02 39.87	SR	Jacksonville	1:05.40	x1:11.89	

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Event 14 Men 100 Yard Freestyle

45.06 AA-A
45.80 AA-C All-America
52.99 REGA
1:08.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Lu, Zizhou 23.29 25.51	JR	Gray's Creek	50.95	48.80	REGA 20
2	Meadows, Grant 23.98 26.30	JR	Swansboro	51.16	50.28	REGA 17
3	Smith, Sadler 23.96 26.48	FR	Rose, J. H.	50.33	50.44	REGA 16
4	Bell, Jacob 23.96 26.63	SO	Conley, D. H.	52.47	50.59	REGA 15
5	Bell, Owen 24.47 26.51	JR	South Brunswick	52.50	50.98	REGA 14
6	Cook, Turner 24.91 26.88	FR	Conley, D. H.	53.61	51.79	REGA 13
7	Francis, Sanjeev 24.48 27.47	FR	Hunt	52.68	51.95	REGA 12
8	Cain, Jackson 25.21 28.25	FR	Northern Durham	53.83	53.46	REGC 11
9	Humphreys, Grant 25.18 28.37	JR	Rose, J. H.	53.40	53.55	REGC 9
10	Rivera, Christian 25.47 28.38	SR	Swansboro	54.06	53.85	REGC 7
11	Coles, William 26.00 28.30	SO	West Carteret	55.56	54.30	REGC 6
12	Popejoy, Cade 26.32 28.56	SR	White Oak	54.40	54.88	REGC 5
13	Wallis, Spencer 26.55 28.49	SR	Harnett Central	56.79	55.04	REGC 4
14	Fallon, Tommy 26.06 29.24	SR	West Brunswick	53.57	55.30	REGC 3
15	Graham, Charlie 26.24 29.34	SR	Hunt	55.55	55.58	REGC 2
16	Anderson, John 27.14 28.68	SO	Conley, D. H.	55.69	55.82	REGC 1
17	Brown, Bryson 26.55 30.10	SO	Rose, J. H.	58.93	56.65	REGC
18	Coburn, Andrew 27.33 29.38	SO	Northern Durham	58.15	56.71	REGC
19	Price, Jacob 27.19 29.63	JR	Swansboro	58.23	56.82	REGC
20	Cruz, Colton 26.85 30.38	SR	Southern Nash	58.06	57.23	REGC
21	Tew, Nick 27.83 29.58	JR	Hunt	58.56	57.41	REGC
22	Hucks, Tyler 27.07 31.21	SR	West Brunswick	56.97	58.28	REGC
23	Hynde, Cameron 29.82 33.05	SR	South Brunswick	59.13	1:02.87	REGC
---	Batten, Dalton 27.00 28.85	JR	Smithfield-Selma	56.88	DQ	

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Event 15 Women 500 Yard Freestyle

4:52.12 AA-A
4:57.09 AA-C All-America
5:50.99 REGA
8:00.99 REGC Regional

	Name		Yr	School		Seed Time	Finals Time	Points
1	Jewell, Brynn		JR	New Hanover		5:29.33	5:08.02	REGA 20
	27.78 30.14 30.88			31.13 31.43 31.45 31.47		32.00		
	31.74 30.00							
2	Martin, Reagan		JR	Clayton		5:31.17	5:08.91	REGA 17
	27.59 30.08 31.07			31.82 31.53 31.48 31.73		31.64		
	31.59 30.38							
3	Hoover, Madison		SO	Topsail		5:26.53	5:10.96	REGA 16
	27.87 29.97 31.11			31.53 31.63 32.22 31.85		32.38		
	32.07 30.33							
4	Marshall, Lauren Drew		SR	Topsail		5:28.76	5:11.13	REGA 15
	27.91 30.84 31.57			31.50 31.58 31.53 31.58		32.25		
	31.48 30.89							
5	Burns, Abigail		JR	Conley, D. H.		5:23.80	5:24.55	REGA 14
	28.12 31.00 31.91			32.47 32.86 33.17 33.56		34.08		
	34.11 33.27							
6	Martin, Lillie		FR	Clayton		5:43.44	5:36.22	REGA 13
	29.50 32.38 33.94			33.94 34.26 34.64 34.85		34.81		
	34.02 33.88							
7	DeVente, Nioelle		FR	Rose, J. H.		5:47.10	5:39.33	REGA 12
	29.67 33.73 33.54			34.51 34.29 34.78 35.18		35.03		
	34.97 33.63							
8	Torres, Sophia		SO	Smithfield-Selma		5:50.03	5:43.16	REGA 11
	30.05 32.85 33.75			34.61 35.24 35.53 35.56		35.27		
	35.30 35.00							
9	Jones, Sarah		SR	Fike		5:47.94	5:52.39	REGC 9
	31.36 34.92 35.30			34.97 35.01 36.22 36.04		36.66		
	35.85 36.06							
10	Raynor, Faith		JR	Clayton		5:59.82	6:03.77	REGC 7
	32.60 35.65 36.57			36.76 36.99 37.20 37.23		37.54		
	37.48 35.75							
11	Gross, Kylie		FR	Conley, D. H.		6:21.00	6:11.84	REGC 6
	32.47 36.57 37.59			37.72 38.24 38.14 37.86		38.68		
	37.75 36.82							
12	Kazel, Mia		FR	Jacksonville		6:22.62	6:15.66	REGC 5
	32.59 36.56 38.15			38.34 38.99 38.32 39.15		38.22		
	38.32 37.02							
13	Tarrant, Bailey		SO	Northern Durham		6:35.06	6:25.59	REGC 4
	31.78 36.24 38.13			38.72 39.71 39.08 40.46		40.20		
	40.59 40.68							
14	Maybee, Delaney		FR	Havelock		6:35.17	6:32.85	REGC 3
	34.53 37.26 38.95			39.41 40.56 40.46 41.36		40.86		
	40.62 38.84							
15	Yarborough, Hannah		SR	Sanford, Terry		6:40.36	6:41.87	REGC 2
	34.06 38.88 40.64			41.19 40.93 41.96 41.18		41.35		
	42.04 39.64							
16	McCormick, Margaret		SO	Harnett Central		7:05.39	6:45.30	REGC 1
	35.44 40.85 42.50			42.55 42.24 41.13 41.57		40.91		
	40.03 38.08							

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Event 17 Women 200 Yard Freestyle Relay

1:35.67 AA-A
1:37.32 AA-C All-America
1:56.99 REGA
3:20.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	Conley, D. H. 1) Despres, Morgan SR 25.11 26.91 23.40	2) Hill, Lauren SR 25.93	1:45.67 3) Torres, Svea SR	1:41.35 REGA 4) Burns, Abigail JR	40
2	West Carteret 1) Paschall, Meghan JR 26.19 28.19 26.03	2) Rose, Ellie SR 25.70	1:51.70 3) Prosser, Sarah SO	1:46.11 REGA 4) Loynes, Anna SR	34
3	South Brunswick 1) Palmquist, Elizabeth SR 28.62 26.86 25.76	2) Scharf, Hannah SR 25.60	1:47.95 3) Boldt, Elizabeth FR	1:46.84 REGA 4) White, McKenzie SR	32
4	Rocky Mount 1) Lord, Clara FR 28.19 28.75 28.98	2) Moss, Katherine JR 26.55	1:52.33 3) Seaman, Sydney SR	1:52.47 REGA 4) Lavelly, Jenna SO	30
5	Topsail 1) Contreras, Tihani SO 28.10 29.01 28.41	2) Parrella, Kersten SR 27.13	1:55.44 3) Dostie, Addison FR	1:52.65 REGA 4) Popella, Delaney JR	28
6	Cleveland 1) Redick, Nina FR 28.61 29.93 29.36	2) Drapper, Breanne FR 28.02	1:59.86 3) Yuziuk, Carolyn SR	1:55.92 REGA 4) Parrish, Amber SR	26
7	Swansboro 1) Scheel, Sydney FR 29.63 29.71 29.72	2) Nelson, Bailey SO 27.58	1:58.54 3) Scheel, Ramie FR	1:56.64 REGA 4) Taylor, Alyson SO	24
8	Cape Fear 1) Shook, Amelia FR 29.26 29.46 30.73	2) Thibeault, Kourtney JR 27.74	1:57.91 3) Gronowski, Sidney SR	1:57.19 REGC 4) Shook, Madeline SR	22
9	Fike 1) Rogers, Abigail SR 30.02 29.85 29.26	2) Hill, Catherine FR 28.24	1:59.10 3) Hodges, Abby SR	1:57.37 REGC 4) Harrell, Madeline SR	18
10	Smithfield-Selma 1) Torres, Sophia SO 30.46 30.44 29.11	2) Vollmer, Amy JR 28.02	2:00.86 3) Terrill, Ashley SO	1:58.03 REGC 4) Garcia- Ortega, Jennifer JR	14
11	Clayton 1) Hamilton, Lindsay SO 30.68 36.45 25.35	2) Karstens, Ella FR 28.28	2:02.62 3) Roberson, Noelle FR	2:00.76 REGC 4) Gray, Maya SO	12
12	Hunt 1) Day, Emily JR 28.19 31.23 31.86	2) Pierce, Rebekah 30.36	2:03.88 3) Reed, Elizabeth	2:01.64 REGC 4) Mercer, Sarah JR	10
13	Havelock 1) Maybee, Delaney FR 29.47 31.11 34.27	2) Foreman, Ronnie SR 27.49	2:02.56 3) Baker, Cassidy SR	2:02.34 REGC 4) Colantoni, Rhiannon JR	8
14	Sanford, Terry 1) Hodge, Sophie 29.53 31.40 31.97	2) Maull, Marvell SR 29.85	2:00.27 3) Beal, Selena SR	2:02.75 REGC 4) Yarborough, Hannah SR	6
15	West Johnston 1) Bonds, Jillian FR 31.93 33.64 29.26	2) Potteiger, Kamryn SO 27.99	2:02.97 3) Martin, Grace JR	2:02.82 REGC 4) Lee, Julianna SR	4
16	Rose, J. H. 1) Becker, Carina SO 30.42 31.55 31.60	2) Reisch, Megan 29.39	2:06.37 3) Davenport, Rachel	2:02.96 REGC 4) Anderson, Emma FR	2

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17	New Hanover				2:09.83	2:05.15	REGC
	1) Ricanek, Lisa JR		2) Daniel, Caroline SR		3) Farinella, Margaret SR	4) Elder, Elizabeth FR	
	32.33 29.51 34.83		28.48				
18	Harnett Central				2:08.77	2:07.90	REGC
	1) Maldonado, Allison SR		2) Buie, Reese SR		3) Plummer, Skylar	4) McCormick, Margaret SO	
	33.76 32.58 31.59		29.97				
19	Gray's Creek				2:09.77	2:08.43	REGC
	1) Ormsby, Sara SO		2) Cygan, Courtney		3) Williams, Hannah FR	4) Barefoot, Madison SR	
	31.66 33.37 33.16		30.24				
20	Eastern Wayne				2:09.85	2:09.71	REGC
	1) Ames, Emily SR		2) Shipp, Kristen		3) Shipp, Alyssa SO	4) Jones, Jazmin SO	
	36.00 35.58 31.05		27.08				
21	Northern Nash				2:10.31	2:10.41	REGC
	1) Allen, Jenna JR		2) Leeson, Olivia		3) Tamasiea, Anna	4) Huddleson, Maggie SR	
	33.40 33.66 33.79		29.56				
22	Franklinton				2:08.48	2:24.03	REGC
	1) Albright, Emma		2) Porterfield, Ireyanna		3) Styers, Emma	4) Pelt, Bailey JR	
	33.47 41.74 41.52		27.30				
---	Jacksonville				2:00.30	DQ	
	1) Kazel, Mia FR		2) St Denis, Kaylee SR		3) Davila, Zoe SR	4) Autry, Samantha SO	
	28.86 31.41 29.69		27.31				
---	Northern Durham				1:46.93	DQ	
	1) Ervin, Bridgette FR		2) Gooch, Ellen JR		3) Kerner, Camille JR	4) Howard, Emma SR	
	25.57 26.40 27.04		25.21				

Event 18 Men 200 Yard Freestyle Relay

1:24.94 AA-A
1:26.18 AA-C All-America
1:40.99 REGA
3:15.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	Conley, D. H.		1:34.15	1:32.12 REGA	40
	1) Torres, Trevor SO	2) Brown, Riley SO	3) Cook, Turner FR	4) Bell, Jacob SO	
	22.63 23.09 23.64	22.76			
2	South Brunswick		1:32.49	1:33.71 REGA	34
	1) Bell, Owen JR	2) Johnson, Teddy SR	3) Kuhn, Lucas SO	4) Anselmo, Matt JR	
	23.09 23.36 24.27	22.99			
3	Swansboro		1:39.58	1:37.96 REGA	32
	1) Price, Jacob JR	2) Sutton, Daniel SR	3) Rivera, Christian SR	4) Meadows, Grant JR	
	25.69 25.82 23.61	22.84			
4	West Brunswick		1:41.97	1:40.31 REGA	30
	1) Hucks, Tyler SR	2) Burrill, Kade SR	3) Reed, Austin SR	4) Fallon, Tommy SR	
	25.89 25.69 25.45	23.28			
5	Gray's Creek		1:43.10	1:40.48 REGA	28
	1) Lindee, Adam JR	2) Shuey, Jett SR	3) Diaz, Hayden JR	4) Lu, Zizhou JR	
	26.30 25.72 26.09	22.37			
6	Harnett Central		1:42.05	1:40.59 REGA	26
	1) Wallis, Spencer SR	2) Bryan, Luke SR	3) Jones, Will SO	4) Wallis, Trenton SR	
	24.60 26.08 27.45	22.46			
7	Clayton		1:44.09	1:41.59 REGC	24
	1) Carmillo, Matt SR	2) Karstens, Walter JR	3) Thompson, Dawson SR	4) Fitzhugh, Ryan FR	
	26.06 25.33 26.29	23.91			
8	Topsail		1:44.14	1:41.95 REGC	22
	1) Mongeau, James SR	2) Schmitz, Devin JR	3) MacVaugh, Kennard SR	4) Zhang, Kevin SR	
	26.15 26.58 24.69	24.53			

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9	White Oak				1:45.46	1:43.73	REGC	18
	1) Popejoy, Cade SR		2) McElyea, Jaiden JR		3) Lausterer, Noah SO	4) Beagle, Matthew JR		
	23.98 27.28 27.42		25.05					
10	Rose, J. H.				1:47.62	1:43.90	REGC	14
	1) Skahill, Sam JR		2) Pierce, Blake		3) Maamoun, Eslam SO	4) Brown, Bryson SO		
	27.07 27.06 24.19		25.58					
11	Sanford, Terry				1:44.55	1:44.11	REGC	12
	1) Allen, Ferris SR		2) Smith, Tristan SO		3) Li, David JR	4) Gordon, Nikhil		
	27.01 26.32 24.67		26.11					
12	Aycock, C. B.				1:44.67	1:44.90	REGC	10
	1) Smith, Nick SR		2) Castorena, Mitchell		3) Edwards, Cody SR	4) Russell, Brandon SR		
	26.82 25.74 26.86		25.48					
13	West Carteret				1:46.03	1:45.37	REGC	8
	1) Kerstein, Spencer SR		2) Pennington, Jacob JR		3) Stevens, Travis SR	4) Gordon, Will SR		
	25.66 27.60 26.46		25.65					
14	Fike				1:46.40	1:45.51	REGC	6
	1) Gliarmis, John SR		2) Woodard, Benjamin FR		3) Nakaya, Ryo SO	4) Folgleman, Max JR		
	26.78 27.10 25.03		26.60					
15	Northern Durham				1:35.26	1:46.23	REGC	4
	1) Husketh, Dalton FR		2) Gullie, Camden		3) Coburn, Andrew SO	4) Davidson, Dylan SR		
	25.58 28.94 25.68		26.03					
16	Rocky Mount				1:48.62	1:46.42	REGC	2
	1) Lord, Austin JR		2) Manago, Quintin SO		3) Ramsey, Griffin SR	4) Phillips, Samuel JR		
	26.06 27.03 28.44		24.89					
17	Hunt				1:37.90	1:46.60	REGC	
	1) Tew, Nick JR		2) Johnson, Bryce		3) Dermer, Adam JR	4) Stevens, Jack JR		
	25.62 26.34 27.19		27.45					
18	Southern Nash				1:47.47	1:47.43	REGC	
	1) Alford, Dylan SO		2) Noland, Alex		3) Terry, Alex FR	4) Cruz, Colton SR		
	29.28 28.27 25.00		24.88					
19	Havelock				1:49.59	1:48.09	REGC	
	1) Boroday, Landon SR		2) Cotto, Eugenio JR		3) Lynch, Eric JR	4) Waiau, Marcus SR		
	27.16 28.92 26.54		25.47					
20	Smithfield-Selma				1:48.61	1:48.18	REGC	
	1) Topoly, Drew JR		2) Moore, Hampton JR		3) Gibbons, Jacob JR	4) Batten, Dalton JR		
	27.38 28.64 27.11		25.05					
21	South Johnston				1:51.89	1:48.29	REGC	
	1) Grady, Zachary SR		2) Lambert, Dylan SO		3) Adams, Gage SR	4) Penny, Trey SO		
	26.50 28.21 29.96		23.62					
22	Franklinton				1:52.49	1:49.08	REGC	
	1) Gibson, Blake		2) Krec, Ty		3) Gleason, Declan FR	4) Brown, Evan JR		
	27.55 28.17 27.91		25.45					
23	East Wake				1:48.64	1:49.09	REGC	
	1) Rhodes, Masten		2) Sykes, Jack		3) Strickland, Jace	4) Killette, Bryan SR		
	28.33 29.82 25.92		25.02					
---	Cleveland				1:42.80	DQ		
	1) Davis, Christian SR		2) Davis, Colby SO		3) Embler, Alex SO	4) Holder, Sam SO		
	25.78 25.80 25.95		25.19					

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Event 19 Women 100 Yard Backstroke

55.05 AA-A
56.30 AA-C All-America
1:04.99 REGA
1:25.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Martin, Reagan 28.92 30.67	JR	Clayton	1:02.58	59.59	REGA 20
2	Marshall, Lauren Drew 29.39 30.90	SR	Topsail	1:03.11	1:00.29	REGA 17
3	White, McKenzie 29.35 31.29	SR	South Brunswick	1:04.00	1:00.64	REGA 16
4	Boldt, Elizabeth 30.36 31.89	FR	South Brunswick	1:04.63	1:02.25	REGA 15
5	Eason, Corry 31.41 34.48	JR	Rose, J. H.	1:07.07	1:05.89	REGC 14
6	Contreras, Tihani 32.27 35.37	SO	Topsail	1:09.49	1:07.64	REGC 13
7	Lucy, Gittings 32.92 35.30	JR	New Hanover	1:12.54	1:08.22	REGC 12
8	Temple, Scotty 33.93 35.70	SO	Triton	1:14.45	1:09.63	REGC 11
9	Shook, Amelia 34.01 36.87	FR	Cape Fear	1:13.18	1:10.88	REGC 9
10	Kohake, Julia 34.66 36.53	JR	Conley, D. H.	1:09.88	1:11.19	REGC 7
11	Higgins, Hannah 35.34 36.16	FR	Conley, D. H.	1:12.85	1:11.50	REGC 6
12	Malsch, Hailey 34.49 37.42	JR	Northern Durham	1:14.79	1:11.91	REGC 5
13	Stone, Willow 35.03 38.12	SO	Clayton	1:13.40	1:13.15	REGC 4
14	Daniel, Caroline 35.66 38.45	SR	New Hanover	1:16.69	1:14.11	REGC 3
15	Dhunjishaw, Sarah 36.65 37.59	JR	South Brunswick	1:15.54	1:14.24	REGC 2
16	Patton, Kaiya 35.08 39.75	FR	Fike	1:13.80	1:14.83	REGC 1
17	Hodges, Abby 36.66 38.63	SR	Fike	1:15.71	1:15.29	REGC
18	Karstens, Ella 35.98 40.39	FR	Clayton	1:16.74	1:16.37	REGC
19	Morrison, Virginia	JR	Conley, D. H.	1:17.42	1:16.83	REGC
20	Foreman, Ronnie 38.17 39.27	SR	Havelock	1:17.61	1:17.44	REGC
21	Lord, Clara 37.56 40.26	FR	Rocky Mount	1:16.76	1:17.82	REGC
22	Von Hofen, Katie 38.11 39.77	JR	Topsail	1:17.41	1:17.88	REGC
23	Leidy, Claire 36.61 42.05	JR	Swansboro	1:16.78	1:18.66	REGC
---	Shook, Madeline 33.03 35.84	SR	Cape Fear	1:10.29	DQ	

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Event 20 Men 100 Yard Backstroke

49.66 AA-A
50.86 AA-C All-America
1:03.99 REGA
1:27.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Langston, Mitchell 25.62 27.24	JR	Cleveland	54.92	52.86	REGA 20
2	Falise, Nicholas 27.11 29.30	SO	Northern Durham	56.67	56.41	REGA 17
3	Brown, Riley 28.13 29.75	SO	Conley, D. H.	58.28	57.88	REGA 16
4	Maddrey, Ethan 28.40 30.10	SO	Hunt	59.98	58.50	REGA 15
5	Smith, Sadler 28.47 30.07	FR	Rose, J. H.	58.75	58.54	REGA 14
6	Mainz, Creed 28.52 30.43	SO	Jacksonville	1:01.89	58.95	REGA 13
7	Exum, Russell 29.24 30.94	FR	Rose, J. H.	1:01.95	1:00.18	REGA 12
8	Tillery, Seth 28.85 31.77	SO	Conley, D. H.	59.86	1:00.62	REGA 11
9	Waiau, Marcus 30.43 32.24	SR	Havelock	1:04.87	1:02.67	REGA 9
10	Davis, Chase 30.68 32.43	FR	Topsail	1:04.64	1:03.11	REGA 7
11	Lord, Austin 33.50 33.12	JR	Rocky Mount	1:07.57	1:06.62	REGC 6
12	Karstens, Walter 33.86 35.04	JR	Clayton	1:09.16	1:08.90	REGC 5
13	Rogers, Matthew 33.90 35.27	FR	Harnett Central	1:08.12	1:09.17	REGC 4
14	Hines, Carter 33.08 36.94	FR	South Johnston	1:10.71	1:10.02	REGC 3
15	Imbody, Sean 33.74 36.70	SR	Swansboro	1:10.63	1:10.44	REGC 2
16	Davis, Christian 33.42 37.39	SR	Cleveland	1:11.71	1:10.81	REGC 1
17	Nason, Chandler 35.33 36.25	FR	Northern Durham	1:13.95	1:11.58	REGC
18	Gordon, Will 35.16 38.10	SR	West Carteret	1:15.35	1:13.26	REGC
19	Prichard, Harrison 37.47 36.62	SR	Cape Fear	1:14.36	1:14.09	REGC
20	Salter, Logan 36.27 39.06	SR	Clayton	1:14.53	1:15.33	REGC
21	Baker, Nate	FR	Havelock	1:15.94	1:15.64	REGC
22	Miller, Bryce 36.77 38.91	SO	South Brunswick	1:16.53	1:15.68	REGC

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Event 21 Women 100 Yard Breaststroke

1:02.82 AA-A
1:04.26 AA-C All-America
1:12.99 REGA
1:37.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Torres, Svea 31.44 34.89	SR	Conley, D. H.	1:10.10	1:06.33	REGA 20
2	Ruiz, Sara 31.56 34.88	SO	New Hanover	1:09.26	1:06.44	REGA 17
3	Ervin, Bridgette 31.30 36.73	FR	Northern Durham	1:09.62	1:08.03	REGA 16
4	Burns, Abigail 32.28 36.78	JR	Conley, D. H.	1:10.59	1:09.06	REGA 15
5	Popella, Delaney 32.43 36.79	JR	Topsail	1:12.40	1:09.22	REGA 14
6	Prosser, Sarah 33.62 38.93	SO	West Carteret	1:18.30	1:12.55	REGA 13
7	Morden, Sarah 34.69 38.56	JR	Smith, E. E.	1:14.59	1:13.25	REGC 12
8	Scharf, Hannah 35.85 41.16	SR	South Brunswick	1:20.63	1:17.01	REGC 11
9	Autry, Samantha 37.11 42.24	SO	Jacksonville	1:19.89	1:19.35	REGC 9
10	Harrell, Madeline 37.51 42.88	SR	Fike	1:22.08	1:20.39	REGC 7
11	Taylor, Alyson 37.52 43.00	SO	Swansboro	1:20.43	1:20.52	REGC 6
12	Farrell, Mary-Clare 37.32 43.68	SR	Topsail	1:23.50	1:21.00	REGC 5
13	Maybee, Delaney 37.80 43.63	FR	Havelock	1:22.34	1:21.43	REGC 4
14	Redick, Nina 37.31 44.31	FR	Cleveland	1:21.39	1:21.62	REGC 3
15	Nelson, Bailey 38.75 43.91	SO	Swansboro	1:25.29	1:22.66	REGC 2
16	Van Vlack, Hannah 39.29 43.81	FR	Franklinton	1:23.71	1:23.10	REGC 1
17	Anderson, Emma 38.02 45.78	FR	Rose, J. H.	1:24.76	1:23.80	REGC
18	Dalsimer, Madeline 38.34 46.40	JR	Rocky Mount	1:25.15	1:24.74	REGC
19	Zingerle, Medea 39.62 45.35	SR	Topsail	1:25.30	1:24.97	REGC
20	Becker, Carina 39.96 45.79	SO	Rose, J. H.	1:26.34	1:25.75	REGC
21	Palmquist, Elizabeth 40.26 45.85	SR	South Brunswick	1:27.56	1:26.11	REGC
22	Roberson, Noelle 40.61 45.91	FR	Clayton	1:25.80	1:26.52	REGC
23	Nelson, Makenna 40.77 47.63	FR	Swansboro	1:28.82	1:28.40	REGC
24	Miller, McKenzie 40.70 48.31	JR	Swansboro	1:28.97	1:29.01	REGC

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Event 22 Men 100 Yard Breaststroke

56.00 AA-A
57.27 AA-C All-America
1:08.99 REGA
1:35.99 REGC Regional

	Name	Yr	School	Seed Time	Finals Time	Points
1	Torres, Trevor 28.71 31.45	SO	Conley, D. H.	1:02.03	1:00.16	REGA 20
2	Anselmo, Matt 28.69 31.84	JR	South Brunswick	1:02.18	1:00.53	REGA 17
3	Leong, Luke 30.91 35.97	SO	Rose, J. H.	1:08.60	1:06.88	REGA 16
4	Francis, Sanjeev 31.33 35.60	FR	Hunt	1:07.87	1:06.93	REGA 15
5	MacVaugh, Kennard 31.45 36.19	SR	Topsail	1:10.01	1:07.64	REGA 14
6	Cook, Turner 32.37 35.91	FR	Conley, D. H.	1:11.28	1:08.28	REGA 13
7	Maamoun, Eslam 32.45 37.71	SO	Rose, J. H.	1:11.88	1:10.16	REGC 12
8	Gleason, Declan 32.90 37.33	FR	Franklinton	1:10.06	1:10.23	REGC 11
9	Coburn, Andrew 33.47 37.00	SO	Northern Durham	1:09.83	1:10.47	REGC 9
10	Grady, Zachary 33.41 37.40	SR	South Johnston	1:11.75	1:10.81	REGC 7
11	Johnson, Teddy 32.43 38.49	SR	South Brunswick	1:10.73	1:10.92	REGC 6
12	Gaetano, Dante 33.03 38.37	SO	Hunt	1:16.25	1:11.40	REGC 5
13	Leavitt, Tyson 33.64 37.96	SR	Cape Fear	1:14.03	1:11.60	REGC 4
14	Malsch, Hunter 34.03 38.67	SR	Northern Durham	1:16.37	1:12.70	REGC 3
15	Souza, Travis 35.08 38.81	SO	Topsail	1:15.67	1:13.89	REGC 2
16	Kimmel, Bradley 34.29 39.72	SO	Topsail	1:14.29	1:14.01	REGC 1
17	Gordon, Nikhil 34.48 41.08		Sanford, Terry	1:15.15	1:15.56	REGC
18	Davis, Colby 35.77 40.12	SO	Cleveland	1:17.44	1:15.89	REGC
19	Donnelly, Casey 34.27 41.74	SR	Swansboro	1:12.55	1:16.01	REGC
20	Fogleman, Max 34.77 41.70	JR	Fike	1:13.54	1:16.47	REGC
21	Jenkins, Ammon Bryant 36.03 40.67	FR	Harnett Central	1:15.35	1:16.70	REGC
22	Smith, Jacob 36.21 40.70	SO	Conley, D. H.	1:16.40	1:16.91	REGC
23	Stewardson, Colin 37.18 41.16	SR	Cape Fear	1:16.75	1:18.34	REGC
24	Deffinbaugh, Johnny 36.79 41.71	JR	New Hanover	1:16.40	1:18.50	REGC

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Event 23 Women 400 Yard Freestyle Relay

3:27.95 AA-A
3:31.42 AA-C All-America
4:25.99 REGA
6:35.99 REGC Regional

	Team	Relay						Seed Time		Finals Time		Points
1	New Hanover							3:52.08		3:45.84	REGA	40
	1) Jewell, Brynn JR			2) Lucy, Gittings JR				3) Ruiz, Sara SO		4) Pottle, Kate JR		
	27.28 56.46 28.23			59.81 26.15 55.03				26.15 54.54				
2	Conley, D. H.							3:53.50		3:53.61	REGA	34
	1) Koesters, Faith FR			2) Hill, Lauren SR				3) Kohake, Virginia SR		4) McGee, Ruth SO		
	27.53 57.05 28.15			59.98 28.51 1:00.86				26.17 55.72				
3	Topsail							4:08.24		3:55.41	REGA	32
	1) Hoover, Madison SO			2) Parrella, Kersten SR				3) Contreras, Tihani SO		4) Marshall, Lauren Drew SR		
	26.70 54.84 29.30			1:01.52 30.02 1:03.08				27.02 55.97				
4	Clayton							4:08.23		4:03.69	REGA	30
	1) Stone, Willow SO			2) Raynor, Faith JR				3) Martin, Lillie FR		4) Martin, Reagan JR		
	29.77 1:02.72 30.44			1:04.63 29.19 1:01.09				26.31 55.25				
5	Rocky Mount							4:13.10		4:12.35	REGA	28
	1) Lord, Clara FR			2) Moss, Katherine JR				3) Seaman, Sydney SR		4) Lavelly, Jenna SO		
	29.85 1:02.68 31.48			1:06.10 30.03 1:03.87				28.32 59.70				
6	Fike							4:17.40		4:13.14	REGA	26
	1) Jones, Sarah SR			2) Rogers, Abigail SR				3) Harrell, Madeline SR		4) Jones, Cassie SR		
	29.90 1:02.43 30.35			1:05.35 30.34 1:05.44				28.37 59.92				
7	Rose, J. H.							4:22.66		4:14.30	REGA	24
	1) Davenport, Faith SO			2) Eason, Corry JR				3) Anderson, Emma FR		4) DeVente, Nioelle FR		
	31.17 1:07.83 28.23			59.92 31.95 1:09.21				27.43 57.34				
8	South Brunswick							4:29.66		4:20.31	REGA	22
	1) Barbee, Sarah JR			2) Dhunjishaw, Sarah JR				3) Parks, Katherine SO		4) Hopper, Maggie JR		
	29.22 1:02.90 31.97			1:05.83 31.47 1:09.62				28.38 1:01.96				
9	Swansboro							4:27.22		4:22.57	REGA	18
	1) Scheel, Sydney FR			2) Scheel, Ramie FR				3) Nelson, Bailey SO		4) Taylor, Alyson SO		
	30.71 1:06.48 30.85			1:06.69 32.39 1:07.75				29.26 1:01.65				
10	Cleveland							4:29.50		4:23.08	REGA	14
	1) Parrish, Amber SR			2) Quinn, Megan SR				3) Yuziuk, Carolyn SR		4) Redick, Nina FR		
	30.19 1:04.81 31.00			1:05.37 30.80 1:07.20				29.70 1:05.70				
11	Smithfield-Selma							4:29.56		4:27.58	REGC	12
	1) Torres, Sophia SO			2) Vollmer, Amy JR				3) Terrill, Ashley SO		4) Garcia- Ortega, Jennifer JR		
	29.57 1:01.46 34.16			1:08.66 30.97 1:05.59				32.01 1:11.87				
12	Cape Fear							4:30.90		4:31.52	REGC	10
	1) Gronowski, Sidney SR			2) Thibeault, Kourtney JR				3) Shook, Amelia FR		4) Shook, Madeline SR		
	33.84 1:12.53 31.28			1:06.63 30.38 1:03.51				32.28 1:08.85				
13	Sanford, Terry							4:39.78		4:46.29	REGC	8
	1) Hodge, Sophie			2) Beal, Selena SR				3) Maull, Marvell SR		4) Yarborough, Hannah SR		
	31.26 1:07.37			1:15.82 36.04 1:16.74				31.74 1:06.36				
14	Hunt							4:53.06		4:47.31	REGC	6
	1) Day, Emily JR			2) Pierce, Rebekah				3) Reed, Elizabeth		4) Mercer, Sarah JR		
	30.49 1:03.85 35.96			1:14.99 35.54 1:15.95				34.57 1:12.52				
15	Jacksonville							4:48.63		4:48.42	REGC	4
	1) Schnitzler, Isabella JR			2) Russell, Olivia				3) Dalcher, Sydney		4) Davila, Zoe SR		
	32.66 1:10.27 35.55			1:16.02 34.90 1:12.87				30.92 1:09.26				
16	Gray's Creek							5:11.18		4:54.44	REGC	2
	1) Ormsby, Sara SO			2) Cygan, Courtney				3) Williams, Hannah FR		4) Barefoot, Madison SR		
	33.49 1:09.73 36.80			1:16.12 35.91 1:17.35				36.21 1:11.24				

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17	Harnett Central	5:15.83	4:55.40	REGC
	1) Maldonado, Allison SR	2) Wakefield, Allison	3) Plummer, Skylar	4) McCormick, Margaret SO
	34.68 1:14.50 35.78	1:17.08 36.88 1:13.91	32.93 1:09.91	
18	White Oak	5:21.20	5:02.71	REGC
	1) Hochschild, Taylor SR	2) Flores, Leanna SR	3) Hayes, Alexis	4) Herritt, Sabrina JR
	35.43 1:22.35 27.80	1:18.04 30.40 1:12.32	17.02 1:10.00	
19	Northern Nash	5:01.44	5:03.81	REGC
	1) Allen, Jenna JR	2) Pope, Deanna JR	3) Tamasiea, Anna	4) Huddleson, Maggie SR
	34.96 1:18.73 32.86	1:16.00 36.54 1:20.05	31.97 1:09.03	
20	South Johnston	5:20.61	5:04.78	REGC
	1) Adams, Selena SR	2) Tuggle, Victoria	3) Durham, Carlye SO	4) Danger, Elizabeth
	37.23 1:20.95 35.22	1:18.62 33.98 1:12.49	34.61 1:12.72	
21	West Carteret	5:12.35	5:05.51	REGC
	1) Cagle, Daisy	2) Brazda, Abby SR	3) Cates, Hailey	4) Barber, Jenna SR
	33.18 1:09.92 36.60	1:16.71 38.58		
22	Northern Durham	5:17.87	5:06.14	REGC
	1) Kerner, Camille JR	2) Junker, Nicole	3) Malsch, Hailey JR	4) Hyde, Melody
	30.00 1:02.84 43.68	1:35.81 31.96 1:05.03	39.30 1:22.46	
23	West Johnston	5:12.61	5:30.07	REGC
	1) Johnson, Morgan	2) Dodd, Chloe	3) Underwood, Ainsley	4) Guidi, Lilly
	39.51 1:24.69 17.64	36.43 44.64 1:24.50	47.17 2:04.45	
---	Eastern Wayne	5:19.61	DQ	
	1) Ames, Emily SR	2) Shipp, Kristen	3) Shipp, Alyssa SO	4) Becirovic, Amina JR
	39.11 1:24.60 37.38	1:18.94 33.59 1:11.06	35.49 1:15.64	

Event 24 Men 400 Yard Freestyle Relay

3:06.28 AA-A
3:09.26 AA-C All-America
3:51.99 REGA
5:45.99 REGC Regional

	Team	Relay	Seed Time	Finals Time	Points
1	Conley, D. H.		3:32.47	3:26.02 REGA	40
	1) Dennison, Conner JR	2) Bell, Jacob SO	3) Despres, Garrett SO	4) Landry, Andrew SR	
	25.43 52.92 24.13	50.79 24.69 52.05	23.81 50.26		
2	Rose, J. H.		3:36.04	3:26.43 REGA	34
	1) Hastings, Jack SO	2) Humphreys, Grant JR	3) Exum, Russell FR	4) Smith, Sadler FR	
	24.74 51.99 24.03	51.91 25.13 52.29	23.86 50.24		
3	Northern Durham		3:37.72	3:26.45 REGA	32
	1) Falise, Nicholas SO	2) Malsch, Hunter SR	3) Cain, Jackson FR	4) Pritchard, Thomas JR	
	24.36 50.99 25.21	54.06 24.12 51.95	23.78 49.45		
4	Swansboro		3:45.17	3:38.78 REGA	30
	1) Price, Jacob JR	2) Imbody, Sean SR	3) Rivera, Christian SR	4) Meadows, Grant JR	
	27.41 56.86 26.93	58.00 25.33 54.08	23.45 49.84		
5	Hunt		3:47.26	3:39.23 REGA	28
	1) Maddrey, Ethan SO	2) Graham, Charlie SR	3) Tew, Nick JR	4) Francis, Sanjeev FR	
	25.38 52.97 27.11	56.50 27.41 57.53	25.33 52.23		
6	West Brunswick		3:49.18	3:46.57 REGA	26
	1) Reed, Austin SR	2) Berenji, Keyon SO	3) Hucks, Tyler SR	4) Fallon, Tommy SR	
	28.26 1:00.41 26.64	56.28 26.66 57.29	24.72 52.59		
7	Cleveland		3:46.95	3:48.56 REGA	24
	1) Metzger, Riley FR	2) Hall, Justin SO	3) Embler, Alex SO	4) Langston, Mitchell JR	
	28.61 59.50 28.12	1:01.10 27.86 59.25	23.23 48.71		
8	Topsail		3:57.21	3:48.98 REGA	22
	1) Davis, Chase FR	2) Mongeau, James SR	3) MacVaugh, Kennard SR	4) Zhang, Kevin SR	
	27.42 57.60 28.31	58.17 27.33 56.64	26.97 56.57		

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9	Clayton							3:57.20	3:56.72	REGC	18
	1) Carmillo, Matt SR			2) Karstens, Walter JR			3) Thompson, Dawson SR		4) Fitzhugh, Ryan FR		
	28.84	1:01.72	28.33	58.64	28.44	59.76	25.38	56.60			
10	Harnett Central							4:27.10	3:57.61	REGC	14
	1) Wallis, Spencer SR			2) Jones, Will SO			3) Speight, Caleb SR		4) Bryan, Luke SR		
	26.82	55.04	29.41	1:01.02		1:02.86	28.13	58.69			
11	White Oak							4:05.53	4:02.66	REGC	12
	1) Popejoy, Cade SR			2) McElyea, Jaiden JR			3) Bullock, Garrett SR		4) Beagle, Matthew JR		
	25.20	52.50	31.48	1:08.07	29.57	1:01.74	29.54	1:00.35			
12	Rocky Mount							4:22.76	4:02.69	REGC	10
	1) Lord, Austin JR			2) Tedford, Jackson FR			3) Manago, Quintin SO		4) Phillips, Samuel JR		
	27.68	57.60	29.46	1:02.91	30.54	1:03.67	58.51	58.51			
13	New Hanover							4:36.53	4:04.82	REGC	8
	1) Deffinbaugh, Johnny JR			2) Kaczynski, Ben JR			3) Vagt, Max JR		4) Eberhardt, Andrew SO		
	27.17	58.01	31.87	1:06.77	33.28	1:33.17	26.87	26.87			
14	Smithfield-Selma							4:03.52	4:06.88	REGC	6
	1) Topoly, Drew JR			2) Moore, Hampton JR			3) Gibbons, Jacob JR		4) Batten, Dalton JR		
	29.67	1:01.02	30.07	1:03.27	30.16	1:05.14	27.02	57.45			
15	West Carteret							3:51.22	4:09.03	REGC	4
	1) Mayer, Michael SR			2) Pennington, Jacob JR			3) Stevens, Travis SR		4) Kerstein, Spencer SR		
	28.76	1:06.63	28.67	1:02.64	27.71	1:01.91	26.53	57.85			
16	Southern Nash							4:16.00	4:09.14	REGC	2
	1) Alford, Dylan SO			2) Noland, Alex			3) Terry, Alex FR		4) Cruz, Colton SR		
	29.53	1:07.64	29.89	1:04.12	27.75	1:00.80	25.94	56.58			
17	Gray's Creek							4:05.18	4:09.22	REGC	
	1) Lindee, Adam JR			2) Hoyt, Patrick SR			3) Shuey, Jett SR		4) Diaz, Hayden JR		
	28.10	1:00.46	31.08	1:08.11	29.65	1:01.92	27.51	58.73			
18	South Brunswick							4:14.80	4:09.51	REGC	
	1) Riley, Jacob SR			2) Dixon, Luke SO			3) Miller, Bryce SO		4) Hynde, Cameron SR		
	30.39	1:04.28	29.92	1:03.37	29.49	1:03.29	26.96	58.57			
19	Havelock							4:09.56	4:13.21	REGC	
	1) Lynch, Eric JR			2) Cook, Josh SO			3) Cotto, Eugenio JR		4) Boroday, Landon SR		
	28.91	1:01.21		1:06.11	30.80	1:06.70	27.20	59.19			
20	Cape Fear							4:23.28	4:15.47	REGC	
	1) Prichard, Harrison SR			2) Hudson, Zach SR			3) Thomas, Seth SO		4) Leavitt, Tyson SR		
	31.57	1:04.26	31.40	1:06.36	32.98	1:06.37	27.52	58.48			
21	South Johnston							4:30.11	4:17.32	REGC	
	1) Adams, Gage SR			2) Lambert, Dylan SO			3) Penny, Trey SO		4) Hines, Carter FR		
	31.64	1:07.72	29.44	1:04.41	28.95	1:00.71	31.15	1:04.48			
22	Sanford, Terry							4:12.95	4:20.19	REGC	
	1) Pratt, Andrew SR			2) Willen, Noah			3) Gephart, Arjuna FR		4) Allen, Ferris SR		
	29.45	1:03.73	29.86	1:06.03	29.44	1:04.02	30.38	1:06.41			
23	Franklinton							4:23.35	4:52.16	REGC	
	1) Krec, Ty			2) Abinolfi, Jeremy			3) Gibson, Blake		4) Brown, Evan JR		
	40.97	1:34.93	31.47	1:37.25	36.46	1:39.98					
---	West Johnston							4:52.70	DQ		
	1) Pettit, Michael SO			2) Markuson, Luke			3) Citty, Rylan FR		4) Brown, Griffin FR		
	31.70	1:05.41	31.94	1:07.06	32.99	1:07.90	28.38	1:02.17			