

2023 3A Western NCHSAA Regional Championships - 2/3/2023**Host: Pine Lake Prep****Swimming & Diving****Psych Sheet - Final****Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time
1 Central Cabarrus		1:56.09
2 Lake Norman Char		2:00.75
3 NW Cabarrus		2:01.39
4 St Stephens		2:01.68
5 Hickory		2:05.18
6 Concord		2:06.19
7 Franklin		2:06.80
8 East Lincoln		2:08.58
9 Forestview		2:09.94
10 West Henderson		2:11.00
11 North Buncombe		2:11.03
12 Central Academy		2:11.23
13 South Point		2:11.72
14 South Rowan		2:14.96
15 Hibriten		2:15.34
16 East Rowan		2:16.73
17 Fred T Foard		2:18.47
18 North Iredell		2:20.12
19 Cramer		2:23.72
20 Tuscola		2:23.85
21 North Lincoln		2:24.08
22 Freedom		2:26.00
23 Crest		2:27.51
24 West Rowan		2:29.41

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 NW Cabarrus		1:41.92
2 Forestview		1:44.20
3 South Point		1:47.07
4 East Lincoln		1:48.31
5 Lake Norman Char		1:48.32
6 Concord		1:50.67
7 Central Cabarrus		1:52.94
8 West Henderson		1:54.05
9 St Stephens		1:54.38
10 Franklin		1:55.07
11 Carson		1:56.68
12 East Rowan		1:58.72
13 Kings Mountain		1:59.73
14 Central Academy		2:00.80
15 Freedom		2:03.63
16 Cramer		2:04.38
17 North Lincoln		2:05.12
18 Crest		2:05.56
19 Tuscola		2:06.46
20 South Rowan		2:06.90
21 West Rowan		2:07.12
22 Smoky Mountain		2:09.20
23 North Buncombe		2:14.07
24 Hibriten		2:22.29

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Hayden Burroughs	JR	NW Cabarrus	1:58.17
2 Katelyn Parmenter		St Stephens	2:00.49
3 Ella Brett Hitchcock	SO	Hickory	2:04.87
4 Elettra Dalcerci		Hibriten	2:05.69
5 Emmalyn Buskirk		Fred T Foard	2:08.31
6 Stella Pridmore		East Lincoln	2:14.12
7 Addyson Sechriest		East Rowan	2:14.56
8 Sara Freeman	JR	Lake Norman Char	2:14.78
9 Arden Pallozzi	JR	South Point	2:14.98
10 Lily Yampolsky	JR	Lake Norman Char	2:15.72
11 Kate Hannah	JR	North Buncombe	2:16.49
12 Kelly Todd	SO	Central Academy	2:16.55
13 Jovie Lee		St Stephens	2:20.15
14 Eden Mshar	SR	Central Academy	2:20.77
15 Ellie Anderson	JR	Parkwood	2:21.72
16 Maddie Saunders		East Lincoln	2:21.88
17 Tanisha Kuduva Balaji	FR	NW Cabarrus	2:24.73
18 Phoebe Thomas		Forestview	2:25.39
19 Maria Perez-Rodriguez	FR	Freedom	2:25.69
20 Adrien Noel	SO	Central Cabarrus	2:28.43
21 Maggy Moore	SR	West Rowan	2:31.70
22 Salem Newton	FR	Central Cabarrus	2:32.13
23 Ella Alexander		Enka	2:34.20
24 Lydia Stamey	SR	NW Cabarrus	2:34.41

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Keller Kain	SR	West Henderson	1:50.18
2 Graham Kines		Forestview	1:50.89
3 Justin Gould	SO	NW Cabarrus	1:52.08
4 Ben Kimmel		Huss	1:52.48
5 Cameron Broos		St Stephens	1:52.75
6 Grant Willis	SO	Central Cabarrus	1:53.89
7 Rider Warner		East Lincoln	1:53.96
8 Kyle Hawkins	SR	Lake Norman Char	1:55.62
9 Luke Wesson	SR	Crest	1:55.79
10 Beckett Tabor		Forestview	1:57.01
11 Austin Major	SO	Cramer	1:57.25
12 Mason Demetro		Kings Mountain	1:59.37
13 Alex Seymour	SO	Lake Norman Char	1:59.71
14 Dylan Lunsik	SR	Tuscola	2:00.48
15 Camden Miller	SR	Carson	2:00.56
16 Carter Hall	SO	Lake Norman Char	2:06.10
17 Trajan Bianchin	SO	Central Academy	2:06.43
18 Eddie Lawson	FR	Concord	2:10.33
19 Garrett Goudas		Hibriten	2:11.62
20 Casey Jones	SR	Huss	2:13.75
21 Aidan Hite	FR	NW Cabarrus	2:18.41
22 Jack DePasquale	SO	North Lincoln	2:23.82
23 London Zogzas		East Lincoln	2:24.28
24 Joseph Sass	JR	Concord	2:25.30

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Event 5 Women 200 Yard IM

Name	Yr	School	Seed Time
1 Emma Pitts	JR	Hickory	2:16.26
2 Kathryn Cinson		Fred T Foard	2:16.91
3 Presley Horton	JR	Lake Norman Char	2:18.34
4 Laurel Keasler	SR	Concord	2:19.38
5 Madison Kohler	FR	Central Academy	2:23.86
6 Addison Lasarsky	SO	Lake Norman Char	2:25.10
7 Kylie Moro	SO	NW Cabarrus	2:26.74
8 Isabella Thompson	SR	NW Cabarrus	2:28.15
9 Aissatou Diouf		Ashbrook	2:37.36
10 Zoi Walker	SO	Franklin	2:37.94
11 Talyn Morris		East Lincoln	2:44.77
12 Maddy Lavelle	JR	Tuscola	2:47.91
13 Vivian Strickland	SO	NW Cabarrus	2:48.51
14 Sydney Hoppensteadt		Enka	2:53.78
15 Bailey Fisher		South Rowan	2:57.00
16 Laci McPeak		Hibriten	3:01.12
17 Skyler White		St Stephens	3:03.85
18 Sarena Nguyen		Forestview	3:04.09
19 Jenna Petersen		North Lincoln	3:04.33
20 Emma Pfeifer	FR	Hickory	3:06.14
21 Kateley Canipe	JR	Crest	3:10.39
22 Anika Mohapatra	FR	Lake Norman Char	3:11.66
23 Addison McMurry	FR	Crest	3:13.28
24 Meredith Bradshaw	SO	Tuscola	3:14.30

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Lane Bradshaw	SR	NW Cabarrus	1:56.74
2 Harrison Ranier	SR	NW Cabarrus	1:58.06
3 Tristan Peyton		Forestview	2:01.32
4 Aiden Deluca	FR	North Lincoln	2:09.20
5 Ethan Hill	SR	Lake Norman Char	2:09.96
6 Ethan Licata	SO	Lake Norman Char	2:14.62
7 Owen Pridmore		East Lincoln	2:17.68
8 Benjamin Williams	SO	Central Cabarrus	2:18.21
9 Charles Fields	JR	Hickory	2:20.40
10 Joseph Bria	FR	Central Academy	2:20.57
11 Noah Hedrick		St Stephens	2:20.74
12 Gunner Smith		St Stephens	2:20.79
13 Junior Enohmbi	SO	Central Academy	2:23.10
14 Krishay Annadi	SO	Central Academy	2:24.57
15 Gavin Rinker	SO	Franklin	2:30.90
16 Cohen Joyner	SR	Carson	2:30.91
17 Josh Gardner		East Rowan	2:32.20
18 William Kampmeyer		Forestview	2:33.69
19 Robert Strickland	SR	NW Cabarrus	2:38.45
20 Nathaniel Clausen	JR	Tuscola	2:41.08
21 Jude Sanderson		St Stephens	2:42.29
22 Donovan McFadden	JR	North Lincoln	2:44.43
23 Collin Miller	SO	NW Cabarrus	2:46.30
24 Stone Doppke	JR	Smoky Mountain	2:47.71

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Caroline Rinker	SR	NW Cabarrus	25.37
2 Lyla Johns	SO	Central Cabarrus	25.64
3 Audrey Wolff	SO	Central Cabarrus	25.91
4 Kristina Rooney	JR	Lake Norman Char	26.19
5 Natalie Ballard	JR	Franklin	26.29
6 Ashlynn Cassada	JR	Franklin	26.34
7 Lily Hermans	FR	Concord	26.75
8 Connelly Smith	SO	NW Cabarrus	26.86
9 Aubrey Little	SO	Parkwood	26.97
10 Lucia Edwards	SR	North Buncombe	27.01
11 Sydney Hughes		South Rowan	27.72
12 Aubree Thompson		South Rowan	27.74
13 Reese Gettys	SO	Crest	27.95
14 Yasmin Pauls	FR	NW Cabarrus	28.47
15 Adrien Noel	SO	Central Cabarrus	28.78
16 Makenna Garrett		East Lincoln	28.83
17 Anna Blackledge	SR	West Rowan	29.01
18 Darby Keen		Hibriten	29.01
19 Annika Dellinger	FR	West Charlotte	29.15
20 Olivia Kardol		Hibriten	29.15
21 Amelia Barrineau		East Lincoln	29.22
22 Ava Eaton	JR	Central Cabarrus	29.30
23 Avery Boyd	SR	South Point	29.43
24 Ava Blume		South Rowan	29.64

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Davis Adcock	SR	South Point	22.03
2 Luke Gonzales	JR	Pisgah	22.16
3 James Burroughs	JR	Lake Norman Char	23.07
4 Cameron Ritchie		East Rowan	23.51
5 Yannick Edwards	SR	North Buncombe	23.53
6 Emerson Miller	JR	Freedom	23.77
7 Oleg Babak		Enka	23.81
8 Clayton Guynn	SR	Franklin	23.89
9 Miles Ferguson	SO	South Point	24.03
10 Jonah DeCubellis	SO	Concord	24.29
11 Tyler Dunn	SR	Central Cabarrus	24.38
12 Jack Rodgers	SO	Lake Norman Char	24.39
13 Raeder McIntire	SR	Central Cabarrus	24.40
14 Jacob Rinker	SR	NW Cabarrus	24.69
15 Logan Ramsey	SR	Crest	24.91
16 Zachary Major	SR	Cramer	24.93
17 Keegan Coffey	JR	Lake Norman Char	25.11
18 Carson Ritchie		East Rowan	25.17
19 Carter Dubiel	JR	Lake Norman Char	25.20
20 Benjamin Redhing	JR	Central Academy	25.26
21 Josh Gardner		East Rowan	25.37
22 Coleman Moon	JR	Central Cabarrus	25.45
23 James Gunter		Forestview	25.55
24 Marshal Faw		South Rowan	25.83

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Event 9 Women 1 mtr Diving

Name	Yr	School	
1 Madi Varnum	JR	Lake Norman Char	257.25
2 Camryn Russell	9	Crest	228.90
3 Kate Shapard	SO	Lake Norman Char	148.15

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Hayden Schroeder	JR	Lake Norman Char	309.00
2 Jonah Brant	9	Franklin	213.65
3 Jarren Freistuhler	JR	Kings Mountain	108.10

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Abbey Cronin	SO	Central Cabarrus	59.52
2 Ella Brett Hitchcock	SO	Hickory	1:00.56
3 Hayden Burroughs	JR	NW Cabarrus	1:01.17
4 Elettra Dalcerci		Hibriten	1:01.47
5 Addison Lasarsky	SO	Lake Norman Char	1:02.50
6 Isabella Neri	SR	Concord	1:04.00
7 Kylie Moro	SO	NW Cabarrus	1:05.43
8 Zoe Coburn		St Stephens	1:05.86
9 Riley Caudle		St Stephens	1:06.61
10 Ava Gruber		St Stephens	1:08.02
11 Brianna Bryson	SR	Smoky Mountain	1:09.66
12 Eva Lachapelle		East Lincoln	1:10.46
13 Avery Lester	SR	South Point	1:11.03
14 Eden Mshar	SR	Central Academy	1:11.35
15 Ava Sinclair	FR	North Buncombe	1:12.73
16 Connelly Smith	SO	NW Cabarrus	1:13.03
17 Juliette Demattos	SR	Central Cabarrus	1:13.65
18 Callie Roper	SR	Franklin	1:15.21
19 Callie Stimpson		Kings Mountain	1:16.91
20 Sara Succop	JR	Freedom	1:17.48
21 Ava Blume		South Rowan	1:19.32
22 Bailey Fisher		South Rowan	1:22.27
23 Audrey Rockstad		South Rowan	1:23.51
24 Addison Townsend		Forestview	1:23.66

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Harrison Ranier	SR	NW Cabarrus	50.41
2 Zachary Clendenning		East Lincoln	55.43
3 Luke Gonzales	JR	Pisgah	55.92
4 Luke Wesson	SR	Crest	56.48
5 Cameron Ritchie		East Rowan	58.06
6 Joseph Mogray	JR	Hickory	58.12
7 Dalton Messenger		Kings Mountain	58.62
8 Mason Demetro		Kings Mountain	58.77
9 Bennett Leder	SR	Concord	59.84
10 Dylan Lunsik	SR	Tuscola	1:00.93
11 Channing Scott	SO	Lake Norman Char	1:01.12
12 Neil Hart	FR	Lake Norman Char	1:01.52
13 Jacky Lam	JR	Fred T Foard	1:02.06
14 Sebastian Castellanos-Morales		St Stephens	1:02.52
15 James Gunter		Forestview	1:03.92
16 Charlie Arning	FR	Lake Norman Char	1:04.41
17 Jacob Rinker	SR	NW Cabarrus	1:04.91
18 Henry Eisenhuth	SR	South Point	1:04.96
19 Ethan Gliptis	JR	North Lincoln	1:08.20
20 Cameron White	FR	NW Cabarrus	1:11.00
21 Sam Weslake	JR	Central Academy	1:11.04
22 Ashton Small		East Lincoln	1:12.23
23 Donovan McFadden	JR	North Lincoln	1:12.61
24 Jacob Oliver	JR	West Rowan	1:14.56

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Event 13 Women 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Lyla Johns	SO	Central Cabarrus	56.07
2 Katelyn Parmenter		St Stephens	56.84
3 Bellum Vine	JR	Central Cabarrus	58.54
4 Kristina Rooney	JR	Lake Norman Char	58.76
5 Lily Hermans	FR	Concord	59.08
6 Aubrey Little	SO	Parkwood	59.36
7 Peyton Hawkins	FR	Lake Norman Char	59.74
8 Colby Fields	SR	Hickory	59.96
9 Sofia Moro	SO	NW Cabarrus	59.96
10 Lily Yampolsky	JR	Lake Norman Char	1:00.51
11 Kate Hannah	JR	North Buncombe	1:00.81
12 Reese Gettys	SO	Crest	1:01.06
13 Violet Florian	JR	Erwin	1:01.12
14 Lucia Edwards	SR	North Buncombe	1:01.33
15 Madelyn Hendershot	JR	Tuscola	1:02.00
16 Gracie Lineberger		East Rowan	1:02.51
17 Emory Hogan	SR	West Henderson	1:03.20
18 Brianna Bryson	SR	Smoky Mountain	1:03.61
19 Adelina Shevchenko	FR	Erwin	1:03.84
20 Alex Peyton		Forestview	1:03.92
21 Sydney Hughes		South Rowan	1:03.93
22 Makenna Garrett		East Lincoln	1:03.99
23 Aubree Thompson		South Rowan	1:04.44
24 Ava Eaton	JR	Central Cabarrus	1:05.18

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Devin Buckler	SR	Lake Norman Char	49.83
2 Beckett Tabor		Forestview	50.05
3 Ben Kimmel		Huss	50.33
4 James Burroughs	JR	Lake Norman Char	51.33
5 Emerson Miller	JR	Freedom	51.97
6 Graham Powers	SR	NW Cabarrus	52.03
7 Joseph Mogray	JR	Hickory	52.04
8 Austin Major	SO	Cramer	53.02
9 Carter Williams	SO	Central Academy	53.02
10 Alex Seymour	SO	Lake Norman Char	54.64
11 Jose Gomez	JR	Franklin	54.78
12 Isaac Cawley		East Rowan	55.59
13 Raeder McIntire	SR	Central Cabarrus	55.69
14 Logan Ramsey	SR	Crest	55.92
15 Benjamin Redhing	JR	Central Academy	56.08
16 Zachary Major	SR	Cramer	56.46
17 Grant Hunnicutt	SO	South Point	56.56
18 Roscoe Greene	FR	West Henderson	56.57
19 Carson Ritchie		East Rowan	57.56
20 Keegan Coffey	JR	Lake Norman Char	58.08
21 Trajan Bianchin	SO	Central Academy	58.42
22 Brooks Bumgarner		South Rowan	58.43
23 Kaden Burleson		South Rowan	58.66
24 Daniel Overbay		East Lincoln	58.77

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Kathryn Cinson		Fred T Foard	5:16.95
2 Caroline Rinker	SR	NW Cabarrus	5:24.03
3 Emmalyn Buskirk		Fred T Foard	5:38.09
4 Colby Fields	SR	Hickory	5:52.45
5 Kelly Todd	SO	Central Academy	5:55.30
6 Addyson Sechriest		East Rowan	5:58.80
7 Stella Pridmore		East Lincoln	5:59.88
8 Arden Pallozzi	JR	South Point	6:00.97
9 Jovie Lee		St Stephens	6:09.36
10 Sara Freeman	JR	Lake Norman Char	6:17.78
11 Addison Garsik	FR	Lake Norman Char	6:22.81
12 Phoebe Thomas		Forestview	6:23.77
13 Gracie Lineberger		East Rowan	6:24.17
14 Tanisha Kuduva Balaji	FR	NW Cabarrus	6:28.29
15 Ellie Anderson	JR	Parkwood	6:38.16
16 Callie Stimpson		Kings Mountain	6:39.54
17 Kate Phillips	SO	Franklin	6:48.18
18 Maggy Moore	SR	West Rowan	6:53.81
19 Piper Lewis		North Iredell	6:54.13
20 Vivian Strickland	SO	NW Cabarrus	6:58.06
21 Skyler White		St Stephens	7:06.54
22 Mackenzie Chapman	JR	Cramer	7:10.35
23 Ryleigh Fulghum		South Rowan	7:16.44
24 Lily Spencer		Hibriten	7:19.04

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Keller Kain	SR	West Henderson	4:59.68
2 Justin Gould	SO	NW Cabarrus	5:00.70
3 Grant Willis	SO	Central Cabarrus	5:04.35
4 Aiden Deluca	FR	North Lincoln	5:14.10
5 Carter Hall	SO	Lake Norman Char	5:17.88
6 Jack Rodgers	SO	Lake Norman Char	5:27.05
7 Jackson Broos		St Stephens	5:30.36
8 Noah Hedrick		St Stephens	5:35.36
9 Owen Pridmore		East Lincoln	5:36.26
10 Andrew Taylor		Forestview	5:44.56
11 Channing Scott	SO	Lake Norman Char	5:50.28
12 Eric Robertson	FR	Lake Norman Char	5:56.11
13 Nick Cioci		East Rowan	6:10.78
14 Matthew Fowler	SR	NW Cabarrus	6:13.39
15 Garrett Goudas		Hibriten	6:17.86
16 Daniel Epley	SR	Carson	6:18.60
17 Aidan Hite	FR	NW Cabarrus	6:20.75
18 Turner Brown		Kings Mountain	6:26.92
19 Casey Jones	SR	Huss	6:32.44
20 Ethan Gliptis	JR	North Lincoln	6:33.72
21 William Kampmeyer		Forestview	6:35.73
22 Nash Bachman		Kings Mountain	6:54.23
23 Eli Strong		St Stephens	6:57.96
24 Hank Bradley	FR	Pisgah	6:59.41

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Team	Relay	Seed Time
1 NW Cabarrus		1:43.48
2 Central Cabarrus		1:47.91
3 Lake Norman Char		1:50.15
4 Franklin		1:52.60
5 Hickory		1:52.97
6 Hibriten		1:53.03
7 East Lincoln		1:53.65
8 South Rowan		1:54.42
9 Concord		1:54.69
10 St Stephens		1:55.22
11 West Henderson		1:56.00
12 North Buncombe		1:57.09
13 East Rowan		1:59.61
14 Fred T Foard		2:00.82
15 West Rowan		2:01.66
16 Parkwood		2:02.90
17 Tuscola		2:02.94
18 Crest		2:03.30
19 Forestview		2:03.43
20 South Point		2:03.48
21 Central Academy		2:05.67
22 North Lincoln		2:07.56
23 Cramer		2:08.36
24 North Iredell		2:09.04

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Lake Norman Char		1:32.47
2 Central Cabarrus		1:36.34
3 Forestview		1:38.41
4 East Rowan		1:38.81
5 South Point		1:39.52
6 Freedom		1:40.24
7 East Lincoln		1:41.17
8 West Henderson		1:41.24
9 Franklin		1:41.97
10 Concord		1:42.30
11 NW Cabarrus		1:42.47
12 St Stephens		1:42.70
13 Central Academy		1:44.85
14 Carson		1:45.58
15 Cramer		1:45.82
16 North Lincoln		1:46.63
17 Kings Mountain		1:46.67
18 South Rowan		1:46.68
19 Crest		1:48.18
20 North Buncombe		1:49.22
21 Hibriten		1:51.44
22 Tuscola		1:52.56
23 Smoky Mountain		1:55.90
24 West Rowan		1:55.95

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Abbey Cronin	SO	Central Cabarrus	58.37
2 Zoe Coburn		St Stephens	1:02.81
3 Isabella Neri	SR	Concord	1:04.69
4 Audrey Wolff	SO	Central Cabarrus	1:05.95
5 Violet Florian	JR	Erwin	1:06.55
6 Sofia Moro	SO	NW Cabarrus	1:08.52
7 Isabella Thompson	SR	NW Cabarrus	1:09.49
8 Lilly Riley		Forestview	1:10.04
9 Maddy Lavelle	JR	Tuscola	1:10.83
10 Ava Gruber		St Stephens	1:12.70
11 Caitlin Holt	SR	Central Cabarrus	1:13.02
12 Maddie Saunders		East Lincoln	1:13.09
13 Addison Garsik	FR	Lake Norman Char	1:13.45
14 Madelyn Hendershot	JR	Tuscola	1:13.74
15 Lydia Stamey	SR	NW Cabarrus	1:14.33
16 Kirsten Lynch	JR	South Point	1:14.57
17 Catherine Depken	JR	NW Cabarrus	1:15.27
18 Kate Phillips	SO	Franklin	1:15.52
19 Makenzie Sechriest		East Rowan	1:16.04
20 Juliette Demattos	SR	Central Cabarrus	1:16.21
21 Taylor Mickey	JR	West Henderson	1:16.27
22 Jenna Grabowski	JR	West Henderson	1:19.35
23 Emma Pfeifer	FR	Hickory	1:19.37
24 Laci McPeak		Hibriten	1:19.44

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Davis Adcock	SR	South Point	53.86
2 Tristan Peyton		Forestview	55.52
3 Carter Williams	SO	Central Academy	58.43
4 Rider Warner		East Lincoln	58.48
5 Benjamin Williams	SO	Central Cabarrus	59.45
6 Graham Powers	SR	NW Cabarrus	59.68
7 Junior Enohmbi	SO	Central Academy	1:00.02
8 Kyle Hawkins	SR	Lake Norman Char	1:00.28
9 Graham Kines		Forestview	1:00.51
10 Joseph Bria	FR	Central Academy	1:00.57
11 Neil Hart	FR	Lake Norman Char	1:01.71
12 Jackson Broos		St Stephens	1:01.72
13 Oleg Babak		Enka	1:02.66
14 John Dotti	SO	West Henderson	1:02.75
15 Bennett Leder	SR	Concord	1:03.24
16 Nathaniel Carswell		Freedom	1:05.46
17 Barron Bell	FR	Concord	1:05.49
18 Charlie Arning	FR	Lake Norman Char	1:05.78
19 Isaac Cawley		East Rowan	1:06.20
20 Gunner Smith		St Stephens	1:07.15
21 Jacky Lam	JR	Fred T Foard	1:07.65
22 Shaun Pell	SR	Carson	1:09.52
23 Caden Wagner	SR	South Point	1:10.32
24 Alex Negrete	SO	Lake Norman Char	1:10.92

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Name	Yr	School	Seed Time
1 Laurel Keasler	SR	Concord	1:10.98
2 Presley Horton	JR	Lake Norman Char	1:12.27
3 Emma Pitts	JR	Hickory	1:14.87
4 Bellum Vine	JR	Central Cabarrus	1:15.57
5 Maggie Dotti	SR	West Henderson	1:16.06
6 Emma Taylor		Forestview	1:18.20
7 Riley Caudle		St Stephens	1:18.33
8 Madison Kohler	FR	Central Academy	1:18.65
9 Peyton Hawkins	FR	Lake Norman Char	1:19.08
10 Aissatou Diouf		Ashbrook	1:21.29
11 Liza Porras	JR	North Buncombe	1:21.65
12 Eva Lachapelle		East Lincoln	1:22.28
13 Harper Sikorski	SO	West Henderson	1:22.68
14 Claire Casciani	FR	Cramer	1:23.13
15 Anna Blackledge	SR	West Rowan	1:24.12
16 Anna Huffstickler	SR	South Point	1:24.21
17 Emily Campbell		North Iredell	1:24.34
18 Logan Guynn	JR	Franklin	1:24.43
19 Adelina Shevchenko	FR	Erwin	1:25.23
20 Zoye Rudisill	SR	North Gaston	1:25.46
21 Talyn Morris		East Lincoln	1:26.12
22 Abby Ferrell	SR	Cramer	1:26.14
23 Blakely Irvin	SO	Concord	1:26.25
24 Ariel Werner	FR	Lake Norman Char	1:27.26

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 NW Cabarrus		3:46.94
2 Central Cabarrus		3:51.00
3 Lake Norman Char		3:58.95
4 Hickory		4:04.69
5 St Stephens		4:05.59
6 Concord		4:12.54
7 Franklin		4:19.76
8 North Buncombe		4:22.26
9 Forestview		4:24.05
10 Central Academy		4:24.09
11 East Rowan		4:25.48
12 South Point		4:25.96
13 South Rowan		4:27.45
14 Hibriten		4:29.47
15 West Henderson		4:40.01
16 Crest		4:41.12
17 East Lincoln		4:44.22
18 Parkwood		4:44.29
19 Freedom		4:52.38
20 Cramer		5:04.17
21 North Lincoln		5:04.60
22 North Iredell		5:06.09
23 Tuscola		5:14.97
24 Kings Mountain		5:31.24

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Lane Bradshaw	SR	NW Cabarrus	59.89
2 Zachary Clendenning		East Lincoln	1:02.02
3 Devin Buckler	SR	Lake Norman Char	1:04.07
4 Cameron Broos		St Stephens	1:06.52
5 Andrew Taylor		Forestview	1:07.45
6 Ethan Licata	SO	Lake Norman Char	1:08.36
7 Jonah DeCubellis	SO	Concord	1:08.38
8 Ethan Hill	SR	Lake Norman Char	1:08.47
9 Charles Fields	JR	Hickory	1:08.77
10 Miles Ferguson	SO	South Point	1:10.26
11 Yannick Edwards	SR	North Buncombe	1:10.74
12 Camden Miller	SR	Carson	1:11.15
13 Benjamin Holmes	SO	West Henderson	1:13.13
14 Eric Robertson	FR	Lake Norman Char	1:13.61
15 Dalton Messenger		Kings Mountain	1:13.72
16 Matthew Fowler	SR	NW Cabarrus	1:14.43
17 Krishay Annadi	SO	Central Academy	1:15.22
18 Brooks Bumgarner		South Rowan	1:15.78
19 Jacob Moose	SR	Central Cabarrus	1:17.12
20 CJ Mayo	SR	Central Academy	1:17.19
21 Cameron White	FR	NW Cabarrus	1:17.37
22 Parker Stephens	JR	Concord	1:18.13
23 David Irvin	SR	Concord	1:18.49
24 Will Smith	SR	Smoky Mountain	1:19.61

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 NW Cabarrus		3:20.27
2 Lake Norman Char		3:25.67
3 Forestview		3:33.77
4 Central Cabarrus		3:42.80
5 East Rowan		3:43.29
6 St Stephens		3:44.02
7 West Henderson		3:48.21
8 South Point		3:51.44
9 Concord		3:51.55
10 Freedom		3:51.97
11 Central Academy		3:53.83
12 Kings Mountain		3:53.92
13 Franklin		3:56.32
14 Crest		4:00.74
15 North Lincoln		4:00.78
16 South Rowan		4:08.11
17 East Lincoln		4:10.76
18 Carson		4:16.16
19 North Buncombe		4:20.26
20 Hibriten		4:23.19
21 West Rowan		4:55.99