

2023 4A State NCHSAA State Championships - 2/9/2023 to 2/10/2023

**Swimming & Diving
Host: Cardinal Gibbons HS
Psych Sheet - Final**

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time
1 Myers Park		1:41.66
2 Broughton		1:45.80
3 Ardrey Kell		1:46.63
4 Char Catholic		1:46.71
5 Apex		1:47.07
6 Apex Friendship		1:47.26
7 Lake Norman		1:47.82
8 Green Level		1:47.88
9 Green Hope		1:47.92
10 Hoggard		1:48.42
11 Grimsley		1:48.53
12 Leesville Road		1:48.57
13 Providence		1:48.72
14 Hough		1:48.88
15 South Meck		1:49.03
16 Marvin Ridge		1:50.14
17 Page		1:50.35
18 Athens Drive		1:50.66
19 Enloe		1:51.11
20 Hopewell		1:51.25
21 Heritage		1:52.33
22 Wakefield		1:52.55
23 Sanderson		1:52.72
24 DH Conley		1:52.76

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Marvin Ridge		1:32.97
2 Providence		1:33.20
3 Cardinal Gibbons		1:33.71
4 Ardrey Kell		1:34.84
5 Green Level		1:35.13
6 Leesville Road		1:35.73
7 Page		1:36.15
8 Myers Park		1:36.28
9 East Mecklenburg		1:36.64
10 Apex		1:36.93
11 Millbrook		1:37.36
12 Holly Springs		1:37.85
13 Athens Drive		1:37.94
14 Hoggard		1:38.18
15 Reagan		1:38.38
16 West Forsyth		1:38.44
17 Enloe		1:38.44
18 South Meck		1:39.03
19 Weddington		1:39.17
20 Hough		1:39.69
21 Wake Forest		1:39.92
22 Corinth-Holders		1:40.03
23 NW Guilford		1:40.07
24 Sanderson		1:40.13

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Kaylee McDonald	JR	Marvin Ridge	1:49.42
2 Kara Martinson	SR	Weddington	1:49.56
3 Mere Whelehan	SO	Green Hope	1:49.68
4 Hayley Clark	SR	Chapel Hill	1:50.63
5 Makenna Wozny	SR	Providence	1:51.10
6 Clarke Neace		Hough	1:51.11
7 Amanda Ulicny	SR	Millbrook	1:51.25
8 Isabel Wolk		East Chapel Hill	1:51.67
9 Samantha Rydzewski	SO	Middle Creek	1:52.11
10 Elodie Mitchell	JR	Riverside	1:52.39
11 Sarah Dichak	SR	Char Catholic	1:52.40
12 McKenna Patrick	JR	Cuthbertson	1:52.40
13 Taylor Goodwin	SO	TC Roberson	1:53.04
14 Leyla Sleime	SR	Char Catholic	1:53.48
15 Camila Pierce	SR	Athens Drive	1:53.65
16 Shayna Elgart	FR	Broughton	1:53.66
17 Grace Tuchi	JR	Myers Park	1:53.76
18 Hannah Wachendorfer	SR	N Guilford	1:53.94
19 Bianca Nannucci	FR	Page	1:54.72
20 Charlotte LePage	SO	Marvin Ridge	1:54.74
21 Sophie Perry	SO	Apex	1:54.89
22 Clarissa Bezuidenhout	SR	Wake Forest	1:56.11
23 Meghan Hadsell	FR	Cardinal Gibbons	1:56.93
24 Juliet Burroughs		New Hanover	1:57.19

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Aaron Davidson	SO	Sanderson	1:40.55
2 Jack Haywood	JR	Providence	1:40.97
3 James Bennison	JR	Heritage	1:41.10
4 Hudson DeGroote	JR	South Garner	1:41.27
5 Landon Lloyd	JR	Green Hope	1:41.36
6 Keith Williams	SR	Panther Creek	1:41.40
7 Samuel Marsteiner	FR	Leesville Road	1:41.49
8 Lucas Li	SO	East Chapel Hill	1:41.73
9 Ian McKinney	SR	Marvin Ridge	1:41.81
10 Evan Prabhu	JR	Providence	1:42.66
11 Santiago Alzate-Celin		Ardrey Kell	1:42.86
12 Wilson Tuttle	JR	Broughton	1:43.28
13 Brian Farrell	JR	Green Hope	1:43.36
14 Max Marrujo	JR	Apex Friendship	1:43.44
15 Logan Adley	SR	Apex Friendship	1:43.46
16 Cooper Wiese	SO	Cardinal Gibbons	1:43.59
17 Joseph Clark	SR	Myers Park	1:43.61
18 Benjamin Eischeid	SR	Cary	1:43.82
19 Chad Jacobs	SR	Millbrook	1:44.42
20 Max Ayres	SR	Apex	1:44.50
21 Brent Hinckley	SR	New Bern	1:44.54
22 Jonathon Edwards	SR	SW Guilford	1:44.62
23 Jack Rutledge	SO	Providence	1:44.64
24 Axel Mori	JR	Leesville Road	1:45.32

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Psych Sheet - Final****Event 5 Women 200 Yard IM**

Name	Yr	School	Seed Time
1 Grace Rainey		Hough	1:59.84
2 Avery Klamfoth	FR	Myers Park	2:00.05
3 Nicole Zettel	SO	Apex Friendship	2:01.14
4 Sofia Plaza	JR	Myers Park	2:02.76
5 Lily Ann Willis	SO	Green Level	2:03.48
6 Sydney Sanders	SR	Char Catholic	2:03.85
7 Shaelyn Shields	SO	Providence	2:04.68
8 Lauren Bernardo	JR	Char Catholic	2:04.85
9 Paige Thome	JR	Cuthbertson	2:05.50
10 Chloe Light	FR	Enloe	2:05.61
11 Caroline Furbay	SO	Ashley	2:05.99
12 Taylor Bloom	SR	Apex Friendship	2:06.87
13 Kalle Rendon	FR	Middle Creek	2:07.11
14 Emmaline Reddick	FR	South Meck	2:07.15
15 Avery Vassil	SO	Marvin Ridge	2:07.37
16 Kyley Lloyd	FR	Green Hope	2:08.36
17 Audrey Pardue	SO	Char Catholic	2:08.65
18 Macie McCarter	FR	Marvin Ridge	2:08.89
19 Mia Jeltema	SO	Green Hope	2:09.12
20 Blythe Holloway	JR	Athens Drive	2:09.28
21 Meredith Benton	SR	Marvin Ridge	2:09.30
22 Rose Sciaudone	SR	Wakefield	2:09.47
23 Riley Hawkins	SO	Leesville Road	2:09.73
24 Megan Lickfold	JR	Cardinal Gibbons	2:13.00

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Ben Delmar	SR	Providence	1:50.06
2 Clem Camacho	SO	Broughton	1:50.93
3 Colin Whelehan	SR	Green Hope	1:51.06
4 Reese Stoner	SR	Millbrook	1:51.94
5 Christopher Aristondo	JR	South Meck	1:52.04
6 Grayson Nye	SO	Middle Creek	1:52.63
7 Charles Heisig	JR	Marvin Ridge	1:53.16
8 Ian Stutts	SO	Enloe	1:53.34
9 Bence Burton	SO	Reagan	1:53.56
10 Alex Townsend	SO	Enloe	1:53.57
11 Abhay Tharakan	SO	Apex	1:54.28
12 Isaac Holtham		Ardrey Kell	1:54.32
13 Cole Venters	SR	Leesville Road	1:54.71
14 Greg Kisshauer	SR	East Mecklenburg	1:55.94
15 Gus Wiggins	JR	Broughton	1:56.21
16 Alex Cook	SR	Weddington	1:56.40
17 Matthew Schoenagel	SO	Green Level	1:56.69
18 Darren Liu	SO	Green Level	1:56.74
19 Tobias Winardi	SO	Marvin Ridge	1:56.74
20 Connor Peck	X	Green Level	1:57.17
21 Willi Dunlap	SR	Broughton	1:57.28
22 Saylor Penny	FR	Sanderson	1:57.55
23 Hayden Stallings	SR	Providence	1:57.69
24 Andrew Seeber	SR	Grimsley	1:58.23

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Parker Bolduc	SR	Cardinal Gibbons	23.37
2 Emily Armen	JR	DH Conley	23.39
3 Lily Welsh	SR	Broughton	23.70
4 Sydney Holfelder	SO	Apex Friendship	23.76
5 Audrey Wolk	JR	East Chapel Hill	23.77
6 Riley Willett	SR	Page	23.92
7 Alyssa Claborn	SO	Lake Norman	23.93
8 Samantha Armand	SR	Green Level	23.98
9 Jenna Jacobs	SR	Millbrook	24.01
10 Ellie Hunt	JR	Grimsley	24.06
11 Taylor Morris	SR	Broughton	24.11
12 Eliza Wallace		Ardrey Kell	24.14
13 Kelsey Stuck	SO	Hoggard	24.21
14 Joslyn Bolton	FR	Providence	24.21
15 Sophia Bellissimo	SO	Lake Norman	24.28
16 Caroline Echols	SR	RJ Reynolds	24.36
17 Sarah Pierson	JR	Hoggard	24.37
18 Brooke Bourn	SO	N Guilford	24.39
19 Madison Winardi	FR	Marvin Ridge	24.52
20 Chloi Harper		Hough	24.54
21 Taylor Cureton	JR	Apex	24.56
22 Katie Kudela	SR	Weddington	24.56
23 Alexis Mast	SR	Leesville Road	24.57
24 Isabella Wilhelm	SO	Providence	24.69

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Sean Setzer	JR	Ashley	20.37
2 Albert Smelzer	FR	Page	20.74
3 Christopher Zhang		Ardrey Kell	20.77
4 Wells Walker	SR	Broughton	20.79
5 Grayson Ickes	SR	Providence	20.80
6 Nate Hohm	JR	East Mecklenburg	20.87
7 Emilio Aparicio		Fuquay-Varina	21.00
8 Connor Vargas	JR	Reagan	21.33
9 Jonah Greene	SR	West Forsyth	21.35
10 Colton Wade	SR	Green Level	21.37
11 Cian Post	JR	Ashley	21.44
12 Connor Solvason	JR	Cox Mill	21.45
13 Alex Subotich	SR	Weddington	21.47
14 Alex Garmon	JR	Hickory Ridge	21.53
15 Carter Lange	SO	Cardinal Gibbons	21.54
16 Chris Erickson	JR	Northern Durham	21.57
17 Matthew Honaker	JR	Green Level	21.65
18 William Witmer	JR	Hoggard	21.68
19 Cole Hurlbert	SR	Holly Springs	21.70
20 Zack Smith	JR	Millbrook	21.74
21 Edward Wang	JR	Chapel Hill	21.79
22 JT Trowbridge	FR	Reagan	21.80
23 Kyle Countie	SR	Leesville Road	21.84
24 Preston Luong	SR	North Meck	21.85

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Psych Sheet - Final****Event 9 Women 1 mtr Diving**

Name	Yr	School	
1 Bayleigh Cranford	SR	Ragsdale	488.55
2 Madeline Bays	SR	Weddington	454.30
3 Abigail Studnek	SR	Myers Park	444.70
4 Gabriella Panichella	9	Lake Norman	442.15
5 Emma Studnek	SR	Myers Park	439.65
6 Vivian Brennan	SO	Riverside	436.60
7 Chloe Perkins	JR	Cardinal Gibbons	398.10
8 Serena Cui	JR	East Chapel Hill	393.65
9 Colleen Hudson	SR	NW Guilford	390.75
10 Catherine Rehm	X	Asheville	355.45
11 Miley Cook	FR	Weddington	352.25
12 Kristie Curran		East Chapel Hill	336.90
13 Elena Wang	SO	East Chapel Hill	334.35
14 Maela Bazemore	FR	East Mecklenburg	332.95
15 Marti Darnell	JR	Page	322.45
16 Zoey Tabor	JR	Providence	319.50
17 Taylor Brantley	SO	Hough	316.90
18 Kaylee Kim	FR	Panther Creek	315.95
19 Cecelia Drendel	SR	Myers Park	314.75
20 Lauren Hargnett	SR	Leesville Road	298.60
21 Caitlyn Flaugh	SR	Hoggard	296.45
22 Maya Brigman		Hoggard	287.80
23 Valerie Hardin	SO	Broughton	278.35
24 Mary Pratt	SO	Cardinal Gibbons	275.40

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Dean Treanor	SR	Hough	490.00
2 Erich Bopp	SR	Grimsley	458.85
3 Jacob Pollina	FR	N Guilford	439.60
4 William Sullivan	JR	Middle Creek	432.35
5 Etan Ferguson		Western Guilford	418.15
6 Peyton McCallum	SR	Millbrook	390.25
7 Cooper Thomas	X	Cleveland	370.95
8 Nicholas Sweet	FR	Enloe	351.75
9 Osvaldo Linares	SR	Fuquay-Varina	318.20
10 Tucker Bryant	SO	Myers Park	307.05
11 Jack Adler	JR	East Chapel Hill	305.95
12 Henry Carroll	JR	Enloe	297.25
13 Hudson Weinhausen	SO	Holly Springs	291.30
14 Mason Kramer	9	Char Catholic	280.65
15 George Robinson	9	Myers Park	263.50
16 Dorian Albee	SO	Grimsley	263.05
17 Jett Dooley	SO	Cardinal Gibbons	262.45
18 Reece Efird	9	Myers Park	259.35
19 Aksel Pepper	SO	Green Hope	255.45
20 Peyton Joncich	SO	Cary	254.75
21 Bryce Nifoussi	FR	Hoggard	245.65
22 Mason Black	JR	East Mecklenburg	242.65
23 George Stiff	JR	East Mecklenburg	228.80
24 Dylan Rogers	SO	Myers Park	218.65

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Kiley Wilhelm	SR	Myers Park	52.72
2 Molly Donlan	SR	South Meck	54.53
3 Kayman Neal	JR	Myers Park	55.12
4 Elena Dry	SR	Broughton	55.17
5 Taylor Bloom	SR	Apex Friendship	55.80
6 Andie Quisumbing	JR	Green Hope	56.00
7 Abby Prucha	SR	Green Hope	56.14
8 Elodie Mitchell	JR	Riverside	56.19
9 Tanith Mueller	SO	Apex	56.29
10 Maeren McGonigal	JR	Grimsley	56.39
11 Alexis Mast	SR	Leesville Road	56.60
12 Lauren Patterson	JR	Watauga	56.86
13 Paige Thome	JR	Cuthbertson	56.95
14 Tara Talwar	FR	Green Level	57.38
15 Chrisna Bezuidenhout	SR	Wake Forest	57.39
16 Julia Gehrig	SR	Char Catholic	57.76
17 Julian Wu	JR	Providence	57.90
18 Camila Pierce	SR	Athens Drive	57.95
19 Audrienne Frondoza	SR	West Forsyth	58.16
20 Maylie Berberian	FR	Marvin Ridge	58.16
21 Ava Kiser	FR	RJ Reynolds	58.18
22 Caroline Norton	JR	Providence	58.18
23 Caroline Kozubowski	SR	Wakefield	58.30
24 Abby Forbes		New Hanover	58.74

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Matthew Marsteiner	JR	Leesville Road	48.92
2 Troy Keen	JR	Marvin Ridge	49.43
3 Colin Whelehan	SR	Green Hope	49.45
4 Mason Hetzell	SR	Corinth-Holders	49.50
5 Maksym Nechydyuk		Ardrey Kell	50.25
6 Jonah Greene	SR	West Forsyth	51.04
7 Zack Smith	JR	Millbrook	51.09
8 Robert Frye		Hough	51.16
9 Alex Subotich	SR	Weddington	51.16
10 Alex Cook	SR	Weddington	51.26
11 Gus Wiggins	JR	Broughton	51.32
12 Benjamin Eischeid	SR	Cary	51.40
13 Evan Prabhu	JR	Providence	51.45
14 Tommy Tuescher	FR	Cardinal Gibbons	51.51
15 Joseph Clark	SR	Myers Park	51.84
16 Alex Garmon	JR	Hickory Ridge	51.92
17 Gavin McCarter	JR	Marvin Ridge	52.01
18 Jack Humbert	SO	Jordan	52.09
19 Earnhardt Harris	JR	Davie	52.13
20 Kyle Countie	SR	Leesville Road	52.13
21 Carson Nixon	SR	Holly Springs	52.47
22 Matthew Honaker	JR	Green Level	52.55
23 Torin Doherty	SR	Heritage	52.55
24 Kevin Williams	JR	Panther Creek	52.70

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Psych Sheet - Final****Event 13 Women 100 Yard Freestyle**

Name	Yr	School	Seed Time
1 Emily Armen	JR	DH Conley	50.97
2 Mere Whelehan	SO	Green Hope	51.03
3 Isabel Wolk		East Chapel Hill	51.32
4 Parker Bolduc	SR	Cardinal Gibbons	51.47
5 Hannah Wachendorfer	SR	N Guilford	51.55
6 Jenna Jacobs	SR	Millbrook	51.65
7 McKenna Patrick	JR	Cuthbertson	51.81
8 Sydney Holfelder	SO	Apex Friendship	52.11
9 Nina Nugent	SR	Heritage	52.14
10 Aubrey Hull		Ardrey Kell	52.54
11 Joslyn Bolton	FR	Providence	52.69
12 Brooke Bourn	SO	N Guilford	52.76
13 Madison Winardi	FR	Marvin Ridge	52.91
14 Kalle Rendon	FR	Middle Creek	53.18
15 Abby Druhan	JR	Char Catholic	53.22
16 Carson Webb	JR	Broughton	53.33
17 Claire Oettinger	JR	Providence	53.40
18 Caroline Echols	SR	RJ Reynolds	53.56
19 Kathryn Kern	FR	Char Catholic	53.69
20 Juliet Burroughs		New Hanover	53.88
21 Catherine Kim	SR	RJ Reynolds	54.04
22 Logan Leckner	JR	Char Catholic	54.13
23 Emma Carmouche	SO	Cardinal Gibbons	54.27
24 Chloe Mihaly	SO	Riverside	54.44

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Nate Hohm	JR	East Mecklenburg	45.49
2 Christopher Zhang		Ardrey Kell	45.65
3 Wells Walker	SR	Broughton	46.02
4 Landon Lloyd	JR	Green Hope	46.39
5 Connor Solvason	JR	Cox Mill	46.41
6 Albert Smelzer	FR	Page	46.42
7 Lucas Li	SO	East Chapel Hill	46.48
8 Grayson Ickes	SR	Providence	46.73
9 Cian Post	JR	Ashley	46.80
10 Colton Wade	SR	Green Level	46.82
11 Bryan Bucci	SO	Myers Park	46.94
12 Axel Mori	JR	Leesville Road	47.64
13 Clem Camacho	SO	Broughton	47.65
14 Robert Lindsay	JR	Myers Park	47.76
15 Michael Rice	FR	Marvin Ridge	47.82
16 Zach Richardson	JR	Cardinal Gibbons	47.88
17 Cooper Wiese	SO	Cardinal Gibbons	48.04
18 Preston Luong	SR	North Meck	48.14
19 Connor Vargas	JR	Reagan	48.31
20 Nathan Arredondo	SO	Hoggard	48.45
21 Tyler Foeri	SR	Reagan	48.65
22 Alex James	SR	Marvin Ridge	48.88
23 Cohen Singletary	SO	Apex Friendship	48.93
24 Ben Esarove	SR	Porter Ridge	48.98

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Nicole Zettel	SO	Apex Friendship	4:52.07
2 Kara Martinson	SR	Weddington	4:53.27
3 Kaylee McDonald	JR	Marvin Ridge	4:54.29
4 Hayley Clark	SR	Chapel Hill	4:55.51
5 Amanda Ulicny	SR	Millbrook	4:56.31
6 Leyla Sleime	SR	Char Catholic	4:59.43
7 Makenna Wozny	SR	Providence	5:00.46
8 Taylor Goodwin	SO	TC Roberson	5:00.51
9 Audrey Pardue	SO	Char Catholic	5:01.78
10 Sarah Dichak	SR	Char Catholic	5:03.70
11 Rose Sciaudone	SR	Wakefield	5:05.22
12 Esther Ghim	JR	Enloe	5:05.28
13 Riley Hawkins	SO	Leesville Road	5:05.35
14 Caroline Largen	SO	South Meck	5:05.86
15 Bianca Nannucci	FR	Page	5:06.12
16 Meredith Bush	SR	Char Catholic	5:06.24
17 Emma Lee	JR	Marvin Ridge	5:06.96
18 Charlotte LePage	SO	Marvin Ridge	5:06.98
19 Marisa White	JR	Apex	5:09.90
20 Mackenzie Collins	FR	Jordan	5:10.34
21 Tanith Mueller	SO	Apex	5:10.53
22 Molly Curran	SR	Cary	5:10.61
23 Ava Berry	FR	Sanderson	5:11.80
24 Delanee Williams	SO	Leesville Road	5:12.67

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Matthew Marsteiner	JR	Leesville Road	4:23.70
2 Samuel Marsteiner	FR	Leesville Road	4:28.82
3 Hudson DeGroote	JR	South Garner	4:31.01
4 Ian McKinney	SR	Marvin Ridge	4:31.81
5 Aaron Davidson	SO	Sanderson	4:33.76
6 Wilson Tuttle	JR	Broughton	4:34.65
7 Keith Williams	SR	Panther Creek	4:35.17
8 Logan Adley	SR	Apex Friendship	4:36.65
9 Santiago Alzate-Celin		Ardrey Kell	4:36.78
10 Cooper Nicholson	JR	East Chapel Hill	4:37.53
11 Max Marrujo	JR	Apex Friendship	4:38.92
12 Jack Haywood	JR	Providence	4:39.52
13 Charles Henage	JR	Marvin Ridge	4:41.44
14 Brian Farrell	JR	Green Hope	4:43.91
15 Jackson Scheiber	SO	Athens Drive	4:44.07
16 Brent Hinckley	SR	New Bern	4:44.90
17 Connor Peck	X	Green Level	4:45.00
18 Cooper Beebe	JR	Athens Drive	4:45.11
19 Jack Rutledge	SO	Providence	4:45.33
20 Gavin Biccum	SR	Jordan	4:45.52
21 Benjamin Pritchard	JR	Northern Durham	4:46.63
22 Andrew Seeber	SR	Grimsley	4:46.72
23 Jonathon Edwards	SR	SW Guilford	4:47.12
24 Adam Polzien	FR	Marvin Ridge	4:51.16

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Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Marvin Ridge		1:36.25
2 Providence		1:37.39
3 Myers Park		1:37.40
4 East Chapel Hill		1:37.85
5 Cardinal Gibbons		1:37.89
6 Lake Norman		1:37.99
7 Grimsley		1:38.01
8 Green Hope		1:38.02
9 Broughton		1:38.18
10 Hoggard		1:38.64
11 RJ Reynolds		1:38.83
12 Hough		1:38.87
13 Cuthbertson		1:39.10
14 Char Catholic		1:39.16
15 Leesville Road		1:39.23
16 Green Level		1:39.28
17 Ardrey Kell		1:39.46
18 Page		1:39.58
19 Chapel Hill		1:39.76
20 Millbrook		1:39.79
21 DH Conley		1:39.79
22 Apex		1:39.89
23 South Meck		1:40.01
24 Riverside		1:40.59

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Broughton		1:25.43
2 Ardrey Kell		1:25.71
3 Green Level		1:26.23
4 Providence		1:26.28
5 Green Hope		1:26.93
6 Hoggard		1:27.07
7 Cardinal Gibbons		1:27.21
8 Millbrook		1:27.33
9 Reagan		1:27.45
10 Page		1:27.66
11 Apex		1:27.71
12 Marvin Ridge		1:27.72
13 East Mecklenburg		1:28.59
14 Weddington		1:28.88
15 South Meck		1:28.88
16 Hickory Ridge		1:29.30
17 Myers Park		1:29.41
18 Ashley		1:29.71
19 Chapel Hill		1:29.96
20 East Chapel Hill		1:30.17
21 Cuthbertson		1:30.29
22 Leesville Road		1:30.31
23 N Guilford		1:30.44
24 Holly Springs		1:30.81

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Kiley Wilhelm	SR	Myers Park	53.90
2 Alyssa Claborn	SO	Lake Norman	54.71
3 Taylor Morris	SR	Broughton	54.86
4 Molly Donlan	SR	South Meck	54.93
5 Kayman Neal	JR	Myers Park	55.00
6 Lily Welsh	SR	Broughton	55.04
7 Samantha Rydzewski	SO	Middle Creek	55.24
8 Aubrey Hull		Ardrey Kell	56.02
9 Kelsey Stuck	SO	Hoggard	56.34
10 Shaelyn Shields	SO	Providence	56.41
11 Lauren Bernardo	JR	Char Catholic	56.42
12 Shayna Elgart	FR	Broughton	56.55
13 Chrisna Bezuidenhout	SR	Wake Forest	56.72
14 Lauren Patterson	JR	Watauga	57.08
15 Andie Quisumbing	JR	Green Hope	57.13
16 Madi Joy	JR	Laney	57.26
17 Julia Pou	FR	Myers Park	57.48
18 Avery Vassil	SO	Marvin Ridge	57.48
19 Gracie Hunt	JR	Grimsley	57.62
20 Chloi Harper		Hough	58.09
21 Carly VanNote	JR	Marvin Ridge	58.31
22 Kiley Lloyd	FR	Green Hope	58.50
23 Katherine Perdue	SO	West Forsyth	58.63
24 Mackenzie Collins	FR	Jordan	59.30

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 James Bennison	JR	Heritage	49.60
2 Abhay Tharakan	SO	Apex	50.36
3 Reese Stoner	SR	Millbrook	50.40
4 Chris Erickson	JR	Northern Durham	50.41
5 William Witmer	JR	Hoggard	50.44
6 Christopher Aristondo	JR	South Meck	50.47
7 Christian Smith	JR	Cardinal Gibbons	50.59
8 Maksym Nechydyuk		Ardrey Kell	51.47
9 Torin Doherty	SR	Heritage	51.63
10 Charles Heisig	JR	Marvin Ridge	51.80
11 Tommy Tuescher	FR	Cardinal Gibbons	52.02
12 Chuanqi Zhang		East Chapel Hill	52.05
13 Ethan Frondoza	SO	West Forsyth	52.38
14 Evan Stuck	SR	Hoggard	52.62
15 Matthew Hutchins	SO	Athens Drive	52.69
16 Ethan Hadsell	JR	Cardinal Gibbons	52.88
17 Leo O'Keefe	SO	Green Level	52.95
18 Brady Tangeman	JR	Apex Friendship	53.03
19 Owen Reilly	SR	Green Hope	53.07
20 Nikita Shulgin		Hough	53.13
21 Cooper Nicholson	JR	East Chapel Hill	53.33
22 Ian Stutts	SO	Enloe	53.34
23 Quinn O'Mara	SO	Marvin Ridge	53.54
24 Brendan Taylor	JR	Weddington	53.78

2023 4A State NCHSAA State Championships - 2/9/2023 to 2/10/2023

**Swimming & Diving
Host: Cardinal Gibbons HS
Psych Sheet - Final**

Event 21 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Grace Rainey		Hough	1:00.35
2 Avery Klamfoth	FR	Myers Park	1:01.63
3 Samantha Armand	SR	Green Level	1:02.42
4 Sofia Plaza	JR	Myers Park	1:03.69
5 Lily Ann Willis	SO	Green Level	1:03.71
6 Eliza Wallace		Ardrey Kell	1:04.18
7 Kathryn Kern	FR	Char Catholic	1:04.22
8 Abby Druhan	JR	Char Catholic	1:04.26
9 Sydney Sanders	SR	Char Catholic	1:04.28
10 Caroline Largen	SO	South Meck	1:04.82
11 Grace Tuchi	JR	Myers Park	1:04.82
12 Elizabeth Palmer	SO	Apex	1:04.83
13 Alyssa Jackson	JR	Leesville Road	1:04.91
14 Maeren McGonigal	JR	Grimsley	1:04.95
15 Audrey Wolk	JR	East Chapel Hill	1:05.00
16 Blythe Holloway	JR	Athens Drive	1:05.08
17 Katie Kudela	SR	Weddington	1:05.39
18 Emma Thomas	FR	Leesville Road	1:05.54
19 Nina Nugent	SR	Heritage	1:05.60
20 Mia Jeltema	SO	Green Hope	1:05.77
21 Sawyer Carlson	FR	Providence	1:06.27
22 Morgan Knox	FR	Marvin Ridge	1:06.44
23 Eppy Camacho	SR	Broughton	1:06.45
24 Katherine Shannon		Sanderson	1:06.61

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Mason Hetzell	SR	Corinth-Holders	55.46
2 Grayson Nye	SO	Middle Creek	55.58
3 Ben Delmar	SR	Providence	55.78
4 Bryan Bucci	SO	Myers Park	57.34
5 Bence Burton	SO	Reagan	57.43
6 Hayden Stallings	SR	Providence	57.57
7 Max Ayres	SR	Apex	57.61
8 Greg Kisshauer	SR	East Mecklenburg	57.64
9 Jordan Willis	SO	Marvin Ridge	57.73
10 Sean Setzer	JR	Ashley	57.95
11 Goran Cindric	SO	Cardinal Gibbons	58.04
12 Max Mahler	SO	Mount Tabor	58.09
13 Mark Brown		Western Guilford	58.09
14 Saylor Penny	FR	Sanderson	58.15
15 Dane Hogan	SO	Holly Springs	58.57
16 Griffin Jones	JR	Page	58.66
17 Darren Liu	SO	Green Level	58.67
18 Tyler Burton	FR	Reagan	58.81
19 Isaac Holtham		Ardrey Kell	58.84
20 Matthew Schoenagel	SO	Green Level	58.91
21 Alex Townsend	SO	Enloe	58.92
22 Nicholas Caporaso	JR	Wake Forest	59.00
23 Emilio Aparicio		Fuquay-Varina	59.03
24 Nicholas Chow	SR	Myers Park	59.22

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Myers Park		3:28.46
2 Broughton		3:29.09
3 Apex Friendship		3:29.22
4 Green Hope		3:29.44
5 Marvin Ridge		3:31.14
6 Char Catholic		3:32.42
7 Hough		3:32.77
8 Providence		3:33.94
9 East Chapel Hill		3:35.08
10 Cuthbertson		3:36.12
11 RJ Reynolds		3:36.93
12 Enloe		3:37.06
13 Apex		3:37.63
14 Cardinal Gibbons		3:37.64
15 Millbrook		3:38.37
16 Ardrey Kell		3:38.78
17 Grimsley		3:38.92
18 Chapel Hill		3:39.55
19 South Meck		3:39.64
20 Riverside		3:40.29
21 Wakefield		3:40.38
22 Jordan		3:42.06
23 Sanderson		3:42.53
24 Weddington		3:43.05

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Leesville Road		3:06.74
2 Broughton		3:06.97
3 Marvin Ridge		3:07.98
4 Providence		3:10.06
5 Green Hope		3:10.75
6 Hoggard		3:10.81
7 Myers Park		3:11.42
8 Apex Friendship		3:11.51
9 Cardinal Gibbons		3:12.19
10 East Chapel Hill		3:14.08
11 Reagan		3:14.65
12 Weddington		3:15.98
13 Hough		3:16.11
14 Ardrey Kell		3:16.32
15 Cuthbertson		3:16.40
16 Cox Mill		3:16.70
17 Grimsley		3:17.11
18 Ashley		3:17.11
19 Enloe		3:17.40
20 Hickory Ridge		3:17.50
21 N Guilford		3:18.06
22 Green Level		3:19.07
23 Athens Drive		3:20.69
24 Cary		3:20.82